A. Change the following verbs into gerunds. Then complete the sentences.

write eat travel do

- 1) fast food makes you fat.
- 2) by train is cheap and safe.
- 3) English well is one of my goals.
- 4) regular exercise is useful for everyone.



In notices, you often see NO before –ing forms. It means that it is forbidden here. For example, NO FISHING means "Fishing is forbidden".





