

Lesson 2: A Healthy Lifestyle (49-79)



Get Ready	Introduction to the Lesson		
Conversation	Talking about Lifestyle		
New Words & Expressions	Learning Vocabulary of Reading		
Reading	Having a Healthier and Longer Life	Reading Strategy (Skimming)	Reading Comprehension
Vocabulary Development	Prefixes and Suffixes		
Grammar	Present Perfect	See Also (Phrasal Verbs)	
Listening & Speaking	Talking about Past Experiences		
Pronunciation	(Emergencies) Phrasal Verbs		
Writing	Gerunds		
What You Learned	Reviewing Lesson 2		