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6COSC019C.2 Cyber Security

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Scenario

A medium-sized medical clinic with 50 employees, including doctors, nurses, administrative staff, and IT personnel. The clinic offers a wide range of medical services, including general health check-ups, specialized treatments, and surgeries.

The clinic handles sensitive patient data, including medical histories, diagnoses, lab results, and financial information. Additionally, the clinic may also handle employee data, such as payroll and HR records. Due to the sensitive nature of the data, the clinic must comply with relevant healthcare regulations such as HIPAA.

The clinic has three types of users: patients, employees, and third-party vendors. Patients access the clinic's system to book appointments, view their medical records, and make payments. Employees access the system to manage patient data, schedule appointments, and communicate with colleagues. Third-party vendors, such as labs and insurance companies, may access the system to exchange information with the clinic.

A- Information Gathering

A.1 OSINT Activities

A.1.1 Examples

A.1.1.1 Recon-ng

Figure 1 Recon-ng done with OSINT activity.

Figure 2 Recon-ng done with OSINT activity IMG-2.



Figure 3 Recon-ng done with OSINT activity IMG-3.

A.1.1.2 The Harvester



Figure 4 OSINT investigated by Harvester IMG-1.



Figure 5 OSINT investigated by Harvester IMG-2.

A.1.1.3 Spider Foot



Figure 6 Spider foot was used to investigate OSINT.

A.1.2 Research and Evaluation

Open-Source Intelligence, or OSINT, is a vital weapon in penetration testers' toolbox. OSINT assists penetration testers in locating potential attack routes and vulnerabilities in a target organization's systems and infrastructure by acquiring publicly accessible information from a variety of sources, including social media, search engines, and governmental databases. Being non-invasive, or not requiring any direct contact with the target organization, is one of OSINT's main advantages. Because it can do so without letting the organization know about the testing, it serves as a useful first step in the penetration testing process.

Penetration testers can plan and carry out a more successful penetration testing strategy by using OSINT techniques to get a thorough grasp of the target organization's environment, including its technology stack, important individuals, and potential holes (sentinelone, 2023).

A.1.3 Scenario Assessment

The medical clinic's servers hold private information about patients and staff. These details comprise medical histories, diagnoses, test results, financial data, payroll information, and HR files. Due to its sensitivity, this material is a possible target for attackers, and serious consequences may result if they are successful in accessing it through data tampering.

Attackers may exploit this sensitive information to commit fraud, identity theft, or financial crimes if they are able to obtain it. Additionally, tampering with data might result in incorrect medical diagnosis and treatments, which lowers the standard of care patients receive. Compromises with employee data, such as those with payroll and HR records, can also result in problems including employee unhappiness, turnover, and legal concerns.

A.2 Reconnaissance

A.2.1 Testing Web Application

```
File Actions Edit View Help

(kali© kali)-[~]

5 nmap -sn cwscenario.site

Starting Nmap 7.93 ( https://nmap.org ) at 2023-05-07 17:38 EDT

Nmap scan report for cwscenario.site (217.160.0.219)

Host is up (0.52s latency).

Other addresses for cwscenario.site (not scanned): 2001:8d8:100f:f000::2b6

rDNS record for 217.160.0.219: 217-160-0-219.elastic-ssl.ui-r.com

Nmap done: 1 IP address (1 host up) scanned in 1.35 seconds
```

Figure 7 Checking if the host is available.

Figure 8 Checked the open TCP port of the relevant server.

Figure 9 The Host Operating system was identified along with their versions of open ports.

Figure 10 Checking of the firewall is enabled.

A.2.2 Scenario Assessment

An essential step in the web application testing process is reconnaissance and data collecting. Gathering data on the target system, including its IP address, network topology, web applications, operating systems, and other pertinent data, is a step in this procedure. In the future, it will be possible to take advantage of a company's web services using the information gathered throughout this process.

The medium-sized medical clinic in the scenario handles sensitive patient data, necessitating adherence to HIPAA requirements. A hacker with access to the clinic's web services could

take financial information, medical histories, diagnoses, and lab results in addition to other private data.

For example, if a hacker conducts reconnaissance on the clinic's online application, they can learn about the design, data flows, and data storage of the system. With the aid of this data, holes in the system's defenses that could be exploited to allow unauthorized access can be found. Once they gain access, they can steal confidential information, put ransomware or other malicious software on the system, or launch other assaults that might seriously harm the clinic's operations.

A.3 Port Scanning and Enumeration

A.3.1 Identified Ports

```
(kali© kali)-[/usr/share/nmap/scripts]
$ sudo nmap -s$ 192.168.56.102 -D*10.0.0.1,10.0.0.2,10.0.0.4
[sudo] password for kali:
Starting Nmap 7.92 ( https://nmap.org ) at 2023-05-07 17:27 EDT
Nmap scan report for 192.168.56.102
Host is up (0.00011s latency).
Not shown: 991 closed tcp ports (reset)
PORT STATE SERVICE
22/tcp open ssh
80/tcp open http
139/tcp open netbios-ssn
143/tcp open imap
443/tcp open imap
443/tcp open https
445/tcp open microsoft-ds
5001/tcp open commplex-link
8080/tcp open http-proxy
8081/tcp open blackice-icecap
MAC Address: 08:00:27:85:7A:51 (Oracle VirtualBox virtual NIC)
Nmap done: 1 IP address (1 host up) scanned in 0.31 seconds
```

Figure 11 Scanning and enumerating the open ports using the nmap

Figure 12 The remote access port is being scanned.

A.3.2 Research

An open port is an endpoint for network communication that enables data to flow to a product or service. For many network services, like email, web browsing, and file sharing, it is necessary. Threats like malware infestations, denial-of-service (DoS) assaults, and

unwanted access could all result from an exposed port. Attackers can use open ports to their advantage by looking for weak points, exploiting vulnerabilities to obtain access, and installing malware or ransomware to encrypt or steal data.

A.3.3 Scenario Assessment

The medical clinic's network has several open ports. Since these open ports present possible entry points for attackers to exploit, they pose a serious threat to the clinic's sensitive patient and employee data.

Open ports may put the clinic's network and systems at risk by allowing attackers unrestricted access. To access the clinic's internal network, for instance, an attacker could utilize an open port to get past the firewalls. As a result, the attacker might be able to steal or manipulate private data on clients and staff, including financial and medical records, medical histories, and lab results. Further compromising the security and integrity of the data is the possibility that an attacker may utilize the clinic's network's open ports to introduce malware or other harmful software.

Open ports may also expose the clinic's network and systems to assault by enabling attackers to conduct analysis on them. An attacker can learn about the applications and services running on the clinic's network by looking for open ports, which could help them find security holes and weaknesses they can exploit. For instance, if a hacker discovers an open port using an out-of-date, unpatched version of software, they may exploit this flaw to access the clinic's network and steal or modify data.

These open ports provide possible points of entry for attackers to access the clinic's network and systems without authorization, steal or alter data, and perform reconnaissance to find flaws and vulnerabilities to exploit.

B- Server-Side Exploits

B.1 Data tampering

B.1.1 Vulnerability

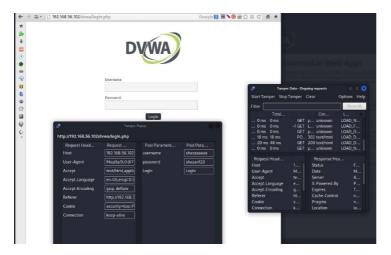


Figure 13 Credential Retrieval process



Figure 14 Data tampering made with known credentials.



Figure 15 Success Authenticated with tempered data.

B.1.2 Research

Data tampering refers to modifying or deleting resources without user authorization. Data tampering in online applications is the process by which a hacker or other suspicious person enters a website and modifies, deletes, or gains access to unapproved files. A hacker or malicious user can potentially interfere inadvertently by employing a script vulnerability,

which allows the script to run by disguising it as user input from a page or a web link. Data tempering started in the 1980's in way to sabotage data to delete data (Francis, 2014).

Data tampering is against the **integrity** principle of cyber security.

B.1.3 Scenario Assessment

Data tampering poses a severe risk to the servers at the medical clinic's security of the sensitive data kept there. Attackers could possibly access a massive amount of medical and staff data, which could have serious repercussions for people's security and privacy. Since correct medical information is essential for proper diagnosis, treatment, and overall healthcare outcomes, data integrity is crucial in the medical industry. Therefore, it is possible for sensitive data to be changed, removed, or added with serious consequences.

Data manipulation can have serious repercussions for the medical clinic, its clients, and its staff. Attackers can alter the data to their benefit, which can result in incorrect diagnosis and treatments, phony claims, and financial loss. Additionally, tampering with data can result in a breach of confidence between a clinic and its stakeholders, harming the clinic's reputation and influencing its commercial operations.

B.2 SQL injection

B.2.1 Vulnerability



Figure 16 SQL injection returning multiple data.

B.2.2 Research

An attacker can enter malicious SQL statements into input fields and carry out unauthorized operations on a database using a vulnerability known as SQL injection in online applications.

Data theft, modification, or deletion as well as system compromise can arise through this(VanMSFT, 2023).

The confidentiality, integrity, and availability principles are broken by SQL injection.

B.2.3 Scenario Assessment

An attacker who successfully conducts a SQL injection attack in the context of the medical clinic scenario may be able to get sensitive patient data, such as medical histories, diagnoses, lab results, and financial information. The attacker might also get access to employee data, including payroll and HR records.

It would be extremely risky for the medical clinic if such an assault succeeded since it might jeopardize critical data, which could result in patient distrust, legal action, and financial losses.

B.3 XSS Scripting

B.3.1 Vulnerability



Figure 17 PHPSESSID cookie as an alert showed

B.3.2 Research

The attacker uses web-applications to send malicious code which would deal with users' interaction with insecure application. During this threat the users will not be notification or cannot identify that it came from an untrusted source. In fact, the attacker will be able to access cookies, session tokens and any other sensitive information the browser collects (Rick-Anderson, 2023).

Confidentiality and **Integrity** are the cyber security principles that were broken in this attack.

B.3.3 Scenario Assessment

In the case of medical clinics, an attacker could introduce malicious scripts that steal user data, including session cookies or login credentials, by taking advantage of an XSS vulnerability in the clinic's servers.

Once an attacker has access to a user's session, they may be able to read or change any sensitive data that the clinic holds, including patient information, financial data, and other details. If the clinic doesn't follow healthcare rules like HIPAA, this could result in a breach of patient confidence, a loss of confidentiality, and even legal consequences.

Additionally, a hacker might utilize the clinic's server as a distribution point for malware or phishing scams to target unwary individuals, such as staff members or outside suppliers who access the server. This could result in future data and system compromises for the clinic, harm to the clinic's reputation, and financial losses.

B.4 OWASP

B.4.1 Other Vulnerabilities

B.4.1.1 Command Execution

Web applications frequently have security flaws called "command execution vulnerabilities" that let attackers run arbitrary server-side code. By validating input data, cleaning up user input, implementing secure coding techniques, segregating privileges, and keeping an eye out for unusual activities, these attacks can be avoided.



Figure 18 To obtain information with command execution

B.4.1.2 Buffer overflow vulnerability

When a computer attempts to write more data to a buffer in memory than the buffer can contain, a vulnerability called a buffer overflow takes place. Adjacent memory locations may be overwritten as a result, which an attacker may use to inject and run malicious code. Poor input validation or utilizing unsafe programming languages are two common causes of buffer overflow vulnerabilities.



B.4.2 Scenario Assessment

By executing arbitrary instructions on the server that hosts the web application, command execution vulnerabilities could provide an attacker access to sensitive information or total control of the system. An attacker may, for instance, upload a file containing malicious code for the server to execute with elevated privileges or insert malicious code into a form's input field. The attacker could then make use of this access to steal sensitive information such as patient data, financial information, or other data.

Attackers may also use buffer overflow flaws to gain control of the server or run malicious code. An attacker could provide an input that causes a server with a buffer overflow

vulnerability to overflow and overwrite nearby memory, allowing them to run whatever code they want. The attacker might then have complete control over the server, which they could use to steal confidential information or carry out assaults on other targets.

C- Client-side exploits

C.1 Man in the Middle Attack (MiTM)

C.1.1 Traffic Capture

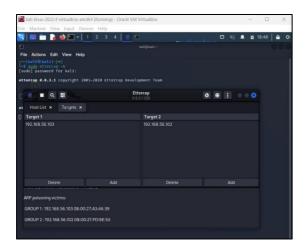


Figure 19 execution of Ettercap to listen.

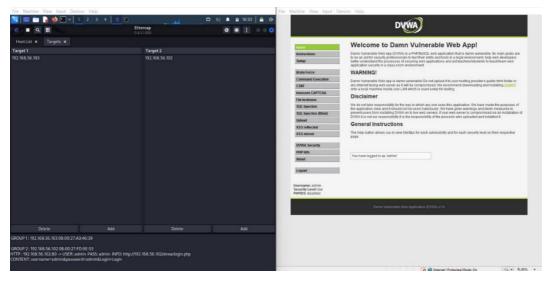


Figure 20 Data captured once the user logged with Ettercap.

C.1.2 Scenario Assessment

A man in the middle attack (MiTM) involves the attacker listening in on, changing, or injecting messages into a conversation between two parties. Sensitive information, including patient data, employee data, and financial information, may be compromised if a MiTM

attack is conducted on the clinic's client-side system. Attackers could get session cookies, login information, and other sensitive information that could be exploited to log into the system without authorization.

For instance, a hacker could obtain a worker's or a third-party vendor's login information, granting them access to private medical and financial information. Additionally, they might introduce malware or harmful code into the communication stream, which might be used to corrupt or alter data or even take over the system.

C.2 Social Engineering Attack

C.2.1 Attack Capture



Figure 21 Capturing credential of the users

C.2.2 Scenario Assessment

Attacks of this kind, known as social engineering, aim to manipulate people into disclosing private information or carrying out security-compromising behaviours. Attackers can use social engineering techniques to gather sensitive patient and personnel data in the context of the medical clinic scenario. Attackers may assume the identity of an IT administrator or a third-party vendor, for instance, and coerce staff members into revealing critical information like login passwords. Alternately, attackers can utilize social engineering strategies to get victims to divulge their financial or personal information.

Due to the potential for data breaches and the exposure of private patient and employee information, these assaults constitute a serious risk to the medical clinic. A data breach might cost the clinic money, but it can also harm the clinic's reputation.

D - Denial of Service attacks

D.1 DoS the web server

D.1.1 Attacker

```
(kali® kali)-[~]
$ sudo hping3 -S -- flood cwscenario.site
HPING cwscenario.site (eth1 217.160.0.219): S set, 40 headers + 0 data bytes
hping in flood mode, no replies will be shown
```

Figure 22 Command to flood

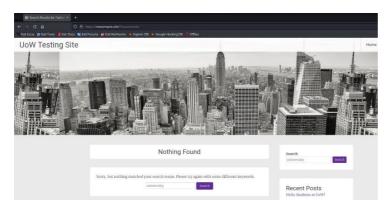


Figure 23 Before search query

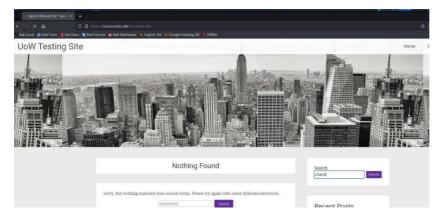


Figure 24 After search query

D.1.2 Cyber Security Tenet Violation

The Availability tenet of cyber security is broken by the web server's vulnerability to a Denial of Service (DoS) attack. Assuring timely, uninterrupted access to information and services for authorized users is referred to as availability. The goal of a DoS attack is to make the web server unavailable to legitimate users by flooding it with traffic. By interfering with business processes and resulting in losses, this kind of attack can seriously harm a corporation.

D.1.3 Scenario Assessment

Since the clinic's website and patient portal are utilized for patient communication, appointment scheduling, and access to medical records, the web server is a crucial part of how the clinic runs. These services could become unavailable because of a DoS attack on the web server, seriously disrupting clinic operations and having an adverse effect on patient care. Patients who are unable to access the clinic's services may seek care elsewhere, which could cause the clinic to lose money and harm its reputation. The clinic may also have to pay

costs related to mitigating the assault, such as paying security consultants, buying more technology, or putting money into stronger defences to thwart future attacks.

E- Recommendations to protect the scenario company server.

E.1 Reconnaissance phase

When testing a web application, there are a few things that can be done to reduce the risks to the results from the reconnaissance phase. First off, it is advised to restrict the information an attacker can gather during the reconnaissance phase. This can be achieved by clearing out extraneous data from sources that are accessible to the public, like websites and social media profiles. Adding firewalls, intrusion detection systems, and other security measures can also aid in spotting and blocking attacks. To stop vulnerabilities from being exploited, software and systems need to be updated and patched often. Finally, carrying out routine security audits and penetration tests can assist in locating and addressing any vulnerabilities in the web application (Lyon, 2009).

E.2 Port Knocking

Port knocking is a method for enhancing network security by permitting access to some ports that are typically locked down. Sending connection requests to a set of predetermined ports on a server causes it to open those ports to incoming traffic. The ports will be shut down after the process is finished. This makes it more difficult for attackers to access a system because they would need to be aware of the precise sequence to do so. By reducing the number of open ports available to attackers and making it more challenging to find and exploit vulnerabilities, port knocking can help defend against threats discovered during the reconnaissance phase(Jithin, 2017).

E.3 SQL Injection exploits

Implementing effective input validation and parameterized queries is crucial for safeguarding a database against SQL injection attacks. Input validation involves verifying that user inputs, such as form data, are in the desired format and fall within allowable bounds. Instead of having user input directly in the query, parameterized queries employ placeholders for user input that are later substituted with filtered values at runtime.

Access controls should also be put in place to limit access to sensitive information and processes. This entails setting up role-based access restrictions, setting user role-based permission boundaries, and making sure that only authenticated and permitted users can access the database. Regular security testing and audits can assist in finding weaknesses and guarantee the security of the database. Keeping software and systems up to date with the most recent security patches and defenses can also help stop known vulnerabilities from being exploited (VanMSFT, 2023).

E.4 Cross site scripting

Implementing input validation and output encoding techniques is crucial for defending a web application from Cross-Site Scripting (XSS) attacks. While output encoding makes sure that any user-supplied data is properly encoded to prevent it from being executed as script, input validation entails filtering user input to remove any dangerous scripts or characters. To prevent XSS attacks, web developers should also employ frameworks that include built-in security mechanisms, like Content Security Policy (CSP) and HTTP-only cookies. Regular security audits and penetration tests can also aid in locating and addressing any potential web application vulnerabilities (Wickramasinghe, 2023).

E.5 Security Analyst

To prevent or lessen the effects of Man in the Middle (MitM) attacks, security analysts can put in place several safeguards, including end-to-end encryption, digital certificates, and secure protocols like HTTPS, intrusion detection and prevention tools, network segmentation, vulnerability analyses, and user education and awareness training. These steps can lessen the harm caused by MitM attacks and aid in their detection or prevention.

E.6 Social Engineering Attack

Companies can take several actions to protect people from social engineering assaults. Employee education and awareness campaigns can be regularly held to inform staff members of the risks posed by social engineering attacks and how to protect themselves. Access controls, two-factor authentication, and strong password policies are some measures that businesses can take to restrict an attacker's access to information. Phishing emails and other dangerous content can also be stopped using email filters and anti-malware software. Security monitoring tools can also be used by businesses to track suspicious user activity and spot

potential security lapses. Finally, organizations should have an incident response strategy in place to react swiftly and successfully to any potential security incidents (Fruhlinger, 2022).

E.7 DoS Attack

Companies can use a range of defences against DoS assaults, including load balancing, rate limiting, and traffic filtering. To recognize and stop suspicious traffic, they can also employ intrusion detection and prevention systems. Assessments of vulnerabilities and testing on a regular basis can help to spot any gaps in their defences (James, 2022).

E.8 Intrusion Detection and Prevention System

E.8.1 Examples of firewall and iptables

```
root@owaspbwa:~# ufw status
Status: active

To Action From
-- -----
80/tcp ALLOW Anywhere
443/tcp ALLOW Anywhere
Apache Full DENY 192.168.56.0/24
root@owaspbwa:~#
```

E.8.2 Tools Evaluation

E.8.2.1 Firewall (UFW) and iptables

To prevent unwanted access, a firewall must be installed because of the clinic's sensitive data. For the circumstances of the clinic, ufw and iptables are both viable firewall choices. Administrators may quickly configure and administer firewall rules using the user-friendly interface for iptables known as ufw. The command-line tool iptables, on the other hand, offers more customization and control choices.

Both ufw and iptables are quite successful at defending against network assaults like DDoS, port scanning, and unwanted access attempts. They can also be set up to block traffic coming from IP addresses or ports.

Due to its user-friendly interface, which makes firewall configuration and management easier in the present case, ufw is the better choice. Because it's a medical clinic, the employees might not have a lot of technological expertise, and ufw makes management simpler without

sacrificing security. The clinic's advanced technical IT staff, on the other hand, might like using iptables for finer-grained control over the firewall. The clinic's unique needs and available resources will ultimately determine which of ufw and iptables to use.

E.8.3 Difference between Intrusion Detection System and Intrusion Prevention System

A network's potential dangers can be found and dealt with using intrusion detection systems (IDS) and intrusion prevention systems (IPS). The main distinction between the two is that while IPS actively blocks or removes communication that is considered risky, IDS passively scans network traffic for suspicious activities and notifies administrators.

IDSs can be either host-based or network-based systems. Network-based IDS (NIDS) tracks network traffic and evaluates it in comparison to a set of rules to find potential risks. Individual hosts have host-based IDS (HIDS) installed, which keeps track of activity on the host.

The goal of IPS, on the other hand, is to actively prevent attacks by throttling or discarding suspicious traffic. A network-based system (NIPS) or a host-based system (HIPS) can both be used as IPS. While HIPS is placed on individual hosts and can stop assaults on the host itself, NIPS monitors network traffic and stops harmful traffic before it reaches its intended target.

While both IDS and IPS are used to identify and stop network attacks, IDS monitors and notifies in a passive manner while IPS aggressively drops traffic. The organization's specific needs and available resources will determine which option is best.

E.8.4 Scenario Assessment

A firewall like ufw is recommended over iptables for a medium-sized medical clinic managing sensitive patient data, such as medical histories, diagnoses, lab results, and financial information. UFW offers a higher level of security against unauthorized access and malware threats and is simpler to set up and configure. Additionally, it enables the clinic to regulate incoming and outgoing network traffic by restricting access to IP addresses and ports. Overall, ufw provides a more straightforward and efficient solution for safeguarding patient and staff data while continuing to permit critical interaction with third-party providers.

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