

MEDICAL RECORD

Patient Information:

Name: Ms. Rukhsana Shaheen
Age/Sex: 56 yrs / Female
Hospital No: MH005990453
Episode No: 03000582270
Doctor: Dr. Darshan Singh Bhakuni
Department: Rheumatology MHD
Consultation Type: Video Consultation
Record Date: 02/07/2021

Outpatient Rheumatology Summary

Consultation Notes:

Patient is a known case of systemic lupus erythematosus and scleroderma overlap with interstitial lung disease, currently on medication. Presenting symptoms include tightness of skin on the fists and ulcers on the pulp of the fingers.

Treatment Advised:

- **Tablet Linezolid 600 mg** - Twice a day for 5 days (if ulcers do not heal).
- **Tablet Clopidogrel 75 mg** - Once a day after meals.
- **Tablet Amlodipine 5 mg** - Once a day.
- **Tablet Domperidone 10 mg** - Twice a day before meals.
- **Capsule Omeprazole 20 mg** - Twice a day before meals.
- **Tablet Bosentan 62.5 mg** - Twice a day after meals.
- **Tablet Sildenafil Citrate 0.5 mg** - Twice a day after meals.
- **Tablet Prednisolone 5 mg** - Once a day after breakfast.
- **Tablet Mycophenolate Mofetil 500 mg** - Two tablets twice a day.
- **Tablet L-Methylfolate Calcium 400 µg** - Once a day.
- **Tablet Ciprofloxacin 250 mg** - Twice a day.

Follow-up:

Review after 4 weeks.

Medication Review

Summary:

The patient is under treatment for systemic lupus erythematosus and scleroderma overlap. Currently prescribed multiple medications, including:

- **Antibiotics:** Linezolid, Ciprofloxacin.
- **Cardiovascular Medications:** Clopidogrel, Amlodipine, Bosentan, Sildenafil Citrate.
- **Gastrointestinal Medications:** Domperidone, Omeprazole.
- **Immunosuppressants:** Prednisolone, Mycophenolate Mofetil.
- **Nutritional Supplement:** L-Methylfolate Calcium.

Plan:

- Continue current medications as prescribed.
- Monitor for ulcer healing and report any complications.
- Follow-up in 4 weeks for reassessment.

Physician's Signature:

Dr. Darshan Singh Bhakuni
Department of Rheumatology MHD
Hospital No: MH005990453