* Health

Health to me means having a good balance in your life. Being physically healthy means being in good shape and eating a healthy diet. Mental health means being confident in yourself and being able to overcome mental challenges. To be well-balanced means to be healthy.

* Work

I worked as a Janitor for my family’s commercial cleaning business since I was six years old. I also work to serve others by doing volunteer work or serving others. Work is essential to society. Through work, we are able to sustain ourselves and society.

* Play

Things that bring me joy are watching and playing soccer. I also like to be outdoors and spend time with family and friends. I also like to play video games and watch shows. To play means to enjoy or to have fun.

* Love

Love is a connection we make to the people that are around us. Love can be found in relationships, friendships, and families. We may do certain things as a result of love. For instance, we may care for others out of love or want to be with them.

Dashboard

Health- 7

Work- 5

Play- 5

Love-6

Workview

Work is defined as the ability to do work. When I am working, it usually means that I am trying to accomplish a goal or task. To finish that task means to be done with work. Work can be demanding and often stressful, however, if you love to work in what you do then it doesn’t seem like work anymore. As we work, we earn money, which is used to sustain us in our lives. Most people in the modern world work to support themselves and their families. We also work to keep society moving, if everyone were to stop working, then our society would collapse.

Lifeview

Personally, I believe that life is a test that everyone must go through. No life is the same as the next, and each person is different in just about every aspect. As we live our lives, we meet people and create different relationships. People will come and go from our lives and some relationships will be good while others will be bad. As we are on earth, we are defined from our environment, family, city we live in, race, home country, and social status. All these factors play a role in the type of person we become and the type of person that others see us. We could be a brother to someone while being a cousin to another, while to another we might just be a friend or teammate. Each life has a purpose and no life can ever be replaced by another.

* Where do your view on work and life complement one another?

My view of work and life complement each other in that we need to work in order to survive. We live to achieve our goals and dreams. To do this we need money from work to live. As we live, we work to accomplish our goals and dreams. In doing so we live to work and work to live our lives to the fullest.

* Where do they clash?

Sometimes we view life as freedom, when we work, we may feel stuck or imprisoned by responsibility or tasks. Sometimes we will be forced to pick work or life even if we don’t want to, and this is one way in which the two can clash.

* Does one drive the other? How?

Life and work can also drive one another. We can choose to work toward our goals and dreams and that is one way in which we are working toward life. We can also look at it in the aspect that we live in order to work. One might believe that their own purpose in life is to work. Sometimes we have to work so that we can live our lives. In one regard, we can’t have one without the other.

Goodtime Journal

Monday –

Programming Building Blocks- Engagement 9 Energy

Technical Teamwork- Engagement 9 Energy

Intro to ECEN- Engagement 9 Energy

Ropes Course – Engagement 6 Energy 10

Soda Vine- Engagement 9 Energy 10

Couch Collage- Engagement 10 Energy 9

Tuesday –

Foundations of the Restoration- Engagement 8 Energy 9

Building logic gate circuits- Engagement 8 Energy 8

Ultimate Frisbee- Engagement 7 Energy 7

Making Spaghetti- Engagement 7 Energy 4

Video Games- Engagement 9 Energy 8

Scripture Study- Engagement 9 Energy 7

Socializing- Engagement 6 Energy - 6

Watching Hockey- 9 Energy 10

Soccer – Engagement 10 Energy 10

Music- 4 Engagement Energy 10

Robotics Engagement - 10 Energy 8

Energy - Soccer

* Sports
  + Hockey
    - Stick
    - Puck
    - Ice
  + Physical
    - Strength
    - Solid
    - Fast
  + Practice
    - Perfection
    - Failure
    - Specific
* Watching
  + Observing
    - Introspection
    - Watching
    - Patience
  + Feeling
    - Emotion
    - Touch
    - Pain
  + Engaging
    - Active
    - Entertaining
    - Connection
* Playing
  + Professional
    - Standard
    - Expert
    - Diligence
  + Music
    - Vibe
    - Expression
    - Freedom
  + Fun
    - Excitement
    - Joy
    - Happiness
* Athlete
  + Training
    - Hard work
    - Repetition
    - Better
  + Diet
    - Food
    - Health
    - Limitations
  + Sleep
    - Rest
    - Revitalization
    - Tired
* Team
  + Together
    - One
    - Glue
    - Connected
  + Family
    - Pack
    - Unit
    - Group
  + United
    - Shield
    - Freedom
    - Goal
* Competitive
  + High Stakes
    - Risk
    - Reward
    - Failure
  + Battle
    - War
    - Skirmish
    - Force
  + Energy
    - Work
    - Power
    - Full

Engagement – Robotics

* Creative
  + Art
    - Paint
    - Crafts
    - Sculpture
  + Different
    - Unique
    - Change
    - Odd
  + Building
    - Mechanics
    - Relationships
    - Confidence
* Coding
  + Binary
    - True
    - False
    - Boolean
  + Computers
    - Mouse
    - Keyboard
    - Screen
  + Program
    - Running
    - Idea
    - Helpful
* Problem-Solve
  + Debugging
    - Issue
    - Cleaning
    - Rebooting
  + Trial and Error
    - Perseverance
    - Enduring
    - Tribulation
  + Detective
    - Investigation
    - Knowledge
    - Tools
* Electronics
  + Wires
    - Tangled
    - Color
    - Conductor
  + Atoms
    - Small
    - Electron
    - Charge
  + Electricity
    - Flow
    - Positive
    - Ground
* Safety
  + Rules
    - Regulations
    - Commandments
    - Breakable
  + Protection
    - Divine
    - Armor
    - Defense
  + Obedience
    - Adherence
    - Trust
    - Loyalty

Flow – Music

* Tune
  + Fix
    - Repair
    - Mend
    - New
  + Melody
    - Beat
    - Hymn
    - Song
  + Note
    - Paper
    - Idea
    - Print
* Harmony
  + Peace
    - Tranquility
    - World
    - People
  + Balance
    - Libra
    - Scale
    - Health
  + Utopia
    - Society
    - Book
    - Heaven
* Focus
  + Goal
    - Score
    - Objective
    - Hope
  + Patience
    - Waiting
    - Opportunity
    - Growth
  + Attention
    - Time
    - Spotlight
    - Influence
* Dance
  + Move
    - Exercise
    - Force
    - Translation
  + Latin
    - Language
    - History
    - Type
  + Square
    - Vertex
    - Angle
    - Box
* Study
  + Calm
    - Storm
    - Still
    - Water
  + Writing
    - Letter
    - English
    - Communication
  + Absorb
    - Water
    - Gain
    - Sponge

Look at the outer layers, pick three things that jump out

Create a job description for each

Create a role for each job description Draw/Find a pic/meme

Mind map- Soccer

Diligence

Hardworking and patient in their work.

A person looking at a banana

Description automatically generated with low confidence

Mind map – Robotics

Investigation

Curious and willing to learn more.

A person working on his computer

Description automatically generated with medium confidence

Mind map – Music

Repair

Fix or mend together their environment.

A picture containing person

Description automatically generated

Odyssey Plan

Steps to working in sports teams

1 Finish Sophomore Year

Start a business / side hustle

2 Finish Junior Year

Find internship for a soccer team/league in computer science

3 Finish Senior Year

Apply for jobs in soccer/ soccer leagues in computer science

Graduate with minimal debt

4 Work for a soccer team in a computer science job

Invest in real estate

5 Complete first year in my job and earn a promotion

Start a business

Odyssey Plan 2

Game Design and Robotics

1 Finish Sophomore year

Build a computer

2 Finish Junior Year

Get an internship at a game studio/ robotics company

3 Finish Senior Year

Graduate BYUI

4 Get a job in computer Science

Work on master’s degree

5 Get a promotion

Teach computer science kids

Odyssey Plan 3

1 Finish Sophomore Year Online

Go to England to play for soccer academy

2 Get Signed to professional soccer team/ indoor soccer/ Futsal

Finish Junior Year online

3 Finish Senior Year Online

Play soccer at high level/ sustainable for living

4 Play for National Team/ Represent U.S in futsal/ indoor soccer

Coach Soccer on the side

5 Invest money into something

Work in soccer