

Building Resilient Healthcare Supply Chains: Lessons from COVID-19 and Future Strategies

The COVID-19 pandemic exposed critical vulnerabilities in healthcare supply chains worldwide, triggering unprecedented shortages of personal protective equipment (PPE), ventilators, and essential medications. These disruptions revealed how decades of optimization for cost efficiency had compromised resilience, as just-in-time inventory systems collapsed under sudden demand surges. Healthcare organizations were forced to adopt innovative approaches, from hospital trading networks to centralized warehousing. This report examines pre-pandemic supply chain structures, analyzes COVID-19 disruptions, explores organizational responses, identifies key lessons learned, and proposes comprehensive strategies for building resilient healthcare supply chains that balance efficiency with the ability to withstand future crises. By implementing maturity frameworks, strategic inventory management, supply chain diversification, advanced technologies, and supportive policies, healthcare organizations can ensure critical supplies remain available to support quality patient care even during emergencies.

Understanding the Pre-COVID Healthcare Supply Chain Model

The healthcare supply chain is an extensive network of systems, components, and processes that collectively ensure medicines and other healthcare supplies are manufactured, distributed, and provided to patients. Prior to the pandemic, this complex infrastructure operated largely out of sight, quietly facilitating the flow of critical products from manufacturers to healthcare providers and ultimately to patients.

Structure and Key Components

Traditional healthcare supply chains featured a two-tier structure divided between internal and external supply channels. The internal supply channel managed inventory and logistics from the hospital's on-site warehouse to point-of-use (POU) locations within the facility, while the external supply channel controlled the flow of inventory from suppliers to the hospital's on-site warehouse [1]. This framework encompassed several critical components: procurement (acquiring goods from suppliers), inventory management (tracking stocks and supplies), logistics (coordinating transportation and delivery), and information systems (enabling efficient planning and decision-making) [2].

Major stakeholders in this ecosystem included manufacturers (the first link, creating medicines and healthcare supplies), distributors (the second link, purchasing products in bulk and distributing to providers), healthcare facilities, and patients [3] [4]. These stakeholders formed a complex global network, with the health system or hospital's supply chain extending "from a factory across the globe to the bed of a patient within its four walls, with many points in

between" [5]. To facilitate cost-effective purchasing, healthcare organizations typically relied on group purchasing organizations (GPOs) and distributors for supply chain support, creating additional layers of complexity [5].

The Just-in-Time Approach

Before the pandemic, the supply chain model used by the pharmaceutical sector had not changed significantly during the prior 30 years. The most substantive shift was the transition to just-in-time (JIT) inventory management for some raw materials [6]. Under this strategy, borrowed from Japanese automobile manufacturers in the 1970s, vendors delivered supplies only as they were needed, minimizing on-site storage requirements and associated costs [6].

During the 1990s, many hospitals in the US and Canada moved away from the classic hospital supply chain approach and trended toward a "stockless" management system. This approach transformed the external supply channel into a direct replenishment stream from suppliers to POU inventory locations, essentially eliminating the need for on-site warehouses [1]. Based on direct demand information from each POU, suppliers shipped materials in unit quantities directly to the point of use. This streamlined model drastically reduced inventories by 70% to 80% and cut material handler full-time equivalents by 30% to 45%, generating hundreds of thousands of dollars in annual savings for participating hospitals [1].

Hidden Vulnerabilities

While the JIT model served the industry well for decades, it contained hidden vulnerabilities that would later be exposed during the pandemic. Healthcare organizations and manufacturers often relied on just a few key suppliers of active pharmaceutical ingredients (APIs) and other critical components [6]. This sole-supplier sourcing helped ensure lower costs for materials and simplified vendor management but created dangerous dependencies that would prove problematic when global supply chains were disrupted [6].

Furthermore, having only the inventory needed to meet immediate demand reduced storage requirements but eliminated buffers against supply interruptions. Many medical supplies manufacturers and health systems had adopted this "just-in-time" approach to supplies, stocking only what they immediately needed and trusting supply chains to deliver other items quickly $^{[4]}$. This approach saved money by eliminating the need for extended storage facilities and full inventories, but it left organizations vulnerable to sudden disruptions $^{[4]}$.

COVID-19 Disruptions and Vulnerabilities

The COVID-19 pandemic created an unprecedented stress test for healthcare supply chains, revealing structural weaknesses that had been obscured during normal operations. The combination of demand surges and supply disruptions created a perfect storm that affected healthcare delivery worldwide.

The Supply-Demand Imbalance

As the pandemic intensified, healthcare facilities experienced dramatic increases in demand for personal protective equipment (PPE), ventilators, and other critical supplies. According to the World Health Organization, the global response required an estimated 89 million medical masks, 76 million examination gloves, and 1.6 million goggles each month [3]. This exponential surge in demand quickly overwhelmed existing supply channels.

Simultaneously, severe disruptions affected the supply side of the equation. High dependence on global supply chains and overstrained suppliers and manufacturers became a root cause for the lack of medical supplies in the COVID-19 crisis $^{[7]}$. Many critical medical products and their raw materials were manufactured outside the United States, creating vulnerabilities when international transportation was disrupted $^{[4]}$. The National Academies of Sciences, Engineering, and Medicine reported that only 28% of the manufacturing facilities making active pharmaceutical ingredients (APIs) for the U.S. market were located within the country as of August 2019, meaning 72% of medical supplies and APIs found in the United States resulted from outsourcing to other nations $^{[4]}$.

Documented Shortages

The shortage of personal protective equipment became particularly acute, endangering healthcare workers worldwide. By June 2020, 20.7% of nursing homes with submitted data reported a severe PPE shortage, recording one week or less of available supply $^{[8]}$. Shortages of N95 respirators (13.4% of facilities) and gowns (12.6%) were especially common $^{[8]}$. These rates did not meaningfully improve in the following month, with overall shortage rates remaining relatively unchanged through July 2020 $^{[8]}$.

Ventilator shortages also reached critical levels. Data and analytics company GlobalData estimated on March 23, 2020, that approximately 880,000 additional ventilators would be needed globally to tackle the COVID-19 outbreak [9]. According to the same report, the U.S. faced a shortage of 75,000 ventilators, while France, Germany, Italy, Spain, and the United Kingdom collectively lacked 74,000 ventilators [9].

Price Volatility and Market Disruption

The mismatch between supply and demand triggered extreme price volatility for essential items. Since the start of the COVID-19 outbreak, prices surged dramatically – surgical masks saw a sixfold increase, N95 respirators tripled in price, and isolation gowns doubled [10]. This price inflation placed additional financial strain on healthcare systems already struggling with the operational challenges of the pandemic.

Market manipulation became widespread, with critical supplies frequently sold to the highest bidder $^{[10]}$. The World Health Organization noted that "shortages are leaving doctors, nurses and other frontline workers dangerously ill-equipped to care for COVID-19 patients, due to limited access to supplies such as gloves, medical masks, respirators, goggles, face shields, gowns, and aprons" $^{[10]}$. This situation was further exacerbated by panic buying, hoarding, and misuse of limited supplies $^{[10]}$.

Supply Chain Disruption Factors

Multiple factors contributed to the breakdown of healthcare supply chains during the pandemic:

Export restrictions and border controls significantly impeded the movement of medical supplies as countries prioritized the needs of their own citizens over international commitments [11]. These nationalistic policies severely limited the ability of healthcare organizations to source products globally. Transportation limitations due to reduced international capacity and border controls further complicated supply acquisition [11].

Manufacturing disruptions occurred as production facilities faced COVID-19 outbreaks among their workforce or struggled with infection prevention measures mandated by public authorities ^[7]. The general economic downturn indirectly put additional pressure on supply chain dependencies, as many suppliers generated their biggest revenue shares by serving other industries severely hit by the pandemic, such as automotive manufacturing ^[7].

Perhaps most concerning was the emergence of opportunistic behavior among some suppliers, who increased prices or terminated existing contracts to offer their production capacities to higher-paying customers [7]. This undermined long-established business relationships and forced healthcare organizations to compete for limited supplies, often at inflated prices.

Organizational Responses to Supply Challenges

Healthcare organizations demonstrated remarkable adaptability in response to supply chain disruptions, implementing innovative strategies to maintain operations despite severe shortages. These responses provide valuable insights into building more resilient systems for the future.

Resource Sharing and Collaborative Networks

One of the most effective responses to localized shortages was the development of resource-sharing networks between healthcare facilities. Many hospitals established trading systems to optimize the utilization of available supplies. For example, Margaret Mary Health, a 25-bed hospital in Indiana, received a shipment of 2,000 N95 masks but could only use some that were the right size for their staff $\frac{12}{12}$. Rather than hoarding these resources, they "took what [they] could use and put the rest back on the market to trade with other hospitals who could use them" $\frac{12}{12}$. This collaborative approach helped address mismatches between local supply and demand.

Private hospital groups implemented both centralized and decentralized resource pooling strategies. With centralized pooling, manufacturers and distributors were instructed to ship all medical supplies to central warehouses instead of directly sending them to individual hospital locations $^{[7]}$. This approach improved inventory visibility and enabled effective allocation of medical supplies to the locations with the greatest need $^{[7]}$. Public hospital groups achieved similar benefits by leveraging purchasing alliances and using inventory platforms to centrally allocate medical supplies to hospitals most in need $^{[7]}$.

Supply Chain Restructuring

Many healthcare organizations fundamentally restructured their supply chains to address vulnerabilities exposed by the pandemic. With the progressing pandemic, some private hospital groups established central warehouses for most COVID-19-related products at the hospital group level $^{[7]}$. This centralization made medical supplies pooling and distribution more effective and supported new upstream procurement initiatives $^{[7]}$. By consolidating inventory in central locations, these organizations improved visibility and resource allocation while reducing logistics complexity.

Manufacturers also adapted their supply chain strategies, with some providing "vertical supplier procurement support" to ensure continued production. Companies like MedTech1 and MedTech&Pharma1 supported suppliers' air, sea, and land freight purchasing activities, either by sharing professional contacts and market knowledge or by changing Incoterms and organizing transports themselves [7]. This vertical coordination helped secure transportation for urgently needed supplies and strengthened relationships with key suppliers [7].

Alternative Sourcing and Conservation Strategies

When traditional supply channels failed, healthcare facilities turned to non-traditional sources and implemented conservation measures to extend limited supplies. Some hospitals partnered with local businesses like hardware stores to find N95 masks and other protective equipment [12]. Others worked with organizations that had vetted vendors to ensure quality and availability of products from new suppliers [12].

Creative conservation techniques became essential for managing scarce resources. Healthcare workers developed various approaches to extend the life of limited supplies, including wearing masks on one side for one shift and turning them inside out for the next, or placing N95 masks in paper bags and heating them in blanket warmers to 160 degrees for reuse [12]. While not all conservation efforts guaranteed complete sanitization, they helped facilities extend the life of their equipment when running low on supplies [12].

Inventory Management Transformation

The pandemic triggered a fundamental shift in inventory management philosophies within healthcare organizations. With stockpiles of supplies and added warehousing, hospitals and health systems began seeking the right balance between just-in-time and just-in-case inventory management [13]. Many facilities transitioned to maintaining 90-120 days' worth of inventory on hand, though this approach created new challenges in managing expiration dates and required additional labor for warehouse crews [13].

This transformation extended beyond simply increasing inventory levels. Organizations implemented supply chain dashboards, disruption-risk mapping, and resiliency programs to enhance visibility and preparedness [13]. They also began working with clinicians to identify clinically equivalent substitutes and alternative sources for critical supplies, building flexibility into their supply management approaches [13]. These strategic changes represented a significant departure from pre-pandemic practices and signaled a new emphasis on resilience alongside efficiency.

Key Lessons Learned from the Pandemic

The COVID-19 pandemic provided a profound learning opportunity for healthcare supply chain managers, policymakers, and healthcare executives. These lessons form the foundation for building more resilient systems for the future.

Reassessing the Just-in-Time Model

Perhaps the most significant lesson from the pandemic was the need to reevaluate just-in-time inventory strategies that had dominated healthcare supply management for decades. The JIT approach, which served the industry well for many years, was revealed as one of the weak links in the supply chain when faced with the unprecedented demands of the global pandemic [6]. Organizations learned that sole-supplier sourcing, while efficient under normal circumstances, created dangerous dependencies that could lead to critical shortages during disruptions [6].

The pandemic demonstrated that different inventory strategies may be appropriate for different categories of medical products based on their criticality and supply risk. For some items, maintaining larger buffer stocks may be justified despite the additional storage costs and potential waste from expired products [13]. For others, the efficiency benefits of JIT may still outweigh the risks. Healthcare organizations are now developing more nuanced inventory approaches that balance efficiency and resilience considerations based on product characteristics and risk profiles [13].

Importance of Supply Chain Visibility and Transparency

The crisis highlighted significant gaps in supply chain visibility that hindered effective response. Many healthcare organizations lacked clear visibility into their upstream supply networks, making it difficult to anticipate disruptions or identify alternative sources when primary suppliers experienced problems [11]. This lack of transparency extended to national and regional coordination efforts, where information infrastructure proved insufficient to fairly allocate supplies across regions [11].

Forward-thinking organizations are now implementing supply chain dashboards, disruption-risk mapping, and other tools to enhance visibility [13]. These capabilities enable proactive responses by predicting, identifying, and potentially preventing product outages before disruption occurs [13]. By understanding the complete supply chain, including dependencies of tier 2 and tier 3 suppliers, healthcare organizations can identify potential vulnerabilities and develop contingency plans before disruptions occur [14].

Building Diverse and Resilient Supply Networks

The pandemic exposed the dangers of geographic concentration in medical product manufacturing and distribution. With much of America's manufacturing capacity shifted abroad where products could be made inexpensively with low labor and energy costs, domestic production capacity was severely limited when global supply chains were disrupted [4]. Healthcare organizations learned that diversifying supply sources across different geographic regions and establishing relationships with multiple suppliers for critical items could significantly enhance resilience [15] [16].

The concept of resilience through diversification extends beyond simply having multiple suppliers in different locations. It includes developing alternative formulations or designs that can be substituted when primary products are unavailable [13]. Working with clinicians to find clinically equivalent substitutes and alternative sources for critical supplies has become a key strategy for enhancing supply chain flexibility [13]. This approach recognizes that product-level resilience is as important as supplier-level resilience.

Value of Collaborative Approaches

Perhaps one of the most encouraging lessons from the pandemic was the power of collaboration in addressing supply challenges. Whether through hospital trading networks, purchasing alliances, or public-private partnerships, collaborative approaches enabled more effective responses than individual organizations could achieve alone $\frac{[7]}{12}$. These partnerships facilitated resource sharing, joint procurement, and information exchange that helped mitigate the worst impacts of supply shortages $\frac{[7]}{12}$.

Furthermore, collaboration between manufacturers and their suppliers proved essential for maintaining production. Companies that supported their suppliers' procurement and logistics activities gained competitive advantages and were better able to maintain production during the crisis ^[7]. This vertical coordination helped ensure the continued flow of raw materials and components, strengthening the entire supply chain ^[7]. These experiences have prompted many organizations to invest in deeper, more collaborative relationships with key supply chain partners.

Role of Technology in Supply Chain Resilience

The pandemic accelerated digital transformation within healthcare supply chains, demonstrating the critical role of technology in enhancing resilience. Organizations with robust information systems were better positioned to track inventory, predict needs, and identify potential shortages before they occurred [13]. The crisis sparked new investments in supply chain technologies, from basic tracking systems to advanced predictive analytics [13] [17].

Statistical forecasting models based on historical data and caseloads emerged as valuable tools for predicting expected patient populations and anticipating supply needs [1] [7]. By incorporating additional parameters related to shortages, product types, and suppliers, these models provided much-needed visibility to hedge risk across suppliers and create backup plans [1]. Organizations that successfully deployed these technologies demonstrated greater agility in responding to rapidly changing conditions.

Emerging Technologies for Supply Chain Resilience

Advanced technologies are playing an increasingly important role in transforming healthcare supply chains from reactive to proactive operations. These innovations offer promising solutions to many of the challenges exposed during the pandemic.

Blockchain for Enhanced Traceability and Security

Blockchain technology has emerged as a promising solution to the challenges facing modern healthcare supply chains. By utilizing a decentralized and transparent ledger, blockchain facilitates the comprehensive recording and tracking of each transaction and movement of healthcare products from manufacturers to end-users [18]. This capability establishes a reliable record that affirms a product's authenticity, quality, and integrity, addressing issues related to counterfeit or substandard healthcare products [18].

The distributed and tamper-resistant nature of blockchain ensures that data cannot be modified without proper user authorization, creating a robust system for tracking and managing products that mitigates risks associated with fraud or data manipulation [18]. This immutability is crucial for medical supply chains, ensuring that the data stored is secure, accurate, and reliable [18]. Additionally, blockchain can automate and streamline critical processes like inventory management, procurement, and logistics, eliminating cumbersome manual paperwork and reducing administrative overhead [18].

According to market projections, blockchain technology in the pharmaceutical and medical sector is expected to reach \$815.65 million by 2026, growing at a CAGR of 22.10% from 2023-2030 [18]. This rapid adoption reflects the significant benefits blockchain offers for enhancing healthcare supply chain integrity and efficiency.

Artificial Intelligence and Machine Learning

Al and machine learning technologies are transforming how healthcare organizations forecast demand, manage inventory, and respond to disruptions. This paper presents an intelligent choice optimization method for healthcare supply chain mode based on deep reinforcement learning algorithms that enhances the objectivity and effectiveness of supply chain mode selection [19]. These advanced algorithms can analyze complex data sets to identify patterns and make predictions that would be impossible for human analysts to discern.

Al-enabled systems can optimize inventory levels by analyzing historical usage patterns, seasonal variations, and other factors that influence demand. By improving forecast accuracy, these systems help healthcare organizations maintain appropriate stock levels without excessive inventory costs [17]. Al can also identify potential supply chain disruptions before they occur, enabling proactive mitigation measures rather than reactive responses [17].

Machine learning algorithms continuously improve as they process more data, making them increasingly valuable tools for supply chain management. These systems can identify correlations between seemingly unrelated events and supply chain outcomes, providing insights that help organizations anticipate and prepare for future challenges [17]. As healthcare supply chains generate more data through digitization efforts, the potential value of AI and machine learning will continue to grow.

Digital Twins and Supply Chain Simulation

Digital twin technology is revolutionizing healthcare supply chain management by creating virtual replicas of physical supply systems. These digital models allow organizations to monitor operations in real-time, test scenarios, and optimize decision-making without disrupting actual operations $\frac{[17]}{}$. By leveraging digital twins, healthcare organizations can optimize their supply chain operations, reduce costs, and ensure that critical supplies are always available when and where they are needed most $\frac{[17]}{}$.

Al-enabled digital twins provide a transformative approach to managing inventory levels, offering a real-time digital replica of the healthcare supply chain [17]. They continuously capture data on stock levels and usage patterns across the network and leverage Al-driven insights to deliver prescriptive guidance on when and where supplies should be replenished [17]. This ensures that inventory levels always align with current and future demand [17].

Furthermore, digital twins eliminate siloed processes by providing a unified view of the entire supply chain across departments [17]. This holistic approach ensures that healthcare providers can manage inventory with greater accuracy, reduce inefficiencies, and take advantage of cost-saving opportunities such as bulk ordering and consolidated replenishment [17]. With improved transparency, digital twins also enhance regulatory compliance by automating the tracking of supply usage, expiration dates, and stock levels [17].

Internet of Things (IoT) for Real-time Monitoring

IoT technologies enable continuous, real-time monitoring of healthcare supplies throughout the supply chain. By embedding sensors in containers, storage locations, and even individual products, organizations can track location, quantity, and condition of critical supplies [18] [17]. These capabilities are particularly valuable for temperature-sensitive products like vaccines and certain medications, which must maintain specific environmental conditions to preserve efficacy [18].

IoT devices can automatically trigger replenishment orders when inventory reaches predetermined thresholds, reducing the risk of stockouts while minimizing manual intervention [18] [17]. They can also provide early warning of potential issues, such as delayed shipments or unexpected consumption patterns, allowing for proactive adjustment of plans [17]. By improving visibility and automating routine tasks, IoT technologies enhance both efficiency and resilience in healthcare supply chains.

The integration of IoT with other advanced technologies multiplies its impact. When combined with blockchain for secure data sharing, AI for predictive analytics, and digital twins for simulation, IoT creates a powerful ecosystem for supply chain optimization and risk management [18] [17]. This convergence of technologies enables capabilities that would have been impossible just a few years ago, fundamentally transforming how healthcare supply chains operate.

Policy and Regulatory Frameworks

Effective policy and regulatory frameworks are essential for supporting resilient healthcare supply chains. The pandemic has prompted significant policy developments at national and international levels, creating new opportunities and requirements for healthcare organizations.

Strategic National Stockpile Reform

The COVID-19 pandemic revealed that the Strategic National Stockpile (SNS) was not positioned to respond effectively to a crisis of this magnitude. While the Stockpile was operationally effective in distributing its limited inventory based on established policies and procedures, it could not meet demand due to factors beyond its control [20]. By March 2020, the Stockpile had deployed 90 percent of its pandemic-related inventory in three shipments to all jurisdictions, but this was insufficient to address nationwide needs [20].

In response to these shortcomings, the U.S. Department of Health and Human Services developed an initiative to restock and revamp the Stockpile based on vulnerabilities in the global medical supply chain identified during the pandemic $^{[20]}$. This effort aims to improve inventory management and distribution while bolstering the U.S. industrial base to produce critical pharmaceuticals and medical supplies $^{[20]}$. The goal is to reduce America's reliance on foreign suppliers and enhance domestic production capacity for essential medical products $^{[20]}$.

This reform highlights the importance of having clearly defined strategic plans for national stockpiles that address the goals and objectives of emergency response capabilities $^{[20]}$. It also emphasizes the need to mitigate risks associated with relying on foreign supply chains and just-in-time inventory strategies when determining annual Stockpile purchases $^{[20]}$. These policy changes will influence how healthcare organizations approach their own emergency preparedness and inventory management strategies.

Domestic Manufacturing Initiatives

The pandemic exposed critical vulnerabilities resulting from the offshoring of medical product manufacturing. Policy actions to increase security in the pharmaceutical supply chain through geographic diversification and onshoring can be productive and effective if they alleviate risks while promoting reliability in manufacturing and avoiding unnecessary increases in healthcare costs [16]. Several approaches have been implemented to address these concerns.

Policymakers have used direct investment to support domestic drug manufacturing, particularly through grants or contracts that subsidize the significant costs of starting up new manufacturing sites [16]. For example, in 2024, the Administration for Strategic Preparedness and Response's Industrial Base Management and Supply Chain Office announced investments of millions of dollars in U.S. companies to manufacture APIs for essential medicines [16]. These investments target critical medications used in the treatment of conditions like asthma, diabetes, and anxiety disorders [16].

Other policy approaches include mapping the supply chain and assessing vulnerabilities, incentivizing public or private purchasers to buy from domestic manufacturers, and facilitating manufacturing through tax credits and workforce development programs [16]. These initiatives

aim to create a more resilient domestic manufacturing base for critical medical products while recognizing that in many cases, international partnerships remain important for supply chain security [16].

Regulatory Changes for Enhanced Visibility

Regulatory agencies are implementing new requirements to improve visibility into potential supply disruptions. The Food and Drug Administration (FDA) has announced measures to enhance protections against medical device shortages, noting that supply chain disruptions pose the greatest threat to device availability [21]. The agency is seeking new statutory authority to amend the CARES Act by removing the current limitation that ties device shortage reporting to public health emergencies [21].

This change would align U.S. requirements more closely with new European Union regulations that require medical device manufacturers to notify authorities about any anticipated supply shortages at least six months in advance $^{[21]}$. Without comparable transparency in the USA, the EU's new regulations provide critical information to healthcare providers, giving them the opportunity to act in advance to mitigate device shortages $^{[21]}$. In contrast, U.S. hospitals and healthcare systems are currently "ill-prepared to address shortages, forcing them to rely on unpredictable or ad-hoc solutions" $^{[21]}$.

The FDA is also advocating for increased funding to support its Supply Chain Program, which works to identify and mitigate device shortage issues [21]. These changes are essential for enabling proactive responses to prevent supply chain disruptions before they impact patient care and for providing healthcare facilities with the information needed to prepare for potential shortages [21].

International Partnerships for Resilience

While domestic production capabilities are important, international partnerships remain essential for building truly resilient healthcare supply chains. Policy actions to increase security in the pharmaceutical supply chain should consider international partnerships to build a robust global manufacturing base for essential medicines and their active pharmaceutical ingredients [16]. These collaborative approaches can deliver important benefits with lower costs compared to exclusive reliance on domestic production [16].

International cooperation on supply chain resilience includes information sharing about potential shortages, coordinated responses to disruptions, and harmonized standards that facilitate flexible sourcing during emergencies [16]. By developing strategic relationships with trusted international partners, countries can diversify their supply sources while maintaining security and quality standards [16].

Governments and international organizations are also working to address vulnerability areas such as raw material supply, transportation capacity, and regulatory coordination $\frac{[21]}{2}$. These efforts recognize that even with increased domestic production, global interdependencies will remain a feature of healthcare supply chains, requiring collaborative approaches to risk management and resilience $\frac{[16]}{2}$.

Future Strategies: Building Resilient Healthcare Supply Chains

Building on lessons learned from the pandemic and leveraging emerging technologies and policy frameworks, healthcare organizations can implement comprehensive strategies to enhance supply chain resilience for the future. These strategies balance the need for efficiency during normal operations with the capacity to withstand disruptions during crises.

Implementing Resilience Maturity Models

Several frameworks provide structured approaches for assessing and improving supply chain resilience. The Supply Chain Risk Management Consortium advocates a five-stage maturity model to manage supply chain risk and build resilience in an era of volatility, uncertainty, complexity, and ambiguity $^{[14]}$. This model progresses from foundational awareness through visibility, predictability, and resiliency to sustainability, with specific capabilities developed at each stage $^{[14]}$.

Similarly, the Strategic Marketplace Initiative (SMI) has created a Resilience Maturity Model (RMM) and Playbook to help the industry better prepare and mitigate risk for future potential disruptions $^{[22]}$. This framework is based on four maturity levels: preparedness, responsiveness, resiliency, and collaborative immunity $^{[22]}$. Although designed as aspirational, the RMM provides structure for organizations to develop their own preparedness playbooks and includes a scoring mechanism to measure current progress and develop plans to achieve higher levels of resilience over time $^{[22]}$.

These models offer healthcare organizations practical roadmaps for enhancing supply chain resilience. By systematically assessing current capabilities and identifying improvement opportunities, organizations can make targeted investments that yield the greatest returns in terms of risk reduction and operational resilience [22] [14]. The graduated approach of these models allows organizations to make progress over time, building capabilities in a logical sequence rather than attempting to implement all resilience measures simultaneously.

Balancing Inventory Strategies

Finding the right balance between efficiency and resilience in inventory management is a critical challenge for healthcare organizations. With stockpiles of supplies and added warehousing, hospitals and health systems are trying to find the optimal approach between just-in-time and just-in-case inventory management [13]. Many facilities now maintain 90-120 days' worth of inventory for critical supplies, though this approach creates new challenges in managing expiration dates and requires additional labor for warehouse operations [13].

A more sophisticated approach involves stratifying inventory strategies based on product characteristics. Critical, life-saving products with limited substitution options may warrant larger safety stocks and multiple sourcing arrangements, while commodity items with many alternatives might still use JIT approaches [13]. This nuanced strategy optimizes resource allocation by focusing resilience investments on the most critical products.

Organizations are also exploring alternative inventory arrangements, such as vendor-managed inventory and consignment models, which can provide buffer stocks without the full financial

burden of ownership [13]. Regional collaboratives that maintain shared emergency stockpiles represent another innovative approach, distributing costs across multiple facilities while providing access to critical supplies during shortages [7] [12]. These collaborative models demonstrate how organizations can achieve greater resilience through partnership than any single entity could accomplish alone.

Diversifying Supply Sources

Reducing concentration risks through diversification is a fundamental strategy for enhancing supply chain resilience. The six priorities identified by AdvaMed for building medical technology supply chain resilience include supporting greater diversification of supply chains to reduce barriers to the flow of goods and strengthen public-private partnerships [15]. This approach enhances resiliency and agility while reducing over-reliance on any one market for any aspect of manufacturing or supply [15].

Geographic diversification involves sourcing critical supplies from multiple regions to reduce vulnerability to localized disruptions $^{[15]}$ $^{[16]}$. This may include a mix of domestic and international suppliers, with strategic consideration of transportation routes, political stability, and regulatory environments $^{[16]}$. For some particularly sensitive or critical products, domestic production may be prioritized to ensure security of supply $^{[16]}$.

Supplier diversification complements geographic diversification by developing relationships with multiple vendors for critical items $^{[7]}$ $^{[16]}$. This approach provides alternatives when primary suppliers experience disruptions and can create competitive dynamics that improve performance and innovation $^{[7]}$. Qualifying alternative suppliers in advance, rather than during a crisis, enables faster switching when disruptions occur $^{[13]}$.

Leveraging Advanced Technologies

Technology plays a critical role in transforming healthcare supply chains from reactive to proactive operations. Blockchain technology in medical supply chain solutions guarantees effective inventory management, streamlines logistics, prevents infiltration of counterfeit products, enhances data security, and improves overall supply chain efficiency in the healthcare industry [18]. By providing an immutable record of transactions and movements, blockchain enhances transparency and trust throughout the supply chain [18].

Artificial intelligence and machine learning enable more accurate demand forecasting, automated replenishment, and early warning of potential disruptions [19] [17]. These technologies can analyze vast amounts of data to identify patterns and relationships that would be impossible for human analysts to discern [17]. As healthcare organizations generate more supply chain data through digitization efforts, the potential value of AI continues to grow [17].

Digital twins provide real-time visibility and simulation capabilities that support both operational optimization and contingency planning $^{[17]}$. By creating virtual replicas of physical supply chains, these tools allow organizations to test scenarios and evaluate potential responses without disrupting actual operations $^{[17]}$. When enhanced with AI, digital twins can deliver prescriptive guidance on inventory management and resource allocation, ensuring optimal utilization of limited resources $^{[17]}$.

Building Collaborative Networks

The power of collaboration in addressing supply challenges has been clearly demonstrated during the pandemic. Healthcare organizations are now formalizing and expanding collaborative approaches through structured networks and partnerships. These collaborative immunity models represent the highest level of supply chain resilience, enabling coordinated responses to disruptions that far exceed what individual organizations could achieve alone [22].

Resource-sharing networks between healthcare facilities provide mechanisms for redistributing supplies during localized shortages $^{[7]}$ $^{[12]}$. These arrangements may include formal agreements for mutual aid during emergencies, platforms for visibility into available resources across multiple facilities, and processes for requesting and transferring supplies between organizations $^{[7]}$. By pooling resources, these networks create effective buffers against supply disruptions without requiring each facility to maintain excessive inventory $^{[7]}$.

Collaborative approaches extend beyond healthcare providers to include manufacturers, distributors, and government agencies $\frac{[22]}{2}$. Public-private partnerships for supply chain planning and risk assessment help identify and address vulnerabilities before they lead to disruptions $\frac{[20]}{2}$. Information sharing about potential shortages, available supplies, and alternative sources enhances the collective ability to respond effectively to emerging threats $\frac{[16]}{2}$.

Continuous Improvement and Risk Management

Supply chain resilience requires ongoing attention and adaptation rather than a one-time solution. Organizations at the highest level of supply chain maturity build upon their organizational infrastructures through corporate frameworks such as enterprise risk management (ERM), governance, risk and compliance (GRC), and process standardization [14]. Leaders continually assess their risk profile and leverage their knowledge database to sustain and improve processes [14].

Regular risk assessments help identify emerging vulnerabilities before they lead to disruptions $\frac{[23]}{[14]}$. These assessments should consider changes in the external environment (geopolitical developments, climate events, etc.) as well as internal factors (new product introductions, supplier changes, etc.) $\frac{[23]}{[23]}$. By maintaining awareness of evolving risks, organizations can adapt their resilience strategies accordingly $\frac{[23]}{[23]}$.

Scenario planning and simulation exercises prepare organizations for potential disruptions by testing response capabilities and identifying improvement opportunities $\frac{[23]}{}$. These exercises should involve cross-functional teams and, when appropriate, external partners to ensure comprehensive preparation $\frac{[23]}{}$. By practicing responses to various disruption scenarios, organizations develop the capabilities and relationships needed for effective crisis management $\frac{[23]}{}$.

Conclusion

The COVID-19 pandemic provided a painful but invaluable lesson in the critical importance of resilient healthcare supply chains. As the healthcare industry continues to recover and evolve, there is a unique opportunity to redesign supply chains that balance cost-effectiveness with the ability to withstand future disruptions. The vulnerabilities exposed during the pandemic – from over-reliance on global supply chains to insufficient visibility and coordination – must be systematically addressed to protect healthcare delivery during future crises.

The path forward requires a comprehensive approach that addresses all aspects of supply chain management. Implementing structured resilience maturity models provides a framework for assessing current capabilities and developing improvement roadmaps. Balancing inventory strategies according to product criticality optimizes resource allocation while ensuring availability of essential items. Diversifying supply sources reduces concentration risks that could lead to catastrophic failures during disruptions. Leveraging advanced technologies enhances visibility, forecasting, and response capabilities throughout the supply chain. Building collaborative networks multiplies the impact of individual resilience efforts through coordinated action.

The emerging policy and regulatory environment supports these organizational efforts through initiatives to enhance domestic manufacturing, improve supply chain visibility, and strengthen international partnerships. By aligning organizational strategies with these broader frameworks, healthcare providers can build supply chains that are not only more resilient but also more efficient and sustainable in the long term.

The investments made today in supply chain resilience will yield dividends far into the future. Beyond protecting against disruptions, many resilience-enhancing measures also improve routine operations through better visibility, more accurate forecasting, and more effective resource allocation. The future of healthcare supply chains lies not in returning to pre-pandemic practices but in embracing new approaches that recognize resilience as a core value alongside efficiency, quality, and patient care.



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