

...STILL HAVE HAD A BETTER LIFE.
THERE ARE MANY OTHER THINGS WE CAN
DO TO LIVE HEALTHIER AND LONGER.
THE KEY POINT, HOWEVER, IS TO HAVE A PLAN FOR THE
WAY THEY WANT TO LIVE AND TAKE CARE OF
THEIR PHYSICAL AND EMOTIONAL HEALTH.

What you learned

...GY HAS INFLUENCED THE LIVES OF
IN THIS CENTURY. WORKING WITH
S AND MOBILE PHONES HAS CHANGED
HABITS AND LIFESTYLE. SOME PEOPLE
THEIR LAPTOPS AND ESPECIALLY THEIR
E PHONES EVERYWHERE FOR NO GOOD
REASON. SOME OF THEM HAVE NOT READ A BOOK
SOME MONTHS. SOME HAVE NOT VISITED
THEIR RELATIVES FOR A LONG TIME.

LESSON
TWO