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# Let's stop Americanisation of Finnish healthcare and education!

Public healthcare and education systems are like stained-glass windows: it takes years to gather the resources and talent needed to build them, but a single moment of weakness can shatter them. Now that the government is deliberately throwing stones at our institutions, municipalities and regional administrations must step in to protect our future.

The solution is not the Americanization of healthcare and education, but investing in them. By making Espoo and Western Uusimaa the best possible employers, we will attract new talent and make education and healthcare an appealing career choice.

## The Right to Dignified Care

Healthcare is a fundamental right. A key part of this is ensuring that senior citizens can live with dignity. We must invest in elderly care, for example by providing communal and flexible housing solutions as well as round-the-clock care. Safeguarding self-determination and fostering independence are of paramount importance.

## Mental Health as First-Class Healthcare

Mental health is a crucial component of our overall well-being. Modern medicine no longer separates mental and physical health; instead, both are viewed as interconnected parts of holistic well-being. It is high time we treat mental health and substance abuse issues as first-class areas of healthcare.

Read more:

<https://vaalit.arash.network>

