

## Andrew Ralston

59 South Park, Armadale,  
West Lothian, EH48 3LF  
07894241236  
andrewralston35@gmail.com

### **PROFILE**

I am a highly motivated and conscientious hard worker who works well as part of a team and individually using initiative and demonstrating a wide range of skills and attributes.

An excellent timekeeper and reliable person who likes to see each job through to a successful conclusion, enjoys a challenge and welcomes the opportunity to learn new skills.

Excellent interpersonal and communication skills. Demonstrates intensive involvement within a team setting giving special regard to health and safety procedures. Able to make quick and accurate decisions under pressure. Good problem solving, planning skills.

### **EXPERIENCE**

#### **Overhead Linesman, PLPC – February 2013 - Present**

I started at PLPC as a trainee and have subsequently worked my way up to Team Leader, being a trainee for around three months, LE-3 for just over a year, LE-2 for another year and LE-1 for a further two years.

As a Team Leader at PLPC I help manage and work as part of a team to maintain, refurbish, erect and dismantle overhead power lines ranging from LV to 132kV both wood poles and towers. Over nearly 6 years I have worked on transformers, PMRs, Air-break switches, HV fuse links, HV and LV cables as well as using Tesmec winches as part of conductor installation and replacement. I have also worked during storms as part of a faults team for Scottish Power and SSE.

Scottish Power Authorised SR-3/4 WI-1 and DE-1(LV - 400kV).

SSE Authorised Cat 1c, 2b & 3b.

**TRAINING**

Manual handling training, vehicle banksman awareness, Site Supervisor Safety training scheme, pole top and tower rescue, first aid (Red Cross certified), Abrasive wheel training, IPAF (1b, 3a & 3b), NPORS (ATV Sit-in/Skid Steer, Wheeled & Tracked), NPORS (Slinger/signaller) and SJIB/CSCS (Health & Safety).

**EDUCATION**

Armadale Academy, Armadale, West Lothian – 2008 - 2010

SQA Advanced Higher - Mathematics - C

SQA Higher - Chemistry - B

English - B

Human Biology - B

Physics - B

Standard Grades - Geography - 1

Graphic Communications - 2

Social & Vocational Skills - 2

Art & Design - 3

**HOBBIES & INTERESTS**

Enjoy watching and playing football, visiting the cinema, collecting records, attending concerts and stand-up comedy shows as well as travelling.

**SKILLS**

Full UK driving license with trailer license, good communication, organisation and planning, problem solving, team building, initiative, computer literate.

**REFERENCES**

Patrick Dunlop - [paddy@plpc.co.uk](mailto:paddy@plpc.co.uk) 07836310402