



Stanford EMT Program Trauma Assessment Rubric



NOTE: ALL CRITICAL CRITERIA MUST BE PERFORMED CORRECTLY TO PASS

Start Time: ____ : ____

Criteria	Out of	Received
BSI		
Takes or verbalizes appropriate body substance isolation precautions before approaching patient (<i>CRITICAL</i>)	1	
SCENE SIZE UP		
Assesses environment and determines the scene is safe before approaching patient (<i>CRITICAL</i>)	1	
Determines number of patients	1	
Determines the mechanism of injury/nature of illness	1	
Determines need for additional resources	1	
Determines need for spinal precautions based on MOI/NOI (<i>CRITICAL</i>)	1	
PRIMARY ASSESSMENT		
General Impression - Indicates appearance, position, age, and sex of patient	1	
Introduction and Consent - EMT introduces themselves and receives consent to treat (<i>CRITICAL</i>)	1	
Responsiveness/Level of consciousness - Accurately assesses and verbalizes patient's responsiveness on the AVPU scale. - Asks orientation questions (person, place, time, event) if appropriate	2	
Determines Chief Complaint - Asks for patient's chief complaint during primary assessment	1	
Airway - Appropriately determines need to open the airway (<i>CRITICAL</i>) - If indicated, opens airway with appropriate technique (<i>CRITICAL</i>) - Determines need to clear or suction airway (<i>CRITICAL</i>) - Determines need for airway adjunct and verbalizes placement (<i>CRITICAL</i>)	4	
Breathing - Verbalizes approximate rate (fast/normal/slow/absent) of breathing (<i>CRITICAL</i>) - Verbalizes rhythm (regular/irregular) of breathing - Verbalizes quality of breathing (<i>CRITICAL</i>) - Initiates appropriate oxygen therapy and/or any needed interventions (<i>CRITICAL</i>) - If appropriate, uses pulse oximeter to determine choice of oxygen therapy	4	
Circulation - Pulse - Checks for pulse at appropriate site for no more than 10 seconds (<i>CRITICAL</i>) - Verbalizes approximate rate (fast/normal/slow/absent) of pulse (<i>CRITICAL</i>) - Verbalizes rhythm (regular/irregular) of pulse - Verbalizes quality (strong/weak) of pulse - Skin - Assesses color, temperature, and condition of skin (<i>CRITICAL</i>) - Bleeding - Performs visual or physical blood sweep to identify major bleeding (<i>CRITICAL</i>) - Interventions - Verbalizes appropriate interventions for shock, bleeding control and/or cardiac arrest (<i>CRITICAL</i>)	7	

Transport Decision			
<ul style="list-style-type: none"> - Determines appropriate transport priority and destination (<i>CRITICAL</i>) - Initiates transport within 10 minutes and at appropriate stage of assessment (<i>CRITICAL</i>) - States plausible justification for transport decision according to MAP criteria 		3	
RAPID PHYSICAL EXAM			
<ul style="list-style-type: none"> - Appropriately determines need for a rapid physical exam and attempts an assessment of every body region (<i>CRITICAL</i>) 		1	
Head <ul style="list-style-type: none"> - Inspects and palpates for major head injuries - Examines pupil size, and assesses if pupils are equal, round, and reactive to light 		2	
Neck <ul style="list-style-type: none"> - Palpates cervical spine - Checks position of trachea - Checks jugular veins bilaterally 		3	
Chest <ul style="list-style-type: none"> - Exposes and visualizes chest for asymmetry, contusions, penetrations, paradoxical movement - Palpates and assesses for bilateral chest rise, instability, crepitus - Auscultates for breath sounds bilaterally (2) 		4	
Abdomen/pelvis <ul style="list-style-type: none"> - Exposes and visualizes abdomen for injuries - Palpates all four quadrants of abdomen for tenderness, rigidity - Checks pelvis for stability, tenderness, and crepitation 		3	
Lower extremities <ul style="list-style-type: none"> - Inspects, palpates and assesses entire length of extremities - Inspects, palpates and assesses for distal circulation, sensation, and motor function bilaterally (2) 		3	
Upper extremities <ul style="list-style-type: none"> - Inspects, palpates and assesses entire length of extremities - Inspects, palpates and assesses for distal circulation, sensation, and motor function bilaterally (2) 		3	
Posterior thorax, lumbar and buttocks (can be deferred if patient is log rolled for immobilization) <ul style="list-style-type: none"> - Inspects and palpates posterior thorax - Inspects and palpates lumbar and buttocks areas 		2	
Treatment: <ul style="list-style-type: none"> - Verbalizes appropriate interventions for life threats as they are found (<i>CRITICAL</i>) - Defers treatment of non-life threatening injuries (<i>CRITICAL</i>) 		2	
Timing: <ul style="list-style-type: none"> - Completes rapid exam within 120 seconds (<i>CRITICAL</i>) 		1	
SPINAL IMMOBILIZATION			
<ul style="list-style-type: none"> - Determines need for cervical collar and verbalizes application of device (<i>CRITICAL</i>) - Determines need for full spinal immobilization and verbalizes application of appropriate device (<i>CRITICAL</i>) 		2	
HISTORY TAKING			
History of Present Illness and SAMPLE <ul style="list-style-type: none"> - Attempts to obtain a OPQRST and SAMPLE history (<i>CRITICAL</i>) 		1	
VITAL SIGNS			
<ul style="list-style-type: none"> - Verbalizes need to take vital signs (<i>CRITICAL</i>) - Asks for pulse, respirations, blood pressure and pulse oximetry and correctly states if each given value is high / low / within normal limits (4) 		5	
FULL SECONDARY EXAM			
<ul style="list-style-type: none"> - Attempts to perform an assessment of every body region (<i>CRITICAL</i>) 		1	
Head <ul style="list-style-type: none"> - Palpates and performs a detailed inspection of scalp and ears - Inspects mouth, nose and assesses facial area - Assesses eyes and pupils 		3	
Neck <ul style="list-style-type: none"> - Palpates cervical spine - Checks position of trachea - Checks jugular veins 		3	

Chest - Exposes and visualizes chest when appropriate - Palpates sternum and checks for rib cage stability - Auscultates for breath sounds bilaterally in upper, middle, and lower lung fields (6)	8	
Abdomen/pelvis - Exposes and visualizes abdomen - Palpates all four quadrants of abdomen using proper technique - Checks pelvic stability - Determines need to assess genitalia / perineum	4	
Lower extremities - Inspects, palpates and assesses entire length of extremities - Inspects, palpates and assesses for distal circulation, sensation, and motor function bilaterally (2)	3	
Upper extremities - Inspects, palpates and assesses entire length of extremities - Inspects, palpates and assesses for distal circulation, sensation, and motor function bilaterally (2)	3	
Posterior thorax, lumbar and buttocks - Inspects and palpates posterior thorax - Inspects and palpates lumbar and buttocks areas	2	
INTERVENTIONS		
- Determines interventions needed (<i>CRITICAL</i>) - Appropriately administers interventions (<i>CRITICAL</i>)	2	
REASSESSMENT		
Reassessment of Patient - Verbalizes need to reassess patient (<i>CRITICAL</i>) - Verbalizes how to appropriately reassess patient to determine changes in patient condition - Verbalizes appropriate reassessment interval based on stated severity of patient	3	
HANDOVER		
- Attempts to provide accurate transfer of care report (<i>CRITICAL</i>) - Includes patient age, sex, and chief complaint - Includes findings of assessments performed, summary of pertinent focused history, allergies, and medications - Includes accurate report of vital signs - Includes interventions performed and any response to interventions	5	
Established patient rapport and communicated effectively with patient	1	
Completed assessment within 20 minutes. (<i>CRITICAL</i>)	1	
Total:	100	

End Time: ____:____

Critical Criteria

- ___ Performs any other assessment before assessing and treating threats to ABCs
- ___ Orders a dangerous or inappropriate intervention
- ___ Failure to manage the patient as a competent EMT
- ___ Exhibits unacceptable affect with patient or other personnel

You must factually document your rationale for checking any critical items on the reverse of this sheet

Grader: _____ Signature: _____ Date: _____

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