Patient Progress Notes

John Doe

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Date	Problem/ Diagnosis	Progress Notes
07/31/2024	Hypertension	Blood pressure remains elevated at 150/95 mmHg. Medication adherence discussed; patient advised to continue current regimen and monitor blood pressure daily.
07/31/2024	Type 2 Diabetes	Blood glucose levels are stable with HbA1c at 6.8%. Patient reports adherence to diet and exercise plan. No new symptoms reported.
07/31/2024	Chronic Back Pain	Pain level reported as 5/10. Physical therapy sessions ongoing; patient reports slight improvement in mobility. Pain management plan reviewed and adjusted.