





Sina and Behzad are old friends. They have not seen each other for about three months. Behzad has called Sina.

**Behzad**: Hi Sina. How is it going? I haven't seen you since Norooz. Hi Behzad. Thanks for calling. I am home most of the time. I Sina: do different things like surfing the net and playing computer games.

Behzad: How about your free time? Going out, jogging, playing football....?

Sina: Nope. I rarely go out and hang out with my friends.

Behzad: I see. Reza and I are going to Darband for climbing and walking this Thursday. We really like to see you. Will you

come with us?

What?! Oh, no, I haven't been there for a long time. I prefer Sina: to stay home and watch my movies on the weekend. I've bought lots of things to eat, too.

Behzad: Come on! Stop being a couch potato! I guess you haven't exercised for a long time. I think you are a bit fat now.