

# MRI Result

Mon, Aug 26, 2024 11:13 AM

Joe Payyappilly

22yrs

Male

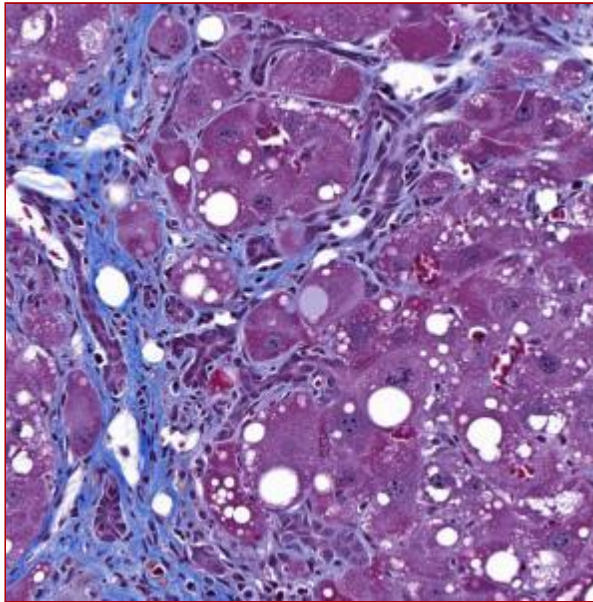
## Diagnosis

**Liver Cirrhosis**

## Analysis

The prediction model indicates a high likelihood of liver cirrhosis. Liver cirrhosis is a serious condition characterized by irreversible scarring of the liver, often caused by chronic liver damage. This scarring disrupts the liver's function, potentially leading to complications like portal hypertension, ascites, and hepatic encephalopathy.

## MRI Image



## Lifestyle Recommendations

- Abstain from alcohol consumption
- Maintain a healthy weight
- Follow a balanced diet low in sodium and saturated fats
- Engage in regular physical activity
- Get sufficient sleep
- Avoid exposure to toxins and harmful substances
- Manage stress effectively

## Doctors You Might Want to Visit

- Gastroenterologist
- Hepatologist
- Internal Medicine Physician
- Infectious Disease Specialist
- Surgeon

## Precautions

- Monitor for signs and symptoms like jaundice, fatigue, abdominal swelling, and confusion
- Seek immediate medical attention for any sudden worsening of symptoms
- Comply with prescribed medications and follow up with your doctor regularly
- Avoid over-the-counter medications without consulting a doctor

## Medical Treatments

- Antiviral medications for hepatitis B or C
- Corticosteroids for autoimmune hepatitis
- Diuretics for fluid retention
- Beta-blockers for portal hypertension
- Liver transplant in severe cases