

❖ Lesson 6: Health and Injuries



Conversation

❖ Listen to the conversation between two friends.

Reza: We plan to go to the lake. Do you want to come?

Ehsan: I don't think so. I don't like school trips. Last summer I fell and broke my leg.

Reza: It sometimes happens. I twisted my ankle last winter. I stayed home for two weeks!

Ehsan: That's too bad! I didn't know that.

Reza: Yeah..., but after that, I participated in Helal-e-Ahmar first aid classes. I learned how to take care of myself.

Ehsan: I like that. Can you give me some advice?

Reza: Sure!

