

List	
id	Title
1	bobs_bugs
2	bobs_fish
3	tinas_bugs

Items		
id	Name	Category
1	trout	fish
2	ant	bug
3	salmon	fish
4	bee	bug

List_items			
id	list_id	item_id	
1	1	2	bob_bugs has an ant
2	2	3	bobs_fish has a salmon
3	2	1	bobs_fish has a trout
4	3	2	tinas_bugs has an ant

