|  | 5501 Fortunes Ridge Rd, Suite P  Durham, NC, 27713  919-391-7202  drboazak@animosanopsychiatry.com |
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Dear [Employer],  
  
This letter is to inform you that [Employee Name] has been diagnosed with Attention Deficit Hyperactivity Disorder (ADHD) and anxiety. As a result, [Employee Name] requires certain accommodations in order to perform their job duties.  
  
For ADHD, [Employee Name] requires a flexible work schedule, including the ability to take breaks throughout the day and work from home when needed. [Employee Name] also needs a quiet workspace with minimal distractions.  
  
For anxiety, [Employee Name] needs a supportive work environment with clear expectations and deadlines. [Employee Name] also needs access to mental health resources, such as counseling and support groups.  
  
We appreciate your understanding and support in providing these accommodations for [Employee Name]. If you have any questions or concerns, please do not hesitate to contact me.  
  
Sincerely,  
  
[Doctor Name]