**Speltpistolet 110 (PANESCOFOOD.COM)**

Een 110 grams meergranenbroodje met spelt, volkorenmeel, zonnebloempitten en sesamzaadjes.

**Allergenen**

*(Z = zonder, M = met, K = kan bevatten, O = onbekend)*

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| |  |  | | --- | --- | | melk | M | | lactose | M | | ei | Z | | soja | M | | gluten | M | | tarwe | M | | rogge | M | | rundvlees | Z | | varkensvlees | Z | | kippenvlees | Z | | vis | Z | | schaaldieren | Z | | mais | Z | | cacao | Z | | peulvruchten | Z | | noten | Z | | pinda's | Z | | glutamaat (E620 - E625) | Z | | sulfiet (E220 - E228) | Z | | |  |  | | --- | --- | | koriander | Z | | selderij | Z | | sesam | M | | lupine | K | | mosterd | Z | | wortel | Z | | weekdieren | Z | | gerst | M | | haver | Z | | spelt | M | | khorasantarwe | Z | | amandelen | Z | | hazelnoten | Z | | walnoten | Z | | cashewnoten | Z | | pecannoten | Z | | paranoten | Z | | pistachenoten | Z | | macadamianoten | Z | |

**Ingrediënten**

*GMO vrij*

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  | | --- | | emulgator: E472e | | dextrose | | tarwegluten | | water | | weipoedermelk | | gist | | sesamzaad | | geroosterde moutbloem | | gierst | | |  | | --- | | soja | | rogge | | gejodeerd zout | | volkoren tarwebloem | | tarwebloem | | koolzaadolie | | zonnebloemzaden | | speltvlokken | |

**Voedingswaarde per 100 g product**



|  |  |  |
| --- | --- | --- |
| Energie | = | 1.161 kJ |
| Energie | = | 275 kcal |
| Eiwit totaal | = | 11,0 g |
| Koolhydraten totaal | = | 46,0 g |
| waarvan suikers | = | 1,2 g |
| Vet totaal | = | 4,1 g |
| waarvan verzadigd vet | = | 0,90 g |
| voedingsvezel | = | 3,5 g |
| natrium | = | 0,56 g |
| Zout | = | 1,5 g |

**Logistiek**

|  |  |
| --- | --- |
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