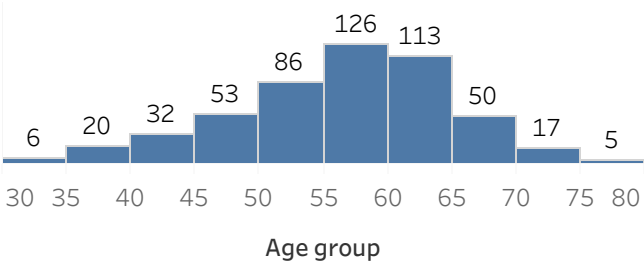
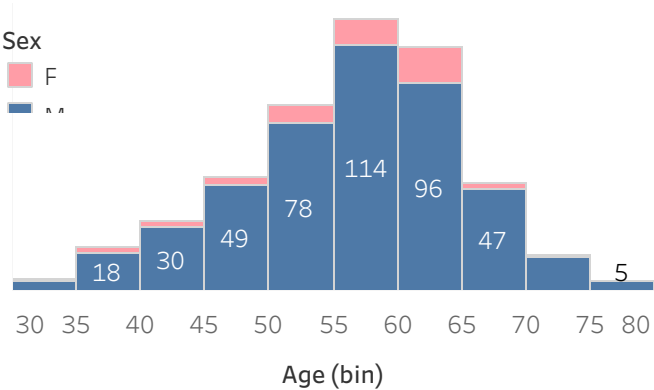


# Mapping Heart Health Risks

Ages 55-65:A critical Window for Heart Disease Awareness



Men at higher Risk:Heart Disease Prevalence by Gender



## Key Indicators of Heart Disease :Comparing Vital Health Metrics

High resting Blood pressure and elevated fasting blood sugar are strong risk factors associated with heart disease while cholesterol levels and Max HR show less significant differences.

