

Get Ready

A. Look at the people in the pictures. Check (✓) if what they are doing is good for their health.



Now match the pictures with the words and sentences.

- a** worked **b** jog **c** hangs out **d** eating
e surfing **f** climbed

- Behzad likes junk food when he's watching TV.
- Reza is the net.
- I go out and every morning at 6.
- Mahdi with his friends on Fridays.
- They Mount Damavand last year.