Beyond Random Walks: Revealing the Fractal Memory of Financial Markets with Hurst Analysis

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Abstract

This paper presents a study on long-term memory processes in financial time series using Hurst estimation methods, specifically the traditional R/S statistic (Rescaled Range analysis) and the modified R/S statistic (M-R/S). The R/S statistic and the modified R/S statistic are computed to determine the presence of long-term memory in the time series data. The inferential outcomes remain inconclusive, as the computation of a solitary static Hurst exponent across the entire time series lacks sufficient robustness and can be influenced by the length of the series, the presence of trends, or structural breaks. To address these issues, we employed the Multifractal Detrended Fluctuation Analysis (MF-DFA) to investigate the local behavior of the series and characterize its multifractal spectrum. The multifractal spectrum reveals that the series might exhibit multifractal properties. To take advantage of this, we propose a trading strategy based on the Hurst exponent ,the multifractal spectrum and a proposed inefficiency index that combines the multifractality and the Hurst exponent. We look into pairs with different patterns or behaviors that changes when you view data at different sizes or over different time periods behavior (S&P 500 and Russell 2000). The inefficiency index is used as a filter to determine the significance of our trading signal. The strategy (ModifOverlap120) outperforms the long-only S&P 500 portfolio, the long-only Russell 2000 portfolio and 50/50 portfolio (our benchmark). Moreover, the strategies that used the inefficiency index as a filter outperform the strategies that do not use it.

1 Introduction

The Hurst exponent is a crucial tool for analyzing long-term memory and self-similarity in stochastic processes. Originally introduced by Harold Hurst in the 1950s for studying river flows, this measure has since been widely adopted in various fields such as physics, environmental science and finance. In financial markets, the Hurst exponent serves as an indicator to determine whether a time series exhibits long-range dependence (a value greater than 0.5) or mean-reverting behavior (a value less than 0.5), a value equals to 0.5 indicates that the series follows a pure random walk, characteristic of standard Brownian motion.

The most common method for estimating the Hurst exponent is through Rescaled Range (R/S) analysis, introduced by Hurst and later refined by Mandelbrot. However, the traditional R/S statistic has its limitations, particularly its sensitivity to short-term memory effects, which can obscure the detection of long-term memory. To mitigate these issues, Lo (1991) proposed a modified version of the R/S statistic (M-R/S) that better accounts for short-term autocorrelation.

In this study, we apply both the R/S method and the M-R/S to estimate the Hurst exponent on financial time series and we complement our analysis with Multifractal Detrended Fluctuation Analysis (MF-DFA), which examines the local behavior of the series and characterizes its multifractal spectrum.

The Fractional Brownian motion (fBm) is often used as a benchmark model for processes with memory, as it embodies the scaling properties and persistence typically observed in long-memory data. While fBm provides a theoretical framework for understanding these phenomena, our study focuses on practical estimation methods.

2 Fractional Brownian Motion

Fractional Brownian motion (fBm) is a generalization of standard Brownian motion that introduces dependence in increments, making it suitable for modeling processes with memory effects. It is a continuous-time Gaussian process $X_H(t)$ where $H \in [0,1]$ corresponds to the Hurst exponent with the following properties:

— The process exhibits self-similarity, meaning that for any scaling factor c, $c \in \mathbb{R}^+$, the rescaled process satisfies:

$$X_H(ct) \overset{d}{=} c^H X_H(t). \tag{1}$$

where the symbol $\overset{d}{=}$ denotes equality in distribution, meaning that the statistical properties of $X_H(ct)$ and $c^H X_H(t)$ are identical.

— The increments $X_H(t) - X_H(s)$ follow a normal distribution with mean zero and variance σ^2:

$$\mathbb{E}\left[(X_H(t) - X_H(s))^2\right] = \sigma^2 |t - s|^{2H}, \tag{2}$$

where H is the Hurst exponent.

— When $H = 0.5$, fBm reduces to classical Brownian motion.

— For $H > 0.5$, the process exhibits long-term positive autocorrelation, meaning that an increase in the past tends to be followed by further increases.

— For $H < 0.5$, the process has anti-persistent behavior, where an increase in the past is more likely to be followed by a decrease.

The covariance function of fBm is given by (see Section 7.1 for demonstration):

$$C_H(t, s) = \frac{\sigma^2}{2} \left(t^{2H} + s^{2H} - |t - s|^{2H} \right),$$ (3)

which accounts for the dependence structure of the process. The Hurst exponent H plays a critical role in determining the smoothness and correlation properties of fBm:

— **For small H values** ($H < 0.5$), the process is highly erratic, with rapid changes and weak memory effects.

— **For large H values** ($H > 0.5$), the trajectory becomes smoother, and the process exhibits long-range dependence.

2.1 Simulation of Fractional Brownian Motion

In this simulation, we aim to generate fractional Brownian motion (fBm) to better understand how the autocorrelation decays as a function of the Hurst exponent H. By simulating paths for different values of H, we can observe how the memory and persistence properties of the process vary. To generate the fractional Brownian motion (fBm), we use a Cholesky decomposition-based approach. The covariance matrix of fBm is given by (3):

where H is the Hurst exponent, which determines the degree of long-term dependence in the process.

The steps of the simulation are as follows:

1. Define a time grid of N points between 0 and T.

2. Compute the covariance matrix using (3).

3. Apply Cholesky decomposition to obtain a lower triangular matrix L.

4. Generate a vector W of standard normal random variables.

5. Obtain the fBm path by computing $X = LW$.

The params used for this simulation are N = 1000 number of points, T = 1, Hurst exponents $H = 0.2, 0.3, 0.5, 0.6, 0.8$, the number of lag for the autocorrelation is 40.
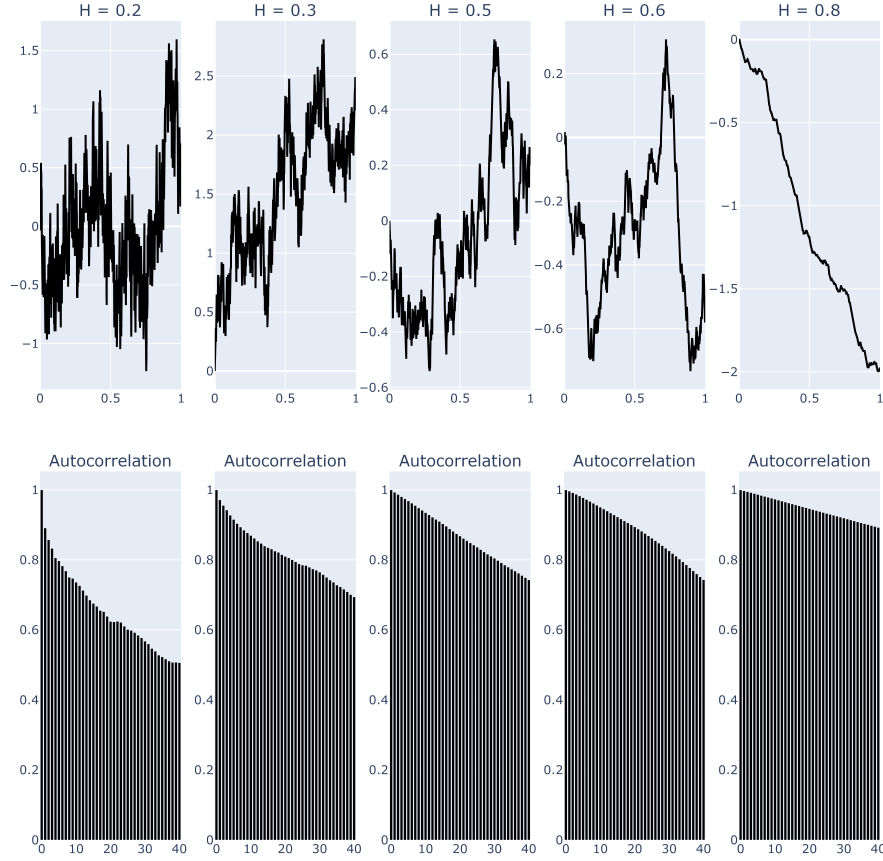
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Figure 1 – Simulation of fractional Brownian motion with different Hurst exponent and its autocorrelation function.

The behavior of the fractional Brownian motion varies significantly with the Hurst exponent H.

When H is small (close to 0), the fBm exhibits high local variability, resulting in a highly granular trajectory with frequent fluctuations. The autocorrelation of increments decays rapidly, indicating that future values are weakly influenced by past values. This suggests a short-memory process, similar to standard Brownian motion.

As H increases, the autocorrelation decays more slowly, meaning that past values have a more significant impact on future values. This introduces a form of long-term dependence, where the process exhibits persistent trends. Consequently, the fBm trajectory appears smoother, with larger coherent movements and fewer abrupt changes.

In summary, a lower H leads to a more irregular and noisy path, characteristic of short-memory processes, while a higher H results in a smoother trajectory with stronger persistence.

2.2   R/S and Modified R/S Analysis

The R/S (Rescaled Range) analysis, introduced by Hurst and developed in various works by Mandelbrot, is certainly the most well-known method for estimating the Hurst exponent H. This

statistic is defined as the range of the partial sums of deviations from the mean of a time series divided by its standard deviation. Consider a time series Y_t, $t = 1, \ldots, T$, with mean $\bar{Y}$. The range R is defined as:

$$R = \max_{1 \leq j \leq T} \left(Y_j - \bar{Y} \right) - \min_{1 \leq j \leq T} \left(Y_j - \bar{Y} \right). \tag{4}$$

The R/S statistic is then computed by dividing the range by the standard deviation s_T of the series:

$$Q_T = \frac{R}{s_T} = \frac{\max_{1 \leq j \leq T} \left(Y_j - \bar{Y} \right) - \min_{1 \leq j \leq T} \left(Y_j - \bar{Y} \right)}{s_T}, \quad \text{with } s_T = \sqrt{\frac{1}{T} \sum_{j=1}^{T} \left(Y_j - \bar{Y} \right)^2}. \tag{5}$$

Empirical studies by Mandelbrot and Wallis (1969b) have shown that Q_T scales with the number of observations T according to

$$Q_T \sim T^H, \tag{6}$$

which implies that by taking logarithms, the Hurst exponent H can be obtained from

$$H \sim \frac{\log(Q_T)}{\log(T)}. \tag{7}$$

2.3 Modified R/S Analysis

The modified R/S statistic, denoted by $\tilde{Q}_T$, is defined as:

$$\tilde{Q}_T = \frac{R}{\hat{\sigma}_T(q)}, \tag{8}$$

where

$$\hat{\sigma}_T(q) = \sqrt{\frac{1}{T} \sum_{j=1}^{T} (Y_j - \bar{Y})^2 + \frac{2}{T} \sum_{j=1}^{T} w_j(q) \left[\sum_{i=j+1}^{T} (Y_i - \bar{Y})(Y_{i-j} - \bar{Y}) \right]}, \tag{9}$$

and

$$w_j(q) = 1 - \frac{j}{q+1}. \tag{10}$$

This statistic differs from the traditional R/S statistic only by its denominator. In the presence of autocorrelation, the denominator does not solely represent the sum of the variances of the individual terms, but also includes autocovariances weighted according to lags q, with the weights $w_j(q)$ suggested by Newey and West (1987). Moreover, Andrews (1991) proposed a rule for choosing q:

$$q = [k_T] \quad \text{where} \quad k_T = \left(\frac{3T}{2} \right)^{\frac{1}{3}} \left(\frac{2\rho_1}{1 - \rho_1^2} \right)^{\frac{2}{3}}, \tag{11}$$

where $[k_T]$ is the integer part of k_T, and ρ_1 is the first-order autocorrelation coefficient.

Unlike the classical R/S analysis, the limiting distribution of the modified R/S statistic is known. The statistic V, defined by

$$V = \frac{\tilde{Q}_T}{\sqrt{T}}, \tag{12}$$

converges to the range of a Brownian bridge over the unit interval. This convergence allows one to perform a statistical test for the null hypothesis of short memory against the alternative hypothesis of long memory by referring to the critical value table provided by Lo (1991), shown in Table 3. Therefore, accepting the null hypothesis implies that the series lacks the slow-decaying dependencies characteristic of long memory processes.

2.4 Data

The data used in this analysis is monthly and consists of the historical closing prices of five major stock market indices: the S&P 500, Russell 2000, FTSE 100, Nikkei 225, and the DAX. The data spans the period from September 10th, 1987, to February 28th, 2025.

For each index, the closing price time series was transformed using the natural logarithm to obtain a series of log returns. Additionally, a stationarity test was conducted on the log return series using the Augmented Dickey-Fuller (ADF) test. The results indicated that all series were non-stationary, suggesting the presence of unit roots. To address this, the log returns were differenced once, after which they exhibited stationarity (test are available in Table 4).

These differentiated log returns were then used to calculate the R/S and modified R/S statistics and estimate the Hurst exponent. The purpose of using this data is to evaluate the long-term memory properties of financial markets, which can indicate persistence or mean-reversion in market behavior.

2.5 Results

The following table summarizes the results of the R/S statistic, modified R/S statistic, and the estimated Hurst exponents for each of the five indices analyzed:

Ticker	R/S	Hurst Exponent	Modified Hurst Exponent	Critical Value	Long Memory
S&P 500	30.166	0.558	0.501	1.007	False
Russell 2000	51.373	0.645	0.588	1.714	True
FTSE 100	40.236	0.605	0.548	1.341	False
Nikkei 225	22.234	0.508	0.508	1.048	False
DAX	26.985	0.540	0.540	1.278	False

Table 1 – Results for R/S, Hurst exponent, modified Hurst exponent, critical value at 10%, and rejection of the null hypothesis of long memory from 1987-09-10 to 2025-02-28. The Hurst exponent can be equal for the R/S and modified R/S methods in the case where the autocorrelation coefficients are less than zero, in this case we set q equal to 0 and therefore the R/S and modified R/S share the same formula.

Based on the results obtained from applying the traditional R/S method, all the series appear to exhibit long-term memory, as the Hurst exponents are consistently greater than 0.5. However, the unknown asymptotic distribution of the traditional R/S statistic prevents us from determining whether these Hurst values are statistically significant. To address this, we use the modified R/S method, comparing the statistic V to the critical values provided by Lo (1991) (1.620 at the 10% level and 1.747 at the 5% level in a one-tailed test). Our analysis shows that only one series the returns of the Russell 2000 small and mid cap (US) exhibits statistically significant persistence, for the other series, despite Hurst exponents greater than 0.5, the null hypothesis of short memory cannot be rejected.

Since it seems unrealistic to characterize series with only one static Hurst exponent as the series might be influenced by local trends, periods estimations, frequencies and to gain deeper insight into the local scaling dynamics of these series, we now turn to Multifractal Detrended Fluctuation Analysis (MF-DFA). Specifically, MF-DFA allows us to investigate the variety of local behaviors present in the time series by characterizing its multifractal spectrum. This spectrum reveals how "rough" or "smooth" different segments of the series are and indicates the prevalence of each level of

irregularity. By examining the multifractal spectrum, we can determine whether the data exhibits a wide range of scaling behaviors, indicative of multifractality, or if it behaves more uniformly. This transition to MF-DFA thus provides a complementary perspective that deepens our understanding of the complex, scale-dependent dynamics governing the indices and how it relates to the dynamisms of the Hurst exponent.

3 Multifractal Detrended Fluctuation Analysis

The Multifractal Detrended Fluctuation Analysis (MF-DFA) is a generalization of the standard Detrended Fluctuation Analysis approach designed to detect multifractality in time series (Kantelhardt et al., 2002). The procedure can be summarized in five steps, as described below:

1. **Profile construction.** Given a series $\{x_k\}_{k=1}^N$, we first compute its mean $\bar{x}$. Then, we build the profile

$$Z(i) \;=\; \sum_{k=1}^{i} (x_k \;-\; \bar{x}), \quad i \;=\; 1, 2, \ldots, N, \tag{13}$$

   where we use $Z(i)$ instead of $Y(i)$ to avoid confusion with previous definitions. This cumulative sum helps capture the local fluctuations in the data.

2. **Division into segments.** We split the profile $Z(i)$ into $N_s \equiv \lfloor N/s \rfloor$ non-overlapping segments, each of length s. Since N may not be a multiple of s, we repeat this procedure starting from the opposite end, yielding a total of $2N_s$ segments.

3. **Detrending.** For each of the $2N_s$ segments, we fit a polynomial trend (often linear or quadratic) and subtract it from $Z(i)$ in that segment. Let $z_\nu(i)$ be the fitting polynomial in segment ν. We then define the local variance as

$$F^2(s,\nu) \;=\; \frac{1}{s} \sum_{i=1}^{s} \Big[Z\big((\nu-1)s+i\big) \;-\; z_\nu(i) \Big]^2. \tag{14}$$

   This detrending step removes possible polynomial trends in the data.

4. **Generalized fluctuation function.** For each scale s, we compute the qth-order fluctuation function,

$$F_q(s) \;=\; \left\{ \frac{1}{2N_s} \sum_{\nu=1}^{2N_s} \Big[F^2(s,\nu) \Big]^{q/2} \right\}^{1/q}. \tag{15}$$

   Varying q allows us to emphasize large ($q > 0$) or small ($q < 0$) fluctuations.

5. **Scaling behavior.** Finally, on double-logarithmic axes, we examine the dependence of $F_q(s)$ on s. If

$$F_q(s) \;\sim\; s^{h(q)}, \tag{16}$$

   then $h(q)$ is called the generalized Hurst exponent. In a multifractal series, $h(q)$ varies with q, indicating different scaling behaviors for large versus small fluctuations.

For monofractal series, $h(q)$ is approximately constant for all q. In contrast, for multifractal series, $h(q)$ strongly depends on q, revealing heterogeneity in the scaling of fluctuations. For a graphical representation of the steps used in the MF-DFA, refer to Figure 8.

3.1 Generalized Hurst Exponent

The S&P 500 and Russell 2000 are ideal candidates for multifractal analysis. The modified R/S statistic (M-R/S) for the S&P 500 is approximately 0.501 very close to 0.5 which suggests that its dynamics are consistent with efficient market behavior. In contrast, the Russell 2000 has a modified Hurst exponent of approximately 0.588, indicating significant long-range dependencies and a less efficient market. Moreover, it is interesting to observe that, in our graphical analysis refer to Figure 9 , there are periods when the S&P 500 displays bullish trends while the Russell 2000 remains relatively flat for no apparent reason.

These discrepancies between the two series highlight their distinct scaling properties and market efficiencies. Our aim with the multifractal analysis is to capture and quantify these differences in local scaling behavior. By analyzing the multifractal spectrum of each index, we hope to match these structural discrepancies, thereby providing deeper insights into the dynamics of each market. By analyzing both the S&P 500 and Russell 2000, we gain insight into how differences in efficiency and persistence affect their multifractal characteristics, thereby allowing us to exploit these structural differences in our trading strategy. For this analysis, we will use the daily returns of the Russell 2000 index, S&P 500 index from 1987 to 2025 (about 10 000 data points)
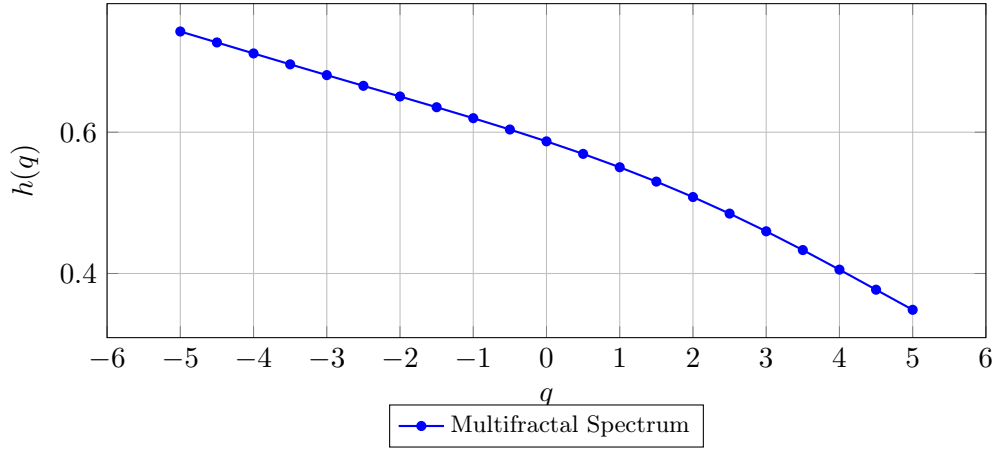

Figure 2 – Multifractal Spectrum $h(q)$ for the Russell 2000 returns. Values of q are equally spaced between -5 and 5. The scale used are logly spaced between 10 and 500.

If we take a closer look at the results from MF-DFA, we observe that the generalized Hurst exponent, $h(q)$, varies as a function of q. The decrease sloping is a sign that the serie might exhibit multifractal behavior. In a monofractal process, h(q) remains constant, reflecting uniform scaling. Variation of h(q) with q indicates that small and large fluctuations scale differently. The curvature of the line indicates the presence of heterogeneity in the distribution of singularities, with different regions of the series characterized by varying degrees of irregularity. Lower values of q emphasize small fluctuations, while higher values highlight high fluctuations. Therefore, this spectrum showcases that during periods of small fluctuations the series is likely to exhibit long-term memory as the Hurst exponent is greater than 0.5, whether for drastic changes in the series behavior the Hurst exponent is likely not to be high. This result is consistent with our simulation of the fractional Brownian motion, where we can see that the series exhibits smooth and regular behavior (calm fluctuations) for high Hurst exponent and sharply irregular behavior (high fluctuations) for low Hurst exponent.
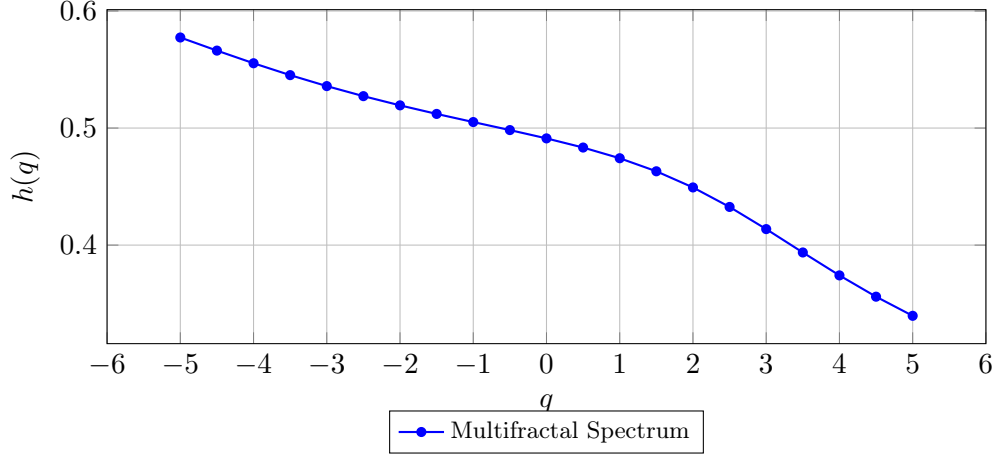
Figure 3 – Multifractal Spectrum $h(q)$ for the S&P 500 returns. Values of q are equally spaced between -5 and 5. The scale used are logly spaced between 10 and 500.

The multifractal spectrum for the S&P 500 returns exhibits a similar behavior to that of the Russell 2000 returns, except that it is less pronounced. At q = -5, the series exhibits a Hurst exponent of 0.58 compared to 0.67 for the Russell 2000, those series seems to slightly differs in their behavior. This difference, albeit modest, may hint at distinct market microstructure characteristics between the two indices. For instance, the S&P 500, with its larger and more liquid companies, might experience a smoothing effect on return dynamics that could reduce the observable multifractality. In contrast, the Russell 2000, representing smaller-cap stocks, may be subject to greater fluctuations and market inefficiencies, which could amplify multifractal behavior. However, these interpretations remain speculative given the sensitivity of the multifractal analysis to the chosen parameters and evaluation period. Overall, our findings provide an interesting perspective on market behavior, suggesting that although both indices share similar multifractal characteristics, subtle variations exist that could reflect underlying market differences. Nonetheless, further analysis incorporating alternative methods and longer timeframes is required to robustly confirm these preliminary observations and to better understand the statistical significance of the multifractal effects observed.

From the MF-DFA analysis, we can also compute the Hölder exponent and multifractal spectrum. Calculating the Hölder exponent and multifractal spectrum extends MF-DFA by detailing local behavior. This logical continuation deepens insights into the complex, heterogeneous dynamics of the market.

3.2 Hölder exponent

The Hölder exponent $\alpha(q)$ characterizes the local multifractal strength of a signal and is obtained using the Legendre transform of $h(q)$:

$$\alpha(q) = h(q) + qh'(q). \tag{17}$$

where $h'(q)$ is the derivative of $h(q)$ with respect to q. This exponent quantifies the intensity of local singularities: lower values of α indicate highly irregular (or sharply singular) behavior, while higher values correspond to smoother regions of the signal. Thus, the Hölder exponent reveals the heterogeneity of fluctuations within the signal. This exponent describes the degree of multifractal in different parts of the series, revealing the heterogeneity of fluctuations.

3.3 Multifractal Spectrum

The multifractal spectrum $f(\alpha)$ provides a measure of the fractal dimension of subsets characterized by a given α:

$$f(\alpha) = q[\alpha(q) - h(q)] + 1. \tag{18}$$

This spectrum describes the distribution of singularities in the time series. A wider spectrum indicates stronger multifractality.

The analysis using the Hölder exponent and multifractal spectrum is a powerful tool for studying complex systems. In particular, it enables one to identify and quantify regions of strong multifractal, which may correspond to extreme events or sudden changes in dynamics and to describe the distribution and frequency of irregular behaviors in time series. Thus, the multifractal approach offers a detailed and nuanced description of a signal's local variability, providing essential insights for understanding and predicting its underlying dynamics.
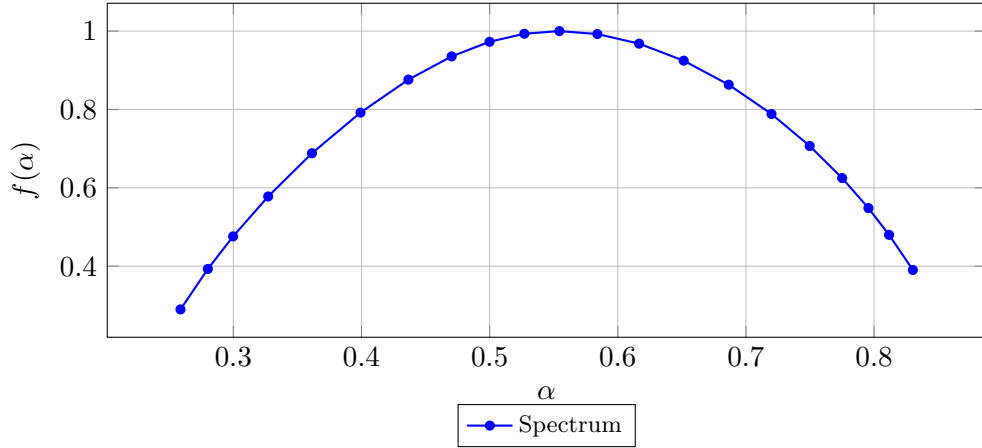

Figure 4 – Multifractal spectrum $f(\alpha)$ for the Russell 2000 returns.

The multifractal spectrum $f(\alpha)$ for the Russell 2000 returns exhibits a characteristic bell-shaped curve, indicating multiple scaling behaviors in the data. The peak near the center represents the most common local Hölder exponent, while the spread around this peak highlights the diversity of singularities present in the series. A wider spectrum suggests stronger multifractality, reflecting volatility clustering across multiple timescales and signaling diversified behavior. Furthermore, the approximate symmetry of the curve around its maximum implies that both large and small fluctuations are represented, albeit with varying intensity. Overall, this bell-shaped spectrum underscores the complex, multi-scale nature of the Russell 2000 returns, in line with multifractal processes often observed in financial markets. A peak of the multifractal spectrum at $\alpha \approx 0.56$ indicates that the most common local Hölder exponent in the Russell 2000 returns is around 0.56. In general, $\alpha > 0.5$ suggests a certain degree of persistence or short to medium term correlation, $\alpha = 0.5$ aligns with a standard Brownian motion (random walk), and $\alpha < 0.5$ signifies anti-persistence or more erratic behavior. Thus, an exponent of 0.56 may implies a moderately rough signal neither purely random nor overly smooth highlighting the presence of multifractal characteristics. This points the coexistence of multiple scaling behaviors, where volatility clustering arises across different temporal scales.
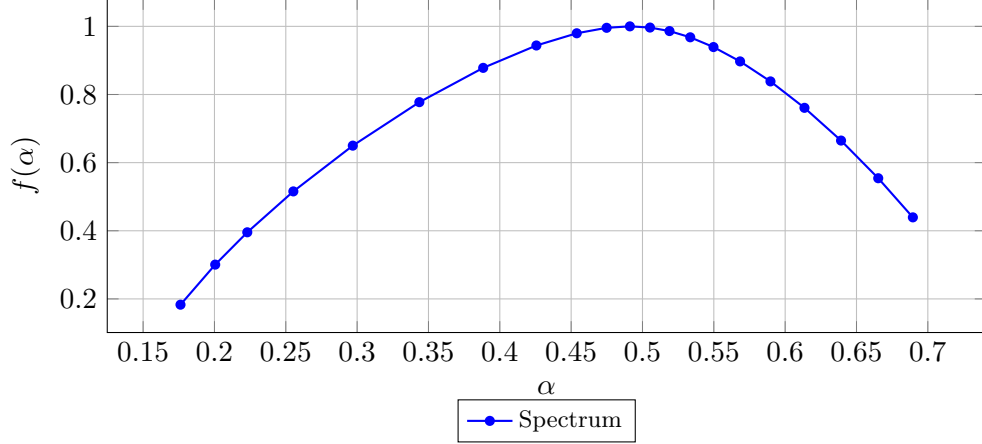
Figure 5 – Multifractal spectrum $f(\alpha)$ for S&P 500 returns.

The multifractal spectrum $f(\alpha)$ for the S&P 500 returns exhibits a similar bell-shaped curve to that of the Russell 2000 returns, indicating multiple scaling behaviors in the data. However, the spectrum is narrower and less pronounced, suggesting a possibly weaker multifractal nature, the difference between alpha min and alpha max if lower than the Russell 2000 ones therefore it implies that the S&P 500 returns exhibit a more uniform behavior compared to the Russell 2000. The peak near the center for the original series is around 0.49. This may imply that the S&P 500 returns exhibit a more stable behavior compared to the Russell 2000, with less pronounced volatility clustering across multiple timescales. Additionally, the approximate symmetry of the curve around its maximum indicates that both large and small fluctuations are present, though with lower intensity than in the Russell 2000.

It is important to exercise caution when interpreting these results. The estimation of multifractal parameters is highly sensitive to the chosen scaling ranges sampling variability..

The observed difference in multifractality between the Russell 2000 and S&P 500 suggests exploitable structural disparities. A wider multifractal spectrum in the Russell indicates stronger persistence and local memory, suitable for momentum-based strategies. Conversely, the S&P 500's narrow spectrum reflects more stable, less predictable dynamics. This sets the stage for a trading strategy that capitalizes on shifts in persistence, guided by the Hurst exponent market inefficiency and multifractal indicators.

3.4 Proposition of an Inefficiency Index

To capture market inefficiency, we propose combining two key structural components:

1. **Fractal Difference:**

   The width of the multifractal spectrum is defined as

   $$\Delta\alpha = \alpha_{\max} - \alpha_{\min}, \tag{19}$$

   where α is the singularity exponent obtained via an MF-DFA analysis.

2. **Deviation of the Rolling Hurst:**

   In an efficient market (i.e., following a Brownian motion) the Hurst exponent is expected to be

   $$H = 0.5. \tag{20}$$

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Therefore, the deviation is measured by

$$|H_{\text{rolling}} - 0.5|. \tag{21}$$

Inefficiency Index Definition

We define the inefficiency index I as

$$I = \Delta\alpha_{\text{diff}} \times |H_{\text{rolling}} - 0.5|, \tag{22}$$

where $\Delta\alpha_{\text{diff}}$ is the absolute difference between the multifractal spectrum widths of two indices (for example, S&P 500 versus Russell 2000).

Interpretation and Usage

An efficient market should exhibit

$$H = 0.5, \tag{23}$$

so any deviation quantified by $|H_{\text{rolling}} - 0.5|$ indicates the presence of temporal correlations:

— $H > 0.5$ signals persistence (trends are likely to continue),

— $H < 0.5$ signals anti-persistence (a tendency for mean reversion).

A larger $\Delta\alpha$ indicates significant variability in local scaling behaviors, meaning that the market exhibits a more complex structure and may be less efficient. By combining both the fractal difference and the deviation of H from 0.5, the inefficiency index I captures two complementary aspects of market inefficiency structural complexity and long-range memory deviation. This combined signal serves as both a filtering criterion and an independent confirmation of inefficiency.

4 Trading Strategy

The strategy is based on the proposed Inefficiency Index, rolling modified Hurst and a momentum signal. It aims to exploit differences in the long-term memory and multifractal characteristics between the Russell 2000 and S&P 500 indices. The expectation is that these structural differences, captured by deviations in the rolling Hurst exponent and the multifractal spectrum width, reveal market inefficiencies that can be harnessed for trading.

First, we compute the difference in the log returns of the Russell 2000 index and the S&P 500 index. A positive value indicates that the S&P 500 is outperforming the Russell 2000, while a negative value indicates the converse.

Next, we calculate a rolling Hurst exponent on this spread using the modified R/S statistic, which helps correct for short-term autocorrelation bias over a six-month window. In parallel, a rolling momentum indicator is derived from the same spread by taking the mean of the past 220 days returns with a 20-day shift to not take into account the last month. We then construct the inefficiency index defined as

$$I = \Delta\alpha_{\text{diff}} \times |H_{\text{rolling}} - 0.5|,$$

where $\Delta\alpha_{\text{diff}}$ represents the absolute difference between the multifractal spectrum widths of the two indices. This inefficiency index is considered statistically significant when its value exceeds one standard deviation, approximately 0.01.

Starting with an equal-weighted portfolio (50% in the Russell 2000 and 50% in the S&P 500), the positions are adjusted as follows:

— If the rolling Hurst exponent is greater than 0.5, the momentum is positive (indicating that the S&P 500 is outperforming the Russell 2000), and if the inefficiency index exceeds one standard deviation (i.e., is greater than 0.01), then the alpha width of the S&P 500 is larger than that of the Russell 2000. This implies that the S&P 500 exhibits stronger persistence and a more complex fractal structure, suggesting inefficiency. In this case, we overweight the S&P 500 by allocating 80% to it and 20% to the Russell 2000.

— If the rolling Hurst exponent is greater than 0.5 and the momentum is negative (indicating that the Russell 2000 is outperforming the S&P 500), the inefficiency index will be less than −0.01 (meaning that the alpha width of the Russell 2000 is wider than that of the S&P 500). Hence, we overweight the Russell 2000, assigning 80% to it and 20% to the S&P 500.

— If the rolling Hurst exponent is below 0.5, implying no clear persistence, we maintain a neutral allocation (50% in each index).
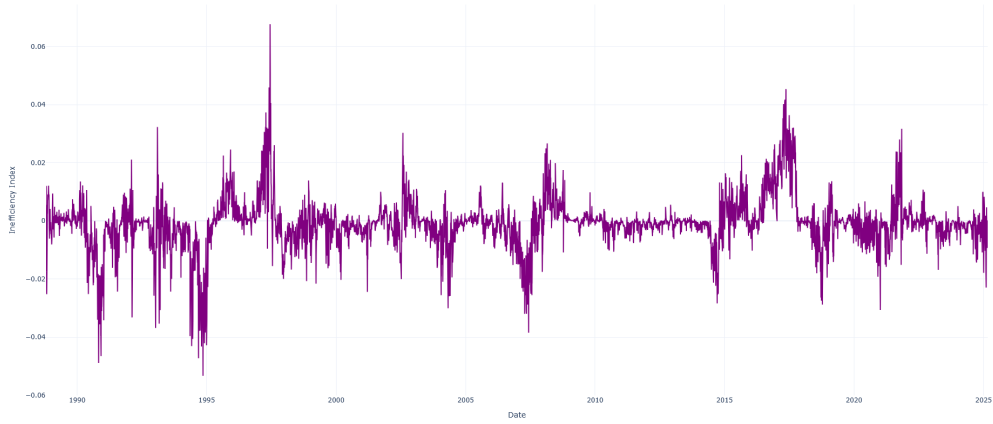

Figure 6 – Inefficiency index

Figure 7 – Comparison of the performance of the ModifOverlap120 strategy (blue) with the long only S&P 500 portfolio (red), and 50/50 portfolio (black). The backtest period is from 1988-10-18 to 2025-02-28.

We tested severals strategies to see how robust the results are, the ModifOverlap120 correspond to the estimation of a Hurst based modified R/S statistic using a rolling window of 120 days and

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap120	9.211	18.905	0.487	-55.982
ModifOverlap120NoFilter	8.798	18.768	0.469	-59.269
Long Only SP500	8.489	17.58	0.483	-56.775
Long Only Russell	7.391	21.029	0.351	-59.889
50/50 Portfolio	8.094	18.624	0.435	-57.993

Table 2 – Performance metrics of the strategies (5 bps transaction fees) compared to the long only S&P 500 portfolio, long only Russell 2000 portfolio, 50/50 Russell/S&P 500 portfolio.

the ModifOverlap120NoFilter correspond to the estimation of a Hurst based modified R/S statistic using a rolling window of 120 days without using the inefficiency index as a signal filter. The results are shown in Table 2 and Figure 7 (for a more detail analysis on backtest starting periods or window size see Table 5). All the strategies outperform the 50/50 portfolio and the long only Russell 2000 portfolio. The ModifOverlap120 and ModifOverlap252 strategy outperforms the long only S&P 500 portfolio in all metrics, except that it achieves a higher volatility over the period.

5 Conclusion

In this paper, we examined the long-term memory and multifractal properties of major stock market indices using both traditional and modified R/S analysis alongside Multifractal Detrended Fluctuation Analysis (MF-DFA). Our findings suggest that, while most series display Hurst exponents greater than 0.5 implying some degree of persistence the modified R/S approach indicates that only the Russell 2000 exhibits statistically significant long memory. In contrast, the S&P 500 shows a more subdued multifractal behavior, with a narrower spectrum and lower extremal Hölder exponents. This difference may reflect underlying market microstructure characteristics, such as liquidity and the size of constituent companies, but these interpretations should be treated with caution. The Hurst exponent seems to be able to capture differences in the multifractal spectrum between the two indices, with the Russell 2000 that appears to display a broader spectrum and more distinct multifractal characteristics compared to the S&P 500.

6 Discussion

It is important to emphasize that the methods used in our study both the static Hurst exponent and the multifractal analysis are highly sensitive to the chosen data frequency, evaluation period, and potential structural breaks. The apparent persistence observed in the Russell 2000, for instance, may be influenced by these factors, while the more stable behavior seen in the S&P 500 could result from its larger, more liquid market composition.

Overall, while our results provide an intriguing perspective on market dynamics and offer a foundation for a trading strategy based on these multifractal measures, they should be interpreted with a degree of caution. Future research should aim to extend this analysis to a broader set of assets (pair clustering) and refine the estimation techniques to confirm the statistical significance of the observed multifractal effects.

7 Appendix

7.1 Demonstration of the covariance of fractional Brownian motion (fBm)

The fractional Brownian motion (fBm), denoted by $X_H(t)$, is defined as a zero-mean continuous-time Gaussian process whose increments are correlated. Its covariance function is given by:

$$C_H(t,s) = \frac{\sigma^2}{2}\left(t^{2H} + s^{2H} - |t-s|^{2H}\right)$$

where $H \in (0,1)$ is the Hurst exponent.

A fractional Brownian motion $X_H(t)$ with $X_H(0) = 0$ has increments that are normally distributed with zero mean, specifically:

$$X_H(t) - X_H(s) \sim \mathcal{N}(0, \sigma^2|t-s|^{2H})$$

Given that the process is centered (zero mean), the covariance is defined as:

$$C_H(t,s) = \text{Cov}(X_H(t), X_H(s)) = \mathbb{E}[X_H(t)X_H(s)]$$

Using the following algebraic identity:

$$X_H(t)X_H(s) = \frac{1}{2}\left[X_H(t)^2 + X_H(s)^2 - (X_H(t) - X_H(s))^2\right]$$

the covariance becomes:

$$C_H(t,s) = \frac{1}{2}\left(\mathbb{E}[X_H(t)^2] + \mathbb{E}[X_H(s)^2] - \mathbb{E}[(X_H(t) - X_H(s))^2]\right)$$

We have by definition of fBm:

$$\mathbb{E}[X_H(t)^2] = \sigma^2 t^{2H}, \quad \mathbb{E}[X_H(s)^2] = \sigma^2 s^{2H}, \quad \mathbb{E}[(X_H(t) - X_H(s))^2] = \sigma^2|t-s|^{2H}$$

Substituting these into our covariance expression, we get:

$$C_H(t,s) = \frac{1}{2}\left(\sigma^2 t^{2H} + \sigma^2 s^{2H} - \sigma^2|t-s|^{2H}\right)$$

Factoring out the term σ^2, we arrive at the final covariance formula:

$$\boxed{C_H(t,s) = \frac{\sigma^2}{2}\left(t^{2H} + s^{2H} - |t-s|^{2H}\right)}$$

This covariance function entirely characterizes the dependence structure of fractional Brownian motion, revealing long-term correlation when $H > 0.5$ (persistence) and anti-correlation when $H < 0.5$ (anti-persistence). To comeback where you left off, see Section 3.

7.2 Critical Values for the Modified R/S Test

The critical values for the modified R/S test are provided in the table below. These values are used to assess whether the series exhibits long memory behavior based on the modified R/S statistic.

Significance Level	critical value (modified R/S Statistic)
0.005	2.098
0.05	1.747
0.10	1.620

Table 3 – Critical values for the modified R/S Statistic (Lo, 1991). To come back where you left off, see Section 2.3

Ticker	P-Value on log prices	P-Value on log differentiated return
S&P 500	0.863	0.000
Russell 2000	0.695	0.000
FTSE 100	0.226	0.000
Nikkei 225	0.660	0.000
DAX	0.663	0.000

Table 4 – P-values from the Augmented Dickey-Fuller (ADF) test for stationarity. The P-value of prices refers to the Augmented Dickey Fuller test (ADF) on the original series, while the P-value of log-differentiated prices indicates the ADF test on log-differentiated returns. The null hypothesis is non-stationarity. To come back where you left off, see Section 2.4

Figure 8 – Simulation of a random walk (5000 points, increments are normally distributed between 0 and 1, the series is split into segments of length 990) with a partitioning of the series into segments to represents the steps of MF-DFA. The blue line represents the cumulative sum of the series, while the coloured lines represent the polynomial fit for each segment. To come back where you left off, see Section 3.

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Figure 9 – Log cumulative returns of S&P 500 (blue) and Russell 2000 (red) from 1987-09-11 to 2025-02-28. To come back where you left off, see Section 3.1.
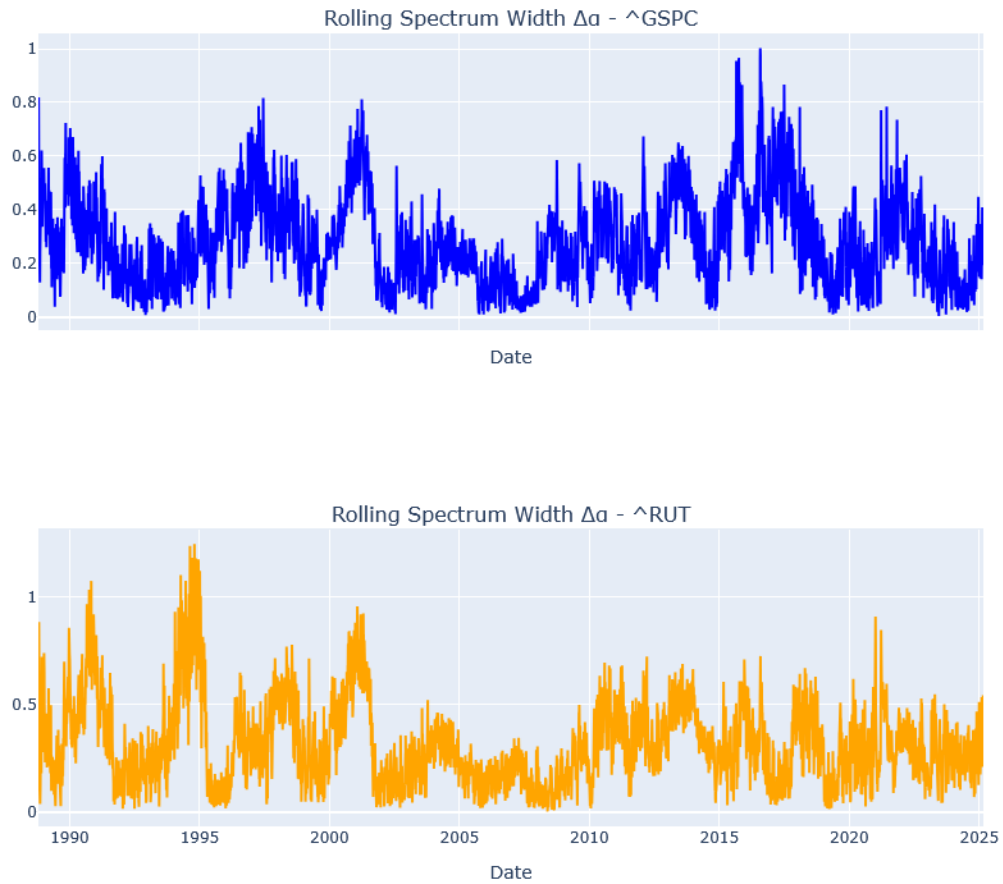
Figure 10 – Rolling alpha width computed with a rolling window of 252 days for the S&P 500 indices (GSPC in the graph) and Russell 2000 (RUT in the graph).
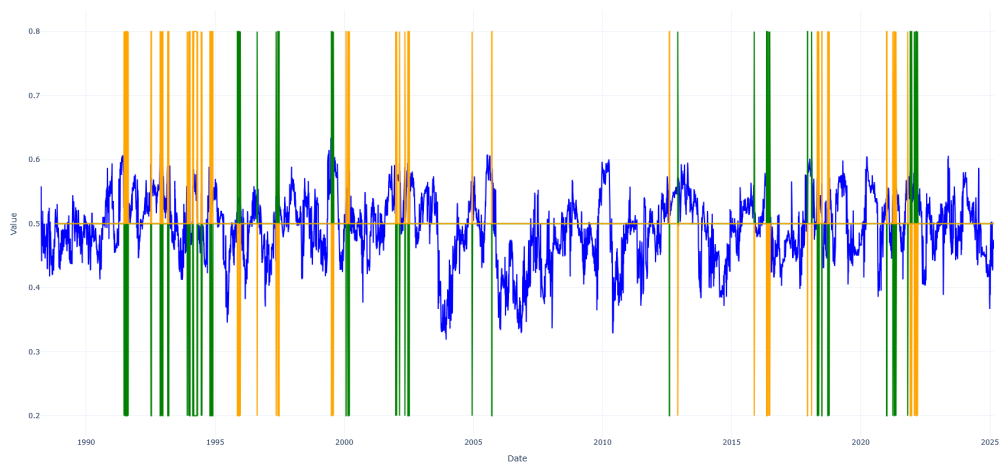

Figure 11 – Composition of our portfolio (Russell 2000 in yellow, S&P 500 in green) based on the inefficiency index. The portfolio is long only and the weights are adjusted daily.

7.3 Backtest different starting dates results

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap120	9.019	20.206	0.446	-55.982
Long Only SP500	8.575	18.518	0.463	-56.775
Long Only Russell	7.17	22.606	0.317	-59.889
50/50 Portfolio	8.039	19.891	0.404	-57.993

Table 5 – 1995-01-02-2025-02-28

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap120	6.888	21.252	0.324	-55.982
Long Only SP500	5.534	19.032	0.291	-56.775
Long Only Russell	5.761	23.994	0.24	-59.889
50/50 Portfolio	5.818	20.897	0.278	-57.993

Table 6 – 2000-01-02-2025-02-28

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap120	8.235	21.379	0.385	-55.982
Long Only SP500	7.947	18.813	0.422	-56.775
Long Only Russell	5.933	24.227	0.245	-59.889
50/50 Portfolio	7.096	20.984	0.338	-57.993

Table 7 – 2005-01-02-2025-02-28

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap120	11.352	19.406	0.585	-38.513
Long Only SP500	11.294	16.911	0.668	-33.925
Long Only Russell	8.249	22.287	0.37	-43.061
50/50 Portfolio	9.92	19.039	0.521	-37.363

Table 8 – 2010-01-02-2025-02-28

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap120	10.473	19.633	0.533	-38.513
Long Only SP500	10.652	17.464	0.61	-33.925
Long Only Russell	5.737	22.447	0.256	-43.061
50/50 Portfolio	8.342	19.289	0.432	-37.363

Table 9 – 2015-01-02-2025-02-28

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap120	12.539	23.725	0.529	-38.513
Long Only SP500	12.147	20.767	0.585	-33.925
Long Only Russell	4.988	27.216	0.183	-41.875
50/50 Portfolio	8.771	23.187	0.378	-37.363

Table 10 – 2020-01-02-2025-02-28

7.4 Backtest different rolling window size results

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap120	9.211	18.905	0.487	-55.982
Long Only SP500	8.489	17.58	0.483	-56.775
Long Only Russell	7.391	21.029	0.351	-59.889
50/50 Portfolio	8.094	18.624	0.435	-57.993

Table 11 – 1988-10-19-2025-02-28 | Window size 120 days

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap252	9.271	18.914	0.49	-55.982
Long Only SP500	8.489	17.58	0.483	-56.775
Long Only Russell	7.391	21.029	0.351	-59.889
50/50 Portfolio	8.094	18.624	0.435	-57.993

Table 12 – 1988-10-19-2025-02-28 | Window size 252 days

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap504	8.861	19.117	0.464	-55.982
Long Only SP500	8.092	17.711	0.457	-56.775
Long Only Russell	7.083	21.272	0.333	-59.889
50/50 Portfolio	7.743	18.813	0.412	-57.993

Table 13 – 1989-09-18-2025-02-28 | Window size 504 days

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap1260	8.906	19.614	0.454	-55.982
Long Only SP500	8.228	17.995	0.457	-56.775
Long Only Russell	7.471	21.905	0.341	-59.889
50/50 Portfolio	8.01	19.284	0.415	-57.993

Table 14 – 1992-08-22-2025-02-28 | Window size 1260 days

Strategy	Annualized Return	Annualized Volatility	Sharpe	Max Drawdown
ModifOverlap2520	7.239	20.919	0.346	-55.982
Long Only SP500	6.852	19.043	0.36	-56.775
Long Only Russell	6.148	23.417	0.263	-59.889
50/50 Portfolio	6.673	20.563	0.325	-57.993

Table 15 – 1997-06-18-2025-02-28 | Window size 2520 days

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