1. **Define your question using PICO:**

   P → Patient/Problem → _____

   I → Intervention → _____

   C → Comparison→ _____

   O → Outcome → _____

2. **Type of scenario:**

   ❒ Therapy/prevention   ❒ Diagnosis   ❒ Etiology   ❒ Prognosis   ❒ Other

3. **Type of study:** (keep in mind the evidence hierarchy)

   ❒ Meta analysis   ❒ Randomized Controlled Trial   ❒ Cross Section Study
   ❒ Systematic review   ❒ Cohort Study   ❒ Case Series/Report
                            ❒ Case Control Study   ❒ Editorials, Opinions

4. **List the main terms and alternative terms (synonyms) from your PICO that can be used for your search:** (use controlled vocabulary, e.g. MeSH, if possible)

   _____   _____
   _____   _____
   _____   _____
   _____   _____
   _____   _____
   _____   _____

5. **List any inclusion criteria – gender, age level, publication dates, language:**

   _____   _____
   _____   _____
   _____   _____

6. **List the EBM resources databases you plan to search:**
   (MEDLINE, CINAHL, Cochrane, ACP Journal Club, DARE, PEDro, OTSeeker, PsycInfo, etc.)

   _____   _____
   _____   _____
   _____   _____
   _____   _____