

Patient Medical Script

Patient Name: Mohamed Nazif

Date of Birth: 15-Sep-2001

Gender: Male

Date: 12-Aug-2025

Diagnosis:

Patient presents with mild seasonal allergies, likely triggered by pollen exposure. No signs of severe respiratory distress.

Prescription:

1. Loratadine 10mg - 1 tablet daily in the morning.
2. Saline nasal spray - 2 sprays per nostril twice daily.
3. Avoid outdoor activities during high pollen hours.

Follow-up:

Return for review in 2 weeks or sooner if symptoms worsen.