

# **Appendix 1. Activity coding list**

## **1.1 Main and secondary activities**

### **0 PERSONAL CARE**

**0 Unspecified personal care**

#### **01 SLEEP**

**110 Sleep**

**111 In bed not asleep**

**120 Sick in bed**

#### **02 EATING**

**210 Eating**

#### **03 OTHER PERSONAL CARE**

**300 Unspecified other personal care**

**310 Wash and dress**

**390 Other specified personal care**

### **1 EMPLOYMENT**

**1000 Unspecified employment**

#### **11 MAIN JOB**

**1100 Unspecified main job**

**1110 Working time in main job**

**1120 Coffee and other breaks in main job**

#### **12 SECOND JOB**

**1210 Working time in second job**

**1220 Coffee and other breaks in second job**

#### **13 ACTIVITIES RELATED TO EMPLOYMENT**

**1300 Unspecified activities related to employment**

**1310 Lunch break**

**1390 Other specified activities related to employment**

**1391 Activities related to job seeking**

**1399 Other specified activities related to employment**

### **2 STUDY**

**2000 Unspecified study school or university**

#### **21 SCHOOL OR UNIVERSITY**

**2100 Unspecified activities related to school or university**

**2110 Classes and lectures**

**2120 Homework**

**2190 other specified activities related to school or university**

22	<b>FREE TIME STUDY</b>
2210	Free time study
3	<b>HOUSEHOLD AND FAMILY CARE</b>
3000	Unspecified household and family care
31	<b>FOOD MANAGEMENT</b>
3100	Unspecified food management
3110	Food preparation and baking
3130	Dish washing
3140	Preserving
3190	Other specified food management
32	<b>HOUSEHOLD UPKEEP</b>
3200	Unspecified household upkeep
3210	Cleaning dwelling
3220	Cleaning yard
3230	Heating and water
3240	Arranging household goods and materials
3250	Disposal of waste
3290	Other or unspecified household upkeep
33	<b>MAKING AND CARE FOR TEXTILES</b>
3300	Unspecified making and care for textiles
3310	Laundry
3320	Ironing
3330	Handicraft and producing textiles
3390	Other specified making and care for textiles
34	<b>GARDENING AND PET CARE</b>
3410	Gardening
3420	Tending domestic animals
3430	Caring for pets
3440	Walking the dog
3490	Other specified gardening and pet care
35	<b>CONSTRUCTION AND REPAIRS</b>
3500	Unspecified construction and repairs
3510	House construction and renovation
3520	Repairs of dwelling
3530	Making repairing and maintaining equipment
3531	Woodcraft metalcraft sculpture and pottery
3539	Other specified making repairing and maintaining equipment
3540	Vehicle maintenance
3590	Other specified construction and repairs
36	<b>SHOPPING AND SERVICES</b>
3600	Unspecified shopping and services
3610	Unspecified shopping

- 3611 Shopping mainly for food
- 3612 Shopping mainly for clothing
- 3613 Shopping mainly related to accommodation
- 3614 Shopping or browsing at car boot sales or antique fairs
- 3615 Window shopping or other shopping as leisure
- 3619 Other specified shopping
- 3620 Commercial and administrative services
- 3630 Personal services
- 3690 Other specified shopping and services

### **37 HOUSEHOLD MANAGEMENT**

- 3710 Household management not using the internet
- 3713 Shopping for and ordering clothing via the internet
- 3720 Unspecified household management using the internet
- 3721 Shopping for and ordering unspecified goods and services via the internet
- 3722 Shopping for and ordering food via the internet
- 3724 Shopping for and ordering goods and services related to accommodation via the internet
- 3725 Shopping for and ordering mass media via the internet
- 3726 Shopping for and ordering entertainment via the internet
- 3727 Banking and bill paying via the internet
- 3729 Other specified household management using the internet

### **38 CHILDCARE OF OWN HOUSEHOLD MEMBERS**

- 3800 Unspecified childcare
- 3810 Unspecified physical care & supervision of a child
- 3811 Feeding the child
- 3819 Other and unspecified physical care & supervision of a child
- 3820 Teaching the child
- 3830 Reading playing and talking with child
- 3840 Accompanying child
- 3890 Other or unspecified childcare

### **39 HELP TO AN ADULT HOUSEHOLD MEMBER**

- 3910 Unspecified help to a non-dependent e.g. injured adult household member
- 3911 Physical care of a non-dependent e.g. injured adult household member
- 3914 Accompanying a non-dependent adult household member e.g. to hospital
- 3919 Other specified help to a non-dependent adult household member
- 3920 Unspecified help to a dependent adult household member
- 3921 Physical care of a dependent adult household member e.g. Alzheimic parent
- 3924 Accompanying a dependent adult household member e.g. Alzheimic
- 3929 Other specified help to a dependent adult household member

## **4 VOLUNTEER WORK AND MEETING**

- 4000 Unspecified volunteer work and meetings

## **41 ORGANISATIONAL WORK**

- 4100 Unspecified organisational work
- 4110 Work for an organisation
- 4120 Volunteer work through an organisation
- 4190 Other specified organisational work

## 42 INFORMAL HELP TO OTHER HOUSEHOLDS

- 4200 Unspecified informal help to other households
- 4210 Food management as help to other households
- 4220 Household upkeep as help to other households
- 4230 Gardening and pet care as help to other households 4240
- Construction and repairs as help to other households
- 4250 Shopping and services as help to other households
- 4260 Help to other households in employment and farming
- 4270 Unspecified childcare as help to other households
- 4271 Physical care and supervision of child as help to other household
- 4272 Teaching non-coresident child
- 4273 Reading playing & talking to non-coresident child
- 4274 Accompanying non-coresident child
- 4275 Physical care and supervision of own child as help to other household
- 4277 Reading playing & talking to own non-coresident child
- 4278 Accompanying own non-coresident child
- 4279 Other specified childcare as help to other household
- 4280 Unspecified help to an adult of another household
- 4281 Physical care and supervision of an adult as help to another household
- 4282 Accompanying an adult as help to another household
- 4283 Other specified help to an adult member of another household
- 4289 Other specified informal help to another household
- 4290 Other specified informal help

## 43 PARTICIPATORY ACTIVITIES

- 4300 Unspecified participatory activities
- 4310 Meetings
- 4320 Religious activities
- 4390 Other specified participatory activities

## 5 SOCIAL LIFE AND ENTERTAINMENT

- 5000 Unspecified social life and entertainment

### 51 SOCIAL LIFE

- 5100 Unspecified social life
- 5110 Socialising with family
- 5120 Visiting and receiving visitors
- 5130 Celebrations
- 5140 Telephone conversation
- 5190 Other specified social life

### 52 ENTERTAINMENT AND CULTURE

- 5200 Unspecified entertainment and culture
- 5210 Cinema
- 5220 Unspecified theatre or concerts

- 5221 Plays musicals or pantomimes
- 5222 Opera operetta or light opera
- 5223 Concerts or other performances of classical music
- 5224 Live music other than classical concerts, opera, and musicals
- 5225 Dance performances
- 5229 Other specified theatre or concerts
- 5230 Art exhibitions and museums
- 5240 Unspecified library
- 5241 Borrowing books records audiotapes videotapes CDs VDs etc. from a library
- 5242 Reference to books and other library materials within a library
- 5243 Using internet in the library
- 5244 Using computers in the library other than internet use
- 5245 Reading newspapers in a library
- 5249 Other specified library activities
- 5250 Sports events
- 5290 Other specified entertainment and culture
- 5291 Visiting a historical site
- 5292 Visiting a wildlife site
- 5293 Visiting a botanical site
- 5294 Visiting a leisure park
- 5295 Visiting an urban park playground designated play area
- 5299 Other or unspecified entertainment or culture

### **53 RESTING – TIME OUT**

- 5310 Resting - Time out

## **6 SPORTS AND OUTDOOR ACTIVITIES**

- 6000 Unspecified sports and outdoor activities

### **61 PHYSICAL EXERCISE**

- 6100 Unspecified physical exercise
- 6110 Walking and hiking
- 6111 Taking a walk or hike that lasts at least miles or 1 hour
- 6119 Other walk or hike
- 6120 Jogging and running
- 6130 Biking skiing and skating
- 6131 Biking
- 6132 Skiing or skating
- 6140 Unspecified ball games
- 6141 Indoor pairs or doubles games
- 6142 Indoor team games
- 6143 Outdoor pairs or doubles games
- 6144 Outdoor team games
- 6149 Other specified ball games
- 6150 Gymnastics
- 6160 Fitness
- 6170 Unspecified water sports
- 6171 Swimming
- 6179 Other specified water sports
- 6190 Other specified physical exercise

**62                    PRODUCTIVE EXERCISE**

- 6200    Unspecified productive exercise**
- 6210    Hunting and fishing**
- 6220    Picking berries mushroom and herbs**
- 6290    Other specified productive exercise**

**63                    SPORTS RELATED ACTIVITIES**

- 6310    Unspecified sports related activities**
- 6311    Activities related to sports**
- 6312    Activities related to productive exercise**

**7                      HOBBIES, GAMES, AND COMPUTING**

- 7000    Unspecified hobbies games and computing**

**71                    ARTS AND HOBBIES**

- 7100    Unspecified arts**
- 7110    Unspecified visual arts**
- 7111    Painting drawing or other graphic arts**
- 7112    Making videos taking photographs or related photographic activities**
- 7119    Other specified visual arts**
- 7120    Unspecified performing arts**
- 7121    Singing or other musical activities**
- 7129    Other specified performing arts**
- 7130    Literary arts**
- 7140    Other specified arts**
- 7150    Unspecified hobbies**
- 7160    Collecting**
- 7170    Correspondence**
- 7190    Other specified or unspecified arts and hobbies**

**72                    COMPUTING**

- 7220    Computing - programming**
- 7230    Unspecified information by computing**
- 7231    Information searching on the internet**
- 7239    Other specified information by computing**
- 7240    Unspecified communication by computer**
- 7241    Communication on the internet**
- 7249    Other specified communication by computing**
- 7250    Unspecified other computing**
- 7251    Skype or other video call**
- 7259    Other specified computing**

**73                    GAMES**

- 7300    Unspecified games**
- 7310    Solo games and play**
- 7320    Unspecified games and play with others**
- 7321    Billiards pool snooker or petanque**
- 7322    Chess and bridge**
- 7329    Other specified parlour games and play**

- 7330 Computer games**
- 7340 Gambling**
- 7390 Other specified games**

## **8 MASS MEDIA**

- 8000 Unspecified mass media**

### **81 READING**

- 8100 Unspecified reading**
- 8110 Reading periodicals**
- 8120 Reading books**
- 8190 Other specified reading**

### **82 TV AND VIDEO**

- 8210 Unspecified TV video or DVD watching**
- 8211 Watching a film on TV**
- 8212 Watching sport on TV**
- 8219 Other specified TV watching**
- 8220 Unspecified video watching**
- 8221 Watching a film on video**
- 8222 Watching sport on video**
- 8229 Other specified video watching**

### **83 RADIO AND MUSIC**

- 8300 Unspecified listening to radio and music**
- 8310 Unspecified radio listening**
- 8311 Listening to music on the radio**
- 8312 Listening to sport on the radio**
- 8319 Other specified radio listening**
- 8320 Listening to recordings**

## **9 TRAVEL AND UNSPECIFIED TIME USE**

### **90 TRAVEL BY PURPOSE**

- 9000 Travel related to unspecified time use**
- 9010 Travel related to personal business**
- 9100 Travel to/from work**
- 9110 Travel in the course of work**
- 9120 Travel to work from home and back only**
- 9130 Travel to work from a place other than home**
- 9210 Travel related to education**
- 9230 Travel escorting to/ from education**
- 9310 Travel related to household care**
- 9360 Travel related to shopping**
- 9370 Travel related to services**
- 9380 Travel escorting a child other than education**
- 9390 Travel escorting an adult other than education**
- 9400 Travel related to organisational work**
- 9410 Travel related to voluntary work and meetings**
- 9420 Travel related to informal help to other households**

9430 Travel related to religious activities  
 9440 Travel related to participatory activities other than religious activities  
 9500 Travel to visit friends/relatives in their homes not respondents household  
 9510 Travel related to other social activities  
 9520 Travel related to entertainment and culture  
 9600 Travel related to other leisure  
 9610 Travel related to physical exercise  
 9620 Travel related to hunting & fishing  
 9630 Travel related to productive exercise other than hunting & fishing  
 9710 Travel related to gambling  
 9720 Travel related to hobbies other than gambling  
 9800 Travel related to changing locality  
 9810 Travel to holiday base  
 9820 Travel for day trip/just walk  
 9890 Other specified travel

9940 Punctuating activity  
 9950 Filling in the time use diary  
 9960 No main activity no idea what it might be  
 9970 No main activity some idea what it might be  
 9980 Illegible activity  
 9990 Unspecified time use  
 9991 Not applicable  
 9999 Queryable

**1.2 With whom time is spent**  
 Alone or with people not know to respondent  
 With spouse/partner  
 With mother  
 With father  
 With children 0-7 years  
 With other household members  
 With others you know

**1.3 Location and mode of transport**

-9 No answer/refused  
 0 Unspecified location  
 10 Unspecified location (not travelling)  
 11 Home  
 12 Second home or weekend house  
 13 Working place or school  
 14 Other people's home  
 15 Restaurant cafe or pub  
 16 Sports facility  
 17 Arts or cultural centre  
 18 Parks countryside seaside beach or coast  
 19 Shopping centres markets other shops  
 20 Hotel guesthouse camping site  
 21 Other specified location (not travelling)  
 30 Unspecified private transport mode



- 31 Travelling on foot
- 32 Travelling by bicycle
- 33 Travelling by moped motorcycle or motorboat
- 34 Travelling by passenger car as the driver
- 35 Travelling by passenger car as a passenger
- 36 Travelling by passenger car - driver status unspecified
- 37 Travelling by lorry or tractor
- 38 Travelling by van
- 39 Other specified private travelling mode
- 40 Unspecified public transport mode
- 41 Travelling by taxi
- 42 Travelling by bus
- 43 Travelling by tram or underground
- 44 Travelling by train
- 45 Travelling by aeroplane
- 46 Travelling by boat or ship
- 47 Travelling by coach
- 48 Waiting for public transport
- 49 Other specified public transport mode
- 90 Unspecified transport mode
- 99 Illegible location or transport mode