

Arathy Puthillam

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Current Appointment

Senior Research Assistant, Department of Psychology, Monk Prayogshala

Education

- 2015- University of Mumbai, **M.A.** in Applied Psychology
2017
- 2012- St Xavier's College (Autonomous), Mumbai, **B.A.** Major: Psychology
2015 Other subjects: Economics and English Literature
- 2013 Yale University, **Summer Course** on *Bombay: City, Society, Culture*
(Cultural Anthropology)

Research Experience

Publications

1. **Puthillam, A.**, Parekh, A., & Kapoor, H. (2021). How do relationships to victims and perpetrators affect the advice to report rape in India? *Violence against Women*. <https://doi.org/10.1177/10778012211005565>
2. **Puthillam, A.**, Parekh, A., Karandikar, S., Kapoor, H. (2021). Gratitude blindness: How does the dark triad experiences gratitude? *Personality and Individual Differences*, 168, 110309.
<https://doi.org/10.1016/j.paid.2020.110309>
3. **Puthillam, A.**, & Karandikar, S. (2020). Watching disgustedly? Game of Thrones and disgust sensitivity. *Psychological Reports*.
<https://doi.org/10.1177/0033294120957245>
4. **Puthillam, A.**, Karandikar, S., & Kapoor, H. (2019). I see how you feel: How the

dark triad recognizes emotions. *Current Psychology*, 1-8.
doi:[10.1007/s12144-019-00359-x](https://doi.org/10.1007/s12144-019-00359-x)

5. Debnath, A., Phansikar, M., **Puthillam, A.***, & Sengupta, P. (2016). Cross sectional analysis of gender atypical behaviours. *Social Sciences International Research Journal* (ISSN: 2395-0544) 2(1), 378-381.

**Authors contributed equally to the work. Authorship order determined appear alphabetically*

Under Review

1. Van Bavel et al. (2020). National identity predicts public health support during a global pandemic. [[Preprint](#)]
2. Ticku, A., **Puthillam, A.**, & Kapoor, H., (2021). Empathy across cultures: Critiquing the generalized understanding and measurement of empathy
3. **Puthillam, A.** (2020). What makes you “Ew!”? Cross-National Measurement Invariance in Disgust Sensitivity.
4. Ticku, A., Puthillam, A., & Kapoor, H. (2020). How risky is it to not wear a mask? How risky is it to not wear a mask? Moral emotions are associated with risk perception and public health behaviours during the coronavirus epidemic. [[Preregistration](#)]

Preprints

1. Puthillam, A., Kapoor, H., & Karandikar, S. (2021). Beyond left and right: A scale to measure political ideology in India. [[Link to preprint](#)]
2. Puthillam, A. & Kapoor, H. (2021). How are you useful to me? The relationship between dark triad and perception of help in prosocial situations. [[Link to preprint](#)]
3. Puthillam, A. (2020). Too WEIRD, Too Fast: Preprints about COVID-19 in the Psychological Sciences. [[Link to preprint](#)]
4. Puthillam, A., Karandikar, S., & Kapoor, H. (2019). Winner Takes All (the Gossip): Conversations in the reality show “Bigg Boss.” [[Link to preprint](#)]

Conference Presentations

1. **Puthillam, A.**, & Kapoor, H. (2021, July). Who cares about the outgroup? Political Ideology, Empathy, and Moral Decision-Making. Paper presented at the *2021 Annual Scientific Meeting of the International Society of Political Psychology* [[Preregistration](#)]
2. **Puthillam, A.**, & Kapoor, H. (2021, July). They caused the pandemic! The mediating role of conspiratorial blame on the relationship between political ideology and risk perception. Paper presented as a part of the symposium "The psychological underpinnings of believing and communicating COVID-19 conspiracies" for presentation at the *2021 Annual Scientific Meeting of the International Society of Political Psychology* [[Preregistration](#)]
3. Montilla, J., **Puthillam, A.**, Kapoor, H. (2021, June). Guidelines on including non-WEIRD populations in psychological science. Hackathon at the *Society for the Improvement of Psychological Science meeting, 2021*. [Hackathon] [[Materials](#)].
4. **Puthillam, A.** (2021, June). Too WEIRD, Too Fast: Preprints about the coronavirus pandemic in psychological science: Wave 2. Lightning Talk at the *Society for the Improvement of Psychological Science meeting, 2021* [[Lightning Talk](#)] [[Slides](#)] [[Transcript](#)]
5. Ticku, A., **Puthillam, A.**, & Kapoor, H. (2021, May). How risky is it to not wear a mask? Moral emotions increase risk perception and public health behaviours during the Coronavirus epidemic. Flash talk paper presentation at the *2021 APS Virtual Convention*. Virtual
6. Ticku, A., **Puthillam, A.**, & Kapoor, H. (2021, May). Licence to litter: The moderated mediating role of environmental values and moral emotions in the relationship between past moral behaviour and intended pro-environmental behaviours. Research proposal poster presentation at the *2021 APS Virtual Convention*. Virtual
7. Kapoor, H. & **Puthillam, A.** (2021, April). Insights from Psychological Science and COVID-19 in India. *COVID-19 Research Network Conference*. [Showcase]. [[Video](#)]
8. **Puthillam, A.**, & Kapoor, H. (2021, February). Are you useful to me? How the Dark Triad Assesses benefits and experiences gratitude. Poster presented at the *2020 SPSP Virtual Annual Convention*. [[Link to working paper](#)]
9. Ticku, A., **Puthillam, A.**, Kapoor, H., & De, K. (2021, January). What predicts COVID-19 compliant behaviors in India? Paper presented at the *3rd Annual UK Political Psychology Conference*.

10. **Puthillam, A.**, Karandikar, S., & Kapoor, H. (2020, July). Political Ideology in the Indian Context. Paper presented at the *43rd Annual Scientific Meeting of the International Society of Political Psychology*, Berlin, Germany. (Held virtually due to the COVID-19 pandemic).
11. **Puthillam, A.** (2016, December). The Perceptions of Moralities of Practicing and Non-Practicing Hindus in India. Paper presented at the *26th Annual Conference of the National Association of Psychology*, IIT Madras, India.
12. Debnath, A., Phansikar, M., **Puthillam, A.***, & Sengupta, P. (2016, December). Acceptance of gender atypical negative Behaviours: A Cross-sectional analysis. Paper Presented at the *26th Annual Conference of the National Association of Psychology*, IIT Madras, India.
13. Debnath, A., Phansikar, M., **Puthillam, A.***, & Sengupta, P. (2016, March). Cross Sectional Analysis of Gender Atypical Behaviours. Papers presented at the *International Conference on Women's Studies and Social Sciences*, Goa, India

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Other Preregistrations

1. Puthillam, A., Ticku, A., Kapoor, H., & De, K. (2020, August 12). Is India special? Predictors of COVID-19 policy support in India. Retrieved from osf.io/mj7ce
2. Puthillam, A., Kapoor, H., Tagat, A., & Karandikar, S. (2018, November 19). Cooperation and punishment in Inter-group Settings. Retrieved from osf.io/s92x4

Awards, Grants, and Commendations

1. The International Society for Political Psychology's 2021 Early Career Scholar Travel Award - **\$75**
2. The Society of Personality and Social Psychology's International Bridge-Building Award to disseminate SPSP's mission among Indian psychology researchers – **\$1500** (with Dr. Hansika Kapoor)
3. Society for the Improvement of Psychological Science's Commendation for the blog non-WEIRD science hosted on Psychology Today (with Monk Prayogshala)
4. Study award to conduct replicate Thames and Williams (2010) as a part of the

Centre of Open Science effort in the SCORE program – **\$2000** (with Anirudh Tagat)

Select Published Essays

1. Puthillam, A. ([2021](#)). Understanding what drives conspiracy theories, in the context of Covid-19 in India and political beliefs. *FirstPost*.
2. Puthillam, A. ([2021](#)). How culture influences how we choose to cooperate. *Psychology Today*.
3. Puthillam, A., Karandikar, S., & Kapoor, H. ([2020](#)) Who cares about Economic Ideology? *Political Psychology*.
4. Puthillam, A. ([2020](#)). Opening Up the File Drawer in Cross-Cultural Psychology. *Psychology Today*.
5. Sharma, Y., & Puthillam, A. ([2020](#)). Psychological Science Needs to Take Off Its Orientalist Lens. *Psychology Today*.
6. Puthillam, A. ([2020](#)). Psychology's WEIRD Problem. *Psychology Today*.
7. Puthillam, A. ([2019](#)). Still the science of the sophomore? *The Psychologist*.
8. Puthillam, A. ([2019](#)). The Paradox of Voting. *Pragati*.
9. Kapoor, H., Karandikar, S., & Puthillam, A. ([2019](#)). Flaws in Academic Publishing Perpetuate a Form of Neo-Colonialism. *The Wire*.
10. Puthillam, A. ([2018](#)). Tinder and evolutionary psychology: The science behind what men and women swipe for, and why. *FirstPost*.
11. Puthillam, A. ([2018](#)). Like a Beat Without a Melody. *Pragati*.
12. Puthillam, A. ([2018](#)). This is your brain on Democracy. *Pragati*.
13. Puthillam, A. ([2017](#)). Impostor Phenomenon: where self-doubt rules and success doesn't heal. *Mint on Sunday*.
14. Parekh, A. & Puthillam, A. ([2017](#)). Analysis: How Implicit Biases Hamper Women's Participation in Science. *The Wire*.
15. Puthillam, A. ([2017](#)). Why We Gossip: The Morality of an Immoral (but Irresistible) Pastime. *The Swaddle*.
16. Puthillam, A. ([2017](#)). The theory of the stupid class. *Mint on Sunday*.

Press Coverage

1. Arathy Puthillam quoted in the article/video Memes are to make you laugh; what if they spread disinformation? In *The Quint* ([2021, July 8](#))
2. Arathy Puthillam and Hansika Kapoor quoted in the article Indian Women in Science Struggled Even Before the Pandemic. Now, Things Are Much Worse in HuffPost ([2020, October 10](#))
3. Arathy Puthillam, quoted in the article Beware the Dark Trio! In Alittihad Newspaper ([2020, September 4](#)). (In Arabic).
4. Arathy Puthillam (Monk Prayogshala), panelist on The Life of Science Webinar on COVID19 straining gender dynamics among Indian scientists ([2020, September 12](#)).
5. Arathy Puthillam, profiled in the article How I pursued psychology with an undying passion in Editage Insights ([2018, December 11](#))
6. Arathy Puthillam, Hansika Kapoor, and Anirudh Tagat (Monk Prayogshala), quoted in the article Down the rabbit hole of donation shaming in The Ken ([2018, September 9](#)).
7. Arathy Puthillam, Hansika Kapoor, and Aneree Parekh (Monk Prayogshala), profiled in the article Using data-driven psychological research to find out more about Indians in The Wire ([2017, December 25](#)).
8. Arathy Puthillam, Hansika Kapoor, and Aneree Parekh (Monk Prayogshala), profiled in the article The data driven psychologists at Monk Prayogshala in The Life of Science ([2017, December 21](#))

Workshops Conducted

1. Workshop on Open Science [[Materials and video](#)].

Conducted virtually as a part of the Bridge Building Award by the *Society of Personality and Social Science* on January 13, 2021

2. Building bridges over WEIRD science [[Slides](#)]

Conducted virtually as a part of the Bridge Building Award by the *Society of Personality and Social Science* on February 12, 2021

Relevant Technical Skills

Experiment Building

Proficient: OpenSesame, Qualtrics

Reference Management

Proficient: Mendeley, Zotero

Statistics

Proficient: R, jamovi, JASP, SPSS

Beginner: Python, nVivo,

Other Relevant Tools

RMarkdown, Microsoft Office (Word, Excel, Powerpoint)

Professional Memberships

1. Member of the Society for Personality and Social Psychology
2. Member of the International Society for Political Psychology
3. Member of the Society for the Improvement of Psychological Sciences
4. Member of the Association of Research in Personality
5. Member of the American Psychological Association
6. Member of the Psychological Science Accelerator

Online Courses

1. An Introduction to Consumer Neuroscience and Neuromarketing (January-February, 2017), Copenhagen Business School, *Coursera*
2. An Introduction to Consumer Neuroscience and Neuromarketing (January-February, 2017), Copenhagen Business School, *Coursera*

Coursework Research Experience

Master's Coursework

1. Cooperation and Punishment in Intergroup Settings
2. Conspicuous consumption: A costly signalling perspective
3. Impostor Phenomenon in postgraduate and doctoral students in India[#]
(Master's research project)
4. Cultural Intelligence Scale: Development and validation[#]
5. Leadership Lessons in *The Death of a Salesman*
6. What is "The Third Wave?" The life and works of Alvin Toffler (Seminar)

Bachelor's Coursework

7. The psychology of terrorism and evil (Seminar)
8. Interpersonal attraction in unmarried heterosexual couples[#]
9. The biopsychology of language (Seminar)
10. Interventions for caregivers of bipolar disorder
11. Intergenerational differences in training in organizations
12. Product differentiation with cycles[#]
13. The relevance of Shakespeare on contemporary Indian society.
14. For Summer Course (Yale)
15. Demographics of Bombay[#]

[#]Done in ≥ 2 person groups

Other Professional Appointments

1. Nelito Systems
HR Intern (January- February, 2017)
2. YSC, India
Research Intern (June- July, 2016)
3. Internshala
Student Blogger (August-November, 2014)
4. UnCommon Sense (2014)

Editor

5. Emerson Process Management, India
HR Intern (Summer, 2013)
6. Navjeevan Ashasthan
Volunteer Teacher (August 2012 - March, 2013)