# Notes on NLCG design and implementation

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#### 31 May, 2025

The optimization procedure is the heart of any machine learning application and deserves special consideration. The NLCG (Nonlinear Conjugate Gradient) optimization algorithm is efficient in both time and memory and seems difficult to improve upon, although at the same time hard to understand. To make the code more understandable and maintainable it seemed wise to include a short summary and justification of the NLCG algorithm. Our primary reference is Shewchuk, 1994, "An Introduction to the Conjugate Gradient Method ...". Any page numbers in this document are referring to that paper.

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### 1 The problem setup

In the functional form of CG and NLCG we are minimizing (p. 2) the quadratic form

$$f(x) = \frac{1}{2}x^{\mathsf{T}}Ax - b^{\mathsf{T}}x + c \tag{1}$$

The minus sign is from Shewchuk and relates to the matrix form of the minimization problem,

$$Ax = b (2)$$

The CG method calculates  $x=A^{-1}b$ . The NLCG method applies to a more general objective function f, which can be arbitrary if smooth, and minimizes it. In this case A will be the Hessian  $\frac{\partial^2 f}{\partial x^2}(x)$  and b the negative gradient at 0: b=-f'(0).

It seems most sensible to motivate the NLCG optimization procedure using some simple derivations from calculus, although the language in Shewchuk uses more linear algebra; for example he calls the negative gradient is called the "residual" r.

### 2 Derivations

#### Derivation 1: Whether stepping in a given direction will take us downhill

$$\frac{\mathrm{d}}{\mathrm{d}\alpha}f(x+\alpha d)\Big|_{\alpha=0} = f'(x)^{\top}d\tag{3}$$

If the inner product of d with the gradient is negative, then a small motion in the direction of d will take us downhill.

#### Derivation 2: The optimal step distance to take in any given direction

From derivation 1, after taking an optimal step in direction d, the inner product of d with the new gradient will be 0:

$$0 = f'(x + \alpha d)^{\top} d \tag{4}$$

$$= (A(x + \alpha d) - b)^{\top} d \tag{5}$$

$$= (f'(x) + \alpha Ad)^{\top} d \tag{6}$$

$$\implies \alpha = -\frac{f'(x)^{\top}d}{d^{\top}Ad} \tag{7}$$

Here Ad can be calculated as an HVP at little cost.<sup>1</sup> This is equivalent to Newton's method in 1 dimension. The denominator could be written  $\frac{\mathrm{d}^2}{\mathrm{d}\alpha^2}f(x+\alpha d)\Big|_{\alpha=0}$  just as the numerator is  $\frac{\mathrm{d}}{\mathrm{d}\alpha}f(x+\alpha d)\Big|_{\alpha=0}$ .

Derivation 3: How to avoid undoing our progress when we take the next step Consider  $g(\alpha, \beta) = f(x + \alpha d + \beta e)$ , and let  $\beta^*(\alpha) = \min_{\beta} g(\beta, \alpha)$ . What we want is to choose direction vectors d and e such that the optimal  $\beta$  does not depend on our choice of  $\alpha$ :  $\frac{d}{d\alpha}\beta^*(\alpha) = 0$ . By the implicit function theorem, we have

$$0 = \frac{\mathrm{d}}{\mathrm{d}\alpha}\beta^* = -\left(\frac{\partial^2 g}{\partial \beta^2}\right)^{-1}\left(\frac{\partial^2 g}{\partial \alpha \partial \beta}\right) \tag{8}$$

$$= -(e^{\mathsf{T}} A e)^{-1} (d^{\mathsf{T}} A e) \tag{9}$$

$$\implies d^{\top} A e = 0 \tag{10}$$

<sup>&</sup>lt;sup>1</sup>It seems that Shewchuk does not know about how to calculate the HVP without the Hessian, see his arguments on p. 46 for example; in fact his entire 1994 article never mentions backpropagation either, which had been well described by the mid-1980s.

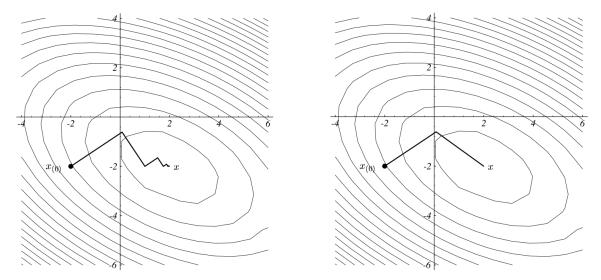


Figure 1: Steepest descent (left) versus Conjugate gradients (right). Copied from p. 8 and p. 32 of Shewchuk.

This is to say that vectors d and e are *conjugate* relative to A, or we sometimes say A-perpendicular or A-orthogonal. Thus if we choose successive direction vectors to be conjugate to all previous ones (relative to A), then we can avoid backtracking. Note that the order of steps does not matter when the directions are conjugate, as each step length remains optimal independently of the others. In particular the gradient condition in derivation 1 will hold for all previous directions, implying that the new gradient will be perpendicular to each of them.

#### Derivation 4: How to pick a new direction vector

At each step of our optimization, we want as we have seen to choose a search direction that is conjugate or A-perpendicular to all previous directions. The natural quantity from which to derive the new direction is the gradient  $-r_n$ , which is already perpendicular to all previous directions  $d_j: j \in [1, n-1]$ . We can use HVPs with A and  $d_{n-1}$  to project  $r_n$  onto the subspace which is A-perpendicular to  $d_{n-1}$ , and propose this as the next search direction  $d_n$ :

$$d_n = r_n + \beta_n d_{n-1} \tag{11}$$

$$d_1 = r_1 \tag{12}$$

The HVPs appear when we solve<sup>2</sup> for  $\beta_n$ :

$$d_n A d_{n-1} = 0 (13)$$

$$\implies r_n A d_{n-1} + \beta_n d_{n-1} A d_{n-1} = 0 \tag{14}$$

$$\implies \beta_n = -\frac{r_n A d_{n-1}}{d_{n-1} A d_{n-1}} \tag{15}$$

With this choice of  $d_n$ , we can show that conjugacy is obtained with respect to all previous search directions as well. This is because the new subspace  $D_n$ , spanned by the search directions up to  $d_n$ , contains a copy of  $AD_{n-1}$ , implying that  $r_{n+1}$ , which is perpendicular to  $D_n$ , will be A-perpendicular to  $D_{n-1}$ . More precisely, for the step  $x_{n+1} = x_n + \alpha_n d_n$ , we can use the following recurrence for the negative gradient:

$$r_{n+1} = r_n - \alpha A d_n \tag{16}$$

$$\implies Ad_n = \frac{1}{\alpha}(r_n - r_{n+1}) \tag{17}$$

But if the next direction vector is always projected from r, then  $r_n = d_n - \beta_n d_{n-1}$  from above, so 17 becomes

$$Ad_{n} = \frac{1}{\alpha} (d_{n} - \beta_{n} d_{n-1} - (d_{n+1} - \beta_{n+1} d_{n}))$$
(18)

We have written  $Ad_n$  as a linear combination of  $d_{n+1}$ ,  $d_n$ , and  $d_{n-1}$ . Since, from the previous derivations,  $r_n \perp d_j$  for  $j \leq n-1$ , equation 18 implies that for  $j \leq n-2$ ,

$$r_n \perp D_{j+1} \implies r_n \perp Ad_j \iff r_n Ad_j = 0$$
 (19)

This says  $r_n$  is A-perpendicular to  $d_{n-2}$  and all earlier directions. Assuming by induction that  $d_{n-1}$  has this same property, i.e.  $d_{n-1}Ad_j=0$  for  $j \leq n-2$ , we find that when  $d_n$  is formed from a linear combination of  $r_n$  and  $d_{n-1}$  so as to be A-orthogonal to  $d_{n-1}$ , it will also be A-orthogonal to all previous d's,  $d_1, \ldots d_{n-2}$ , as both  $r_n$  and  $d_{n-1}$  have this (linear) A-orthogonality property with the subspace  $D_{n-2}$ .

## 3 The algorithm and its variations

From the foregoing observations we can write down the steps of the CG or NLCG algorithm, given an input f which is approximately quadratic, and a starting point  $x_1$ .

$$r_1 = -f'(x_1) \tag{20}$$

$$d_1 = r_1 \tag{21}$$

$$x_n = x_{n-1} + \alpha_{n-1} d_{n-1} \tag{22}$$

$$r_n = -f'(x_n) \tag{23}$$

$$d_n = r_n + \beta_n d_{n-1} \tag{24}$$

<sup>&</sup>lt;sup>2</sup>The expression on p. 32 of Shewchuk is different, it is given as  $\beta_n = \frac{r_n^\top r_n}{r_{n-1}^\top r_{n-1}}$ , which as we show later is equivalent to ours.

where

$$\alpha_n = -\frac{f'(x_n)^\top d_n}{d_n^\top A d_n} \quad \text{from derivation 2}$$

$$\beta_n = -\frac{r_n A d_{n-1}}{d_{n-1} A d_{n-1}} \quad \text{from derivation 4}$$
(25)

$$\beta_n = -\frac{r_n A d_{n-1}}{d_{n-1} A d_{n-1}} \quad \text{from derivation 4} \tag{26}$$

(27)

We can calculate all of these quantities efficiently if we keep track of the HVP  $Ad_n$  at each step. However, it is possible to use the orthogonality properties of  $d_j$  and  $r_j$  to rewrite some of the HVPs, following Shewchuk, from 16:

$$\beta_n = -\frac{r_n^{\top} A d_{n-1}}{d_{n-1}^{\top} A d_{n-1}} \tag{28}$$

$$= -\frac{r_n^{\top}(r_{n-1} - r_n)}{d_{n-1}^{\top}(r_{n-1} - r_n)}$$
(29)

But  $r_n^{\top} r_{n-1} = r_n^{\top} (d_{n-1} - \beta_{n-1} d_{n-2}) = 0$  and  $d_n^{\top} r_n = (r_n + \beta_n d_{n-1})^{\top} r_n = r_n^{\top} r_n$ , so

$$\beta_n = \frac{r_n^\top r_n}{r_{n-1}^\top r_{n-1}} \tag{30}$$

is equivalent and has no HVPs in it. The expression Shewchuk uses for  $\alpha_n$ , however, includes an HVP in the denominator because the new gradient  $r_{n+1}$  is not available at this stage of the computation. Only the numerator is rewritten:

$$\alpha_n = \frac{r_n^{\top} d_n}{d_n^{\top} A d_n} \tag{31}$$

$$=\frac{r_n^{\top}r_n}{d_n^{\top}Ad_n}\tag{32}$$

Shewchuk advocates recalculating the gradient at each step of the NLCG algorithm on p. 42,

$$r_n = -f'(x_n) \tag{33}$$

but for the CG algorithm he uses the recurrence 16:

$$r_{n+1} = r_n - \alpha_n A d_n$$

With these modifications, we have the CG algorithm from p. 32 of Shewchuk. The NLCG algorithm as he presents it is only different in that (1) it computes  $r_n$  anew at each step, as the negative gradient, (2) it recommends using the Polak-Ribiere  $\beta^{PR}$  and restarts (34) rather than the simpler Fletcher-Reeves  $\beta$  (30).

We are not sure which of these alterations to the "naive" formulation of CG is necessary or useful in the context of non-linear optimization. For example the HVP  $Ad_n$  can be computed together with the gradient  $-r_n = f'(x_n)$ , so it is not more efficient to use a recurrence for  $r_n$  unless we can isolate the dual part of a computation (tape\_get\_dual) and compute only the HVP; but this seems only advantageous if x is constant as it is in our dual-number interpretation of CG.

The choice of step length  $\alpha$  can be as above in the CG algorithm, although Shewchuk advocates a more general line search to reliably minimize  $f(x + \alpha d)$  with respect to  $\alpha$ . This could also involve additional Newton steps on  $\alpha$ , or the secant method (p. 52 and 53). Reliably minimizing  $\alpha$  helps guarantee that the new gradient is orthogonal to the last search direction, so that the assumptions of the algorithm continue to hold, but on the other hand if we are adjusting  $\alpha$  to step out of a concavity then the old Hessian A is unlikely to describe the curvature at the new x in the first place.<sup>3</sup>

The projection coefficient  $\beta_n$  is often calculated as

$$\beta_n^{\text{PR}} = \frac{r_n^{\top} (r_n - r_{n-1})}{r_{n-1}^{\top} r_{n-1}}$$
(34)

which is called the Polak-Ribiere formula. (Equation 30 is called the Fletcher-Reeves formula)

This choice of  $\beta$  gives us "restarts" if we set  $\beta = \max\{\beta^{PR}, 0\}$ . The event of  $\beta$  becoming nonpositive generally happens when we have exhausted all the search directions, but we are not sure why this is so.

Interestingly, if A = I then we will never build up a basis of conjugate directions; but we won't need to, as the gradient will always point at the optimum.

# 4 Thoughts on extending NLCG

It is hard to think of a good multidimensional generalization of NLCG, as we are already effectively doing a Newton step at each NLCG restart. My March 18 2025 "regularity tangent" preprint on p. 34 speculates about such a generalization and outlines an algorithm based on a linear embedding, but this algorithm concept introduces additional overhead that seems unnecessary. NLCG is able to propose direction vectors one at a time, while still effectively inverting the Hessian, with a sequence of 1-dimensional Newton steps.

There must be a way to make NLCG work "stochastically", i.e. with batches, but presumably these should stay the same until the next restart. It could be trusted to make (close to) the smallest possible adjustment to the parameters to give the model good performance on the current batch. Then the NLCG restarts would be like a heartbeat, and the current batch of data would be all the blood that fits into the "heart", and each restart would trigger a new batch to be called up. However this would be a problem with

<sup>&</sup>lt;sup>3</sup>If we find ourselves in a concavity, then we might as well step out of it in a totally random direction. Although it is tempting to make use of the curvature, and for example take a step which is the exact opposite of the step that would take us to the local maximum.

regularized models as the successive batches would fight with each other over the parameter vector's expressiveness.

A simple solution would be to create a kind of memory using  $|\theta - \theta_0|$  regularization where  $\theta_0$  is from the end of the previous batch. The regularizer can be adjusted using the previous batch as a test set for example, and making slight adjustments up or down according to the  $\frac{d}{ds}$  of the test error. Or we can curate a test set as we go using the RT. But we should have a traditional regularizer as well, and control the ratio of the regularization coefficients. And note that this can be done in a hierarchy; for example a separate parameter vector for the current hour, minute, and second.

NLCG should refuse to increase the objective. It is not clear what to do when this happens. If the gradient indicates the objective should decrease, then we can reduce the step size until we find a decrease from the current value. If however the Newton step on  $\alpha$  is pointing us uphill, then this indicates we're in a local concavity, and it would make sense to try walking the same distance in the other direction before we even update x and calculate the new objective. In either case we may want to try larger and larger steps if the last step is successful, and smaller ones (or break out of the loop) if it isn't. Once a minimum is bracketed, the secant method or Newton's method can be used to pinpoint it, but it is not clear that this extra effort would be useful, as a restart would seem to be called for at the point where we find the objective increasing.

### 5 Automatic differentiation of optimization

In the context of non-linear optimization, the (linear) conjugate gradients method can best be thought of as an algorithm for inverting the dual of the objective gradient with respect to the dual of the optimal independent variable  $(x^*)$ . An input consists of an optimum  $x^*$ , an objective function, and a target dual gradient -b.

The algorithm finds an  $\dot{x}$  such that  $A\dot{x}=b$ , which is to say that  $\frac{\mathrm{d}}{\mathrm{d}\varepsilon}\frac{\partial}{\partial x}f(x^*+\varepsilon\dot{x})=\frac{\mathrm{d}}{\mathrm{d}\varepsilon}(A(x^*+\varepsilon\dot{x})-b)=A\dot{x}$ , which is the Hessian-vector product at  $x^*$  of f with  $\dot{x}$ , should equal the target value b. (In this setting, b is an input to the algorithm rather than part of the objective f) Each iteration updates  $\dot{x}$  and computes a new HVP, always at the same  $x=x^*$ . It is necessary to compute a HVP with the direction vector d in order to determine the step length  $\alpha$  and the quotient coefficient  $\beta$  for the conjugate projection, although the latter can be approximated as a difference of successive gradients as in equation 17 to get the Fletcher-Reeves formula 30 with no HVP.

The CG algorithm can be used to apply the implicit function theorem to an optimization problem. Once an optimum  $x^*$  is found via NLCG, we can calculate total derivatives by

using plain CG to approximate the inverse-HVP of Cauchy's implicit function theorem:

$$x^*(t) = \underset{\tau}{\operatorname{argmin}} f(x, t) \tag{35}$$

$$\frac{\mathrm{d}}{\mathrm{d}t}x^*(t) = -\left(\underbrace{\frac{\partial^2}{\partial x^2}f(x^*,t)}^{A}\right)^{-1}\underbrace{\frac{\partial^2}{\partial x \partial t}f(x^*,t)}^{b}$$
(36)

In this case b, which along with f is the input to the CG algorithm, is calculated as the derivative of the gradient  $\frac{\partial f}{\partial x}$  with respect to the hyperparameter t. At first glance, if there is more than one hyperparameter or if t has more than one dimension, then it seems that multiple inverse-HVPs will be required, implying multiple runs of CG. However, when backpropagating adjoints through an optimization run, we can make use of the symmetry of A to make do with only a single inverse-HVP, involving the adjoint of  $x^*$ . Taking the inner product of 36 with the incoming adjoint  $\frac{\mathrm{d}y}{\mathrm{d}x^*}$ :

$$\frac{\mathrm{d}y}{\mathrm{d}t} = \frac{\mathrm{d}y}{\mathrm{d}x^*} \frac{\mathrm{d}}{\mathrm{d}t} x^* = -\frac{\mathrm{d}y}{\mathrm{d}x^*} \left(\frac{\partial^2 f}{\partial x^2}\right)^{-1} \frac{\partial^2 f}{\partial x \partial t}$$
(37)

$$= -\frac{\mathrm{d}}{\mathrm{d}t} \left( \underbrace{\left( A^{-1} \frac{\mathrm{d}y}{\mathrm{d}x^*} \right)^{\top}}_{\text{treat as}} \frac{\partial f}{\partial x} \right)$$
(38)

So the derivatives of all hyperparameters can be calculated by backpropagating adjoints from the "pseudo-objective" above, which is constructed from the function gradient and the inverse HVP of the incoming adjoint  $\frac{\mathrm{d}y}{\mathrm{d}x^*}$ . The recipe becomes: First use CG to calculate the inverse HVP  $A^{-1}\frac{\mathrm{d}y}{\mathrm{d}x^*}$ ; then, treating this as a constant, take its inner product with the function gradient at  $x^*$ . Take the result as an objective and backpropagate adjoints from it to all the hyperparameters t. We are not sure, but this must be related to the methods proposed in Lorraine, Vicol, and Duvenaud, 2020, "Optimizing Millions of Hyperparameters by Implicit Differentiation". This is the key to an efficient "back\_opt\_nlcg" corresponding to backpropagation through NLCG optimization. For the corresponding forward-derivative "dual\_opt\_nlcg" function we can use the non-zero dual components to calculate  $-b = \frac{\partial^2 f}{\partial x \partial t}$  (where t is the dual variable) and pass this through  $A^{-1}$  more straightforwardly in a single run of CG.