Professional Skills Matrix and Action Plan (PDP).

A.Professional Skills Matrix

The Professional Skills Matrix was devised as a tabular representation, featuring the following columns:

- 1. Skill: This column denotes the specific skill being assessed.
- 2. Soft/Hard: This column serves as an identifier, categorising the skill type as either soft or hard.
- **3. Before Module:** This column reflects the self-assessed proficiency level of the skill before commencing the study of this module.
- **4. After Module:** This column indicates the self-assessed proficiency level of the skill after the completion of the module.
- **5. Notes:** This column provides a space for recording personal observations and notes pertaining to skill improvements.

For the purpose of evaluation, a ranking system ranging from 1 to 5 was implemented, where:

- 5 denotes a high level of competence, indicating extensive experience in the respective skill area.
- 4 represents a moderately high level of competence, indicating a substantial level of experience in the skill area.
- 3 signifies an **average level of competence**, reflecting some experience in the skill area.
- 2 indicates a low level of competence, suggesting limited experience in the skill area.
- 1 signifies **no level of competence**, indicating a lack of experience in the skill area.

SKILL	SOFT / HARD	BEFORE MODULE	AFTER MODULE	NOTES
Time management	S	5	5	
Commercial Awareness	S	5	5	
Critical thinking and analysis	S	5	5	
Communication and Literacy skills	S	4	4.5	Teamwork for assignments and collaborative discussions increased my level of this skill.
IT and Digital	Н	4	4.5	Knowledge I gained from this module increased my level of this skill.
Numeracy	Н	4	4	
Resilience	S	5	5	
Interpersonal	S	4.5	5	Teamwork (with different people and their behaviours) and collaborative discussions increased my proficiency in this skill.
Problem-solving	Н	5	5	
Ethical Awareness	S	5	5	
Teamwork/Global Citizen and Leadership	S	5	5	
Critical Reflection	S	4	4.5	Teamwork (with different people and their point of views and opinions) and collaborative discussions increased my proficiency in this skill.

Table 1. Professional Skills Matrix

B.An Action plan (PDP).

An Action Plan was delineated in tabular form, comprising the ensuing columns:

- 1. **Skill:** This column serves as an identifier for the particular skill undergoing assessment.
- 2. Priority Order: This column designates the prioritisation sequence of each skill as per my assessment.
- 3. **Skills to work on:** This column chronicles the skills deemed pertinent for my focus and development.
- 4. **My Goal:** This column encapsulates my individualised objectives pertaining to the selected skills.
- 5. **Action plan:** This column expounds a comprehensive outline delineating the steps I intend to undertake to achieve my designated goals.

SKILLS	PRIORITY ORDER	SKILLS TO WORK ON	MY GOAL	ACTION PLAN
Teamwork/Global Citizen and Leadership	1			
Problem-solving	2			
Time management	3			
Commercial Awareness	4			
Critical thinking and analysis	5		Never stop developing this skill.	Pass specific tests every month.
Communication and Literacy skills	6		To elevate this skill to a higher level.	To take an entrepreneur course.
IT and Digital	7		To know more.	Practice and read more.
Ethical Awareness	8		Understand it better.	Read more specific documentation.
Numeracy	9		To elevate this skill to a higher level.	Practise more.
Resilience	10			
Interpersonal	11		To elevate this skill to a higher level.	Ask my therapist to organise more sessions about the topic of 'Interpersonal'.
Critical Reflection	12		To elevate this skill to a higher level.	Create or participate in a group with people to peer review each other's work, academic papers, or scientific papers.

Table 2. Action Plan for professional Skills.

References:

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