

...are small enough to carry in
...Videophones let you see the person you are
talking to on the phone. But some people do not
have such phones. Tiny hand-size computers know
your favorite subjects. The Internet is everywhere.

LESSON THREE

What you learned

To have a healthier lifestyle, people
need to do certain things. First they
should check their general health.
Measuring blood pressure and heartbeat
is the most important thing to do.
They also need to check their family
health history. In this way, they
can find out if anyone in the family
has a special illness.