

# Password Guide

- `username` must
  - be at least 5 characters long
  - must start with a letter
  - can only contain alphanumeric characters
  - treat lower case and upper case the same
- `password` must
  - be at least 8 characters long
  - must contain at least one lower case letter
  - at least one upper case letter
  - at least one number
  - and at least one of these special characters `. , / ? * !`
- `verify_password` must match `password`
- `email`
  - must contain only one `@` character
  - can contain a `.` anywhere other than the first and last characters
  - cannot contain any other special characters
  - treat lower case and upper case the same