# ZOOL430/430L: Animal Physiology and Laboratory Fall 2023

# 2023-10-16

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# **Course Information**

- Delivery: In person, WEB 114
- Lecture time: Monday, Wednesday and Friday 11:30am-12:20pm
- Assignments: readings, discussions, homeworks, peer reviews, four projects

#### **Lab Information**

- Delivery: In person, EDM 101
- Section 2: Wednesday 2:30-6:30pm
- Assignments: individual work sheets, group labs, individual lab, prelabs and prelab quizzes, partner reviews

## How to register and participate

- Register for ZOOL430 CRN 78365 3 credits and either ZOOL430L CRN 78366 or CRN 78367
- BIOL275 is the prerequisite.
- The lab is a critical component of physiology education, and a corequisite. The lecture and lab are designed together you must register for both.
- Please contact me with any questions, issues, or registration problems maybe I can help.
- Learning is a developmental process, attendance is mandatory and engagement is necessary to improve.

## **Prerequisites**

Physiology is the science of how life works. The prerequisite is  ${\rm BIOL}275.$ 

You should also have completed Physics, as we will be discussing forces, pressures, gravity, mechanics, etc. as well as general chemistry. Also very helpful (but not a prerequisite) is biochemistry, which will help with metabolism and cellular physiology.

#### Instructors

- Marguerite A. Butler (https://butlerlab.org)
  - Office Location: Edmondson 316Email: mbutler808 at gmail.com
  - Office Hours: After class and by appointment

- Diana Gao (TA)
  - Office Location: Edmondson 316Email: dianagao at hawaii.edu
  - Office Hours: After class and by appointment
- Allison Fisher (TA)
  - Office Location: Edmondson 316Email: arfisher at hawaii.edu
  - Office Hours: After class and by appointment

### How to stay informed

- 1. Please check your **email**, but as people join I will start moving to mainly to using **DISCORD** to send class announcements and information.
- 2. Please join the class DISCORD server for communication.
  - Be sure to turn on your notifications for the DISCORD server (whether you use the phone or desktop version). Here is a helpful link.
- 3. Cool Animal posts. Share cool info with your peers and earn one point per week extra credit for any type of post related to Animals (biology, not pets) and/or Physiology. Post to #cool-animals on DISCORD or to the class FaceBook https://www.facebook.com/groups/AnimalPhysiologyUH/

### How to get help

In order of preference, here is how to get help:

1. I strongly encourage you to use the course DISCORD server by posting to #general or one of the question channels. You can get your answers faster, and other students in the class (who likely have similar questions) can also benefit from the questions and answers given. Everyone is encouraged to participate.

- 2. Make an appointment https://calendly.com/mbutler808/office-hours. If this is regarding any group work, please be sure to include your partner(s) in the meeting.
- 3. For lab help, make an appointment with Diana Gao by email

## **Learning Objectives:**

Upon successfully completing this course, students will be able to:

- 1. Understand the basic principles of animal physiology, and discuss issues such as how animals remain in homeostasis in the face of changing internal or external environments, the role of fluxes and the expenditures of energy against them, and the various solutions that vertebrate lineages have evolved to meet life's challenges.
- 2. Be able to apply these principles to novel situations.
- 3. Be able to write a well-researched and reasoned scientific paper.
- 4. Be able to design and perform basic laboratory experiments in comparative physiology.
- 5. Understand that science is advanced by the creative application of past knowledge to new situations to generate new knowledge, and the importance of collaboration in a diverse scientific community.

## **Course Objectives:**

- 1. Teach basic principles of animal physiology through project-based learning,
- 2. Practice the scientific method and strengthen critical thinking skills and active, self-directed learning by putting into practice the scientific method,
- 3. Engender good laboratory skills and approaches to physiological experimentation,
- 4. Develop scientific writing and speaking skills,
- 5. Promote proficiency in reading primary scientific literature and improve ability to find that literature,

6. Promote skills necessary to engage in productive intellectual interactions and successful collaboration.

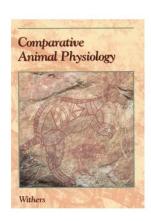
#### **Textbook**

## Note

**REQUIRED TEXT**: Comparative Animal Physiology by Phillip C. Withers, 1992.

- Rent your copy from the Biology Office St. John 101 (\$20 deposit, refundable when book is returned) . - If you want to purchase your own copy, order online and use  $EXPEDITED\ SHIPPING$  or your book may take 4-6 weeks to arrive! + Google "Comparative Animal Physiology Withers" or Amazon.com or alibris.com etc. (or try google books "see all sellers").

OPTIONAL: Animal Physiology by Hill, Wyse, and Anderson. Looseleaf or ebook is also available. - Get a used book or older edition if you'd like to save money (via Expedited Shipping!) or any upper-level comparative or human physiology book. Lab Manual will be posted on website.



# **Important Links**

- Course website: https://mbutler808.github.io/animalphys/ Information central for both the lecture and laboratory. Posted here are all assignments, including reading assignments, problem sets, laboratory exercises and reports.
- **GitHub repository** with course material: https://github.com/mbutler808/animalphys.
- Google Shared Drive Where we will post additional resources. I will add you to the drive using your UH ID. If you want to use an alternative email LMK: email.
- Laulima For grades and lab quizzes.

• ZOOL430 library study guide: https://guides.library.manoa.hawaii.edu/zoology430

## **Course Mechanics**

#### **Course Methods:**

We will learn science by practicing science.

Students will learn physiology through assigned **readings**, will come to class prepared for productive **discussion**, practice scientific problem-solving by completing **homeworks**, and engage in **project-based learning**. Labs will reinforce learning through **experimentation** and writing **lab reports**.

As this is a writing and oral intensive course, we will learn by reviewing, editing, and rewriting your work as well as develop of effective scientific arguments through oral presentation. Attendance is mandatory.

## **Scaffolding**

- Readings prepare you for discussion
- **Discussion** is for trying out your ideas for *homework* and *projects*
- Homework is practice for the design projects
- Oral presentations are for developing arguments for design projects
- Peer review provides feedback on design drafts
- Synthesize all your feedback into design projects

### **Discussion**

Class time is mainly for interacting with the content through discussion. Discussion is important for brainstorming and testing your explanations and getting feedback prior to your homework and design projects. Read, ponder the study questions, and come to class prepared to engage in a high-level

discussion in your discussion group of 3, assigned at random each week.

**Grading**: Each week you will evaluate your discussion partners (based on quality of contributions, preparation, participation). Each person s discussion grade is averaged from their partners. Thus in order to receive a grade, you must complete the evaluation yourself. Failure to attend = zero grade discussion grade. Teaching staff can override grades for poor contribution at our discretion.

¶ Successful discussion requires a respectful attitude and collaborative behavior.

- Participation means Everyone must speak; everyone must listen
  - Take turns before diving deeper
  - Listen before contributing again
  - Take the time to make everyone feel comfortable
- Encourage participation from all if someone is quiet, *ask* for their input/thoughts
- Respect cultural differences, do not judge people based on communication style
- Discussions are not about "scoring points" they are about going deeper and getting creative.

#### **Problem Sets**

Problem sets (homework) are designed to help you master the lecture material AND to prepare for the modeling calculations you will have to do in your animal design projects. Problem sets are posted online and due in one week at the start of lecture.

- Everyone must do their own work - Homeworks must be hand-written by yourself. Draw pictures by hand. On paper or by tablet is OK. - Come for help if you are stuck. - You may collaborate by working together — you may discuss strategies for solving the problems. DO NOT ASK FOR OR GIVE OUT THE WORKED OUT ANSWER UN-DER ANY CIRCUMSTANCES. - Cheating or abuse of the honor system will result in big changes in the course and reporting to the Office of Judicial Affairs.

## Animal Design Project

The major project of this course. Work in a team of two to design four physiological systems of an extinct vertebrate animal: metabolism, digestion, respiration, and excretion (or your original design). (see Section for details)

#### **Oral Presentations**

You will present two 10 minute oral presentations on your animal design: in week 5 during the lab session, and at the end of the semester in the lecture. Scientific talks are for receiving feedback on work in progress from the scientific community before their paper is finalized, so you are encouraged to speak on work in progress.

#### **Exams**

No Exams in this class. No one makes a living taking tests.

## **Guidelines for Group Work**

Learning how to collaborate is an important life skill in today's world, but it is hard. The point of collaboration is to produce of higher quality than what we can accomplish alone.



#### Successful partners:

- Share a vision regarding the quality of work produced.
- Have a clear plan of action developed collaboratively.
- Stick to agreed schedule.
- Will meet face to face or by zoom, etc.

- Share work equitably.
- Respect each other and their contributions. Are honest.
- Communicate: Keep partners updated at all times.
- Complete work early enough to check each other's work and edit before handing it in.
- DO NOT partner with your best friend, girlfriend, boyfriend, etc. **Bad idea.**
- Most, most, most important: Good partners do what they agreed to and get the job done on time.

Outstanding papers will be a unified product of both partners contributing their best efforts.

We will see a wide range of papers in this class – from what looks like last-minute work, to those that rise to the level of professional-quality. It is an amazing difference.

#### **Software**

LabChart Reader Software: Install a free copy (reader version) of the data acquisition software to work on data analysis at home. Labchart 7.x or 8.x Reader: http://www.adinstruments.com/support/software

Spreadsheet software is helpful for analyzing data and creating figures. **google sheets**, **excel**, **numbers**, or **LibreOffice** are fine.

[Optional] If you use R, let me know, and I can help. Comprehensive R Archive Network.

#### **Project collaboration**

Please feel free to study together and talk to one another about project assignments. The mutual instruction that students give each other is among the most valuable that can be achieved. However, it is expected that **project assignments will be** implemented and written up independently unless otherwise specified. Specifically, please share strategies but not solutions, especially with folks who have not tried it yet themselves.

Please **do collaborate** on write-up and interpretation with your actual design partners or lab partners. Include all partners on all communications with instructional staff.

#### **Discussion Forum**

The course will make use of a DISCORD server to ask and answer questions and discuss any of the course materials. Please engage and provide answers as well as questions. The Instructor will monitor DISCORD and answer questions when appropriate.

## **Animal Design Project**

Each pair of students will model four physiological systems and write a scientific paper describing the design for one of the physiological systems of an extinct vertebrate. See the schedule for due dates. Papers are written in drafts with opportunity to revise after receiving peer and instructor reviews. You will make 2 oral presentations. One partner will be first author (have primary responsibility) for reports 1 and 3, and the other partner for reports 2 and 4.

Both authors are expected to contribute to the research and analysis presented as well as the writing, but the primary author is responsible for coordinating the tasks, setting the schedule, submitting the initial draft, the final editing and submission of the final draft.

## **Background Information**

You will collect background information to inform your physiological model, and puzzle out how your animal could have solved its physiological challenges.

#### **Information Sources**

- Your instructors, textbooks, books on organismal biology and paleontology in Hamilton Library, and the Internet are good places to start.
- References cited in your paper should be from the PRI-MARY SCIENTIFIC LITERATURE (i.e., scientific books, review articles, and primary research articles from peer-reviewed professional scientific journals). Books and journals for the general public are not acceptable.
- Use of websites are discouraged, only those maintained by research institutions (e.g., scientific museums) may be used.
- Caution!: DO NOT CITE CREATIONIST or POPU-LAR websites. Careful – creationists create "institutes" too.
- Good websites for exploring potential fossils:
  - Tree of Life Project: http://www.tolweb.org/tree/
  - Recent issues of Nature (especially) or Science. Be sure to login through the UH Library for free access
  - Dinosaurs and Pterosaurs article
  - Fire and Rancho La Brea Megafauna article
- Use the online UH library databases specifically designed to search for scientific articles
  - UH Library science databases and E-journals: http://www.hawaii.edu/sciref/.
    - Check out "Science & Technology Databases" tab.



- Good databases: Web of science, google scholar, or zoological record
- ZOOL430 library study guide: https://guides. library.manoa.hawaii.edu/zoology430
  - Check out the tabs along the top
  - The "In Class Exercises" is very helpful for developing database searching skills
- Jonathan Young is our own Natural Sciences Reference Librarian. Please reach out to him for help he s very friendly and willing to help.

#### **Format**

- Papers must include a **Title**, an **Abstract**, **Introduction**, **Methods**, **Results** (written in paragraph form and where you present your findings), **Discussion** (discuss the implications of your results, what they mean and future directions), **Author Contributions** (a brief paragraph describing what each person contributed to the paper), and **References** (c.f. Kultz, 2003; min 10 primary literature sources).
- The papers should be approximately 8 pages in length (1" margins on all sides, 12-point font double-spaced). Figures and/or Tables are included in the page length, but References are not. If possible, embed your figures into the text. Page limits are a target, I am more concerned about content rather than length.
- Writing assistance @ the Manoa Writing Center (http://www.english.hawaii.edu/writingcenter/). Or make an appointment to see me. I can help.

## **Related Components**

- Design background
- Four **Design Project** papers. Clearly state your assumptions based on pertinent literature on the topic,

as well as your own analysis and design of the system.

- Partner evaluation. Each partner evaluates and grades the other's contributions to the project.
- Peer-reviews/Grading. Your review of a colleague's design project paper. You will be assigned one paper to read at each due date. Turn in three copies of your written summary (the peer-review) and score that you feel the paper should receive (one copy to me, one to each of the authors). You will be graded on the quality of your peer-review and grading.

## **Design Project Grading Criteria**

The following are criteria for an "A" paper. Papers of lesser quality will be graded accordingly.

- **?** The quality of the content is most important
  - The *content* (60%) is judged on mastery of the material and will demonstrate the following:
    - Material presented is accurate and convincing (this means that your writing will give the reader will a high degree of confidence that you are correct and we can trust everything including your calculations);
    - Deals completely and creatively with the physiological system in the assignment;
    - Major concepts are well integrated demonstrating a thorough understanding on the part of the students;
    - The paper reflects university-level mastery of the material.
    - An "A" paper will provide a physiological insight into the problem
  - The *organization (20%)* is judged on the structure of the paper and will include:
    - A clear and fully developed argument,

- Support for every claim/scientific statement via calculations and/or suitable references,
- A logical and concise overall organization,
- Paragraphs that are constructed to assist concise and orderly flow of ideas,
- Absence of repetition, and
- A varied range of sentence structure.
- Style and grammar (10%): The paper should read smoothly and clearly, indicating the student's ability to synthesize material from a number of sources into a coherent whole. There are no, or very few, typing errors. There are no significant errors in grammar, spelling or punctuation.
- Cited references (10%) are of sufficient quantity and quality for the topic covered, and are appropriately cited and referenced. You may use any standard scientific format. see for example

PLEASE NOTE: Your paper must be cohesive and interesting. Rubrics don't convey the message that a poorly written paper will get lower marks on all categories.

# Laboratory

## **Laboratory Sessions**

Labs meet once per week starting immediately. There will be 13 sessions when experiments will be performed, one session for discussion of critiques of your animal design projects, and one session mid-semester when each team will deliver a 10-minute oral report on your animal design project.

## **Laboratory Attendance**

Attendance is mandatory and there are no make-up labs. Failure to attend a lab will result in a grade of "zero" for that laboratory report unless you were absent due to health

problems and have documentation from a doctor, clinic, or coroner stating why you were unable to attend class.

If you are a UH athlete and are going to miss a laboratory due to an athletic event, you must inform your TA and Dr. Butler AT LEAST TWO WEEKS before that date. In the case of acceptable absences, arrangements for alternate assignments will be made, as appropriate, and if feasible.

## **Laboratory Materials**

- Bound **laboratory notebook** (composition book is fine) closed-toed shoes for labs involving dissection.
- Software: Install a free copy (reader version) of the data acquisition software to work on data analysis at home. Labchart 7.x or 8.x Reader: http://www.adinstruments.com/support/software
- If you have a dissection kit, please bring it to dissection labs.

### Pre-Lab

Prior to lab

- 1. Read the **lab manual** and any **protocols** with the aim of understanding the main question and techniques used,
- 2. Do the prelab quiz on Laulima, and
- Come with a completed prelab written in your notebook, consisting of: a brief introduction and a materials and methods section. Easy points! But no credit for late Pre-Labs.

## **Laboratory Roles**

Laboratories will be conducted in groups of 3, with roles which rotate each week:

- 1. The animal handler/test subject, who preps the subject, performs any dissection, and maintains the prep in good condition throughout the experiment
- 2. **The experimenter**, responsible for all aspects of experimental setup and performing the manipulations, and scribe duties, and
- 3. The computer recorder, who ensures that all data are recorded with annotations, and makes sure that the data are saved and distributed to all members.
- 4. One of you will also be the **project coordinator**, which also rotates weekly

## **Project Coordinator**

The **project coordinator** ensures that everyone knows their roles, works together efficiently and harmoniously, and checks data quality before moving on to the next procedure. They also collaboratively establish writing assignments and deadlines. Like the producer on a movie set, the project coordinator is responsible for making everyone is doing their part to accomplishing the tasks. *Note: The PC does NOT do all of the analysis or writing.* 

Each PC earns a "project coordinator score" based on the average score of the group lab reports for which he/she was project coordinator.

## **Laboratory Reports**

There will be a total of 13 laboratory reports:

- 9 group reports (G),
- 3 individual worksheets (IWS), and
- 1 individual report (I)
- These are designated G, IWS, or I on the schedule).
- Lab reports are always due the following week at the start of your designated lab time.

Lab reports should be 3-5 pages in length; focus on the main ideas and get straight to the point. You can go longer if you

can't be more concise (don't just stop). Scientific content matters much more than style.

## Fair Contributions to Group Work

- Group reports will be submitted by the Project Coordinator but must have substantial contributions from each member of the group.
- Each collaborative report must have an official "statement of respective contributions" section at the end of the report, detailing members contributions.
- Each group report submission will be followed by a "Lab Partner Evaluation" which you will be invited to complete by an email from TEAMMATES. These are used to calculate your participation grade.
- Please be honest and accountable, this is the path to improvement and success.

## Laulima shared course space

This course space is being shared by students in the following CRNs [78366, 78367] and if you do not wish to be in a shared course space, please drop this section and register for another section or alternate course.

# **Grading**

There will be a lot of points available for you to earn in the course. As shown in the table below  $\sim 1/3$  your grade will be based on points from lecture-based problem sets and discussions,  $\sim 1/3$  from laboratory reports, and  $\sim 1/3$  from the animal design project and oral presentation assignments.

Table 1: Assignment Values

		Points	Total		
Category	N	Each	Points		
Lab Work Sheets -	3	20	60		
Individual					
Laboratory Reports -	8	30	240		
Group					
Laboratory Reports –	1	60	60		
Individual					
Laboratory Project	1	30	30		
Coordinator					
Laboratory Partner	8	10	80		
Evaluation					
Pre-Lab Quiz	10	5	50		
Pre-Lab	10	5	50		
Lecture Problem Sets	6	30	180		
Discussion Partner	15	10	150		
Evaluation					
Quizzes	?	?			
Design Background	1	10	10		
Design Project – first	2	105	210		
author					
Design Project –	2	45	90		
second author					
Design Projects –	4	15	60		
partner evaluation					
Peer Review	3	10	30		
Oral Presentations	2	50	100		
TOTAL			1400		

Table 2: Grade Scale

Grading Scale	
Points	Grade
92 - 100%	A
90 - 91.9%	A-
87 - 89.9%	B+

Grading Scale	
82-86.9%	В
80-81.9%	В-
77-79.9%	C+
72-76.9%	$\mathbf{C}$
69 - 71.9%	C-
67-68.9%	D+
62-66.9%	D
55-61.9%	D-
below $55\%$	$\mathbf{F}$

# ! Important

- You will receive the same grade for both 430 and 430L (they are reciprocal co-requisites). Your scores will be rounded to the nearest 0.1%.
- You must be passing (D- or higher) both the lab and lecture to get an overall passing grade.
- NOTE: **Effort counts!** If you are on the border, I will use the effort you demonstrate through your work to decide whether to push you over.

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## **Course Policies**

## Late work

- For both lab and lecture, we will be deducting 5% for each extra late day. We will deduct 5% for the assignment that is <24 hours late, 10% points for the assignment that is 24-48 hours late, and 15% points for the assignment that is 48-72 hours late, etc.
- Turn in ALL of your work, even if it is really late. It shows effort.

## **Tech-Related Course Policies and Expectations**

- You are expected to do your own work: reading assignments, research, and homeworks.
- You are responsible for all of your work. If your name appears on the work, you are an author and are responsible for the work. Make sure you approve everything that is turned in on your behalf.
- Any work submitted as your own must include proper crediting of all sources used. This includes communication through any form of media, for example: in class, on the course website, or posted on Facebook. Do not "cut and paste" from text on posts or assignments without proper citation this is cheating.
- Please do not multi-task during class. This means no email, text, DM, social media, off-line conversations, sports scores, video games, etc. during class. We can see you. Laptops and mobile devices are allowed only for in-class activities. Abuse of devices may result in requiring devices to be turned in or being asked to leave the room.
- You are required to use computers and the internet as part of this course. Technical difficulties are no excuse for unfinished work, there are computers in the library. If you have any issues please see me for help, UH has laptops for loan.
- All assignments and postings are due on the dates indicated so that the class can proceed smoothly. Grading and feedback will be given within two weeks of submission date.

### **Academic Ethics and Student Conduct Code**

The faculty, staff, and students participating in courses of the School of Life Sciences assume a responsibility to uphold the University s missions of academic excellence and social responsibility as appropriate for an institute of higher education. Violations of the UH Systemwide Student Conduct Code includes but is not limited to: cheating; plagiarism; providing copies of

your work to other students which is submitted as their own; obtaining copies of said work by others; using copies of said work or representing any portion of another person's work as your own (i.e., plagiarism); misconduct. While we encourage you to discuss strategies for problem solving, and even collaborate by working through the problems/strategies together, giving someone all the answers is cheating. If you are unsure please ask.

Plagiarism is when you use information or present ideas, whether by paraphrase or direct quote, from a source (be it published or a classmate) without giving proper credit to that source. Cheating in any way will be reported to the attention of UH Office of Judicial Affairs, and result in an F in this course. Students should be familiar with the policies and procedures specified under the Systemwide Student Conduct Code portal.

## **Disability Support Service**

Please let me know if there is anything I can do to support you. Students requiring accommodations for disabilities should register with the Kokua program at Student Disability Services. It is the responsibility of the student to register for accommodations. The Kokua office will send me a notification once you are registered, however, they often do not share information regarding the specifics. If the accommodations are not sufficient to ensure your success, please contact me as soon as possible so that we may work together on providing for an effective learning environment.

### **General Disclaimers**

• This syllabus is a general plan, deviations announced to the class by the instructor may be necessary.