



Mescaline

mescalito

What is Mescaline?

- Mescaline is a natural psychedelic and is the psychoactive substance found in peyote and San Pedro cacti.
- Nearly 80% of the Peyote Cactus is underground with only the grayish-green pincushion-like top appearing above the ground (this top is called "the button").
- Mescaline was first isolated from peyote near the end of the 19th century and has a history of use in Central America dating back thousands of years.
- Multiple religious organization use Peyote as a sacramental part of their religion, including the Peyote Way Church and The Native American Church.

How is Mescaline used?

- Peyote, also known as "mescalito", is usually orally consumed in pairs of "buttons".
- Cacti containing Mescaline have also been used in the form of a tea.
- Although rare, mescaline can be found in underground markets in synthetic and extracted crystalline form. Many times drugs from the 2C family will be misrepresented as "synthetic mescaline".
- A single dose of crystal mescaline is nearly half a gram of powder. If a smaller amount than this is being sold as "synthetic mescaline", it is likely a misrepresented research chemical.

What are the effects of Mescaline?

- The effects of Mescaline are similar to those found in LSD with an increase in heart rate, blood pressure, and body temperature. Pupil dilation also occurs when taking a dose of mescaline.
- The perception of vivid colors and other visual effects often occur.
- Tolerance with mescaline develops slower in comparison to LSD and other psychedelics.
- Many people report an increase in sociability with others.
- Onset of mescaline effects ranges from 45 to 60 minutes, the peak lasts for around 4 hours, and the come down duration is from 4 to 8 hours.

What is the dosage of Mescaline?

Every individual reacts differently to every chemical. This information is intended to describe the range of dosages others report using and it should not be construed as a recommendation of any sort. Individuals can respond very differently to the same dosage. What is safe for one can be deadly for another.

- A standard oral dose of mescaline ranges from 400mg to 600mg.
- A general rule of thumb is 2 peyote buttons or one foot of San Pedro per dose.
- Myths of mescaline being available in micro dot form are false due to amount of mescaline needed to feel its pharmacological effects.

Harm Reduction Tips for Mescaline

- Mescaline is illegal and is listed as a Schedule I drug.
- Negative effects include being violently sick for up to 24 hours and the taste of all forms of mescaline (even pure mescaline) are reported as "hard to swallow."

What if somebody is having a difficult experience?

- As with all psychedelics, "set" and "setting" are extremely important. "Set" is the mental state a person brings to the experience - their thoughts, mood and expectations. "Setting" is the physical and social environment in which the drug is being consumed. By making sure that a person is in a good mental state and supportive location before mescaline is used, the risk of 'bad trips' can be greatly mitigated.
- Take the person to quiet surroundings where they feel comfortable.
- Find a friend who can reassure them.
- Stress to them that their panic is caused by the drug, and will wear off in a few hours, if not sooner.