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With only the final push left of the semester, students are having to multitask between finals, extracurriculars, and summer plans. Many students are either moving out or moving in, and it can be just as or more stressful than finals. Here are some tips and tricks about moving from someone who has moved eight times since 2020.

1. **Make a timeline.** It can be very overwhelming to think of the whole project of packing at once, so instead, make a list. First, pull out a calendar and mark which items will be packed on which day, and make sure to only do those items on that specific day to avoid stress and exhaustion. Once those items or day is finished then you can cross them off, done.
2. **Go room by room.** This is a good way to not get overwhelmed. Instead of thinking about everything that needs to be packed, just go room by room to ease the stress. Go back to your calendar and review what room needs to be done that day.
3. **Ask for help.** Asking for help is always okay, especially during a big move. So, ask friends and family to either help pack or help move. It will make the process feel smoother and more fun.
4. **Clear out unneeded items.** This is a great chance to do some sorting as well and will make unpacking easier. Before officially packing things up, make piles of keep and throw. It seems simple but it is a good way to ensure space for everything in your new home. There are many places accessible to Roosevelt students for clothes donations including, *Chicago Airplane Donations*, 17 E Monroe St. *Goodwill*, 1201 W Washington Blvd. And *City of Chicago Drop-Off Center* 1758 S Clark St.
5. **Label boxes.** Though a simple tip, it is very crucial, especially for the unpacking phase. This will make the after-moving process easier and more efficient. When you get into your new home it may help to put the specific boxes in their designated room so everything is organized.
6. **Save money.** Moving can be very expensive but there are some ways to avoid the extra costs. Call up local retailers and see if they have any extra boxes that you can take off their hands since boxes can add up. Suitcases and garbage bags are also great substitutes for boxes as well. Instead of paying for bubble wrap, you can kill two birds with one stone by using sweatshirts and towels to wrap breakables.
7. **Start early.** One of the most important tips is to start early. Waiting until the last minute will make for a severely stressful situation, so in order to avoid that, start as early as you can. It will feel weird to be living amongst boxes but in the long run, it will make your packing process much easier.

Moving will always be stressful, but if you follow these tips then you will not only feel confident about moving but you will also be able to master multi-tasking in the season of stress before summer begins.