



Look for our white board and let us know what you would love to see in our café.

*weekly features*  
feb 19th - feb 23rd

Programs & Special Features

monday 2/19	breakfast	Vegetarian - Veggie Bagel + Side	\$3.99	 <p>Be Heart Smart</p> <p>REGULARLY CONSUMING <b>GOOD FATS, LEGUMES AND WHOLE GRAINS</b> PROVIDES THE NUTRIENTS THAT MAY HELP LOWER BAD CHOLESTEROL &amp; REDUCE THE RISK OF HEART DISEASE.</p>
	create	Spud Lovers - Loaded Jumbo Bake Potatoes	\$5.99	
	flame	Pastrami & Swiss + side	\$5.50	
	entrée #1	Shepards Pie + side	\$5.99	
	entrée #2	Potato Crusted Talapia + side	\$5.99	
	soup	Soup of the Day - Tomato Basil	\$3.00	
tuesday 2/20	breakfast	Turkey Sausage, Egg White Casserole	\$4.25	<p>Sparkle Like a Champion Dasani LIME &amp; BLACK CHERRY \$1.00 Each</p>
	create	<b>Chef Jet</b> - Stir Fry Featuring Chicken, Steak & Tofu	\$6.50	
	flame	Smoked Turkey Legs + side	\$5.99	
	entrée #1	Carved Pit Ham + side	\$5.99	
	entrée #2	Shrimp Scampie + side	\$5.99	
	soup	Soup of the Day - Clam Chowder	\$3.00	
wednesday 2/21	breakfast	Pita Scrambler + side	\$4.50	<p>#new food new me Wednesday FIT Healthy Meal <i>It's never</i> <b>TOO EARLY</b> OR <b>TOO LATE</b> <i>to work</i> towards being the <b>HEALTHIEST YOU</b></p>
	create	<b>Mac-N-Cheeselogy</b>	\$6.50	
	flame	Jalapeno Bacon Burger w/ Pepper Jack + side	\$5.50	
	entrée #1	Salmon w/ Mango Salsa & Quinoa + side	\$6.50	
	entrée #2	Roasted Chicken Quarters + side	\$5.99	
	soup	Soup of the Day - Broccoli & Cheese	\$3.00	
thursday 2/22	breakfast	Banana Stuffed French Toast + side	\$4.25	
	create	<b>Earth Bowl</b> - Featuring Chicken, Tofu, & Salmon	\$6.50	
	flame	Terriyaki Chicken Sandwich + side	\$5.99	
	entrée	Pizza Pizza - 2 Slices \$5.50 + Fountain Drink or 1 Slice for \$2.50	2.50 or 5.50	
	soup	Soup of the Day - Chicken Noodle	\$3.00	
friday 2/23	breakfast	Spanish Breakfast Scramble + side	\$4.25	<p><b>40 Days of Lent</b></p> 
	create	<b>Fish Market</b> - Fresh Salmon	Market \$	
	flame	Crispy Chicken Quesadilla + side	\$5.75	
	entrée	Chef Special		
	soup	Soup of the Day - Corn Chowder	\$3.00	

Brent "Bundy" Krakau - 870.550.5115 or Jordan Stanley - 479.685.8934

Please check out our new communication website address:

<http://eurestcafes.compass-usa.com/walmart/Pages/Home.aspx?lid=h1>

