For ViM editor

To exit the `vim` editor after editing a file, you can follow these steps:

- 1. **Press `Esc`:** This will ensure you are in normal mode (not in insert mode).
- 2. **Save and Exit:**
- To save changes and exit, type `:wq` and press `Enter`. This writes the changes (w) and quits (q) the editor.
- 3. **Exit Without Saving:**
- To exit without saving changes, type `:q!` and press `Enter`. The `!` overrides any warnings about unsaved changes.

Here is the sequence:

- 1. Press `Esc` to make sure you're in normal mode.
- 2. Type `:wq` and press `Enter` to save and exit.

or

- 1. Press `Esc` to make sure you're in normal mode.
- 2. Type `:q!` and press `Enter` to exit without saving.

For Nano GNU

To exit `nano` after adding text, you need to follow these steps:

- 1. **Save Changes (if desired):**
 - Press `^O` (Ctrl + O) to write out the changes to the file.
 - Press `Enter` to confirm the filename and save the changes.
- 2. **Exit `nano`:**
 - Press `^X` (Ctrl + X) to exit the editor.

Here is the sequence:

- 1. Press `^O` (Ctrl + O).
- 2. Press `Enter` to save the file.
- 3. Press `^X` (Ctrl + X) to exit `nano`.

If you don't want to save the changes:

- 1. Press `^X` (Ctrl + X).
- 2. When prompted to save the changes, press `N` to discard changes and exit.