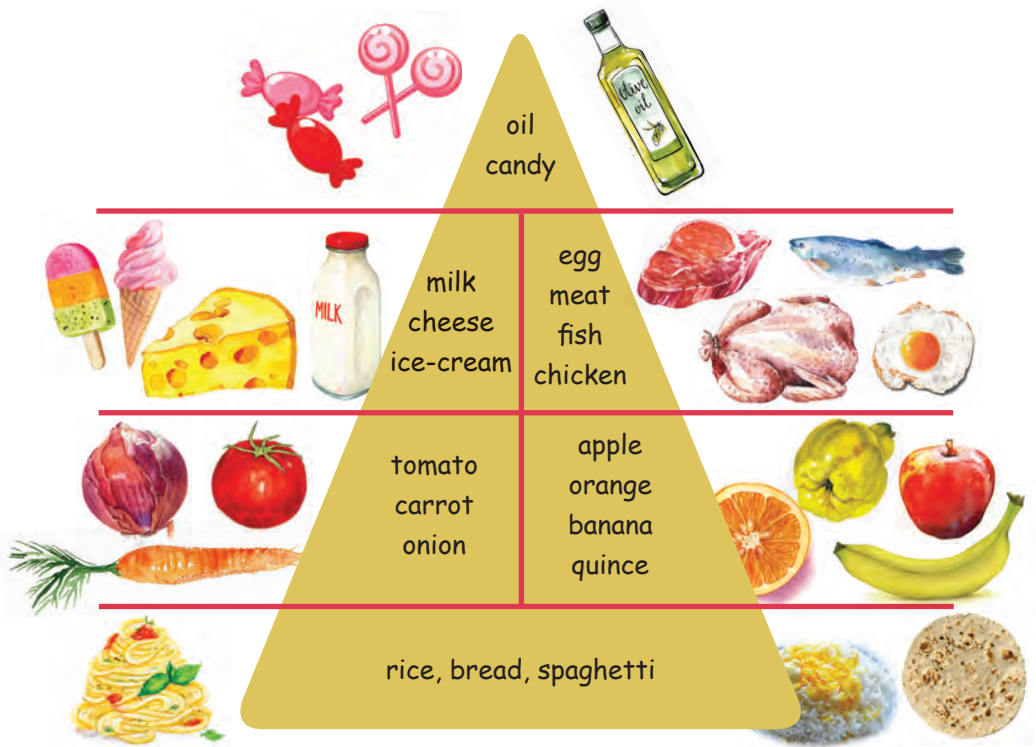


B. In the pyramid below circle the food you eat each day.



Do you think you have a healthy diet? How do you know that?

C. Read the following sentences and use adverbs of frequency (never, sometimes, often, usually, always) to show how often you do them.

1. I work on my computer.
2. I watch TV in the afternoon.
3. I go out and play with my friends.
4. I eat fast food.
5. I walk to school.

Compare your answers with your classmates'.