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| Dr.Subbalekshmi  Pediatric and Preventive Dentist  +91-9946446156 / +91-9176636156  subba81@gmail.com | A person smiling for the camera  Description automatically generated with low confidence |

**Current Affiliation** :

Reader, Pediatric and Preventive Dentistry

Coordinator, Dental Education Unit,

Pushpagiri College of Dental Sciences, Thiruvalla Kerala

**Experience:**

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| INSTITUTION | POSITION HELD |
| Kerala Institute Of Medical Sciences (KIMS) | Consultant Pedodontist |
| Faculty of Dental Sciences, Sri Ramachandra Institute of Higher Education and Research, Chennai | Senior Lecturer , Reader & Consultant |
| Noorul Islam College of Dental sciences | Senior Lecturer |
| Modern Dental Specialists Centre | Duty Dentist |
| Pedo Planet, Chennai | Junior Doctor |

# Education

## Master of Dental Surgery (Pedodontics and Preventive Dentistry) 2008-2011

Faculty of Dentistry, Sri Ramachandra University, Chennai. University Rank Holder with Distinction

## Bachelor of Dental Surgery 1999-2004

Sri Ramachandra Dental College, Sri Ramachandra Medical College and Research Institute, Deemed University. Inclusive of 1 year of internship.

# Certifications & Courses

## ACADEMIC & RESEARCH

**Clinical Reasoning Process 2020**

UMontreal ( 6 weeks Via EDX)

**Blended Learning (Basic Course) 2018**

Centre for Health Professionals education & Faculty Development, SRIHER

## Instructional Methods in Health Professions Education 2017

University of Michigan (6 weeks via Coursera)

## Teaching and Assessing clinical skills 2017

University of Michigan (6 weeks via Coursera).

## Introduction to Systematic Review and Meta-Analysis 2016

John Hopkins University (6 weeks via Coursera).

**Understanding Clinical Research: Behind the Statistics**  **2015**

University of Cape Town(6 weeks via Coursera).

## Basic Epidemiology, Statistics, SPSS & Critical Appraisal 2013

Sri Ramachandra University

## CLINICAL

## Zirconia Crowns in Pediatric Dentistry 2016

Hands on training, NuSmile USA

## Lasers in Pediatric Dentistry 2018

Workshop and Hands on training (3 day Module)

## Interceptive and early orthodontics 2015

Workshop and Hands on Training by online dentistry, Chennai.

## Inhalational sedation 2012

Workshop and Hands on Training at Sri Sai Dental College, Vikarabad.

## Pediatric Advance Life support (PALS) 2010

Accorded by the American pediatric society. Conducted by the Indian Society of Pediatrics

## Basic Life Support & Advance Cardiac Life support (BLS & ACLS) 2004

## (updated in 2008,2012,2015,2018)

Department of Emergency medicine & Trauma Care, Sri Ramachandra University (2004,2008,2015,2018) GMR (2012)

**PUBLICATIONS**

* Effect of Sustained Interventions from Infancy to Toddlerhood in Children with Cleft Lip and Palate for Preventing Early Childhood Caries. Abirami S, Panchanadikar N, Muthu MS, Balasubramanian S, Murthy J, Mohan A, Haridoss S, **Subbalekshmi T**. **Caries Res**. 2021 Jul 22:1-9. doi: 10.1159/000517210.
* Impact of Pediatric Dentistry Residents Posted in Pediatrics Department: A Retrospective Assessment of 6 Years. Mohan A, Muthu MS, Ramachandran P, Ramanan PV, Haridoss S, Swaminathan K, **Subbalekshmi N**. **Int J Clin Pediatr Dent**. 2021 Jan-Feb;14(1):84-87. doi: 10.5005/jp-journals-10005-1890.
* An introduction to critical appraisal of case reports. Subbalekshmi T, Akhilesh Prathap. International Journal of Advanced Dental Science and Research:2021; vol 1 (1): 34 -37.
* Full Mouth Rehabilitation Under General Anaethesia in Pediatric Dentistry: 60 A Review Article Subbalekshmi, John Phillip : **TAPER**, J of IDA Thiruvalla.2020;4(1)
* An Update on SARS- CoV-2 for Dental Practitioners: A Review Article. Akhilesh Prathap, Subbalekshmi, : **TAPER**, J of IDA Thiruvalla.2020;4(1)
* Use of a Teledentistry-based Program for Screening of Early Childhood Caries in a School Setting. **T S**, Anandan V, Apathsakayan R (July 01, 2017) **Cureus** 9(7): e1416. doi:10.7759/cureus.1416
* Diagnostic ability of a smart phone app (injured tooth) in diagnosing traumatic injuries to the teeth - a multicentre analysis. Mohan A, Agarwal T, Cherian TS, Muthu MS, Balasubramanian S, **Subbalekshmi** N, Saikia A Goswami M, Sharma A, Subramanian P, Johar S, Bazaz N: **Int J Paediatr Dent**.2018 Nov;28(6):561-569. doi: 10.1111/ipd.12411.
* Esthetic Management Of Partial Anodontia During Mixed Dentition In A Patient With Ectodermal Dysplasia : **Subbalekshmi** Natesh, Vasanthakumari Anandan,Renugalakshmi Apathsakayan **IJRID** Volume 4 Issue 1 Jan.-Feb 2014 ISSN 2249-488X
* Lasers in Dentistry. MS Ravi Shankar, Sunil John, **Subbalekshmi**, KS Arya, V Syam Kumar, PJ Swathy Anand: [International Journal of Preventive and Clinical Dental Research: Volume 3 Issue 1 Apr – Jun 2016: DOI : 10.5005/jp-journals-10052-0027](http://www.ijpcdr.com/)

# Conferences, CDE & Invited Lectures

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| --- | --- | --- | --- |
| **Conferences** | **Attended** | **Presented** |  |
| **International** | **4** | **3** | **-** |
| **National** | **15** | **11** | **4 (Best Papers)** |
| **State Level** | **10** | **8** | **2 ( Best Papers)** |
| **CDE** | **200** | **10** | **-** |

**International Observations**

* **Dental School ,** Lusaka, **Zambia** – Observation, interaction and lecture on Pediatric Dentistry – **(2013)**
* **University of Pittsburg Children’s Teaching Hospital**, Pittsburg, **USA** - Observation, interaction (2016)
* **‘Dentist 4 Kidz’**- Cleveland, **USA**- Observation and interaction – 1 day (2016)

# Lectures as Invited Faculty

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| --- | --- |
| Continuing Dental Education | 15 |
| Post Graduate Orientation & Rapid Review | 6 |
| Quiz with a Twist | 2 |
| Faculty Development Workshop | 4 |
| Professional & Personality Development | 3 years |
| School Teachers Training (Psychology & Dental First Aid) | 4 |
| Life after Demonetization (NSS) | 5 |
| ASAP (Dental Assistant Program, IDA/ Govt of Kerala) | 2 |
| Faculty for Dental Hygienist Refresher Training | 2 |

# Out Reach Programs

## School Dental Health Programs

* Designed and conducted effective dental health awareness programs for school children covering more than 7500 students age ranging from five years to sixteen years. Have designed and conducted dental health education program for school teachers regarding preventive dental health and management of dental emergencies at school.

## Parental counseling

* Have conducted a program for Parents of two schools (more than 200 participants) regarding preventive Dentistry, emergency dental management and anticipatory guidance.

## Special Children (School)

* Have been instrumental in designing and conducting a program for the children of a special school. The project was conducted in three phases, screening & anticipatory Guidance, treatment (chair side & under General anaesthesia) and review, recall and reinforcement.

## Social Programs

* Have conducted a series of programs on children’s oral health and wellbeing at All India Radio (Trivandrum) Television interviews ( Asianet, ACV ) and at various other social forums.

**PROFESSIONAL MEMBERSHIPs**

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| --- | --- |
| Indian Society Of Pedodontics And Preventive Dentistry | Life Member |
| Indian Society Of Dental Traumatology | Life Member |
| International Journal Of Research In Dentistry | Life Member |
| Indian Society For Cleft Lip, Palate And Cranio Facial Anomalies | Life Member |
| Indian Dental Association | Annual |
| Association Of Pediatric & Preventive Dentists Of Kerala | Life Member |

**ORGANISATIONAL Roles**

* **Joint organizing Secretary** of 39th **National conference** of the Indian Society of Pediatric and Preventive Dentistry, Chennai
* **Scientific coordinator** for the 38th **National conference** of the Indian Society of Pediatric and Preventive Dentistry, Kochi
* **Member** core organizing committee 13th **International cleft congress**, 2017 Chennai
* **Scientific Coordinator,**  MIDAS **National student conference of the Indian Dental Association**, 2017.
* **Member,** Dental education Unit, Conduction of Faculty Development Workshop
* **CDE Convener,** Association of Pediatric and Preventive Dentists of Kerala ( **From 2015 till 2019**)