



# UMRAH AND ZIYARAH

## SIMPLE GUIDELINES FOR YOUNG GIRLS



## بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

### When in Madina Shareef:

- On reaching Madina Shareef, take a rest if you are tired.
- Before going to the Masjid to make Salaam to Rasulullah ﷺ, have a bath and make Wudhu.
- Comb your hair. Cut your nails.
- Clean your teeth with Miswaak.
- Wear clean and neat clothes. Wear your scarf or Burqa and cover your hair properly.
- On your way to the Masjid, keep reading Durood Shareef.
- Try and give some charity to a poor person with the permission of your father or mother. You can give this to one of the

cleaners in the Masjid or outside the Masjid.

Make Salaam to her, make Musafahah with her (shake her hand with both your hands) and then give it to her. Tell her ‘Hadiya’ (which means ‘gift’). It will make her happy.

- Keep your shoes / sandals in a shoe bag. Carry this with you.
- Every time you enter the Masjid, do so with your right foot. Read **“Bismillah”**, Durood Shareef and the following Dua:

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

***“O Allah, open for me the doors of  
Your Mercies.”***

- Make the intention of ‘Nafl I’tikaaf’ each time you enter the Masjid so that you get even more rewards.

- Read 2 Rakaats of Salaah when you enter. Thank Allah Ta'ala for bringing you to such a special place.
- Make Dua to Allah Ta'ala:

**‘O Allah, make me a good and pious Muslimah. Make me obedient to You and Rasulullah ﷺ .**

- You will then go to the blessed grave of Rasulullah ﷺ . It may be a long walk and you may have to wait patiently since there are hundreds of other ladies wanting to also make Salaam.
- Do not push anyone. If there are too many people and it is dangerous, make Salaam from a distance. This will be better and safer.
- Stand facing the Raudha Mubarak, where Rasulullah ﷺ is buried. Stand with respect. Keep your eyes down.

- Rasulullah ﷺ is alive in his grave. He is aware that you are visiting and he is listening to you.
- Do not raise your voice.
- Softly and with respect, make the following Salaam:

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

**‘As-Salaatu was-Salaamu alayka Ya  
Rasulullah**

- Keep repeating this respectfully. Rasulullah ﷺ will reply each time you make Salaam even though you do not hear him.
- Also make the following Salaam:

**‘As-Salaatu was-Salaamu alayka Ya  
Rasulullah from my mother.**

**‘As-Salaatu was-Salaamu alayka Ya  
Rasulullah from my father.’**

**‘As-Salaatu was-Salaamu alayka Ya  
Rasulullah from my sister.’**

**‘As-Salaatu was-Salaamu alayka Ya  
Rasulullah from my brother.’**

**‘As-Salaatu was-Salaamu alayka Ya  
Rasulullah from my teachers.**

And whoever has asked you to make Salaam.

- Then tell Rasulallah ﷺ :

**“O Rasulallah ﷺ , please ask  
Allah Ta’ala to forgive us all and grant us  
Jannah.”**

- After making Salaam, make Salaam to  
Hazrat Abu Bakr (Radhiyallahu ‘anhu):

**As-Salaamu alayka ya Aba Bakr;  
As-Salaamu alayka ya khaleefata  
Rasoolillaah ﷺ fi ummatihi,  
radiyallaahu anka wa jazaa-ka ‘an ummati  
Muhammadin khayran.**

**Peace be upon you, O Abu Bakr.  
Peace be upon you O successor of the  
Messenger of Allah ﷺ in his  
Ummah. May Allah be pleased with you  
and reward you with good on behalf of  
Muhammad ﷺ .**

- Then make Salaam to Hazrat Umar (Radhiyallahu ‘anhu):

**As-Salaamu alayka ya Umar;  
As-Salaamu alayka ya Ameer al-  
mu’mineen, radiyallaahu anka wa jazaaka  
‘an ummati Muhammadin khayran.**

**Peace be upon you, O Umar.  
Peace be upon you, O leader of the  
Believers. May Allah be pleased with you  
and reward you with good on behalf of  
Muhammad ﷺ .**

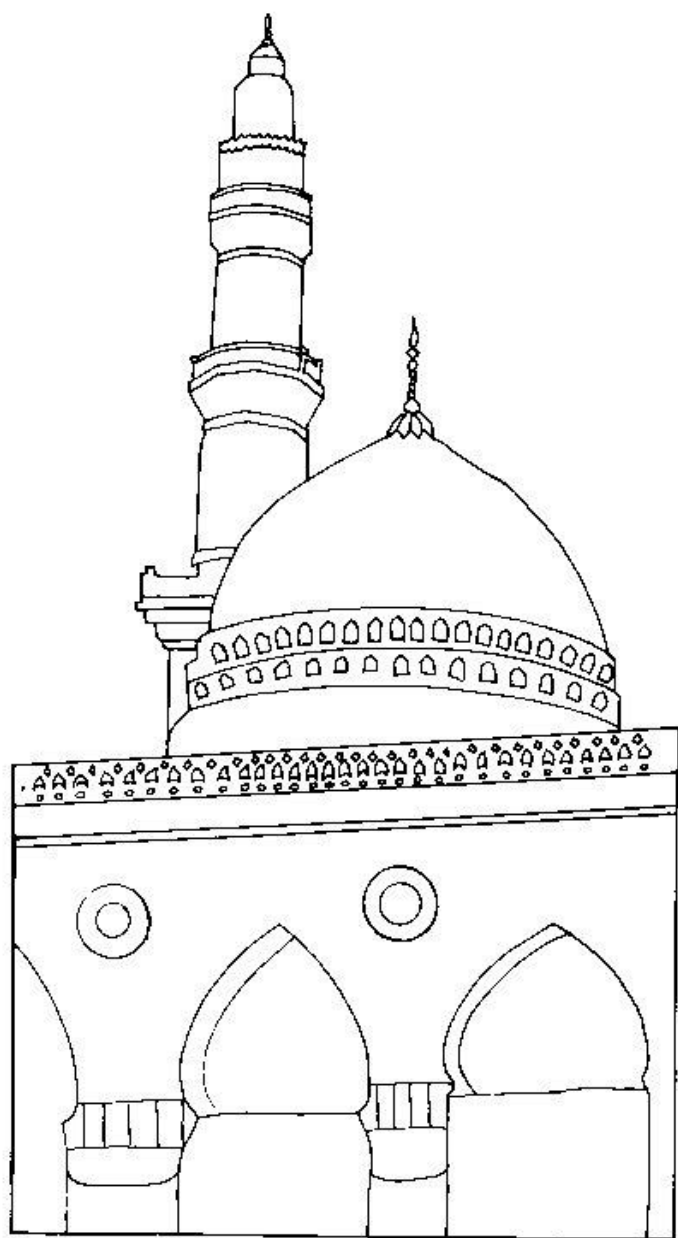
- Thereafter go with your mother or some family member to a quiet part of the Masjid. Face the Qiblah and make a lot of Dua to Allah Ta’ala.

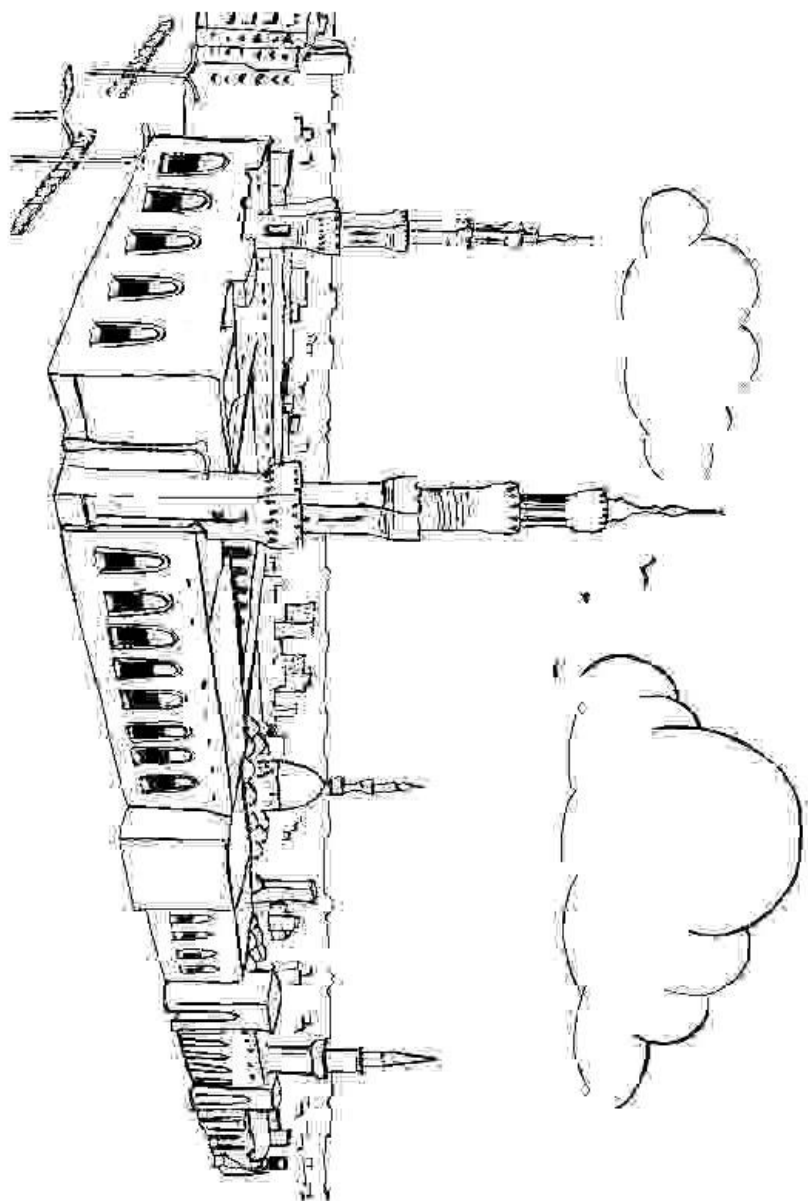
- Try and visit Rasulullah ﷺ at least once every day.
- Read all your Salaah on time. Read your Qur`aan Shareef. Read lots of Durood Shareef. Allah Ta'ala and Rasulullah ﷺ will become very pleased with you and you will get a lot of reward.
- In the front section of the Masjid is a small area named Raudhatul-Jannah (Garden of Paradise). It is a part from Jannah. If you get an opportunity to go there, then make Dua as Duas are accepted here.

Make Dua:

**‘O Allah, just as you have brought me into this part of Jannah, take me into Jannah in the next life. Take my mother and father, my brother and sister and all Muslims into Jannah.**

- Be very nice and polite with all the people who live in Madina Shareef. They are very special people. Don't be rude to them. Don't fight with them or anyone else. Be on your best behaviour.





## بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

### Umrah from Madina Shareef

- Have a complete bath.
- Cut your nails.
- Make Wudhu.
- Wear your Ihraam
- Read 2 Rakaats of Salaah. Before beginning the Salaah, tell Allah Ta'ala you are reading 2 Rakaats Sunnatul Ihraam.
- After the Salaah, say the following:  

**‘O Allah, I am making Umrah. Make it easy for me and accept it from me.’**
- Now read the ‘Labbaik’, 3 times.

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ ۝ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ ۝  
إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ ۝ لَا شَرِيكَ لَكَ

**‘Labbaik Allahumma Labbaik. Labbaik  
laa sharika laka labbaik.**

**Innal Hamda wan-ni’mata laka wal-mulk.  
Laa sharika lak.**

- On your way to Makkah Shareef, repeat the Labbaik as much as you can.
- Be particular about reading your travelling Duas and all your Salaah. Make Dua since the Musaafir’s Duas are accepted.
- When in Ihraam, you are **not** allowed to the following:
  - Cut or bite your nails.
  - Use perfume
  - Comb your hair.

- On arriving in Makkah Shareef, you can take a bath or make Wudhu. Do not use soap, shampoo, and do not comb your hair.
- Use Miswaak and not toothpaste.
- Go to the Masjid.
- Keep your shoes / sandals in a shoe bag. Carry this with you.
- Every time you enter the Masjid, do so with your right foot. Read **“Bismillah”**, Durood Shareef and the following Dua:

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

***“O Allah, open for me the doors of  
Your Mercies.”***

- Make the intention that you are making Nafil I'tikaaf.

- Lower your gaze as you are walking towards the Ka`bah Shareef.
- When you and your family reach a place where you can see the Ka`bah Shareef completely, make Dua.
- Whatever Duas you make will be accepted so take time and do not rush with your Duas.
- After the Dua, walk to the Hajre-Aswad (Black Stone).
- You will stop reading 'Labbaik' before the Tawaaf.
- When you are near the Hajre Aswad, you will say:

**'O Allah, I am making Tawaaf around  
Your House – seven times. Make it easy  
for me and accept it from me.'**

- Stand directly in front of the Black stone.
- Raise your hands to your shoulders (like you do when beginning Salaah).
- Say:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ

**‘Bismillahi Allahu Akbar Wa-lil-lahil  
Hamd’**

- Then your palms must face the Black Stone and kiss your palms. (Istilaam)
- Now you will begin walking around the Ka`bah Shareef.
- Keep your gaze down when making Tawaaf.
- The Ka`bah Shareef should always be on your **left** side when in Tawaaf.
- Every time you come to the black stone say:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ

### ‘Bismillahi Allahu Akbar’

Make Istilaam as explained.

- After going around the Ka`bah Shareef 7 times, make Istilaam again.
- When making Tawaaf, make Zikr an Istighfaar, read Durood Shareef and make Dua. You can also read the Surahs you know by-heart.
- Do not push anyone, or look around, or tramp the feet of people. Do not joke when in Tawaaf.
- You have to be in Wudhu for Tawaaf.
- **Always keep close to your father, mother or family members**
- After Tawaaf, read 2 Rakaats of Salaah behind the Maqaam-e-Ibraheem – at the back, where the ladies are. If there are too

many men in this area, go with your mother to the ladies' section on the Mataaf or anywhere in the Masjid where it is not so busy and read these 2 Rakaats.

- Before beginning the Salaah, make the intention that you are reading the Waajib Salaah of Tawaaf.
- Try and read Surah Al-Kaafiroon and Surah Al-Ikhlaas in these 2 Rakaats.
- If Tawaaf is made after Asr, we do not read this Salaah immediately. Read these 2 Rakaats after the Fardh of Maghrib (before the Sunnats of Maghrib).
- Try and stand in line with the Multazam (between the Black Stone and the door of the Ka'bah Shareef) – at a distance, away from the people making Tawaaf.
- Make Dua:

- **O Allah, forgive me, my family and the whole Ummah.**
- **O Allah, give us all Hidayat.**
- **O Allah, protect our Imaan.**
- **O Allah, make us pious and good and obedient to You and Rasulullah ﷺ .**
- **O Allah, bless us with Halaal Rizq**
- **O Allah, grant us Jannah.**

And any other Duas you want to make.

- After this Dua, drink Zam Zam. As much as you can.
- Stand, face the Ka`bah Shareef. Say **‘Bismillahir Rahmanir Raheem’** and drink with your **right** hand.
- Make Dua whenever you drink Zam Zam.

- After drinking Zam Zam, you and your family will go to make Sa'ee.
- Before Sa'ee, face the Hajre Aswad and make another Istilaam. This is done from a distance. Say:

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

**“Allahu Akbar. La ilaaha ilallaah”**

- Go to Safa.
- Try to face the Ka'bah Shareef.
- Say:

**“O Allah, I am making Sa`ee between Safa and Marwa. Make it easy for me and accept it from me.”**

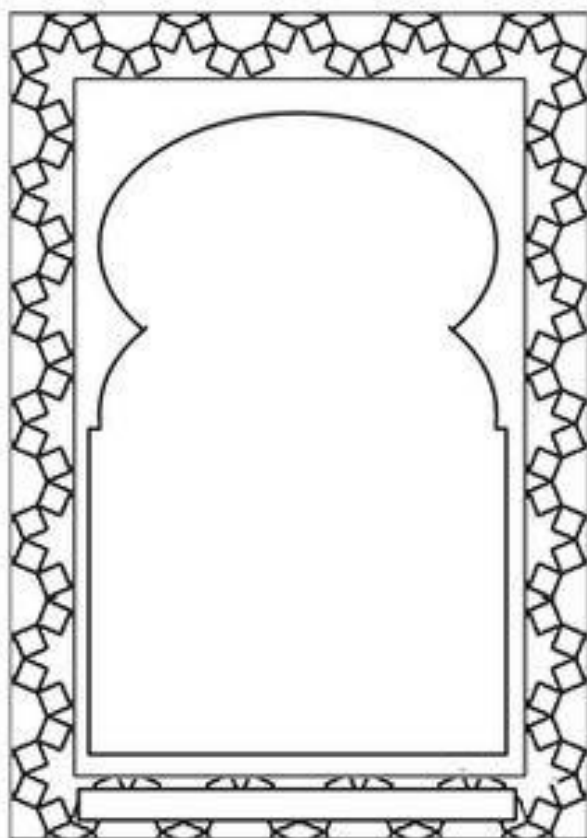
- After this, make Dua. This is a place where Duas are accepted.

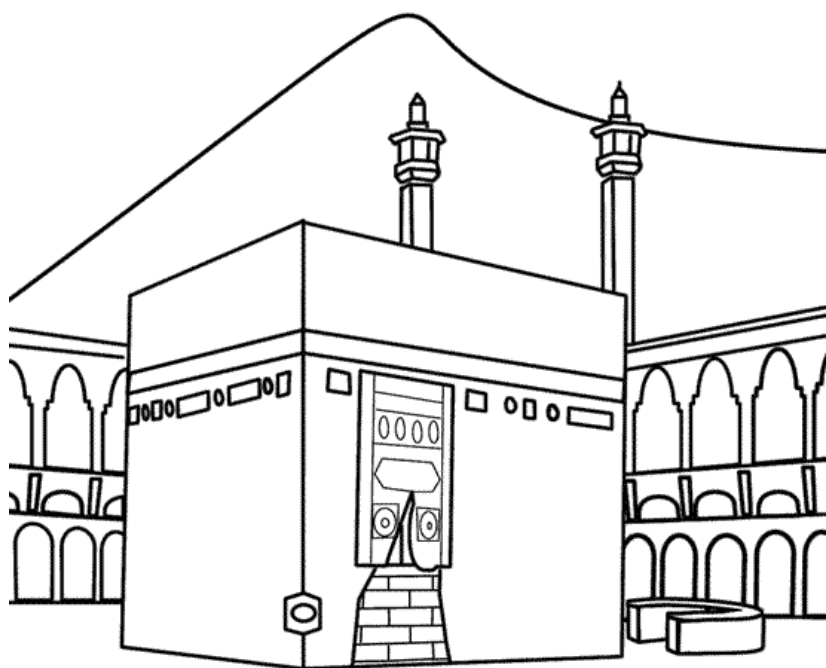
- Now you will walk towards Marwa. Keep close to your family.
- Walk at a normal pace and make the Zikr of Allah Ta'ala.
- When you reach Marwa, make Dua. This is also a place where Duas are accepted.
- Complete the 7 rounds. You will end the 7<sup>th</sup> round at Marwa.
- Your hair will have to be trimmed a little. This is done in your room.

Wrap your hair up in tissue and bury it when you return home.

- Now you can comb your hair, use fragrant soap, etc.
- Read all your Salaah on time.
- Read Qur'aan Shareef every day.

- Try to make a few more Tawaafs. Do what you can manage. Always keep close to your mother, father or family.
- If it is very busy, then sit and look at the Ka'bah Shareef. This is also very rewarding.
- Make lots of Dua for yourself, parents, and all of us – that Allah Ta'ala forgives us, grants us Jannah, makes us pious and takes all of us to the Haramain Shareefain.
- Make Dua that Allah Ta'ala bring you again.
- Be on your best behaviour in Makkah Shareef and Madina Shareef.





## AN SMS FROM MADINA MUNAWWARAH

By Hazrat Maulana Yunus Patel Saheb  
(Rahmatullahi 'Alayh)

Sweet Madina, Sweet Madina...

Very, very sweet.

On the way to Masjidun-Nabawi ( ﷺ ), on  
our feet,

Thousands of Muslims to greet and meet.

At the Raudha Mubarak,

Durood and Salaam to read,

At Iftaar, Zam Zam to drink and dates to eat.

Allah Ta'ala and Rasulullah ( ﷺ )'s  
advices, we should heed:

Take care of the widows, orphans and those in  
need;

The poor and hungry, we must feed,  
Purify the hearts from jealousy, malice, pride  
and greed,

To Allah we must plead...

that from Hellfire, we be freed.

Now take your time and read,  
Longest sms from me you have ever received;

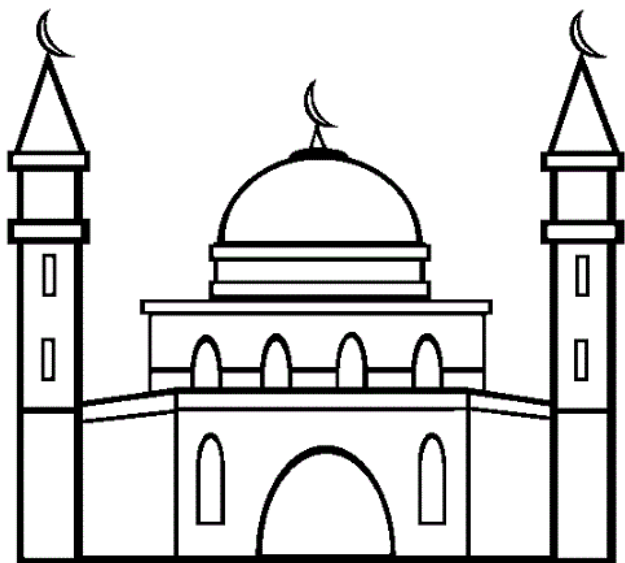
Do a good deed  
... Forward to Allah Ta'ala with speed -  
A Dua for this servant of His, in need,

*Kaash Madina ab watan hota.  
Yaha jeeta, yaha marta  
Yaha goro kafan hota.\**

With Salaams, love and Duas  
Your father, Yunus Patel

\* How I wish Madina Shareef was my place of residence,  
that I live here, die here;  
my Kafan and burial take place here.

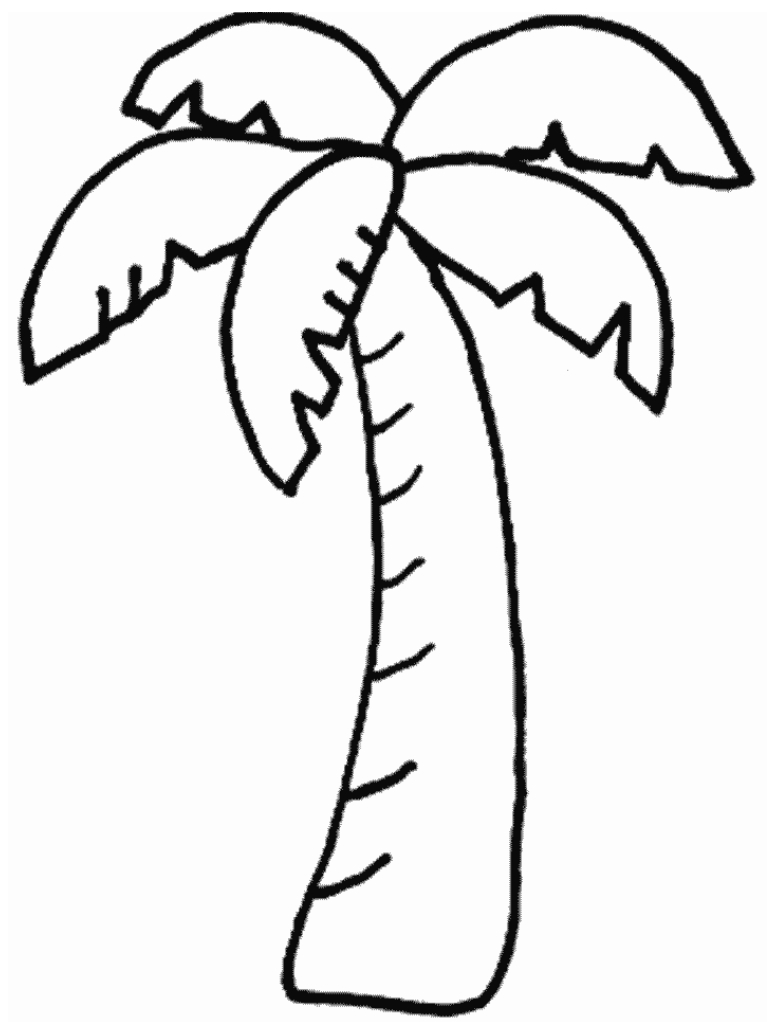
## Dua for entering the masjid



O Allah! Open for me the doors  
of Your mercy

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Allahumma iftah li abwaaba rahmatik



Write

صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ

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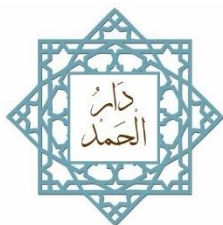
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