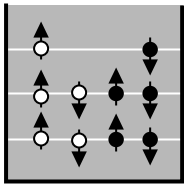


 Proton
  Neutron

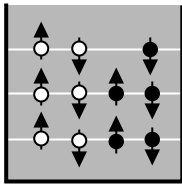
Energy ↑

Stable



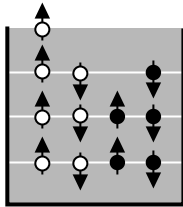
$^{10}_5B$

Stable



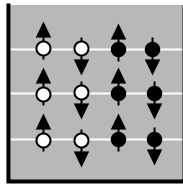
$^{11}_5B$

Unstable

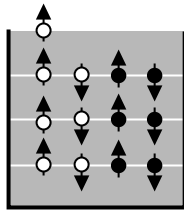


$(^{12}_5B)$

Stable



$^{12}_6C$



$^{13}_6C$