

GROUP PROJECT OF  
ICS – 301

# HEALTH CARE REMINDER

REMINDER INDICATING THE RIGHT TIME  
FOR WATER CONSUMPTION

# GROUP MEMBERS

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# PROJECT DESCRIPTION

Project is all about telling the importance of WATER in our daily life, In this advance era we are occupied fully with the machineries and many other works that we forget to give time to our personal health , as water is one of the fundamental element and resource and requirement of our body the project is all about reminding the best time for drinking WATER.

## HOW IT WORKS :

*Ans : First, it checks the time according to the given condition ,then after every thirty minutes it reminds you to drink water ,then after some time it reminds you to take some rest.*