

APPENDIX XLIX

(Regulation 709)

Syllabus for the training of constables in nursing.

This syllabus is suitable for the training of selected constables in elementary nursing so that they may be available for employment as nursing orderlies in police hospitals:

- i) Cleanliness and ventilation of wards and annexes, floors, lockers, beds, cupboards, etc.
- ii) Bed making-how to make a bed to receive a patient on admission, undressing, bathing care of helpless patients, changing of sheets, use of draw sheet, Macintosh, air-pillow air-beds, etc., making of special beds, fracture, operation, etc.
- iii) Moving and lifting of helpless patients, care of back, prevention of bedsores, cleaning of mouth, etc.
- iv) Observation of sick- what to observe and report, such as rashes, spots, pain vomiting, haemorrhage, etc., observation of stools and urine.
- v) Use of thermometer and measure glasses, taking of pulse and respiration, administration of foods, care and cleanliness of utensils, ice box and food receptacles.
- vi) Baths-hot and cold sponging, cold packs, ice bag, medicated baths, bath temperatures, etc.
- vii) Enema-simple, glycerine, oil, turpentine, starch, and opium, nutrient, etc., use of various, method of administration.
- viii) Disinfectants and their uses- disinfection of hands, crockery, linen, excreta, spittoons, etc.
- ix) Administration of medicines by mouth, inhalations, etc.
- x) Nursing special diseases, such as enteric, dysentery, cholera, diphtheria, heart cases, pneumonia, bronchitis, etc., use of bronchitis kettle, making of poultices, etc.
- xi) Nursing of surgical cases-different kinds of fractures, and nursing of same, application of fomentations, dressing, etc.
- xii) Bandaging, use of cradles, extension and sand bags, etc.
- xiii) Preparation of patients for operation and knowledge of instruments in common use.
- xiv) Nursing of abdominal cases after operation.
- xv) Antiseptic and aseptic treatments, sterilizing of instruments, lotions in common use.
- xvi) Practical demonstrations in invalid cookery, whey junket, peptonised milk, Benger's food, bread and milk, arrowroot, albumen water, egg flips, mutton broth, chicken,