

What is MXE?

- Methoxetamine, or MXE, is a dissociative drug in the arylcyclohexylamines class.
- MXE is an analogue of Ketamine and PCP.
- MXE is a very new substance. It was first publicly reported in 2010.
- MXE has been misrepresented as Ketamine, which can result in dangerous and overwhelming experiences since Methoxetamine is far more potent than Ketamine by weight.

How is MXE used?

 MXE is usually snorted or taken orally, although many users prefer intravenous, intramuscular, or rectal administration.

What are the effects of MXE?

- Duration of MXE tentatively varies from 3 to 5 hours.
- MXE effects are similar to Ketamine; a sense of calmness, and retrospection of past dreams and memories.
- MXE produces an out-of-body experience and produces open/closed eye visuals.

What is the dosage of MXE?

Every individual reacts differently to every chemical. This information is intended to describe the range of dosages others report using and it should not be construed as a recommendation of any sort. Individuals can respond very differently to the same dosage. What is safe for one can be deadly for another.

- Insufflated (snorted) and oral doses range from 5 mg to 60 mg. Intramuscular doses range from 5 mg to 30 mg.
- Most users report taking more than two doses a day.
- Oral doses have been reported to be similar in effect with insufflated doses.
- dosage. What is safe for one can be deadly for another.

Harm Reduction Tips for MXE

These are extremely new substances with a limited history of human use. The full range or risks for these substances are currently unknown.

- MXE is an uncontrolled substance in the United States, which means that it is legal to buy, possess, and distribute.
- MXE users report compulsive "re-dosing" that was unintentional with the original amount taken.
- MXE use can cause a risk of psychological dependency.
- MXE can cause black-outs, disorganized thinking, and severe confusion, never operate machinery or drive a vehicle when under the influence of MXE.

What if somebody is having a difficult experience?

- As with all psychedelics, "set" and "setting" are extremely important. "Set" is the mental state a person brings to the experience - their thoughts, mood and expectations. "Setting" is the physical and social environment in which the drug is being consumed. By making sure that a person is in a good mental state and supportive location before MXE is used, the risk of 'bad trips' or accidents/injuries can be greatly mitigated.
- Take the person to quiet surroundings where they feel comfortable.
- Find a friend who can reassure them.
- Stress to them that their panic is caused by the drug, and will wear off in a few hours, if not sooner.