Chicken Curry



Ingredients:

- 1.5 to 2 pounds (about 700 to 900g) boneless, skinless chicken pieces, cut into cubes
- 2 large onions, finely chopped
- 3 tomatoes, chopped
- 1/4 cup vegetable oil or ghee
- 3 cloves garlic, minced
- 1 tablespoon ginger, grated
- 2 teaspoons curry powder
- 1 teaspoon ground cumin
- 1 teaspoon ground coriander
- 1/2 teaspoon turmeric
- 1/2 teaspoon chili powder (adjust to taste)
- 1/2 teaspoon paprika (optional, for color)
- 1/2 teaspoon garam masala
- 1/2 cup yogurt or coconut milk
- Salt to taste
- Fresh cilantro, chopped (for garnish)
- Cooked rice or naan (for serving)

Instructions:

1. Marinate the Chicken:

• In a bowl, combine the chicken pieces with yogurt (or coconut milk), half of the minced garlic, half of the grated ginger, curry powder, cumin, coriander, turmeric, chili powder, and a pinch of salt. Mix well, cover, and let it marinate for at least 30 minutes to an hour.

2. Sauté Onions:

- In a large, deep skillet or a pot, heat vegetable oil or ghee over medium heat.
- Add chopped onions and sauté until they become golden brown.

3. Add Aromatics:

 Add the remaining minced garlic and grated ginger. Sauté for another 1-2 minutes until fragrant.

4. Add Spice Powders:

 Add curry powder, ground cumin, ground coriander, turmeric, chili powder, paprika (if using), and garam masala. Stir well to coat the onions in the spices.

5. Cook the Chicken:

 Add the marinated chicken to the pot. Cook until the chicken is browned on all sides.

6. Add Tomatoes:

• Add the chopped tomatoes to the pot. Cook until they break down and the oil starts to separate from the mixture.

7. <u>Simmer:</u>

• Lower the heat, cover the pot, and let the chicken simmer for about 20-25 minutes, or until the chicken is cooked through. Stir occasionally to prevent sticking.

8. Adjust Seasoning:

 Taste the curry and adjust the salt and spice levels according to your preference.

9. Finish with Yogurt or Coconut Milk:

• Stir in yogurt (or coconut milk) to add creaminess to the curry. Simmer for an additional 5-7 minutes.

10. Garnish and Serve:

Garnish the Chicken Curry with fresh cilantro.

Serve hot over cooked rice or with naan.
Enjoy your homemade Chicken Curry! Feel free to customize the spice levels and ingredients to suit your taste.