



About Me: Arundhati Bandopadhyaya

I'm a software engineer, designer, and productivity enthusiast currently exploring the intersection of **tech, creativity, and mental wellness**.

 I believe in building tools that simplify life—not complicate it. Whether it's through clean code or thoughtful UI design, my goal is to make tech feel human again.

 I'm fascinated by:

- Thoughtful software design & frontend architecture
- AI-powered tools that make work/life balance easier
- Building slow, intentional routines in a fast-paced world
- Helping others navigate burnout and productivity guilt
- Empowering students and early-career professionals with better tech habits

 You'll often find me writing about:

- How I manage projects and priorities as a developer
- Simple, useful tools that make a big difference
- Reflections on balancing ambition with rest
- Lessons I've learned from mentoring and teaching
- Little mental frameworks that help me stay grounded

I use this space to share experiments, ideas, and things that might help someone else move through the chaos a little more gently.