



# Proof of the Cauchy-Schwarz Inequality

Source: [Proof of the Cauchy-Schwarz inequality \(video\)](#) | Khan Academy

## Introduction to the Cauchy-Schwarz Inequality ✨

Imagine you've got two vectors,  $\vec{x}$  and  $\vec{y}$ , quietly sitting in  $\mathbb{R}^n$  📐. They're nonzero—no lazy zero vector allowed in this party. The Cauchy-Schwarz inequality tells us something magical about them:

$$|\vec{x} \cdot \vec{y}| \leq \|\vec{x}\| \|\vec{y}\|$$

**Translation:** The magnitude of their dot product can never exceed the product of their lengths.

It's like saying: the "overlap" between two arrows in space can't be more than what you'd get if they were perfectly aligned ⚡.

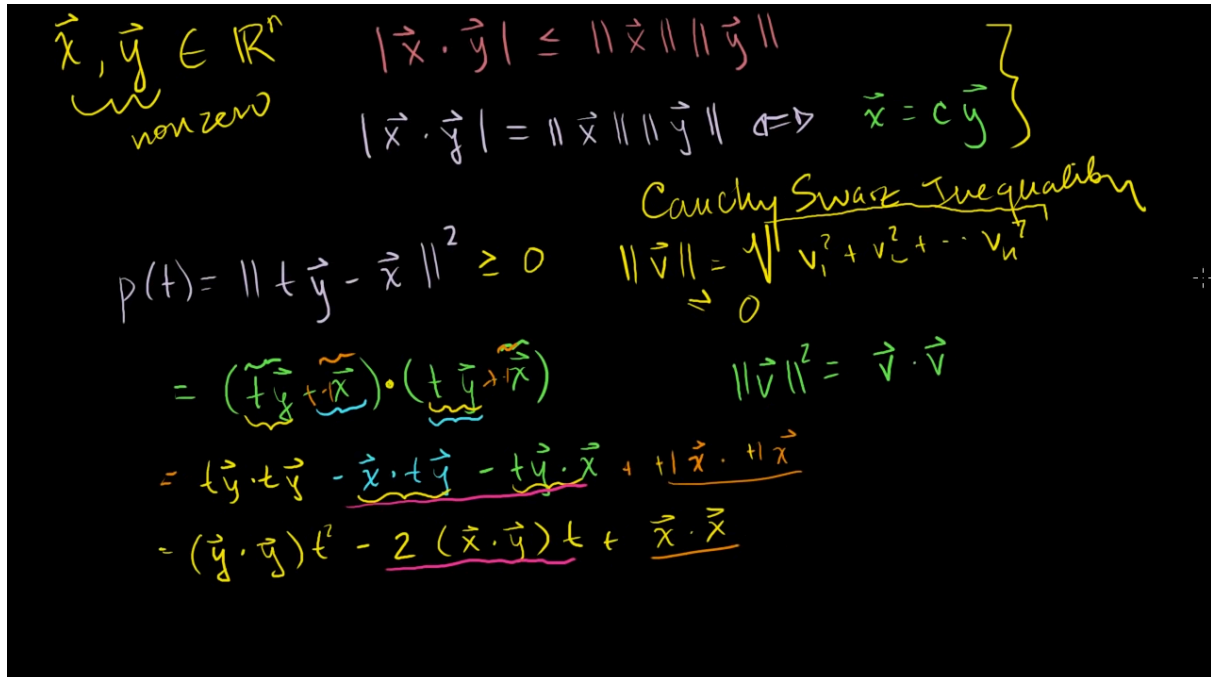
## Equality Condition 🎯

The **only** time this turns into an equality (a perfect tie) is when one vector is a scalar multiple of the other (collinear):

$$\vec{x} = \lambda \vec{y} \quad (\lambda \in \mathbb{R})$$

In plain terms: they point in exactly the same or exactly opposite direction—like two train tracks running in the same direction 🚄🚄.

## Constructing the Proof



$\vec{x}, \vec{y} \in \mathbb{R}^n$   
non zero

$$|\vec{x} \cdot \vec{y}| \leq \|\vec{x}\| \|\vec{y}\|$$

$$|\vec{x} \cdot \vec{y}| = \|\vec{x}\| \|\vec{y}\| \Leftrightarrow \vec{x} = c\vec{y}$$

Cauchy Schwarz Inequality

$$\|\vec{v}\| = \sqrt{v_1^2 + v_2^2 + \dots + v_n^2}$$

$$\Rightarrow 0$$

$$\|\vec{v}\|^2 = \vec{v} \cdot \vec{v}$$

$$p(t) = \|t\vec{y} - \vec{x}\|^2 \geq 0$$

$$= (t\vec{y} - \vec{x}) \cdot (t\vec{y} - \vec{x})$$

$$= t\vec{y} \cdot t\vec{y} - \vec{x} \cdot t\vec{y} - t\vec{y} \cdot \vec{x} + \vec{x} \cdot \vec{x}$$


$$= (\vec{y} \cdot \vec{y})t^2 - 2(\vec{x} \cdot \vec{y})t + \vec{x} \cdot \vec{x}$$

Proving this gem is not about memorizing—it's about setting up the right "mathematical trap" so the inequality falls out naturally. Here's the clever strategy:

## Setting Up the Problem

We define a new function:


$$p(t) = \|t\vec{y} - \vec{x}\|^2$$

where  $t \in \mathbb{R}$  is just a scalar variable we can adjust freely—like turning a knob on a sound mixer .

Why this definition? Because:

- **Fact 1:** The length (norm) of any real vector is **always** non-negative:

$$\|\vec{v}\| \geq 0$$

This comes from the fact that it's **the square root of a sum of squares**—just like the distance formula can't give you a negative result .

- **Fact 2:** The square of the length can be rewritten using the dot product:

$$\|\vec{v}\|^2 = \vec{v} \cdot \vec{v}$$

This is a key identity—it lets us trade norms for dot products, which are easier to expand.

Applying Fact 2 to  $p(t)$ :

$$p(t) = (t\vec{y} - \vec{x}) \cdot (t\vec{y} - \vec{x})$$


## Expanding the Dot Product

The dot product behaves almost like regular multiplication when it comes to distributive, commutative, and associative laws (just remember it's *not* exactly multiplication—it's a projection-based operation). Expanding step-by-step:

1.  $(t\vec{y}) \cdot (t\vec{y}) = t^2(\vec{y} \cdot \vec{y})$
2.  $(t\vec{y}) \cdot (-\vec{x}) = -t(\vec{y} \cdot \vec{x})$
3.  $(-\vec{x}) \cdot (t\vec{y}) = -t(\vec{x} \cdot \vec{y})$  (same as above by commutativity)
4.  $(-\vec{x}) \cdot (-\vec{x}) = (\vec{x} \cdot \vec{x})$




Combining:

$$p(t) = (\vec{y} \cdot \vec{y})t^2 - 2(\vec{x} \cdot \vec{y})t + (\vec{x} \cdot \vec{x})$$

And since  $p(t) \geq 0$  for **all** real  $t$ , we've got a quadratic in  $t$  that never dips below the horizontal axis .

## Introducing Constants for Simplicity

Let's clean this up by introducing friendlier symbols:

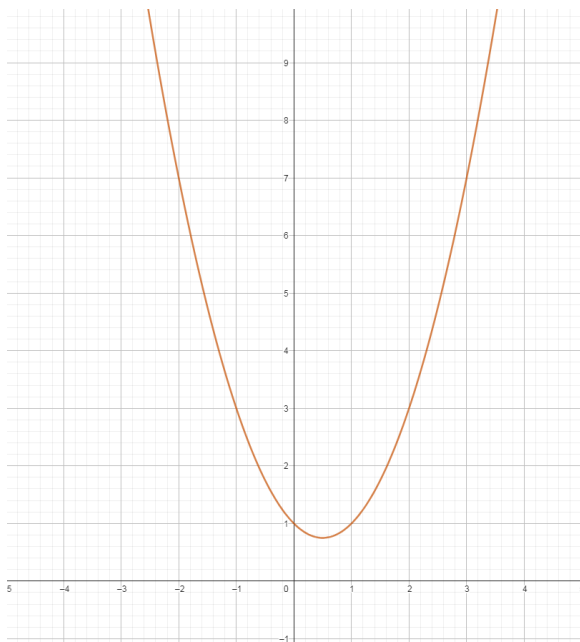
- $a = \vec{y} \cdot \vec{y} = \|\vec{y}\|^2$  
- $b = 2(\vec{x} \cdot \vec{y})$  
- $c = \vec{x} \cdot \vec{x} = \|\vec{x}\|^2$  

Now:

$$p(t) = at^2 - bt + c \quad \text{and} \quad p(t) \geq 0 \quad \forall t \in \mathbb{R}$$

This re-labeling makes the algebra sleeker—like swapping bulky hiking boots for sleek running shoes 🏃.

## Using Quadratic Properties



$$p(t) = at^2 - bt + c$$

We've got:

$$p(t) = at^2 - bt + c \quad \text{with} \quad a > 0$$

and we know  $p(t) \geq 0$  for **every** real  $t$ .

In math-speak, this means our quadratic curve never dips below the  $t$ -axis—it's like a hammock that's always hanging above the ground ~~CS~~.

The **minimum** of a quadratic  $at^2 - bt + c$  (when  $a > 0$ ) happens at:

$$t_{\min} = \frac{b}{2a}$$

So, we plug  $t = \frac{b}{2a}$  into  $p(t) \geq 0$ .

## Substituting the Minimum Value

$$\begin{aligned}
 p(t) &= \|t\vec{y} - \vec{x}\|^2 \geq 0 & \|\vec{v}\| &= \sqrt{v_1^2 + v_2^2 + \dots + v_n^2} \\
 &= (t\vec{y} + \vec{x}) \cdot (t\vec{y} + \vec{x}) & \|\vec{v}\|^2 &= \vec{v} \cdot \vec{v} \\
 &= t\vec{y} \cdot t\vec{y} - \vec{x} \cdot t\vec{y} - t\vec{y} \cdot \vec{x} + t\vec{x} \cdot t\vec{x} \\
 &= (\underbrace{\vec{y} \cdot \vec{y}}_a)t^2 - \underbrace{2(\vec{x} \cdot \vec{y})}_b t + \underbrace{\vec{x} \cdot \vec{x}}_c \geq 0 \\
 p(t) &= at^2 - bt + c \geq 0 \\
 p\left(\frac{b}{2a}\right) &= a\left(\frac{b}{2a}\right)^2 - b\left(\frac{b}{2a}\right) + c \geq 0 & \frac{b^2}{4a} - \frac{2b^2}{4a} + c &\geq 0
 \end{aligned}$$

At  $t = \frac{b}{2a}$ :

- $p\left(\frac{b}{2a}\right) = a\left(\frac{b}{2a}\right)^2 - b\left(\frac{b}{2a}\right) + c \geq 0$

- $a \cdot \frac{b^2}{4a^2} - b \cdot \frac{b}{2a} + c \geq 0$

- $\frac{b^2}{4a} - \frac{b^2}{2a} + c \geq 0$

- Combine them:

$$-\frac{b^2}{4a} + c \geq 0$$

- Rearranges to:

$$c \geq \frac{b^2}{4a}$$

## Back-Substitution and Final Inequality 🎯

Handwritten derivation on a blackboard background:

$$P(t) = at^2 - bt + c \geq 0$$

$$P\left(\frac{b}{2a}\right) = \frac{b^2}{4a} - b \cdot \frac{b}{2a} + c \geq 0 \quad \frac{b^2}{4a} - \frac{2b^2}{4a} + c \geq 0$$

$$-\frac{b^2}{4a} + c \geq 0 \quad c \geq \frac{b^2}{4a} \rightarrow 4ac \geq b^2$$

$$4(\underbrace{\|\vec{y}\|^2}_a \underbrace{\|\vec{x}\|^2}_c) \geq \underbrace{(2(\vec{x} \cdot \vec{y}))^2}_b$$

$$\cancel{4} \|\vec{y}\|^2 \|\vec{x}\|^2 \geq \cancel{4} (\vec{x} \cdot \vec{y})^2 \quad \leftarrow \text{Cauchy Schwarz}$$

$$\|\vec{y}\| \|\vec{x}\| \geq |\vec{x} \cdot \vec{y}|$$

Now we replace  $a, b, c$  with their original meanings:

- $a = \|\vec{y}\|^2$
- $b = 2(\vec{x} \cdot \vec{y})$
- $c = \|\vec{x}\|^2$

Plugging in:

$$\|\vec{x}\|^2 \geq \frac{[2(\vec{x} \cdot \vec{y})]^2}{4 \|\vec{y}\|^2}$$

Simplify:

$$\|\vec{x}\|^2 \geq \frac{4(\vec{x} \cdot \vec{y})^2}{4 \|\vec{y}\|^2}$$

Cancel the 4:

$$\|\vec{x}\|^2 \geq \frac{(\vec{x} \cdot \vec{y})^2}{\|\vec{y}\|^2}$$

Multiply through by  $\|\vec{y}\|^2$  (positive, so inequality direction stays the same):

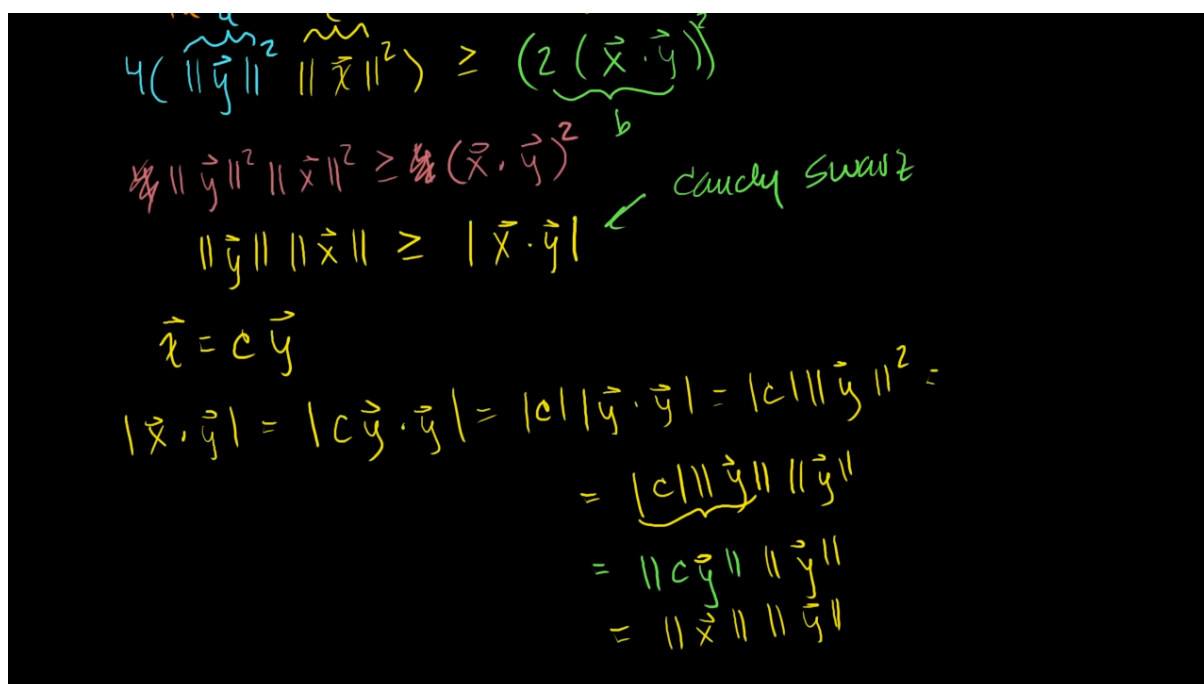
$$\|\vec{x}\|^2 \|\vec{y}\|^2 \geq (\vec{x} \cdot \vec{y})^2$$

Taking square roots (principal root to keep things positive):

$$\|\vec{x}\| \|\vec{y}\| \geq |\vec{x} \cdot \vec{y}|$$

**Boom** 🌟—we've just re-discovered the Cauchy–Schwarz inequality in all its glory.

## Equality Condition



Handwritten notes on a blackboard background showing the derivation of the equality condition:

$$4(\|\vec{y}\|^2 \|\vec{x}\|^2) \geq (2(\vec{x} \cdot \vec{y}))^2$$

$$\|\vec{y}\|^2 \|\vec{x}\|^2 \geq (\vec{x} \cdot \vec{y})^2 \quad \leftarrow \text{Cauchy Schwarz}$$

$$\|\vec{y}\| \|\vec{x}\| \geq |\vec{x} \cdot \vec{y}|$$

$$\vec{x} = c\vec{y}$$

$$|\vec{x} \cdot \vec{y}| = |c\vec{y} \cdot \vec{y}| = |c| |\vec{y} \cdot \vec{y}| = |c| \|\vec{y}\|^2 =$$

$$= |c| \|\vec{y}\| \|\vec{y}\|$$

$$= \|c\vec{y}\| \|\vec{y}\|$$

$$= \|\vec{x}\| \|\vec{y}\|$$

When does equality happen?

It's only when our quadratic  $p(t)$  actually *touches* the  $t$ -axis—i.e., has a single root. That's the case if:

$$\vec{x} = \lambda \vec{y}$$

for some scalar  $\lambda \in \mathbb{R}$ .

In that case:

$$\vec{x} \cdot \vec{y} = (\lambda \vec{y}) \cdot \vec{y} = \lambda(\vec{y} \cdot \vec{y})$$

$$\vec{x} \cdot \vec{y} = \lambda \|\vec{y}\|^2$$

Taking absolute values:

$$|\vec{x} \cdot \vec{y}| = |\lambda| \|\vec{y}\|^2$$

$$|\vec{x} \cdot \vec{y}| = |\lambda| \|\vec{y}\| \|\vec{y}\|$$

Then, taking magnitudes ( $\|\vec{x}\| = |\lambda| \|\vec{y}\|$ ), you find:


$$|\vec{x} \cdot \vec{y}| = \|\vec{x}\| \|\vec{y}\|$$

✅ Meaning they're perfectly aligned (or perfectly opposite).

## Applications & Notes

The Cauchy–Schwarz inequality is **everywhere** in linear algebra and analysis:

- **Vector projections:** It guarantees projection lengths behave nicely.
- **Angles between vectors:** Leads to the cosine formula  $\cos \theta = \frac{\vec{x} \cdot \vec{y}}{\|\vec{x}\| \|\vec{y}\|}$ .
- **Norm properties:** It's a key ingredient in proving the triangle inequality.

Think of it as the “gravity” of vector math—it’s always there, quietly pulling results into place .

## Key Takeaways

- **Statement:**

$$|\vec{x} \cdot \vec{y}| \leq \|\vec{x}\| \|\vec{y}\|$$

for all nonzero  $\vec{x}, \vec{y} \in \mathbb{R}^n$ .



- **Equality:** Happens **only** if vectors are scalar multiples (collinear).
- **Proof strategy:**
  1. Build a non-negative quadratic  $p(t) = \|t\vec{y} - \vec{x}\|^2$ .
  2. Expand via dot products.
  3. Use quadratic minimization to reveal the inequality.
  4. Take square roots for the final form.
- **Why it matters:** It links **dot products** and **norms**, and appears in almost every advanced proof in linear algebra, functional analysis, and even probability theory.