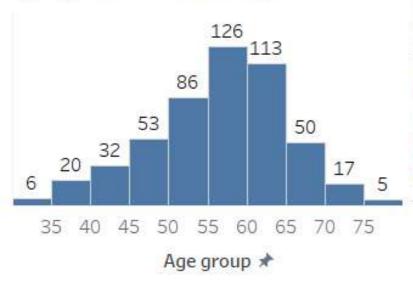
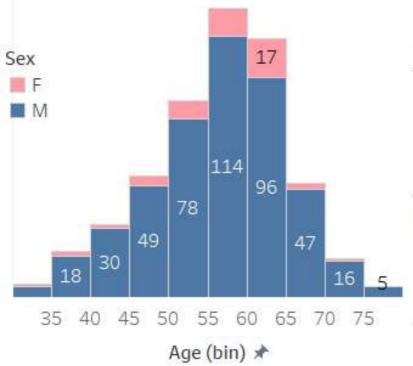
## Mapping Heart Health Risks

Ages 55-65:A critical Window for Heart Disease Awareness



Men at higher Risk:Heart Disease Prevalence by Gender



## Key Indicators of Heart Disease :Comparing Vital Health Metrics

Fasting blood sugar stands out as a critical parameter showing a pronounced difference between the two groups. The heart disease group generally showing a lower Max HR and slightly higher Resting BP, which potentially align with symptoms of heart conditions. In contrast, elevated cholesterol levels may not necessarily be indicative of heart-related conditions.

