# Predictions using the Weight Lifting Exercises Dataset

Archit Verma

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# **Executive Summary**

Based on a dataset provide by HAR http://groupware.les.inf.puc-rio.br/har we will try to train a predictive model to predict what exercise was performed using a dataset with 159 features

We ll take the following steps:

- Process the data, for use of this project
- Explore the data, especially focussing on the two paramaters we are interested in
- Model selection, where we try different models to help us answer our questions
- Model examination, to see wether our best model holds up to our standards
- A Conclusion where we answer the questions based on the data
- Predicting the classification of the model on test set

# Processing

First change ② am ② to factor (0 = automatic, 1 = manual) And make cylinders a factor as well (since it is not continious)

```
training.raw <- read.csv("pml-training.csv")
testing.raw <- read.csv("pml-testing.csv")</pre>
```

## Exploratory data analyses

Look at the dimensions & head of the dataset to get an idea

```
# Res 1
dim(training.raw)
## [1] 19622 160
# Res 2 - excluded because excessivness
# head(training.raw)
# Res 3 - excluded because excessivness
```

```
#str(training.raw)

# Res 4 - excluded because excessivness
#summary(training.raw)
```

What we see is a lot of data with NA / empty values. Let s remove those

```
maxNAPerc = 20
maxNACount <- nrow(training.raw) / 100 * maxNAPerc
removeColumns <- which(colSums(is.na(training.raw) | training.raw==""") > maxN
ACount)
training.cleaned01 <- training.raw[,-removeColumns]
testing.cleaned01 <- testing.raw[,-removeColumns]</pre>
```

Also remove all time related data, since we won tuse those

```
removeColumns <- grep("timestamp", names(training.cleaned01))
training.cleaned02 <- training.cleaned01[,-c(1, removeColumns)]
testing.cleaned02 <- testing.cleaned01[,-c(1, removeColumns)]</pre>
```

Then convert all factors to integers

```
classeLevels <- levels(training.cleaned02$classe)
training.cleaned03 <- data.frame(data.matrix(training.cleaned02))
training.cleaned03$classe <- factor(training.cleaned03$classe, labels=classeLevels)
testing.cleaned03 <- data.frame(data.matrix(testing.cleaned02))</pre>
```

Finally set the dataset to be explored

```
training.cleaned <- training.cleaned03
testing.cleaned <- testing.cleaned03</pre>
```

# Exploratory data analyses

Since the test set provided is the the ultimate validation set, we will split the current training in a test and train set to work with.

```
set.seed(19791108)

library(caret)
```

```
classeIndex <- which(names(training.cleaned) == "classe")

partition <- createDataPartition(y=training.cleaned$classe, p=0.75, list=FALS
E)

training.subSetTrain <- training.cleaned[partition, ]

training.subSetTest <- training.cleaned[-partition, ]</pre>
```

What are some fields that have high correlations with the classe?

```
correlations <- cor(training.subSetTrain[, -classeIndex], as.numeric(training
.subSetTrain$classe))

bestCorrelations <- subset(as.data.frame(as.table(correlations)), abs(Freq)>0
.3)

bestCorrelations

## Var1 Var2 Freq

## 27 magnet_arm_x A 0.3023806

## 44 pitch_forearm A 0.3475548
```

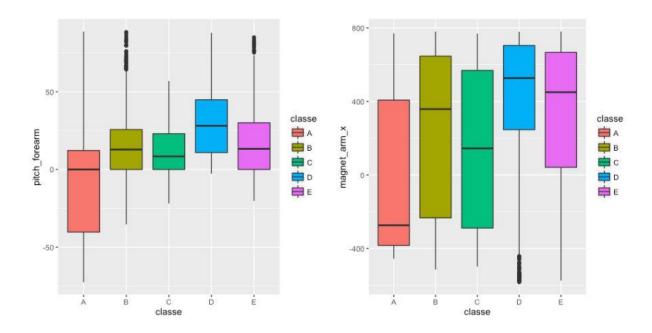
Even the best correlations with classe are hardly above 0.3 Let so check visually if there is indeed hard to use these 2 as possible simple linear predictors.

```
library(Rmisc)
library(ggplot2)

p1 <- ggplot(training.subSetTrain, aes(classe,pitch_forearm)) +
    geom_boxplot(aes(fill=classe))

p2 <- ggplot(training.subSetTrain, aes(classe, magnet_arm_x)) +
    geom_boxplot(aes(fill=classe))

multiplot(p1,p2,cols=2)</pre>
```



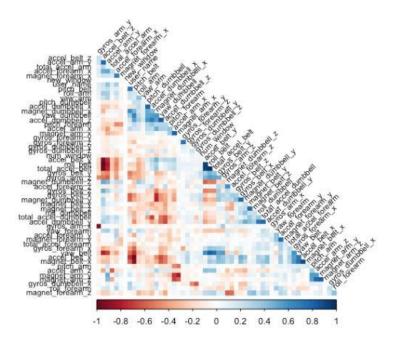
Clearly there is no hard seperation of classes possible using only these highly correlated features. Let train some models to get closer to a way of predicting these classes

#### Model selection

Let s identify variables with high correlations amongst each other in our set, so we can possibly exclude them from the pca or training.

We will check afterwards if these modifications to the dataset make the model more accurate (and perhaps even faster)

```
library(corrplot)
correlationMatrix <- cor(training.subSetTrain[, -classeIndex])
highlyCorrelated <- findCorrelation(correlationMatrix, cutoff=0.9, exact=TRUE)
excludeColumns <- c(highlyCorrelated, classeIndex)
corrplot(correlationMatrix, method="color", type="lower", order="hclust", tl. cex=0.70, tl.col="black", tl.srt = 45, diag = FALSE)</pre>
```



We see that there are some features that aree quite correlated with each other. We will have a model with these excluded. Also we let try and reduce the features by running PCA on all and the excluded subset of the features

```
pcaPreProcess.all <- preProcess(training.subSetTrain[, -classeIndex], method
= "pca", thresh = 0.99)

training.subSetTrain.pca.all <- predict(pcaPreProcess.all, training.subSetTra
in[, -classeIndex])

training.subSetTest.pca.all <- predict(pcaPreProcess.all, training.subSetTest
[, -classeIndex])

testing.pca.all <- predict(pcaPreProcess.all, testing.cleaned[, -classeIndex])

pcaPreProcess.subset <- preProcess(training.subSetTrain[, -excludeColumns], m
ethod = "pca", thresh = 0.99)

training.subSetTrain.pca.subset <- predict(pcaPreProcess.subset, training.subSetTrain[, -excludeColumns])

training.subSetTest.pca.subset <- predict(pcaPreProcess.subset, training.subSetTest[, -excludeColumns])

testing.pca.subset <- predict(pcaPreProcess.subset, testing.cleaned[, -classeIndex])</pre>
```

Now we ld do some actual Random Forest training. We ld use 200 trees, because leve already seen that the error rate doesnet decline a lot after say 50 trees, but we still want to be thorough. Also we will time each of the 4 random forest models to see if when all else is equal one pops out as the faster one.

```
library(randomForest)
ntree <- 200 #This is enough for great accuracy (trust me, I'm an engineer).
start <- proc.time()</pre>
rfMod.cleaned <- randomForest(</pre>
  x=training.subSetTrain[, -classeIndex],
  y=training.subSetTrain$classe,
  xtest=training.subSetTest[, -classeIndex],
  ytest=training.subSetTest$classe,
  ntree=ntree,
 keep.forest=TRUE,
  proximity=TRUE) #do.trace=TRUE
proc.time() - start
      user system elapsed
## 124.043 6.008 132.750
start <- proc.time()</pre>
rfMod.exclude <- randomForest(</pre>
  x=training.subSetTrain[, -excludeColumns],
  y=training.subSetTrain$classe,
  xtest=training.subSetTest[, -excludeColumns],
  ytest=training.subSetTest$classe,
  ntree=ntree,
  keep.forest=TRUE,
  proximity=TRUE) #do.trace=TRUE
proc.time() - start
      user system elapsed
## 122.065 5.656 129.792
start <- proc.time()</pre>
rfMod.pca.all <- randomForest(</pre>
  x=training.subSetTrain.pca.all,
```

```
y=training.subSetTrain$classe,
  xtest=training.subSetTest.pca.all,
  ytest=training.subSetTest$classe,
  ntree=ntree,
 keep.forest=TRUE,
 proximity=TRUE) #do.trace=TRUE
proc.time() - start
     user system elapsed
## 117.206 5.190 124.060
start <- proc.time()</pre>
rfMod.pca.subset <- randomForest(</pre>
  x=training.subSetTrain.pca.subset,
 y=training.subSetTrain$classe,
 xtest=training.subSetTest.pca.subset,
 ytest=training.subSetTest$classe,
 ntree=ntree,
 keep.forest=TRUE,
  proximity=TRUE) #do.trace=TRUE
proc.time() - start
     user system elapsed
##
## 120.671 4.312 126.784
```

#### Model examination

Now that we have 4 trained models, we will check the accuracies of each. (There probably is a better way, but this still works good)

```
## No. of variables tried at each split: 7
##
          OOB estimate of error rate: 0.27%
##
## Confusion matrix:
##
       A
           В
                 C
                    D
                          E class.error
## A 4185
           0
                 0
                      0
                          0 0.000000000
       7 2839
                2
                    0
                          0 0.003160112
       0
           8 2558 1
                          0 0.003506038
## D
       \cap
           0
              16 2396 0 0.006633499
## E
       \cap
            \cap
                0 6 2700 0.002217295
##
                  Test set error rate: 0.29%
## Confusion matrix:
              С
       Α
          В
                  D
                      E class.error
## A 1394
          0
               0
                   0
                      1 0.0007168459
       0 949
              0
                   0
                      0 0.0000000000
       0
          8 847
                 0
                      0 0.0093567251
           0 2 801 1 0.0037313433
       \cap
## D
          0 0 2 899 0.0022197558
       0
rfMod.cleaned.training.acc <- round(1-sum(rfMod.cleaned$confusion[, 'class.er
ror']),3)
paste0("Accuracy on training: ",rfMod.cleaned.training.acc)
## [1] "Accuracy on training: 0.984"
rfMod.cleaned.testing.acc <- round(1-sum(rfMod.cleaned$test$confusion[, 'clas
s.error']),3)
paste0("Accuracy on testing: ",rfMod.cleaned.testing.acc)
## [1] "Accuracy on testing: 0.984"
rfMod.exclude
## Call:
## randomForest(x = training.subSetTrain[, -excludeColumns], y = training.su
bSetTrain$classe, xtest = training.subSetTest[, -excludeColumns], ytest
= training.subSetTest$classe,
                               ntree = ntree, proximity = TRUE, keep.fore
st = TRUE)
                 Type of random forest: classification
##
##
                       Number of trees: 200
## No. of variables tried at each split: 7
```

```
##
##
          OOB estimate of error rate: 0.23%
## Confusion matrix:
       Α
           R
                 С
                      D
                          E class.error
## A 4185
            0
                 0
                      0
                          0 0.000000000
## B
       4 2842
                 2
                      0
                          0 0.002106742
            9 2558
                    0
                          0 0.003506038
        0
            0
               13 2398 1 0.005804312
                0 5 2701 0.001847746
## E
        0
           0
##
                  Test set error rate: 0.29%
## Confusion matrix:
       Α
           В
               С
                  D
                       E class.error
## A 1394
           0
               0
                   0
                      1 0.0007168459
       1 948
               0
                   0
                       0 0.0010537408
           8 847
                      0 0.0093567251
                   0
           0 0 803 1 0.0012437811
       0
          0 0 3 898 0.0033296337
## E
rfMod.exclude.training.acc <- round(1-sum(rfMod.exclude$confusion[, 'class.er
ror']),3)
paste0("Accuracy on training: ",rfMod.exclude.training.acc)
## [1] "Accuracy on training: 0.987"
rfMod.exclude.testing.acc <- round(1-sum(rfMod.exclude$test$confusion[, 'clas
s.error']),3)
paste0("Accuracy on testing: ",rfMod.exclude.testing.acc)
## [1] "Accuracy on testing: 0.984"
rfMod.pca.all
##
## Call:
## randomForest(x = training.subSetTrain.pca.all, y = training.subSetTrain$c
        xtest = training.subSetTest.pca.all, ytest = training.subSetTest$
           ntree = ntree, proximity = TRUE, keep.forest = TRUE)
                 Type of random forest: classification
##
                       Number of trees: 200
## No. of variables tried at each split: 6
##
```

```
##
          OOB estimate of error rate: 2.13%
## Confusion matrix:
       Α
           В
                С
                      D
                          E class.error
## A 4169
           5
                1
                      9
                          1 0.003823178
## B
      57 2761
                27
                     2
                          1 0.030547753
## C
       2
           35 2505
                     18
                          7 0.024152707
           2 89 2311
                          8 0.041873964
## E
       4 15
              12 16 2659 0.017368810
##
                  Test set error rate: 1.96%
## Confusion matrix:
       Α
          В
              С
                  D
                      E class.error
## A 1389
          1 1
                   3
                      1 0.004301075
## B
      13 922 12
                   1
                       1 0.028451001
       1 15 833
                  5
                      1 0.025730994
          0 24 775 3 0.036069652
     0 4 3 5 889 0.013318535
rfMod.pca.all.training.acc <- round(1-sum(rfMod.pca.all$confusion[, 'class.er
ror']),3)
paste0("Accuracy on training: ",rfMod.pca.all.training.acc)
## [1] "Accuracy on training: 0.882"
rfMod.pca.all.testing.acc <- round(1-sum(rfMod.pca.all$test$confusion[, 'clas
s.error']),3)
paste0("Accuracy on testing: ",rfMod.pca.all.testing.acc)
## [1] "Accuracy on testing: 0.892"
rfMod.pca.subset
##
## Call:
## randomForest(x = training.subSetTrain.pca.subset, y = training.subSetTrai
           xtest = training.subSetTest.pca.subset, ytest = training.subSe
n$classe,
                  ntree = ntree, proximity = TRUE, keep.forest = TRUE)
tTest$classe,
##
                 Type of random forest: classification
                       Number of trees: 200
##
## No. of variables tried at each split: 6
##
          OOB estimate of error rate: 2.34%
##
```

```
## Confusion matrix:
       Α
            В
                 С
                     D
                          E class.error
##
                         1 0.006212664
## A 4159
           9
                6
                    10
## B
       60 2758
                26
                     3
                          1 0.031601124
##
       7
           31 2507
                     19
                           3 0.023373588
            1
                97 2302
                          4 0.045605307
       7 16
                20 15 2648 0.021433851
##
                  Test set error rate: 2.28%
## Confusion matrix:
       Α
           В
               С
                   D
                      E class.error
## A 1382
           5
               5
                   2
                       1 0.009318996
## B
      13 924 11
                   0
                       1 0.026343519
         19 825
                   8
                       1 0.035087719
           0 26 770 4 0.042288557
              0 7 891 0.011098779
rfMod.pca.subset.training.acc <- round(1-sum(rfMod.pca.subset$confusion[, 'cl
ass.error']),3)
paste0("Accuracy on training: ",rfMod.pca.subset.training.acc)
## [1] "Accuracy on training: 0.872"
rfMod.pca.subset.testing.acc <- round(1-sum(rfMod.pca.subset$test$confusion[,
'class.error']),3)
paste0("Accuracy on testing: ",rfMod.pca.subset.testing.acc)
## [1] "Accuracy on testing: 0.876"
```

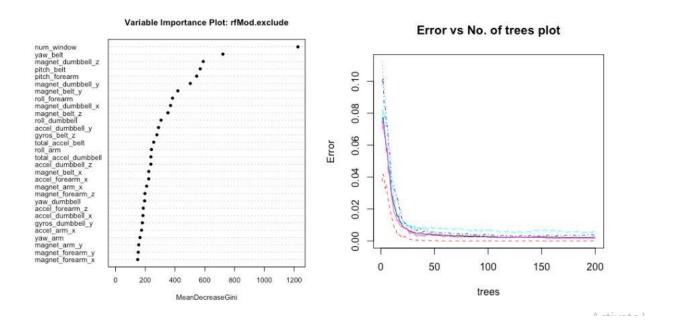
#### Conclusion

This concludes that nor PCA doesn t have a positive of the accuracy (or the process time for that matter) The rfMod.exclude perform s slightly better then the fMod.cleaned

Well stick with the rfMod.exclude model as the best model to use for predicting the test set. Because with an accuracy of 98.7% and an estimated OOB error rate of 0.23% this is the best model.

Before doing the final prediction we will examine the chosen model more in depth using some plots

```
par(mfrow=c(1,2))
varImpPlot(rfMod.exclude, cex=0.7, pch=16, main='Variable Importance Plot: rf
Mod.exclude')
plot(rfMod.exclude, , cex=0.7, main='Error vs No. of trees plot')
```



```
par(mfrow=c(1,1))
```

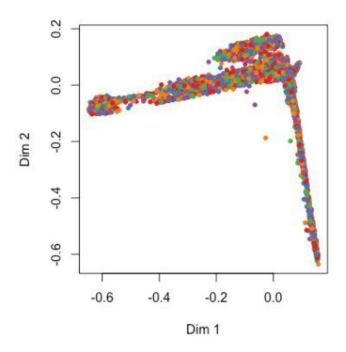
To really look in depth at the distances between predictions we can use MDSplot and cluster predictiosn and results

```
start <- proc.time()

library(RColorBrewer)

palette <- brewer.pal(length(classeLevels), "Set1")

rfMod.mds <- MDSplot(rfMod.exclude, as.factor(classeLevels), k=2, pch=20, pal ette=palette)</pre>
```

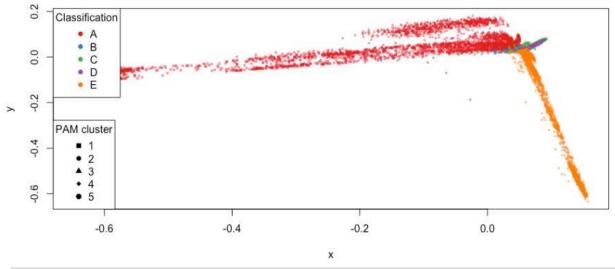


```
library(cluster)

rfMod.pam <- pam(1 - rfMod.exclude$proximity, k=length(classeLevels), diss=TR
UE)

plot(
    rfMod.mds$points[, 1],
    rfMod.mds$points[, 2],
    pch=rfMod.pam$clustering+14,
    col=alpha(palette[as.numeric(training.subSetTrain$classe)],0.5),
    bg=alpha(palette[as.numeric(training.subSetTrain$classe)],0.2),
    cex=0.5,
    xlab="x", ylab="y")

legend("bottomleft", legend=unique(rfMod.pam$clustering), pch=seq(15,14+length(classeLevels)), title = "PAM cluster")
    legend("topleft", legend=classeLevels, pch = 16, col=palette, title = "Classification")</pre>
```



```
proc.time() - start
## user system elapsed
## 4832.341 57.977 4936.684
```

### Test results

Although we ve chosen the rfMod.exclude it still nice to see what the other 3 models would predict on the final test set. Let look at predictions for all models on the final test set.

```
predictions <- t(cbind(</pre>
    exclude=as.data.frame(predict(rfMod.exclude, testing.cleaned[, -excludeCo
lumns]), optional=TRUE),
    cleaned=as.data.frame(predict(rfMod.cleaned, testing.cleaned), optional=T
RUE),
   pcaAll=as.data.frame(predict(rfMod.pca.all, testing.pca.all), optional=TR
UE),
    pcaExclude=as.data.frame(predict(rfMod.pca.subset, testing.pca.subset), o
ptional=TRUE)
) )
predictions
                      3
                                                   10
                                                       11
                                                           12
                                                               13
                                                                       15
                                                                   14
                                                                           16
17
            2.0
             "B" "A" "B" "A" "A" "E" "D" "B" "A" "B" "C" "B" "A" "E" "E"
## exclude
"A" "B" "B" "B"
              "B" "A" "B" "A" "A" "E" "D" "B" "A" "A" "B" "C" "B" "A" "E" "E"
## cleaned
"A" "B" "B" "B"
```

The predictions don t really change a lot with each model, but since we have most faith in the rfMod.exclude, we l keep that as final answer.