# Dr.Vijay Kumar Sohanlal M.B.B.S, M.S ORTHOPAEDICS

* + - 1. **(Australia), F.A.R.S (Germany), F.A.A (Mumbai)**

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# Education:

* + - * + **Sri Ramachandra University**, Sri Ramachandra Medical College & Research Institute,(S.R.M.C.&R.I) Chennai,Tamilnadu,India. **Masters in Orthopaedic Surgery**, Post Graduation, April 2007.
        + **Mysore University**, Adichunchana Giri Institute Of Medical Sciences,(A.I.M.S) B.G Nagara,Karnataka,India.

**M.B.B.S**, Graduation, April 2002.

# Area of Special Interest:

* Computer Assisted and Conventional Total Knee Replacement
* Hip Replacement
* Knee Arthroscopic Surgery
* Complex Trauma
* Research in Arthroplasty and Arthroscopy Surgery

# Professional Experience:

**Current Appointment –**

* **Consultant Joint Replacement and Orthopaedic Surgeon - Fortis Malar Hospital, Chennai.**

I have two call days in a week and a sunday once in 3 weeks. I am running one theatre independently at Fortis Malar Hospital. I also operate cases for co - consultants in the Hospital.

# Fellowhip - Sports Surgery and Arthroplasty Fellow Director - Dr.Anthony Spriggins ,

**Dr.Roger Patterson,, SPORTSMED - SA**

**Adelaide, South Australia**

August 2010 to February 2011

* **Fellowship** - Adult Arthroplasty and Reconstructive

Surgery

# Fellow Director - Professor. Norbret Lindner

**St.Josef Bruderkrankenhaus Paderborn, Germany**

15th February 2010 – 31st March 2010

* **Fellowship** - Adult Knee and Hip Arthroplasty

# Fellow Director - Dr.Arun Mullaji

Breach Candy Hospital,Mumbai, India 1st Dec 2008 to 30th November 2009

# Assistant Professor - SRM Medical College And Research

**Centre**,

Potheri, Chennai, India 18th Jan to 3rd July 2008

* **Registrar** - **Parvathy Orthopaedics Hospital**, Chennai, India

5th September 2007 to 15th Jan 2008

* **Clinical and Surgical experience in Orthopaedic Surgery** at S.R.M.C.&R.I, Chennai, India

April 2004 to May 2007

* **Teaching experience** to medical undergraduates, physiotherapy students at S.R.M.C.&R.I, Chennai, India

April 2004 to May 2007

* **Junior Resident** Department of Orthopaedics, Department of Accident and Emergency, S.R.M.C.& R.I, Chennai, India May 2002 to March 2004
  + **Compulsory Rotatory Resident Internship** in various departments of medicine, 3 months at A.I.M.S and 9 months at Stanley Medical College,Chennai

Jan 2001 to April 2002

# Surgical Skills:

* Specialized in **TKR (Computer assisted – Navigation and Conventional Method)** and **Total Hip Replacements.**
* Specialized in **Birmingham Hip Resurfacing (BHR)** and **Unicondylar Knee** at St.Josef Bruderkrankenhaus, (Paderborn, Germany)
* Have done **nearly 1500 total knee replacements , 450 total hip replacements , 55 Revision hip and knee replacements** both individually performed and assisted to my fellowship directors.
* Specialized in **Knee Arthroscopy Surgery.**
* Specialized in Polytrauma and complex fractures.

# Examination:

* USMLE Step 1 – **PASS**
* IELTS Score - **7.5 CME and Conference:**

# CME:

* Computer Assisted Total Knee Arthroplasty March 2008 at SRM Medical College and Research Centre, Chennai.
* Ortho-Pathology CME Jan 2006 at S.R.M.C.&RI.
* Sri Ramachandra Continuing Orthopaedic Revision Education Programme, Nov 2005 at S.R.M.C.&R.I,
* Basic Trauma Course, Sep 2004, at S.R.M.C.&R.I
* Foot and Ankle injuries, July 2004, at S.R.M.C.&R.I

# Conference:

* Indo European Arthroscopy / Arthroplasty Foundation 4th Annual Conference, Chennai, Porur, at SRMC & RI, July 2011,
* Ranawat Orthopaedic Conference, Kolkata, India, January 2010,
* Tamilnadu Orthopaedic Association – 39th Annual State Conference March 2006, Chennai.
* Current Concepts in the treatment of Spinal Injuries, May 2004 at S.R.M.C.&R.I

# Cadaveric Workshops:

* Basic knee Arthroscopic Cadaveric workshop, Chennai, SRMC &RI, March 2012
* Shalby Hip Conclave, Ahemedabad, December 2011,

# International meet:

* "Never Stop Moving" by DePuy at Sydney, November 2010
* Australian Knee Society Conference, Adelaide, 0ctober 2010
* Australian Orthopaedic Association Conference, October 2010
* **“Never Stop Moving”** by DePuy at Kuala Lumpur, Malaysia, June, 2009

# Presentations:

* Biomechanics of ACL – September 2010, Sportsmed SA, Adelaide
* Radiofrequency Ablation of osteoid osteoma- Femur,

May 2006 in Madras Orthopaedic Meet at Madras Medical College, Chennai

* Pelvic Tumour – Osteochondroma – Management,

July 2006 in Madras Orthopaedic Meet at Government Royapettah Hospital, Chennai

* Tumour of Distal Femur – Osteosarcoma- Diagnosis and Management, Sep 2006 in Madras Orthopaedic Meet at Railway Hospital,Chennai.
* Ipsilateral Polytrauma Management,

Oct 2006 in Madras Orthopaedic Meet, at S.R.M.C. & R.I.

# Research: Current project –

* Analysis on Alignment in conventional versus computer-assisted total knee arthroplasty in obese patients - a retrospective matched- pair
* Analysis of intraoperative kinematics of total knee replacement and intraoperative limb alignment using various tibial trial insert thickness

- a prospective study

* Effect of preoperative Gabapentin in Total Knee Replacement

# Registration:

* Certified by **Medical Council of India**, and **Tamilnadu**

Registration no is 70250.

* Member of IMA, Indian Orthopaedic Association and Tamilnadu Orthopaedic Association

# References:

* **Dr.Roger Paterson**

Hip, Knee and Ankle Surgeon

Sportsmed - SA, Stepney, Adelaide, Australia phone no - 0061 414 993 930

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# Dr.Anthony Spriggins

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# Prof.Dr.med.Norbert Lindner,

HOD (Chefartz) Orthopadie und Orthopadische Chirurgie, Bruderkrankenhaus St.Josef Hospital, Paderborn,Germany, Phone No – 0049 5251 702 1201

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# Dr.Arun Mullaji,

Joint Replacement Surgeon,

Adult Knee and Hip Arthroplasty Fellowship Director, Breach Candy Hospital and Lillavati Hospital, Mumbai, India Phone no- 022 23856161,

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* + **Prof. P.V. Vijayaraghavan** Head of Dept of Orthopaedics, SRMC&RI, Chennai, India. Phone no- 044 24768403,

# Prof. Armugam,

Head of Arthroscopy Surgery, Dept of Orthopaedics, SRMC&RI, Chennai, India.

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