



*The Ultimate*  
*Guide To A*  
**Night Out**  
**With The Girls**

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# ***Introduction: Set the Scene***

**You have just been invited out to your best friend's birthday. This night involves you, your best friend and a few of your other friends all getting dressed up to celebrate the occasion. Though the night is not black tie, this night out will require some steps to get ready. This guide is set to help walk you through the steps that I have learned work best for myself when preparing for a night out. Let's get ready together!**

# **Section I:**

## **Preparation**

**The first thing I do once I am invited to a party or event is get all the details so I can make sure I have everything I need and can plan and prioritize my time. Will there be a pregame? Do I need to make a stop at the liquor store? Do I need to purchase any cards of gifts beforehand? Once this is set, I think about planning my time. If we need to be at the event promptly at 8 o'clock this preparation needs to happen around mid afternoon around the hours of 1-3. If dinner is part of the event, eating a large meal beforehand is not necessary. However, if it is a night of drinking and partying, that full dinner meal will be essential. Carve out some time for this so we can fuel our bodies! If we are still set on our 8 o'clock time, I would start eating around 5 o'clock to give our bodies time to digest the food as we progress through getting ready.**

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source: <https://makinglemonadeblog.com/best-gift-ideas-women/>

## ***Section II : First Phase***

**The first phase deals with showering and laying out the outfit. Keep time in mind as this should take about an hour, so if we are staying on track to get ready by 8 o'clock, you should finish this phase no later than 6 o'clock. The first thing I do is decide on my outfit. Will it be a dress? Will it be something more basic like jeans and a nice top? Whatever your heart desires, lay out the shirt, pants, shoes and accessories. Then decide on the hairstyle. Do we want to apply heat to our hair; straight or curls? This helps us determine if we are washing our hair, blowing it out and/or applying heat. Are we throwing our hair up in a bun and just taking a body shower? You decide your hair based on your outfit and occasion.**

**Now it's time for the shower; and don't forget to shave! Now that showering has been checked off it is time to moisturize the face and body to prepare for our next phase.**



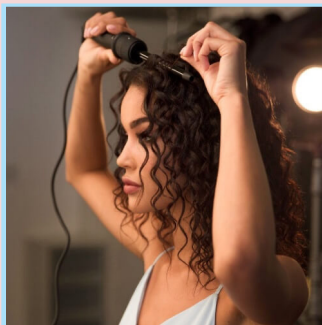
## Outfit Inspo



## ***Section III :*** ***Second Phase***

**Now it is time for hair and makeup. This phase should also take about an hour. I recommend 30 minutes for hair and 30 minutes for makeup. This way, we should have finished our second phase by 7 o'clock. I recommend always doing your hair first if you are deciding to apply heat to your hair. The reason for this is because the heat could potentially melt off some of the makeup look. Once you finish your hair look it is now time for makeup. Go as extravagant or reserved as you like depending on the occasion of the event you will be attending. I always recommend using neutral pallets if you are stuck on what to do as these colorways will pair well with any outfit or occasion you are dressing up or down for.**





**Don't forget heat on the hair before makeup!**



**Time to apply...remember neutrals are your friend!**

## ***Section IV: Putting it Together***

**Once your hair and makeup is completed it is time to get dressed and put on those accessories. This is the fun part, seeing the look come together! Put on everything from the shoes to the purse to the jacket and look in the mirror. Is the outfit everything you imagined? Is there anything you don't like? If so, this is the time to make any adjustments you see fit. Make sure we are keeping an eye on the clock as well as if the event is at 8 o'clock, factoring in time of travel we have an hour give or take. Once the look seems to be complete, take some selfies and admire yourself!**

# HOW TO ACCESSORIZE



Consider What  
You're Wearing



Focus On  
What You Want  
to Accent



Choose a  
Statement  
Accessory



Create  
Balance



Pair Bold  
Accessories  
With Neutral  
Outfits



Pair  
Understated  
Accessories with  
a Bold Outfit



Know When  
to Edit



Alter  
Accessories to  
Personalize  
Your Look

source: <https://dressbarn.com/blogs/blog-1/how-to-accessorize>

## ***Section V:*** ***Final Touches***

**Where are we now? We have bought everything we needed to prepare for our night, we ate a good meal if dinner was not on the agenda, we showered, did our hair, makeup and got dressed all while having an hour to spare. Now we have some extra time for fun. What do we do with it? If there was a pregame set in for the night, go early and kickstart your night! Or, you can relax and get some last minute things done. The beauty about spare time is you can do what you please with it and it is not to be stressful.**

# Wrap Up

**I hope that this guide was able to show you a fun and efficient way to get ready for your night out. The most important thing to think about is time management as the minute you do not plan your night and start to get stressed on time is when the night can go from fun to misery. As long as you keep this in mind, the process of getting ready should be something you are looking forward to, as I do! I recommend listening to music while doing this process or listening to a podcast as well. Those hands free entertainment sources add to the environment that makes getting ready so fun. All in all, I hope *How to Get Ready for a Night Out with the Girls* gave you some fun tips and tricks! Now go and enjoy your night out!**