

1.

Saturation to communicate AI communicating

The more saturated, the more personalized the communication

ACHIEVEMENT

Headline

Description of achievement

Current Status

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Source Materials

Mexican Omelette

Selected for: salmon, med diet, high protein

140 Calories12g Carbs3g Added Sugars

Sweet Potato Curry with Quinoa

similar to **chicken curry with rice** in your **history**

210 Calories21g Carbs4g Added Sugars

Easy Shakshuka

Features: eggs, tomatoes, spicy, med diet

90 Calories7g Carbs0g Added Sugars

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30 MIN

EASY

Pasta with Special Sauce

140 CAL

3g ADDED SUGAR

12g CARBS

Ingredients

255 g kidney beans

120 g maple syrup

75 g walnuts

1/2 tsp baking powder

3 eggs

Directions

1 Nunc convallis arcu ipsum, condimentum congue turpis mattis et.

2 Sed porta, mauris quis posuere blandit, risus mauris ornare justo, in eleifend massa.

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2.


Speech Bubble + Color Coding

Speech bubble to signify AI communication, as well as specified color for AI communication

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3. Color Coding

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3. Animation as Signification



# 4. Skeumorphic vs. Flat

The more saturated, the more personalized the communication

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• 120 g maple syrup

• 75 g walnuts

• 1/2 tsp baking powder

• 3 eggs

Directions

1 Nunc convallis arcu ipsum, condimentum congue turpis mattis et.

2 Sed porta, mauris quis posuere blandit, risus mauris ornare justo, in eleifend massa.

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🕒 30 MIN

✓ EASY

Pasta with Special Sauce

140 CAL

3g ADDED SUGAR

12g CARBS

Ingredients

• 255 g kidney beans

• 120 g maple syrup

• 75 g walnuts

• 1/2 tsp baking powder

• 3 eggs

Directions

1 Nunc convallis arcu ipsum, condimentum congue turpis mattis et.

2 Sed porta, mauris quis posuere blandit, risus mauris ornare justo, in eleifend massa.

Lorem ipsum dolor sit amet, di os consectetur adipiscing elit, sed do eiusmod tempor incididunt ut fsil labore et dolore magna aliqua.