GORNO – BADAKSHAN, TAJIKISTAN AKDN Quality of Life Survey – 2021

Identification Sheet

District / town part		Response		
 Darvoz Ishkoshim Murghob Roshtqala Rushon Shugnon Vanj Khorog Sh. Shotemur part 				
9. Khorog I. Somoni part				
Village / micro-region		1		
11	111			
Serial numbers of respondents: (to be completed at the end of the in		ıle <u> </u>	I	Female _
Language of Interview:				
Coding	esponse			
1. Shugni 2. Tajik 3. Russian 98. Other:				
	INTERVIEV	WER VISIT		
Visit 1		Refus	al 1. Yes 2. No	
Day	Month Year	Repla	cement HH No.	
\(\frac{1}{1} \text{C1} \text{T} \)	_ _ Month Year	Scheo	luled time	·
Name of Interviewer:	-		Name of Superviso	or:
Interviewer Code			Supervisor Code	

A1: Household Composition and Basic Data.

Include all members of the household who live in the dwelling and usually eat meals together. Include those who are temporarily absent (less than 6 months in the last year).

Do not include guests. Use another separate sheet, if required

A	В	C	D	E	F	G	Н	I	X	J	K	L
Sr#	First Name	Sex	Age (completed years) 99. Don't know	Marital status	Relation to head of household	Currently in an educational institution	Highest level of education completed	Adult Literacy level For those >=15 years	Knowledge of English	Main Occupation	Second Occupation	Disability
								<u> </u>				

Codes for	Codes for	Codes for	Codes for	Codes for	Codes for	Codes for	Codes for	Codes for
Column C	Column E	Column F	Column G	Column H	Column I	Column X	Columns J and K	Column L
1. Male 2. Female	1. Married 2. Divorced 3. Separated 4. Widowed 5. Single	1. Head of household 2. Spouse of head of household 3. Mother/father 4. Sister/brother 5. Daughter/son 6. Grandchild 7. Daughter/son-in-law 8. Nephew/nieces 9. Aunts/uncles 10. Cousins 11. Sister/brother-in-law 12. Mother/father-in-law 13. Grandmother/father	O. Not in school 1. Gov't school 2. Private school 3. Kindergarten 4. Early Child Development (ECD) Centre 5. University 6. UCA 7. Technical/Vocational 98. Other:	0. No education For grade 1-11 record the actual grade completed 12. Technical/Vocational graduate 13. University graduate 14. University post-graduate 98. Other: 99. Don't know	1. Cannot read and write2. Can read only 3. Can read and write 9. Not applicable (for those aged <15 yrs.)	1. Yes 2. No 3. Don't know	0. (J) Not working and not job seeking/(K) None 1. Private sector employee 2. NGO employee 3. Government employee 4. Daily wage earner (casual worker) 5. Self-employed (Trade/Business) 6. Farming 7. Unemployed – job seeking 8. Homemaker 9. Student 10. Ill/disabled 11.Retired	0. No disability 1. Difficulty seeing 2. Difficulty hearing 3. Difficulty communicating 4. Difficulty remembering or concentrating 5. Difficulty walking or climbing steps 6. Difficulty washing all over or dressing
		98. Other:					12. Not applicable 98. Other:	

A2. Are there members of the household who have migrated and who have been away for more than 6 months in the last year? Note people who have left to study in column C.

A3. Migrants

List all migrant members of the household.

A	В	C	D	E	F	G	Н	I	J
Sr#	First Name	Student	Sex	Age in completed years	Relation to head of household	Highest level of education completed	Year they left	Place where they migrated	Type of remittances in the last 12 months

Codes for Column C	Codes for Column D	Codes for Column F	Codes for Column G	Codes for Column I	Codes for Column J
1. Yes 2. No	1. Male 2. Female	1. Head of household 2. Spouse of head of household 3. Mother/father 4. Sister/brother 5. Daughter/son 6. Grandchild 7. Daughter/son-in-law 8. Nephew/nieces 9. Aunts/uncles 10. Cousins 11. Sister/brother-in-law 12. Mother/father-in-law 13. Grandmother/father 98. Other	O. No education For grade 1-11 record the actual grade completed 12. Technical/Vocational Graduate 13. University Graduate 14. University Post-graduate 98. Other: 99. Don't know	 Khorog town Other part of Tajikistan Russia International 	None Household received money from migrant Household received goods from migrant Household received money and goods from migrant Household sent money or goods to migrant

B: ServicesWe would like to ask you some questions about household access to basic infrastructure and services

No	Question	Coding	Skip	Response	
WATE	R (W)				
		Piped water			
		11. Piped into dwelling	>>W5		
		12. Piped into compound, yard or plot	>>W5		
		13. Piped to neighbour	>>W4		
		14. Public tap / standpipe	>>W4		
		21. Borehole or tubewell	>>W3		
		Dug well			
****		31. Protected well	>>W3		
		32. Unprotected well	>>W3		
		Water from spring			
	What is the main source of drinking	41. Protected spring	>>W3		
W1	what is the main source of drinking water for members of your household?	42. Unprotected spring	>>W3		
	water for incomposity of your nouseness.	51. Rainwater collection	>>W3		
		Delivered water	•		
		61. Tanker-truck	>>W4		
		62. Cart with small tank / drum	>>W4		
		72. Water kiosk	>>W4		
		Packaged water			
		81. Bottled water	>>W2		
		82. Sachet water	>>W2		
		91. Surface water (river, stream, dam,			
		lake, pond, canal, irrigation channel)	>>W4		
		96. Other (specify)	>>W3		
		Piped water	_		
		11. Piped into dwelling	>>W5		
		12. Piped into compound, yard or plot	>>W5		
		13. Piped to neighbour	>>W4		
		14. Public tap / standpipe	>>W4		
		21. Borehole or tubewell	>>W3		
		Dug well			
		31. Protected well	>>W3		
		32. Unprotected well	>>W3		
	Will all the Control of	Water from spring			
	What is the main source of water used by members of your household for	41. Protected spring	>>W3		
W2	other purposes, such as cooking and	42. Unprotected spring	>>W3		
	hand washing?	51. Rainwater collection	>>W3		
		Delivered water			
		61. Tanker-truck	>>W4		
		62. Cart with small tank / drum	>>W4		
		72. Water kiosk	>>W4	-	
		Packaged water	•		
		81. Bottled water	>>W2		
		82. Sachet water	>>W2		
		91. Surface water (river, stream, dam, lake, pond, canal, irrigation channel)	>>W4		
		96. Other (specify)	>>W3		

		1. In own dwalling	~~\X/E	
W3	Where is that water collected	1. In own dwelling	>>W5 >>W5	
WS	from?	2. In own yard / plot		
		3. Elsewhere	>>W4	
		Number of minutes		
W4	How long does it take to go there, get water, and come back?	000 14 1 1 1 1		_
	get water, and come back?	000. Members do not collect		
		998. Don't know		
Check 1	Answer to W1=11, 12 or 13	1. Yes	****	
1	To do the month to do not be a	2. No	>>W6	
	In the last month, has there been any time when your household did	1. Yes, at least once		
W5	not have sufficient quantities of	2. No, always sufficient		
	drinking water when needed?	8. Don't know		
		1. Large piped network managed by a		
	William of alm 1 and 1 and	utility		
W6	What type of piped supply does your household use?	2. Small piped network managed by the community		
	your nousehold use:	3. Small piped network managed by the		
		households		
Check	Answer to W1=81, 82 or	1. Yes		
2	W2=81, 82	2. No	>>W9	
		1 .Yes, water is always available		
	I	2. No, water is available most of the time		
W7	Is water always available from your main water source [W1]?	3. No, water is available some of the time		
	your main water source [w1].	4. No, water is rarely available		
		8. Don't know		
Check	Answer to W5=1	1. Yes		1 1
3	Allswer to W5=1	2. No	>>W9	
	What was the (main) reason you	1. Water is not available from source		
11/0	were unable to access sufficient	2. Water is too expensive		1 1
W8	quantities of water when needed?	3. Source is not accessible		
	Select one	6. Other (specify)		
	Are there any extended periods	1. Yes, during the cold season (winter)		
W9	when you experience water	2. Yes, during the warm season (summer)		
	shortages?	3. No		
Check	Amorrism to W1-11 12 12	1. Yes		1 1
4	Answer to W1=11, 12 or 13	2. No	>>Check 5	
		1. 24 hours per day		
		2. 18-24 hours per day		
11/10	How many hours per day is water	3. 12-17 hours per day		1 1
W10	supplied on average [W1]?	4. 6-11 hours per day		
		5. <6 hours per day		
		8. Don't know		
Check	A WI 01 92	1. Yes		1 1
5	Answer to W1=81, 82	2. No	>>S1	
	In the past month, for how many	Number of days		
W11	days was water from this source			
	[W1] unavailable when needed?	98. Don't know		

SANITA	ATION (S)				
		Flush / pour flush			
		11. Flush to piped sewer system	>>S2		
		12. Flush to septic tank	>>S2		
		13. Flush to pit latrine	>>S2		
		14. Flush to open drain	>>S2		
	What kind of toilet facility do	18. Flush to don't know where	>>S2		
	members of your household usually	Dry pit latrines			
	use?	22. Pit latrine with slab	>>S2		
		23. Pit latrine without slab / Open pit	>>S2		
S1	If 'Flush' or 'Pour flush', probe:	Composting toilets			
	Where does it flush to?	31. Twin pit with slab	>>S2		
		32. Twin pit without slab	>>S2		
	If not possible to determine, ask	33. Other composting toilet	>>S2		
	permission to observe the facility.				
		41. Bucket	>>S2		
		42. Container based sanitation	>>S2		
		51. Hanging toilet / hanging latrine	>>S2		
		95. No facility / Bush / Field	>>H1		
		96. Other (specify)	>>S2		
	Do you share this facility with others	1. Yes			
S2	who are not members of your household?	2. No			
		1. In own dwelling			
S3	Where is this toilet facility located?	2. In own yard / plot			
		3. Elsewhere			
Check	Answer to S1=12, 13, 22, 23, 31 or 32	1. Yes			
6	Answer to 31–12, 13, 22, 23, 31 of 32	2. No	>>H1		
	Has your (pit latrine or septic tank) ever been emptied?	1. Yes emptied			
S4		2. Never emptied	>>H1		
		8. Don't know	>>H1		
		Removed by service provider:			
		1. to a treatment plant			
		2. buried in a covered pit			
	The last time it was emptied, where	3. to don't know where			
S5	were the contents emptied to? Was it	Emptied by household			
	removed by a service provider?	4. buried in a covered pit		II	
	a service provider.	5. to uncovered pit, open ground, water			
		body or elsewhere			
		6. Other (specify)			
		8. Don't know			
HYGIE	NE (H)	Tr. 10 m/ 1 3/13/1			
		Fixed facility observed (sink/tap)			
		1. In dwelling	>>H2		
		2. In yard/plot	>>H2		
***	Can you please show me where	Mobile object observed			
H1	members of your household most	3. (bucket/jug/kettle)	>>H2		
	often wash their hands?	4. No handwashing place in	>>B7		
		dwelling/yard/plot			
		5. No permission to see	>>B7		
	Observe and 1-1-12 of the state	6. Other reason (specify)	>>B7		
	Observe availability of water at the	1. Water is available			
	place for handwashing.	2. Water is not available			
H2	(Verify by checking the tap/pump,				
	or basin, bucket, water container or similar objects for presence of				
	water.)				
	,	Soap or detergent available			
Н3	Observe availability of soap or detergent at the place for handwashing	-			
	i detergent at the place for handwashing	2. Soap or detergent not available	1		

We would like to ask you some questions about household's access to services.

No	Question	Coding	Skip	Response
OTHER	SERVICES (B)			
B14	Do you have electricity in the house?	1. Yes 2. No	If 2, skip to B18	
B15	What is the main source of electricity?	Power network Private generator Power network and generator Solar Other:		
B19	What is the main source of cooking fuel for your household?	1. Electricity 2. Liquid Propane Gas (LPG) 3. Natural gas 4. Kerosene 5. Coal 6. Wood 7. Straw/shrubs/grass 8. Animal dung 9. Agricultural crop residue 98. Other: 99. Don't know	If 1, 2 or 3, skip to B22	<u> </u>
B23	What are the main sources of heating in your household? Do not read the list. Record everything that is mentioned.	 0. None 1. Animal dung 2. Twigs/branches/bushes 3. Firewood 4. Coal 5. Electricity (including solar) 6. Gas 7. Torf 98. Other 		
B24	Does your household have access to a functioning telephone service?	1. Yes 2. No	If 2, skip to B28	
B25	What type(s) of telephone service(s) does		<u> </u>	
B25.1	Mobile	1. Yes 2. No		
B25.2	Landline	1. Yes 2. No		
Screen 3	Answer to B25	If 'mobile' or 'mobile and landl If only 'landline', go		B27
B26	Where is the main telephone service that your household uses located?	1. Own home 2. Neighbour's home 3. Public telephone service 98. Other:	Skip to B28	
B27	Who owns a mobile phone in the household?	Someone in the household Adult members All members including children 98. Other:		

B28	Does your household have access to the internet? (via DSL or mobile or other)	1. Yes 2. No	If 2, skip to B30	
B29	Where is the main internet service that the household uses located?	1. At home – on a computer, tablet 2. At home – on a mobile phone 3. Other home in the community 4. Internet café/Public place 5. Place of work 98. Other:		
B34	How does your household usually dispose of garbage?	 Collected by formal service Collected by informal service Disposal in designated area Disposal in household yard/plot Disposal/dump in the street Disposal/dump in the river/riverbank Burn Bury Other: 		

C: Urban green spaces (for urban areas only)
We would now like to ask you some questions about parks and green spaces.

No.	Question	Coding	Skip	Response
C 1	Are there parks or other green spaces that are easily accessible to you?	1. Yes 2. No	If 2, skip to D1	
C2	Does your family visit them?	1. Yes 2. No	If 2, skip to D1	
С3	How many times did your family visit the park or other green spaces in the last two weeks?	Provide number of tin 99. Don't know	nes.	

D: Assets

No.	Question	Coding	Skip	Response
D1	Do you or any member of the household own or rent the home you live in most of the year?	1. Own 2. Rent 98. Other:	If 2, skip to D3	
D2	Who owns the house?	1. Male 2. Female		
D4 (PPI)	How many rooms does your house have (excluding any kitchens, balconies, or hallways)?	Number of rooms		
D5 (PPI)	Does your house have a separate bath/shower?	1. Yes 2. No		<u> </u>
D6 (PPI)	What is the main construction material of the external walls of your house?	1. Adobe 2. Mud bricks 3. Wood 4. Logs 5. Tin 6. Mud 7. Stone 8. Baked bricks 9. Concrete 98. Other:		<u> </u>
D8	What is the most prevalent kind of window material you have in your house?	Plastic sheet/tarpaulin Single-pane glass Double-pane glass Fabricated double-glazed/insulat 98. Other:	ed windows	
D9	Do you seal your windows in the cold months?	1. Yes 2. No 3. Sometimes 99. Don't know	II	
D10	Is your house thermally insulated?	1. Yes 2. No 99. Don't know	If 1 or 99, skip to D12	
D11	If no, why not?	 Too expensive Unable to obtain materials Not interested Don't know 		
D12	Does the household own agricultural land?	1. Yes 2. No	If 2, skip to D15	
D13	How many <i>sotis</i> of land in total does the household	D4.1. Rain-fed 999. Don't know		
	own? (Provide number)	D4.2. Irrigated 999. Don't know	If 0, skip to D15	
D14	What is the main type of irrigation that the household has access to?	River water through mud canals River water through concrete can Water through pipe Spring water 98. Other:	nals	
D18	Does the household own any type of livestock?	1. Yes 2. No	If 2, skip to D21	
D19 (PPI)	What kind of livestock does your household own? Do not read the list. Record everything that is mentioned.	1. Dairy cows/oxen 2. Sheep/goats 3. Chicken/other poultry 4. Horses 5. Donkeys/mules 6. Beehives 98. Other:		

		T			
D20	Do you use this livestock for household consumption/use, sale or both?	2. Sale	old consumption/use		
	3. Both			T	
D21	Does the household own any type of productive	1. Yes		If 2, skip	1 1
D21	trees?	2. No		to D23	
	Do you use these trees for household		old consumption/use		
D22	consumption/use, sale or both?	2. Sale			
	•	3. Both			
D23	Which of the following durable goods does your hou <i>Read the list</i>	sehold own	? Include only those whic	h are function i	ing.
D23.1					
(PPI)	Gas oven, electric oven, microwave oven	1. Yes	2. No		
D23.2		4 **	2.37		
(PPI)	Electric iron	1. Yes	2. No		
D23.3	Refrigerator	1. Yes	2. No		
D23.4	Electricity-operated clothes washing machine	1. Yes	2. No		
D23.5	Bicycle	1. Yes	2. No		
D23.6	Motorcycle	1. Yes	2. No		
D23.7	Car/Minibus	1. Yes	2. No		
D23.8	Truck	1. Yes	2. No		
D23.9	Electric fan	1. Yes	2. No		
D23.10	Air conditioner	1. Yes	2. No		
(PPI)	Colour television	1. Yes	2. No		
D23.11	Tablet	1. Yes	2. No		
D23.12	Video player	1. Yes	2. No		
D23.13	Computer	1. Yes	2. No		
D23.14	Bedroom furniture	1. Yes	2. No		<u> </u>
D23.15	Sitting room furniture	1. Yes	2. No		
D23.16	Sewing machine	1. Yes	2. No		

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E: Income

We would like to ask some questions about the sources of your household income.

No.	Question	Coding	Skip	Response
E 1	How many sources of cash income did this household have in this calendar year (2021)?	Number of sources	If '0', skip to E3	
E2	For each type of income, indicate the number of	sources		
E2.1	Agricultural wage income (e.g. farm labour for d	laily/weekly wage)		
E2.2	Non-agricultural wage income (e.g. construction	labour for a daily/weekly	y wage)	
E2.3	Salary			
E2.4	Sale of agricultural products			
E2.5	Sale of livestock/poultry			
E2.6	Sale of fish/seafood products			
E2.7	Self-employment from non-farm enterprises (e.g shop)	. handicraft, small busine	ess from home or	
E2.8	Remittances (from migrants)			
E2.9	Aid/charities/relatives			
E2.10	Pension			
E2.98	Other:			
Screen 2	Does the number of income sources add up to the sum of number of the different types?	1. Yes 2. No	If 2, correct E1 and E2	
Е3	Did the household members receive any in- kind (non-monetary) income (e.g. products) over this calendar year (2020)?	1. Yes 2. No		

If the male adult respondent is not present, then skip to K1.

We have asked you questions about economic issues, different assets you have and services. We have some other questions on savings, loans, community & associational life, health, your local environment, and quality of life for both of you separately. We would also like to ask (name of female) some questions on food and reproductive health. First, we would like to ask some questions from (name of male). Would you (name of female) please leave us and we will call you back?

F: Community and associational life (Male respondents only)

We would like to ask you some questions about community and your associational life

No	Question	Coding	g	Ski	p	Response				
F2	How safe do you feel in your neighbourhood/village?	 Very safe Safe Unsafe Very unsafe Don't know 		2. Safe3. Unsafe4. Very unsafe		2. Safe3. Unsafe4. Very unsafe		If 1, 2 99, ski F4	p to	
F3	Why do you feel unsafe during the day? Do not read the list. Record everything that is mentioned.									
F3.1	Human threat	1. Yes	2. N	Го						
F3.2	Animal threat	1. Yes	2. N	бо						
F3.3	Natural disasters	1. Yes	2. No		2. No					
F3.8	Other	1. Yes	2. N	o						
F6	Are you a member or volunteer of any of the follo	owing groups/asso	ciations? R	ead the l	ist.					
F6.1	Work related/Trade union group	1. Yes	2. No							
F6.2	Village organization	1. Yes	2. No							
F6.3	Youth group	1. Yes	2. No							
F6.4	SUDVO	1. Yes	2. No							
F6.5	Red Crescent	1. Yes	2. No							
F6.6	CBSG	1. Yes	2. No							
F6.7	Khojagee Dehqoni (Farmer's association)	1. Yes	2. No							
F6.8	CERT	1. Yes	2. No							
F6.9	AVPT	1. Yes	2. No							
F6.10	СНР	1. Yes	2. No							
F6.98	Other:	1. Yes	2. No							

G: Savings (Male respondents only)

We would now like to ask some questions about savings you may have.

No.	Question	Coc	ding	Skip	Response
G1	Do you have any cash savings?	1. Yes	2. No	If 2, skip to H1	
G1.1	Are these savings personal or do they belong to your household?	1. Perso 2. House			
G4	Where is the money saved? <i>Read the list</i> .				
G4.1	FMFB	1. Yes	2. No		
G4.2	Another bank	1. Yes	2. No		
G4.3	Home	1. Yes	2. No		
G4.4	Local saving group	1. Yes	2. No		
G4.5	CBSG	1. Yes	2. No		
G4.98	Other:	1. Yes	2. No		
G5	What are you saving for? Do not read the list. Re	cord ever	ything the	at is mentioned	
G5.1	Home construction/renovation	1. Yes	2. No		
G5.2	Buy a house	1. Yes	2. No		
G5.3	Agricultural construction/equipment	1. Yes	2. No		
G5.4	Education of children	1. Yes	2. No		
G5.5	Migration	1. Yes	2. No		

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G5.6	Buy land	1. Yes	2. No	
G5.7	Buy animals	1. Yes	2. No	
G5.8	Buy durable goods	1. Yes	2. No	
G5.9	Buy food products	1. Yes	2. No	
G5.10	Leisure	1. Yes	2. No	
G5.11	Clothing	1. Yes	2. No	
G5.12	Social obligations (e.g. dowry, wedding, etc.)	1. Yes	2. No	
G5.13	Debt payment	1. Yes	2. No	
G5.14	Start new business (e.g., shops, stores, etc.)	1. Yes	2. No	
G5.15	Emergencies/cushions	1. Yes	2. No	
G5.16	Fund for children	1. Yes	2. No	
G5.98	Other:	1. Yes	2. No	

H: Loans (Male respondents only)We would now like to ask some questions about loans you may have.

No.	Ould now like to ask some questions about loans you Ouestion		ding	Skip	Response
110.	Question	Co	umg	_	Kesponse
H1	Do you have any outstanding loans/debts?	1. Yes	2. No	If 2, skip to I1	<u> </u>
TT1 1	Are these loans/debts personal or do they belong to	1. Person	nal		
H1.1	your household?	2. House	hold		
H4	To whom do you owe money? Do not read the list. Rec	ord everyth	ing that is	mentioned.	
H4.1	FMFB	1. Yes	2. No		
H4.2	Other Banks	1. Yes	2. No		
H4.3	Village Organisations	1. Yes	2. No		
H4.4	Work organizations	1. Yes	2. No		
H4.5	Agricultural/farm organizations	1. Yes	2. No		
H4.6	Relatives and Friends	1. Yes	2. No		
H4.7	Pamir Energy (Utility bills)	1. Yes	2. No		
H4.8	CBSG	1. Yes	2. No]	
H4.9	Shopkeepers	1. Yes	2. No		
H4.10	Other private lenders	1. Yes	2. No		
H4.98	Other:	1. Yes	2. No		
H5	What has the money been used for? Do not read the list	. Record ev	erything th	at is mentio	ned.
H5.1	Purchase or building home	1. Yes	2. No		
H5.2	Improving home	1. Yes	2. No		
H5.3	Business/trading	1. Yes	2. No		
H5.4	Agriculture	1. Yes	2. No		
H5.5	Education of children	1. Yes	2. No]	
H5.6	Migration	1. Yes	2. No		
H5.7	Health	1. Yes	2. No		
H5.8	Social obligations (e.g. dowry, wedding, etc.)	1. Yes	2. No		
H5.9	Durable goods	1. Yes	2. No		
H5.10	Daily expenses	1. Yes	2. No		
H5.11	Loan or debt payments	1. Yes	2. No		
H5.12	Clothing	1. Yes	2. No		<u> </u>
H5.13	Electricity bills	1. Yes	2. No		
H5.98	Other:	1. Yes	2. No		

I: Health (Male respondents only)

We would like to ask some questions about your health.

No.	Question	Coding		Skip	Response
I1	Have you been ill during the last two weeks?	1. Yes	2. No	If 2, skip to I4	
12	Did you visit a health post/centre/hospital?	1. Yes	2. No	If 1, skip to I4	

I 3	Why did you not visit a health post/centre/hospital? Do not read	the list. I	Record ev	erything tha	t is mentioned
I3.1	Not necessary	1. Yes	2. No		
I3.2	Too expensive	1. Yes	2. No		
I3.3	Too far (distance)	1. Yes	2. No		
I3.4	Inaccessible (issues with infrastructure)	1. Yes	2. No		
I3.5	Poor quality of care	1. Yes	2. No		
I3.6	Cultural reasons	1. Yes	2. No		
I3.7	Lack of time	1. Yes	2. No		
I3.8	Went to traditional healer	1. Yes	2. No		
I3.9	Went to religious healer (e.g. Khalifas or Mullahs)	1. Yes	2. No		
I3.10	Self-medicated	1. Yes	2. No		
I3.98	Other:	1. Yes	2. No		
I 4	In general, how would you say your health was in the last 12 months?	1. Very 2. Good 3. Fair 4. Bad 5. Very	ľ		

PHQ8

1110						
HPHQ	Over the last 2 weeks, how often have you been bothered by any of the following problems?					
HPHQ1	Little interest or pleasure in doing things	0. Not at all				
HPHQ2	Feeling down, depressed, or hopeless					
нрн Q3	Trouble falling or staying asleep, or sleeping too much					
HPHQ4	Feeling tired or having little energy					
HPHQ5	Poor appetite or overeating	1. Several days 2. More than half the days				
HPHQ6	Feeling bad about yourself or that you are a failure or have let yourself or your family down	3. Nearly every day				
нрн Q7	Trouble concentrating on things, such as reading the newspaper or watching television					
HPHQ8	Moving or speaking so slowly that other people could have noticed. Or the opposite being so fidgety or restless that you have been moving around a lot more than usual					

J: Quality of Life (Male respondents only)

We have asked you questions about economic issues, different assets you have, infrastructure, your access to services, your local environment, community & associational life and health. We would like to ask you some questions related to your own quality of life.

No	Question	Coding	Skip	Response
J1	In recent years, how do you think the natural environment where you live has changed? Probe: over the last 5-10 years.	 Improved a lot Improved a little Stayed the same Become a little worse Become a lot worse 		

J2	In what way(s) has the natural environment changed the most drastically where you live? Do not read the list. Record everything that is mentioned.	 Air quality/pollution Water quality/pollution Soil quality/pollution Climate/weather changes Increased natural disasters Increased glacial melting Tree/plant cover Change in species/ biodiversity Other: Don't know 		<u> </u>
Ј3	Have these changes had an effect on your household?	1. Yes 2. No		<u> </u>
J4	In what ways was your household affected by these changes? Do not read the list. Record everything that is mentioned.	Agricultural production/ output Livestock/animal rearing Livelihoods/Income Damage to house/land Physical health Psychological/emotional stress Access to drinking water Street		<u> </u>
J5	COVID was declared a global pandemic in early 2020. Since the beginning of the pandemic, have you been affected by it in any way?	1. Yes 2. No	If 2, go to I8	
J6	How were you affected? Do not read the list. Record everything that is mentioned.	 Employment Migration Education Health Social life Access to services Movement Other 		<u> </u>
J18	Over the last two-three years how do you think the economic status of your household has changed?	1. Improved a lot 2. Improved a little 3. Stayed the same 4. Become a little worse 5. Become a lot worse 99. Don't know		<u> </u>
J19	How much time do you have for leisure?	A lot of time Enough time Little time No time at all		
J20	How would you rate your overall quality of life?	 Very good Good Neither good nor poor Poor Very poor 		
J21	Over the last two-three years how do you think the quality of your life has changed?	Improved a lot Improved a little Stayed the same Become a little worse Become a lot worse	If 3, skip to J24 If 4 or 5, skip to J23	
J22	What are the main reasons for this change? Do not read the list. Record up to 3 items.	1.		

Codes for Question J22

Positive Change

- 101. Improved economic situation
- 102. Improved food security
- 103. Improved health (self and/or family, access and quality of services)
- 104. Improved housing
- 105. Better education opportunities (access, quality, etc.)
- 106. Improvement in basic services (electricity, water, roads etc.)
- 107. Reduction/resolution of family conflicts
- 108. Reduction/resolution of community conflicts
- 109. Improved security
- 110. Fewer natural disasters/improved preparedness
- 098. Other

		I				
	What are the main reasons for this change?	1.				
J23	What are the main reasons for this change?	2.				
	Do not read the list. Record up to 3 items.	3.				
Codes for	r Question J23					
Negative						
	rse economic situation					
202. Wor	rse food security					
	ealth (self and/or family, access and quality of s	services)				
	olems with housing	,				
	rer education opportunities (access, quality, etc.)					
	uction in basic services (electricity, water, roads					
	esolved family conflicts					
	esolved community conflicts					
209. Wor	rsening security					
210. Occ	urrence of natural disasters/lack of preparedness	S				
098. Othe	er					
	In your opinion, what are the top 3 problems	1.				
J24	in your community? Do not read the list.	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1				
327	Record up to 3 items.	2.				
	•	3.				
	r Question J24					
00. None						
	Infrastructure (roads, bridges, lack of shelter, tra	ansportation)				
02. Electr						
	r for drinking					
	r for irrigation	`				
	cultural (tools, services, livestock problems, crop					
	rty, unemployment, lack of access to markets, h	ign prices				
07. Healt 08. Educa						
	urity/crime					
	10. Governance (corruption, weak government) 11. Sectarian conflicts					
12. Food shortages						
13. Natural disasters (flood/mudslide/avalanche/rockfall)						
13. Natural disasters (1100d/filiddsfide/avaranche/fockfair) 14. Fuel wood						
98. Other						
		1. Yes	If 2, complete			
J25	Is this the only respondent?	2. No	K and R			

Thank you (name of male) for your time and your willingness to answer our questions. We would now request to ask some questions about food, health and other issues from (name of female) alone.

Sections K-R are to be answered by the adult female respondent of the household. (Preferably the spouse of the household head)

K: Food Security

We would like to ask you some questions about the food situation in your household.

Food Insecurity Experience Scale (FIES)

Now I would like to ask you some questions about food:

No	Question	Coding	Skip	Response
	During the last 12 months, was there a time when	1. Yes	•	
171	you were worried about not having enough food	2. No	> K2	1
K1	to eat because of lack of money or other	98. Don't know	> K2	
	resources?	99. Refused	> K2	
	West 1's see 'C's 11 1 see the COVID 10	1. Yes		
K1a	Was this specifically due to the COVID-19	2. No		1 1
Kia	crisis?	98. Don't know		
		99. Refused		
	During the last 12 months, was there a time when	1. Yes		
K2	you or others in your household were unable to	2. No	> K3	
	eat healthy and nutritious food because of a lack	98. Don't know	> K3	- ''
	of money or other resources?	99. Refused	> K3	
		1. Yes		-
K2a	Was this specifically due to the COVID-19	2. No		
	crisis?	98. Don't know		
		99. Refused		
	During the last 12 months, was there a time	1. Yes		-
К3	when you or others in your household ate only	2. No	> K4	
	a few kinds of foods because of a lack of	98. Don't know	> K4	
	money or other resources?	99. Refused	> K4	
	Was this specifically due to the COVID-19 crisis?	1. Yes		
K3a		2. No		
1134		98. Don't know		
		99. Refused		
	During the last 12 months, was there a time	1. Yes		
K4	when you or others in your household had to	2. No	> K5	
124	skip a meal because there was not enough	98. Don't know	> K5	
	money or other resources to get food?	99. Refused	> K5	
		1. Yes		
K4a	Was this specifically due to the COVID-19	2. No		
K4a	crisis?	98. Don't know]
		99. Refused		
	During the last 12 months, was there a time	1. Yes		
T7 F	when you or others in your household ate less	2. No	> K6] , ,
K5	than you thought you should because of a lack	98. Don't know	> K6	1
	of money or other resources?	99. Refused	> K6	1
		1. Yes		
	Was this specifically due to the COVID-19	2. No		1 .
K5a	crisis?	98. Don't know		
		99. Refused		1
		1. Yes		
	During the last 12 months, was there a time	2. No	> K7	1
K6	when your household ran out of food because	98. Don't know	> K7	
	of a lack of money or other resources?	99. Refused	> K7	1
		77. Ketuseu	/ N/	İ

		1. Yes			
K6a	Was this specifically due to the COVID-19 crisis?	2. No			
Koa		98. Don't know			
		99. Refused			
	During the last 12 months, was there a time	1. Yes			
K7	when you or others in your household were	2. No	> K8	1 1	
K/	hungry but did not eat because there was not	98. Don't know	> K8		
	enough money or other resources for food?	99. Refused	> K8		
	Was this specifically due to the COVID-19 crisis?	1. Yes			
IZT.		2. No			
K7a		98. Don't know			
		99. Refused			
	During the last 12 months, was there a time	1. Yes			
K8	when you or others in your household went	2. No	>L1		
Κō	without eating for a whole day because of a	98. Don't know	>L1		
	lack of money or other resources?	99. Refused	>L1		
		1. Yes			
I/O _c	Was this specifically due to the COVID-19	2. No			
K8a	crisis?	98. Don't know			
		99. Refused			

L: Community and associational life (Female respondents only)
We would like to ask you some questions about community and your associational life.

No	Question	Coding		Coding		Skip	Response
L2	How safe do you feel in your neighbourhood/village?	1. Very safe 2. Fairly Safe 3. Fairly Unsafe 4. Very Unsafe 99. Don't know		 Fairly Safe Fairly Unsafe Very Unsafe 		If 1, 2 or 99, skip to L4	
L6	Are you a member or volunteer of any of the following groups or associations? <i>Read the list</i> .						
L6.1	Work related/Trade union group	1. Yes	2. No				
L6.2	Village organization	1. Yes	2. No				
L6.3	Youth group	1. Yes	2. No				
L6.4	SUDVO	1. Yes	2. No				
L6.5	Red Crescent	1. Yes	2. No				
L6.6	CBSG	1. Yes	2. No				
L6.7	Khojagee Dehqoni (Farmer's association)	1. Yes	2. No				
L6.8	CERT	1. Yes	2. No				
L6.9	AVPT	1. Yes	2. No				
L6.10	CHP	1. Yes	2. No				
L6.11	Women's group	1. Yes	2. No				
L6.98	Other:	1. Yes	2. No				

M: Savings (Female respondents only)

We would now like to ask some questions about savings you may have.

No.	Question	Coding		Skip	Response	
М3	Do you have any cash savings?	1. Yes	2. No	If 2, skip to N1		
M3.1	Are these savings personal or do they belong to your household?	1. Persona 2. Househ				
M6	Where is the money saved? <i>Read the list</i> .					
M6.1	FMFB	1. Yes	2. No			
M6.2	Another Bank	1. Yes	2. No			
M6.3	Home	1. Yes	2. No			
M6.4	Local saving group	1. Yes	2. No			
M6.5	CBSG	1. Yes	2. No			
M6.98	Other:	1. Yes	2. No			
M7	What are you saving for? Do not read the list. Record everything that is mentioned.					
M7.1	Home construction/renovation	1. Yes	2. No			
M7.2	Buy a house	1. Yes	2. No		<u> </u>	
M7.3	Agricultural construction/equipment	1. Yes	2. No			
M7.4	Education of children	1. Yes	2. No			
M7.5	Migration	1. Yes	2. No			
M7.6	Buy land	1. Yes	2. No			
M7.7	Buy animals	1. Yes	2. No			
M7.8	Buy durable goods	1. Yes	2. No			
M7.9	Buy food products	1. Yes	2. No			
M7.20	Leisure	1. Yes	2. No			
M7.11	Clothing	1. Yes	2. No			
M7.12	Social Obligations (e.g. dowry, wedding, etc.)	1. Yes	2. No		<u> </u>	
M7.13	Debt Payment	1. Yes	2. No			
M7.14	Start new business (e.g., shops, stores, etc.)	1. Yes	2. No			
M7.15	Emergencies/cushions	1. Yes	2. No			
M7.16	Fund for children	1. Yes	2. No			
M7.98	Other:	1. Yes	2. No			

N: Loans (Female respondents only)

We would now like to ask some questions about loans you may have.

No.	Question	Coding		Coding		Skip	Response
N1	Do you have any outstanding loans/debts?	1. Yes	2. No	If 2, skip to O1			
N1.1	Are these loans/debts personal or do they belong to your household?	1. Personal 2. Household					
N4	To whom do you owe money? Do not read the list. Recor	rd everything	that is me	ntioned.			
N4.1	FMFB	1. Yes	2. No				
N4.2	Another Bank:	1. Yes	2. No				
N4.3	Village Organisations	1. Yes	2. No				
N4.4	Work organizations	1. Yes	2. No				
N4.5	Agricultural/farm organizations	1. Yes	2. No				
N4.6	Relatives and Friends	1. Yes	2. No				
N4.7	Pamir Energy (utility bills)	1. Yes	2. No				
N4.8	CBSG	1. Yes	2. No				
N4.9	Shopkeepers	1. Yes	2. No				
N4.10	Other private lenders	1. Yes	2. No				
N4.98	Other:	1. Yes	2. No				

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N5	What has the money been used for? Do not read the list. Record everything that is mentioned.					
N5.1	Purchase or building home	1. Yes	2. No			
N5.2	Improving home	1. Yes	2. No			
N5.3	Business/trading	1. Yes	2. No			
N5.4	Agriculture	1. Yes	2. No			
N5.5	Education of children	1. Yes	2. No			
N5.6	Migration	1. Yes	2. No			
N5.7	Health	1. Yes	2. No			
N5.8	Social obligations (e.g. dowry, wedding, etc.)	1. Yes	2. No			
N5.9	Durable goods	1. Yes	2. No			
N5.10	Daily expenses	1. Yes	2. No			
N5.11	Loan or debt payments	1. Yes	2. No			
N5.12	Clothing	1. Yes	2. No			
N5.13	Electricity bills	1. Yes	2. No			
N5.98	Other:	1. Yes	2. No			

O: Health (Female respondents only)
We would like to ask some questions about your health.

No.	Question	Coc	ling	Skip	Response	
01	Have you been ill during the last two weeks?	1. Yes	2. No	If 2, skip to O4		
O2	Did you visit a health post/centre/hospital?	1. Yes	2. No	If 1, skip to O4		
03	What is the main reason that did you not visit a health post/centre? Do not read the list. Record everything that is mentioned.					
03.1	Not necessary	1. Yes	2. No			
O3.2	No money	1. Yes	2. No			
03.3	Too far (distance)	1. Yes	2. No			
03.4	Inaccessible (issues with infrastructure)	1. Yes	2. No			
03.5	Poor quality of care	1. Yes	2. No			
O3.6	Cultural reasons	1. Yes	2. No			
O3.7	Lack of time	1. Yes	2. No			
O3.8	Went to traditional healer	1. Yes	2. No			
03.9	Went to religious healer (e.g. Khalifas/Mullah)	1. Yes	2. No			
O3.98	Other:	1. Yes	2. No			
04	In general, how would you say your health was in the last 12 months?	1. Very good 2. Good 3. Fair 4. Bad 5. Very bad				

PHO8

rnyo			
OPHQ	Over the last 2 weeks, how often have you been bothered by any of the	ne following problems?	
OPHQ1	Little interest or pleasure in doing things		
OPHQ2	Feeling down, depressed, or hopeless		
ОРНQ3	Trouble falling or staying asleep, or sleeping too much		
OPHQ4	Feeling tired or having little energy	0. Not at all	
OPHQ5	Poor appetite or overeating	 Several days More than half the days 	
OPHQ6	Feeling bad about yourself or that you are a failure or have let yourself or your family down	3. Nearly every day	
орно7	Trouble concentrating on things, such as reading the newspaper or watching television		
ОРНQ8	Moving or speaking so slowly that other people could have noticed. Or the opposite being so fidgety or restless that you have been moving around a lot more than usual		

P: Reproductive Health (Female respondents only)
We would now like to ask you some questions about any babies who were born in the household in the last 5 years.

No.	Question	Coding	Skip	Response
P1	Did any woman in the household deliver a baby in the last 5 years?	1. Yes 2. No	If 2, skip to Q1	
P2	How many babies were delivered in the household in the last 5 years?	Provide number of babies delivered		

We would now like to ask you some questions about each of the babies that were delivered in the last five years.

3 .7	0 4	G 11	GI.	Response				
No.	Question	Coding	ng Skip		Baby 2	Baby 3	Baby 4	Baby 5
Р3	Where was the baby delivered?	At home At primary health care centre At hospital Other						
P4	Who delivered the baby?	 Doctor Untrained traditional birth attendant Trained traditional birth attendant Skilled birth attendant (nurse/midwife) Older woman Self 					<u> </u>	
P5	How was the baby delivered?	 Normal delivery Forceps/Suction Caesarean Section 			<u> </u>			
P6	While pregnant, did the mother consult with a community health worker/midwife/nurse/doctor?	1. Yes 2. No	If 2, go to Baby2					
P7	How many times did the mother consult with a community health worker/midwife/nurse/doctor during the last pregnancy?	Number of times						

Q: Quality of Life (Female respondents only)

We have asked you questions about economic issues, different assets you have, infrastructure, your access to services, your local environment, community & associational life and health. We have also asked you questions on food security and reproductive health. We would like to ask you some questions related to your own quality of life.

No	Question	Coding	Skip	Response
Q1	In recent years, how do you think the natural environment where you live has changed? Probe: over the last 5-10 years.	 Improved a lot Improved a little Stayed the same Become a little worse Become a lot worse 		<u> </u>
Q2	In what way(s) has the natural environment changed the most drastically where you live? Do not read the list. Record everything that is mentioned.	1. Air quality/pollution 2. Water quality/pollution 3. Soil quality/pollution 4. Climate/weather changes 5. Increased natural disasters 6. Increased glacial melting 7. Tree/plant cover 8. Change in species/ biodiversity 98: Other: 99: Don't know		
Q3	Have these changes had an effect on your household?	1. Yes 2. No		
Q4	In what ways was your household affected by these changes? Do not read the list. Record everything that is mentioned	Agricultural production/ output Livestock/animal rearing Livelihoods/Income Damage to house/land Physical health Psychological/emotional stress Access to drinking water Street		
Q5	COVID was declared a global pandemic in early 2020. Since the beginning of the pandemic, have you been affected by it in any way?	1. Yes 2. No	If 2, go to P8	
Q6	How were you affected? Do not read the list. Record everything that is mentioned.	 Employment Migration Education Health Social life Access to services Movement Other 		
Q18	Over the last two-three years how do you think the economic status of your household has changed?	 Improved a lot Improved a little Stayed the same Become a little worse Become a lot worse Don't know 		
Q19	How much time do you have for leisure?	 A lot of time Enough time Little time No time at all 		
Q20	How would you rate your overall quality of life?	 Very good Good Neither good nor poor Poor Very poor 		

Q21	Over the last two-three years how do you think the quality of your life has changed?	 Improved a lot Improved a little Stayed the same Become a little worse Become a lot worse 	If 3, skip to Q24 If 4 or 5, skip to Q23	
Q22	What are the main reasons for this change? Do not read the list. Record up to 3 items.	1. 2. 3.		
101. Imp 102. Imp 103. Imp 104. Imp 105. Bett 106. Imp 107. Red 108. Red 109. Imp	r Question Q22: Positive Change roved economic situation roved food security roved health (self and/or family, access an roved housing er education opportunities (access, quality rovement in basic services (electricity, was uction/resolution of family conflicts uction/resolution of community conflicts roved security roven attural disasters/improved preparednesser	, etc.) ter, roads etc.)		
	What are the main reasons for this	1.		
Q23	change? Do not read the list. Record	2.		
	up to 3 items.	3.		
202. Wor 203. Ill h 204. Prob 205. Few 206. Red 207. Unr 208. Unr 209. Wor	rse economic situation rse food security ealth (self and/or family, access and quality blems with housing rer education opportunities (access, quality ruction in basic services (electricity, water, esolved family conflicts esolved community conflicts rsening security rrence of natural disasters/lack of prepare	r, etc.) roads etc.)		
	In your opinion, what are the top 3	1.		
Q24	problems in your village? Do not read the list. Record up to 3 items.	2.		
00. None 01. Poor 02. Elect 03. Wate 04. Wate 05. Agric 06. Pove 07. Healt 08. Educ 09. Insec 10. Gove 11. Secta 12. Food	r Question Q24 Infrastructure (roads, bridges, lack of shelt ricity r for drinking r for irrigation cultural (tools, services, livestock problems rty, unemployment, lack of access to mark hcare ation urity/crime rnance (corruption, weak government) rian conflicts shortages ral disasters (flood/mudslide/avalanche/roce	s, crops) ets, high prices		