Phytotherapeutic Drugs used by the Tribes of Amarkantak District Anuppur, Central India

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Abstract: The present paper deals with 30 plants species which are conserved by the tribes of Amarkantak district Anuppur Madhya Pradesh. Due to destruction of habitat, biotic interference and indiscriminate exploitation of natural plants, many valuable plant species of this area are fast disappearing. Aboriginals conserve these species by faiths, taboos and religious aspects.

Keywords: Phytotherapeutic, Tribes, Amarkantak, Anuppur

1. Introduction

Amarkantak plateau is one of the important tourists place in district Anuppur, Madhya Pradesh. This district is located in the central part of India. It is lying between 23°15' to 24°N Latitude and 81°0' to 81°45'E longitude. The total area of 3701 Sq. Km extends 80 Km. from east to west and 70 Km. from North to South. Several tribalsas Gond, Kondar, Kol, Baiga, Bharia, etc. are maintaining their culture and traditions since these cultures are influenced by scientific and economic changes, it is therefore, essential to study and conserve them before they become extinct. Madhya Pradesh still has the aboriginal tribals living in the forest as well as in the remote villages inhabited by so called higher castes. Since they are distributed mostly in the areas previously occupied by thick forest, they have learnt to use these habitats better for their living. (Figure 1)

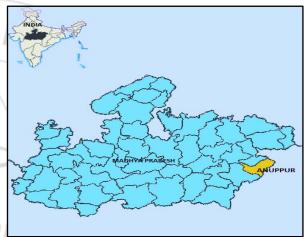
A survey of literature indicates that Dwivedi (2003), Jain (1963,1997), Khare (2001), Prajapati and Khare(2004), Saxena and Tripathi (1989,1990), Shah and Singh (1990) and Singh $\it et~al~(2004)$ has made important contribution in this field.

The tribals do not have any well defined conservation strategy of the kind we understand in modern terms. But they do conserve plants that are medicinally, economically, socially and culturally significant to them. Their mode of conservation depends on faith and tradition.

2. Materials and Methods

For the ethnobotanical study plant human interaction has to be observed carefully in the dynamic ecosystem in which they exist. The plants were collected by the investigator from the different study sites of Anuppur district during 2002-2003 by extensive field work . The queries were made as per plan suggested by Jain and Goel (1987) and the

preservation methods were followed as prescribed by Agrawal (1983) and Ahirwar (2011).



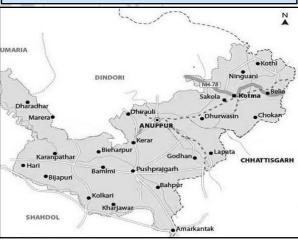


Figure 1: Location Map of Madhya Pradesh and study site District Anuppur

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Table 1: Phytotherapeuticdrugs used by the Tribes of Amarkantak, District Anuppur, Central India

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Combretaceae Comb	15.	Holarrhenaantidysenterica Wall.(Dudhi)	Apocynaceae	Bark	The bark is used for medicine.
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19. Mangiferaindica L.(Aam) Anacardiaceae Whole plant For wood, leaves and inflorences are offere Shiva' at Mahashivra 20. Ocimum sanctum L. (Tulsi) Lamiaceae Whole plant Sacred plant, worshiped good groom 21. Phoenix sylvestrisRoxb. (Khajri) Araceae Leaf, fruit The fruits are edible and used to make headgear 22. Emblicaofficinalis L.(Amla) Euphorbiaceae Whole plant Sacred plant, worshiped used to make headgear Sacred plant, bark in medicine. Sacred plant, bark in medicine. Terminalia bellerica (Gaertn.) Roxb.(Bahera) Combretaceae Fruits Roasted fruits are edible arused to medicine. Sacred plant, bark in medicine. The fruits are eaten with a medicine. Sacred plant, bark in medicine. The fruits are edible arused to make headgear Sacred plant, bark in medicine. The fruits are edible arused to make headgear Sacred plant, bark in medicine. The fruits are edible arused to make headgear Sacred plant, bark in medicine. The frui	18.	Madhucalongifolia (Koen.)Mac. Br.(Mahua) Sapotaceae	Whole plant	Sacred plant, flowers used for liquor, and the wood is considered auspicious.
21. Phoenix sylvestrisRoxb. (Khajri) 22. Emblicaofficinalis L.(Amla) 23. SterculiaurensRoxb.(Kullu) 24. SterculiavillosaRoxb.(Udar) 25. Syzygiumcuminii (L) Skeels.(Jamun) 26. Terminalia arjuna (Roxb.ex. DC.)Wt. &Arn. (Kahwa) 27. Terminalia bellerica (Gaertn.) Roxb.(Bahera) 28. Terminalia chebula Retz.(Harra) 29. Terminalia tomentosa Whole plant Whole plant Sacred plant, worsh 'AkshayaNavmi', fruit and used in med Sacred plant The plant is conserved wood and medicine. Combretaceae Whole plant Sacred plant, bark in medicine. Fruits The fruits are eaten with a medicine. Combretaceae Fruits Roasted fruits are eaten with a medicine. Combretaceae Fruits Sacred plant, dwelling Roasted fruits are eaten with a medicine. Combretaceae Fruits Roasted fruits are eaten with a medicine. Combretaceae Fruits Sacred plant, dwelling Roasted fruits are eaten with a medicine. Combretaceae Fruits Sacred plant, dwelling Roasted fruits are eaten with a medicine. Combretaceae Fruits Sacred plant, dwelling Roasted fruits are eaten with a medicine. Sacred plant, dwelling Roasted fruits are eaten with a medicine. Sacred plant, dwelling Roasted fruits are eaten with a medicine. Sacred plant, dwelling Roasted fruits are eaten with a medicine. Sacred plant, dwelling Roasted fruits are eaten with a medicine.	19.	Mangiferaindica L.(Aam)	Anacardiaceae	Whole plant	For wood, leaves and fruits . The inflorences are offered to 'Lord Shiva' at Mahashivratri festival.
22. Emblicaofficinalis L.(Amla) Euphorbiaceae Whole plant Sacred plant, worsh 'AkshayaNavmi', frui and used in med 23. SterculiaurensRoxb.(Kullu) Sterculiaceae Whole plant The plant is conserve wood and medicine 24. SterculiavillosaRoxb.(Udar) Sterculiaceae Root The root is taken as a Syzygiumcuminii (L) Skeels.(Jamun) Myrtaceae Fruits Fruits are edibted. 26. Terminalia arjuna (Roxb.ex. DC.)Wt. &Arn. (Kahwa) Combretaceae Whole plant Sacred plant, bark in medicine. 27. Terminalia bellerica (Gaertn.) Roxb.(Bahera) Combretaceae Fruits The fruits are eaten with a medicine. 28. Terminalia chebula Retz.(Harra) Combretaceae Fruits Roasted fruits are emedicine. 29. Terminalia tomentosa Combretaceae Whole plant Sacred plant, dwelling Wt. & Arm(Saja) Combretaceae Whole plant Sacred plant, dwelling Wt. & Arm(Saja)	20.	Ocimum sanctum L. (Tulsi)	Lamiaceae	Whole plant	Sacred plant, worshiped by girls for good groom.
22.Emblicaofficinalis L.(Amla)EuphorbiaceaeWhole plantSacred plant, worsh 'AkshayaNavmi', frui and used in med23.SterculiaurensRoxb.(Kullu)SterculiaceaeWhole plantThe plant is conserve wood and medicine24.SterculiavillosaRoxb.(Udar)SterculiaceaeRootThe root is taken as a25.Syzygiumcuminii (L) Skeels.(Jamun)MyrtaceaeFruitsFruits are edit26.Terminalia arjuna (Roxb.ex. DC.)Wt. &Arn. (Kahwa)CombretaceaeWhole plantSacred plant, bark i medicine.27.Terminalia bellerica (Gaertn.) Roxb.(Bahera)CombretaceaeFruitsThe fruits are eaten wit a medicine.28.Terminalia chebula Retz.(Harra)CombretaceaeFruitsRoasted fruits are e medicine.29.Terminalia tomentosa Wt. & Arm(Saja)CombretaceaeWhole plantSacred plant, dwelling with a combretaceae	21.	Phoenix sylvestrisRoxb. (Khajri)	1111e)	. 6	The fruits are edible and leaves are used to make headgear and brooms.
24. SterculiavillosaRoxb.(Udar) Sterculiaceae Root The root is taken as a 25. Syzygiumcuminii (L) Skeels.(Jamun) Myrtaceae Fruits Fruits are edib 26. Terminalia arjuna (Roxb.ex. DC.)Wt. &Arn. (Combretaceae Whole plant Sacred plant, bark i (Kahwa) 27. Terminalia bellerica (Gaertn.) Roxb.(Bahera) Combretaceae Fruits The fruits are eaten with a medicine. 28. Terminalia chebula Retz.(Harra) Combretaceae Fruits Roasted fruits are emedicine. 29. Terminalia tomentosa Combretaceae Whole plant Sacred plant, dwelling Wt.& Arm(Saja)	22.			Whole plant	Sacred plant, worshipped on 'AkshayaNavmi', fruits are eaten and used in medicine.
25. Syzygiumcuminii (L) Skeels.(Jamun) Myrtaceae Fruits Fruits are edit 26. Terminalia arjuna (Roxb.ex. DC.)Wt. &Arn. (Kahwa) Combretaceae Whole plant Sacred plant, bark in medicine. 27. Terminalia bellerica (Gaertn.) Roxb.(Bahera) Combretaceae Fruits The fruits are eaten with a medicine. 28. Terminalia chebula Retz.(Harra) Combretaceae Fruits Roasted fruits are emedicine. 29. Terminalia tomentosa Wt.& Arm(Saja) Combretaceae Whole plant Sacred plant, dwelling with a medicine.		, , ,		•	The plant is conserved for gum, wood and medicine use.
26. Terminalia arjuna (Roxb.ex. DC.)Wt. &Arn. (Kahwa) Combretaceae Whole plant medicine. Sacred plant, bark in medicine. 27. Terminalia bellerica (Gaertn.) Roxb.(Bahera) Combretaceae Fruits The fruits are eaten with a medicine. 28. Terminalia chebula Retz.(Harra) Combretaceae Fruits Roasted fruits are emedicine. 29. Terminalia tomentosa Wt. & Arm(Saja) Combretaceae Whole plant Sacred plant, dwelling with a medicine.					The root is taken as a medicine.
Combretaceae Fruits The fruits are eaten with a medicine.					Fruits are edible.
28. Terminalia chebula Retz.(Harra) Combretaceae Fruits Roasted fruits are e medicine. 29. Terminalia tomentosa Whole plant Wt.& Arm(Saja) Combretaceae Whole plant Sacred plant, dwellin 'Bara Dev'		(Kahwa)			
29. Terminalia tomentosa Combretaceae Whole plant Sacred plant , dwellir Wt.& Arm(Saja) 'Bara Dev'					a medicine.
Wt.& Arm(Saja) 'Bara Dev'					
30. Woodfordiafruiticosa (L.) Kurz.(Dhwai) Lythraceae Flowers Flowers used in m		Wt.& Arm(Saja)		•	Sacred plant , dwelling place of 'Bara Dev'.
, , , , , , , , , , , , , , , , , , , ,	30.	Woodfordiafruiticosa (L.) Kurz.(Dhwai)	Lythraceae	Flowers	Flowers used in medicine.

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3. Results and Discussion

During study period is reported with 30 plant species, which are conserved by the tribals of Anuppur district for obvious reasons. These tribals organise various occasions and worship plants time to propitiate their gods and goddess. These traditions encouraged us to know their beliefs and ethnobotanical importance behind it. The botanical name of plants are alphabetically arranged, followed by their local name. All the data obtained as a sequence of present study has been reported. (Table 1)

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