

PUNCH 11: THE SECRET TO STRENGTH

HE'S
GOING
TO TELL
ME
RIGHT
HERE
AND
NOW...





IS MASTER
GOING
TO
REVEAL

PUNCH 11: THE SECRET TO STRENGTH

...THE
SECRET
TO HIS
STRENGTH?

THAT'S
DANGEROUS.

IS IT ALL
RIGHT TO
REVEAL HIS
SECRET TO
THEM?

SHOULDN'T
I STOP
HIM?

WHAT
MATTERS IS
CONTINUING
THIS HARD
TRAINING
MENU.

LISTEN
UP.



WHAT
KIND OF
TRAINING...?

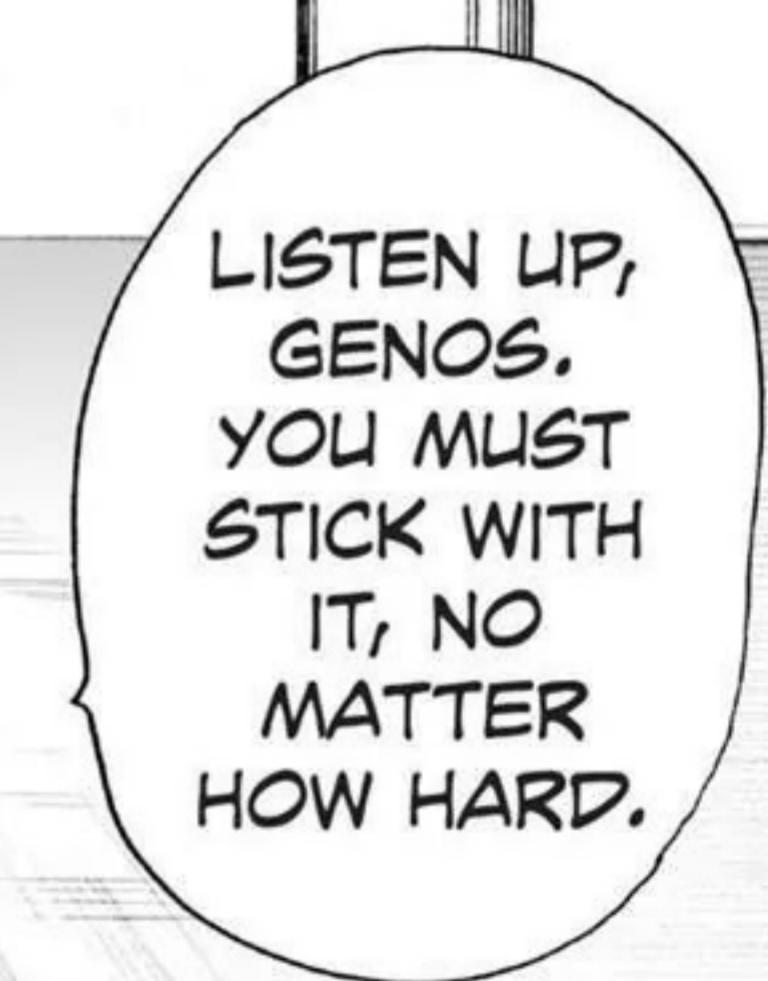


NOT SURGICAL
MODIFICATIONS,
GENETIC
MANIPULATION
OR A SECRET
DRUG?

TRAINING.



I WAS
ABLE TO
GET THIS
STRONG
IN THREE
YEARS.



LISTEN UP,
GENOS.
YOU MUST
STICK WITH
IT, NO
MATTER
HOW HARD.

AND RUN TEN
KILOMETERS.

**EVERY
DAY!!!**

ONE HUNDRED
PUSH-UPS.
ONE HUNDRED
SIT-UPS.
ONE HUNDRED
SQUATS.



TO TRAIN YOUR SPIRIT, NEVER USE HEAT IN THE WINTER OR AIR-CONDITIONING IN THE SUMMER.



BUT I
WANTED
TO BE A
STRONG
HERO, SO I
PERSISTED
EVERY DAY,
EVEN IF I
VOMITED
BLOOD.

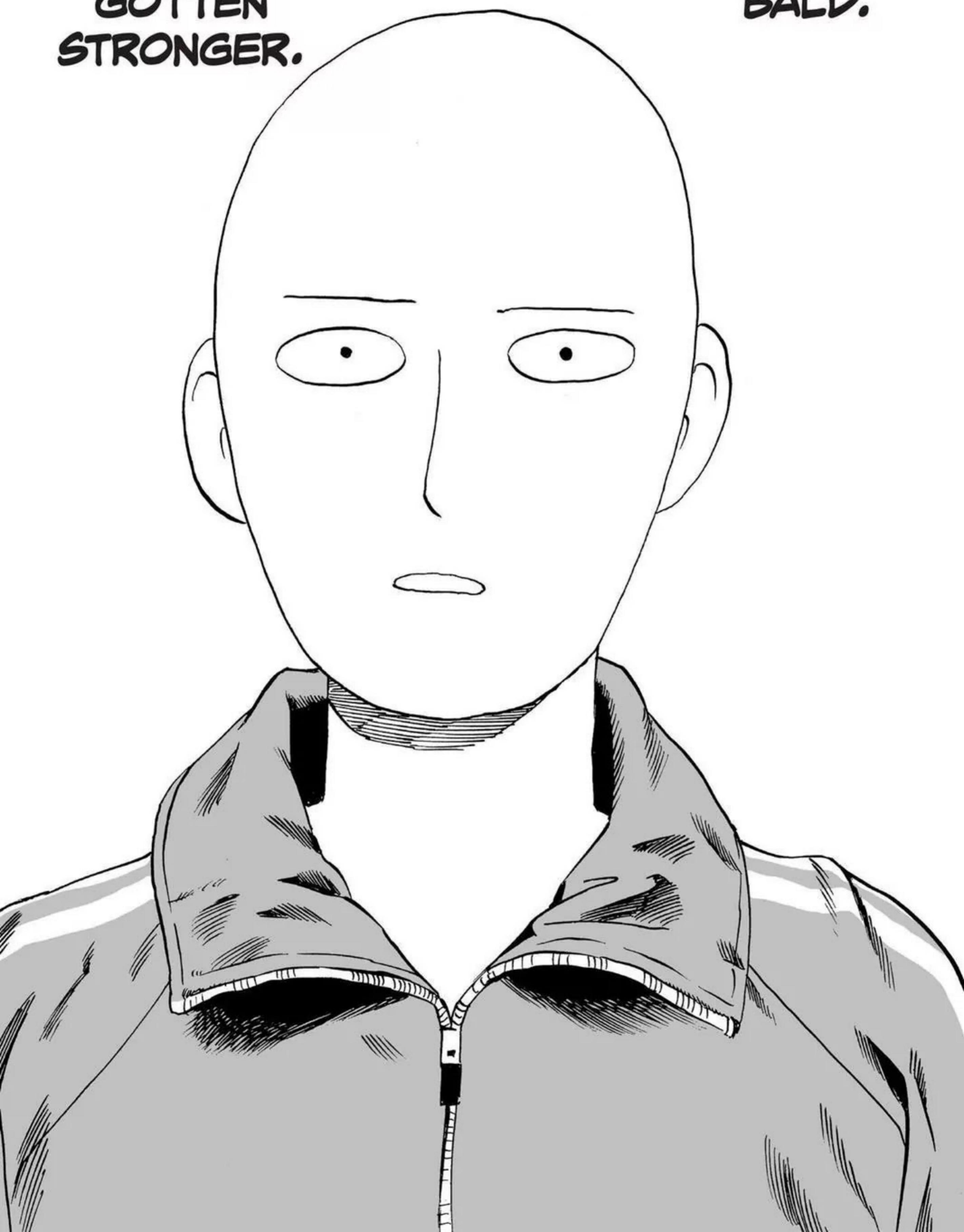
IT'LL
ALMOST KILL
YOU EARLY
ON, AND
YOU'LL
CONSIDER
TAKING A
DAY OFF.

ONE YEAR
LATER, I
NOTICED A
CHANGE...

EVEN WHEN I
FELT SO HEAVY
I COULD BARELY
MOVE, I DID
SQUATS. EVEN IF
MY ARMS MADE
WEIRD POPPING
SOUNDS, I DID
PUSH-UPS.

**AND I'D
GOTTEN
STRONGER.**

**I WAS
BALD.**

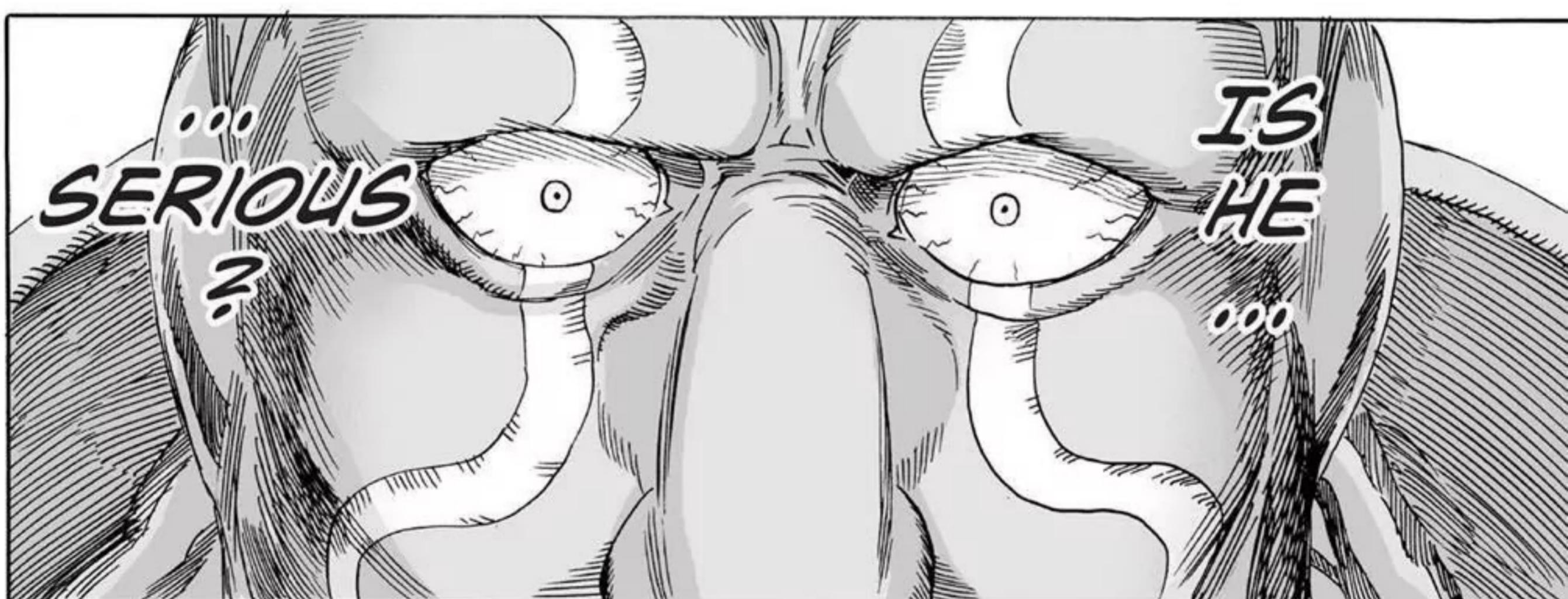


THAT'S
THE ONLY
WAY TO
GET
STRONG.

IN OTHER
WORDS,
TRAIN SO
HARD YOU
LOSE YOUR
HAIR.

HUMAN
STRENGTH
LIES IN
THE
ABILITY
TO
CHANGE
YOUR-
SELF!

IF YOU'RE
FIDDLING
AROUND
WITH A "NEW
HUMANITY" AND
"EVOLUTION,"
YOU'LL NEVER
MAKE IT.



THAT
IS JUST
REGULAR
STRENGTH
TRAINING!
IT IS NOT
EVEN THAT
HARD!



I...

...
**FULL OF
CRAP!**



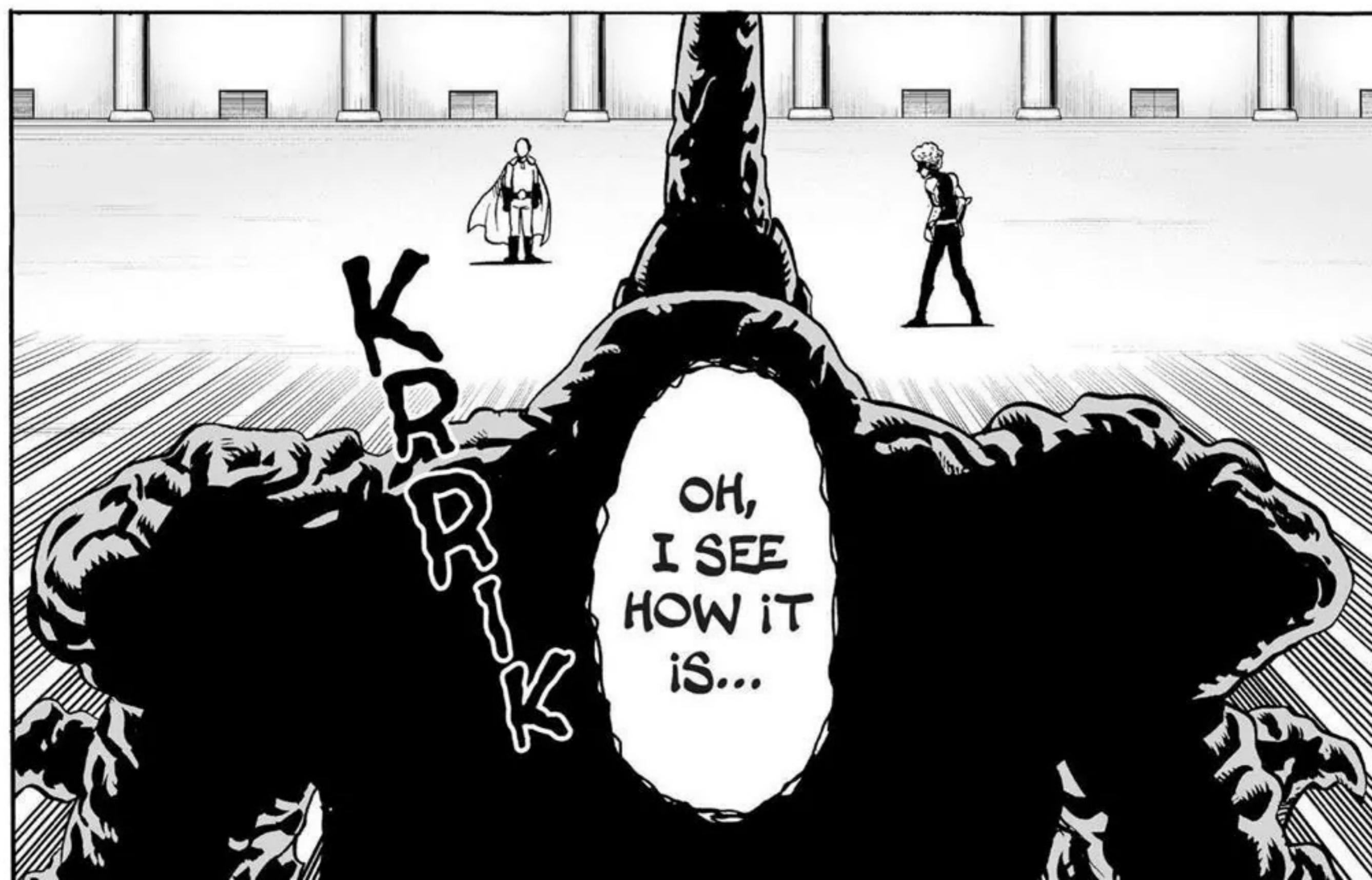
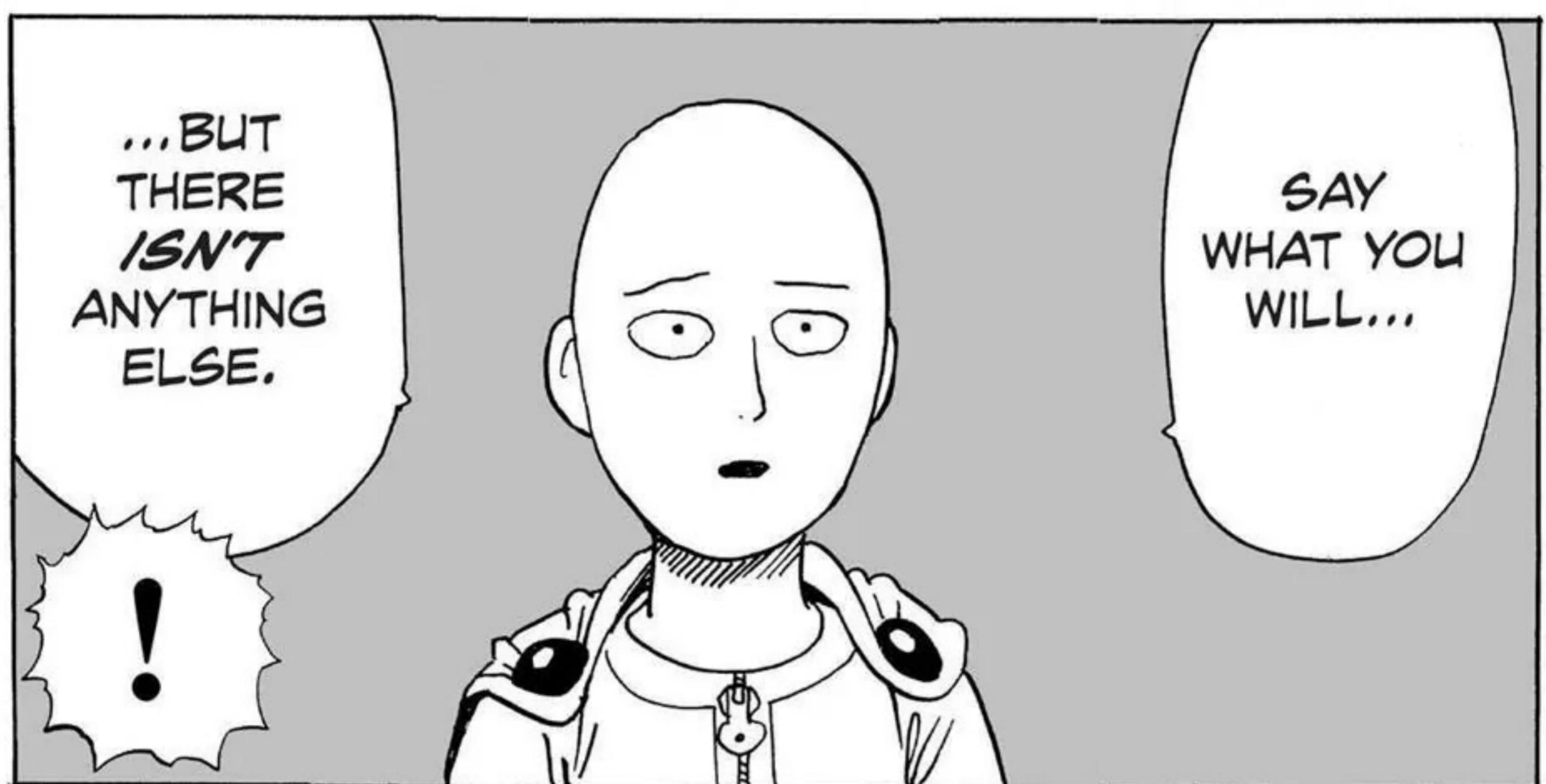
WHOA

HUH?

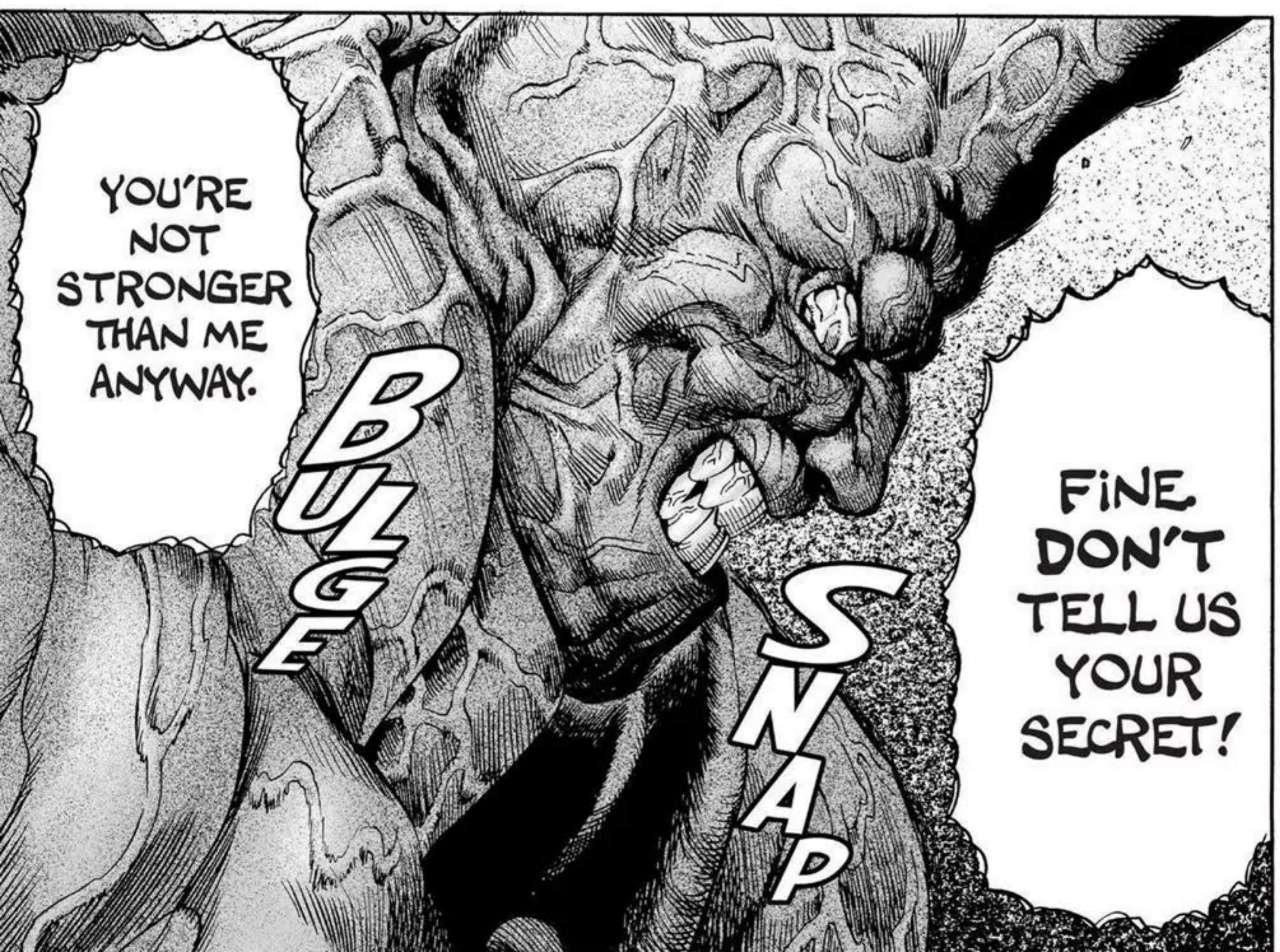
I DIDN'T
COME TO
YOU FOR
JOKES!

I MUST
BECOME
STRONGER!





READ
THIS
WAY





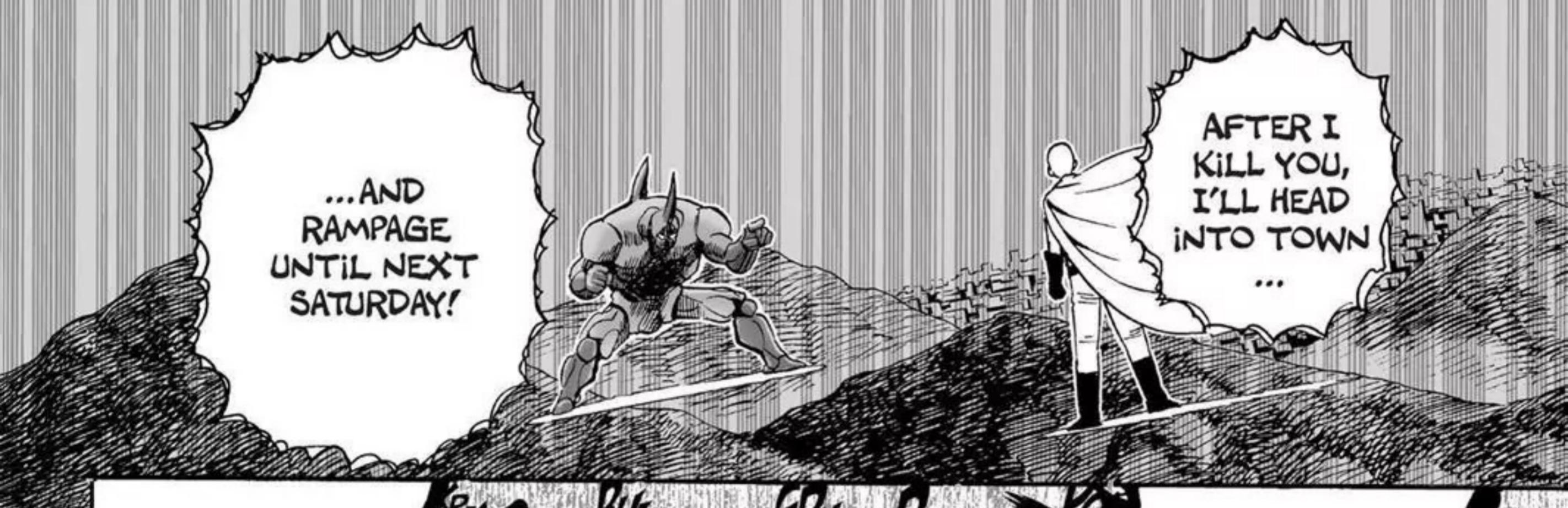


MODE!!

F

K
POP

BULGE

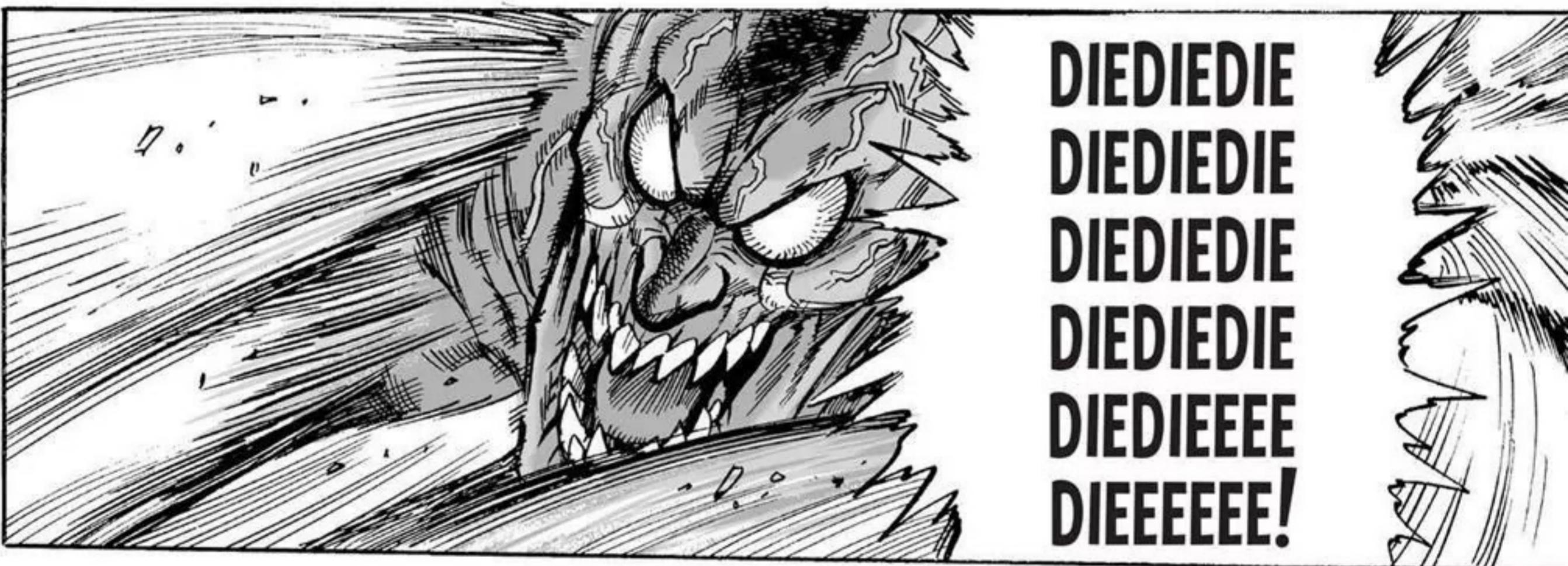






READ
THIS
WAY





**THAT
WOULD
MEAN
TODAY IS
SATURDAY...**

**WHICH
MEANS...**

**WHICH,
MEANS...**

SKIDDDEDDEDDEDDED

**NO ONE
IN THIS
WORLD
CAN STOP
HIM.**

**THIS IS
OVER.**



**TODAY'S
BARGAIN
DAY AT
THE
SUPER-
MARKET!**





I'M DONE WITH
MY EXPERIMENTS.

MASTER!

GYAAAH!
I'M
MISSING
GREAT
DEALS!



I'LL
CHANGE
MYSELF
INSTEAD.