Veronica “Roni” Hamilton

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# Education

**M.S.** Thomas Jefferson University, Community and Trauma Counseling May 2020

*Chi Sigma Iota International Counseling Honors Society*

**B.A.** La Salle University, Psychology May 2017

*General University Honors*

# Professional Experience

**Emotional Support Intern,** *The Crefeld School* Aug 2019-Jun 2020

Provided school based emotional support to a diverse population of students ages 12 to 18 students including various cultures, socioeconomic statuses, gender identities, sexual orientations, emotional needs and cognitive challenges. Responsible for collaborating with out patient therapists and implementing appropriate clinical intervention to address barriers to each student’s education. During COVID19 co-facilitated a virtual young women’s empowerment group where conversations were held addressing women’s issues including relationships, employment and education.

**Clinical Intern***, Children’s Crisis Treatment Center-Therapeutic Nursery*Oct 2018- Jun 2019

Provided individual and group therapeutic intervention to children ages 2.5-5 years in a partial hospitalization program. Developed weekly therapeutic groups based on the PATHS psychosocial-emotional curriculum.

**Youth and Family Counselor PRN Shift Supervisor**, *Warwick House* Feb 2019- June 2019

Supervised shifts as a YFC coordinator; provided structure for the shift, assisted staff in crisis situations, communicated crucial information to the therapeutic treatment, participated in family therapy sessions and treatment team meetings.

**Youth and Family Counselor,** *MCC Warwick House*  Dec 2017-June 2019

Provided direct mental health care for clients ages 5 to 14 with a variety of diagnoses. Established a therapeutic milieu for clients by running social groups while implementing treatment plans developed by each child’s therapist. During crisis situations utilized de-escalation techniques, and if necessary administered Emergency Safety Interventions. Responsible for the development and execution of a “self care” group for self injurious residents to provide psychoeducation around emotion regulation and coping skills.

# Professional Training

**Psychological First Aid Certification** April 2020

Name of Institution: Thomas Jefferson University

**Telehealth**, Joni Gilbertson, MA, NCC, LCPC, BC-TMH

Name of Institution: PESI April 2020

Description: Completed a two-day training on telehealth for mental health professionals

**NARCAN**

Name of Institution: Thomas Jefferson University, January 2020

**QPR Certification, Dr. Nicole Johnson,** Ph.D., LPC, CAADC, CCDP-D

Name of Institution: Thomas Jefferson University September 2018

Description: The acronym QPR stands for: Question, Persuade, Refer. The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training

# Community Service

**LGBTQ+ Community,** Founder, web based peer support group June 2020- present

During COVID19, created and organized a virtual international LGBTQ+ peer support group. The group consisted of an ongoing discussion where relationships were formed with other individuals in the queer community. To supplement dialogue, weekly video chat meetings were held to discuss important topics such as media representation, LGBTQ+ history, inclusivity within the community, and challenges with identity.

**Crisis Text Line,** Crisis Counselor, crisistextline.org October 2019- present

Provide text assistance to individuals in crisis for a minimum of 4 hours a week through an online platform. Utilize ladder-up risk assessing to determine the texters level of risk while building rapport through using good contact techniques and high empathy. Crisis Counselors help texters navigate very intense emotions, including but not limited to suicidality, urges to self harm, and abuse.

**Seasons IRTF** Sep 2019- Mar 2020

Emotional Support Intern

Co-facilitated weekly music therapy groups for adults with schizophrenia. Also helped to host various social events to encourage positive social interactions between residents and family members.

**Epsilon Sigma Alpha Service Fraternity: La Salle University** Apr 2014- May 2017

Volunteered With Cradles To Crayons in Philadelphia PA to help provide school supplies to under privileged youth. Organized several fundraisers for St. Jude’s Children’s Hospital. Participated in and collected donations for the American Cancer Society through the Relay for Life organization. Elected member Of The Executive Board for two years; social chair September 2015- May 2017.

**Growing Smiles Foundation** Jul 2016

Volunteered my skills as a trained pediatric dental assistant on a 5-day dental mission trip to an impoverished suburb of Lima, Peru to assist with necessary dental treatment to approximately 200 elementary school students and their families

# References

**Courtney Parker** MA, MMT, LPC, School Counselor

The Crefeld School

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**Katherine Sperandio** Ph.D., LPC, Assistant Professor

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