| Name of Food | Ingredients | Method |
|---------------------------------|---|---|
| Magical instant ice cream | 300ml semi-skimmed milk 1 tbsp caster sugar 1 tsp vanilla paste food colouring of your choice 2kg ice 12 tbsp rock salt sprinkles | Place the milk, sugar, vanilla and food colouring of your choice into a medium zip-seal bag, then place this in a second bag to double bag it. Squeeze the air out, close and secure with sticky tape if the seal isn't strong. Tip the ice and salt into a large zip-seal bag, then place the medium bag containing the milk inside and seal well. You will need to keep the bag moving for 10-15 mins to freeze the milk. Gently throw the bag from hand to hand or take turns shaking it – it's a good idea to wear gloves to keep your hands warm! Remove the ice-cream bag, open and scoop into bowls. Sprinkle with hundreds & thousands. |