

Club 99 membership

FRIENDS, today I am going to highlight one of the important concepts of life that will surely help you to restore happiness. There are many Sutras and concepts to lead happy life. I am going to share an age old concept which may act as a paradigm shift for many of us.

Is it required to know about Club 99 to lead a happy life? Yes friends. One must know Club 99 is a state of a person wherein he has 99 things to be happy in life but he is in pursuit of that one thing to make a count of hundred and in the process of making it hundred, he makes himself stressed, overburdened, uneasy and finally unhappy. It causes physical damages in the form of Diabetes and few others, at times.

Let me explain this by a short story. There was a King. A King has many servants in his palace along with a barber who would come daily to his palace to perform his duty. Whenever the barber would come to serve the King he would be in a good mood, whistling, singing and talking to fellow servants in a nice manner and performing his duties to his best, to the King's satisfaction.

The King would always notice the barber's happy state of mind. One day, the King decided to go to the roots of his happy state and called his Minister. He enquired about how the barber remained so happy every time? Was he highly paid? Or did he find a treasure somewhere, he wanted to know.

The Minister said, "I know the secret. He is still not a member of Club 99. Let me show

MIDDLE SPACE

BY KUMAR ZILPELWAR

you." Next day, the Minister, before sunrise kept a basket full of gold coins at the doorstep of barber, knocked the door and vanished from the scene. The barber opened the door but saw no one.

Instead, he found a basket. He searched for the master of that basket but found no one. So he brought the basket, opened it and was surprised to see lots of gold coins both, husband and wife counted the coins and found it to be 99. That made him raise his eyebrows. How 99? Is that one coin lost, here or there? He searched the entire house and

the area for that missing coin, but could not find it. In the process, he got late in serving the King.

Any how, he went to the King in a state of stress, finished his duties. While performing his duties, he was constantly thinking about that one coin. Now the barber was in pursuit of that one gold coin to make the count 100 which continued to keep him upset day and night. The barber had 99 coins to make him happy but he was obsessed with the one coin and that was the reason of his unhappiness.

So friends, ask yourself a question. Knowingly or unknowingly, are you a member of Club 99? If yes, take a stock of yourself. Understand clearly what you wanted in life and what you have in life. Avoid comparison with any one. Many times, comparison entails the membership of Club 99. I am sure, you may be having 99 things with you that can make you happy. Discover those and feel happy. Avoid pursuing that one thing which may be a cause of all the stress. So friends, it is important to know what you want in life and take stock of yourself periodically. Celebrate life.

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