

Maria Jemna

V00914208

EPHE 155 A01

24 Hour (x2) Food Recall

Thursday, January 9

<i>Time</i>	<i>Food/Drink</i>	<i>Details</i>
9:00am	Yogurt 1/2 cup of coffee	2x snack size by “Kirkland” (142g each) Coffee had ½ a tablespoon of sugar (approx. 500ml)
1:15pm	Spanakopita	Homemade made with feta cheese and spinach (regular serving size shaped in a triangle)
2:05pm	1 cup of coffee	Had one tablespoon on sugar (approx. 750ml)
6:00pm	Spaghetti with Meat Sauce 2 gingerbread cookies 1 drinking glass of water	Homemade with regular spaghetti (whole wheat) Cookies were homemade made with whole wheat flour
8:45pm	1 Moscow Mule 13 Chicken Wings	Moscow mule with 2 oz. Vodka (a double) Chicken wings with a salt and pepper dry rub

Saturday, January 11

<i>Time</i>	<i>Food/Drink</i>	<i>Details</i>
10:15am	Scrambled eggs 4 hash browns 4 pieces of Bacon A glass of peach juice	Scrambled eggs made with 2 eggs, onions, peppers, and spinach Hash browns – made by “McCain” (potato pancakes) Sliced regular bacon from “Kirkland” Peach juice from concentrate by “Del Monte” (approx. 200ml)
1:00pm	2 Chocolate chip cookies 1 drinking glass of water	Made by “Kirkland Signature”
4:30pm	1 Banana 1 Apple	Regular sized banana Granny Smith apple
7:05pm	2 Naan Breads Tzatziki 1 glass of wine	Processed- made by “Bakestone Brothers” Made by “Skotidakis” (approx. 5 tablespoons) Wine was Rosé
9:00pm	2 alcoholic coolers	“Okanagan Apple ciders” -

		peach flavoured (355ml each)
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