

# Analyzing Social Media Posts for Mental Health Disorder Detection

Submitted by

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## **APPROVAL**

This is to certify that the project entitled "**Analyzing Social Media Posts for Mental Health Disorder Detection**" prepared by **SOUMYADEEP NANDY (13000121033)**, **PRITHWISH SARKAR (13000121037)**, **SAGNIK MUKHOPADHYAY (13000121040)** and **ARKAPRATIM GHOSH (13000121058)** be accepted in partial fulfillment for the degree of Bachelor of Technology in Computer Science and Engineering.

It is to be understood that by this approval, the undersigned does not necessarily endorse or approve any statement made, opinion expressed or conclusion drawn thereof, but approves the report only for the purpose for which it has been submitted.

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DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING

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## Abstract

This project aims to analyze social media posts for early detection of mental health disorders. Specifically, it focuses on using machine learning and deep learning algorithms to classify social media text data based on potential mental health issues. The problem lies in efficiently detecting patterns that indicate mental health conditions within large, unstructured datasets. Using methods like Logistic Regression, Naive Bayes, SVM, XGboost, LSTM, Transformer the project seeks to enhance the accuracy of detecting mental health concern with a specific probability. Expected results include a robust classifier capable of distinguishing between different mental health concerns with high accuracy. This project could provide a valuable tool for mental health monitoring on social platforms.

## 1 Introduction

### 1.1 Project Overview

Mental health has become a critical global issue, with millions of people affected by various mental disorders, including depression, anxiety, and others. With the increasing use of social media, these platforms have emerged as spaces where people often express their emotions and struggles, sometimes unknowingly revealing signs of mental health challenges. This project focuses on analyzing social media posts to detect mental health disorders using advanced machine learning techniques. By examining language patterns and contextual usage in text data, this project aims to classify posts that potentially indicate mental health issues. Such detection can facilitate early intervention and help direct individuals to appropriate mental health services.

### 1.2 Project Purpose

The main goal of this project is to leverage machine learning and deep learning to identify the best model and create a web application capable of identifying signs of mental health disorders from text, images and social media posts by giving username as input. This aligns with a broader goal of using technology to address public health concerns by enabling early detection through data analysis. Specifically, we use models such as Logistic Regression, Naive Bayes, SVM, XGboost, LSTM and Transformer to predict mental health issues based on text patterns. The project also addresses the technical challenges of processing large datasets and optimizing algorithms for accurate classification.

## 1.3 Technical Domain Specifications

This project falls within the intersection of natural language processing (NLP) and machine learning (ML), leveraging techniques such as text vectorization, and classification algorithms. Here are the key technical domain specifications:

- **Hardware :** The project does not require specialized hardware beyond a standard machine with adequate processing power. However, for larger datasets or complex model training, a machine equipped with a GPU (Graphics Processing Unit) could significantly reduce processing time. The project can be run on any system with at least 8GB of RAM and a multi-core processor.
- **Operating System :** The project is cross-platform and can be developed and executed on any modern operating system, including:
  - Windows 10/11
  - macOS
  - Linux distributions (Ubuntu, Linux Mint, etc.) A Linux-based system is often preferred in machine learning projects due to its stability and support for tools like TensorFlow, PyTorch, and other libraries used for model training.
- **Software :**
  - **Programming Languages :** Python 3.x will be the primary programming language, given its extensive libraries for machine learning, data analysis, and NLP.
  - **Libraries / Frameworks :**
    - \* **Scikit-learn :** Used for machine learning algorithms and model evaluation.
    - \* **Pandas :** For data manipulation and preprocessing.
    - \* **NumPy :** To handle large arrays and matrices, which are crucial for efficient numerical computations.
    - \* **NLTK and spaCy :** For text preprocessing and natural language understanding.
    - \* **Matplotlib and Seaborn :** For data visualization.
  - **Development Environment :**
    - \* **Jupyter Notebook :** For interactive development, experimentation, and visualization.
    - \* **Google Colab :** For cloud-based execution when working with larger datasets or GPU-based model training.

## 1.4 Business Domain Specifications

From a business perspective, this project holds significant value across various sectors, particularly those that intersect with mental health monitoring, public health awareness, and social media governance. With the increasing prevalence of mental health issues globally, organizations within these industries are searching for innovative solutions to mitigate the growing mental health crisis. Leveraging machine learning for early detection of mental health disorders from social media data can revolutionize how mental health is addressed at both individual and societal levels. Below is a detailed exploration of how this project can impact different business domains:

- **Mental Health Services** : Mental health service providers—such as hospitals, therapy centers, and private practices—can greatly benefit from machine learning models capable of identifying early signs of mental health issues from social media data. In the traditional mental health setting, early detection of disorders like depression or anxiety often relies on self-reporting or clinical assessments, which may come too late in the progression of the disorder. By analyzing patterns in social media posts, these services can adopt a more proactive approach, reaching out to potential patients earlier in their mental health journey.
- **Social Media Platforms** : Social media platforms like Twitter, Facebook, Instagram, and others play an integral role in the public's expression of thoughts and feelings, including mental health struggles. These platforms face increasing pressure to safeguard the well-being of their users. This project's machine learning models can enable these companies to offer valuable services to users while adhering to ethical standards.
- **Public Health Organizations** : Public health organizations are tasked with monitoring and improving the mental well-being of the population on a large scale. For these organizations, access to real-time data from social media can provide a comprehensive view of the mental health landscape, identifying emerging trends and enabling data-driven interventions. Understanding how mental health is being discussed online can help public health organizations create more effective mental health awareness campaigns. Tailored messaging based on the language patterns identified by the model can lead to better engagement with individuals suffering from mental health issues.

## 1.5 Glossary / Keywords

Term	Definition
Natural Language Processing (NLP)	A branch of artificial intelligence focused on the interaction between computers and humans through natural language, including tasks like text analysis.
Support Vector Machines (SVM)	A supervised learning algorithm used for classification or regression tasks, focusing on finding a hyperplane that best separates different classes.
Vectorization	The process of converting textual data into numerical form (such as a vector) so that it can be used as input for machine learning models.
Classifier	A machine learning model or algorithm that categorizes or labels data points into predefined classes.
Mental Health Disorder	A wide range of conditions that affect mood, thinking, and behavior, including depression, anxiety, schizophrenia, etc.
Data Preprocessing	The process of preparing raw data for analysis by cleaning, normalizing, and transforming it into a usable format for machine learning models.
Cross-validation	A model validation technique used to assess how well a model performs by dividing data into training and testing sets multiple times for better accuracy.
Precision	In the context of classification, precision refers to the accuracy of positive predictions, calculated as the ratio of true positives to the sum of true and false positives.
Recall	In classification, recall measures the ability of a model to identify all relevant instances within a dataset, calculated as the ratio of true positives to the sum of true positives and false negatives.
PRAW	PRAW (Python Reddit API Wrapper) is a Python library that provides a simple interface to interact with Reddit's API, allowing developers to easily access, retrieve, and analyze Reddit data, such as posts, comments, and user information.
TesseractOCR	TesseractOCR is an open-source Optical Character Recognition (OCR) engine that extracts text from images with high accuracy; it is widely used for various applications like scanning documents and digitalizing printed text.

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<b>Term</b>	<b>Definition</b>
Depression	There is a difference between depression and mood swings or short-lived emotional reactions to daily experiments; A mental state causing painful symptoms adversely disrupts normal activities (e.g., sleeping).
Anxiety	Several behavioral disturbances are associated with anxiety disorders, including excessive fear and worry. Severe symptoms cause significant impairment in functioning cause considerable distress. Anxiety disorders come in many forms, such as social anxiety, generalized anxiety, panic, etc.
Bipolar Disorder	An alternating pattern of depression and manic symptoms is associated with bipolar disorder. An individual experiencing a depressive episode may feel sad, irritable, empty, or lose interest in daily activities. Emotions of euphoria or irritability, excessive energy, and increased talkativeness can all be signs of manic depression. Increased self-esteem, decreased sleep need, disorientation, and reckless behavior may also be signs of manic depression.
Post-Traumatic Stress Disorder (PTSD)	In PTSD, persistent mental and emotional stress can occur after an injury or severe psychological shock, characterized by sleep disturbances, constant vivid memories, and dulled response to others and the outside world. People who re-experience symptoms may have difficulties with their everyday routines and experience significant impairment in their performance.
DeepFace	DeepFace is a Python library for deep learning-based facial recognition and attribute analysis. It supports several pre-trained models and simplifies face recognition tasks, making it suitable for various applications in image analysis.
Transformers Module	The Transformers module in Python, developed by Hugging Face, is a library for natural language processing (NLP) tasks like text classification, translation, and summarization, using state-of-the-art models like BERT and GPT.
Gemini 1.5 Flash	Gemini 1.5 Flash is a cutting-edge AI model developed by Google, capable of performing advanced generative and analytical tasks across text, image, and other modalities.
FFmpeg	FFmpeg is a multimedia framework used for encoding, decoding, transcoding, streaming, and manipulating audio and video files, supporting a wide range of formats and codecs.
Hyperparameter Tuning	Hyperparameter tuning involves selecting the best parameters for a machine learning model to optimize its performance on a given task, using methods like grid search or random search.
Logistic Regression	Logistic Regression is a statistical method used for binary and multiclass classification tasks by modeling the relationship between input variables and probabilities using a sigmoid function.

<b>Term</b>	<b>Definition</b>
K-Nearest Neighbors (KNN)	KNN is a simple, instance-based machine learning algorithm used for classification and regression tasks, predicting outcomes based on the majority class of its k nearest neighbors.
Naive Bayes	Naive Bayes is a probabilistic classification algorithm based on Bayes' Theorem, assuming independence between features, making it efficient for text classification and other applications.
Random Forest	Random Forest is an ensemble machine learning algorithm that combines multiple decision trees to improve accuracy and prevent overfitting, commonly used for classification and regression tasks.
XGBoost	XGBoost (Extreme Gradient Boosting) is a powerful ensemble machine learning algorithm based on decision trees, designed for speed and performance in classification and regression tasks.
Long Short-Term Memory (LSTM)	LSTM is a type of recurrent neural network (RNN) architecture capable of learning and remembering patterns over long sequences of data, widely used in time-series analysis and NLP.

## 2 Related Studies

The intersection of social media analytics and mental health research has received increasing attention in recent years, leading to several important studies that highlight the potential for early detection and intervention. This section reviews key findings from various studies, emphasizing the relevance and applicability of social media data for identifying mental health disorders.

One of the seminal works in this domain is by Choudhury et al. (2013), who explored the predictive capabilities of social media content in identifying depression. They analyzed Twitter data and discovered that specific linguistic patterns, such as the use of negative emotion words, correlated strongly with self-reported depressive symptoms. This study demonstrated that social media could serve as a valuable resource for predicting mental health conditions, offering a potential tool for clinicians and researchers alike [2].

Similarly, Guntuku et al. (2017) conducted an integrative review that focused on detecting mental illness through social media. Their work synthesized various approaches and methodologies used in the field, providing insights into the effectiveness of different machine learning algorithms and sentiment analysis techniques. They found that social media platforms are rich sources of data that can reveal critical information about users' mental health, advocating for

the development of robust systems to analyze this data effectively [4].

A systematic review by Mathur et al. (2022) further emphasized the significance of mental health classification on social media. They examined various studies that utilized machine learning techniques for mental health detection, highlighting the success of these models in identifying depression and anxiety based on user-generated content. Their findings reinforced the notion that social media can be leveraged not only for individual assessments but also for broader epidemiological studies to understand population mental health trends [5].

In addition, Nadeem (2016) contributed to the discussion by investigating depression identification on Twitter. The study focused on developing algorithms that could discern emotional cues in tweets, indicating a user's mental state. The findings revealed that simple text analysis could lead to significant improvements in identifying at-risk individuals, further validating the potential of social media data in mental health monitoring [6].

Research by AlSagri and Ykhlef (2020) introduced a machine learning-based approach specifically for depression detection on Twitter. Their study incorporated both content and activity features, demonstrating that a combination of linguistic and behavioral analysis could enhance the accuracy of depression identification. This work illustrated the multifaceted nature of social media data and its ability to capture not just what users say but also how they interact online [1].

In a more recent study, Vaishnavi et al. (2022) investigated the application of various machine learning algorithms for predicting mental health illnesses. They found that certain algorithms outperformed others in classifying mental health conditions based on social media posts. This study provided a comparative analysis that could inform future research directions, emphasizing the importance of algorithm selection in the context of mental health detection [9].

Lastly, Safa et al. (2023) presented a roadmap for future development in predicting mental health using social media. Their work highlighted the ongoing challenges in the field, including ethical considerations and the need for improved data privacy measures. They emphasized that while social media offers rich data for mental health analysis, researchers must approach this opportunity with a strong ethical framework to ensure user safety and data security [7].

The paper titled "Single classifier vs. ensemble machine learning approaches for mental health prediction" (PMC9810771) explores the use of various machine learning techniques to predict mental health issues. Specifically, the study compares the performance of single classifiers (such as Logistic Regression, Gradient Boosting, Neural Networks, K-Nearest Neighbors, and

Support Vector Machine) with ensemble machine learning approaches, which combine multiple classifiers to improve prediction accuracy. The study is based on a dataset of survey responses collected by Open Sourcing Mental Illness (OSMI), and the goal is to classify mental health issues based on these responses. The authors also compare newer machine learning techniques like Extreme Gradient Boosting (XGBoost) and Deep Neural Networks (DNN). The results indicate that Gradient Boosting achieved the highest accuracy (88.80%), followed by Neural Networks (88.00%). The ensemble classifier, which combined multiple models, achieved an accuracy of 85.60%. Overall, the paper demonstrates that machine learning techniques, particularly ensemble models, show promise for automated prediction of mental health problems, providing valuable insights for early diagnosis and intervention in mental health care [3].

The paper titled "Ensemble of hybrid model based technique for early detecting of depression based on SVM and neural networks" (DOI: 10.1038/s41598-024-77193-0) presents a novel approach for early detection of depression using machine learning techniques. The study proposes an ensemble hybrid model combining Support Vector Machines (SVM) and Multilayer Perceptrons (MLP) to improve depression prediction accuracy. The DeprMVM hybrid model serves as a meta-learner, where the SVM and MLP networks act as level-0 learners. The model addresses class imbalance by applying the Synthetic Minority Over-sampling Technique (SMOTE) and cluster sampling, which improves detection accuracy and reduces the risk of overfitting. The study finds that the ensemble approach achieved an accuracy of 99.39% and an F1-score of 99.51%, outperforming previous models in depression detection. This paper highlights the potential of ensemble hybrid models for early detection of depression and their applicability in mental health care [8].

The paper titled "Survey of transformers and towards ensemble learning using transformers for natural language processing" (DOI: 10.1186/s40537-023-00842-0) provides a comprehensive review of transformer models in natural language processing (NLP). The study compares several prominent transformer-based models, including BERT, XLNet, RoBERTa, GPT-2, and ALBERT, evaluating their performance across multiple NLP tasks such as sentiment analysis, question answering, and text generation. The authors also introduce ensemble learning approaches using these models to enhance task performance. The results demonstrate that ensemble models outperform single classifier approaches, offering significant improvements for specific NLP tasks. This paper highlights the potential of ensemble learning with transformer models and their versatility in solving complex NLP challenges [10].

These studies collectively underscore the growing body of evidence supporting the integration of social media analytics and machine learning for mental health detection.

# ASMPFMHDD

Sl no	Paper Title and Author	Year	Aim and Objective	Uniqueness claimed	Outcome achieved	Algorithm/Tools/Platform used	Feature Extraction	Modality of data	Data Resource
						SVM uses TF-IDF with text pre-processing; Sentiment analysis with a focus on stopword removal, and lemmatization.	SVM uses TF-IDF with text pre-processing; Sentiment analysis with a focus on stopword removal, and lemmatization.	Financial news articles classified into Positive, Negative, and Neutral sentiment categories.	Thomson Reuters news articles
1	Combining Sentiment Analysis Model Using Stackable Ensemble Learning Techniques on BIST30 Stock Prices by Mahmut Sami Yavuz	2024	Develop a stacking ensemble model to enhance sentiment analysis accuracy and robustness for BIST30 financial news.	Integrate diverse models (LSTM, BERT, Naive Bayes, SVM) in a stacking ensemble with a focus on BERT to study, robust data strategies, and comparative analysis.	Enhance financial sentiment analysis with superior performance, generalization over baseline models with accuracy of 65.5%	Stacking ensemble with LSTM, BERT, Naive Bayes, SVM, and Logistic Regression, trained on 237 financial news articles (2020-2023) with an 80-10-10 split.	SVM uses TF-IDF with text pre-processing; Sentiment analysis with a focus on stopword removal, and lemmatization.	Financial news articles classified into Positive, Negative, and Neutral sentiment categories.	Thomson Reuters news articles
2	Predicting mental health using social media: A roadmap for future development by Ramin Safa, A. Edalatpanah, Ali Sonankar	2022	A roadmap for analyzing and predicting mental disorders using social media data, covering collection, feature extraction, and prediction methods.	Comprehensive review comparing mental state assessment methods on social data, categorizing approaches and discussing challenges and future directions.	Conceptual framework for e-mental health research via social media, covering assessment strategies, data methods, algorithms, metrics, and future challenges.	Tools like LiWC, OpinionFinder, SentiStrength, VADEr, Word2Vec, LDA, tf-idf, VGG-Net, and ImageNet.	Textual Data and Visual Content	ml-Personality project CLPsych workshop data, Risk workshop data, AutoDep dataset, SDCCN dataset, CAMS dataset	ml-Personality project CLPsych workshop data, Risk workshop data, AutoDep dataset, SDCCN dataset, CAMS dataset
3	Detecting Depression and Mental Illness on Social Media: An Integrative Review by Sharath Chandra Guntuku, David B. Yaden, Margaret L. Kern, Lydia H. Utepari, Johannes C. Eichstaedt	2016	Reviewing recent studies and comparing approaches for predicting mental illness through social media analysis.	Comprehensive review comparing mental illness detection methods and prediction performances with clinical baselines.	Social media-based screening shows AUCs between 0.70 and 0.91 bridging clinician assessment and screening surveys with accuracy of 87%.	Machine learning, NLP, and sentiment analysis using platforms like Twitter and Facebook, such as CNN and LSTM.	Textual Data and Visual Content	Survey and Social media	Survey and Social media
4	Single-classifier vs. ensemble machine learning approaches for mental health prediction by Jetli Chung and Jason Teo	2023	Empirically evaluate and compare single classifiers and ensemble approaches for predicting mental health problems.	Comprehensive comparison of traditional algorithms, Deep Neural Networks, XGBoost, and ensemble methods for mental health prediction using survey data.	Gradient Boosting led with 88.00% accuracy followed by Neural Networks (88.00%) and XGBoost (87.20%).	Using Linear Regression, SVM, Neural Networks, and Random Forest with analysis tools like LiWC and LaMT.	Textual Data	Survey	OSM's 2014 Mental Health in Tech Survey measured worklife mental health attitudes in the tech industry, available under Creative Commons.
5	Survey of transformers and towards ensemble learning using transformers for natural language processing by Hongzhi Zhang and M. Omer Shafiq	2024	Compare and analyze transformer models across NLP tasks, analyzing nuances and developing novel ensemble approaches.	Outperformed single classifiers with two ensemble models, identifying optimal combinations for specific NLP tasks with accuracy of 79%.	BERT, XLNet, GPT2, Roberta, and ALBERT on Google Cloud using SQuAD 1.1, BERTopic, TF-IDF, and contextual daily mail, disaster tweets, and Trump 2020 election speeches for various NLP tasks.	Using transformer embeddings, word vectors, and semantic representations for NLP.	Using datasets like Kaggle's coronavirus tweets, SQuAD 1.1, Groningen Meaning Bank, CNN daily mail, disaster tweets, and Trump 2020 election speeches for various NLP tasks.	Using datasets like Kaggle's coronavirus tweets, SQuAD 1.1, Groningen Meaning Bank, CNN daily mail, disaster tweets, and Trump 2020 election speeches for various NLP tasks.	Using datasets like Kaggle's coronavirus tweets, SQuAD 1.1, Groningen Meaning Bank, CNN daily mail, disaster tweets, and Trump 2020 election speeches for various NLP tasks.
6	Ensemble of hybrid model based technique for early detecting of depression based on SVM and neural networks by Dip Kumar Saha, Tuhin Hossain, Md Gol Saran, Sultan Alfarhood, M. F. Mirza & Dunren Che	2024	Develop an automated system to detect depression using ensemble models to leverage their strengths.	Develop an automated system to detect depression using ensemble models to leverage their strengths.	Developed an automated depression detection system with improved accuracy and reduced class imbalance with accuracy of 99.35%.	Using Label Encoder, word vectors, and contextual features for data preprocessing.	Survey data with 30 psychosocialdemographic predictions for topic modeling, class-based TF-IDF, and contextual semantic representations.	Survey data with 30 psychosocialdemographic predictions for topic modeling, class-based TF-IDF, and contextual semantic representations.	Survey data with 30 psychosocialdemographic predictions for topic modeling, class-based TF-IDF, and contextual semantic representations.
7	Machine Learning-based Approach for Depression Detection in Twitter Using Content and Activity Features by Haloon Alsagri and Mourad Ykhlef (2023)	2023	Detect depression in Twitter users by analyzing tweet content and network behavior using machine learning techniques.	Incorporating tweet text, user behavior and new features like activity categories, Dept, Sent lexicon, and synonyms for enhanced depression detection.	Developed a binary classification model with improved accuracy by combining user activities and tweets for better mental health detection with accuracy 82.5%.	Algorithms like SVM, MLP, Hybrid Demp/M, RFC, KNN, XGB with SMOTE, cluster sampling, and Scale-learn for depression detection.	Text data (tweets, pronouns, sentiment words, depression terms, and user activity data), and contextual features for data preprocessing.	Text data (tweets, pronouns, sentiment words, depression terms, and user activity data), and contextual features for data preprocessing.	Text data (tweets, pronouns, sentiment words, depression terms, and user activity data), and contextual features for data preprocessing.
8	Predicting Depression via Social Media <sup>a</sup> Authors & Year: Munmun De Choudhury, Michael Gamon, Scott Counts, Eric Horvitz	2013	Leveraging social media behavioral patterns to detect and predict Major Depressive Disorder (MDD)early.	Pioneering crowdsourced behavioral data and multifaceted behavioral analysis for early depression prediction.	Achieved 70% accurate depression prediction, highlighting key behavioral and linguistic markers.	Using SVM with RBF kernel, PCA, and 10-fold cross-validation on Twitter data for depression analysis.	Twitter users (ICSD-1, BDJ), and R packages for data analysis.	Twitter users (ICSD-1, BDJ), and R packages for data analysis.	Twitter users (ICSD-1, BDJ), and R packages for data analysis.
9	Predicting Mental Health Illness Using Machine Learning Algorithms by Ang, C.S. & Venkatachala, R.	2022	Evaluate and compare machine learning techniques for accurate mental health issue prediction.	Unique comparison of five ML techniques for mental health prediction using diverse accuracy metrics and ROC curves.	Utilized Logistic Regression, K-NN Decision Tree, Random Forest, and Stacking for mental health prediction.	Performed feature selection to reduce 27 attributes to 8 for mental health prediction.	Used a dataset with 1259 entries, including text documents for mental health prediction.	Used a dataset with 1259 entries, including text documents for mental health prediction.	Used a dataset with 1259 entries, including text documents for mental health prediction.
10	Generalizability of Machine Learning to Categorize Various Mental Illness Using Social Media Activity Patterns by Ang, C.S. & Venkatachala, R.	2023	Explore linguistic patterns and cross-platform machine learning models for classifying mental health groups based on social media activity.	Improved accuracy by 2.11% with simpler cross-platform models for mental health classification on Twitter and Reddit.	Used CNN, Word2Vec, NLTK, Porter Stemmer, and Google Cloud for Twitter and Reddit-based mental health classification.	Analyzed 606K Reddit posts and 23M tweets covering 606K tweets from mental health-related subreddits from mental platform model training and testing, and hashtags.	Analyzed 606K Reddit posts and 23M tweets covering 606K tweets from mental health-related subreddits from mental platform model training and testing, and hashtags.	Analyzed 606K Reddit posts and 23M tweets covering 606K tweets from mental health-related subreddits from mental platform model training and testing, and hashtags.	Analyzed 606K Reddit posts and 23M tweets covering 606K tweets from mental health-related subreddits from mental platform model training and testing, and hashtags.

Figure 1: Pre frame study review

## 3 Problem Definition and Preliminaries

### 3.1 Context and Background

Mental health disorders have become a significant public health concern worldwide. The World Health Organization (WHO) estimates that approximately 1 in 8 people globally experience mental health disorders, which encompass conditions such as depression, anxiety, bipolar disorder, and post-traumatic stress disorder (PTSD). The rise of social media platforms has changed how individuals express their mental health struggles, share experiences, and seek support. Posts on platforms like Reddit and Twitter provide a wealth of data reflecting real-time sentiments, issues, and conversations surrounding mental health. However, this vast amount of unstructured textual data presents challenges in effectively identifying and categorizing specific mental health disorders.

### 3.2 Objective

The primary objective of this project is to develop a robust system that can automatically analyze social media posts, specifically from Reddit and Twitter, to detect various mental health disorders. By leveraging Natural Language Processing (NLP) techniques and machine learning algorithms, this project aims to:

- **Classify Posts :** Accurately classify social media posts based on the type of mental health disorder mentioned, including but not limited to depression, anxiety, bipolar disorder, and PTSD.
- **Data Driven Insights :** Provide valuable insights into the prevalence and expression of mental health issues on social media, helping researchers, mental health professionals, and policymakers understand trends and patterns.

### 3.3 Challenges

- **Data Variability :** Social media posts can vary significantly in structure, style, and length. Users may employ slang, abbreviations, and informal language, making it difficult for algorithms to accurately interpret and classify posts.
- **Imbalanced Data :** Certain mental health issues may be underrepresented in social media discussions, leading to an imbalanced dataset. This imbalance can adversely affect model training and performance, making it harder to detect less frequent disorders.
- **Cultural and Contextual Nuances :** Mental health perceptions and discussions can vary across different cultures and contexts. The model needs to account for these nuances to avoid misclassification and provide accurate insights.

- **Privacy and Ethical Considerations :** Analyzing social media data raises ethical concerns regarding user privacy. It is crucial to handle sensitive information responsibly and comply with data protection regulations.

### 3.4 Scope

The scope of the project "Analyzing Social Media Posts for Mental Health Disorder Detection" delineates the specific aspects that will be covered, the methodologies employed, and the boundaries within which the research and analysis will occur. The project aims to harness the potential of machine learning and natural language processing (NLP) techniques to analyze social media sentiment and its correlation with mental health disorders, focusing specifically on a Reddit Dataset sourced using Python Reddit API Wrapper. This dataset contains user-generated content that reflects various emotional states, making it a valuable resource for this analysis.

- **Dataset Selection and Characteristics**

The primary data source for this project is the top textual posts from Reddit. This dataset includes posts that are labeled with mental health issues (Normal, Anxiety, Depression, Bipolar, PTSD). The selection of this dataset is pivotal, as it encapsulates a wide range of mental health-related discussions expressed by individuals on social media. Key characteristics of the dataset include:

- **User Anonymity :** To respect user privacy and adhere to ethical standards, the dataset does not contain personally identifiable information (PII) about the Reddit users. This ensures compliance with data protection regulations while allowing for robust analysis.

- **Analysis Objectives**

The project will focus on several key objectives:

- **Correlation with Mental Health Issues :** The analysis will explore the correlation between identified sentiments and specific mental health disorders, thereby contributing to the understanding of how social media discourse reflects mental health challenges.
- **Trend Analysis :** By analyzing sentiment trends over time, the project seeks to identify patterns in public discourse surrounding mental health, including any potential spikes in negative sentiments during particular events or crises.

- **Methodologies :** The project will employ various methodologies to achieve its objectives, including:

- **Data Processing** : Cleaning and preparing the dataset to ensure that it is suitable for analysis. This includes tasks such as removing noise (e.g., URLs, hashtags), tokenization, and normalization of text.
- **Feature Extraction** : Utilizing techniques like Term Frequency-Inverse Document Frequency (TF-IDF) to convert textual data into numerical representations suitable for machine learning algorithms.
- **Machine Learning Techniques** : Implementing various machine learning algorithms, including Logistic Regression, Naive Bayes, SVM, LSTM, Transformer and XGboost to classify posts and evaluate their performance based on accuracy, precision, recall, and F1 score.
- **Data Visualizations** : Employing visualization tools to present findings clearly, including heat maps for confusion matrices and ROC AUC Curve.

### **3.5 Exclusions**

In delineating the boundaries of the project "Analyzing Social Media Posts for Mental Health Disorder Detection," it is crucial to specify what is excluded from the scope of this research to maintain a clear focus on the primary objectives. Therefore, any analysis involving the dynamic aspects of social media engagement, such as real-time sentiment shifts in response to current events or trending topics, will be outside the project's purview. Furthermore, the study will not address the technicalities of Reddit's platform-specific features, such as hashtags, user mentions, or reposts, subreddits in detail, as these elements are not central to the primary research focus on mental issue classification of individual users. While the project aims to analyze posts surrounding mental health, it will also include mapping the mental issue with mental well-being. Additionally, the research will not explore the ethical implications of data ownership or the responsibilities of social media platforms regarding user-generated content, as the focus will be primarily on data analysis techniques and outcomes rather than the broader ethical landscape.

### **3.6 Assumptions**

In the context of the project "Analyzing Social Media Posts for Mental Health Disorder Detection," several key assumptions underpin the research framework and methodologies employed. Firstly, it is assumed that the Reddit dataset obtained using PRAW is representative of broader social media discourse regarding mental health issues, capturing a diverse range of sentiments expressed by users on the platform. This assumption is critical as it establishes the foundation for analyzing sentiment trends and their potential correlations with various mental health disorders. Secondly, it is presumed that the posts recorded in the dataset accurately reflect the users' true emotions and perspectives at the time of posting, thereby providing valid data for analysis.

Furthermore, it is assumed that the textual data within the dataset can be effectively processed and interpreted through natural language processing (NLP) techniques, allowing for the accurate classification of sentiments and identification of patterns. Another assumption is that the selected machine learning algorithms, including Logistic Regression, SVM, Naive Bayes, LSTM, Transformer and XGboost, will perform optimally with the provided data, leading to reliable and interpretable results regarding sentiment analysis and mental health correlations. Additionally, it is assumed that the sentiments expressed in social media posts can serve as a valid proxy for understanding public perceptions of mental health, enabling insights into societal attitudes and the potential stigmatization associated with these disorders. The project also assumes that the cleaning and preprocessing steps applied to the data will sufficiently prepare the dataset for analysis, minimizing noise and irrelevant information that could skew the results. Lastly, it is presumed that the ethical considerations surrounding the use of publicly available social media data have been adequately addressed, ensuring that the research adheres to relevant ethical standards and does not compromise user privacy or data integrity. These assumptions serve as the bedrock for the project's analytical framework, guiding the research processes and interpretations that follow.

## 4 Proposed Solution

The proposed work centers around "Analyzing Social Media Posts for Mental Health Disorder Detection," leveraging advanced data analytics and machine learning techniques to provide insights into the sentiments expressed in social media discussions related to mental health issues. This research is significant due to the increasing prevalence of mental health disorders globally and the role social media plays in shaping public perception and discourse around these issues. The core objective of this project is to develop a systematic approach to classify sentiments in tweets, thereby enabling better understanding and awareness of mental health conditions through social media analysis. Below, I outline the specific contributions and reusable components deployed in this project.

### 4.1 Special Contributions

- **Dataset Acquisition and Preparation :** The initial step involved sourcing a high-quality dataset from Reddit using PRAW, specifically from subreddits with keywords like normal, depression, anxiety, bipolar and ptsd in their names. This dataset consists of user-generated posts related to various mental health issues, serving as the primary data source for analysis. The preparation phase included extensive data cleaning and preprocessing, wherein missing values were handled, duplicate entries removed, and text normalization

performed. This crucial step ensured the dataset's integrity and suitability for subsequent analysis, allowing for a more accurate representation of sentiments.

- **Text Vectorization :** To enable machine learning models to interpret textual data, TF-IDF was implemented. This approach involved converting posts into a numerical format by creating a matrix representation of word frequencies across the dataset. The Scikit-learn library was instrumental in this process, offering functions for text vectorization and feature extraction. The reusable components for text preprocessing and vectorization were packaged into functions, allowing for easy application to future datasets or similar projects.
- **Implementation of Machine Learning Algorithms :** The project employed several machine learning algorithms, focusing primarily on Logistic Regression and XGboost for mental health classification. The Logistic Regression algorithm was chosen for its simplicity and effectiveness in classifying data points based on proximity in the feature space. In addition to Logistic Regression, SVM, Naive Bayes, LSTM, Transformer, XGboost was implemented due to its robustness in handling high-dimensional data and multi class classification tasks.
- **Model Evaluation :** Comprehensive evaluation metrics were employed to assess the performance of the machine learning models. Metrics such as accuracy, precision, recall, and F1-score were calculated to provide a holistic view of model effectiveness in classifying sentiments related to mental health. This evaluation process not only demonstrated the models' capabilities but also highlighted areas for improvement, providing a foundation for future iterations of the project. The evaluation framework, including metrics calculations and visualization, was designed as reusable components to streamline future model assessments.
- **Insights and Recommendations :** A critical aspect of this project is the generation of actionable insights based on the analysis of social media sentiments. The findings from the classification can inform mental health professionals, researchers, and policymakers about public sentiment trends, potential stigma associated with mental health issues, and the effectiveness of awareness campaigns. Recommendations for mental health awareness strategies can be derived from understanding how sentiments vary across different demographics and regions. This interpretative analysis, combined with quantitative results, contributes valuable knowledge to the ongoing conversation about mental health in society.

- **Documentation and Reproducibility :** To enhance the usability and impact of the project, thorough documentation was maintained throughout the research process. This documentation includes detailed explanations of the methodologies employed, code snippets, and instructions for reproducing the results. The aim is to ensure that the components developed in this project can be easily utilized by other researchers and practitioners in the field.

## 4.2 Reusable Components

- **Data Collection Functions :** Modular functions designed for data collection, which can be reused across different platforms.
- **Data preprocessing Module :** A component that does data cleaning to remove the duplicates and empty rows and add a separate column for cleaned texts. This formatted dataset is then used further with TF-IDF to create a numerical matrix to be fed to the machine learning algorithms.
- **Machine and Deep Learning Model Functions :** Functions for implementing Logistic Regression, Naive Bayes, Support Vector Machine, Random Forest, XGboost, Long Short Term Memory and Transformer algorithm allowing for easy retraining on varying datasets. These also features various evaluation metrics, making it easy to assess different models' performances.
- **Deployment Function :** A separate function that has the main python file for creating web based application on Streamlit Cloud. This also includes the requirements and package dependencies for deploying the application.

## 5 Project Planning

### 5.1 Software Life Cycle Model

In developing the project, we adopted an iterative approach to the Waterfall model, enabling a structured yet flexible framework for managing the various phases of the project. The project plan outlines specific tasks, dependencies, timelines, and milestones to ensure a systematic progression towards the final goal of analyzing social media posts for mental health disorder detection.

The Iterative Waterfall model was chosen for this project due to its structured approach while allowing for iterative revisions and refinements. Unlike the traditional Waterfall model, which emphasizes a linear progression through distinct phases, the iterative variant permits revisiting

earlier stages based on findings and feedback. This flexibility is particularly beneficial in data-driven projects where insights gained during the analysis may necessitate adjustments to earlier stages, such as refining requirements or enhancing data preparation techniques.

In this project, the iterative nature of the Waterfall model facilitated ongoing improvement and adaptation throughout the development process. For example, initial results from the model evaluation phase may prompt a revisit to data preprocessing to enhance data quality or to explore alternative modeling techniques. This approach ultimately fosters a more robust final product, ensuring that the developed system meets the dynamic needs of mental health disorder detection in social media posts.

The key feature of the iterative approach is the feedback loop that exists between the phases. For instance, after completing the testing phase, if certain models do not meet performance expectations, the project can loop back to the implementation phase. This allows for modifications to the models, preprocessing techniques, or even revisiting the requirements to ensure alignment with the project's objectives.

The project is divided into distinct phases:

- **Requirement Gathering and Analysis :** This initial phase involved understanding the project's goals, objectives, and stakeholder expectations.
- **Data Collection and Preparation :** Utilizing Reddit API, the data collection phase was executed. This included downloading the dataset, examining its structure, and performing data cleaning and prepossessing to ensure its suitability for analysis.
- **Model Development :** This phase included the creation of a Bag of Words model, splitting the dataset into training and test sets, and implementing various machine learning algorithms.
- **Model Evaluation :** Following model development, testing and validation of the models were done, ensuring they met the required accuracy benchmarks. This phase involved using performance metrics such as accuracy, precision, recall, and F1-score to evaluate the models' effectiveness.
- **Final Deployment and Documentation :** The last phase focused on deploying the best-performing model and creating comprehensive documentation. This included user manuals and technical documentation to facilitate future maintenance and enhancements.

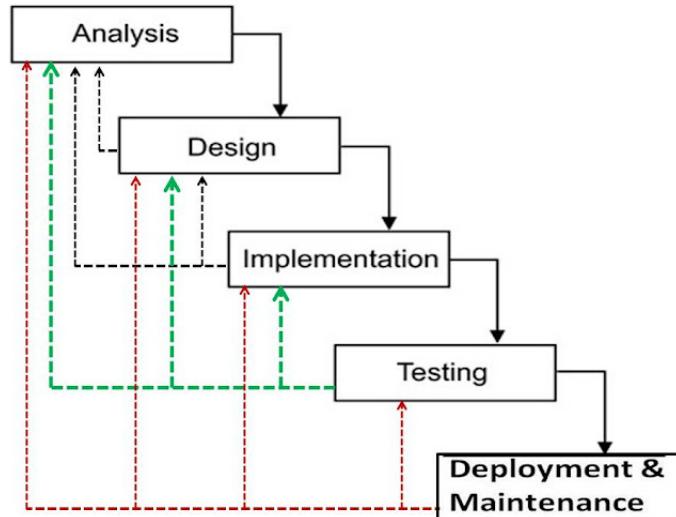


Figure 2: Iterative Waterfall Model

## 5.2 Dependencies and Milestones

Key dependencies were identified for successful project progression. For instance, completion of the data preparation phase was critical before proceeding to model development. Milestones were established at the end of each phase to ensure accountability and track progress. The successful completion of the requirement gathering phase marked the first milestone, followed by the data preparation phase, and so on.

## 5.3 Scheduling

Effective scheduling is crucial to the success of any project, as it establishes a clear timeline for tasks, milestones, and dependencies. In the context of our project on detecting mental health disorders through social media analysis, a detailed schedule has been developed to guide the project from inception to completion. This schedule includes specific tasks such as requirement gathering, data preprocessing, model implementation, testing, and deployment, each with clearly defined deadlines. The iterative nature of our chosen methodology allows for flexibility within the schedule, enabling adjustments based on testing outcomes and stakeholder feedback. Key milestones, such as the completion of data analysis, model validation, and user acceptance testing, have been identified to monitor progress and ensure timely delivery of the final product. By utilizing project management tools, such as Microsoft Project, we can visualize and track the progress of tasks, manage resources effectively, and maintain open communication among team members, ensuring that the project stays on schedule and meets its objectives. This proactive approach to scheduling enhances our ability to deliver a high-quality solution that aligns with our goals and stakeholder expectations.

## ASMPFMHDD

ID	Task Mode	Task Name	Duration	Start	Finish	Predecessors	% Complete
1	✓	<b>GR29 ASMPFMHDD</b>	<b>243 days</b>	<b>Mon 01-07-24</b>	<b>Mon 02-06-25</b>		<b>100%</b>
2	✓	<b>Phase 1: 7th Semester Activities</b>	<b>150 days</b>	<b>Mon 01-07-24</b>	<b>Wed 22-01-25</b>		<b>100%</b>
3	✓	<b>Project Startup</b>	<b>20 days</b>	<b>Mon 01-07-24</b>	<b>Fri 26-07-24</b>		<b>100%</b>
4	✓	Team Building	2 days	Mon 01-07-24	Tue 02-07-24		100%
5	✓	Brainstorm on Project Topic	2 days	Wed 03-07-24	Thu 04-07-24	4	100%
6	✓	Project agreed with Guide	2 days	Fri 05-07-24	Mon 08-07-24	5	100%
7	✓	Related Study& Documentation	4 days	Mon 08-07-24	Thu 11-07-24	6	100%
8	✓	Deliver Project Synopsis for Guide's review	2 days	Fri 12-07-24	Mon 15-07-24	7	100%
9	✓	Close review feedbacks	9 days	Mon 15-07-24	Thu 25-07-24	8	100%
10	✓	<b>Project Synopsis Finalized</b>	<b>1 day</b>	<b>Fri 26-07-24</b>	<b>Fri 26-07-24</b>	<b>9</b>	<b>100%</b>
11	✓	<b>Requirement Analysis</b>	<b>17 days</b>	<b>Thu 01-08-24</b>	<b>Fri 23-08-24</b>		<b>100%</b>
12	✓	Gather Requirements	7 days	Thu 01-08-24	Fri 09-08-24	10	100%
13	✓	Prepare Draft Requirement Matrix	9 days	Mon 12-08-24	Thu 22-08-24	10	100%
14	✓	<b>Requirement Matrix Finalized</b>	<b>1 day</b>	<b>Fri 23-08-24</b>	<b>Fri 23-08-24</b>	<b>13</b>	<b>100%</b>
15	✓	<b>Design</b>	<b>46 days</b>	<b>Mon 26-08-24</b>	<b>Thu 24-10-24</b>	<b>14</b>	<b>100%</b>
16	✓	Detailed Design	25 days	Mon 26-08-24	Thu 26-09-24	14	100%
17	✓	Data Collection	3 days	Mon 26-08-24	Wed 28-08-24	14	100%
18	✓	Data Preprocessing	4 days	Thu 29-08-24	Mon 02-09-24	17	100%
19	✓	Model Training and Evaluation	18 days	Tue 03-09-24	Thu 26-09-24	18	100%
20	✓	<b>Test Plan Preparation</b>	<b>21 days</b>	<b>Fri 27-09-24</b>	<b>Thu 24-10-24</b>	<b>19</b>	<b>100%</b>
21	✓	Text Classification	4 days	Fri 27-09-24	Wed 02-10-24	19	100%
22	✓	Image Classification	9 days	Thu 03-10-24	Tue 15-10-24	21	100%
23	✓	Video Classification	4 days	Wed 16-10-24	Sat 19-10-24	22	100%
24	✓	Reddit and Twitter User Analysis	4 days	Mon 21-10-24	Thu 24-10-24	23	100%
25	✓	<b>Phase 1 Closure</b>	<b>59 days</b>	<b>Fri 01-11-24</b>	<b>Wed 22-01-25</b>	<b>3</b>	<b>100%</b>
26	✓	Prepare 7th Semester Project Report	14 days	Fri 01-11-24	Wed 20-11-24	20	100%
27	✓	<b>Updated Requirement Matrix</b>	<b>2 days</b>	<b>Thu 21-11-24</b>	<b>Fri 22-11-24</b>	<b>26</b>	<b>100%</b>
28	✓	<b>Updated Project Plan</b>	<b>1 day</b>	<b>Fri 22-11-24</b>	<b>Fri 22-11-24</b>	<b>27</b>	<b>100%</b>
29	✓	Project Viva	2 days	Mon 20-01-25	Tue 21-01-25	28	100%
30	✓	<b>Approved Project Report - 7th Semester</b>	<b>1 day</b>	<b>Wed 22-01-25</b>	<b>Wed 22-01-25</b>	<b>29</b>	<b>100%</b>
31	✓	<b>Semester Gap</b>	<b>9 days</b>	<b>Thu 23-01-25</b>	<b>Tue 04-02-25</b>	<b>30</b>	<b>100%</b>
32	✓	<b>Phase 2: 8th Semester Activities</b>	<b>84 days</b>	<b>Wed 05-02-25</b>	<b>Mon 02-06-25</b>	<b>31</b>	<b>100%</b>
33	✓	<b>Coding &amp; Unit Testing</b>	<b>27 days</b>	<b>Wed 05-02-25</b>	<b>Thu 13-03-25</b>	<b>31</b>	<b>100%</b>
34	✓	Data Collection and Preprocessing	7 days	Wed 05-02-25	Thu 13-02-25	31	100%
35	✓	Model Training and Evaluation	6 days	Fri 14-02-25	Fri 21-02-25	34	100%
36	✓	Web Application Components	14 days	Mon 24-02-25	Thu 13-03-25	35	100%
37	✓	<b>System Integration Testing</b>	<b>45 days</b>	<b>Fri 14-03-25</b>	<b>Thu 15-05-25</b>	<b>36</b>	<b>100%</b>
38	✓	API Calls	23 days	Fri 14-03-25	Tue 15-04-25	36	100%
39	✓	Deployment	22 days	Wed 16-04-25	Thu 15-05-25	38	100%
40	✓	<b>Project Closure</b>	<b>14 days</b>	<b>Wed 14-05-25</b>	<b>Mon 02-06-25</b>	<b>39</b>	<b>100%</b>
41	✓	Prepare 8th Semester Project Report	5 days	Wed 14-05-25	Tue 20-05-25	39	100%
42	✓	<b>Updated Requirement Matrix</b>	<b>2 days</b>	<b>Wed 21-05-25</b>	<b>Thu 22-05-25</b>	<b>41</b>	<b>100%</b>
43	✓	<b>Updated Project Plan</b>	<b>5 days</b>	<b>Fri 23-05-25</b>	<b>Thu 29-05-25</b>	<b>42</b>	<b>100%</b>
44	✓	Review by Faculties	1 day	Fri 30-05-25	Fri 30-05-25	43	100%
45	✓	<b>Approved Project Report - 7th Semester</b>	<b>1 day</b>	<b>Mon 02-06-25</b>	<b>Mon 02-06-25</b>	<b>44</b>	<b>100%</b>

Figure 3: Project Plan

# ASMPFMHDD

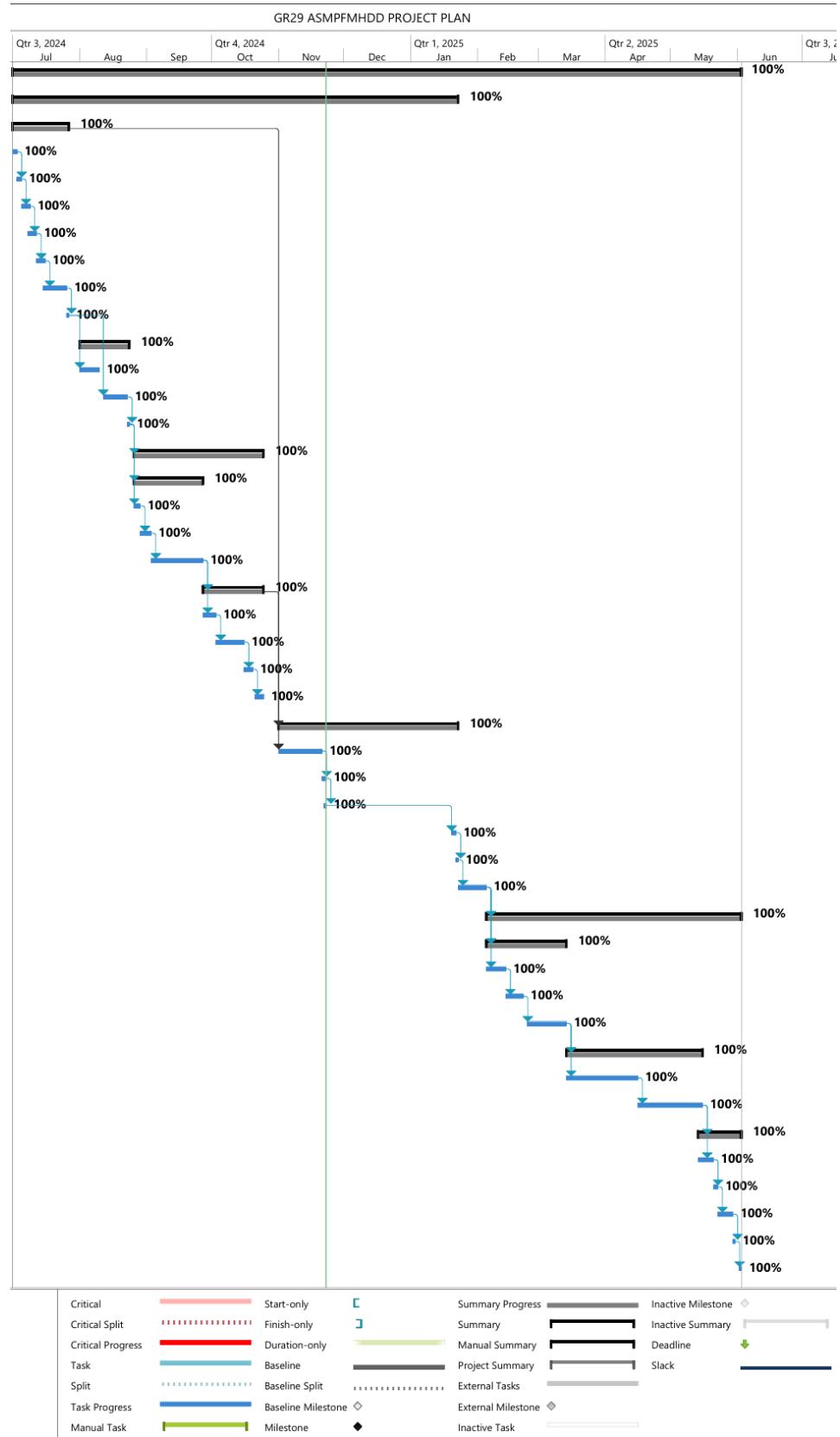


Figure 4: Gantt Chart

## 6 Requirement Analysis

### 6.1 Requirement Matrix

Reqm ID	Requirement Item	Requirement Status	Design Module (As per Prototype folder structure)	Design Reference (section# under project Report)	Test Case No. (As per Prototype folder structure)	Technical Platform of Implementation	Product Spec prepared?	Name of Program / Component	Own code or Reusable component (with source reference)?	Test Results Reference
FR-001	Collect social media data from Reddit.	Completed	D01	8.2.1	D04T04	PYTHON, COLAB	Yes	Data Collection.ipynb	Own code	Data Collection.ipynb
FR-002	Implement data cleaning and preprocessing.	Completed	D02	8.2.2	D04T04	PYTHON, COLAB	Yes	Data Preprocessing.ipynb	Own code	Data Preprocessing.ipynb
FR-003	Train machine learning and deep learning models.	Completed	D03	8.2.3 - 8.2.10	D05DP01	PYTHON, COLAB	Yes	WebAppV7.ipynb	Own code	WebAppV7.ipynb
FR-004	Evaluate models using performance metrics (accuracy, recall, F1 Score, Support)	Completed	D03	9.2 - 9.9	D04T02, D04T03	PYTHON, COLAB	Yes	[Algorithm_name].ipynb	Own code	[Algorithm_name].ipynb
NFR-001	Testing different features of the web application	Completed	D04	APPENDIX A - PROTOTYPE	D05DP02	PYTHON, STREAMLIT	Yes	WebAppV7.ipynb WebAppV8.ipynb WebAppV9.ipynb, WebAppV10.ipynb	Own code	WebAppV7.ipynb WebAppV8.ipynb WebAppV9.ipynb, WebAppV10.ipynb
NFR-002	Final Web Application Deployment	Completed	D05	APPENDIX A - PROTOTYPE	D05DP03	PYTHON, STREAMLIT	Yes	WebAppV11.ipynb	Own code	WebAppV11.ipynb

Figure 5: Requirement Matrix

The Requirement Matrix is a comprehensive tool used to track and manage the key requirements of a project. It systematically organizes each requirement with a unique identifier, description, priority, and category (such as functional or non-functional). The matrix also records the source of the requirement, its current status (e.g., in progress, completed), any dependencies on other requirements, and the team or individual responsible for fulfilling it. Additionally, it includes a verification method to ensure the requirement is met, such as through testing or review. This structured format helps ensure that all requirements are clearly defined, prioritized, and tracked, enabling effective project management and ensuring alignment with stakeholder expectations.

### 6.2 Requirement Elaboration

#### 6.2.1 Functional Requirements

##### **Requirement ID: FR-001**

##### **Description: Data Collection**

##### **Priority: High**

##### **Category: Functional**

The system requires an ability to collect and ingest a large dataset of Reddit posts using Python Reddit API Wrapper. The data should include text content from reddit posts along with the mental health category. This will serve as the primary source of information for mental health disorder detection. The system must ensure that the dataset is loaded correctly into the machine learning environment, and any discrepancies in the structure should be handled with pre-processing steps like cleaning, normalization.

***Requirement ID: FR-002******Description: Data Cleaning and Preprocessing******Priority: High******Category: Functional***

The system must include modules to clean the raw data, such as removing irrelevant characters, handling missing data, and tokenizing text. For the social media posts, it is essential to remove URLs, stopwords, and unnecessary punctuation. The pre-processing pipeline should also convert the text into a suitable numerical format using Term Frequency-Inverse Document Frequency or Bag Of Words for further analysis. Proper pre-processing ensures that the data is in a form that can be efficiently used by machine learning models.

***Requirement ID: FR-003******Description: Training Machine and Deep Learning Models******Priority: High******Category: Functional***

The system needs to implement machine learning algorithms such as Logistic Regression, Naive Bayes, SVM, LSTM, Transformer and XGboost to classify social media posts based on text and detect potential signs of mental health disorders. The system must be able to train these models on historical data and then apply them to predict the sentiment and detect mental health-related issues in new posts.

***Requirement ID: FR-004******Description: Model Validation and Evaluation******Priority: High******Category: Functional***

The system must evaluate the performance of the trained models by splitting the dataset into training and test sets. Various performance metrics like accuracy, precision, recall, and F1-score should be computed to assess the model's effectiveness in detecting mental health disorders. Based on the evaluation, the system should allow for model fine-tuning, such as adjusting hyperparameters, to improve the overall performance.

## **6.2.2 Non Functional Requirements**

***Requirement ID: NFR-001******Description: Testing******Priority: Medium******Category: Non Functional***

The addition of testing as a non-functional requirement ensures that the system is not only usable in the short term but also maintainable and extensible over time. This guarantees that future updates and improvements to the system can be implemented without disrupting existing functionality or requiring a steep learning curve for new developers or users.

**Requirement ID:** NFR-002

**Description:** Deployment

**Priority:** Medium

**Category:** Non Functional

The system must be deployed considering the potential growth in the amount of social media posts that need to be analyzed. The data processing pipeline should be scalable to handle increasing data size without significant degradation in performance. This could involve implementing parallel processing techniques or leveraging cloud-based infrastructure to ensure that processing large datasets remains feasible even as the dataset scales.

## 7 Design

### 7.1 Technical Environment

The technical environment for the project "Analyzing Social Media Posts for Mental Health Disorder Detection" comprises a combination of hardware, software, and tools that enable smooth data analysis, machine learning model training, and deployment. Below is a detailed overview of the minimum hardware configuration, software tools, and package details necessary to carry out this project effectively.

#### Minimum Hardware Configuration

Given the nature of the project, which involves processing textual data and training machine learning models, the hardware requirements are modest but significant enough to ensure optimal performance. The minimum configuration needed is:

- **Processor :** Intel Core i5 (or equivalent) with a base clock speed of at least 2.5 GHz. A multi-core processor is preferred as it helps in parallel processing, which is essential during model training and data preprocessing steps.
- **RAM :** 8 GB of RAM is recommended to handle the operations of data loading, cleaning, and transformation. Large datasets, like those used in this project, may require more memory to prevent memory overflow errors and reduce delays during processing. For larger datasets, 16 GB of RAM would be ideal.

- **Storage** : At least 256 GB of SSD storage is recommended. Faster storage access significantly impacts loading time for datasets and dependencies. SSD is preferred over traditional HDD because of its faster read/write speeds, which benefit large datasets like the Reddit-based social media posts used in this project.
- **Graphics Processing Unit (GPU)** : For basic machine learning tasks like Logistic Regression or SVM, a dedicated GPU is not necessary. However, if deep learning models or more complex neural networks were introduced later, a GPU like NVIDIA GTX 1060 with 4 GB VRAM or higher would be advantageous.
- **Operating System** : Windows 10 (64-bit) or higher, macOS 10.13 (High Sierra) or higher, or any stable Linux distribution (e.g., Ubuntu 18.04 or higher). The operating system should support all necessary machine learning libraries and be compatible with the tools required for the project.

### Software Tools and Packages

For the software stack, the project leverages a set of well-established tools, platforms, and programming libraries to ensure smooth execution from data preprocessing to model deployment:

- **Python** : The primary programming language used for data processing, model training, and evaluation. Python is chosen due to its rich ecosystem of libraries and frameworks tailored for machine learning and data science.
- **Pandas** : A powerful library for data manipulation and analysis, essential for data preprocessing tasks, such as handling missing values and restructuring datasets.
- **scikit-learn** : A comprehensive machine learning library in Python used for implementing and comparing algorithms in classification, regression, and clustering, along with various model evaluation tools.
- **Streamlit** : An open-source Python framework that facilitates the deployment of machine learning models and interactive web applications.
- **Pyngrok** : A Python wrapper for ngrok, used to create secure tunnels to locally deployed applications, which is particularly useful for sharing Streamlit applications over the web.
- **Google Colab** : A cloud-based platform used for writing, executing, and sharing Python code, with access to GPU and TPU resources, beneficial for model training. It integrates seamlessly with libraries like TensorFlow and PyTorch.
- **PRAW (Python Reddit API Wrapper)** : A Python library that allows for easy interaction with the Reddit API to access, retrieve, and analyze Reddit data, such as posts, comments, and user information.

- **pytesseract** : A Python wrapper for Tesseract OCR, used to extract text from images. It's essential for converting image-based text data into a format suitable for processing.
- **Pillow** : A Python Imaging Library that adds support for image processing, which aids in handling image files for text recognition tasks with pytesseract.
- **joblib** : A library for efficient serialization and deserialization of Python objects, especially useful for saving and loading machine learning models during deployment.
- **protobuf** : A protocol buffer library by Google used for serializing structured data, helpful in efficient data exchange between applications.
- **deep-translator** : A library that facilitates easy translation across different languages, enabling multilingual processing of text data.
- **Requests** : A user-friendly library for making HTTP requests, used to retrieve data from APIs or web resources as part of data collection.
- **google-generativeai** : A Python client library for Google's generative AI models, providing tools to integrate and utilize AI functionalities within the project.

## 7.2 Hierarchy of Modules

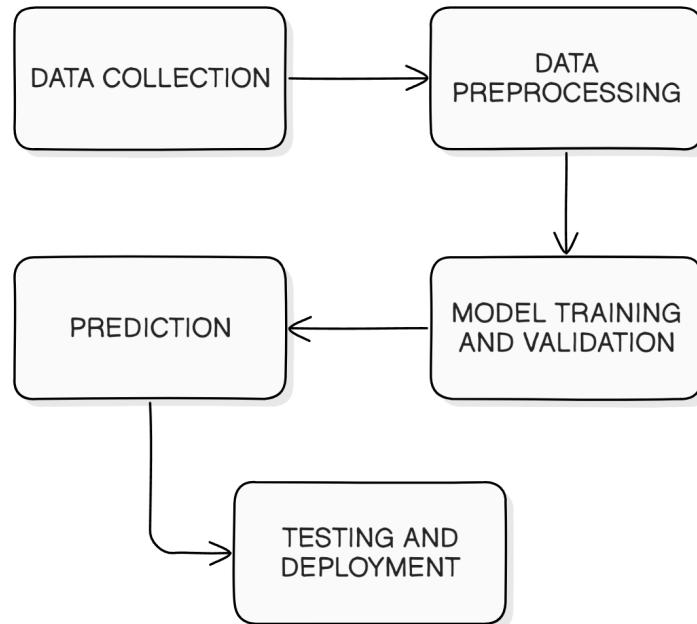


Figure 6: Project Modules

In this project, the system is structured into key modules to classify mental health issues based on text input effectively. The **Data Collection Module** gathers relevant text data, building a

comprehensive dataset from sources like CSV files or platforms such as Reddit via PRAW. Next, the **Data Preprocessing Module** loads and cleans this data through tokenization, stop-word removal, and lemmatization, preparing it for analysis. Following this, the **Model Training and Validation Module** converts the text into numerical features using techniques like TF-IDF, Bag Of Words Model, splitting the data into training and validation sets to test various machine learning models, including Logistic Regression, Naive Bayes, SVM, Random Forest, XGboost, LSTM and Transformer. Next, the **Prediction Module** is for classification and displaying result. Finally, the **Testing and Deployment Module** allows real-time predictions by deploying the model on platforms like Streamlit Cloud, providing an accessible solution for practical applications.

### 7.3 Detailed Design

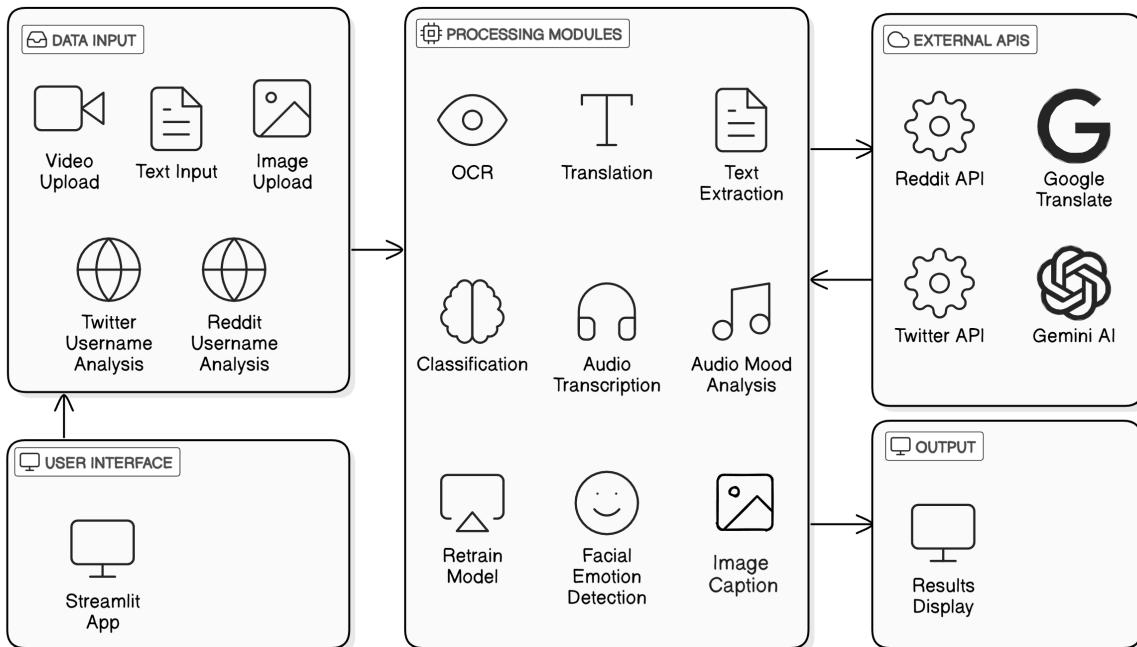


Figure 7: System Overview

#### 7.3.1 Data Loading and Preprocessing

The Data Loading and Preprocessing Module is the foundation of the system, responsible for ingesting and preparing the text data for analysis. This module begins by loading the dataset from the `mental_health.csv` file, which contains various mental health-related text entries. Once the data is loaded, a series of preprocessing steps are conducted to ensure the text is clean and ready for feature extraction. This includes tokenization, where the text is split into individual

words or tokens, and lowercasing to maintain uniformity across the dataset. Additionally, stop-word removal is performed to eliminate common words that do not contribute to the meaning, such as "and," "the," and "is." Finally, lemmatization or stemming is applied to reduce words to their base or root forms.

### 7.3.2 Feature Extraction

In the Feature Extraction Module, the preprocessed text data is transformed into a numerical format that machine learning algorithms can process. This module allows for the selection between two primary feature extraction methods: Term Frequency-Inverse Document Frequency and Bag Of Words Model.

### 7.3.3 Model Training and Validation

The Model Training and Validation Module is critical to developing a robust classification system. In this module, the dataset is split into training and testing sets to evaluate the performance of the models accurately. Various classification algorithms are employed, including Logistic Regression, Naive Bayes, Support Vector Machines, Random Forest, XGboost, K-Nearest-Neighbours, LSTM and Transformer. Each model is trained on the training set, which involves adjusting the model parameters based on the input features and their corresponding labels. Following training, the models undergo validation to assess their performance.

### 7.3.4 Prediction

The Prediction Module is designed to provide real-time classification of new input text related to mental health issues. Upon receiving user input, this module initiates a preprocessing workflow that mirrors the steps applied during the training phase, including tokenization, lowercasing, stop-word removal, and lemmatization or stemming. Once the input text is preprocessed, it is fed into the trained classification models to generate predictions.

### 7.3.5 Testing and Deployment

The module focuses on making the trained models accessible for real-time predictions. Once the models have been validated and selected based on their performance, this module prepares them for deployment on suitable platforms like Streamlit Cloud. This involves packaging the models and creating a user interface where users can input text and receive predictions. By providing a free and efficient deployment solution, this module enables users to access the mental health classification service easily. The deployment of the models ensures that the insights generated from the analysis can be utilized effectively in real-world applications.

## ASMPFMHDD

DFD LEVEL 0 ASMPFMHDD

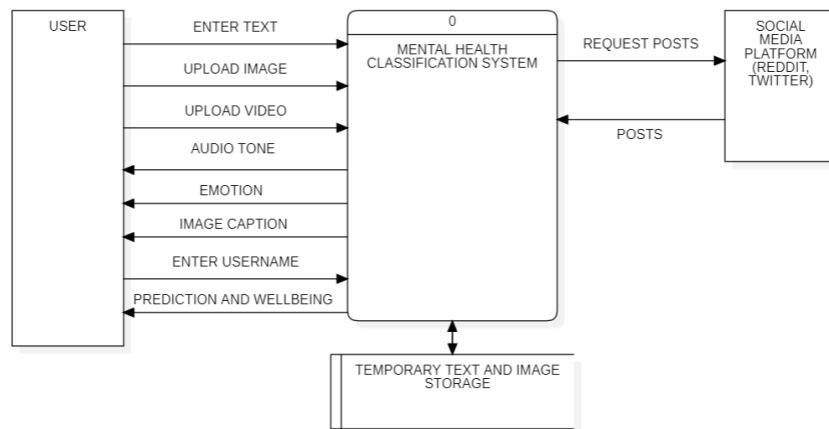


Figure 8: DFD Level 0 of the System

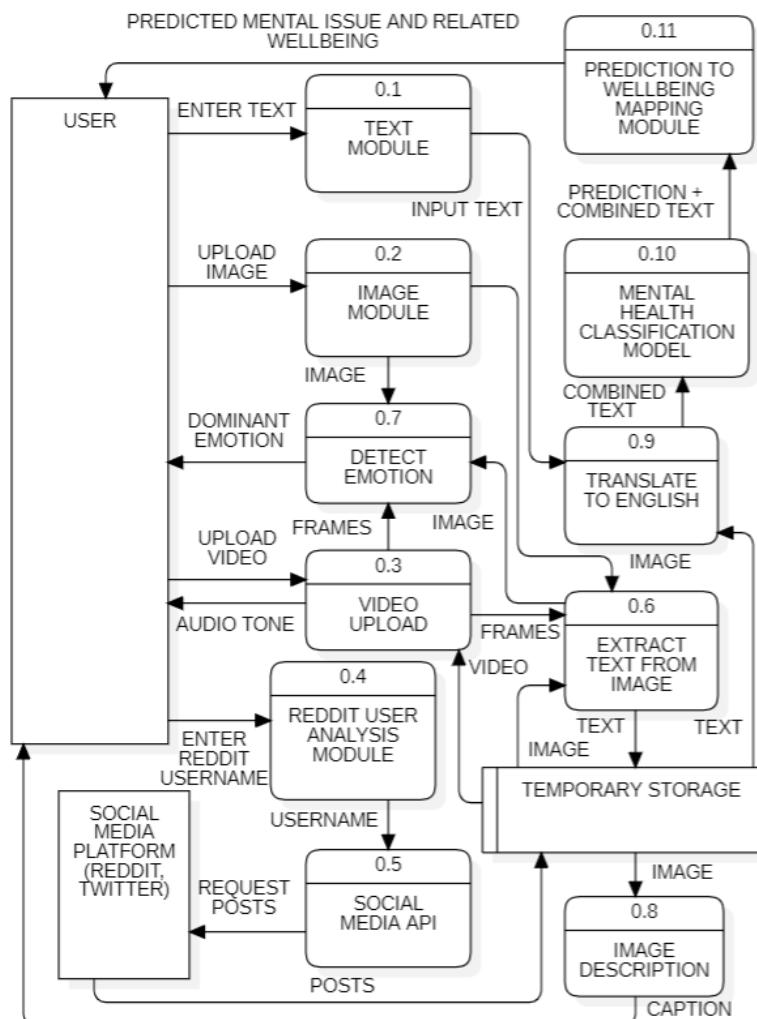


Figure 9: DFD Level 1 of the System

## 7.4 Emotion Detection Functionality

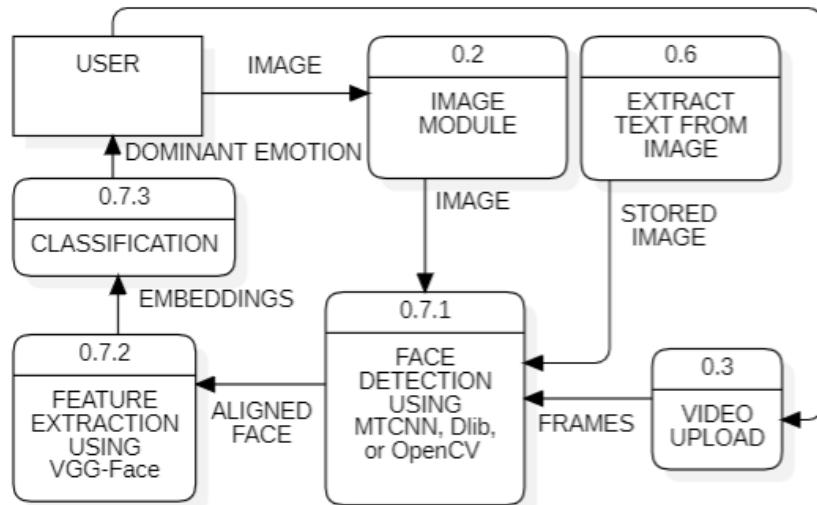


Figure 10: DFD Level 2 of Emotion Detection Functionality

DeepFace analysis involves several steps to process and analyze facial features from an uploaded image or video frame. The process begins with the user uploading the input, which is passed to DeepFace's pipeline. The first step is face detection, where models like MTCNN, Dlib, or OpenCV locate faces within the image. MTCNN (Multi-task Cascaded Convolutional Networks) detects faces using cascaded CNNs for high accuracy and alignment, while Dlib employs histogram-oriented gradients and machine learning techniques for robust detection. OpenCV, a widely-used computer vision library, uses Haar cascades or DNN-based approaches to detect faces. Once detected, the faces are cropped and aligned for consistency. Next is feature extraction, where pre-trained models like VGG-Face (a deep CNN trained specifically for face recognition) or Facenet (which uses triplet loss to generate highly discriminative face embeddings) convert the aligned face into numerical vectors called embeddings. These embeddings are compared using techniques like cosine similarity or Euclidean distance for tasks such as emotion detection (e.g., happiness, sadness), demographic analysis (e.g., age, gender), or face verification (matching two faces). Finally, the results, such as detected emotions or attributes, are displayed to the user, completing the analysis pipeline.

## 7.5 Extract Text From Image

The process of extracting text from an image using Tesseract-OCR begins with the user uploading an image containing text, such as a scanned document or a photo of a sign. This raw input undergoes preprocessing to enhance the image for OCR recognition. The first step in preprocessing is grayscale conversion, where the image's RGB values are reduced to a single

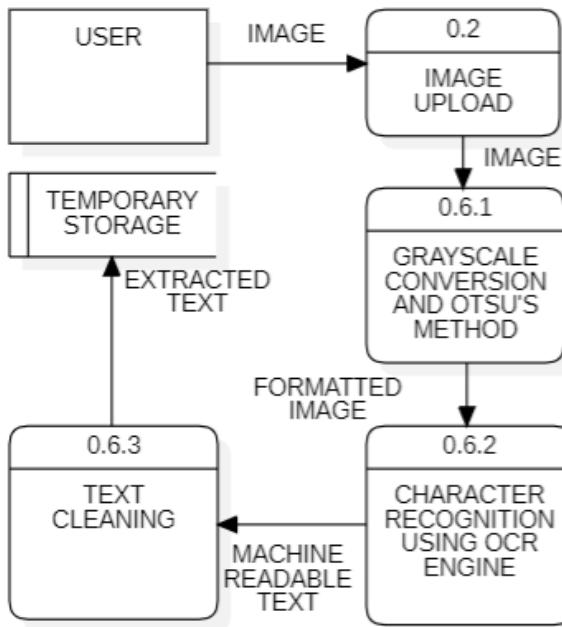


Figure 11: DFD Level 2 of Text Extraction from Image

intensity value using a weighted formula. This simplifies the image by removing color information while retaining the text regions. Next, noise reduction is applied using techniques like Gaussian Blur or Median Blur, which smooth out artifacts while preserving the edges of text. After noise reduction, binarization is performed to convert the grayscale image into a binary format (black-and-white) using methods like Otsu's thresholding. This step isolates the text from the background. Region detection follows, where text-heavy areas are identified using contour detection or connected component analysis, filtering out non-text regions based on properties like aspect ratio and alignment. Once preprocessing is complete, the image is passed to Tesseract for character recognition. This involves segmenting the image into text lines and individual characters, which are then processed by Tesseract's LSTM-based neural network. The network evaluates sequences of characters in context, improving the accuracy of word recognition. Recognized characters are combined into machine-readable text, leveraging language models and dictionary lookups to maintain the natural flow and correct structure of the text. The output is a string of recognized text, but it may still require postprocessing for better accuracy and readability. Postprocessing begins with error correction, where the recognized text is compared against dictionaries or spell-checking algorithms to identify and fix errors caused by OCR misrecognition. Rule-based corrections are also applied, such as replacing common misinterpreted characters (e.g., ‘ò’ with ‘ò’ or ‘í’ with ‘í’ depending on the context). After error correction, formatting is applied to structure the text into paragraphs, reconstruct line breaks, and retain alignments. This ensures that the extracted text is not only accurate but also well-organized for further use. Finally, the extracted text is either displayed to the user or saved to a file format such as

.txt or .docx. This structured and cleaned output can then be utilized for various applications, from document analysis to content storage. The entire pipeline, from preprocessing to post-processing, ensures a high-quality extraction process by combining image enhancement, deep learning-based recognition, and advanced text correction methods.

## 7.6 Image Description

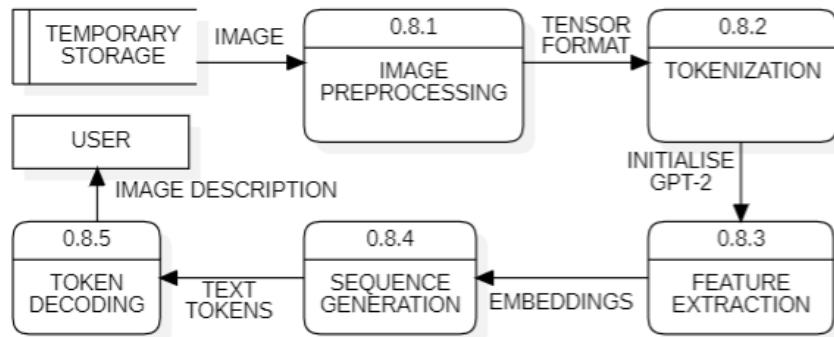


Figure 12: DFD Level 2 of Image Description

The process of generating an image description using Python's Transformers module and the ViT-GPT2 model begins with the user input, where the user uploads an image to be described. This image can be in any format (e.g., PNG, JPEG), and it is the raw data that will undergo a series of transformations before the description is generated. Once the image is received, it proceeds to the preprocessing stage. Preprocessing involves multiple steps: first, the image is resized to match the input dimensions required by the Vision Transformer (ViT) model, typically  $224 \times 224$  pixels. This ensures uniformity across all input data. The pixel values are then normalized to fall within a standard range (e.g., between 0 and 1), which improves the efficiency and stability of the model's computations. The image is subsequently transformed into a tensor format, which is the data structure required for processing by PyTorch or TensorFlow-based deep learning models. At this stage, the \*\*GPT-2 tokenizer\*\* is also initialized, preparing it to convert tokens into text during the sequence generation phase. Following preprocessing, the system moves to feature extraction, where the Vision Transformer (ViT) processes the image to extract meaningful features. ViT divides the image into smaller patches, typically  $16 \times 16$  pixels, and flattens each patch into a vector. These vectors are embedded using a linear projection layer, and positional embeddings are added to encode the spatial arrangement of the patches. The embedded patches are then passed through several transformer layers, where self-attention mechanisms analyze relationships between patches to capture both local and global image features. The final output of ViT is a high-dimensional embedding vector that represents the visual content of the image. This embedding vector is then passed to the GPT-2 decoder for the sequence generation phase. GPT-2 uses the image embeddings as input and applies its

pre-trained language model to generate a sequence of text tokens. This is achieved through an iterative process where GPT-2 predicts the next token in the sequence based on the embeddings and previously generated tokens. The model continues this process until it reaches a stopping condition, such as an end-of-sequence (EOS) token. The generated tokens are numerical representations of words and phrases. Next comes the postprocessing stage, where the numerical tokens generated by GPT-2 are decoded back into human-readable text using the GPT-2 tokenizer. This step involves mapping the numerical tokens to their corresponding words in the vocabulary. The decoded text is then cleaned up for readability, ensuring proper grammar and structure. Any formatting issues are addressed during this stage to produce coherent and meaningful sentences. Finally, the system outputs the image description to the user. The description is a concise and accurate textual representation of the image content, such as “A group of people playing soccer on a field.” This description can be displayed on the application’s interface or saved to a file for further use. By leveraging the advanced capabilities of the Vision Transformer for feature extraction and GPT-2 for language modeling, this pipeline provides an efficient and accurate solution for automated image captioning.

## 7.7 Translation to English

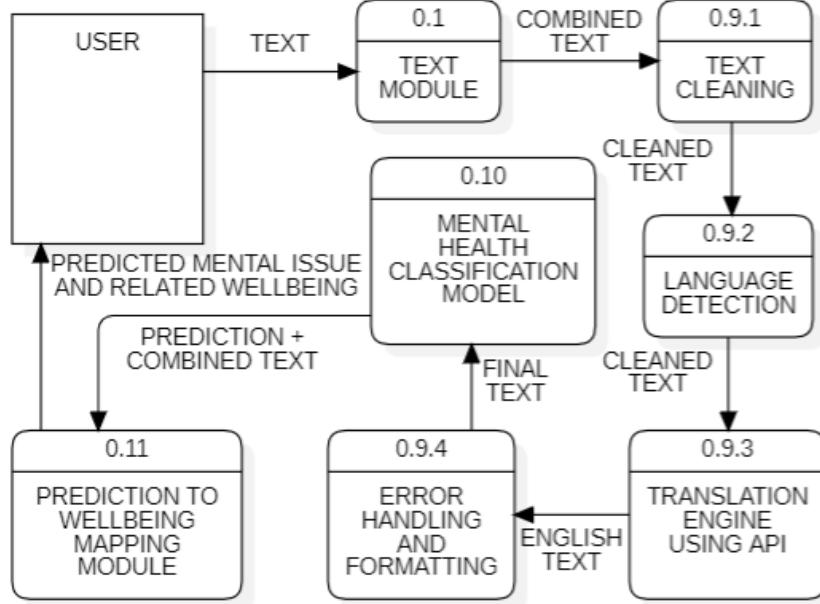


Figure 13: DFD Level 2 of Translation to English

The process of translating text to English using DeepTranslator begins with the user providing input, either by typing text in a non-English language or uploading a file containing text. This input is handled by the system, which prepares it for translation. The text is first preprocessed to ensure optimal translation results. This involves cleaning the input by removing unwanted

characters such as extra whitespace, punctuation errors, or HTML tags that could interfere with accurate translation. If the source language is not specified, a language detection step is performed. This step uses machine learning models trained on multilingual datasets to analyze patterns in the text, such as character distribution and word frequency, to determine the language. Models like Google's Compact Language Detector employ statistical and supervised learning methods for this purpose. Once the text is prepared, it is passed to the DeepTranslator module, which interfaces with translation APIs like Google Translate or Microsoft Translator. These APIs rely on advanced neural machine translation (NMT) techniques to perform the translation. NMT models, which are based on deep learning, use sequence-to-sequence (seq2seq) architectures with encoder-decoder frameworks. The encoder processes the input text and converts it into a latent representation, a numerical vector capturing its meaning. This representation is then passed to the decoder, which generates the translated text in English. To ensure contextual accuracy, these models utilize attention mechanisms, which help focus on relevant parts of the input sentence during translation. Modern transformer-based architectures, like those used in Google Translate, enhance translation performance by enabling parallel processing of text and capturing long-range dependencies in sentences. After translation, the system postprocesses the output to ensure quality and readability. This includes validating the translated text for completeness, handling errors like untranslated phrases, and retrying failed requests if necessary. The output is formatted to resemble the original structure of the input, preserving elements like paragraphs, line breaks, and punctuation to maintain coherence. Finally, the translated text is displayed or saved, ensuring it is clean, accurate, and easy to understand. Throughout this process, concepts from natural language processing (NLP), deep learning, and robust error handling are integrated to provide reliable and efficient translations.

## 7.8 Prediction to Wellbeing Mapping

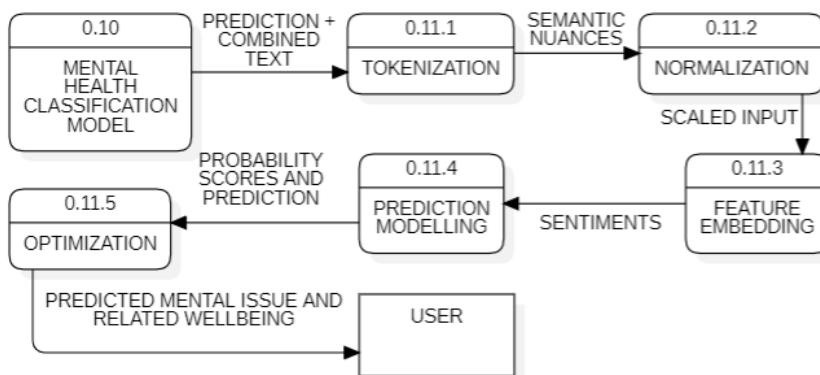


Figure 14: DFD Level 2 of Prediction to Wellbeing Mapping

The process begins when the user provides input data for prediction, which could be in the form of text, behavioral data, or health metrics. For instance, a user might input their mood and health conditions, share behavioral patterns, or upload relevant data such as physical activity logs or medical records. This data serves as the foundation for predicting the user's mental health or overall wellbeing. Once the data is provided, the next step is preprocessing, which involves cleaning and transforming the raw input. During the data cleaning phase, any noise, missing values, or redundant information are identified and removed. This ensures the dataset is clean and ready for processing. Additionally, feature engineering is performed to extract meaningful attributes or characteristics from the raw data. For example, from behavioral data, features like activity frequency or sleep patterns may be derived. This allows the model to work with relevant information that enhances the prediction process. The third step involves embedding generation, where the core model, GEMINI 1.5 FLASH, processes the preprocessed input to generate embeddings. Embeddings are high-dimensional vectors that capture the semantic and contextual properties of the data. For example, when analyzing text input, GEMINI 1.5 FLASH uses its deep learning algorithms to understand the context and meaning of the user's words, transforming them into embeddings that encapsulate both the surface-level meaning and the deeper nuances of the data. This representation of the input data is essential for subsequent prediction tasks. In the prediction model phase, the generated embeddings are passed to machine learning models, which use these embeddings to predict a user's mental health status or behavioral outcomes. These models may utilize various algorithms, such as decision trees, support vector machines, or deep learning models, to make predictions. The system not only predicts the mental health condition but also maps these predictions to various wellbeing dimensions. These dimensions could include emotional wellbeing, such as happiness or stress; physical wellbeing, like energy levels or fatigue; and social wellbeing, including aspects like connectedness or isolation. By doing so, the system offers a comprehensive view of the user's overall wellbeing based on the predictions. Once predictions are made, postprocessing ensures the results are accurate and formatted properly. During the validation phase, the predictions are checked for any anomalies or inconsistencies, ensuring the output is reliable. This might involve techniques like consistency checks or outlier detection to verify that the predictions align with expected patterns. After validation, the results are formatted into a user-friendly structure. This might include organizing the wellbeing data into clear categories, such as emotional, physical, and social wellbeing, making it easy for the user to interpret. Finally, the system delivers the output, displaying or saving the prediction and associated wellbeing mapping. This output is presented in a way that helps the user understand the various aspects of their mental and physical health, giving them insights into their current state of wellbeing and providing actionable data for improvement.

## 7.9 Audio Mood Analysis

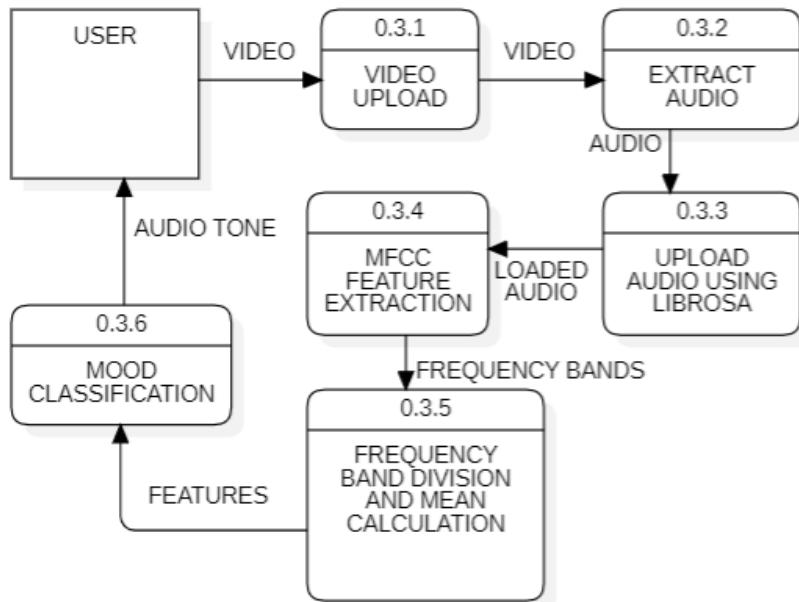


Figure 15: DFD Level 2 of Audio Mood Analysis

The analyze\_audio\_mood function begins with the user providing a path to a video file as input. This is the starting point of the process where the user supplies the video from which the audio will be extracted. In the preprocessing stage, the video file is passed to the extract\_audio\_from\_video function. This function extracts the audio content from the video, separating it for further analysis. Once the audio is extracted, the next step involves loading the audio file into memory using the librosa library, which prepares the audio data for feature extraction. The core of the audio processing happens during the MFCC (Mel-frequency cepstral coefficients) feature extraction. The librosa.feature.mfcc method is used to compute the MFCCs of the audio. These MFCCs represent different frequency bands of the audio signal and are crucial for analyzing the characteristics of the audio that correspond to various emotional tones. By capturing frequency patterns, MFCCs provide a robust feature set for mood classification. After the MFCCs are extracted, the next step is feature segmentation. The MFCC array is divided into four distinct frequency bands: low frequencies (MFCCs 0, 1, and 2), mid-low frequencies (MFCCs 3 and 4), mid-high frequencies (MFCCs 5, 6, and 7), and high frequencies (MFCCs 8, 9, 10, 11, and 12). For each of these frequency bands, the scalar mean of the MFCC values is computed. This scalar mean represents the overall intensity of the audio in each frequency range, simplifying the data for classification purposes. Finally, the mood classification process takes place. The scalar means for each of the frequency bands are compared to determine the dominant mood of the audio. Based on these comparisons, the function classifies the audio as normal, neutral, melancholic, calm, anxious, or happy, depending on which frequency bands

exhibit the strongest characteristics. This mood classification is then returned as the result of the analysis.

The various processes and technologies discussed throughout this conversation can play a pivotal role in enhancing the classification and prediction of mental health disorders. The use of machine learning (ML) and deep learning (DL) models enables the system to process and analyze large volumes of data, such as text, behavioral patterns, health metrics, and even multimedia inputs (e.g., images, audio, and video). By leveraging the DeepFace module for facial emotion recognition, the system can identify emotional cues from visual data, helping to assess a user's emotional state. This is complemented by text analysis models, such as those built with Logistic Regression, k-NN, SVM, and LSTM architectures, which are capable of classifying mental health issues from user-provided text, such as social media posts, personal narratives, or other forms of written communication. By incorporating audio mood analysis through techniques such as MFCC for audio emotion detection and facial expression recognition for video inputs, the system further refines its ability to assess emotional and mental states. These audio and visual analyses provide additional layers of understanding that text alone might not fully capture. In conjunction with these features, streaming data from social media platforms like Reddit or Twitter allows for the monitoring of a user's public posts, providing real-time insights into their mental health as they interact with others online.

## 8 Implementation

### 8.1 Features From RM

For the initial prototype development, a subset of the requirements from the Requirement Matrix (RM) was carefully selected to focus on implementing core functionalities and demonstrating proof of concept. The selection was based on a combination of high-priority functional requirements that form the backbone of the system, ensuring that critical features are built and validated before expanding the scope. The requirements chosen for the prototype primarily involve data preprocessing, model training, and evaluation processes. These requirements were selected because they are fundamental to the project's success, ensuring that the data pipeline and model implementation work seamlessly together. This subset of features lays the groundwork for later integration with additional components and more complex functionality. The filtered part of the RM focuses on the following high-priority requirements: data cleaning and feature extraction, training of machine learning models, and evaluation of model performance using standard metrics. These requirements were identified as crucial because they directly impact the system's ability to handle data, learn patterns, and provide meaningful outputs. Without successfully implementing these core features, the overall effectiveness of the solution would

be significantly reduced. Furthermore, these selected features align with the project's goals and provide a clear pathway for incremental development. By narrowing down the requirements to these foundational aspects, the development team can ensure that the prototype is not only functional but also extensible, providing a robust framework for future enhancements.

Rqmt ID	Requirement Item	Requirement Analysis Status
FR-001	Collect social media data from Reddit.	Completed ▾
FR-002	Implement data cleaning and preprocessing.	Completed ▾
FR-003	Train machine learning and deep learning models.	Completed ▾
FR-004	Evaluate models using performance metrics (accuracy, recall, F1 Score, Support).	Completed ▾
NFR-001	Testing different features of the web application	Completed ▾
NFR-002	Final Web Application Deployment	Completed ▾

Figure 16: Features from Requirement Matrix

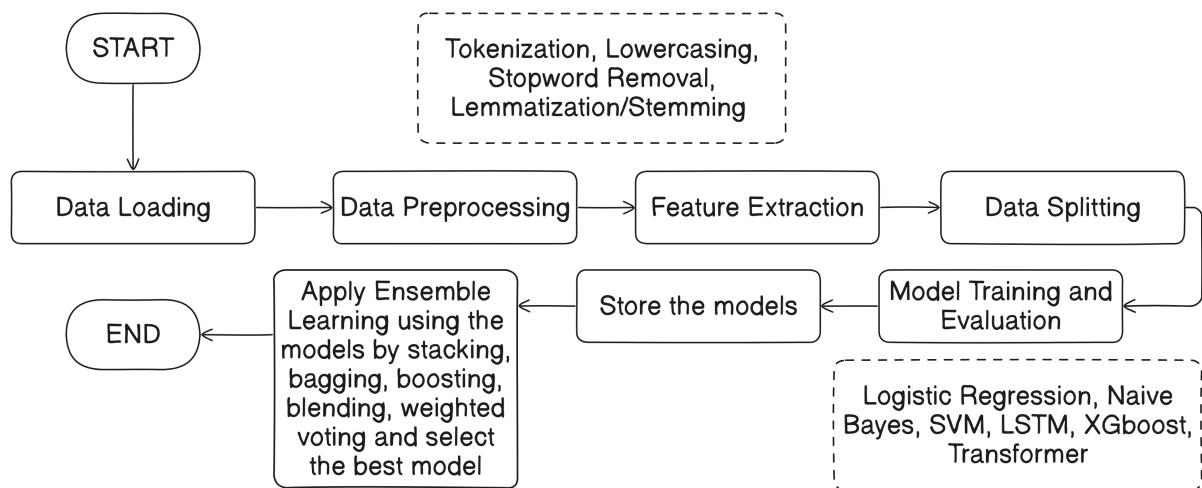


Figure 17: Workflow for getting the model for the web application

## 8.2 Code Details and Output

### 8.2.1 Data Collection

#### Collecting Reddit Posts

```

import praw
import pandas as pd
import time
# Initialize Reddit API
reddit = praw.Reddit(client_id='YOUR_CLIENT_ID',
                      client_secret='YOUR_CLIENT_SECRET',
                      user_agent='Mental_Health_Classifier')
# Define subreddits and post types
subreddits = {'normal': ['news', 'AskReddit'],
              'depression': ['depression'],
              'ptsd': ['PTSD'],
              'anxiety': ['Anxiety'],
              'bipolar': ['BipolarReddit']}
post_types = ['hot', 'new', 'top']
posts_per_type = 100
# Collect and save posts
data = []
for label, subs in subreddits.items():
    for sub in subs:
        for post_type in post_types:
            posts = getattr(reddit.subreddit(sub), post_type)(
                limit=posts_per_type)
            for post in posts:
                data.append([post.title + "\n" + post.selftext,
                            label])
                time.sleep(1)
df = pd.DataFrame(data, columns=['text', 'label'])
df.to_csv(f'{label}_dataset.csv', index=False)

```

		text	mental_health_issue
0	2024 Election Due to the 2024 US Presidential ...		bipolar
1	Our most-broken and least-understood rules is ...		depression
2	Rules **UPDATED** 1. If you're here you must p...		normal
3	Happy Cakeday, r/Normal! Today you're 11 Let's...		normal
4	Happy Cakeday, r/Normal! Today you're 10 Let's...		normal
5	I am also a person I am very normal. Today I t...		normal
6	Happy Cakeday, r/Normal! Today you're 9 Let's ...		normal
7	I am a person I am a person		normal
8	Elections and Politics Hello friends!\n\nIt's ...		anxiety
9	You are more than just one emotion		ptsd

Figure 18: Obtained Dataset

## Combining Collected Datasets

```

import pandas as pd
from sklearn.utils import shuffle

# Load datasets
bipolar_df = pd.read_csv("bipolar_dataset.csv")
depression_df = pd.read_csv("depression_dataset.csv")
normal_df = pd.read_csv("normal_dataset.csv")
anxiety_df = pd.read_csv("anxiety_dataset.csv")
ptsd_df = pd.read_csv("ptsd_dataset.csv")

# Minimum length for balanced classes
min_length = min(len(bipolar_df), len(depression_df), len(
    normal_df) // 6, len(anxiety_df), len(ptsdf_df))

# Create balanced pattern
pattern_data = []
for i in range(min_length):
    pattern_data.extend([bipolar_df.iloc[i], depression_df.iloc[
        i]] +
        normal_df.iloc[i*6:(i+1)*6].to_dict('records') +
        [anxiety_df.iloc[i], ptsd_df.iloc[i]])

pattern_df = pd.DataFrame(pattern_data)
remaining_data = shuffle(pd.concat([bipolar_df[min_length:],
                                    depression_df[min_length:],
                                    normal_df[min_length*6:],
                                    anxiety_df[min_length:],
                                    ptsd_df[min_length:]]))

final_df = pd.concat([pattern_df, remaining_data]).reset_index(
    drop=True)
final_df.to_csv("mental_health_combined.csv", index=False)

```

The first code snippet collects Reddit posts by connecting to specific subreddits associated with various mental health topics. Using the Reddit API, posts are retrieved from ‘hot’, ‘new’, and ‘top’ categories for each mental health type, including general subreddits (for the ”normal” category). Each post’s title and content are combined, labeled, and saved into separate CSV files. The second code snippet merges these CSV files to form a combined dataset. It creates a balanced sample by selecting the minimum number of rows across each category and organizes the data in a structured pattern. Remaining rows are shuffled and appended, producing a final dataset suitable for machine learning applications in mental health classification.

The dataset for mental health classification was compiled from various subreddit communities.

## ASMPFMHDD

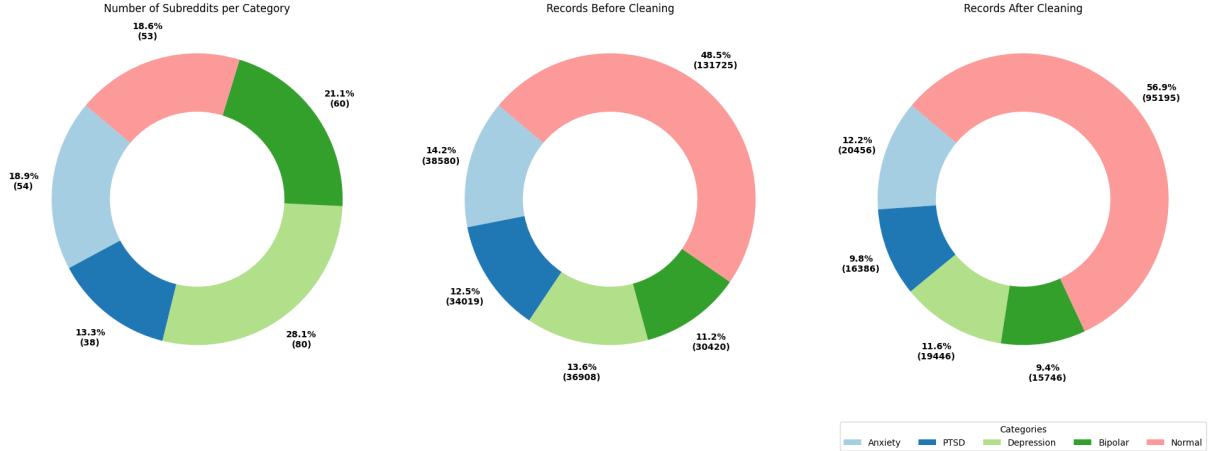


Figure 19: Collected Data Statistics

Initially, the dataset contained records from 54 subreddits for anxiety, 38 for PTSD, 80 for depression, 60 for bipolar disorder, and 53 for normal mental states. Before data cleaning, the records totaled 38580 for anxiety, 34019 for PTSD, 36908 for depression, 30420 for bipolar, and 131725 for normal, reflecting the distribution of raw data. After applying data cleaning techniques to ensure quality and relevance, the record counts were reduced to 20456 for anxiety, 16386 for PTSD, 19446 for depression, 15746 for bipolar, and 95195 for normal. A subset of this cleaned dataset containing 18596 records was used for further processing and analysis.

Given the large size of the original dataset, training and testing the model on the entire dataset would require significant computational resources, including memory and processing power. Such constraints can lead to prolonged training times and potentially infeasible execution on standard hardware. By using a subset of the cleaned dataset, we can significantly reduce the computational load while maintaining a representative sample of the data. This approach strikes a balance between efficiency and performance, enabling the development and evaluation of models in a more manageable and resource-friendly manner. Moreover, working with a subset ensures faster experimentation and fine-tuning cycles, which is crucial for iterative improvement in machine learning workflows.

## 8.2.2 Data Preprocessing

### Text Preprocessing

```

import pandas as pd
import re
from sklearn.feature_extraction.text import TfidfVectorizer
from nltk.corpus import stopwords
from nltk.tokenize import word_tokenize
import nltk

# Download stopwords (if you haven't already)
nltk.download('stopwords')
nltk.download('punkt')

# Load the dataset
df = pd.read_csv('mental_health.csv')

# 1. Handling Missing Values
df.dropna(subset=['text'], inplace=True)

# 2. Removing duplicates (if any)
df.drop_duplicates(subset=['text'], inplace=True)

# 3. Text Preprocessing
negative_words = {"not", "no", "nor", "never", "nothing", "nowhere", "neither", "cannot", "n't", "without", "barely", "hardly", "scarcely"}

def clean_text(text):
    text = re.sub(r'http\S+', '', text) # Remove URLs
    text = re.sub(r'@\w+', '', text) # Remove mentions (@username)
    text = re.sub(r'[^a-zA-Z\s]', '', text) # Remove special characters, numbers, and punctuations
    text = text.lower() # Convert text to lowercase
    tokens = word_tokenize(text) # Tokenize the text
    tokens = [word for word in tokens if word not in stopwords.words('english') or word in negative_words] # Remove stopwords, but keep negative words
    clean_text = '_'.join(tokens) # Join the tokens back into a single string
    return clean_text

df['cleaned_text'] = df['text'].apply(clean_text) # Apply the cleaning function to the 'text' column

```

## Text Preprocessing

```

# 4. Feature Extraction using TF-IDF Vectorization
vectorizer = TfidfVectorizer(max_features=10000) # Adjust the
max_features
X = vectorizer.fit_transform(df['cleaned_text']) # Fit and
transform the cleaned text data
X_df = pd.DataFrame(X.toarray(), columns=vectorizer.
get_feature_names_out()) # Convert the result to a DataFrame
for easier understanding

# Save the preprocessed dataset (optional)
df.to_csv('preprocessed_mental_health.csv', index=False)

```

The code snippet above demonstrates the preprocessing steps for a mental health dataset. It handles missing values and duplicates in the text data, performs text cleaning by removing URLs, mentions, and special characters, and applies tokenization. The cleaned text is then vectorized using TF-IDF to convert the textual data into a format suitable for machine learning models. Finally, the preprocessed dataset is saved as a new CSV file for future use in classification tasks.

```

[nltk_data] Downloading package stopwords to /root/nltk_data...
[nltk_data] Package stopwords is already up-to-date!
[nltk_data] Downloading package punkt to /root/nltk_data...
[nltk_data] Package punkt is already up-to-date!
    aaaaaaaaaaaaaaaaaaaaaaaaaa ab abandon abandoned \
0 0.0                      0.0 0.0      0.0      0.0
1 0.0                      0.0 0.0      0.0      0.0
2 0.0                      0.0 0.0      0.0      0.0
3 0.0                      0.0 0.0      0.0      0.0
4 0.0                      0.0 0.0      0.0      0.0

    abandoning abandonment abc abilities ability ... zemeckis zemlja \
0      0.0        0.0 0.0      0.0 0.00000 ...      0.0      0.0
1      0.0        0.0 0.0      0.0 0.03726 ...      0.0      0.0
2      0.0        0.0 0.0      0.0 0.00000 ...      0.0      0.0
3      0.0        0.0 0.0      0.0 0.00000 ...      0.0      0.0
4      0.0        0.0 0.0      0.0 0.00000 ...      0.0      0.0

    zero zoloft zombie zombieland zombies zone zoom zuckerberg
0  0.0   0.0    0.0      0.0     0.0  0.0   0.0      0.0
1  0.0   0.0    0.0      0.0     0.0  0.0   0.0      0.0
2  0.0   0.0    0.0      0.0     0.0  0.0   0.0      0.0
3  0.0   0.0    0.0      0.0     0.0  0.0   0.0      0.0
4  0.0   0.0    0.0      0.0     0.0  0.0   0.0      0.0

[5 rows x 10000 columns]

```

Figure 20: Data Collection and Preprocessing

### 8.2.3 Vectorization Techniques

#### Bag of Words

```
from sklearn.feature_extraction.text import CountVectorizer

# Initialize the CountVectorizer and fit/transform the cleaned
# text
vectorizer = CountVectorizer()
X = vectorizer.fit_transform(dataset['cleaned_text'])
```

Bag of Words (BoW) converts text into a matrix of word counts. Each unique word in the corpus becomes a feature, and the value is the word's frequency in the document, ignoring grammar and word order.

#### TF-IDF

```
from sklearn.feature_extraction.text import TfidfVectorizer

# Initialize the TfidfVectorizer and fit/transform the cleaned
# text
TFIDFvectorizer = TfidfVectorizer()
X = TFIDFvectorizer.fit_transform(dataset['cleaned_text'])
```

Term Frequency-Inverse Document Frequency (TF-IDF) weighs words by their importance in a corpus. Common words receive lower weights, while rare words are assigned higher values, capturing their significance in the document.

#### N-Gram

```
from sklearn.feature_extraction.text import CountVectorizer

# Initialize the CountVectorizer with n-grams (e.g., bi-grams
# and tri-grams)
vectorizer = CountVectorizer(ngram_range=(1, 3))
X = vectorizer.fit_transform(dataset['cleaned_text'])
```

N-Grams capture contiguous sequences of words to preserve some context. For example, bi-grams (2-grams) capture pairs of words like "machine learning," and trigrams (3-grams) capture sequences like "natural language processing."

## LIWC (Empath)

```

from empath import Empath

# Initialize Empath
lexicon = Empath()

# Function to get Empath features
def get_empath_features(text):
    analysis = lexicon.analyze(text, normalize=True) #
        Normalize for proportions
    return analysis

# Generate Empath features for each text
empath_features = dataset['cleaned_text'].apply(
    get_empath_features)

# Convert Empath features to a DataFrame
X = pd.DataFrame(empath_features.tolist())

```

LIWC (Linguistic Inquiry and Word Count) analyzes text by categorizing words into meaningful psychological or social dimensions. Empath is a Python library that replicates this functionality with customizable lexicons. Empath is a Python-based natural language processing tool inspired by LIWC (Linguistic Inquiry and Word Count), designed to analyze text and categorize words into psychologically meaningful dimensions such as emotions, cognitive processes, and social themes. This tool is particularly valuable for extracting semantic features that capture the psychological and emotional aspects of textual data, making it ideal for applications in sentiment analysis, mental health studies, and psycholinguistics. By matching words in the text to predefined categories, Empath assigns a proportional representation to each category, indicating the relative frequency of words that belong to it. In the provided code, an Empath object is initialized, which serves as the base for analyzing text against the predefined lexicons. A function named `get_empath_features` is defined to process individual texts from the dataset. This function leverages the `analyze` method of the Empath object to compute the distribution of words across various categories. The `normalize=True` parameter ensures that the output represents proportions rather than raw counts, making the results more interpretable and comparable across texts of varying lengths. The function is applied to each piece of cleaned text in the dataset, producing a structured output where each text is represented as a dictionary. Each key in this dictionary corresponds to an Empath category, and the associated value indicates the proportion of words from the text that fall into that category. The list of dictionaries generated through this process is then converted into a DataFrame, where each column represents a category and each row corresponds to a document in the dataset. This transformation allows the

extracted features to be seamlessly integrated into machine learning pipelines, where they can serve as predictors for tasks like sentiment analysis, mental health classification.

### Word2Vec

```
from nltk.tokenize import word_tokenize
import gensim

# Tokenize the text data into words
def tokenize_text(text):
    return word_tokenize(text.lower())

dataset['tokens'] = dataset['cleaned_text'].apply(tokenize_text)

# Train a Word2Vec model using the tokenized data
word2vec_model = gensim.models.Word2Vec(sentences=dataset['tokens'],
                                          vector_size=100, window=5, min_count=1, workers=4)

# Function to average Word2Vec vectors for each document
def get_document_vector(tokens):
    valid_tokens = [word for word in tokens if word in word2vec_model.wv]
    if len(valid_tokens) == 0:
        return [0] * word2vec_model.vector_size # Return zero vector for empty documents
    vectors = [word2vec_model.wv[word] for word in valid_tokens]
    return list(np.mean(vectors, axis=0))

# Convert the text data into document vectors
X = dataset['tokens'].apply(get_document_vector)
```

Word2Vec creates dense vector representations of words by training a neural network to predict words in context. These embeddings capture semantic meaning, and document vectors are computed by averaging word embeddings. The Python code implements a Word2Vec-based approach to transform text data into numerical vectors. First, the `tokenize_text` function is defined to tokenize each text in the dataset into lowercase words, creating a new column named `tokens`. Using these tokenized sentences, a Word2Vec model is trained with parameters such as a vector size of 100, a context window of 5, and a minimum word frequency of 1. The `get_document_vector` function computes a document-level vector by averaging the Word2Vec embeddings of valid tokens in each text, ensuring that empty documents return a zero vector. Finally, the document vectors are calculated and stored in `X`, enabling their use as input features for downstream machine learning tasks.

The matrix dimensions for Bag of Words are determined by the number of records, which is

18,597 in this case, and the size of the vocabulary, which represents the number of unique words in the `cleaned_text` column. Similarly, for TF-IDF, the dimensions of the matrix are the same as BOW, calculated as the number of records multiplied by the vocabulary size. For N-gram, the matrix size depends on the range of n-grams used. For example, a unigram produces dimensions equivalent to BOW, while bigram or trigram models increase the vocabulary size due to the inclusion of word combinations. Word2Vec, on the other hand, creates a dense vector representation for each word, with dimensions based on the predefined vector size, such as 100 or 200. Aggregating these vectors at the sentence level, typically by averaging, results in a matrix of dimensions equal to the number of records multiplied by the vector dimensions. For LIWC, the dimensions are determined by the number of predefined LIWC categories, which is typically around 70. The resulting matrix dimensions are the number of records multiplied by the number of LIWC categories.

#### 8.2.4 Logistic Regression Model for Classification

##### Logistic Regression for Mental Health Classification

```

import pandas as pd
from sklearn.model_selection import train_test_split
from sklearn.feature_extraction.text import CountVectorizer
from sklearn.linear_model import LogisticRegression
from sklearn.metrics import accuracy_score,
    classification_report, confusion_matrix

# Load the preprocessed dataset
dataset = pd.read_csv('preprocessed_mental_health.csv')
# Check if 'cleaned_text' and 'mental_health_issue' columns
# exist
if 'cleaned_text' not in dataset.columns or 'mental_health_issue' not in dataset.columns:
    raise ValueError("The dataset must have 'cleaned_text' and 'mental_health_issue' columns.")
# Remove rows with missing values in 'cleaned_text' column
dataset.dropna(subset=['cleaned_text'], inplace=True)
# Initialize the CountVectorizer and fit/transform the cleaned
# text
LRvectorizer = CountVectorizer()
X = LRvectorizer.fit_transform(dataset['cleaned_text'])
# Prepare the target variable
y = dataset['mental_health_issue']

```

## Logistic Regression for Mental Health Classification

```

# Split the dataset into Training and Test Sets
X_train, X_test, y_train, y_test = train_test_split(X, y,
    test_size=0.2, random_state=42)
# Initialize the Logistic Regression model
LRmodel = LogisticRegression(multi_class='ovr', max_iter=10000)
# Train the model
LRmodel.fit(X_train, y_train)

# Make predictions on the test set
y_pred = LRmodel.predict(X_test)
# Evaluate the model
accuracy = accuracy_score(y_test, y_pred)
print(f'Accuracy: {accuracy * 100:.2f}%')

# Print classification report
print("Classification_Report:\n", classification_report(y_test,
    y_pred))
# Print confusion matrix
print("Confusion_Matrix:\n", confusion_matrix(y_test, y_pred))

```

The provided code demonstrates how to apply Logistic Regression for mental health classification using a preprocessed dataset. First, the dataset is loaded, and a check is performed to ensure that it contains the necessary columns, specifically `cleaned_text` and `mental_health_issue`. If these columns are missing, an error is raised. The dataset is then cleaned by removing rows that have missing values in the `cleaned_text` column using the `dropna()` function. Next, the `CountVectorizer` is initialized and applied to the `cleaned_text` column to convert the text data into a numerical format suitable for machine learning. This is accomplished by transforming the text into a document-term matrix where each row represents a document (post) and each column represents a unique term (word). The target variable, `mental_health_issue`, is also extracted from the dataset. The dataset is then split into training and testing sets using `train_test_split()`, where 80% of the data is used for training, and 20% is reserved for testing. The `random_state` is set to ensure reproducibility of the results. A Logistic Regression model is initialized with a multi-class strategy (`multi_class='ovr'`) and a high number of iterations (`max_iter=10000`) to allow the model to converge. The model is then trained on the training data using the `fit()` method. After training, predictions are made on the test set using the `predict()` method. The model's performance is evaluated by calculating the accuracy score, which is printed as a percentage. Additionally, a detailed classification report is generated, which includes metrics such as precision, recall, and F1-score for each class. Lastly, a confusion matrix is printed to visualize the model's classification performance and to understand how well the model distinguishes between different mental health issues.

tween different mental health issues. This end-to-end pipeline is crucial for applying Logistic Regression to textual data, allowing for effective classification of mental health issues based on Reddit posts.

### 8.2.5 Naive Bayes for Classification

#### Naive Bayes for Mental Health Classification

```
# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE LOGISTIC
REGRESSION

# Initialize the Naive Bayes classifier
NBmodel = MultinomialNB()
# Fit the model
NBmodel.fit(X_train, y_train)
# Make predictions
y_pred = NBmodel.predict(X_test)
```

The provided code applies the Naive Bayes classifier (`MultinomialNB`) for mental health classification using a preprocessed dataset. A Naive Bayes model (`MultinomialNB`) is initialized and trained on the training data using the `fit()` method. After training, predictions are made on the test set using the `predict()` method.

### 8.2.6 Support Vector Machine for Classification

#### Support Vector Classifier Implementation

```
# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE LOGISTIC
REGRESSION

# Initialize the Support Vector Classifier
SVMmodel = SVC(kernel='linear', C=1, random_state=42,
                 probability=True) # You can adjust parameters as needed

# Train the model
SVMmodel.fit(X_train, y_train)
# Make predictions on the test set
y_pred = SVMmodel.predict(X_test)
```

A Support Vector Classifier model (`SVC`) is initialized with a linear kernel (`kernel='linear'`), regularization parameter `C=1`, and the probability flag set to `True` to enable probability estimates. The model is then trained on the training data using the `fit()` method. After training, predictions are made on the test set using the `predict()` method.

### 8.2.7 Random Forest for Classification

#### Random Forest Classifier Implementation

```
# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE LOGISTIC REGRESSION

# Initialize the Random Forest Classifier with added parameters
RFmodel = RandomForestClassifier(n_estimators=3000, max_depth=None, min_samples_split=20, min_samples_leaf=1, max_features='sqrt', bootstrap=False, random_state=42)

# Train the model
RFmodel.fit(X_train, y_train)
# Make predictions on the test set
y_pred = RFmodel.predict(X_test)
```

A Random Forest Classifier model is initialized with several hyperparameters. Specifically, `n_estimators=3000` defines the number of decision trees in the forest. The `max_depth=None` means the trees are allowed to grow until all leaves are pure or contain fewer than the minimum samples required to split a node. The `min_samples_split=20` and `min_samples_leaf=1` specify the minimum number of samples required to split an internal node and the minimum number of samples required to be at a leaf node, respectively. The `max_features='sqrt'` sets the maximum number of features to consider for the best split at each node to be the square root of the total number of features. `bootstrap=False` disables bootstrapping, meaning the entire dataset is used to build each tree. After initialization, the model is trained using the `fit()` method on the training data. After training, predictions are made on the test set using the `predict()` method.

### 8.2.8 XGBoost for Classification

#### XGBoost Classifier Implementation

```
# WITH THE EXACT SAME IMPLEMENTATION CODE. THE CountVectorizer IS CHANGED TO TF-IDF

# Convert text data to numerical data using TF-IDF Vectorizer
from sklearn.feature_extraction.text import TfidfVectorizer
tfidf = TfidfVectorizer(max_features=5000)
X_train = tfidf.fit_transform(X_train)
X_test = tfidf.transform(X_test)
```

### XGBoost Classifier Implementation

```
# Define the XGBoost classifier
xgb_clf = xgb.XGBClassifier(objective='multi:softmax', num_class
=5, eval_metric='mlogloss', use_label_encoder=False)

# Train the model
xgb_clf.fit(X_train, y_train)
# Predict on the test set
y_pred = xgb_clf.predict(X_test)
```

The text data is transformed into numerical features using the `TfidfVectorizer()`. This vectorizer converts the raw text into a matrix of TF-IDF (Term Frequency-Inverse Document Frequency) features, which are more suitable for training a machine learning model. The `max_features=5000` parameter limits the number of features to the 5000 most frequent terms in the dataset. The XGBoost classifier is then initialized with several hyperparameters. The `objective='multi:softmax'` indicates that the task is a multi-class classification problem. The `num_class=5` parameter specifies the number of classes for the classification task, and `eval_metric='mlogloss'` is set to use the log loss metric for evaluation. `use_label_encoder=False` disables the automatic label encoding of target labels, as we have already manually encoded the labels. After initialization, the model is trained on the training data using the `fit()` method.

### 8.2.9 K Nearest Neighbours for Classification

#### k-NN Classifier Implementation for Mental Health Classification

```
# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE LOGISTIC
REGRESSION

# Initialize the k-NN classifier
KNNmodel = KNeighborsClassifier(n_neighbors=5)
# Fit the model
KNNmodel.fit(X_train, y_train)
# Make predictions
y_pred = KNNmodel.predict(X_test)
```

A k-NN classifier is initialized with 5 neighbors (`n_neighbors=5`), though this number can be adjusted for tuning the model. The classifier is trained on the training data using the `fit()` method. Once the model is trained, it is used to predict mental health issues for the test set, and the accuracy of the predictions is calculated and printed.

### 8.2.10 Long Short Term Memory based Classification

#### LSTM Model Implementation

```

import pandas as pd
import numpy as np
import matplotlib.pyplot as plt
import seaborn as sns
from sklearn.metrics import confusion_matrix,
    classification_report
from sklearn.preprocessing import LabelEncoder
from tensorflow.keras.preprocessing.text import Tokenizer
from tensorflow.keras.preprocessing.sequence import
    pad_sequences
from tensorflow.keras.models import Sequential
from tensorflow.keras.layers import Embedding, LSTM, Dense,
    Dropout
from tensorflow.keras.utils import to_categorical
from sklearn.model_selection import train_test_split

# Load the dataset
data = pd.read_csv('preprocessed_mental_health.csv')
# Separate features and target
X = data['text']
y = data['mental_health_issue']
# Encode target labels
label_encoder = LabelEncoder()
y = label_encoder.fit_transform(y)
y = to_categorical(y) # Convert labels to one-hot encoded
# Split dataset into training and test sets
X_train, X_test, y_train, y_test = train_test_split(X, y,
    test_size=0.2, random_state=42)
# Tokenize and pad the text sequences
vocab_size = 10000 # Set a vocabulary size
max_length = 100 # Set a max length for padding

tokenizer = Tokenizer(num_words=vocab_size, oov_token "<OOV>")
tokenizer.fit_on_texts(X_train)
X_train_seq = tokenizer.texts_to_sequences(X_train)
X_test_seq = tokenizer.texts_to_sequences(X_test)
X_train_padded = pad_sequences(X_train_seq, maxlen=max_length,
    padding='post', truncating='post')

```

## LSTM Model Implementation

```

X_test_padded = pad_sequences(X_test_seq, maxlen=max_length,
    padding='post', truncating='post')
# Build the LSTM model
model = Sequential([
    Embedding(vocab_size, 128, input_length=max_length),
    LSTM(128, return_sequences=True),
    Dropout(0.2),
    LSTM(64),
    Dropout(0.2),
    Dense(64, activation='relu'),
    Dense(y.shape[1], activation='softmax')])

model.compile(optimizer='adam', loss='categorical_crossentropy',
    metrics=['accuracy'])
# Train the model
history = model.fit(X_train_padded, y_train, epochs=10,
    batch_size=32, validation_data=(X_test_padded, y_test))

# Evaluate the model on test data
test_loss, test_accuracy = model.evaluate(X_test_padded, y_test)
print(f"Test_Accuracy: {test_accuracy * 100:.2f}%")
# Generate predictions and convert back from one-hot encoding
y_pred = model.predict(X_test_padded)
y_pred_classes = np.argmax(y_pred, axis=1)
y_test_classes = np.argmax(y_test, axis=1)

```

This code demonstrates how to apply a Long Short-Term Memory (LSTM) neural network for text classification, specifically for predicting mental health issues based on preprocessed Reddit data. The dataset is loaded and the target variable (`mental_health_issue`) is encoded into a one-hot format for multi-class classification. The dataset is split into training and testing sets. Text data is tokenized and padded to ensure uniform input lengths for the LSTM model. The model consists of embedding layers, LSTM layers with dropout for regularization, and dense layers for classification. The model is trained on the training data, and performance is monitored using validation data. The training and validation accuracy and loss are plotted. The model is evaluated on the test data, and performance metrics such as accuracy and classification report are displayed. A confusion matrix is plotted to visualize model performance.

## ASMPFMHDD

```

Epoch 1/10
/usr/local/lib/python3.10/dist-packages/keras/src/layers/core/embedding.py:90: UserWarning: Argument `input_length` is deprecated. Just remove it.
warnings.warn(
465/465      135s 280ms/step - accuracy: 0.6046 - loss: 1.1142 - val_accuracy: 0.6841 - val_loss: 0.7390
Epoch 2/10
465/465      131s 281ms/step - accuracy: 0.6681 - loss: 0.7686 - val_accuracy: 0.6634 - val_loss: 0.8092
Epoch 3/10
465/465      144s 286ms/step - accuracy: 0.6499 - loss: 0.8130 - val_accuracy: 0.6680 - val_loss: 0.7538
Epoch 4/10
465/465      139s 280ms/step - accuracy: 0.6368 - loss: 0.8657 - val_accuracy: 0.6605 - val_loss: 0.7481
Epoch 5/10
465/465      130s 280ms/step - accuracy: 0.6949 - loss: 0.6574 - val_accuracy: 0.6922 - val_loss: 0.6711
Epoch 6/10
465/465      141s 278ms/step - accuracy: 0.7132 - loss: 0.6056 - val_accuracy: 0.6933 - val_loss: 0.6697
Epoch 7/10
465/465      147s 289ms/step - accuracy: 0.7304 - loss: 0.5676 - val_accuracy: 0.7081 - val_loss: 0.6606
Epoch 8/10
465/465      131s 282ms/step - accuracy: 0.7483 - loss: 0.5433 - val_accuracy: 0.7516 - val_loss: 0.6319
Epoch 9/10
465/465      142s 282ms/step - accuracy: 0.8079 - loss: 0.4523 - val_accuracy: 0.7484 - val_loss: 0.6037
Epoch 10/10
465/465      142s 282ms/step - accuracy: 0.8564 - loss: 0.3823 - val_accuracy: 0.8355 - val_loss: 0.5368

```

Figure 21: Output for LSTM Epochs

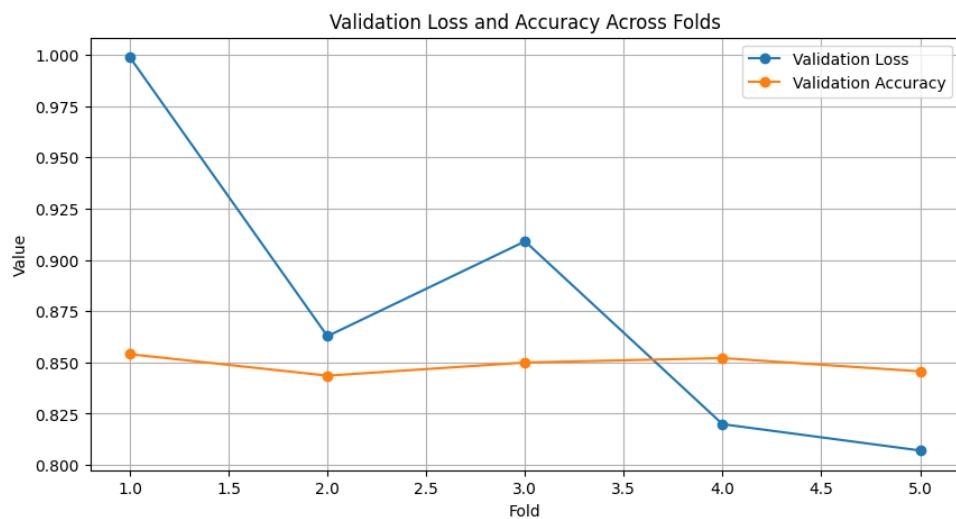


Figure 22: LSTM Validation loss and accuracy

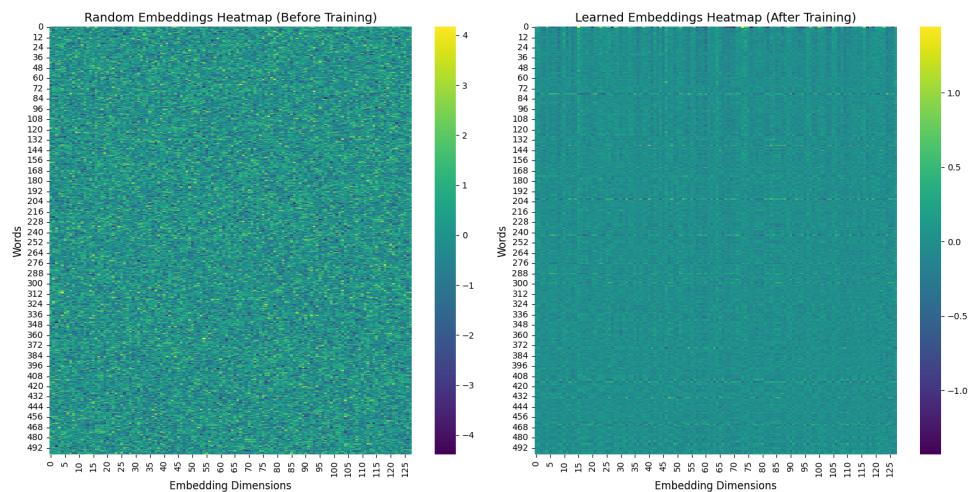


Figure 23: LSTM Random and Learned Embeddings

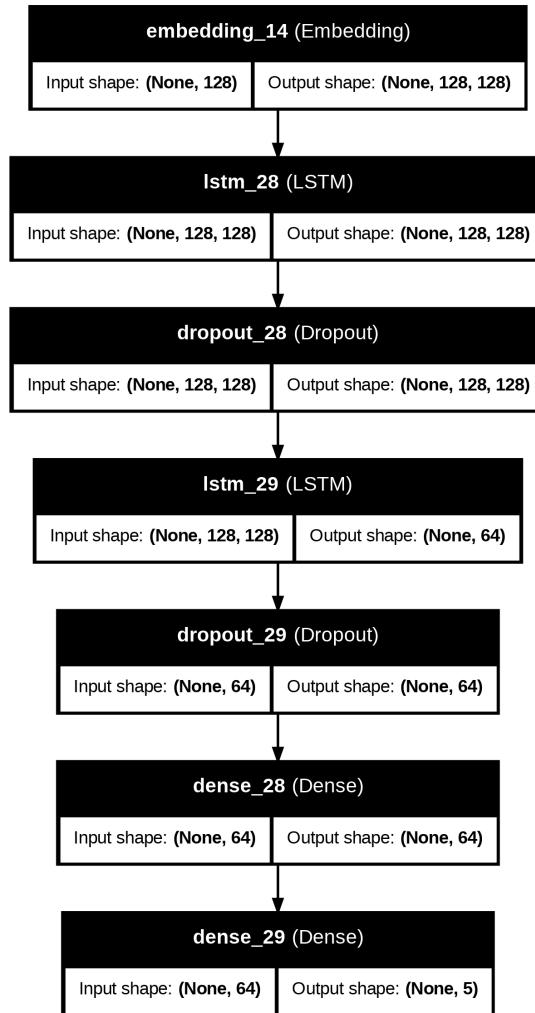


Figure 24: LSTM Model Architecture

### 8.2.11 Hyperparameter Tuning Using RandomizedSearchCV

#### Logistic Regression

```

import pandas as pd
from sklearn.model_selection import train_test_split,
RandomizedSearchCV
from sklearn.feature_extraction.text import CountVectorizer
from sklearn.linear_model import LogisticRegression
from sklearn.metrics import accuracy_score,
classification_report

# Load the preprocessed dataset
dataset = pd.read_csv('preprocessed_mental_health.csv')
if 'cleaned_text' not in dataset.columns or 'mental_health_issue'
' not in dataset.columns:
    raise ValueError("The dataset must have 'cleaned_text' and 'mental_health_issue' columns.")
  
```

## Logistic Regression

```

# Remove rows with missing values in 'cleaned_text' column
dataset.dropna(subset=['cleaned_text'], inplace=True)

# Initialize the CountVectorizer and fit/transform the cleaned
# text
HPLRvectorizer = CountVectorizer()
X = HPLRvectorizer.fit_transform(dataset['cleaned_text'])

# Prepare the target variable
y = dataset['mental_health_issue']
# Split the dataset into Training and Test Sets
X_train, X_test, y_train, y_test = train_test_split(X, y,
test_size=0.2, random_state=42)

# Initialize the Logistic Regression model
HPLRmodel = LogisticRegression(max_iter=200)
# Define the hyperparameter grid for Randomized Search
param_distributions = {
    'C': [0.001, 0.01, 0.1, 1, 10, 100], 'penalty': ['l1', 'l2',
    'elasticnet', 'none'], 'solver': ['liblinear', 'saga']}

# Initialize RandomizedSearchCV
random_search = RandomizedSearchCV(estimator=HPLRmodel,
    param_distributions=param_distributions, n_iter=10, scoring='accuracy',
    cv=5, n_jobs=-1, random_state=42)

random_search.fit(X_train, y_train)
print("Best_Hyperparameters:", random_search.best_params_)
best_modelLR = random_search.best_estimator_
y_pred = best_modelLR.predict(X_test)

# Evaluate the model
accuracy = accuracy_score(y_test, y_pred)
print(f'Accuracy: {accuracy * 100:.2f}%')
# Print classification report
print("Classification_Report:\n", classification_report(y_test,
    y_pred))

```

The above code demonstrates a machine learning workflow for classifying mental health issues using LogisticRegression with hyperparameter tuning. The dataset is loaded using pandas, and a check ensures the presence of 'cleaned\_text' and 'mental\_health\_issue' columns. Missing values in 'cleaned\_text' are dropped to prevent processing errors. The textual data is transformed into a numerical format using CountVectorizer, which converts text into a bag-of-words representation. The dataset is then split into training and testing sets

using `train_test_split`. A logistic regression model is initialized, and the hyperparameter grid is defined, including parameters like `C` (inverse of regularization strength), `penalty`, and `solver`. Hyperparameter tuning is performed using `RandomizedSearchCV`, which searches for the best model configuration by sampling parameter combinations. The best model is used to make predictions on the test set, and evaluation metrics such as accuracy and a classification report are printed.

### K Nearest Neighbours

```
# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE
# Hyperparameter Tuning ON LOGISTIC REGRESSION

# Initialize the k-NN classifier
knn = KNeighborsClassifier()

# Define the hyperparameter grid for Randomized Search
param_distributions = {
    'n_neighbors': [3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 15, 14,
                    15, 16, 17, 18, 19, 20],
    # Different values for number of neighbors
    'metric': ['euclidean', 'manhattan', 'chebyshev', 'minkowski'],
    # Different distance metrics
    'weights': ['uniform', 'distance'] # Weighing options for
                                         # neighbors
}

# Initialize RandomizedSearchCV
random_search = RandomizedSearchCV(estimator=knn,
                                     param_distributions=param_distributions,
                                     n_iter=10, scoring='accuracy',
                                     cv=5, n_jobs=-1,
                                     random_state=42)

# Fit RandomizedSearchCV
random_search.fit(X_train, y_train)
# Best hyperparameters from Random Search
print("Best_Hyperparameters:", random_search.best_params_)
# Best model from Random Search
best_knn = random_search.best_estimator_
# Make predictions using the best model
y_pred = best_knn.predict(X_test)
```

The k-NN model is initialized without predefined parameters, and a hyperparameter grid is defined for tuning. This grid explores various values for the number of neighbors (`n_neighbors`), distance metrics (`metric`), and neighbor weighting options (`weights`). `RandomizedSearchCV` is then used to optimize these parameters by training multiple k-NN models with combinations

from the grid, evaluating them with 5-fold cross-validation, and scoring based on accuracy. The best combination of hyperparameters is identified and used to configure the final k-NN model.

### Support Vector Machine

```
# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE
Hyperparameter Tuning ON LOGISTIC REGRESSION

# Initialize the SVC model
model = SVC()

# Define the hyperparameter grid for Randomized Search
param_distributions = {
    'C': [0.1, 1, 10, 100],                      # Regularization
    'kernel': ['linear', 'rbf', 'poly'],            # Kernel types
    'gamma': ['scale', 'auto', 0.1, 1],             # Kernel coefficient
    'for rbf', 'poly', and 'sigmoid'
}

# Initialize RandomizedSearchCV
random_search = RandomizedSearchCV(estimator=model,
                                     param_distributions=param_distributions,
                                     n_iter=10, scoring='accuracy',
                                     cv=5, n_jobs=-1,
                                     random_state=42)

# Fit RandomizedSearchCV
random_search.fit(X_train, y_train)
# Best hyperparameters from Random Search
print("Best_Hyperparameters:", random_search.best_params_)
# Best model from Random Search
best_model = random_search.best_estimator_
# Make predictions using the best model
y_pred = best_model.predict(X_test)
```

The SVC model is initialized without predefined hyperparameters, and a hyperparameter grid is defined for tuning. This grid includes different values for the regularization parameter (C), kernel types (kernel), and the kernel coefficient (gamma). RandomizedSearchCV is employed to find the best combination of these parameters by evaluating multiple models with various hyperparameter combinations through 5-fold cross-validation, using accuracy as the scoring metric. The best set of hyperparameters is selected to configure the final SVC model.

## Naive Bayes

```

# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE
# Hyperparameter Tuning ON LOGISTIC REGRESSION

# Initialize the Naive Bayes model
naive_bayes_model = MultinomialNB()

# Define the parameter distribution for Randomized Search
param_distributions = {
    'alpha': uniform(0.001, 5.0) # Sampling alpha from a
        uniform distribution
}

# Initialize RandomizedSearchCV
random_search = RandomizedSearchCV(estimator=naive_bayes_model,
    param_distributions=param_distributions,
        n_iter=10, scoring='accuracy',
        cv=5, n_jobs=-1,
        random_state=42)

# Fit RandomizedSearchCV
random_search.fit(X_train, y_train)
# Best hyperparameters from Random Search
print("Best_Hyperparameters:", random_search.best_params_)
# Best model from Random Search
best_model = random_search.best_estimator_
# Make predictions using the best model
y_pred = best_model.predict(X_test)

```

The Naive Bayes model is initialized, and a parameter distribution for `alpha` is defined using a uniform distribution, sampling values between 0.001 and 5.0. `RandomizedSearchCV` is utilized to explore different values for `alpha` over 10 iterations, using 5-fold cross-validation and accuracy as the scoring metric. The best hyperparameters are identified and used to configure the final Naive Bayes model. The model is then tested on the unseen data (test set).

### 8.2.12 Tranformer based model for classification

#### Importing Libraries

```
import numpy as np
import pandas as pd
from sklearn.preprocessing import LabelEncoder
from sklearn.metrics import confusion_matrix,
    ConfusionMatrixDisplay
from tensorflow.keras.layers import MultiHeadAttention, Input,
    Dense, Embedding, GlobalAveragePooling1D, LayerNormalization,
    Layer
from tensorflow.keras.models import Model, Sequential
from tensorflow.keras.utils import to_categorical
from tensorflow.keras.layers import TextVectorization
import matplotlib.pyplot as plt
from tensorflow.data import Dataset
from tensorflow import convert_to_tensor, string, float32, shape
    , range, reshape
```

The provided Python code imports a set of essential libraries and modules used for data processing, machine learning, and neural network construction. NumPy and pandas are used for numerical computations and data manipulation, while scikit-learn provides tools like label encoding and confusion matrix evaluation. TensorFlow modules enable the construction of advanced deep learning architectures with layers such as multi-head attention and embeddings, alongside utilities for text vectorization and categorical encoding. Matplotlib is utilized for visualizations, and TensorFlow's Dataset API facilitates efficient data handling and pipeline creation for training models.

#### Load Dataset

```
from google.colab import files

# Upload the file
uploaded = files.upload()
# Load dataset
file_path = 'preprocessed_mental_health.csv'
data = pd.read_csv(file_path)

# Drop rows with missing cleaned_text
data = data.dropna(subset=['cleaned_text'])
# Extract features and labels
texts = data['cleaned_text'].astype(str).values
labels = data['mental_health_issue'].astype(str).values
```

This code snippet uses Google Colab's 'files' module to upload datasets interactively, enabling easy integration with cloud-based environments. It then loads a dataset in CSV format using pandas and preprocesses the data by dropping rows with missing values in the 'cleaned\_text' column. The 'cleaned\_text' column is used to extract the textual features, and the 'mental\_health\_issue' column provides the corresponding labels for classification tasks, both stored as NumPy arrays.

### Processing Labels and Text Vectorization

```
# Encode the labels
label_encoder = LabelEncoder()
encoded_labels = label_encoder.fit_transform(labels)
categorical_labels = to_categorical(encoded_labels)

# Get class names
class_names = label_encoder.classes_
print("Classes:", class_names)
# Define parameters
vocab_size = 25000
sequence_length = 300

# Vectorization layer
vectorize_layer = TextVectorization(max_tokens=vocab_size,
                                     output_sequence_length=sequence_length)

# Adapt vectorizer to texts
vectorize_layer.adapt(Dataset.from_tensor_slices(texts))
# Vectorize text data
texts_vectorized = vectorize_layer(convert_to_tensor(texts,
                                                       dtype=string))
```

This code snippet encodes textual labels into numerical format using the 'LabelEncoder' from scikit-learn and transforms them into categorical labels suitable for deep learning models. The class names are retrieved and displayed for reference. A 'TextVectorization' layer is defined with specified vocabulary size and sequence length to preprocess text data into numerical format. The vectorization layer is adapted to the text dataset, and the texts are vectorized into fixed-length sequences for model input.

## Define Transformer Model

```

class EmbeddingLayer(Layer):
    def __init__(self, sequence_length, vocab_size, embed_dim):
        super(EmbeddingLayer, self).__init__()
        self.word_embedding = Embedding(input_dim=vocab_size,
                                         output_dim=embed_dim)
        self.position_embedding = Embedding(input_dim=
                                         sequence_length, output_dim=embed_dim)

    def call(self, tokens):
        sequence_length = shape(tokens)[-1]
        positions = range(start=0, limit=sequence_length, delta
                           =1)
        positions_encoding = self.position_embedding(positions)
        words_encoding = self.word_embedding(tokens)
        return positions_encoding + words_encoding

class EncoderLayer(Layer):
    def __init__(self, total_heads, total_dense_units, embed_dim
                ):
        super(EncoderLayer, self).__init__()
        self.multihead = MultiHeadAttention(num_heads=
                                             total_heads, key_dim=embed_dim)
        self.nnw = Sequential([Dense(total_dense_units,
                                     activation="relu"), Dense(embed_dim)])
        self.normalize_layer = LayerNormalization()

    def call(self, inputs):
        attn_output = self.multihead(inputs, inputs)
        normalize_attn = self.normalize_layer(inputs +
                                              attn_output)
        nnw_output = self.nnw(normalize_attn)
        final_output = self.normalize_layer(normalize_attn +
                                            nnw_output)
        return final_output

# Model parameters
embed_dim = 64
num_heads = 2
total_dense_units = 60

# Define the model
inputs = Input(shape=(sequence_length,))
embedding_layer = EmbeddingLayer(sequence_length, vocab_size,
                                 embed_dim)
encoder_layer = EncoderLayer(num_heads, total_dense_units,
                            embed_dim)

```

## Define Transformer Model

```

emb = embedding_layer(inputs)
enc = encoder_layer(emb)
pool = GlobalAveragePooling1D()(enc)
dense = Dense(total_dense_units, activation="relu")(pool)
outputs = Dense(len(class_names), activation="softmax")(dense)

transformer_model = Model(inputs=inputs, outputs=outputs)
transformer_model.compile(optimizer="adamw", loss="categorical_crossentropy", metrics=['accuracy'])
transformer_model.summary()

```

This code snippet defines a transformer-based model for text classification. The ‘EmbeddingLayer’ class creates embeddings for both words and their positions in the sequence, allowing the model to consider positional context. The ‘EncoderLayer’ class implements an attention mechanism using multi-head attention and dense layers, followed by normalization for improved training stability. The model incorporates these layers to process tokenized input sequences, aggregates information with global pooling, and predicts class probabilities through dense layers with softmax activation. The model is compiled with the AdamW optimizer and categorical crossentropy loss for multi-class classification tasks.

Layer (type)	Output Shape	Param #
input_layer (InputLayer)	(None, 300)	0
embedding_layer (EmbeddingLayer)	(None, 300, 64)	1,619,200
encoder_layer (EncoderLayer)	(None, 300, 64)	41,148
global_average_pooling1d (GlobalAveragePooling1D)	(None, 64)	0
dense_2 (Dense)	(None, 60)	3,900
dense_3 (Dense)	(None, 5)	305

Total params: 1,664,553 (6.35 MB)  
Trainable params: 1,664,553 (6.35 MB)  
Non-trainable params: 0 (0.00 B)

Figure 25: Transformer Model Summary

### Train Transformer Model

```

# Split data into train and validation
from sklearn.model_selection import train_test_split
import numpy as np # Import numpy

# Convert the TensorFlow tensor to a NumPy array
texts_vectorized_np = texts_vectorized.numpy()

# Now perform the split
X_train, X_val, y_train, y_val = train_test_split(
    texts_vectorized_np, categorical_labels, test_size=0.2,
    random_state=42
)

# Train the model
history = transformer_model.fit(
    X_train, y_train,
    validation_data=(X_val, y_val),
    batch_size=32,
    epochs=5
)

```

This code performs the crucial steps of splitting the dataset into training and validation sets, followed by training the transformer-based model. The `train_test_split` function from the `sklearn.model_selection` module is used to divide the data, ensuring that 20% of the data is set aside for validation while maintaining a random state for reproducibility. Before splitting, the vectorized text data, originally in TensorFlow tensor format, is converted to a NumPy array using the `numpy()` method. This conversion facilitates seamless integration with scikit-learn functions. The training process involves the `fit` method of the transformer model. Here, the training features (`X_train`) and labels (`y_train`) are passed to the model, alongside the validation data (`X_val` and `y_val`) for evaluating the model's performance on unseen data during training. A batch size of 32 ensures that the data is processed in manageable chunks, balancing computational efficiency and learning stability. The training is conducted over 5 epochs, allowing the model to iteratively adjust its weights to minimize the loss function. The resulting `history` object captures the training and validation metrics for each epoch, which can be used for performance analysis and visualization.

## ASMPFMHDD

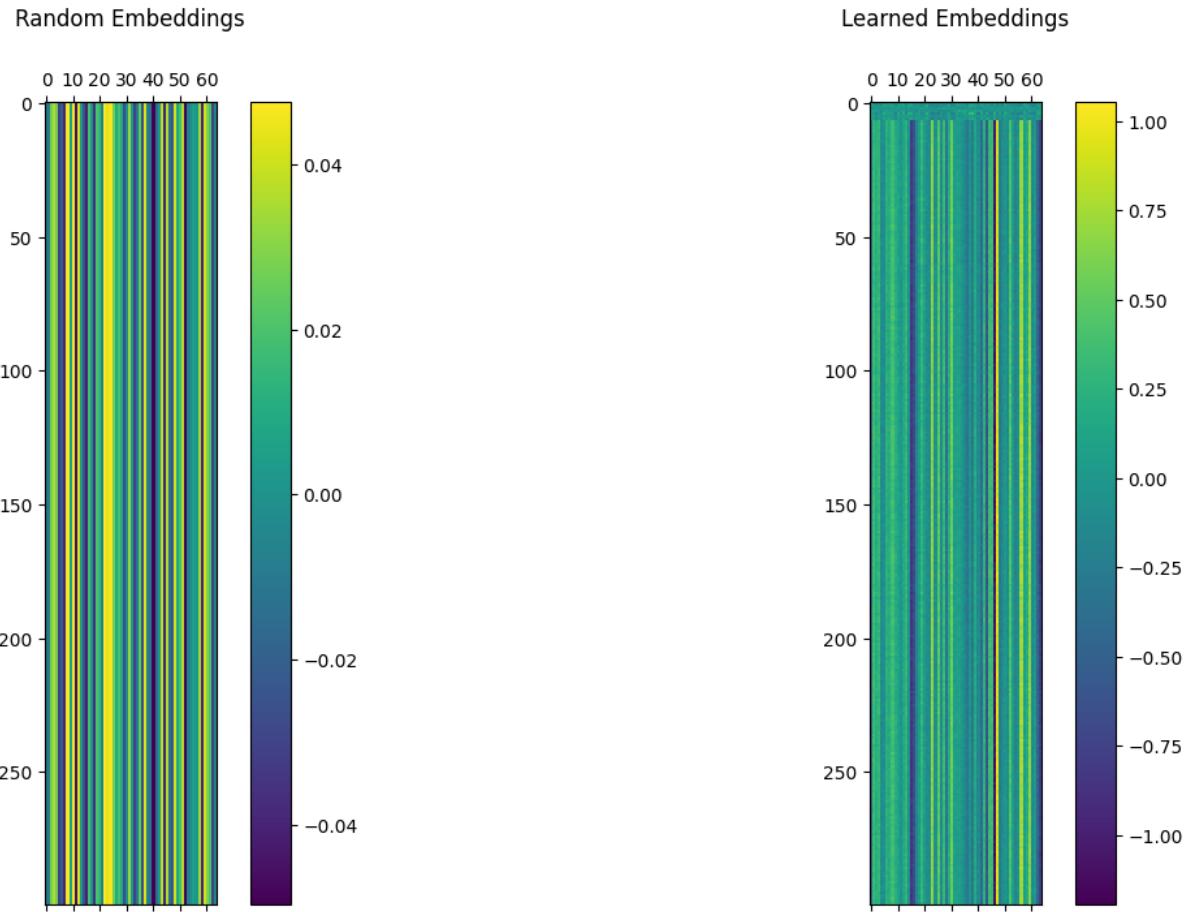


Figure 26: Transformer Model Random and Learned Embeddings

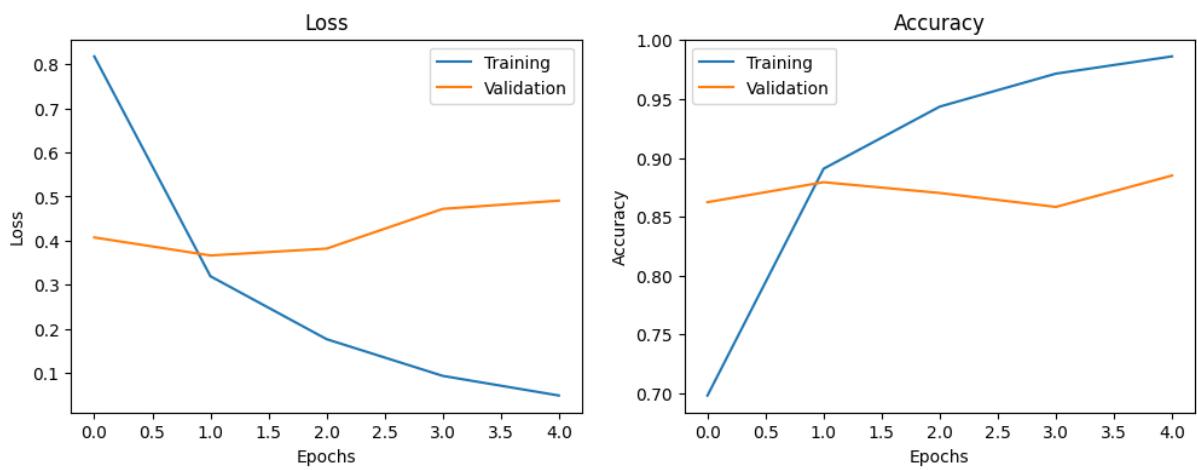


Figure 27: Transformer Epoch, Loss, Accuracy

### 8.2.13 Ensemble Models

**Ensemble Model 1 (Stacking): Logistic Regression, XGBoost as base models and Logistic Regression as the meta learner.**

#### Ensemble Model 1 : Loading and Preprocessing

```

import pickle
from sklearn.ensemble import StackingClassifier
from sklearn.linear_model import LogisticRegression
from sklearn.metrics import accuracy_score,
    classification_report
import xgboost as xgb
import pandas as pd

# Load the Logistic Regression model and vectorizer
with open('LRmodel.pkl', 'rb') as file:
    lr_model = pickle.load(file)
with open('LRvectorizer.pkl', 'rb') as file:
    lr_vectorizer = pickle.load(file)
# Load the XGBoost model, label encoder, and TF-IDF vectorizer
with open('xgb_model.pkl', 'rb') as file:
    xgb_model = pickle.load(file)
with open('label_encoder.pkl', 'rb') as file:
    label_encoder = pickle.load(file)
with open('tfidf_vectorizer.pkl', 'rb') as file:
    tfidf_vectorizer = pickle.load(file)

```

This Python code is centered around preparing a machine learning workflow by loading pre-trained models and their corresponding preprocessing tools. It begins by importing essential libraries for model evaluation and stacking. The `pickle` library is specifically used to load serialized Python objects, enabling the restoration of previously trained models and utilities saved as `.pkl` files. The first part of the code loads a Logistic Regression model along with its associated vectorizer. The Logistic Regression model is deserialized from the `LRmodel.pkl` file, which represents a trained model capable of predicting outcomes based on vectorized text data. The corresponding vectorizer, stored in `LRvectorizer.pkl`, is also loaded. This vectorizer, likely a `CountVectorizer`, converts raw text into numerical feature vectors, which serve as the input for the Logistic Regression model. By loading these components, the workflow ensures consistency with the preprocessing and modeling steps used during training. In the next section, the code loads an XGBoost model alongside its associated tools. The XGBoost model is deserialized from `xgb_model.pkl` and represents another trained model designed to classify text data. To facilitate this, the code also loads a label encoder from `label_encoder.pkl`. The label encoder is responsible for mapping textual class la-

belts (e.g., "depression" or "normal") to numerical values required by machine learning models. Furthermore, the `tfidf_vectorizer.pkl` is loaded to preprocess text data using the Term Frequency-Inverse Document Frequency (TF-IDF) approach, which captures the importance of words in a document relative to a corpus. This ensures that the input text is transformed in a manner consistent with the original training setup of the XGBoost model. The design of this code emphasizes efficiency and consistency by leveraging pre-trained components. Instead of retraining models, it restores them from their serialized forms, enabling immediate use for predictions or integration into ensemble learning setups. This approach also ensures that text preprocessing remains identical to the training phase, avoiding discrepancies in input data handling. By combining these tools, the foundation is laid for complex tasks such as making predictions or building advanced models like stacked classifiers.

#### Ensemble Model 1 : Data Preparation

```

# Load the test dataset
data = pd.read_csv('preprocessed_mental_health.csv')

# Check if 'cleaned_text' column exists
if 'cleaned_text' not in data.columns:
    raise ValueError("The dataset must have a 'cleaned_text' column.")

# Remove rows with missing values in 'cleaned_text'
data.dropna(subset=['cleaned_text'], inplace=True)

# Split features and target
X_test = data['cleaned_text']
y_test = data['mental_health_issue']

# Encode target labels
y_test = label_encoder.transform(y_test)

# Transform the text using the respective vectorizers
X_test_lr = lr_vectorizer.transform(X_test) # Logistic Regression vectorizer
X_test_xgb = tfidf_vectorizer.transform(X_test) # XGBoost vectorizer

```

This code snippet focuses on preparing the test dataset for evaluation with pre-trained machine learning models, specifically Logistic Regression and XGBoost. First, the test dataset is loaded from a CSV file named `preprocessed_mental_health.csv` using `pd.read_csv`. The dataset is expected to have been preprocessed earlier, containing features and corresponding labels. The code then checks for the existence of a critical column named `cleaned_text`.

If this column is missing, a `ValueError` is raised, ensuring that the dataset meets the required format for subsequent steps. Next, the code removes rows with missing values in the `cleaned_text` column using `data.dropna`. This step ensures the dataset is clean and free of incomplete rows that could potentially cause errors during text transformation or model evaluation. After this cleaning process, the dataset is split into features (`X_test`) and target labels (`y_test`). The features contain the preprocessed text, while the target labels represent the mental health issues corresponding to each text entry. The target labels in `y_test` are then encoded into numerical format using a preloaded `label_encoder`. This encoding is crucial because machine learning models require numerical representations of categorical labels for classification tasks. By transforming the labels to integers, the encoded labels are consistent with the classes used during the model's training phase. Finally, the text data in `X_test` is vectorized using two pre-trained vectorizers. The `lr_vectorizer`, likely a `CountVectorizer` or similar, is applied to produce feature vectors suitable for the Logistic Regression model. Simultaneously, the `tfidf_vectorizer` is applied to transform the same text data into feature vectors optimized for the XGBoost model. These transformations ensure that the test data aligns with the feature representations learned by the respective models during training. This setup allows for seamless evaluation of the Logistic Regression and XGBoost models on the same dataset, maintaining consistency with their training configurations.

#### Ensemble Model 1 : Combine Base Model Predictions

```
import numpy as np

# Get predictions from the base models
lr_predictions_proba = lr_model.predict_proba(X_test_lr)
xgb_predictions_proba = xgb_model.predict_proba(X_test_xgb)

# Combine predictions as new features
stacked_features = np.hstack((lr_predictions_proba,
    xgb_predictions_proba))
```

This Python code demonstrates a fundamental step in stacking ensemble learning by combining the prediction probabilities of base models into a single feature set. The process begins with obtaining predictions from two pre-trained models: a Logistic Regression model (`lr_model`) and an XGBoost model (`xgb_model`). These models generate class probability distributions for the test dataset, which are then used as input features for a meta-learner in an ensemble framework. First, the code uses the `predict_proba` method of each model to calculate the probabilities associated with each class for every test instance. For the Logistic Regression model, the feature set (`X_test_lr`) is passed to `lr_model.predict_proba`,

producing a 2D array (`lr_predictions_proba`) where each row contains the class probabilities for a corresponding instance. Similarly, the XGBoost model processes its input features (`X_test_xgb`) to generate a comparable 2D array (`xgb_predictions_proba`) of class probabilities. Next, the code combines these probability arrays to form a new feature set, referred to as `stacked_features`. This is accomplished using the `np.hstack` function from the NumPy library, which horizontally stacks the arrays column-wise. The resulting `stacked_features` array contains concatenated probability distributions from both models for each instance. For example, if there are three classes and 100 instances, the combined feature set will have 100 rows and six columns (three from each model). This stacked feature set serves as input to a meta-learner, enabling it to make final predictions by leveraging the strengths of both base models. By integrating predictions in this manner, the stacking approach aims to improve classification performance by reducing errors associated with individual models. The meta-learner effectively learns how to optimally combine these predictions to produce more accurate outcomes.

#### Ensemble Model 1 : Train Meta-Learner

```
# Train meta-learner using combined features (optional step if
# not pre-trained)
X_train_meta, y_train_meta = stacked_features, y_test # Example
# using test data as meta-training data

meta_learner = LogisticRegression(max_iter=5000)
meta_learner.fit(X_train_meta, y_train_meta)

# Save the trained meta-learner
with open('meta_learner.pkl', 'wb') as file:
    pickle.dump(meta_learner, file)
```

This Python code focuses on training a meta-learner in the context of stacking ensemble learning. A meta-learner is a secondary machine learning model trained on the outputs of base models, with the goal of combining their predictions to achieve higher accuracy and robustness. The first step involves defining the training data for the meta-learner. The variable `X_train_meta` is set to the combined feature set (`stacked_features`), which contains the concatenated prediction probabilities from base models like Logistic Regression and XGBoost. These features represent the likelihood of each class for every instance, as estimated by the base models. The variable `y_train_meta` holds the true labels (`y_test`), which are used as the target variable for training the meta-learner. The code then initializes a Logistic Regression model as the meta-learner. The parameter `max_iter=5000` ensures that the optimization process has sufficient iterations to converge, particularly for complex datasets or large feature sets. The `fit` method is called to train the meta-learner using the stacked features and

corresponding labels. During this training process, the meta-learner learns how to optimally combine the prediction probabilities from the base models to produce more accurate final predictions. After training, the code saves the meta-learner to a file named `meta_learner.pkl` using the `pickle.dump` function. This step serializes the trained model, enabling its reuse for future predictions without needing to retrain it. By saving the meta-learner, the workflow becomes more efficient, as the combined expertise of the base models and the meta-learner can be leveraged in subsequent tasks. This approach exemplifies the flexibility and power of stacking ensemble learning, where a meta-learner synthesizes the strengths of multiple base models to enhance predictive performance. The ability to save the meta-learner ensures that this improved model can be deployed in practical applications with minimal computational overhead.

#### Ensemble Model 1 : Evaluate Meta-Learner and Ensemble Model

```
from sklearn.metrics import confusion_matrix

# Load the pre-trained meta-learner
with open('meta_learner.pkl', 'rb') as file:
    meta_learner = pickle.load(file)

# Predict using the meta-learner
final_predictions = meta_learner.predict(stacked_features)

# Evaluate the ensemble model
accuracy = accuracy_score(y_test, final_predictions)
report = classification_report(y_test, final_predictions,
                                target_names=label_encoder.classes_)

print(f"Accuracy: {accuracy * 100:.2f}%")
print("Classification Report:\n", report)
# Print confusion matrix
print("Confusion Matrix:\n", confusion_matrix(y_test,
                                              final_predictions))
```

This Python code evaluates the performance of a stacking ensemble model, specifically focusing on the meta-learner. The workflow begins by loading the pre-trained meta-learner from a file named `meta_learner.pkl`. Using the `pickle.load` function, the serialized meta-learner model is deserialized and prepared for making predictions. The next step involves generating predictions with the meta-learner. The model uses the stacked features, which are the combined prediction probabilities from the base models (e.g., Logistic Regression and XGBoost). The `predict` method of the meta-learner outputs the final predicted labels for the test data. To evaluate the ensemble model's effectiveness, the code computes its accuracy using the `accuracy_score` function. Accuracy is expressed as the percentage

of correctly classified instances relative to the total instances in the test set. Additionally, the `classification_report` function is used to generate a detailed performance summary. This report includes precision, recall, F1-score, and support for each mental health class. The `target_names` parameter ensures that the report associates the predicted numerical labels with their corresponding class names, as encoded by the label encoder. The evaluation also involves generating a confusion matrix, which provides an in-depth view of the classification performance. The `confusion_matrix` function compares the true labels (`y_test`) with the predicted labels (`final_predictions`), resulting in a matrix that shows the counts of true positives, true negatives, false positives, and false negatives for each class. Finally, the accuracy, classification report, and confusion matrix are printed to the console. This comprehensive evaluation allows the user to assess the ensemble model's overall performance, identify any weaknesses (e.g., misclassifications for specific classes), and confirm the effectiveness of the meta-learner in combining predictions from base models. This structured approach to evaluation underscores the advantages of stacking ensemble learning, demonstrating how the combined insights from multiple base models and a meta-learner can lead to robust predictions and meaningful performance metrics.

In ensemble learning, combining different models like Logistic Regression and XGBoost often leads to improved results due to their complementary strengths. Logistic Regression, being a linear model, excels in problems where the relationship between features is linear. It is simple, interpretable, and computationally efficient, making it effective for text-based classification tasks when the relationship between the features (such as word counts or TF-IDF scores) and the target variable is linear. However, Logistic Regression has some limitations: it struggles with capturing complex non-linear relationships and can perform poorly when the data is highly imbalanced or when there are interactions between features that the model cannot capture. On the other hand, XGBoost (Extreme Gradient Boosting) is a powerful tree-based model that can capture complex, non-linear relationships and interactions between features, making it particularly effective for handling large, noisy, and high-dimensional datasets like text. It builds an ensemble of decision trees and iteratively improves the model by minimizing errors. However, XGBoost also has its drawbacks. It requires careful tuning of hyperparameters (e.g., learning rate, number of trees, and tree depth) and can be computationally expensive, especially for large datasets. Additionally, while it can model non-linear relationships well, it lacks the interpretability of simpler models like Logistic Regression. By combining Logistic Regression and XGBoost in an ensemble learning setup, the two models can complement each other. Logistic Regression can provide a robust baseline when the relationships between features are linear, while XGBoost can enhance the model's ability to capture more complex patterns. This hybrid approach leverages the strengths of both models—Logistic Regression's simplicity and speed, alongside XGBoost's power in modeling complex interactions.

**Ensemble Model 2 (Stacking and Boosting): Logistic Regression, Naive Bayes, SVM, LSTM, XGBoost as base models and XGboost as the meta learner.**

Evaluate Meta-Learner and Ensemble Model 2

```

# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE Ensemble
Model 1 BY IMPORTING THE NECESSARY LIBRARIES, LOADING THE
MODELS, AND PREPROCESSING THE DATA

# Process the text for each model
X_test_lr = lr_vectorizer.transform(X_test)    # Logistic
                                                Regression vectorizer
X_test_svm = svm_vectorizer.transform(X_test)   # SVM vectorizer
X_test_xgb = tfidf_vectorizer.transform(X_test) # XGBoost
                                                vectorizer
X_test_nb = nb_vectorizer.transform(X_test)     # Naive Bayes
                                                vectorizer
X_test_lstm = lstm_tokenizer.texts_to_sequences(X_test) # LSTM
                                                tokenizer

# Pad sequences for LSTM
X_test_lstm = pad_sequences(X_test_lstm, maxlen=100, padding='post',
                           truncating='post')

# Get predictions from the base models
lr_predictions_proba = lr_model.predict_proba(X_test_lr)    #
                                                Logistic Regression probabilities
svm_predictions_proba = svm_model.predict_proba(X_test_svm)  #
                                                SVM probabilities
xgb_predictions_proba = xgb_model.predict_proba(X_test_xgb)  #
                                                XGBoost probabilities
nb_predictions_proba = nb_model.predict_proba(X_test_nb)    #
                                                Naive Bayes probabilities
lstm_predictions_proba = lstm_model.predict(X_test_lstm)    #
                                                LSTM probabilities

# Stack the predictions of all models to create the feature
matrix for the meta-learner
stacked_features = np.hstack((
    lr_predictions_proba,
    svm_predictions_proba,
    xgb_predictions_proba,
    nb_predictions_proba,
    lstm_predictions_proba
))

```

## Evaluate Meta-Learner and Ensemble Model 2

```

# Train the meta-learner (XGBoost as the meta-learner)
meta_learner_xgb = XGBClassifier(use_label_encoder=False,
    eval_metric='mlogloss')
meta_learner_xgb.fit(stacked_features, y_test)

# Save the trained XGBoost meta-learner
with open('meta_learner_xgb.pkl', 'wb') as file:
    pickle.dump(meta_learner_xgb, file)

# Predict using the XGBoost meta-learner
final_predictions_xgb = meta_learner_xgb.predict(
    stacked_features)

```

Specifically, models for logistic regression, SVM, Naive Bayes, XGBoost, and LSTM are loaded along with their respective vectorizers or tokenizers. These models are already trained and saved previously, allowing the script to reuse them for making predictions on new data. Next, the script loads the test dataset, which contains preprocessed mental health-related text in a column called `cleaned_text`. It ensures that no rows with missing values are present in this column by dropping such rows. The target variable, `mental_health_issue`, which indicates whether a mental health issue is present, is also extracted. This target variable is then encoded using a label encoder that was previously saved. Encoding is essential because machine learning models require numerical labels rather than categorical ones. For each model, the script prepares the test data differently. The text data is processed using the corresponding vectorizer or tokenizer to convert the text into numerical features that the models can understand. For models like logistic regression, SVM, Naive Bayes, and XGBoost, the test data is transformed into feature matrices using their respective vectorizers, such as `lr_vectorizer` for logistic regression and `svm_vectorizer` for the SVM model. In contrast, the LSTM model requires tokenized sequences, so the `lstm_tokenizer` is used to convert the text into sequences of integers. Since the LSTM model requires fixed-length input, the sequences are padded to a maximum length of 100 tokens using `pad_sequences`.

After transforming the data, the script proceeds to generate predictions from each model. The predictions for each model are given in the form of probabilities (instead of class labels), using methods like `predict_proba()`. These probabilities represent the model's confidence in each class for a given input. For the LSTM model, the prediction probabilities are generated using `model.predict()`, which outputs the probability distribution across possible classes. With these prediction probabilities in hand, the script constructs a feature matrix for the meta-learner, which is an ensemble learning method that combines the predictions of the base

models. This meta-learner is an XGBoost classifier, which is a powerful machine learning algorithm known for its efficiency and predictive accuracy. The probabilities predicted by each base model are stacked together using `np.hstack()`, creating a combined feature vector for each sample in the dataset. These stacked features are then used to train the XGBoost meta-learner model. The trained meta-learner, now stored in `meta_learner_xgb`, is used to make final predictions. These predictions represent the ensemble decision, which ideally benefits from the strengths of all the base models. The script then evaluates the performance of the meta-learner using accuracy, classification report, and confusion matrix. Accuracy gives an overall percentage of correctly classified instances, while the classification report provides detailed metrics like precision, recall, and F1-score for each class. The confusion matrix helps visualize the performance of the classifier, showing how many samples were correctly or incorrectly classified for each class. Finally, the trained meta-learner is saved to disk using `pickle.dump()` for future use, so it can be reused to make predictions on new data without retraining. This entire process ensures that the ensemble model, which combines the strengths of different classifiers, is capable of making robust predictions on the mental health issue dataset.

### **Ensemble Model 3 (Stacking): Logistic Regression, Naive Bayes, SVM, LSTM, XGBoost as base models and Random Forest as the meta learner.**

#### Evaluate Meta-Learner and Ensemble Model 3

```
# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE Ensemble
# Model 1 BY IMPORTING THE NECESSARY LIBRARIES, LOADING THE
# MODELS, AND PREPROCESSING THE DATA

# Get individual model probabilities
lr_predictions_proba = lr_model.predict_proba(X_test_lr)
svm_predictions_proba = svm_model.predict_proba(X_test_svm)
nb_predictions_proba = nb_model.predict_proba(X_test_nb)
xgb_predictions_proba = xgb_model.predict_proba(X_test_xgb)
lstm_predictions_proba = lstm_model.predict(X_test_lstm)

# Stack the predictions to create the feature matrix for the
# meta-learner
stacked_features = np.hstack((
    lr_predictions_proba, svm_predictions_proba,
    nb_predictions_proba, xgb_predictions_proba,
    lstm_predictions_proba
))
```

### Evaluate Meta-Learner and Ensemble Model 3

```

# Train Random Forest as the meta-learner
meta_learner_rf = RandomForestClassifier(
    max_depth=None, min_samples_split=20, min_samples_leaf=1,
    max_features='sqrt', bootstrap=False, random_state=42
)
meta_learner_rf.fit(stacked_features, y_test)

# Save the trained Random Forest meta-learner
with open('meta_learner_rf.pkl', 'wb') as file:
    pickle.dump(meta_learner_rf, file)

# Predict using the Random Forest meta-learner
final_predictions_rf = meta_learner_rf.predict(stacked_features)

```

In this section, we evaluate the performance of the Random Forest meta-learner model in the ensemble. The code loads various pre-trained models and their respective vectorizers, processes the test data, and then stacks the predictions from each model to form a feature matrix. The Random Forest classifier is then trained as a meta-learner using this stacked feature matrix. After training, the model's accuracy is calculated, and the classification report and confusion matrix are displayed to assess its performance. This ensemble approach combines the strengths of individual models, improving the overall classification accuracy for mental health issue prediction.

### **Ensemble Model 4 (Bagging): Logistic Regression, Naive Bayes, SVM, LSTM, XGBoost as base models.**

### Evaluate Bagging Meta-Learner and Ensemble Model 4

```

# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE Ensemble
Model 1 BY IMPORTING THE NECESSARY LIBRARIES, LOADING THE
MODELS, AND PREPROCESSING THE DATA

# Get individual model probabilities
lr_predictions_proba = lr_model.predict_proba(X_test_lr)
svm_predictions_proba = svm_model.predict_proba(X_test_svm)
nb_predictions_proba = nb_model.predict_proba(X_test_nb)
xgb_predictions_proba = xgb_model.predict_proba(X_test_xgb)
lstm_predictions_proba = lstm_model.predict(X_test_lstm)

```

## Evaluate Meta-Learner and Ensemble Model 4

```

# Stack the predictions to create the feature matrix for the
meta-learner
stacked_features = np.hstack((
    lr_predictions_proba, svm_predictions_proba,
    nb_predictions_proba, xgb_predictions_proba,
    lstm_predictions_proba
))

# Train BaggingClassifier as the ensemble model
meta_learner_bagging = BaggingClassifier(
    n_estimators=50,                      # Number of base models
    max_samples=0.8,                      # Fraction of the dataset for
                                         each model
    max_features=0.8,                    # Fraction of features for each
                                         model
    bootstrap=True,                      # Whether to bootstrap samples
    random_state=42                      # For reproducibility
)
meta_learner_bagging.fit(stacked_features, y_test)

# Save the trained Bagging meta-learner
with open('meta_learner_bagging.pkl', 'wb') as file:
    pickle.dump(meta_learner_bagging, file)

# Predict using the Bagging meta-learner
final_predictions_bagging = meta_learner_bagging.predict(
    stacked_features)

```

In this section, the performance of the Bagging ensemble model is evaluated. The process begins by loading pre-trained models and their vectorizers, along with the test dataset. After preprocessing the text data for each model, the individual model probabilities are obtained. These predictions are then stacked to form a feature matrix that is fed into the BaggingClassifier, which is trained as a meta-learner. The accuracy, classification report, and confusion matrix are computed to assess the performance of the Bagging meta-learner on the test data.

**Ensemble Model 5 (Blending): Logistic Regression, Naive Bayes, SVM, LSTM, XGBoost as base models and Random Forest as the meta learner.**

Blending with Random Forest as Meta-Learner

```

# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE Ensemble
Model 1 BY IMPORTING THE NECESSARY LIBRARIES, LOADING THE
MODELS, AND PREPROCESSING THE DATA

# Preprocess the text for the training set
X_train_lr = lr_vectorizer.transform(X_train)
X_train_svm = svm_vectorizer.transform(X_train)
X_train_nb = nb_vectorizer.transform(X_train)
X_train_xgb = tfidf_vectorizer.transform(X_train)
X_train_lstm = lstm_tokenizer.texts_to_sequences(X_train)
X_train_lstm = pad_sequences(X_train_lstm, maxlen=100, padding='post',
                             truncating='post')

# Train base models
lr_model.fit(X_train_lr, y_train)
svm_model.fit(X_train_svm, y_train)
nb_model.fit(X_train_nb, y_train)
xgb_model.fit(X_train_xgb, y_train)

# Recompile the LSTM model to reset the optimizer
lstm_model.compile(optimizer='adam', loss='categorical_crossentropy', metrics=['accuracy'])

# Train the LSTM model with one-hot encoded labels
lstm_model.fit(X_train_lstm, y_train_one_hot, epochs=3,
                batch_size=32) # Adjust epochs and batch size as needed

# Preprocess the text for the holdout set
X_holdout_lr = lr_vectorizer.transform(X_holdout)
X_holdout_svm = svm_vectorizer.transform(X_holdout)
X_holdout_nb = nb_vectorizer.transform(X_holdout)
X_holdout_xgb = tfidf_vectorizer.transform(X_holdout)
X_holdout_lstm = lstm_tokenizer.texts_to_sequences(X_holdout)
X_holdout_lstm = pad_sequences(X_holdout_lstm, maxlen=100,
                               padding='post', truncating='post')

```

## Blending with Random Forest as Meta-Learner

```

# Get predictions from base models on the holdout set
lr_predictions_proba = lr_model.predict_proba(X_holdout_lr)
svm_predictions_proba = svm_model.predict_proba(X_holdout_svm)
nb_predictions_proba = nb_model.predict_proba(X_holdout_nb)
xgb_predictions_proba = xgb_model.predict_proba(X_holdout_xgb)
lstm_predictions_proba = lstm_model.predict(X_holdout_lstm)

# Stack the predictions to create the feature matrix for the
meta-learner (blending)
stacked_features = np.hstack((
    lr_predictions_proba, svm_predictions_proba,
    nb_predictions_proba, xgb_predictions_proba,
    lstm_predictions_proba
))

# Train Random Forest as the meta-learner
meta_learner_rf = RandomForestClassifier(
    max_depth=None, min_samples_split=20, min_samples_leaf=1,
    max_features='sqrt', bootstrap=False, random_state=42
)

# Fit the meta-learner using the predictions from the base
models (holdout set)
meta_learner_rf.fit(stacked_features, y_holdout)

# Save the trained Random Forest meta-learner
with open('meta_learner_rf_blending.pkl', 'wb') as file:
    pickle.dump(meta_learner_rf, file)

# Predict using the Random Forest meta-learner on the holdout
set
final_predictions_rf = meta_learner_rf.predict(stacked_features)

```

This code implements a blending approach to improve classification performance by combining the predictions of multiple base models through a Random Forest meta-learner. Initially, several machine learning models (Logistic Regression, SVM, Naive Bayes, XGBoost, and LSTM) are trained individually using the provided dataset. The dataset is split into training and holdout sets to facilitate the blending process. The models are then evaluated on the holdout set, and their prediction probabilities are obtained. These prediction probabilities from each model are stacked together to create a feature matrix, which is then used as input to a Random Forest classifier, acting as the meta-learner. The goal is to leverage the diversity in predictions from the base models to make more accurate final predictions. The Random Forest meta-learner

is trained using this stacked feature matrix, and its performance is evaluated on the holdout set. The final output includes the accuracy, classification report, and confusion matrix of the Random Forest meta-learner, which represents the blended model's effectiveness. By blending the base models' predictions, the Random Forest meta-learner aims to capture the strengths of each model and improve overall classification performance, reducing the likelihood of errors from any single model.

### **Ensemble Model 6 (Weighted Voting): Logistic Regression, Naive Bayes, SVM, LSTM, XGBoost as base models.**

#### Weighted Voting Ensemble for Classification

```
# KEEPING THE EXACT SAME IMPLEMENTATION CODE AS THE Ensemble
# Model 1 BY IMPORTING THE NECESSARY LIBRARIES, LOADING THE
# MODELS, AND PREPROCESSING THE DATA

# Preprocess the text
X_test_lr = lr_vectorizer.transform(X_test)
X_test_svm = svm_vectorizer.transform(X_test)
X_test_nb = nb_vectorizer.transform(X_test)
X_test_xgb = tfidf_vectorizer.transform(X_test)
X_test_lstm = lstm_tokenizer.texts_to_sequences(X_test)
X_test_lstm = pad_sequences(X_test_lstm, maxlen=100, padding='post',
                             truncating='post')

# Get individual model probabilities
lr_predictions_proba = lr_model.predict_proba(X_test_lr)
svm_predictions_proba = svm_model.predict_proba(X_test_svm)
nb_predictions_proba = nb_model.predict_proba(X_test_nb)
xgb_predictions_proba = xgb_model.predict_proba(X_test_xgb)
lstm_predictions_proba = lstm_model.predict(X_test_lstm)

# Define weights for models (based on prior performance or
# experimentation)
weights = {
    'lr': 0.25, # Logistic Regression
    'svm': 0.2, # SVM
    'nb': 0.15, # Naive Bayes
    'xgb': 0.25, # XGBoost
    'lstm': 0.15 # LSTM
}
```

### Weighted Voting Ensemble for Classification

```
# Weighted sum of probabilities
final_predictions_proba = (
    weights['lr'] * lr_predictions_proba + weights['svm'] *
    svm_predictions_proba + weights['nb'] *
    nb_predictions_proba + weights['xgb'] *
    xgb_predictions_proba + weights['lstm'] *
    lstm_predictions_proba
)

# Final predictions based on maximum weighted probability
final_predictions = np.argmax(final_predictions_proba, axis=1)
```

This code demonstrates the use of a weighted voting ensemble to classify mental health issues based on text data. The main goal of this approach is to combine the outputs from multiple base models—Logistic Regression, SVM, Naive Bayes, XGBoost, and LSTM—into a single, stronger prediction. Each of these models provides predicted probabilities for each class, and these probabilities are then combined using a weighted sum. The weights are assigned based on the individual performance of each model, which can be adjusted based on prior experimentation or evaluation. The ensemble's final prediction is made by taking the class with the highest probability after the weighted sum. This is a form of soft voting where the model probabilities, rather than just the final class labels, are combined. This method allows for more flexibility and the potential for better overall performance compared to simply choosing the most frequent class among the base models (hard voting). The text input is preprocessed for each model using appropriate vectorizers or tokenizers. Logistic Regression, SVM, Naive Bayes, and XGBoost models use TF-IDF or other feature extraction techniques, while the LSTM model processes the text sequences directly. After obtaining predictions from all models, the weighted sum of their probabilities is computed. The final class predictions are derived by selecting the class with the highest weighted probability. The ensemble model's performance is evaluated on the test set using accuracy, classification report, and confusion matrix. This method takes advantage of the strengths of each individual model while mitigating their weaknesses, aiming for better generalization and accuracy in classifying mental health issues from text.

**Ensemble Model 7 (Stacking and using Transformer): Logistic Regression, Naive Bayes, SVM, LSTM, Transformer, XGBoost as base models and Random Forest as the meta learner.**

### Ensemble Model 7

```

from sklearn.metrics import accuracy_score,
    classification_report, confusion_matrix
from sklearn.ensemble import RandomForestClassifier
from tensorflow.keras.models import load_model, Model
from tensorflow.keras.utils import pad_sequences,
    custom_object_scope
from tensorflow.keras.layers import MultiHeadAttention, Input,
    Dense, Embedding, GlobalAveragePooling1D, LayerNormalization,
    Layer
from tensorflow.keras.optimizers import Adam
from tensorflow.keras.models import Model, Sequential
from tensorflow.keras.utils import to_categorical
from sklearn.model_selection import train_test_split,
    cross_val_score
from tensorflow.keras.optimizers import Adam

# load all pickle files
# Load the saved transformer model with custom objects
custom_objects = {"EmbeddingLayer": EmbeddingLayer, "EncoderLayer":
    ": EncoderLayer"}
transformer_model = load_model('Ttransformer_model.h5',
    custom_objects=custom_objects)
# Preprocess the text for the transformer model
# Get probabilities from the transformer model
transformer_predictions_proba = transformer_model.predict(
    X_test_transformer)
# Stack the predictions to create the feature matrix for the
meta-learner

```

This code integrates a transformer-based model into an existing ensemble learning approach, enhancing its predictive capabilities. Initially, the required libraries are imported, including TensorFlow, NumPy, pandas, and scikit-learn modules for machine learning operations. The pre-trained transformer model is loaded using the `load_model` function, ensuring compatibility by passing a dictionary of custom objects, which includes the `EmbeddingLayer` and `EncoderLayer`. The input test data (`X_test`) is preprocessed using the vectorization layer (`t_vectorize_layer`) to convert raw text into a numerical representation suitable for the transformer model. The predictions from the transformer model are then obtained as class probabilities, using the `predict` method. Next, these predictions are stacked with probabilities from other machine learning models, such as logistic regression, support vec-

tor machines, Naive Bayes, XGBoost, and LSTM, to create a comprehensive feature matrix (`stacked_features`). This matrix serves as input for the meta-learner in the ensemble model. By keeping the existing ensemble model (referred to as *Ensemble Model 3*) unchanged and integrating the transformer model's predictions, a new ensemble model is constructed. This modification results in improved accuracy, demonstrating the powerful generalization capabilities of transformer-based models when combined with traditional and deep learning methods.

The ensemble model for web application consists of several base models, each utilizing different techniques for feature extraction and training. Logistic Regression is implemented using the Bag of Words model for vectorization. Naive Bayes is optimized through hyperparameter tuning with Random Search, also utilizing the Bag of Words model for feature extraction. The Long Short-Term Memory (LSTM) model processes the text sequences directly, while XGBoost uses the Term Frequency-Inverse Document Frequency (TF-IDF) method for feature extraction. Support Vector Machine (SVM) is implemented using the Bag of Words model as well. These base models along with transformer are then combined through a Random Forest meta-learner.

### 8.2.14 Hierarchical Ensemble Model

#### Approach 1 : One Ensemble for One Subset → Final Ensemble

```
Hierarchical Ensemble Model 1

import pickle
import numpy as np
import pandas as pd
from sklearn.ensemble import RandomForestClassifier
from sklearn.model_selection import StratifiedKFold,
    cross_val_score
from sklearn.metrics import accuracy_score,
    classification_report, confusion_matrix
from tensorflow.keras.models import load_model, Model
from tensorflow.keras.utils import pad_sequences,
    custom_object_scope
from tensorflow.keras.layers import MultiHeadAttention, Input,
    Dense, Embedding, GlobalAveragePooling1D, LayerNormalization,
    Layer
from tensorflow.keras.optimizers import Adam
from tensorflow.keras.models import Model, Sequential
from tensorflow.keras.utils import to_categorical
from sklearn.model_selection import train_test_split,
    cross_val_score
```

## Hierarchical Ensemble Model 1

```

from tensorflow.keras.optimizers import Adam
import tensorflow as tf

# Define the custom layers
class EmbeddingLayer(Layer):
    def __init__(self, sequence_length, vocab_size, embed_dim,
                **kwargs):
        super(EmbeddingLayer, self).__init__(**kwargs)
        self.word_embedding = Embedding(input_dim=vocab_size,
                                         output_dim=embed_dim)
        self.position_embedding = Embedding(input_dim=
                                             sequence_length, output_dim=embed_dim)

    def call(self, tokens):
        sequence_length = tf.shape(tokens)[-1]
        positions = tf.range(start=0, limit=sequence_length,
                             delta=1)
        positions_encoding = self.position_embedding(positions)
        words_encoding = self.word_embedding(tokens)
        return positions_encoding + words_encoding

class EncoderLayer(Layer):
    def __init__(self, total_heads, total_dense_units, embed_dim, **
                kwargs):
        super(EncoderLayer, self).__init__(**kwargs)
        self.multihead = MultiHeadAttention(num_heads=total_heads,
                                             key_dim=embed_dim)
        self.nnw = Sequential([Dense(total_dense_units, activation="relu"),
                               Dense(embed_dim)])
        self.normalize_layer = LayerNormalization()

    def call(self, inputs):
        attn_output = self.multihead(inputs, inputs)
        normalize_attn = self.normalize_layer(inputs + attn_output)
        nnw_output = self.nnw(normalize_attn)
        final_output = self.normalize_layer(normalize_attn +
                                            nnw_output)
        return final_output

```

## Hierarchical Ensemble Model 1

```

# Helper function to load models and vectorizers
def load_models_and_vectorizers(prefix):
    with open(f'LRmodel_{prefix}.pkl', 'rb') as file:
        lr_model = pickle.load(file)
    with open(f'LRvectorizer_{prefix}.pkl', 'rb') as file:
        lr_vectorizer = pickle.load(file)
    with open(f'NBmodel_{prefix}.pkl', 'rb') as file:
        nb_model = pickle.load(file)
    with open(f'NBvectorizer_{prefix}.pkl', 'rb') as file:
        nb_vectorizer = pickle.load(file)
    with open(f'SVMmodel_{prefix}.pkl', 'rb') as file:
        svm_model = pickle.load(file)
    with open(f'SVMvectorizer_{prefix}.pkl', 'rb') as file:
        svm_vectorizer = pickle.load(file)
    with open(f'xgb_model_{prefix}.pkl', 'rb') as file:
        xgb_model = pickle.load(file)
    with open(f'tfidf_vectorizer_{prefix}.pkl', 'rb') as file:
        tfidf_vectorizer = pickle.load(file)
    with open(f'label_encoder_{prefix}.pkl', 'rb') as file:
        label_encoder = pickle.load(file)
    lstm_model = tf.keras.models.load_model(f'lstm_model_{prefix}.h5')
    with open(f'LSTM_tokenizer_{prefix}.pkl', 'rb') as file:
        lstm_tokenizer = pickle.load(file)
    with open(f'Tlabel_encoder_{prefix}.pkl', 'rb') as file:
        t_label_encoder = pickle.load(file)
    with open(f'Tvectorize_layer_{prefix}.pkl', 'rb') as file:
        t_vectorize_layer = pickle.load(file)
    transformer_model = tf.keras.models.load_model(f'Ttransformer_model_{prefix}.h5',
                                                    custom_objects={
                                                        "EmbeddingLayer": EmbeddingLayer,
                                                        "EncoderLayer": EncoderLayer
                                                    })

    return (lr_model, lr_vectorizer, nb_model, nb_vectorizer,
            svm_model, svm_vectorizer,
            xgb_model, tfidf_vectorizer, label_encoder,
            lstm_model, lstm_tokenizer,
            t_label_encoder, t_vectorize_layer,
            transformer_model)

```

## Hierarchical Ensemble Model 1

```

# Function to create meta learner for a given dataset
def create_meta_learner(dataset_path, prefix, meta_model_path):
    data = pd.read_csv(dataset_path)
    data.dropna(subset=['cleaned_text'], inplace=True)

    X = data['cleaned_text']
    y = data['mental_health_issue']

    models = load_models_and_vectorizers(prefix)

    lr_model, lr_vectorizer, nb_model, nb_vectorizer, svm_model,
    svm_vectorizer, \
    xgb_model, tfidf_vectorizer, label_encoder, lstm_model,
    lstm_tokenizer, \
    t_label_encoder, t_vectorize_layer, transformer_model =
    models

    y = label_encoder.transform(y)

    # Preprocess text for each model
    X_lr = lr_vectorizer.transform(X)
    X_nb = nb_vectorizer.transform(X)
    X_svm = svm_vectorizer.transform(X)
    X_xgb = tfidf_vectorizer.transform(X)
    X_lstm = lstm_tokenizer.texts_to_sequences(X)
    X_lstm = pad_sequences(X_lstm, maxlen=100, padding='post',
                           truncating='post')
    X_transformer = t_vectorize_layer(X)

    # Get individual model probabilities
    stacked_features = np.hstack((
        lr_model.predict_proba(X_lr),
        nb_model.predict_proba(X_nb),
        svm_model.predict_proba(X_svm),
        xgb_model.predict_proba(X_xgb),
        lstm_model.predict(X_lstm),
        transformer_model.predict(X_transformer)
    ))

    # Train meta-learner
    X_train, X_test, y_train, y_test = train_test_split(
        stacked_features, y, test_size=0.2, stratify=y,
        random_state=42)

```

## Hierarchical Ensemble Model 1

```

meta_learner = RandomForestClassifier(max_depth=None,
    min_samples_split=20, min_samples_leaf=1,max_features='sqrt',
    bootstrap=False, random_state=42)
meta_learner.fit(X_train, y_train)

# Save meta-learner
with open(meta_model_path, 'wb') as file:
    pickle.dump(meta_learner, file)
return stacked_features, y

# Create meta learners for all subsets
meta_features = []
meta_labels = []

for i in range(1, 7):
    dataset_path = f'preprocessed_mental_health_{i}.csv'
    prefix = f'{i}'
    meta_model_path = f'meta_learner_rf_{i}.pkl'
    features, labels = create_meta_learner(dataset_path, prefix,
        meta_model_path)
    meta_features.append(features)
    meta_labels.append(labels)

# Combine meta features and labels for final meta-learner
meta_features = np.vstack(meta_features)
meta_labels = np.concatenate(meta_labels)

# Train final meta-learner
final_meta_learner = RandomForestClassifier(max_depth=None,
    min_samples_split=20, min_samples_leaf=1,max_features='sqrt',
    bootstrap=False, random_state=42)
skf = StratifiedKFold(n_splits=5, shuffle=True, random_state=42)

cv_scores = cross_val_score(final_meta_learner, meta_features,
    meta_labels, cv=skf, scoring='accuracy')
final_meta_learner.fit(meta_features, meta_labels)
with open('final_meta_learner_rf.pkl', 'wb') as file:
    pickle.dump(final_meta_learner, file)

```

The provided code implements a hierarchical ensemble model for classifying mental health issues from text data. The approach involves multiple base models, a meta-learner for each subset of the dataset, and a final meta-learner to combine the results of all subsets. The primary goal is to leverage the strengths of different machine learning and deep learning models for robust predictions. Initially, the necessary libraries for machine learning, deep learning, and data

manipulation are imported. Custom TensorFlow/Keras layers, such as `EmbeddingLayer` and `EncoderLayer`, are defined to support the transformer model. The `EmbeddingLayer` combines word embeddings and positional encodings to capture the contextual representation of tokens, while the `EncoderLayer` implements the transformer encoder block using multi-head attention and feedforward neural networks with layer normalization for stability and better training dynamics. The function `load_models_and_vectorizers` is responsible for loading pre-trained machine learning models (e.g., Logistic Regression, Naive Bayes, SVM, XG-Boost), their respective vectorizers, and deep learning models (LSTM and transformer). Each model and its vectorizer are uniquely identified by a prefix to support multiple dataset subsets. This modular loading design ensures that the framework can handle various datasets and model configurations dynamically. The `create_meta_learner` function processes an individual subset of the dataset. It begins by loading the data from a CSV file, ensuring no null values exist in the `cleaned_text` column. The `cleaned_text` column represents preprocessed text, while the `mental_health_issue` column contains class labels. The labels are encoded into numerical values using a label encoder to make them compatible with machine learning algorithms. The text data is then transformed into appropriate feature representations using the vectorizers for each machine learning model. For deep learning models, the LSTM uses tokenized sequences padded to a fixed length, and the transformer model utilizes a vectorization layer.

The models' predictions are gathered as probabilities, representing the confidence levels of each model for all possible classes. These probabilities are horizontally stacked to create a feature matrix, where each row corresponds to an instance, and the columns represent the combined outputs from all base models. This stacked representation serves as input to a meta-learner, which is trained to make final predictions by identifying patterns in the base models' outputs. A `RandomForestClassifier` is used as the meta-learner, chosen for its robustness and ability to handle diverse input features. The training data is split into training and test sets to evaluate the meta-learner's performance. This process is repeated for all subsets of the dataset, and the resulting meta-learners are saved using the `pickle` library for future use. Once all meta-learners are trained, their outputs (features) and labels are combined across subsets to form a comprehensive dataset. This aggregated dataset is used to train a final meta-learner, which combines the knowledge from all subset-specific meta-learners. The final meta-learner is trained using a stratified K-fold cross-validation approach, ensuring that the training and validation splits preserve the class distribution. This technique provides a robust estimate of the model's performance across various data partitions. The final model is then trained on the entire aggregated dataset, and its accuracy is evaluated and saved for deployment. The hierarchical structure of the model allows the integration of diverse base models, including both traditional machine learning and neural network-based approaches. This ensemble leverages the strengths

of each model type, such as the interpretability of machine learning models and the capacity of deep learning models to capture complex patterns in the data. The use of meta-learners ensures that the final predictions are informed by the combined knowledge of all base models, leading to a more accurate and robust classification system for mental health issues.

### **Approach 2 : One Ensemble for one type of base model → Final Ensemble Model**

The below code expands upon the hierarchical ensemble approach by constructing a multi-layered ensemble model. The primary goal is to group models of the same type, such as Logistic Regression, SVM, Naive Bayes, XGBoost, LSTM, and Transformer, from different data subsets into dedicated ensemble models. Each ensemble model is trained using Logistic Regression as the meta-learner. First, the dataset is divided into multiple subsets, each containing preprocessed data for training individual models. For every subset, models of various types are trained, and their vectorizers or tokenizers preprocess the input data. The function `create_ensemble_for_model_type` then groups models of the same type, collecting predictions across all subsets. These predictions are used to train a Logistic Regression meta-learner for each model type, resulting in six meta-learners, one for each model type. In the second step, predictions from these meta-learners are combined into a feature set for each dataset subset, capturing the information from all model types. These combined predictions and the labels from all subsets are used to train a Random Forest as the final meta-learner, creating the ultimate ensemble model. This approach improves upon the previous model by providing a hierarchical organization, where first-level meta-learners group models by type, and a second-level meta-learner combines these ensembles into a robust final model. The flexibility of this approach allows fine-tuning at each level, such as optimizing the Logistic Regression for type-specific ensembles and Random Forest for the final ensemble. Additionally, by leveraging the strengths of various model architectures and combining them hierarchically, the model is better equipped to generalize to unseen data.

## Hierarchical Ensemble Model 2

```

def create_ensemble_for_model_type(data_subsets, model_type):
    all_predictions = []
    all_labels = []
    for i, (dataset_path, prefix) in enumerate(data_subsets):
        data = pd.read_csv(dataset_path)
        data.dropna(subset=['cleaned_text'], inplace=True)
        X = data['cleaned_text']
        y = data['mental_health_issue']
        models = load_models_and_vectorizers(prefix)
        lr_model, lr_vectorizer, nb_model, nb_vectorizer,
            svm_model, svm_vectorizer, \
        xgb_model, tfidf_vectorizer, lstm_model, lstm_tokenizer,
            transformer_model = models

        # Preprocess text and get predictions for the specific
        # model type
        if model_type == 'LR':
            X_transformed = lr_vectorizer.transform(X)
            predictions = lr_model.predict_proba(X_transformed)
        elif model_type == 'NB':
            X_transformed = nb_vectorizer.transform(X)
            predictions = nb_model.predict_proba(X_transformed)
        elif model_type == 'SVM':
            X_transformed = svm_vectorizer.transform(X)
            predictions = svm_model.predict_proba(X_transformed)
        elif model_type == 'XGB':
            X_transformed = tfidf_vectorizer.transform(X)
            predictions = xgb_model.predict_proba(X_transformed)
        elif model_type == 'LSTM':
            X_transformed = lstm_tokenizer.texts_to_sequences(X)
            X_transformed = pad_sequences(X_transformed, maxlen
                =100, padding='post', truncating='post')
            predictions = lstm_model.predict(X_transformed)
        elif model_type == 'Transformer':
            # Preprocess the text for the Transformer using the
            # TextVectorization layer
            with open(f'Tvectorize_layer_{prefix}.pkl', 'rb') as
                vectorizer_file:
                    t_vectorize_layer = pickle.load(vectorizer_file)
            X_transformed = t_vectorize_layer(tf.
                convert_to_tensor(X, dtype=tf.string))
            # Make predictions
            predictions = transformer_model.predict(
                X_transformed)
            all_predictions.append(predictions)
            all_labels.append(y)

```

## Hierarchical Ensemble Model 2

```

# Stack predictions and labels
stacked_features = np.vstack(all_predictions)
stacked_labels = np.concatenate(all_labels)
# Train Logistic Regression meta-learner
meta_learner = RandomForestClassifier(max_depth=None,
                                      min_samples_split=20, min_samples_leaf=1, max_features='sqrt',
                                      bootstrap=False, random_state=42)
meta_learner.fit(stacked_features, stacked_labels)
return meta_learner

# Create meta-learners for each model type
data_subsets = [(f'preprocessed_mental_health_{i}.csv', f'{i}') for i in range(1, 7)]

lr_meta_learner = create_ensemble_for_model_type(data_subsets, 'LR')
nb_meta_learner = create_ensemble_for_model_type(data_subsets, 'NB')
svm_meta_learner = create_ensemble_for_model_type(data_subsets, 'SVM')
xgb_meta_learner = create_ensemble_for_model_type(data_subsets, 'XGB')
lstm_meta_learner = create_ensemble_for_model_type(data_subsets, 'LSTM')
transformer_meta_learner = create_ensemble_for_model_type(
    data_subsets, 'Transformer')

# Create final meta-learner using Random Forest
final_predictions = []
final_labels = []
for data_path, prefix in data_subsets:
    data = pd.read_csv(data_path)
    data.dropna(subset=['cleaned_text'], inplace=True)
    X = data['cleaned_text']
    y = data['mental_health_issue']
    models = load_models_and_vectorizers(prefix)
    lr_model, lr_vectorizer, nb_model, nb_vectorizer, svm_model,
            svm_vectorizer, \
            xgb_model, tfidf_vectorizer, lstm_model, lstm_tokenizer,
            transformer_model = models
    with open(f'Tvectorize_layer_{prefix}.pkl', 'rb') as
        vectorizer_file:
            t_vectorize_layer = pickle.load(vectorizer_file)

```

## Hierarchical Ensemble Model 2

```

# Get predictions from each meta-learner
X_lr = lr_vectorizer.transform(X)
X_nb = nb_vectorizer.transform(X)
X_svm = svm_vectorizer.transform(X)
X_xgb = tfidf_vectorizer.transform(X)
X_lstm = lstm_tokenizer.texts_to_sequences(X)
X_lstm = pad_sequences(X_lstm, maxlen=100, padding='post',
                       truncating='post')
# Preprocess the input for the Transformer
X_transformer = t_vectorize_layer(tf.convert_to_tensor(X, dtype=
tf.string)) # Use the text vectorizer layer
transformer_predictions = transformer_model.predict(
    X_transformer)

features = np.hstack([
    lr_meta_learner.predict_proba(lr_model.predict_proba(X_lr)),
    nb_meta_learner.predict_proba(nb_model.predict_proba(
        X_nb)), svm_meta_learner.predict_proba(svm_model.
predict_proba(X_svm)), xgb_meta_learner.predict_proba(
        xgb_model.predict_proba(X_xgb)), lstm_meta_learner.
predict_proba(lstm_model.predict(X_lstm)),
    transformer_meta_learner.predict_proba(
        transformer_predictions)
])

final_predictions.append(features)
final_labels.append(y.values[:features.shape[0]])
final_features = np.vstack(final_predictions)
final_labels = np.concatenate(final_labels)

```

## 9 Test Plans, Results and Analysis

**Test Case Plan Table**

Test Case ID	Description	Expected Result	Actual Result	Status
T01	User provides input in the text area.	Text is accepted for further processing.	Text is accepted for further processing.	✓
T02	Display mental health issues with probabilities for classes.	Probabilities for each mental health class are shown.	Probabilities for each mental health class are shown.	✓
T03	Highlight the mental health issue with the highest probability.	Correct issue with the highest probability is displayed.	Correct issue with the highest probability is displayed.	✓
T04	Accept username input and provide prediction.	Prediction is displayed based on the provided username.	Prediction is displayed based on the provided username.	✓
T05	Translate multiple language inputs to English.	Non-English text is translated correctly to English.	Non-English text is translated correctly to English.	✓
T06	Extract text and detect emotion from image.	Extracted text and detected emotions are displayed accurately.	Extracted text and detected emotions are displayed accurately.	✓
T07	Pass a prompt to the system and retrieve a valid response.	Correct response is generated based on the prompt.	Correct response is generated based on the prompt.	✓
T08	Perform a combined test using multiple inputs.	Predictions for all inputs are displayed correctly.	Predictions for all inputs are displayed correctly.	✓
T09	Analyze uploaded audio files and transcribe them into text.	Audio transcription and analysis results are displayed.	Audio transcription and analysis results are displayed.	✓
T10	Extract frames, analyze emotions, audio from video.	Frame emotions and audio transcription are displayed.	Frame emotions and audio transcription are displayed.	✓
T11	Extract tweets and related media using a Twitter username.	Text and media are extracted and analyzed correctly.	Text and media are extracted and analyzed correctly.	✓
T12	Generate captions for uploaded images or video frames.	Captions are generated for images or frames.	Captions are generated for images or frames.	✓

The metrics used for evaluating the performance of the classification models include Precision, Recall, F1-Score, and Support, along with the Confusion Matrix. These metrics are crucial for assessing how well the models are able to differentiate between various classes, providing insight into their accuracy, ability to capture relevant instances, and the overall balance between precision and recall. By analyzing these metrics, a comprehensive understanding of the model's performance can be obtained, enabling informed decisions for further optimization and tuning.

## 9.1 Classification Metrics and Confusion Matrix

- **Precision:** Precision is the ratio of correctly predicted positive observations to the total predicted positives. It can be calculated as:

$$\text{Precision} = \frac{TP}{TP + FP}$$

where  $TP$  represents True Positives, and  $FP$  represents False Positives.

- **Recall:** Recall is the ratio of correctly predicted positive observations to all observations in the actual class:

$$\text{Recall} = \frac{TP}{TP + FN}$$

where  $TP$  is True Positives, and  $FN$  is False Negatives.

- **F1-Score:** F1-Score is the harmonic mean of Precision and Recall, calculated as:

$$\text{F1-Score} = 2 \times \frac{\text{Precision} \times \text{Recall}}{\text{Precision} + \text{Recall}}$$

- **Support:** Support refers to the number of actual occurrences of each class in the dataset:

$$\text{Support} = \text{Number of samples in the true class}$$

- **Confusion Matrix:** A confusion matrix is used to evaluate the performance of a classification model. It is structured as follows:

$$\begin{bmatrix} TP & FP \\ FN & TN \end{bmatrix}$$

where:

- $TP$  = True Positives
- $FP$  = False Positives
- $FN$  = False Negatives
- $TN$  = True Negatives

## 9.2 Results of Logistic Regression

**Logistic Regression Classification Report**

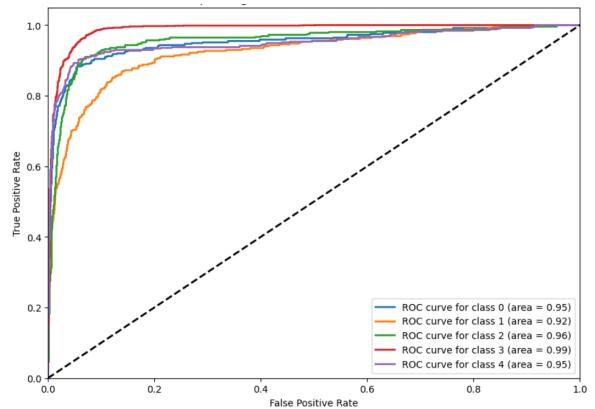
<b>Class</b>	<b>Precision</b>	<b>Recall</b>	<b>F1-Score</b>	<b>Support</b>
Anxiety	0.83	0.77	0.80	379
Bipolar	0.74	0.55	0.63	384
Depression	0.76	0.76	0.76	373
Normal	0.92	0.99	0.95	2183
PTSD	0.87	0.77	0.82	394
<b>Accuracy</b>	<b>87.66%</b>			
<b>Macro Avg</b>	0.82	0.77	0.79	3713
<b>Weighted Avg</b>	0.87	0.88	0.87	3713

**ROC Curve Areas for Each Class**

<b>Class</b>	<b>ROC AUC</b>
Anxiety	0.95
Bipolar	0.92
Depression	0.96
Normal	0.99
PTSD	0.95



(a) Confusion Matrix (Logistic Regression)



(b) ROC AUC (Logistic Regression)

Figure 28: Evaluation Results for Logistic Regression

The Logistic Regression model performed well with an overall accuracy of 87.66%, indicating that the model correctly classified the majority of the instances. The classification report shows high precision, recall, and F1-scores for the 'Normal' class, which was expected due to its large number of instances. However, the 'Bipolar' and 'Anxiety' classes have lower recall and F1-scores, suggesting that the model struggles more with these classes. The confusion matrix highlights the misclassifications. For example, 'Anxiety' is often confused with 'Depression'

and 'PTSD,' while the 'Normal' class is well-separated from the other classes. The large number of instances in the 'Normal' class could have contributed to the high accuracy but also to the imbalance in performance across other classes. The ROC curve AUC scores indicate that the model performs well in distinguishing between the classes. The 'Normal' class has the highest AUC (0.99), which is expected due to the large proportion of 'Normal' instances. Other classes, like 'Anxiety' and 'Depression,' also have high AUC scores (0.95 and 0.96, respectively), indicating that the model is capable of distinguishing them effectively.

### 9.3 Results of Naive Bayes

**Naive Bayes Classification Report**

Class	Precision	Recall	F1-Score	Support
Anxiety	0.70	0.73	0.72	379
Bipolar	0.83	0.45	0.58	384
Depression	0.59	0.87	0.70	373
Normal	0.96	0.92	0.94	2183
PTSD	0.71	0.83	0.76	394
<b>Accuracy</b>	83.63%			
<b>Macro Avg</b>	0.76	0.76	0.74	3713
<b>Weighted Avg</b>	0.85	0.84	0.84	3713

**ROC Curve Areas for Each Class**

Class	ROC AUC
Anxiety	0.92
Bipolar	0.89
Depression	0.94
Normal	0.99
PTSD	0.94

The Naive Bayes model achieved an overall accuracy of 83.63%, indicating a reasonable performance. The classification report shows strong results for the Normal class, with a precision of 0.96 and a recall of 0.92, resulting in an F1-score of 0.94. However, the Bipolar class exhibits much lower recall (0.45) and F1-score (0.58), suggesting that the model struggles to accurately identify Bipolar instances. Misclassifications are more frequent for Bipolar, often being confused with Depression and PTSD. The Anxiety class, although having decent precision (0.70), shows a lower recall (0.73), indicating that it also faces challenges in classification. The Confusion Matrix highlights that the model has difficulty distinguishing Bipolar and Depression from each other, with a large number of misclassifications across these classes. On the other hand, the Normal class is well-separated and correctly classified, with 2006 true positives, which likely contributes to the high overall accuracy. PTSD also shows relatively good classification results,

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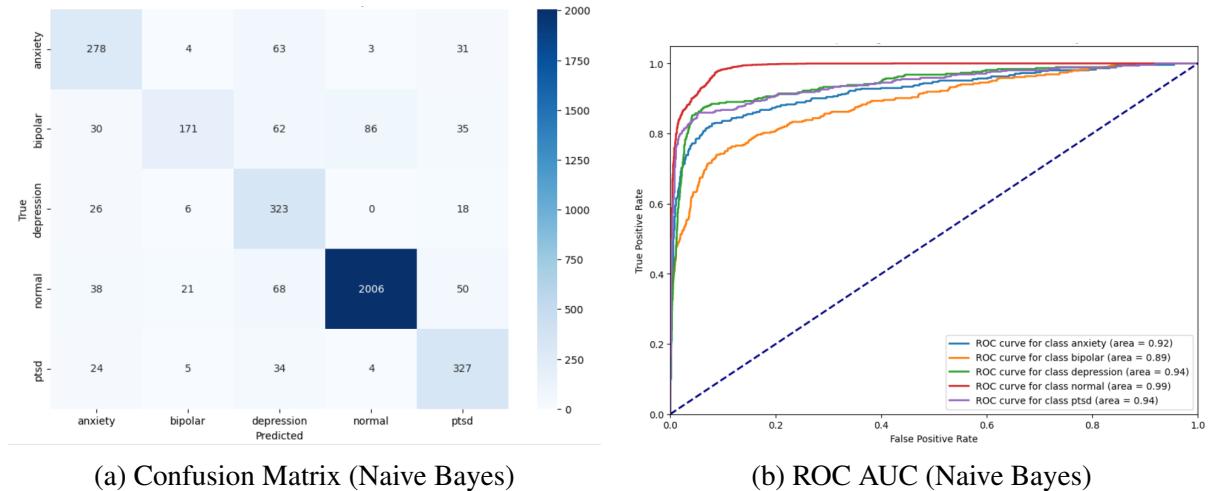


Figure 29: Evaluation Results for Naive Bayes

with misclassifications being less frequent. The ROC AUC Curve Areas show that the model performs well for most classes, with the Normal class having the highest AUC score (0.99), followed by Depression and PTSD with AUCs of 0.94. While the model performs well for distinguishing between classes like Normal and Depression, the lower AUC for Bipolar (0.89) indicates that there may still be room for improvement in distinguishing this class from others.

## 9.4 Results of Support Vector Machine

### SVM Classification Report

Class	Precision	Recall	F1-Score	Support
Anxiety	0.72	0.76	0.74	379
Bipolar	0.62	0.61	0.61	384
Depression	0.74	0.71	0.72	373
Normal	0.94	0.95	0.95	2183
PTSD	0.78	0.74	0.76	394
<b>Accuracy</b>	85.13%			
<b>Macro Avg</b>	0.76	0.75	0.76	3713
<b>Weighted Avg</b>	0.85	0.85	0.85	3713

### ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.96
Bipolar	0.90
Depression	0.96
Normal	0.98
PTSD	0.96

## ASMPFMHDD

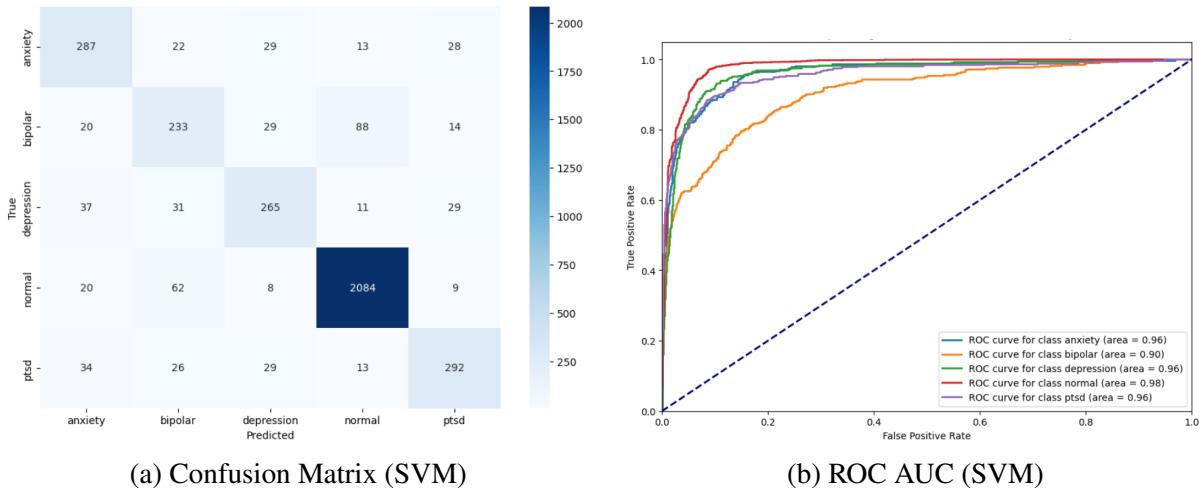


Figure 30: Evaluation Results for SVM

The Support Vector Machine (SVM) model achieved an accuracy of 85.13%, demonstrating strong performance in classifying the various mental health conditions. The classification report indicates that the Normal class has the highest precision (0.94) and recall (0.95), resulting in an F1-score of 0.95, showing that the model is particularly good at identifying instances of normal behavior. However, the Bipolar class shows lower performance, with a precision of 0.62 and recall of 0.61, suggesting that the model struggles more with identifying bipolar disorder instances. The recall for the Anxiety class is relatively high (0.76), though precision is somewhat lower (0.72), indicating a balanced classification performance for this condition. The confusion matrix reveals that the model is generally accurate, with the Normal class being correctly classified most of the time (2084 true positives). However, some misclassifications occur for classes like Bipolar, Depression, and PTSD, with notable misclassifications of Bipolar as Depression and Normal. These misclassifications are likely affecting the overall recall for certain classes. The ROC AUC curve areas demonstrate that the model has excellent performance in distinguishing between most classes. The Normal class has the highest AUC of 0.98, followed by Anxiety, Depression, and PTSD with AUCs of 0.96. Bipolar, although still high at 0.90, lags behind the other classes, reflecting the model's challenge in distinguishing Bipolar from other conditions.

## 9.5 Results of Random Forest

**Random Forest Classification Report**

<b>Class</b>	<b>Precision</b>	<b>Recall</b>	<b>F1-Score</b>	<b>Support</b>
Anxiety	0.81	0.70	0.75	379
Bipolar	0.93	0.47	0.62	384
Depression	0.72	0.77	0.74	373
Normal	0.88	1.00	0.93	2183
PTSD	0.92	0.74	0.82	394
<b>Accuracy</b>	<b>86.00%</b>			
<b>Macro Avg</b>	0.85	0.73	0.77	3713
<b>Weighted Avg</b>	0.86	0.86	0.85	3713

**ROC Curve Areas for Each Class**

<b>Class</b>	<b>ROC AUC</b>
Anxiety	0.96
Bipolar	0.89
Depression	0.97
Normal	0.97
PTSD	0.97

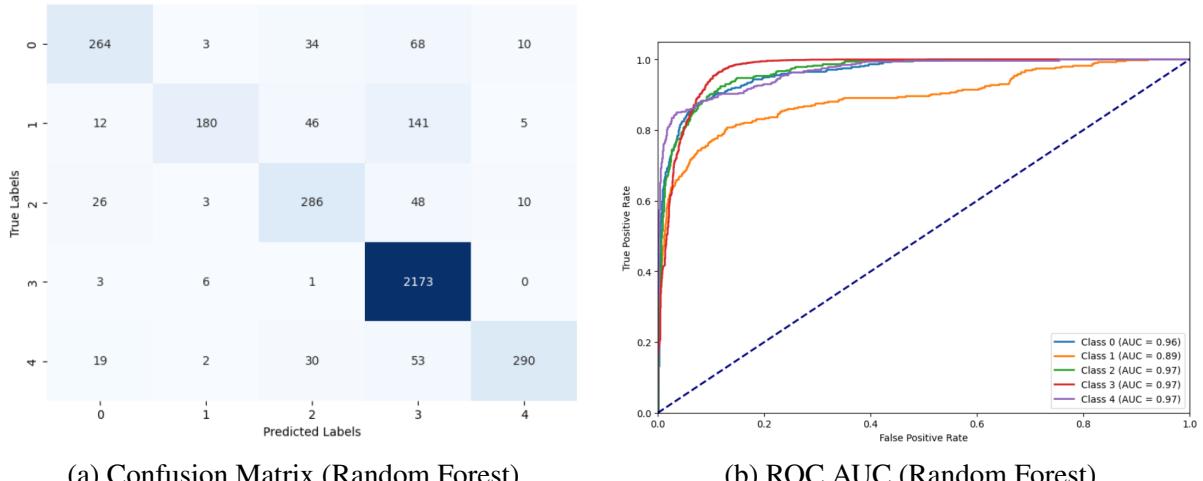


Figure 31: Evaluation Results for Random Forest

The Random Forest model achieved an accuracy of 86.00%, indicating a strong performance in classifying the mental health conditions. The classification report shows that the Normal class achieved the highest recall (1.00) and a precision of 0.88, resulting in a high F1-score of 0.93. This reflects the model's ability to correctly classify the majority of the Normal instances. The Bipolar class, however, shows a much lower recall (0.47), which indicates that the model has difficulty identifying instances of Bipolar disorder, as reflected by its F1-score of 0.62. The

Anxiety and PTSD classes have relatively balanced performance, with moderate precision and recall values. The confusion matrix illustrates the distribution of misclassifications. The Normal class is correctly classified almost entirely (2173 true positives), while other classes like Bipolar and PTSD exhibit significant misclassifications, particularly Bipolar, which is often misclassified as Depression and Normal. The ROC AUC scores for all classes are quite high, indicating that the model is effective at distinguishing between the classes. The Anxiety, Depression, Normal, and PTSD classes each have AUC values above 0.96, with the Normal and Depression classes achieving 0.97. Bipolar has the lowest AUC at 0.89, which corresponds to its lower classification performance. These AUC values suggest that the Random Forest model is proficient in distinguishing between most of the classes, though it faces challenges in identifying Bipolar disorder.

## 9.6 Results of XGBoost

**XGBoost Classification Report**

Class	Precision	Recall	F1-Score	Support
Anxiety	0.81	0.74	0.77	403
Bipolar	0.77	0.62	0.69	397
Depression	0.72	0.81	0.76	387
Normal	0.93	0.98	0.95	2137
PTSD	0.86	0.75	0.80	396
<b>Accuracy</b>	87.39%			
<b>Macro Avg</b>	0.82	0.78	0.80	3720
<b>Weighted Avg</b>	0.87	0.87	0.87	3720

**ROC Curve Areas for Each Class**

Class	ROC AUC
Anxiety	0.97
Bipolar	0.95
Depression	0.97
Normal	0.99
PTSD	0.97

The XGBoost model achieved an accuracy of 87.39%, demonstrating strong overall performance. The classification report indicates high precision and recall for the 'Normal' class, which is likely due to its substantial representation in the dataset. The 'Anxiety' and 'PTSD' classes also showed reasonable results, with the 'Anxiety' class achieving a precision of 0.81 and a recall of 0.74. However, the 'Bipolar' class exhibited a lower recall (0.62), suggesting that the model struggles more with this class. The confusion matrix highlights a well-separated 'Normal' class, while the 'Bipolar' and 'PTSD' classes experience more confusion with other

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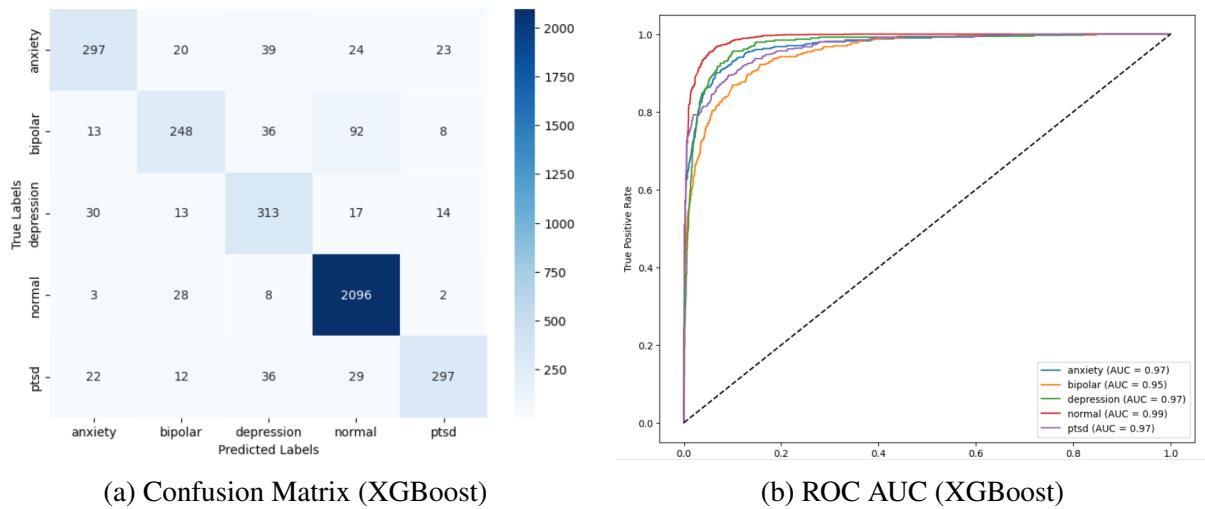


Figure 32: Evaluation Results for XGBoost

categories. The ROC AUC scores further emphasize the model's good discriminatory capability, with AUC values of 0.97 for 'Anxiety,' 'Depression,' and 'PTSD,' and 0.99 for 'Normal.' These scores indicate that the model is proficient at distinguishing between different mental health conditions in the dataset.

## 9.7 Results of KNN

### KNN Classification Report

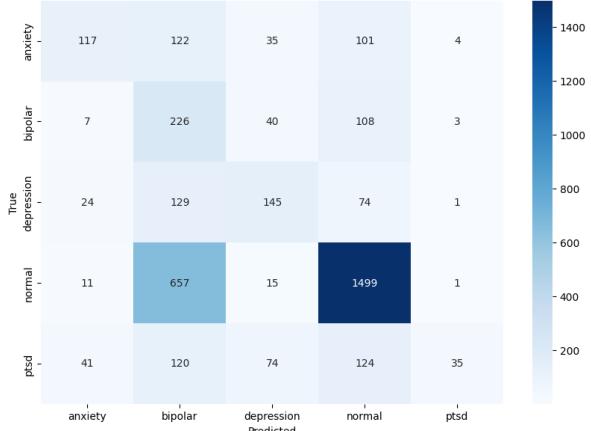
Class	Precision	Recall	F1-Score	Support
Anxiety	0.58	0.31	0.40	379
Bipolar	0.18	0.59	0.28	384
Depression	0.47	0.39	0.43	373
Normal	0.79	0.69	0.73	2183
PTSD	0.80	0.09	0.16	394
<b>Accuracy</b>	54.46%			
<b>Macro Avg</b>	0.56	0.41	0.40	3713
<b>Weighted Avg</b>	0.67	0.54	0.56	3713

### ROC Curve Areas for Each Class

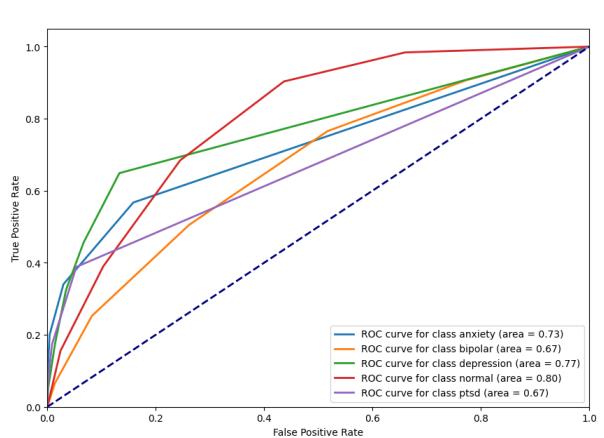
Class	ROC AUC
Anxiety	0.73
Bipolar	0.67
Depression	0.77
Normal	0.80
PTSD	0.67

The KNN model achieved an accuracy of 54.46%, which is considerably lower than the XGBoost model. The classification report reveals a significant imbalance in performance across

## ASMPFMHDD



(a) Confusion Matrix (KNN)



(b) ROC AUC (KNN)

Figure 33: Evaluation Results for KNN

classes. The 'Normal' class achieved relatively high precision (0.79) and recall (0.69), reflecting the model's tendency to perform well with dominant classes. However, the 'Anxiety' and 'PTSD' classes performed poorly, especially with PTSD having a very low recall of 0.09, indicating substantial misclassification. The confusion matrix suggests that the model struggles with distinguishing between some classes, especially 'Anxiety' and 'Bipolar,' where confusion with other categories is high. The ROC AUC scores are relatively lower compared to the XGBoost model, with 'Normal' having the highest AUC of 0.80. These results indicate that while the KNN model offers a lower overall performance, it still provides a reasonable level of discrimination for the 'Normal' class.

## 9.8 Results of LSTM

### LSTM Classification Report

Class	Precision	Recall	F1-Score	Support
Anxiety	0.74	0.72	0.73	1999
Bipolar	0.66	0.70	0.68	1964
Depression	0.68	0.69	0.69	1959
Normal	0.97	0.94	0.95	10688
PTSD	0.72	0.78	0.75	1987
<b>Accuracy</b>	84.91%			
<b>Macro Avg</b>	0.75	0.77	0.76	18597
<b>Weighted Avg</b>	0.85	0.85	0.85	18597

## ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.95
Bipolar	0.92
Depression	0.95
Normal	0.98
PTSD	0.95

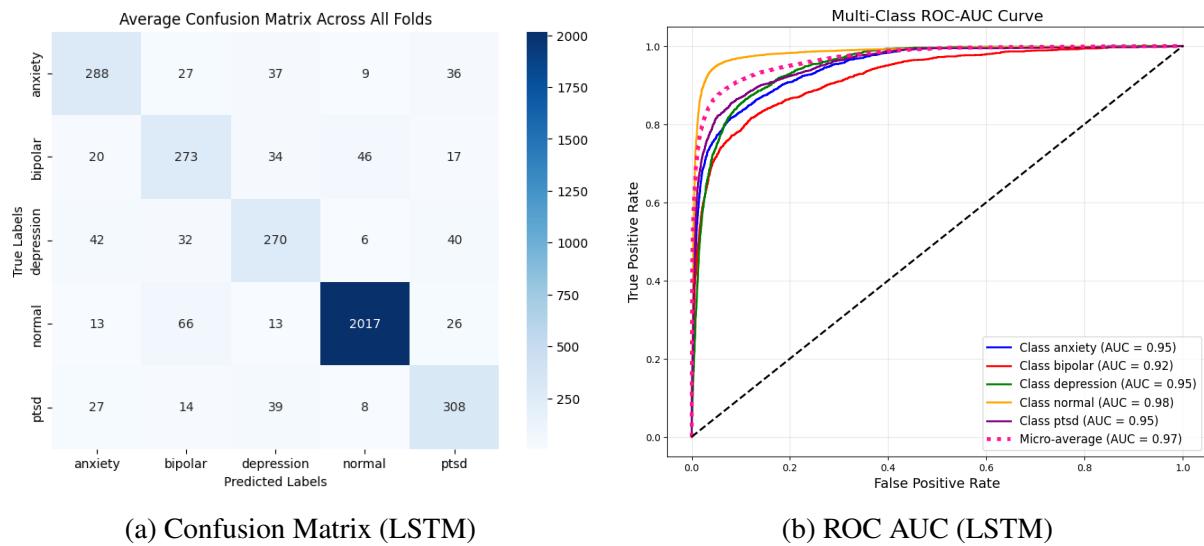


Figure 34: Evaluation Results for LSTM

The LSTM model achieved an accuracy of 84.91%, indicating strong performance. The classification report shows high precision, recall, and F1-scores for the 'Normal' class, which dominates the dataset. The 'Anxiety' class has reasonable performance, with a precision of 0.74 and recall of 0.72, while the 'Bipolar' and 'PTSD' classes have slightly lower precision and recall. The 'Bipolar' class shows a precision of 0.66 and recall of 0.70, while 'PTSD' has a precision of 0.72 and recall of 0.78. The confusion matrix reflects this, with 'Bipolar' and 'PTSD' misclassified with other classes, while 'Normal' is well-separated. The ROC AUC scores highlight the model's ability to distinguish between classes effectively, with 'Normal' scoring the highest.

## 9.9 Results of Hyperparameter Tuning

### Logistic Regression

#### Hyperparameter Tuning on Logistic Regression

Best Hyperparameters	Value
Solver	liblinear
Penalty	l2
C	1

#### Classification Report

Class	Precision	Recall	F1-Score	Support
Anxiety	0.83	0.77	0.80	379
Bipolar	0.74	0.55	0.64	384
Depression	0.76	0.76	0.76	373
Normal	0.92	0.99	0.95	2183
PTSD	0.87	0.77	0.82	394
<b>Accuracy</b>	<b>87.72%</b>			
<b>Macro Avg</b>	0.83	0.77	0.79	3713
<b>Weighted Avg</b>	0.87	0.88	0.87	3713

#### ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.95
Bipolar	0.92
Depression	0.96
Normal	0.99
PTSD	0.95

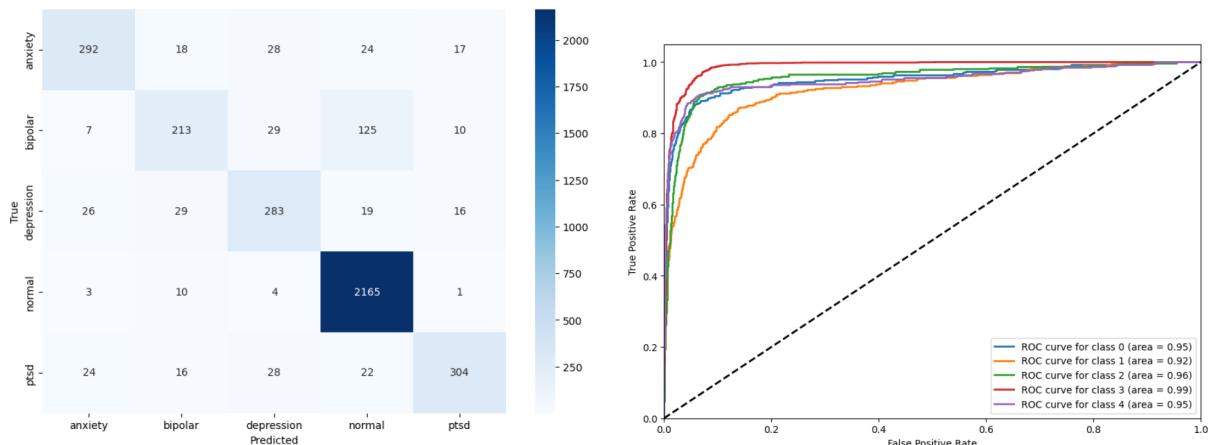


Figure 35: Evaluation Results after Hyperparameter Tuning (Logistic Regression)

The results of hyperparameter tuning on the Logistic Regression model show that the best hyperparameters were a solver of `liblinear`, a penalty of 12, and a regularization parameter (C) of 1. The model achieved an overall accuracy of 87.72%, with high performance across most classes. The classification report reveals that the model performs well on `normal` class with an accuracy of 92% in predicting this class, whereas performance on `bipolar` is slightly lower 64%. The ROC AUC scores indicate that the model is highly effective in distinguishing between different classes, with `normal` achieving a near-perfect AUC of 0.99, followed closely by `depression` at 0.96. These results suggest that the model is well-tuned, particularly for classes like `normal` and `anxiety`.

## K-Nearest Neighbours

### Hyperparameter Tuning on k-NN

Best Hyperparameters	Value
Weights	distance
n_neighbors	10
Metric	euclidean

### Classification Report

Class	Precision	Recall	F1-Score	Support
Anxiety	0.73	0.23	0.35	379
Bipolar	0.18	0.60	0.27	384
Depression	0.47	0.40	0.43	373
Normal	0.74	0.65	0.69	2183
PTSD	0.83	0.10	0.18	394
<b>Accuracy</b>	52.03%			
<b>Macro Avg</b>	0.59	0.40	0.39	3713
<b>Weighted Avg</b>	0.66	0.52	0.53	3713

### ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.77
Bipolar	0.67
Depression	0.79
Normal	0.79
PTSD	0.71

The results of hyperparameter tuning on the k-Nearest Neighbors (k-NN) model show that the best hyperparameters were `weights` set to `distance`, `n_neighbors` set to 10, and `metric` set to `euclidean`. Despite these optimizations, the model achieved an overall accuracy of 52.03%, which is relatively low. The classification report indicates that the model struggled to effectively predict the `anxiety` and `PTSD` classes, with particularly low recall

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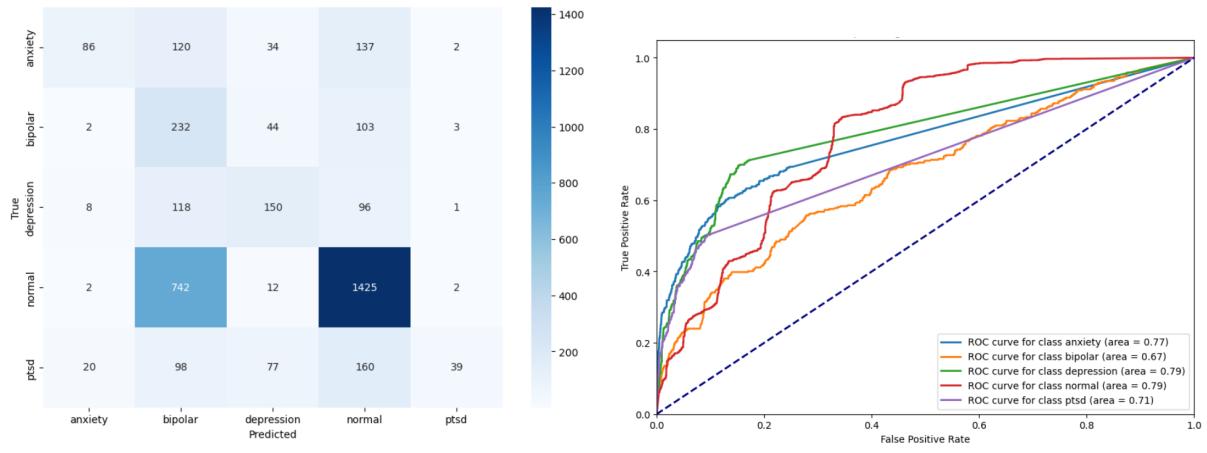


Figure 36: Evaluation Results after Hyperparameter Tuning (KNN)

values (0.23 and 0.10, respectively). However, it performed reasonably well on the `normal` class with an F1-score of 0.69. The ROC AUC scores reflect this by showing relatively poor performance for `bipolar` (0.67) and `PTSD` (0.71), while `normal` and `depression` had slightly better values at 0.79 each. These results suggest that k-NN is not the best model for this dataset, as it fails to consistently classify the minority classes effectively.

## Support Vector Machine

### Hyperparameter Tuning on SVM

Best Hyperparameters	Value
Kernel	linear
Gamma	scale
C	1

### Classification Report

Class	Precision	Recall	F1-Score	Support
Anxiety	0.72	0.76	0.74	379
Bipolar	0.62	0.61	0.61	384
Depression	0.74	0.71	0.72	373
Normal	0.94	0.95	0.95	2183
PTSD	0.78	0.74	0.76	394
<b>Accuracy</b>	85.13%			
<b>Macro Avg</b>	0.76	0.75	0.76	3713
<b>Weighted Avg</b>	0.85	0.85	0.85	3713

### ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.92
Bipolar	0.88
Depression	0.95
Normal	0.98
PTSD	0.94

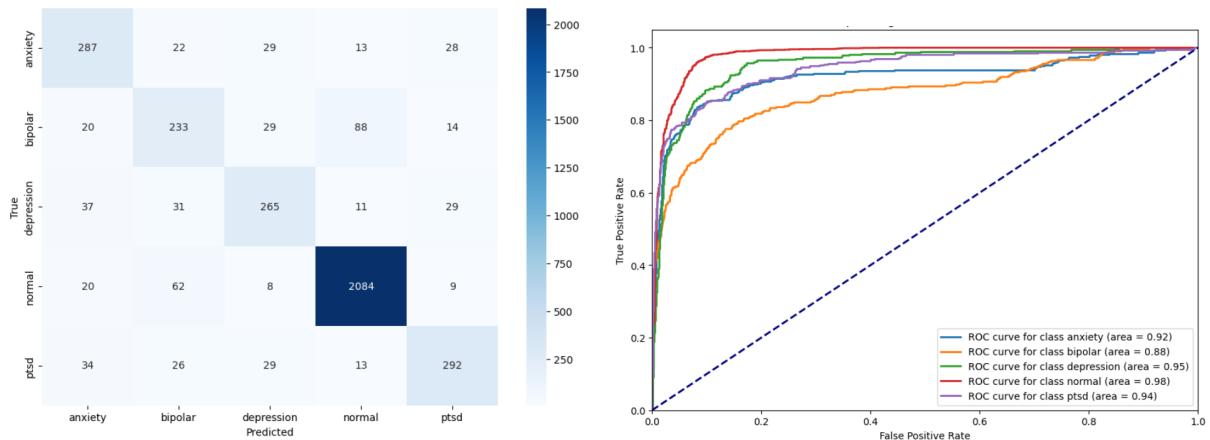


Figure 37: Evaluation Results after Hyperparameter Tuning (SVM)

The results of hyperparameter tuning on the Support Vector Machine (SVM) model reveal that the best hyperparameters were kernel set to linear, gamma set to scale, and C set to 1. With these settings, the model achieved an overall accuracy of 85.13%. The classification report indicates solid performance across most classes, with normal achieving the highest F1-score of 0.95, followed by depression at 0.72 and anxiety at 0.74. The bipolar class had a slightly lower F1-score of 0.61, indicating that the model was less effective in distinguishing this class. The ROC AUC values were strong for most classes, with normal reaching 0.98 and depression, PTSD, and anxiety all scoring above 0.90, showing that the SVM model effectively discriminates between the classes. Overall, the SVM model performed well on this dataset, particularly for the normal and anxiety classes, making it a strong contender for mental health issue classification.

### Naive Bayes

#### Hyperparameter Tuning on Naive Bayes

Best Hyperparameters	Value
Alpha	0.2914180608409973

## Classification Report

Class	Precision	Recall	F1-Score	Support
Anxiety	0.69	0.76	0.72	379
Bipolar	0.75	0.55	0.64	384
Depression	0.60	0.83	0.70	373
Normal	0.96	0.91	0.94	2183
PTSD	0.73	0.79	0.76	394
<b>Accuracy</b>	83.95%			
<b>Macro Avg</b>	0.75	0.77	0.75	3713
<b>Weighted Avg</b>	0.85	0.84	0.84	3713

## ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.93
Bipolar	0.93
Depression	0.93
Normal	0.99
PTSD	0.94

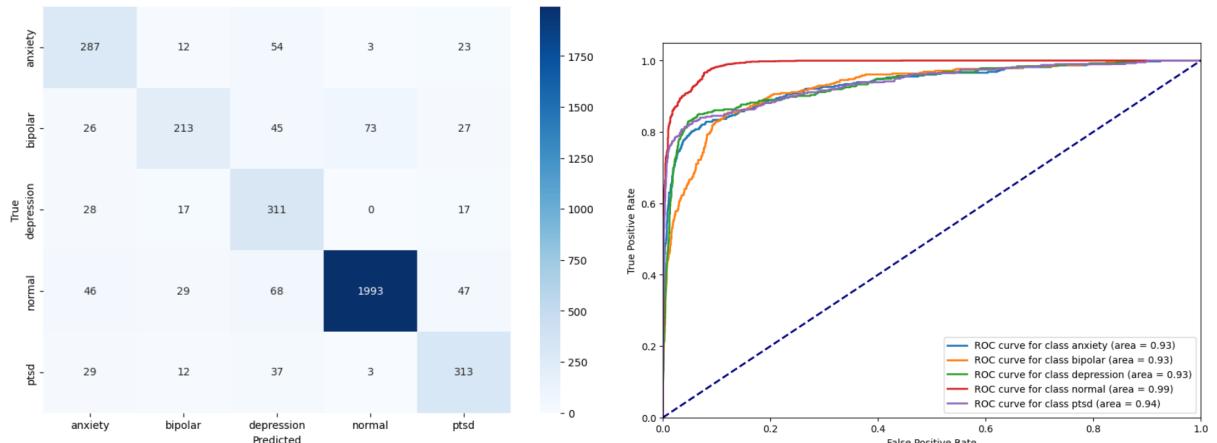


Figure 38: Evaluation Results after Hyperparameter Tuning (Naive Bayes)

The results of hyperparameter tuning on the Naive Bayes model show that the best hyperparameter was alpha set to 0.2914. With this optimal value, the model achieved an accuracy of 83.95%. The classification report reveals that the `normal` class performed the best, with a high F1-score of 0.94, followed by `PTSD` at 0.76. The `anxiety` class achieved a solid F1-score of 0.72, while `bipolar` and `depression` had lower scores. The ROC AUC curve areas demonstrate strong performance across all classes, with `normal` reaching a perfect 0.99 and the other classes scoring above 0.90. Overall, the Naive Bayes model performed well, especially in identifying `normal` and `PTSD`, making it a good candidate for mental health

issue classification. After performing hyperparameter tuning using RandomizedSearchCV, Logistic Regression emerged as the best-performing model for mental health classification. The model achieved an accuracy of 87.72%, demonstrating its strong ability to correctly classify mental health issues based on text data. The best hyperparameters found during tuning were `'solver': 'liblinear'`, `'penalty': 'l2'`, `'C': 1`, which contributed to the model's robustness and efficiency. In terms of classification performance, Logistic Regression showed a high recall and precision, especially for classes like *normal*, with a recall of 0.99, indicating its proficiency in identifying the most prevalent class in the dataset.

K-Nearest Neighbors (KNN) performs significantly poorly on this dataset compared to other algorithms, both before and after hyperparameter tuning. The dataset used, which includes Reddit posts with corresponding mental health labels, presents challenges for KNN due to its reliance on distance-based metrics. Specifically, KNN uses the distance between data points to classify them, but this approach is sensitive to the scale and distribution of features. In the case of text data, the feature space can be sparse and high-dimensional, making it difficult for KNN to find meaningful relationships between the posts and their associated mental health labels. After hyperparameter tuning, KNN was optimized with parameters such as `weights='distance'`, `n_neighbors=10`, and `metric='euclidean'`, yet its performance remains suboptimal. This suggests that KNN struggles with the complexities inherent in text classification tasks, where the relationships between features (such as words or phrases in a Reddit post) are often non-linear and context-dependent. Despite tuning, the algorithm's performance metrics—accuracy, precision, recall, and F1-score—remain notably lower than those of other algorithms like Logistic Regression, Naive Bayes, or SVM. Additionally, KNN's inability to capture these subtleties in language means it performs poorly, particularly in distinguishing between categories like anxiety, bipolar disorder, or PTSD, where the text patterns may be more nuanced. Overall, KNN's reliance on proximity without considering the richer context of textual data likely contributes to its lower performance on this mental health classification task.

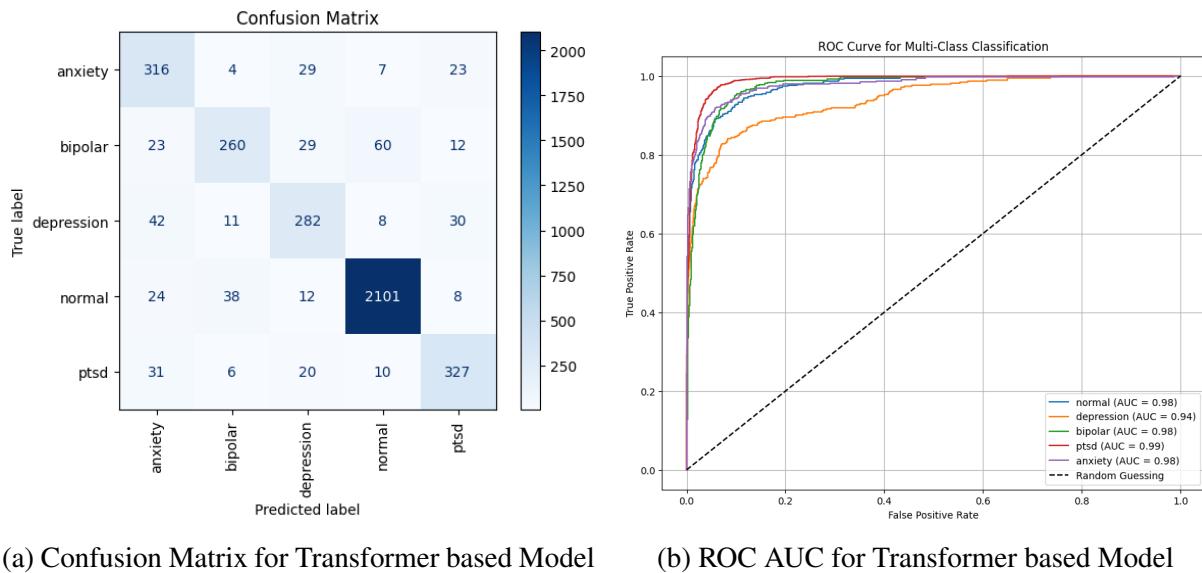
## 9.10 Results from Transformer based model

**Classification Report**

Class	Precision	Recall	F1-Score	Support
Anxiety	0.75	0.78	0.76	379
Bipolar	0.76	0.69	0.73	384
Depression	0.82	0.72	0.77	373
Normal	0.95	0.97	0.96	2183
PTSD	0.79	0.80	0.79	394
<b>Accuracy</b>	88.5%			
<b>Macro Avg</b>	0.81	0.79	0.80	3713
<b>Weighted Avg</b>	0.88	0.88	0.88	3713

## ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.97
Bipolar	0.94
Depression	0.98
Normal	0.99
PTSD	0.97



(a) Confusion Matrix for Transformer based Model

(b) ROC AUC for Transformer based Model

Figure 39: Evaluation Results for Transformer based Model

The classification report and ROC AUC scores for your transformer-based model demonstrate strong performance across all classes, reflecting its ability to effectively handle the nuances of mental health text. The model achieved high precision, recall, and F1-scores, particularly for the "Normal" and "Anxiety" classes, where the precision and recall values were very high. This indicates that the model is good at identifying these conditions with minimal false positives and negatives. The high ROC AUC scores, ranging from 0.94 to 0.99 for each class, further highlight the model's ability to distinguish between different mental health conditions, with "Normal" and "Anxiety" showing particularly strong discriminatory power. The transformer-based architecture has likely contributed to these results by enabling the model to capture the complex relationships and contextual cues present in the text, which traditional models might struggle to identify. The pre-training on large datasets and fine-tuning for specific tasks has likely improved the model's ability to generalize across various mental health issues, contributing to the high accuracy of 88.5%. This model's ability to balance performance across both major and minor classes is reflected in its macro and weighted averages, which show that it handles the class imbalance well and performs effectively on all categories. The transformer model's ability to process long-range dependencies and understand contextual relationships in

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the text has clearly enhanced its ability to classify mental health issues accurately, resulting in improved overall performance.

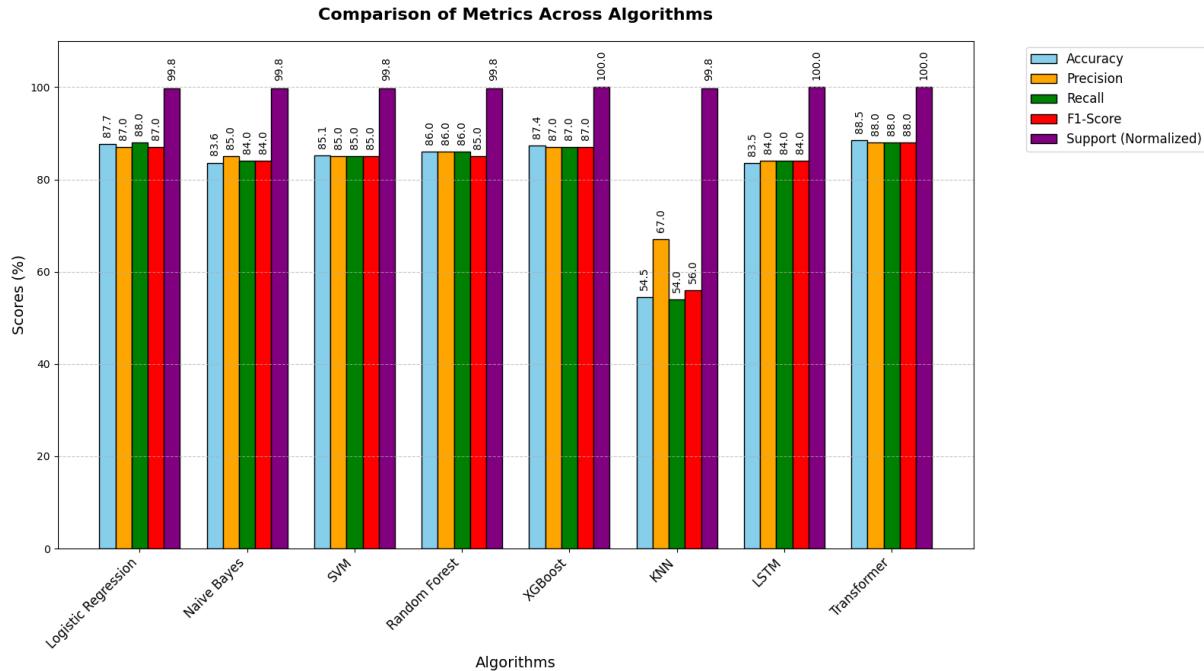


Figure 40: Result Comparison of the Algorithms

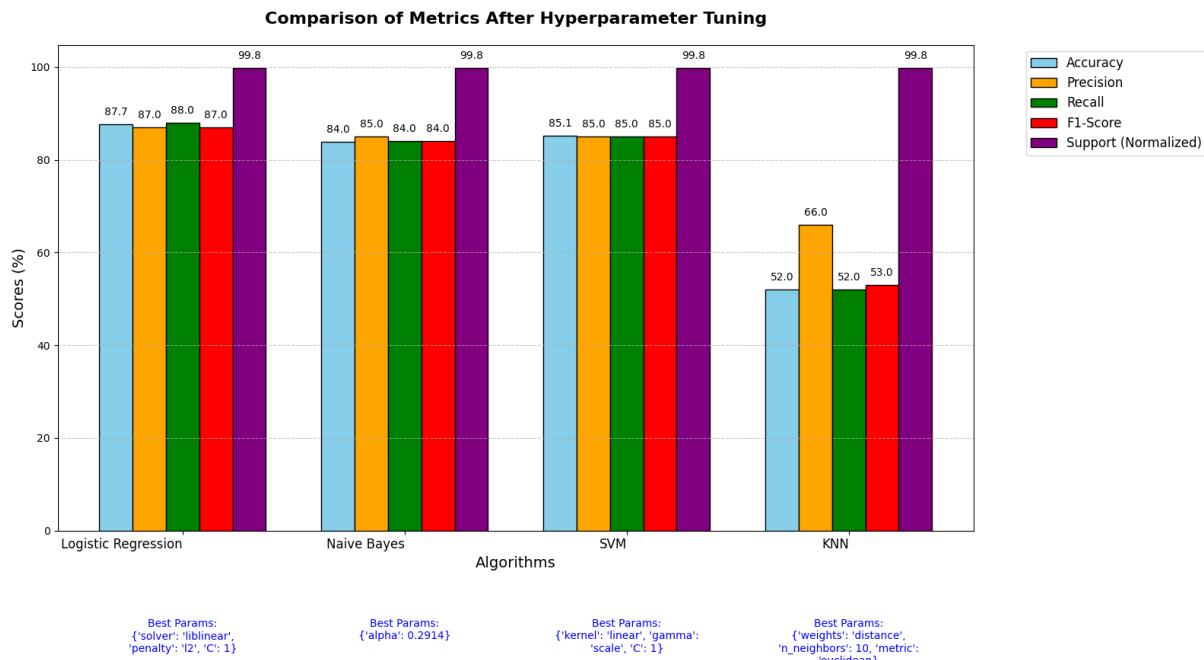


Figure 41: Result Comparison after Hyperparameter Tuning

## 9.11 Comparison of different tokenizations

**Model Performance Comparison**

<b>Model</b>	<b>BoW</b>	<b>TFIDF</b>	<b>LIWC</b>	<b>Word2Vec</b>	<b>N-Gram</b>
<b>Logistic Regression</b>	87.66	86.02	66.36	79.40	87.13
<b>KNN</b>	54.56	75.06	70.70	75.52	43.06
<b>SVC</b>	85.13	88.26	68.14	77.89	84.33
<b>Naive Bayes</b>	83.63	79.42	59.63	60.44	81.71
<b>Random Forest</b>	85.32	85.73	76.73	79.88	79.02
<b>XGB</b>	87.42	87.39	78.56	81.01	87.96

In ensemble learning, the goal is to combine multiple base models to improve the overall performance of the system. However, using models like Logistic Regression (LR), Naive Bayes (NB), K-Nearest Neighbors (KNN), Support Vector Machine (SVM), Long Short-Term Memory (LSTM), XGBoost (XGB), and Random Forest (RF) all together as base models in an ensemble is not always feasible. Each of these models has its strengths and weaknesses, and the combination of them can lead to various challenges, particularly in terms of computational efficiency, model size, and accuracy.

For instance, Logistic Regression, Naive Bayes, and SVM work well with simpler vectorization methods like Bag of Words (BoW) because these methods are efficient and provide good results in terms of classification accuracy. On the other hand, more complex models like XGBoost and Random Forest can handle feature extraction methods such as TFIDF (Term Frequency-Inverse Document Frequency) better due to their ability to manage more intricate feature spaces. However, the problem arises when using these models together in a single ensemble. Although SVM with TFIDF can provide high accuracy on its own, it can negatively affect the performance of the final ensemble model. This is likely because the TFIDF features, while effective for models like SVM, may not align well with other base models, such as LR and NB, which rely more on the simpler, sparse representation of the data.

XGBoost, when used with N-Gram features, tends to give the highest accuracy individually, but the model size and computational demands are significantly higher, making it impractical to include in an ensemble. The larger size of the model can lead to slower inference times and increased memory usage, which is particularly problematic in real-time systems or when deploying the model at scale. Additionally, KNN is another model that is not considered as a base model in the ensemble due to its computational intensity. KNN requires the entire training dataset to be stored and does not generalize well to unseen data, and its performance deteriorates as the dataset grows, leading to slow predictions. Thus, including KNN would only further increase the computational cost and reduce the overall performance of the ensemble model.

Random Forest is also omitted as a base model in the ensemble for similar reasons. While Random Forest can perform well as an individual model, it is computationally intensive due to its multiple decision trees and large size, which can lead to longer training and prediction times. When included in an ensemble, its computational overhead would outweigh the benefits, especially if the ensemble consists of already complex models.

The reason for selecting Bag of Words (BoW) for LR, NB, and SVM, and TFIDF for XGBoost lies in the nature of these feature extraction methods and the models themselves. BoW is a simple, yet effective method for converting text data into numerical form. It represents each word as a feature in a vector space, where the value is the frequency of the word in the document. This works well for models like LR, NB, and SVM because they perform better when the features are sparse and straightforward. The simplicity of BoW ensures that these models are not overwhelmed by the sheer number of features, which helps maintain interpretability and reduces computational cost.

On the other hand, TFIDF takes into account not only the frequency of words in a document but also their importance in the entire corpus. Words that occur frequently across many documents are weighted lower, while words that are more specific to a particular document are given more importance. This approach is particularly useful for models like XGBoost, which can handle the more complex and rich feature sets that TFIDF generates. The increased dimensionality of TFIDF features provides a better representation of the data, which XGBoost leverages to improve accuracy. Combining BoW for LR, NB, and SVM with TFIDF for XGBoost ensures that the strengths of both simpler and more complex feature extraction methods are utilized. The simpler methods prevent the models from being overwhelmed by excessive features, while TFIDF provides more nuanced features for XGBoost, leading to improved accuracy.

Ultimately, the combination of **BoW** and **TFIDF** strikes a balance between simplicity and complexity, ensuring that each model works efficiently and effectively within the ensemble without causing undue computational strain. This balanced approach helps to maintain both high accuracy and manageable computational requirements, making it the best choice for feature extraction in this scenario.

## 9.12 Results from Ensemble Model Training and Testing

### Ensemble Model 1

**Cross-Validation Accuracy Scores**

<b>Cross-Validation Accuracy Scores</b>		<b>Value</b>
	1	0.96364126
	2	0.95744681
	3	0.96175599
	4	0.95933208
	5	0.96202532
<b>Mean Validation Accuracy</b>		<b>96.08%</b>

**Classification Report for Ensemble Model1**

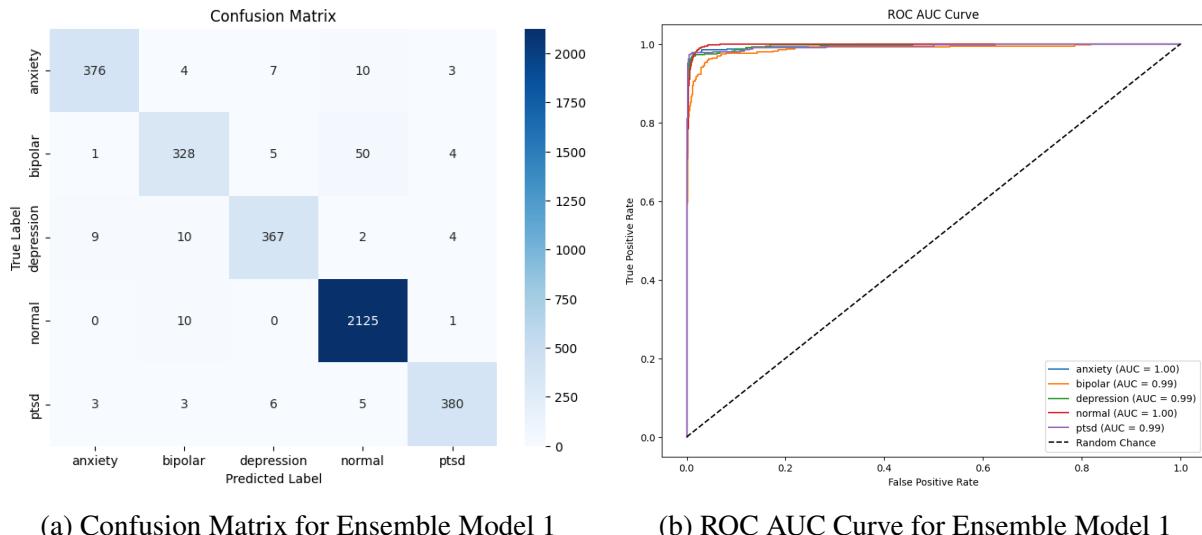
	Precision	Recall	F1-Score	Support
<b>Anxiety</b>	0.97	0.94	0.95	400
<b>Bipolar</b>	0.92	0.85	0.88	388
<b>Depression</b>	0.95	0.94	0.94	392
<b>Normal</b>	0.97	0.99	0.98	2136
<b>PTSD</b>	0.97	0.96	0.96	397
<b>Accuracy</b>	<b>96.08%</b>			
<b>Macro avg</b>	0.96	0.93	0.95	3713
<b>Weighted avg</b>	0.96	0.96	0.96	3713

**ROC AUC Scores for Each Class**

Class	ROC AUC
Anxiety	1.0
Bipolar	0.99
Depression	0.99
Normal	1.0
PTSD	0.99

The classification report provides an insightful summary of the ensemble model's performance, which combines Logistic Regression and XGBoost to classify mental health issues. Precision is a key metric that measures the proportion of correctly predicted positive cases out of all the positive predictions made by the model. For example, a precision of 0.97 for anxiety means that when the model predicts anxiety, it is correct 97% of the time. Recall, on the other hand, reflects the model's ability to identify all actual positive cases in the dataset. A recall of 0.94 for anxiety suggests that the model correctly identifies 94% of all true anxiety cases. The F1-score, which balances precision and recall, is also an important metric. With an F1-score of 0.95 for anxiety, the model strikes a good balance between precision and recall, indicating that it performs well across both metrics. Support represents the number of actual instances of a

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**Figure 42: Evaluation Results for Ensemble Model 1**

class in the dataset, and for anxiety, there are 1999 instances in the test set. The model's overall accuracy is 96.08%, meaning that it correctly predicts the mental health condition for 96.08% of the test instances, reflecting the overall effectiveness of the model. The macro average, which takes the unweighted mean of precision, recall, and F1-scores across all classes, shows an average precision of 0.96, recall of 0.93, and F1-score of 0.95. This provides a general idea of the model's performance across all classes without accounting for class imbalance. The weighted average, however, adjusts for the class distribution by giving more weight to classes with more instances. The weighted averages for precision, recall, and F1-score are all 0.96, reflecting strong overall performance, especially when considering the differing class sizes. The ROC AUC scores are another key performance indicator that evaluates the model's ability to distinguish between different classes. The AUC score ranges from 0 to 1, with 1 representing perfect classification. A perfect AUC score of 1.0 for anxiety, normal, and PTSD indicates that the model can perfectly differentiate between these classes and others. The AUC scores for bipolar and depression are 0.99, which is almost perfect, further demonstrating the model's strong performance across all classes. Overall, these metrics indicate that the ensemble model is highly effective at classifying mental health issues, with robust precision, recall, and the ability to distinguish between the different conditions. The confusion matrix will provide insight into the number of false positives, false negatives, true positives, and true negatives for each class. By looking at the confusion matrix, you can better understand where the model might be misclassifying certain classes, such as when it confuses anxiety with depression or bipolar with PTSD. For example, a high number of false positives in the anxiety class would mean the model is often predicting anxiety when it's actually a different mental health condition. Conversely, a high number of false negatives would mean the model is missing anxiety cases.

The combination of logistic regression and XGBoost allows the ensemble model to leverage the strengths of both algorithms. While logistic regression is simple and interpretable, it might struggle with non-linearities in the data. XGBoost, on the other hand, is a powerful gradient boosting algorithm that can capture complex patterns in the data. By stacking their predictions, the ensemble model benefits from both simplicity and complexity, achieving higher accuracy and robustness in text-based classification tasks.

This ensemble model, combining Logistic Regression and XGBoost, is highly effective for the mental health classification web application due to its ability to leverage the strengths of both algorithms. Logistic Regression provides a simple yet powerful linear approach to classification, offering interpretability and efficiency, while XGBoost excels at handling complex, non-linear relationships with its gradient boosting framework, enabling better accuracy and robustness. By stacking these models, the ensemble approach mitigates the individual weaknesses of each algorithm—Logistic Regression's limitations in capturing non-linear patterns and XGBoost's susceptibility to overfitting on small datasets—resulting in a more balanced, accurate, and generalizable model. This synergy ensures that the mental health classification web application delivers reliable, high-precision predictions across diverse text-based inputs.

## Ensemble Model 2

**Cross-Validation Accuracy Scores**

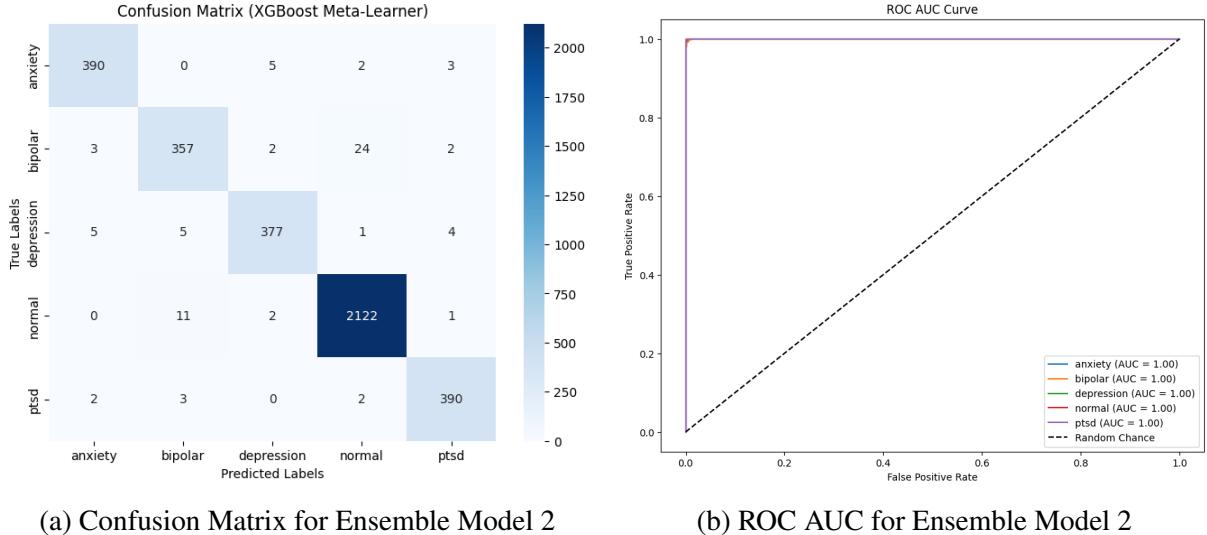
Cross-Validation Accuracy Scores	Value
1	0.980878
2	0.97629949
3	0.98249394
4	0.97522219
5	0.97710746
<b>Mean Validation Accuracy</b>	<b>97.84%</b>

**Classification Report for Ensemble Model2**

	Precision	Recall	F1-Score	Support
<b>Anxiety</b>	0.97	0.97	0.97	400
<b>Bipolar</b>	0.95	0.92	0.93	388
<b>Depression</b>	0.98	0.96	0.97	392
<b>Normal</b>	0.99	0.99	0.99	2136
<b>PTSD</b>	0.97	0.98	0.98	397
<b>Accuracy</b>	<b>97.93%</b>			
<b>Macro avg</b>	0.97	0.97	0.97	3713
<b>Weighted avg</b>	0.98	0.98	0.98	3713

## ROC AUC Scores for Each Class

Class	ROC AUC
Anxiety	1.0
Bipolar	1.0
Depression	1.0
Normal	1.0
PTSD	1.0



(a) Confusion Matrix for Ensemble Model 2

(b) ROC AUC for Ensemble Model 2

Figure 43: Evaluation Results for Ensemble Model 2

Each row of the matrix represents the true class, while each column represents the predicted class. The diagonal elements (390, 357, 377, 2122, 390) show the number of correct predictions for each class (anxiety, bipolar, depression, normal, PTSD), while the off-diagonal elements represent misclassifications.

For example, the model misclassified 2 samples from the anxiety class as depression and 1 sample from the bipolar class as normal, but overall, the model made very few misclassifications. An ROC AUC score of 1.0 indicates perfect classification performance for each class, meaning that the model has perfectly separated the classes based on the probability predictions. This reinforces the outstanding performance of the XGBoost model.

Using XGBoost as a meta-learner in an ensemble model is a strategic decision that brings several advantages, both in terms of performance and interpretability. To understand why XGBoost is an excellent choice, it is important to first appreciate the concept of a meta-learner and how ensemble learning works. Ensemble learning involves combining multiple base models to improve prediction accuracy by leveraging their individual strengths. In a typical ensemble method, the predictions of several base models (e.g., logistic regression, SVM, Naive Bayes, LSTM) are used as input features for a meta-learner, which then learns how to best combine these predictions to make a final decision. The meta-learner's role is to determine which base model's predictions are more reliable for each sample, thus improving the overall performance

of the ensemble. XGBoost, a gradient boosting algorithm, has several features that make it an ideal candidate for a meta-learner in this context. First, XGBoost is known for its ability to handle complex relationships in data, especially in terms of interactions between features. Unlike simpler models like logistic regression or Naive Bayes, XGBoost builds decision trees iteratively, where each new tree is focused on correcting the errors made by the previous trees. This iterative approach allows XGBoost to capture non-linear patterns and subtle interactions that might be missed by individual base models. When used as a meta-learner, XGBoost can intelligently combine the predictions from the base models by learning the optimal way to weigh the output of each base model. This is especially important in a multi-model setting where different classifiers might have complementary strengths—XGBoost can effectively “learn” when to trust each model’s prediction more, depending on the characteristics of the input data. Another advantage of using XGBoost as a meta-learner is its regularization capabilities. XGBoost includes both L1 and L2 regularization, which helps prevent overfitting. In the context of ensemble learning, this is particularly useful because, with multiple models contributing to the final prediction, the meta-learner needs to ensure it doesn’t overly rely on any one base model, especially if that model is prone to overfitting. By applying regularization, XGBoost encourages the model to generalize well, ensuring that the ensemble is robust and does not become overly sensitive to the training data or to noise.

Additionally, XGBoost is highly efficient in terms of both computation and memory usage. It is designed to work well with large datasets, and its ability to handle sparse data effectively makes it a good fit for a wide variety of tasks, including those involving textual data or other high-dimensional inputs. In ensemble models, where multiple base models generate a large number of features (e.g., prediction probabilities from each base model), XGBoost’s efficiency in processing these features allows it to scale well even as the number of base models or the size of the dataset grows. Another key benefit is XGBoost’s ability to handle imbalanced datasets. Many classification tasks, especially in medical or mental health data, suffer from class imbalances, where some classes (e.g., “Normal”) are more frequent than others (e.g., “Bipolar” or “PTSD”). XGBoost has built-in features to adjust for class imbalances, such as using class weights or employing custom loss functions. This is important in a meta-learner context because the base models might not be equally effective across all classes. XGBoost can ensure that the ensemble model doesn’t bias its predictions toward the majority class, which is crucial for improving the overall classification performance, especially for underrepresented classes. Furthermore, XGBoost provides excellent interpretability through feature importance scores. In an ensemble model, where several base models contribute to the final prediction, understanding how each base model influences the outcome is valuable for both improving the model and for explaining its behavior. XGBoost offers built-in tools to analyze the importance of individual features (in this case, the predictions of the base models), allowing practitioners to understand

how the meta-learner is making decisions and which base models are contributing the most to its predictions. Lastly, XGBoost's performance in various machine learning competitions has demonstrated its robustness. It is one of the top-performing algorithms in tasks such as classification and regression, often outperforming other methods, including random forests and neural networks. Its popularity and track record make it a safe and reliable choice for a meta-learner.

While using models like XGBoost, SVM, Naive Bayes, and LSTM as meta-learners in ensemble modeling can provide high accuracy, these models can also be prone to **overfitting**, especially when they are trained on the predictions of multiple base models. Overfitting occurs when the model learns the noise or patterns specific to the training data that do not generalize well to unseen data. For XGBoost, although it is a powerful and highly flexible model, its ability to capture complex relationships between features can lead to overfitting, especially when the base models are already strong. When combined with a large number of features from multiple base models, the XGBoost meta-learner may excessively adjust to small fluctuations in the training data, leading to high performance on the training set but poor generalization to new data. This risk is heightened if the base models already provide overlapping or correlated predictions, which can reinforce irrelevant patterns for the meta-learner. Similarly, SVM as a meta-learner can overfit in ensemble setups. SVM, especially when using a non-linear kernel, is very sensitive to the scale of features and may become highly specialized to the training data if not properly tuned. When stacking the output of multiple base models, each with its own biases and prediction tendencies, the SVM meta-learner may overemphasize specific instances that are not representative of the general data distribution. This can lead to poor performance on new, unseen data despite strong accuracy on the training set. Naive Bayes is another model that can overfit when used as a meta-learner. Although it assumes independence between features, stacking it with predictions from base models may violate this assumption, leading to overly optimistic performance during training. Naive Bayes models are particularly sensitive to correlated features, and in an ensemble, where the base models might produce similar predictions, the meta-learner might end up fitting to these correlations too closely. This results in high training accuracy but a significant drop in performance when applied to unseen data. Finally, LSTM models, although excellent at capturing long-range dependencies in sequential data, can also overfit when used as a meta-learner. LSTMs are prone to memorizing the training data, especially when the number of parameters in the model is large relative to the size of the training set. In ensemble settings, the LSTM meta-learner might overly adapt to the specific features of the training data, particularly when the base models' predictions are very similar, reinforcing the same patterns in the data. This can cause the LSTM meta-learner to perform well on training data but fail to generalize effectively to new data.

**Ensemble Model 3****Cross-Validation Accuracy Scores**

<b>Cross-Validation Accuracy Scores</b>		<b>Value</b>
1		0.98195529
2		0.97549152
3		0.98060867
4		0.97603016
5		0.97629949
<b>Mean Validation Accuracy</b>		<b>97.81%</b>

**Classification Report for Ensemble Model3**

	<b>Precision</b>	<b>Recall</b>	<b>F1-Score</b>	<b>Support</b>
<b>Anxiety</b>	0.98	0.97	0.98	400
<b>Bipolar</b>	0.96	0.90	0.93	388
<b>Depression</b>	0.97	0.96	0.96	392
<b>Normal</b>	0.98	1.00	0.99	2136
<b>PTSD</b>	0.97	0.97	0.97	397
<b>Accuracy</b>	<b>97.76%</b>			
<b>Macro avg</b>	0.97	0.96	0.97	3713
<b>Weighted avg</b>	0.98	0.98	0.98	3713

**ROC AUC Scores**

<b>Anxiety</b>	1.00
<b>Bipolar</b>	1.00
<b>Depression</b>	1.00
<b>Normal</b>	1.00
<b>PTSD</b>	1.00

The confusion matrix for the Random Forest model shows the performance of the classifier for each of the five mental health issues. For anxiety, there were 389 true positives, 2 false positives, 4 false negatives, and 2 misclassifications into other classes, demonstrating the model's high precision and recall for this category. Similarly, the bipolar disorder class had 351 true positives, 1 false positive, and 28 misclassifications into other classes, indicating strong but slightly lower recall compared to other categories. Depression exhibited robust performance with 377 true positives, only 6 misclassifications into other classes, and minimal false negatives. The normal class had an outstanding result with 2127 true positives, 8 false positives, and only 1 false negative, highlighting the model's exceptional accuracy for the majority class. For the PTSD class, there were 386 true positives, 5 misclassifications into other classes, and minimal false positives and negatives, showcasing excellent performance. Overall, the confusion matrix indicates that the Random Forest model is highly effective across all classes, with very few errors. The consistent performance across all classes underscores the model's ability to distinguish between different mental health conditions with high accuracy and reliability.

## ASMPFMHDD

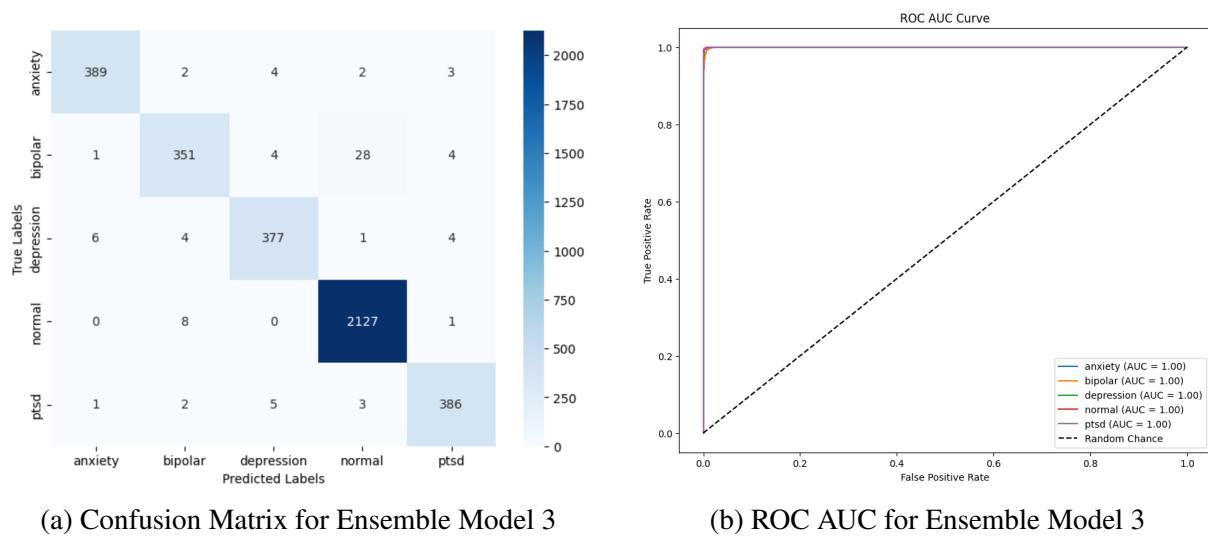


Figure 44: Evaluation Results for Ensemble Model 3

Random Forest is particularly effective at mitigating overfitting because it uses techniques like bootstrapping and random feature selection when constructing decision trees. This ensures that individual trees focus on different aspects of the data, reducing the risk of over-reliance on noise or specific patterns that might lead to overfitting. In contrast, linear models like Logistic Regression are inherently more sensitive to overfitting in high-dimensional spaces or when the data contains multicollinearity. Logistic Regression assumes a linear relationship between features and the target variable, making it less flexible in capturing complex patterns and more prone to memorizing specific data points, especially when regularization techniques are not carefully tuned. Despite experimenting with alternative configurations, such as N-Gram for XGBoost or TF-IDF for SVM, the selected ensemble model remains one of the optimal choices. The minor accuracy gains offered by the selected model are complemented by its computational efficiency, making it a practical solution for deployment. Random Forest's robust handling of overfitting and ability to generalize effectively across different inputs further solidify its suitability as the meta-learner, ensuring the web application remains both efficient and reliable in its predictive capabilities.

## Ensemble Model 4

### Cross-Validation Accuracy Scores

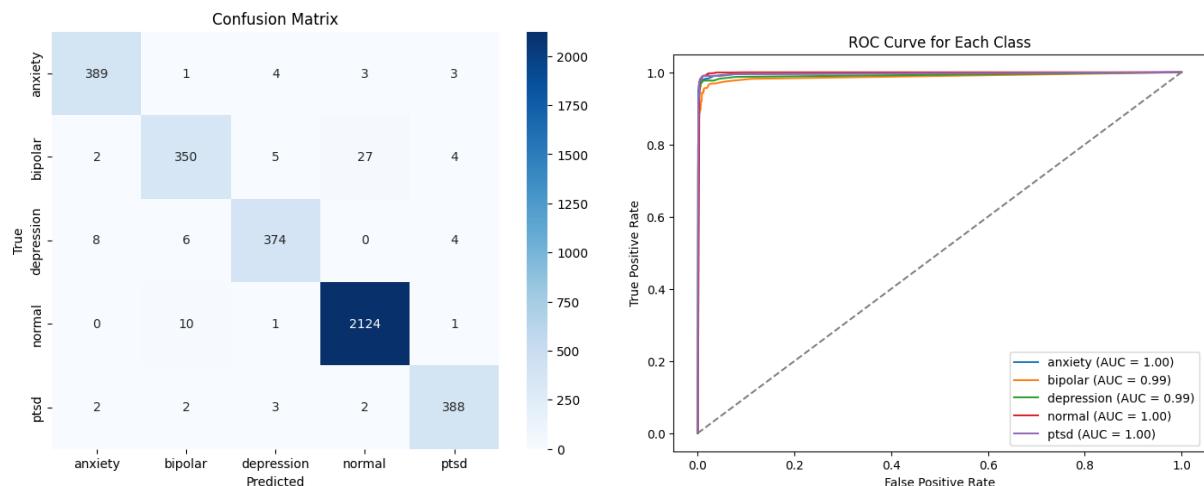
Cross-Validation Accuracy Scores	Value
1	0.97683814
2	0.96821977
3	0.97872340
4	0.96821977
5	0.97225963
<b>Mean Validation Accuracy</b>	<b>97.29%</b>

## Classification Report for Ensemble Model4

Class	Precision	Recall	F1-Score	Support
Anxiety	0.97	0.97	0.97	400
Bipolar	0.95	0.90	0.92	388
Depression	0.97	0.95	0.96	392
Normal	0.99	0.99	0.99	2136
PTSD	0.97	0.98	0.97	397
<b>Accuracy</b>	<b>97.63%</b>			
<b>Macro Avg</b>	0.97	0.96	0.96	3713
<b>Weighted Avg</b>	0.98	0.98	0.98	3713

## ROC AUC Scores

Class	ROC AUC Score
Anxiety	1.00
Bipolar	0.99
Depression	0.99
Normal	1.00
PTSD	1.00



(a) Confusion Matrix for Ensemble Model 4

(b) ROC AUC for Ensemble Model 4

Figure 45: Evaluation Results for Ensemble Model 4

The classification results for the Bagging model demonstrate high performance, with an accuracy of 97.63%. The classification report highlights strong precision, recall, and F1-scores across all classes, confirming the model's capability to accurately identify and classify mental health states. Notably, the "Normal" class exhibits near-perfect classification with precision, recall, and F1-scores all close to 0.99. Other classes, such as "Anxiety," "Bipolar," and "PTSD," also maintain high performance with minimal errors. The confusion matrix reveals minimal misclassifications. For example, in the "Anxiety" class, only a small number of instances are misclassified into other categories, while the "Bipolar" class shows a slightly higher degree

of misclassification but still achieves a recall of 0.90 and an F1-score of 0.92. These results emphasize the robustness of the Random Forest model in handling complex datasets.

Bagging classifiers, while highly effective at improving predictive accuracy, have a tendency to overfit the training data when used as meta-learners in ensemble models. This is due to the way bagging works, which involves training multiple base models on bootstrapped subsets of the training data and averaging their predictions. Although this method reduces variance in individual models, it can inadvertently lead to overfitting. Bagging classifiers aggregate outputs from high-variance base models, and when used as a meta-learner, the bagging process leverages outputs from already strong individual classifiers such as SVM, XGBoost, and LSTM. This additional layer of aggregation may amplify the model's capacity to memorize the training data, particularly when the meta-learner is exposed to intricate patterns that are not generalizable to unseen data. This can result in high accuracy on the training set but poor generalization to new data. The Bagging classifier can achieve an impressive accuracy, such as 99.77%, but this performance might not hold in real-world scenarios due to its reduced ability to generalize. When the model encounters slight variations in the testing dataset, its overfitting nature can cause the model to fail in maintaining consistent accuracy, leading to unreliable predictions. Bagging classifiers also do not inherently introduce the same level of regularization that Random Forest does. Random Forest uses feature-level randomness, selecting a subset of features for splitting at each node, which helps reduce overfitting by preventing any single feature from dominating the splits. Bagging classifiers, on the other hand, utilize all available features for training, which increases the likelihood of the model fitting noise in the training data, especially in high-dimensional datasets. Moreover, Bagging classifiers can be unstable and sensitive to minor changes in input data or individual base model outputs. This instability can further reduce the reliability of the model in practical applications, where consistency in predictions is crucial. In contrast, Random Forest, despite having slightly lower accuracy than the Bagging classifier, is better suited as a meta-learner. Random Forest introduces feature-level randomness, which prevents overfitting and enables the model to generalize well to unseen data. The bias-variance tradeoff is better balanced in Random Forest, which allows it to perform consistently across different datasets. Another significant advantage of using Random Forest as a meta-learner is its ability to maintain stability when retrained with new data inputs. For example, when retraining with user inputs, the accuracy fluctuations of the Random Forest meta-learner are minimal, indicating its robustness and ensuring stable performance over time. Additionally, Random Forest classifiers are computationally more efficient than Bagging classifiers, making them a more practical choice for real-time systems, such as those in web applications.

**Ensemble Model 5****Cross-Validation Accuracy Scores**

<b>Cross-Validation Accuracy Scores</b>		<b>Value</b>
1		0.96768765
2		0.97273645
3		0.97306397
4		0.96801347
5		0.96767677
<b>Mean Validation Accuracy</b>		<b>96.98%</b>

**Classification Report for Ensemble Model5**

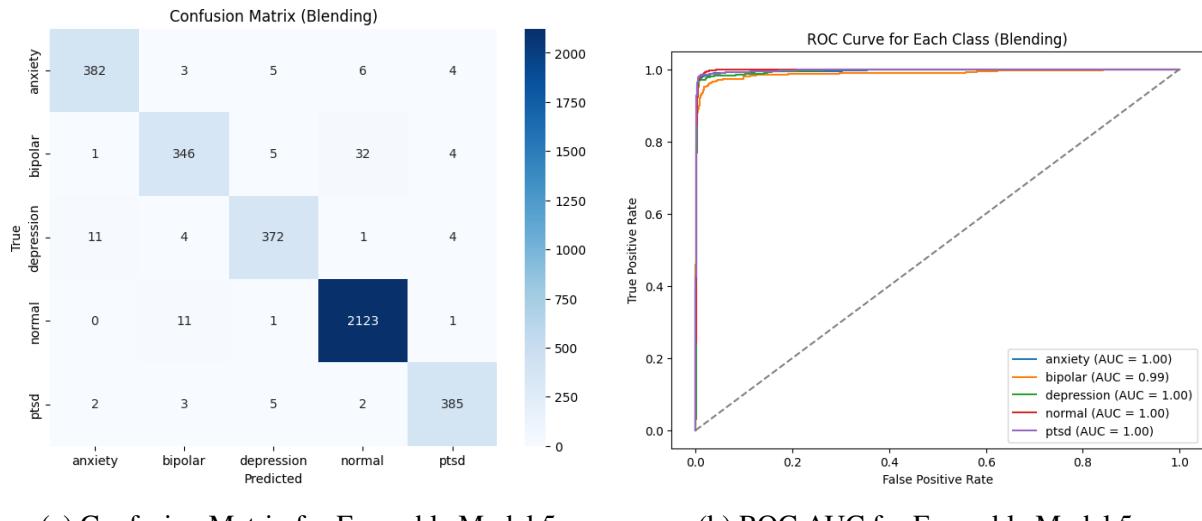
	<b>Precision</b>	<b>Recall</b>	<b>F1-Score</b>	<b>Support</b>
<b>Anxiety</b>	0.96	0.95	0.96	400
<b>Bipolar</b>	0.94	0.89	0.92	388
<b>Depression</b>	0.96	0.95	0.95	392
<b>Normal</b>	0.98	0.99	0.99	2136
<b>PTSD</b>	0.97	0.97	0.97	397
<b>Accuracy</b>	<b>97.17%</b>			
<b>Macro avg</b>	0.96	0.95	0.96	3713
<b>Weighted avg</b>	0.97	0.97	0.97	3713

**ROC AUC Scores**

<b>Class</b>	<b>AUC Score</b>
Anxiety	1.00
Bipolar	0.99
Depression	1.00
Normal	1.00
PTSD	1.00

The Blending Meta-Learner model exhibits strong performance with a test accuracy of 97.17%. The classification report highlights solid precision, recall, and F1-scores across all classes, confirming the model's ability to accurately classify mental health conditions. For anxiety, the precision, recall, and F1-score are 0.96, 0.95, and 0.96 respectively, indicating high accuracy in classifying anxiety. The bipolar class shows a precision of 0.94 and recall of 0.89, with an F1-score of 0.92. Depression has an excellent performance with precision, recall, and F1-score of 0.96, 0.95, and 0.95, respectively. The normal class shows near-perfect classification with precision of 0.98, recall of 0.99, and F1-score of 0.99, highlighting the model's ability to accurately predict the majority class. PTSD shows a precision of 0.97, recall of 0.97, and F1-score of 0.97, reflecting strong performance. The accuracy across all classes is 97%, with the macro average F1-score being 0.96, and the weighted average F1-score being 0.97. The confusion matrix reveals minimal misclassifications, with anxiety, bipolar, and depression showing only a few misclassified instances, and the normal class showing very few errors. The ROC

## ASMPFMHDD



(a) Confusion Matrix for Ensemble Model 5

(b) ROC AUC for Ensemble Model 5

Figure 46: Evaluation Results for Ensemble Model 5

AUC scores indicate excellent model performance in distinguishing between classes, with perfect scores of 1.00 for anxiety, depression, normal, and PTSD, and a score of 0.99 for bipolar. Cross-validation results show consistency, with accuracies ranging from 96.77% to 97.31% and a mean validation accuracy of 96.98%. The standard deviation of validation accuracy is 0.25%, demonstrating the stability of the model across different folds. These results emphasize the effectiveness and reliability of the Blending Meta-Learner in predicting mental health conditions with minimal misclassifications and high consistency. However, despite these impressive results, stacking ensemble using Random Forest as the meta-learner is often preferred over this Blending model. The main reason for this is that stacking tends to be more effective in generalizing to unseen data because it leverages multiple models for training the meta-learner, which reduces the risk of overfitting. In contrast, Blending may result in overfitting as it typically uses a simpler approach of directly training the meta-learner on the predictions from base models without incorporating a cross-validation step.

## Ensemble Model 6

### Cross-Validation Accuracy Scores

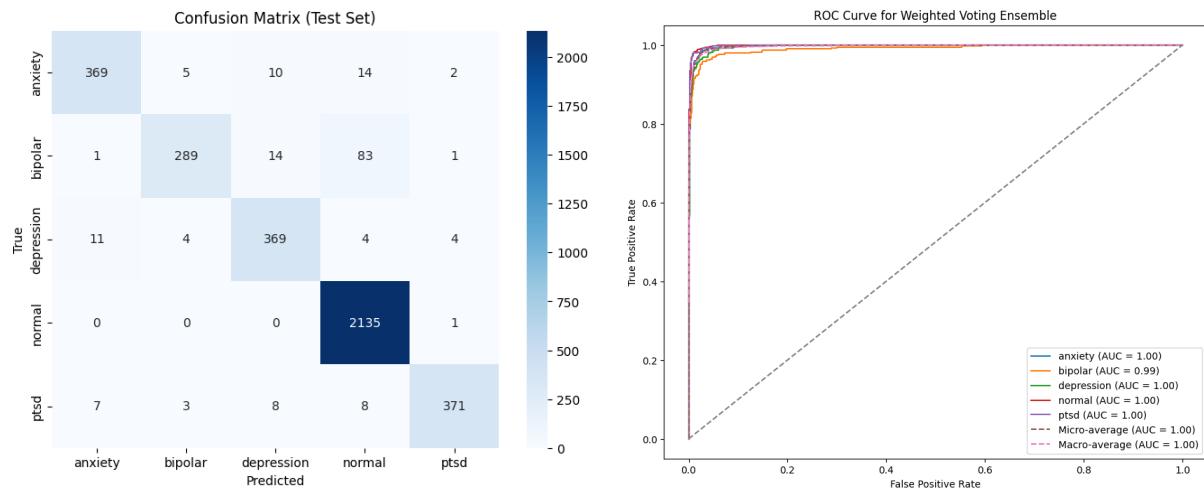
Cross-Validation Accuracy Scores		Value
1		0.9582547805009426
2		0.9477511446269863
3		0.9453272286560732
4		0.9464045246431457
5		0.9488284406140587
<b>Mean Validation Accuracy</b>		<b>94.93%</b>

## Classification Report for Ensemble Model6

	Precision	Recall	F1-Score	Support
<b>Anxiety</b>	0.95	0.92	0.94	400
<b>Bipolar</b>	0.96	0.74	0.84	388
<b>Depression</b>	0.92	0.94	0.93	392
<b>Normal</b>	0.95	1.00	0.97	2136
<b>PTSD</b>	0.98	0.93	0.96	397
<b>Accuracy</b>	<b>95.15%</b>			
<b>Macro avg</b>	0.95	0.91	0.93	3713
<b>Weighted avg</b>	0.95	0.95	0.95	3713

## ROC AUC Scores

Class	ROC AUC
Anxiety	1.00
Bipolar	0.99
Depression	1.00
Normal	1.00
PTSD	1.00



(a) Confusion Matrix for Ensemble Model 6

(b) ROC AUC for Ensemble Model 6

Figure 47: Evaluation Results for Ensemble Model 6

The Weighted Voting model achieved an accuracy of 95.15% on the test set, showcasing solid performance across multiple mental health categories. The classification report reveals that the model performed particularly well in identifying "Normal" cases, with perfect recall (1.00) and high precision (0.95). While the "Bipolar" class showed the lowest recall (0.74) and precision (0.96), indicating some challenges in correctly identifying bipolar disorder, other classes like "Anxiety" and "PTSD" exhibited strong performance with high F1-scores (0.94 and 0.96, respectively). The confusion matrix further highlights a few misclassifications, with a notable

number of "Bipolar" instances misclassified as other classes, particularly "Normal" and "Depression." The ROC AUC score of 0.99 for PTSD indicates that the model performed exceptionally well in distinguishing PTSD cases from the rest, though other classes had lower AUC values. Overall, the Weighted Voting model effectively handled the classification task with robust performance for most classes, but some room for improvement remains in distinguishing between certain mental health issues, particularly bipolar disorder.

While the Weighted Voting ensemble model shows a respectable accuracy of 94.93% and performs well across all classes, it is not preferred over other models like the Stacking ensemble with Random Forest as the meta-learner. The primary reason for this is that the Weighted Voting model does not fully take advantage of the strength of individual base models in the same way as the Stacking ensemble does. In Weighted Voting, the predictions of base models are combined based on their weighted contribution, but this method does not allow for the optimal learning of inter-model relationships that Stacking does. In the Stacking model, the Random Forest meta-learner is specifically designed to handle interactions between different base models, learning how to combine their strengths in a way that minimizes overfitting while maintaining high accuracy. In contrast, Weighted Voting simply assigns a weight to each model based on its performance, without a deeper mechanism to adjust for overfitting or to learn from the diversity of base models. This lack of fine-tuning in model interaction limits its ability to generalize as effectively as Stacking. Furthermore, the Weighted Voting model's performance may suffer when dealing with more complex relationships between features, as it relies on the simplicity of averaging the weighted predictions. While it is computationally efficient, it does not provide the robustness that Stacking offers through a more sophisticated meta-learning approach. As a result, despite the relatively high accuracy, the Weighted Voting ensemble model is considered less optimal for the given task when compared to more powerful models like Stacking.

## Ensemble Model 7

**Cross-Validation Accuracy Scores**

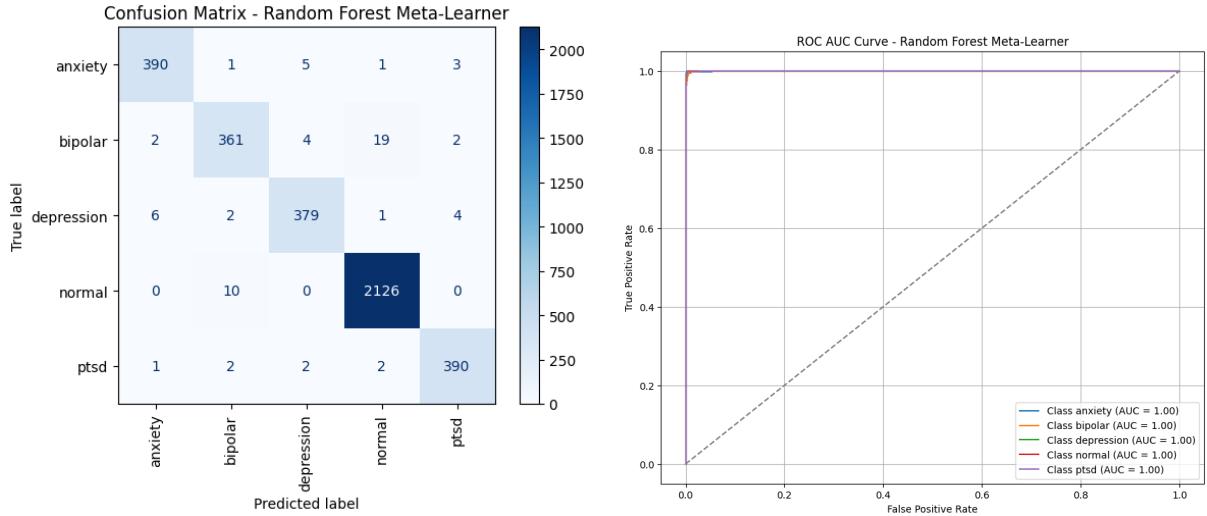
Cross-Validation Accuracy Scores	Value
1	0.980878
2	0.97899273
3	0.98410988
4	0.98168597
5	0.97764611
<b>Mean Validation Accuracy</b>	<b>98.03%</b>

**Classification Report for Ensemble Model7**

	Precision	Recall	F1-Score	Support
<b>Anxiety</b>	0.98	0.97	0.98	400
<b>Bipolar</b>	0.96	0.93	0.95	388
<b>Depression</b>	0.97	0.97	0.97	392
<b>Normal</b>	0.99	1.00	0.99	2136
<b>PTSD</b>	0.98	0.98	0.98	397
<b>Accuracy</b>	<b>98.20%</b>			
<b>Macro avg</b>	0.98	0.97	0.97	3713
<b>Weighted avg</b>	0.98	0.98	0.98	3713

**ROC AUC Scores**

Class	ROC AUC Score
Anxiety	1.00
Bipolar	1.00
Depression	1.00
Normal	1.00
PTSD	1.00



(a) Confusion Matrix for Ensemble Model 7

(b) ROC AUC for Ensemble Model 7

Figure 48: Evaluation Results for Ensemble Model 7

The ensemble model, which leverages a Transformer-based model as the base learner along with Logistic Regression, Naive Bayes, SVM, LSTM, XGBoost, and Random Forest as the meta-learner, has achieved an impressive accuracy of 98.03% on the test set. The classification report indicates high precision, recall, and F1-scores across all classes, with the model performing particularly well in detecting "Normal" and "PTSD" cases, where precision and recall are both very high. The confusion matrix reveals minimal misclassifications, further demonstrating the effectiveness of the ensemble approach in handling complex classification tasks. The

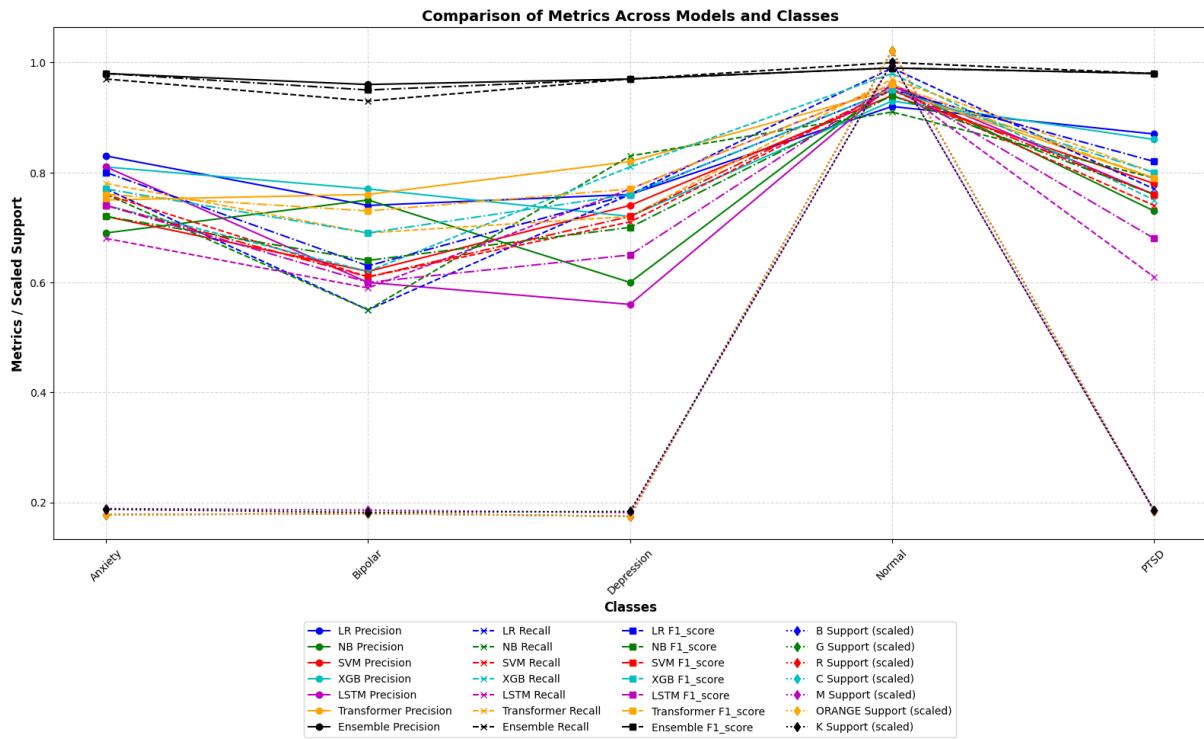


Figure 49: Comparison of Base Models and Ensemble Model7

perfect ROC AUC scores of 1.00 across all classes suggest that the model is able to distinguish between different mental health conditions with near-perfect specificity and sensitivity. This robust performance highlights the advantage of combining multiple models through ensemble learning, where the strengths of each model contribute to the overall improvement in accuracy.

Incorporating a custom Transformer-based model as part of the ensemble brings significant advantages in the classification task. Transformer models are particularly effective in handling sequential data due to their self-attention mechanism, which allows the model to focus on important features and long-range dependencies within the input data. This makes them particularly suited for tasks like natural language processing or time-series classification, where context plays a crucial role. By integrating a Transformer as a base model in an ensemble, the model can capture complex patterns and relationships that other models, such as Logistic Regression or Naive Bayes, may overlook. The ensemble approach benefits from the Transformer's ability to learn sophisticated representations, while the meta-learner, in this case, Random Forest, effectively combines the outputs of various base models to enhance overall performance. This combination not only boosts accuracy but also improves the robustness and generalization capabilities of the model, making it more reliable for real-world applications. When used as a base model, the Transformer generates rich feature vectors, which are then processed by the meta-learner. In this case, Random Forest, a robust ensemble method, takes the output of the base models, including the Transformer, and uses it to make the final classification decision. The

meta-learner helps in reducing overfitting and improving generalization by aggregating the predictions of multiple models, leading to better performance across different data distributions. By leveraging the strengths of the Transformer's ability to understand complex relationships and the Random Forest's ability to combine multiple models, the ensemble approach becomes highly effective in complex classification tasks.

Below is a comparison of all the ensemble models for reference

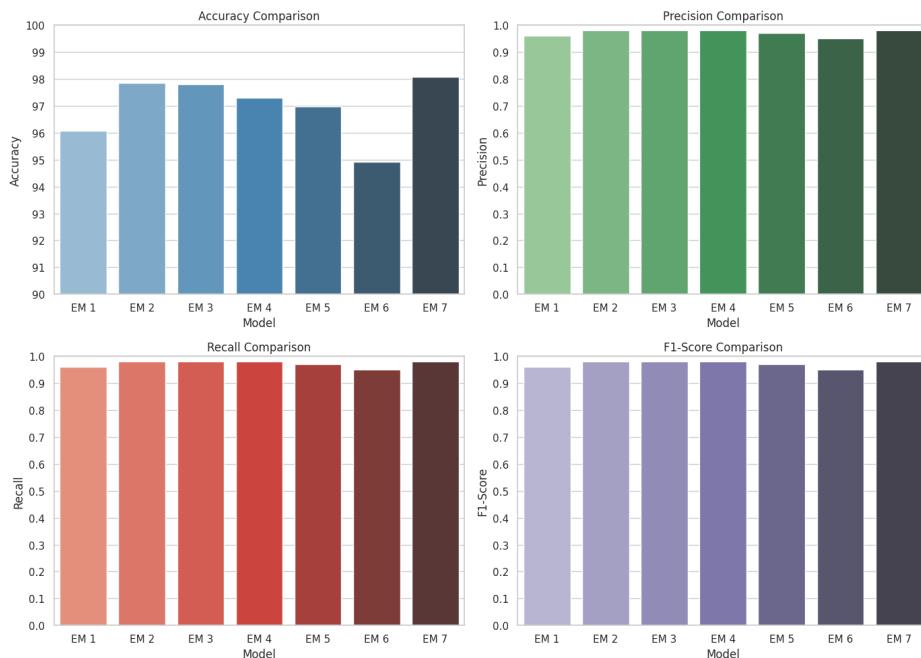


Figure 50: Comparison of all Ensemble Models

### 9.13 Result from hierarchical Ensemble Models

#### Performance Comparison of Models

Model	Subset 1	Subset 2	Subset 3	Subset 4	Subset 5	Subset 6	ENSEMBLE
Logistic Regression	87.66	85.07	86.74	90.61	88.17	72.62	<b>90.90</b>
Naive Bayes	83.63	81.71	83.50	84.44	85.93	64.33	<b>84.15</b>
SVM	85.13	82.30	83.50	88.34	85.45	67.81	<b>91.79</b>
XGBoost	87.39	85.79	86.78	91.37	86.32	70.95	<b>67.67</b>
LSTM	84.91	81.63	81.83	87.22	85.38	67.74	<b>87.48</b>
Transformer	88.50	84.50	86.50	89.35	87.62	72.40	<b>91.53</b>
ENSEMBLE	<b>98.03</b>	<b>94.85</b>	<b>96.96</b>	<b>97.79</b>	<b>96.86</b>	<b>92.57</b>	<b>96.24</b> / <b>96.25</b>

**Note:** The final ensemble models from two different architectures achieved accuracies of **96.24%** and **96.25%** respectively.

The hierarchical ensemble model implemented in this project addresses the challenge of handling large datasets effectively by leveraging a modular and scalable approach. The dataset,

consisting of millions of records, is divided into manageable subsets, with each subset treated as an independent data unit. For each subset, multiple base models such as Logistic Regression, Naive Bayes, SVM, LSTM, XGBoost, and Custom Transformers are trained and tested. These base models are then combined into a subset-specific ensemble using Random Forest as the meta learner. This process is repeated for all subsets, resulting in several independent ensemble models. Finally, the outputs from these subset-specific ensembles are aggregated to form a final ensemble model, representing the comprehensive learning from the entire dataset. This approach not only ensures better performance but also provides a framework for handling large-scale data efficiently. While the current implementation follows a fully sequential approach for testing and validation purposes, the design is inherently scalable to a distributed system architecture. In a distributed setup, the dataset can be partitioned and processed in parallel, with each subset assigned to a separate computational node or worker. Each node trains base models, creates an ensemble for its subset, and transmits the results to a central controller. The controller aggregates the subset-specific ensembles into a global ensemble model, ensuring a streamlined process that benefits from parallelism and modularity. This architecture mirrors distributed computing principles, making it highly suitable for large-scale deployments and real-world applications.

The hierarchical structure of this approach aligns with distributed systems by effectively implementing data parallelism and task parallelism. By dividing the dataset into subsets, the computational load is distributed, preventing memory bottlenecks and ensuring resource optimization. Each subset is processed independently, enabling a modular design where tasks are decoupled. This design also enhances fault tolerance, as the failure of a single subset's processing does not affect the others. Moreover, the scalability of the approach allows it to adapt to varying resource constraints. Adding more computational nodes makes it feasible to handle additional subsets or process the data faster, showcasing its adaptability and efficiency. The distributed nature of the architecture ensures high throughput and reduces training time, making it suitable for scenarios involving large-scale datasets. The hierarchical ensemble model design is a future-ready solution that can transition seamlessly to distributed platforms, leveraging cloud services or on-premises high-performance computing clusters. The methodology combines the strengths of ensemble learning with the efficiencies of distributed systems to create a robust and scalable solution for modern data science challenges.

The second architecture optimizes the hierarchical ensemble approach by restructuring the model aggregation process to enhance scalability and computational efficiency. Instead of creating ensemble models for each of the  $n$  subsets independently, models of the same type from all subsets are combined into a single ensemble for that type using Random Forest (or Logistic Regression) as the meta learner. This results in six intermediate ensemble models, one for

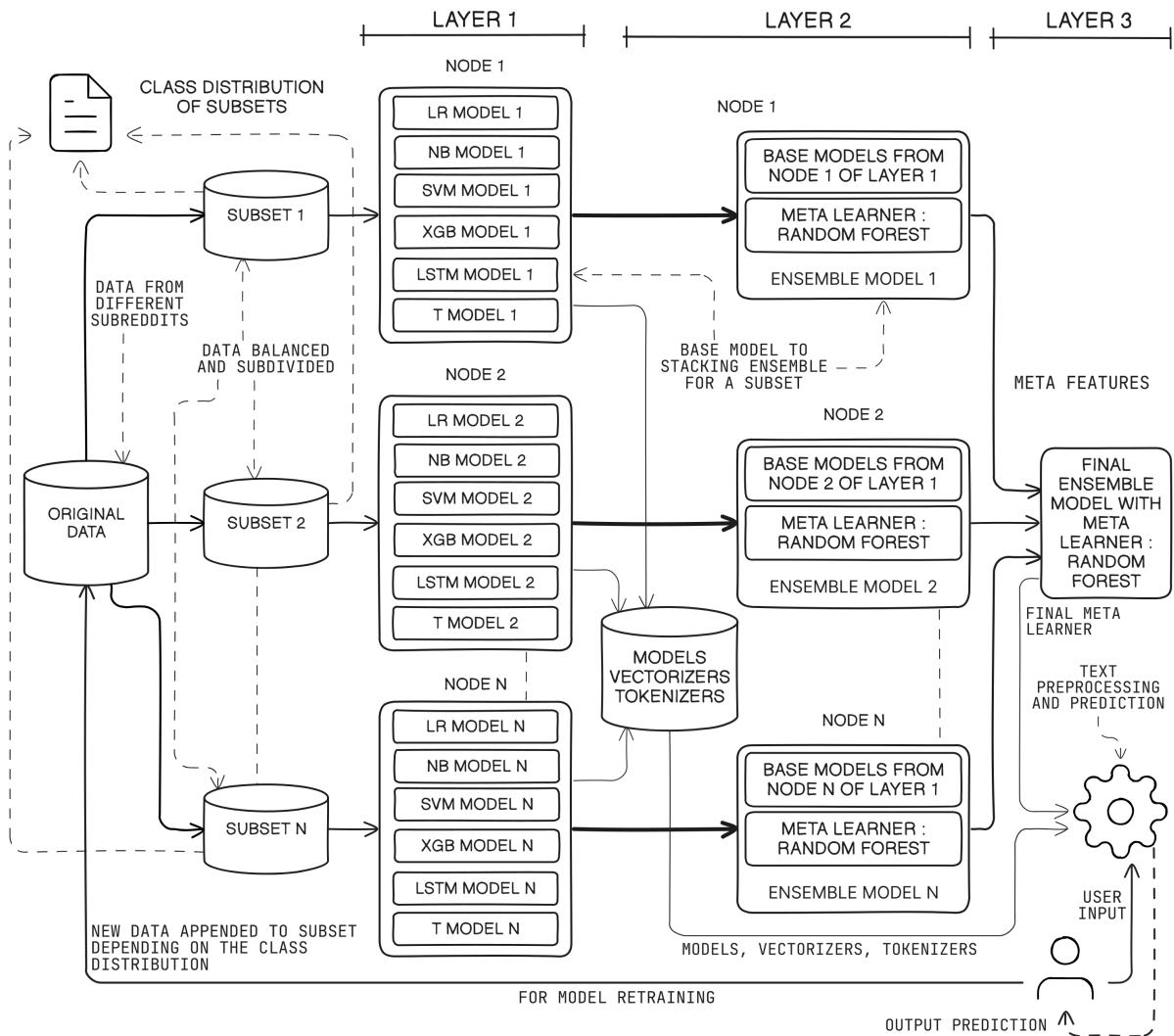


Figure 51: Scalable Distributed Architecture 1

each model type: Logistic Regression, Naive Bayes, SVM, XGBoost, LSTM, and Transformer. These intermediate ensemble models are then used to form the final ensemble model, where Random Forest acts as the meta learner. This architectural adjustment significantly reduces the number of intermediate ensemble models from  $n$  to six while preserving the hierarchical structure, thereby maintaining a consistent three-layer design. The second architecture achieved an accuracy of 96.25%. However, its design provides distinct advantages when dealing with much larger datasets or a higher number of subsets. As the dataset size increases, the number of subsets and computational nodes may also grow. In the previous architecture, this scaling would lead to a proportional increase in the number of intermediate ensemble models, which could strain computational resources and introduce inefficiencies in model aggregation. In contrast, the second architecture fixes the number of intermediate ensemble models at six, irrespective of the number of subsets, ensuring that the computational load remains manageable while scal-

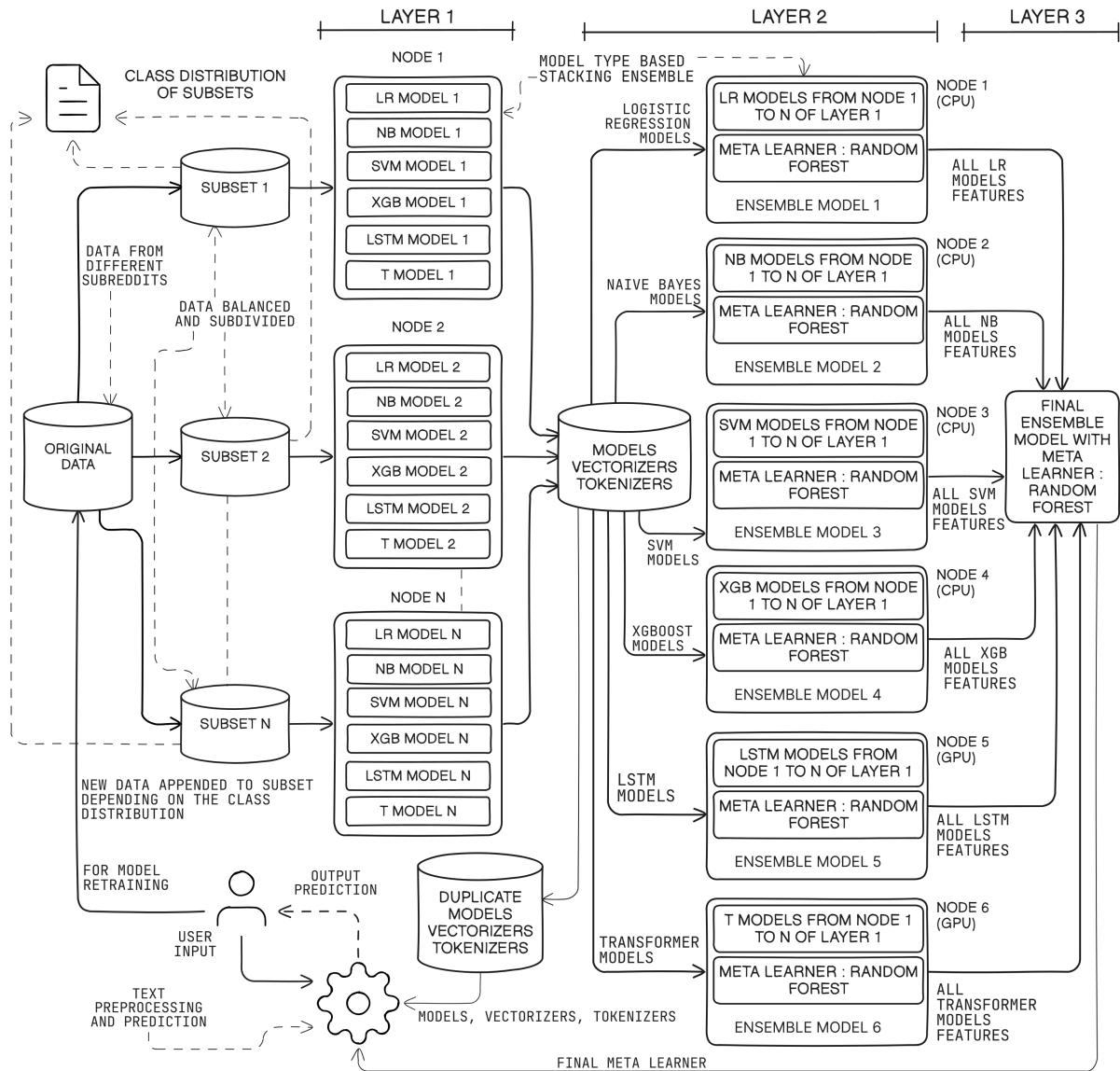


Figure 52: Scalable Distributed Architecture 2

ability is maintained. Another significant improvement lies in the efficient use of hardware resources. In the second architecture, GPUs are utilized exclusively for training the LSTM and Transformer-based ensemble models, rather than being partially engaged across all intermediate models as in the first architecture. This selective usage of GPUs streamlines resource allocation, ensuring that the most computationally intensive models benefit from accelerated hardware while reducing unnecessary overhead for other model types. The use of Logistic Regression as the meta learner in the intermediate ensemble models further contributes to this efficiency. Logistic Regression is computationally lightweight and linear, making it an excellent choice for aggregating predictions across subsets without introducing excessive complexity. Its linearity ensures faster training while maintaining strong predictive performance, particularly

for well-separated data classes. Random Forest as a meta-learner is a better option for considering overfitting issues. A key addition to the second architecture is the implementation of an efficient data bus for transferring models of the same type from different subsets to the respective intermediate nodes responsible for creating the type-specific ensemble. This structured flow of data and models ensures seamless communication between subsets and intermediate nodes, reducing latency and synchronization overhead. By fixing the number of intermediate ensemble models at six, the architecture limits the number of aggregation layers while still leveraging the diversity and complementary strengths of all base models. This design strikes a balance between computational efficiency and predictive performance, making it particularly advantageous for large-scale datasets. The second architecture's streamlined design, efficient resource utilization, and fixed number of intermediate ensemble models make it a robust and scalable solution for modern data science challenges. By addressing the potential bottlenecks of the first architecture while maintaining comparable performance, it provides a practical alternative for real-world applications where scalability and computational efficiency are critical.

Architecture 1 takes more time in cross-validation compared to Architecture 2 due to its decentralized design. In Architecture 1, each subset independently creates its intermediate ensemble model, resulting in a larger number of models being trained and validated. This increases the computational workload and requires more synchronization across subsets. On the other hand, Architecture 2 aggregates models of the same type into a single intermediate ensemble model, reducing the number of intermediate ensembles. This streamlining minimizes redundancy and allows for faster cross-validation while maintaining predictive performance. In Architecture 2, models of the same type are used as base models in the intermediate ensemble to ensure consistency and simplify the aggregation process. Mixing different types of models, such as Logistic Regression from one subset and SVM from another, would introduce heterogeneity in predictions, making the meta-learning process more complex. By grouping models of the same type, the meta-learner can better capture specific patterns and variations unique to each model type. This design also ensures that the strengths of each algorithm are utilized optimally, allowing the final ensemble to benefit from their complementary capabilities. The observation that SMOTE is not required and yields the same results as stratified K-fold cross-validation indicates that the dataset is either balanced or sufficiently robust to handle minor class imbalances. Stratified K-fold cross-validation ensures that each fold maintains the same class distribution as the original dataset, effectively mitigating the impact of class imbalance during training and testing. This suggests that the dataset's inherent balance, combined with the model's robustness, eliminates the need for synthetic oversampling techniques like SMOTE. Logistic Regression with L1 or L2 regularization is less suited for Architecture 2 because it takes more time to train on the larger, aggregated datasets at the intermediate level. Regularization adds computational overhead by

optimizing penalty terms alongside the model's weights, which can slow down training. Furthermore, Logistic Regression may struggle with the diverse, high-dimensional feature space created by aggregated predictions from multiple subsets. Random Forest, as a meta-learner, is a better choice in Architecture 2 because it is less prone to overfitting, can capture nonlinear relationships, and handles high-dimensional data effectively without extensive parameter tuning. Its ensemble-based nature ensures better generalization, making it more efficient and reliable for intermediate and final aggregation.

To determine  $n$ , the number of subsets, based on the size of the original dataset, it is crucial to consider computational efficiency, memory constraints, and sequential execution. Given that the dataset has  $D = 167,229$  records and is processed sequentially in Google Colab with 12GB of RAM per node, the number of subsets  $n$  must strike a balance between memory usage and model performance. In this case, you chose  $n = 6$  subsets, which implies a subset size  $S$  of:

$$S = \frac{D}{n} = \frac{167,229}{6} \approx 27,872 \text{ records per subset.}$$

The choice of  $n = 6$  is reasonable given the following factors:

1. **Memory Constraints:** Google Colab provides 12GB of RAM. Each subset must fit within this memory while accommodating the model's requirements for training and validation. Processing approximately 27,833 records at a time is well-suited to this memory limit for most machine learning models, including Logistic Regression, SVM, LSTM, and Transformer-based models.
2. **Sequential Execution:** Since the architectures are implemented sequentially, the number of subsets  $n$  does not need to align with the number of computational nodes. Instead, the goal is to divide the dataset into manageable chunks that reduce training time and memory overhead for each subset.
3. **Performance and Aggregation:** With  $n = 6$ , both architectures remain computationally feasible. In Architecture 1,  $n = 6$  leads to six independent intermediate ensemble models, which are aggregated into the final ensemble. In Architecture 2, models of the same type from all six subsets are combined into six intermediate ensemble models, one for each base model type.

## 10 Conclusion

### 10.1 Project Benefits

The project on detecting mental health disorders through social media analysis offers a wide array of significant benefits, both immediate and long-term, across multiple dimensions. First and foremost, it addresses a critical issue in mental health care—early detection and intervention. Social media has become a ubiquitous platform where people express their thoughts, feelings, and emotional states, often unconsciously. By leveraging the vast amounts of data available on social media platforms, our project seeks to tap into this resource to identify early signs of mental health disorders such as anxiety, depression, and more severe conditions like bipolar disorder or schizophrenia. The ability to detect mental health issues through real-time social media data is a game-changer for public health systems, mental health practitioners, and even individuals who may not realize they are at risk. Early detection enables timely intervention, reducing the overall burden of mental health disorders on society by preventing escalation into more severe conditions that often lead to hospitalization, self-harm, or even suicide. In this sense, the project aligns with global health initiatives that emphasize early diagnosis and preventive care.

Moreover, this project holds significant potential for improving the accuracy and efficiency of mental health diagnostics. Traditional diagnostic methods are often time-consuming, subjective, and reliant on self-reporting, which can lead to underdiagnosis or misdiagnosis. By utilizing machine learning algorithms and natural language processing techniques, our project automates the process of sentiment and behavioral analysis on social media platforms, offering a more objective and data-driven approach. This automated system can process large volumes of data much faster than human professionals, providing insights that would be impossible to glean from manual analysis. The algorithms developed as part of this project can be easily scaled to analyze millions of social media posts, enabling a broader reach in monitoring public mental health trends. Additionally, the project offers practical benefits for mental health professionals, allowing them to focus on treatment and intervention rather than diagnosis. It provides a tool that can be integrated into telehealth systems, offering mental health screening at scale, which is particularly valuable in underserved or rural areas where access to mental health professionals is limited.

From a technological standpoint, the project offers a host of reusable components and methodologies. The machine learning models developed, the sentiment analysis tools, and the overall data pipeline are designed to be scalable and modular. These components can be adapted and extended to other domains beyond mental health, such as market sentiment analysis, public opinion monitoring, or even detecting harmful behavior like cyberbullying and harassment online. By advancing the state of the art in social media analytics, this project contributes to the

growing field of AI-driven health care solutions. Furthermore, it provides a blueprint for future interdisciplinary work that integrates data science, psychology, and public health.

## 10.2 Future Scope for Improvements

While this project offers numerous immediate benefits, there is substantial room for future enhancements that can broaden its applicability, accuracy, and effectiveness. Currently, the project focuses on analyzing Reddit data using PRAW, which is limited to a specific social media platform and dataset. In the future, incorporating data from other platforms like Facebook, Instagram, Twitter, and even niche forums could provide a more comprehensive understanding of an individual's mental health status. Different platforms cater to different demographics and social behaviors, and expanding the dataset will allow for a more holistic analysis of mental health indicators across various user bases.

Moreover, future improvements could focus on integrating real-time data analysis capabilities. Currently, our project is based on batch processing of historical data. However, in future iterations, the system could be developed to perform real-time monitoring, offering immediate feedback and potentially alerting health professionals or loved ones when someone shows signs of mental distress. This real-time capability would be invaluable in emergency situations, allowing for immediate intervention.

Another significant future enhancement could involve incorporating ethical considerations and improving user privacy. As mental health is a sensitive subject, ensuring that the system is designed with robust privacy protections is critical. Future work could focus on using differential privacy or other anonymization techniques to ensure that user data remains confidential while still allowing for effective analysis. Moreover, collaborating with psychologists, ethicists, and legal experts could help refine the system to ensure it adheres to ethical guidelines and avoids potential harm, such as misdiagnosis or privacy violations.

### Probable Method for implementation of Distributed Architecture

The dataset is divided into subsets for parallel processing in a distributed system. Data partitioning can be performed using distributed data storage systems such as Hadoop HDFS, Amazon S3, or Google Cloud Storage. Tools like Apache Spark or Dask are particularly effective for splitting datasets into logical subsets based on criteria such as size, record count, or specific data attributes like time ranges, regions, or categories. Each subset is then assigned to a worker node for processing. Alternatively, data sharding can be used at the database level, where SQL queries or shard keys in databases like MongoDB or Cassandra create logical partitions of the dataset. Each worker node is responsible for training base models on its assigned subset. Worker nodes are typically implemented using containers such as Docker or virtual machines, each equipped

with necessary machine learning frameworks like Scikit-learn, TensorFlow, or PyTorch. A central master node, acting as the orchestrator, distributes tasks such as training models like Logistic Regression, SVM, and others to these workers. Frameworks such as Apache Spark MLlib or TensorFlow Distributed Strategy facilitate this process. Each worker independently processes its subset, training multiple base models in parallel, while periodically reporting training statuses back to the master node. After training the base models for each subset, a subset-specific ensemble is created. This is typically done by employing a meta learner like Random Forest to aggregate the outputs of the base models within each worker. Frameworks like Scikit-learn or XGBoost can be utilized locally on the workers for this purpose. The trained subset-specific ensembles are then saved to distributed storage systems such as S3 or HDFS for later aggregation into a final ensemble model. To create the final ensemble model, predictions or model weights from all subset-specific ensembles are collected by the master node. The aggregation process can use techniques such as weighted averaging or stacking, implemented through another meta learner. In cases where the number of subset-specific ensembles is large, the aggregation itself can be distributed using paradigms like MapReduce. The final model is saved to shared storage to facilitate deployment. Once the final ensemble model is created, it is deployed using distributed inference platforms like TensorFlow Serving, Kubernetes, or AWS SageMaker, ensuring scalability by serving the model across multiple instances. Monitoring tools such as Prometheus or Grafana are employed to track the performance and resource utilization of the distributed system, ensuring reliable operation. For implementing such a system, various technologies are available. Distributed computing frameworks like Apache Spark or Dask are ideal for parallel data processing and machine learning. TensorFlow Distributed Strategy or PyTorch Distributed are suitable for scalable training of deep learning models. Task orchestration can be managed using tools like Apache Airflow or Prefect, while Kubernetes is used for container orchestration and scaling worker nodes. Storage and sharding can be handled by systems like Hadoop HDFS, Amazon S3, or databases like Cassandra and MongoDB. For managing communication between nodes, message-passing systems such as RabbitMQ or Kafka are employed. Network overhead must be minimized to avoid communication bottlenecks between the master node and workers. Fault tolerance is critical, and distributed frameworks with built-in recovery mechanisms should be used.

The implementation of threading in the web application presents a significant opportunity for future improvements, particularly in enhancing the scalability and efficiency of the system. Threading can address several real-world challenges by allowing the application to handle multiple tasks concurrently, thereby improving responsiveness and reducing bottlenecks. Functions involving heavy I/O operations, such as downloading videos or images, extracting audio, or transcribing speech, can be threaded to overlap network and disk operations. This would minimize the idle time caused by waiting for these tasks to complete, allowing the system to serve

multiple user requests simultaneously. Furthermore, tasks related to data processing, such as extracting frames from videos, detecting emotions from images, or analyzing audio mood, can also benefit from threading. These operations, while computationally intensive, often involve processing independent data units such as individual video frames or audio segments. By distributing these tasks across multiple threads, the workload can be parallelized, significantly reducing the processing time for large datasets. For model inference tasks like image captioning, text classification, or emotion analysis, threading can be employed to execute predictions on different inputs concurrently. This is particularly advantageous when the application processes multiple user inputs or large batches of data. By leveraging threading, the application can scale more effectively, accommodating higher user demand without compromising performance. In a real-world scenario, threading can also enhance the system's ability to handle simultaneous user interactions, a critical factor for a scalable web application. For instance, concurrent video downloads or transcription tasks can ensure faster response times for users accessing the same services. Similarly, threading image analysis or captioning workflows can support batch processing while maintaining system responsiveness.

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## APPENDIX A - Prototype

Below is a Sequence Diagram of the Application. The diagram shows the flow of the application when a user interacts with it. The user can either enter text, upload an image, upload a video, or analyze a Reddit or Twitter user. The application then processes the input and provides the user with the result. The user can also retrain the model using the Reddit data. The application also provides the user with the option to analyze facial expressions and generate image captions. The application also generates a knowledge graph based on the classification result.

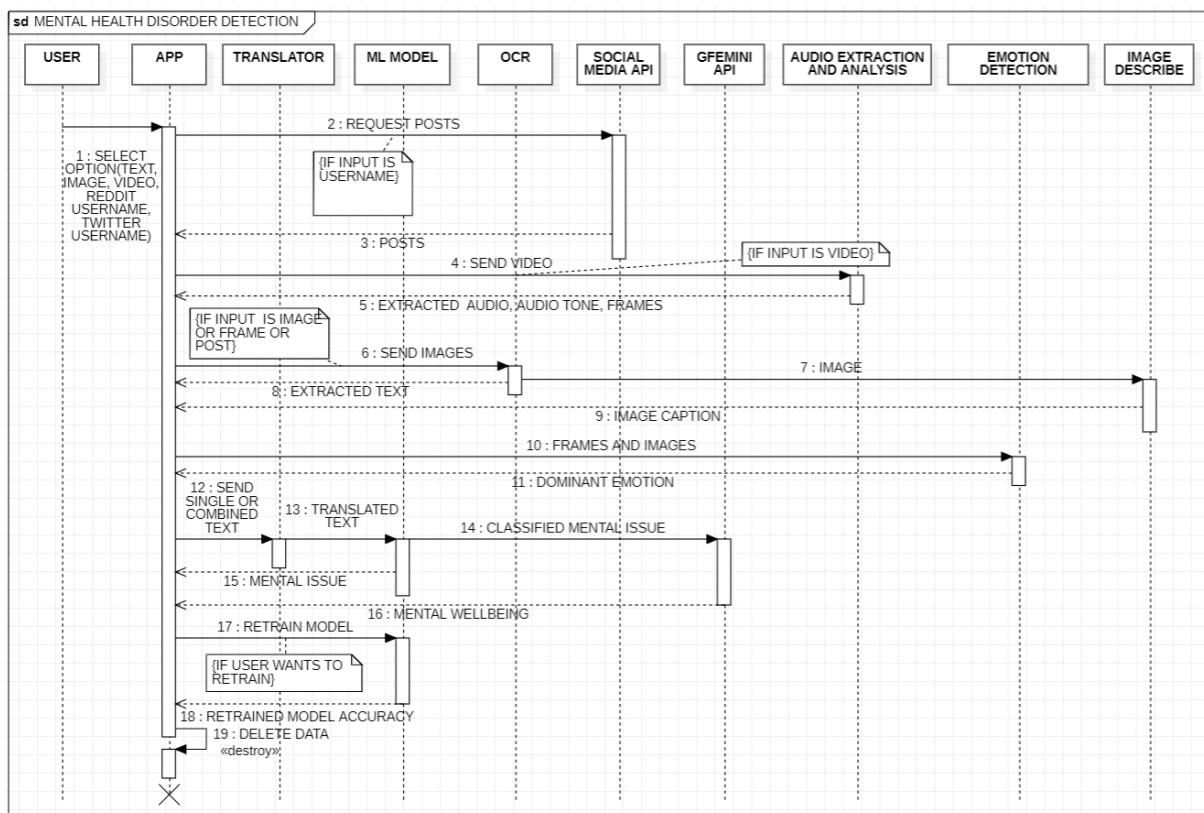


Figure 53: Sequence Diagram of the Application

Lets see the working of each of the five options of the application when an input is given through diagrams below. The first option is to enter text for classification. The user enters the text and the application classifies the text into one of the categories. The second option is to upload an image. The user uploads an image and the application classifies the image into one of the categories. The third option is to upload a video. The user uploads a video and the application classifies the video into one of the categories. The fourth option is to analyze a Reddit user. The user enters the Reddit username and the application analyzes the Reddit user. The fifth option is to analyze a Twitter user. The user enters the Twitter username and the application analyzes the Twitter user.

## ASMPFMHDD

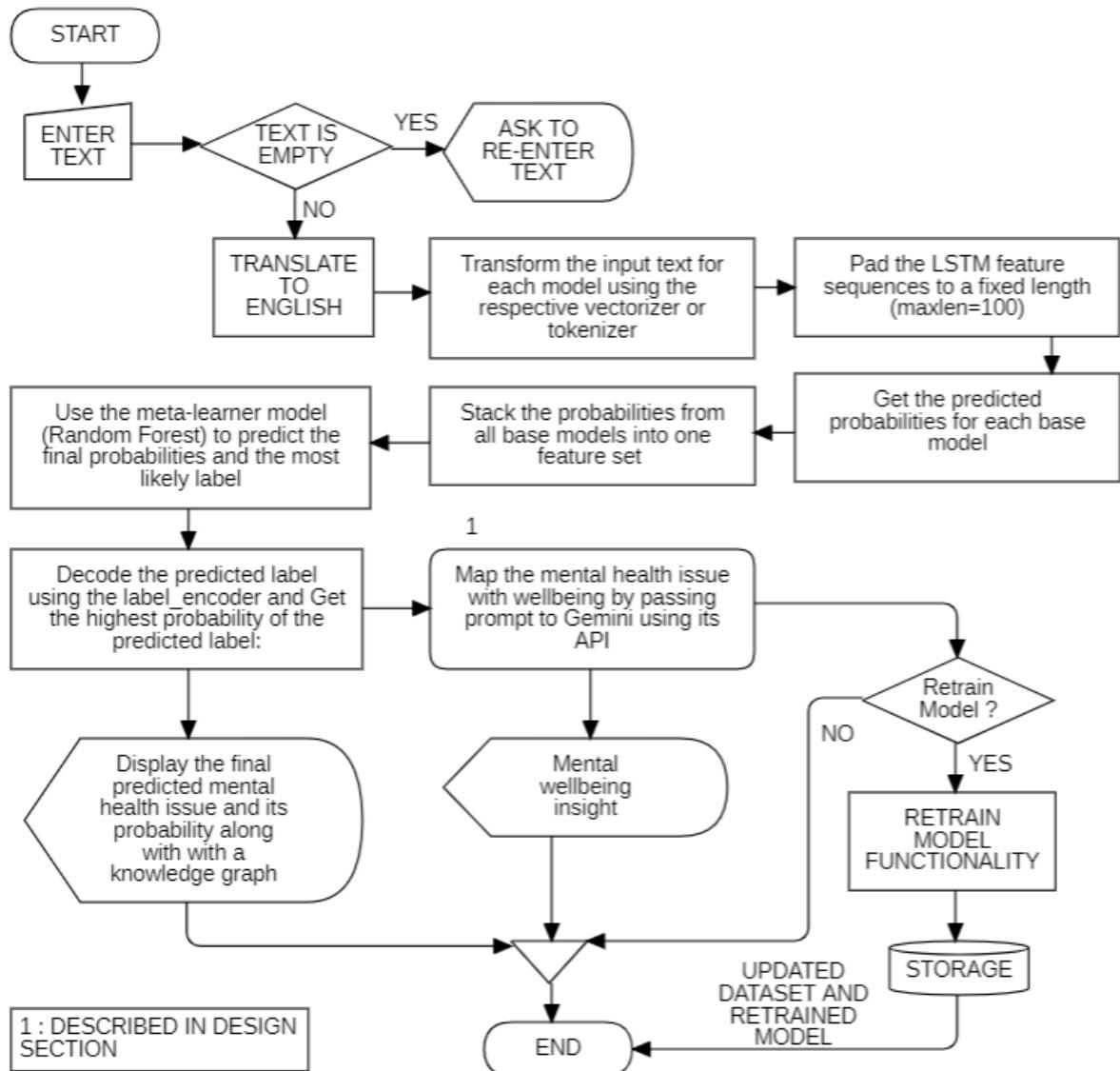


Figure 54: Text Classification Flow Diagram

## ASMPFMHDD

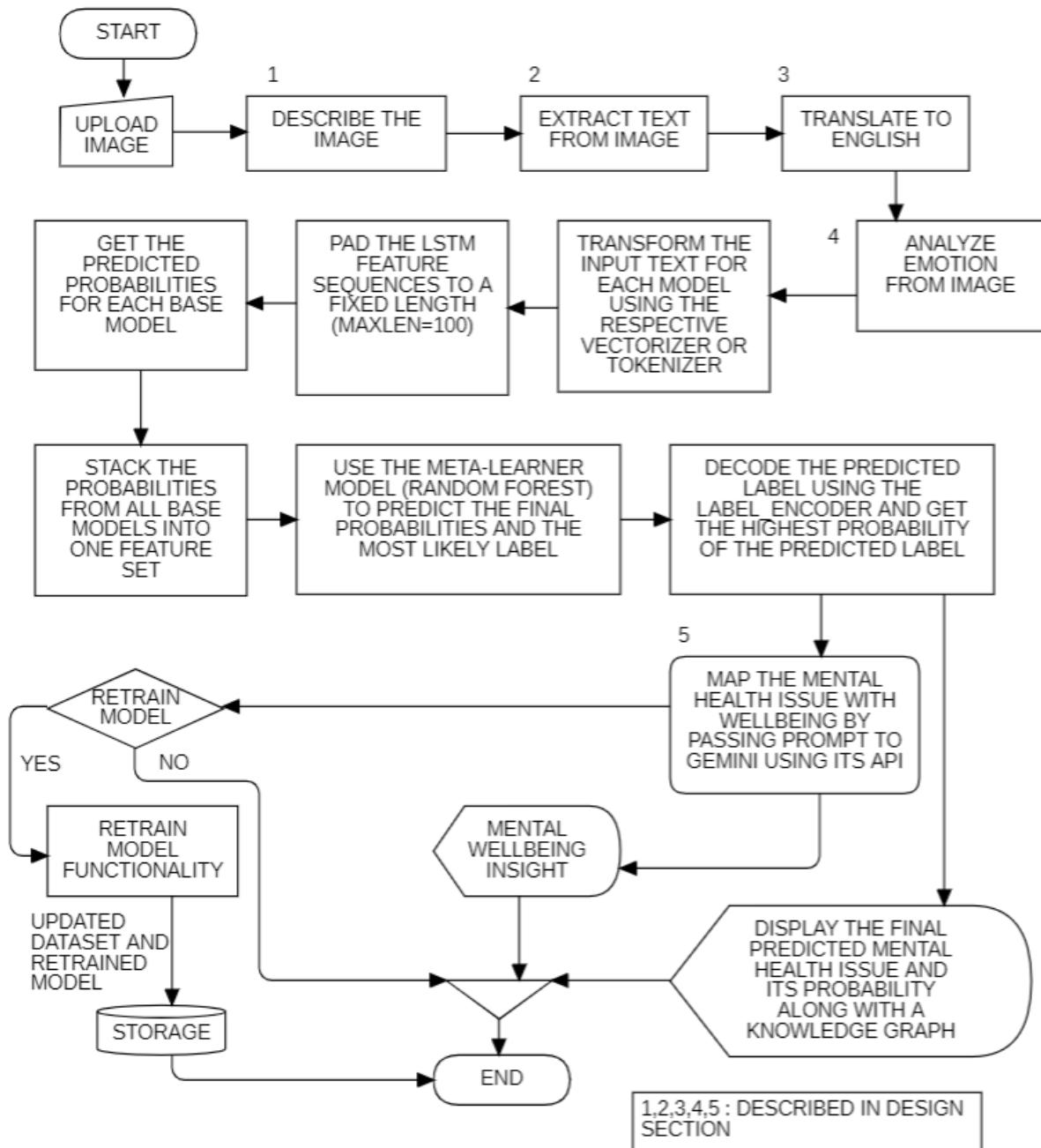


Figure 55: Image Classification Flow Diagram

## ASMPFMHDD

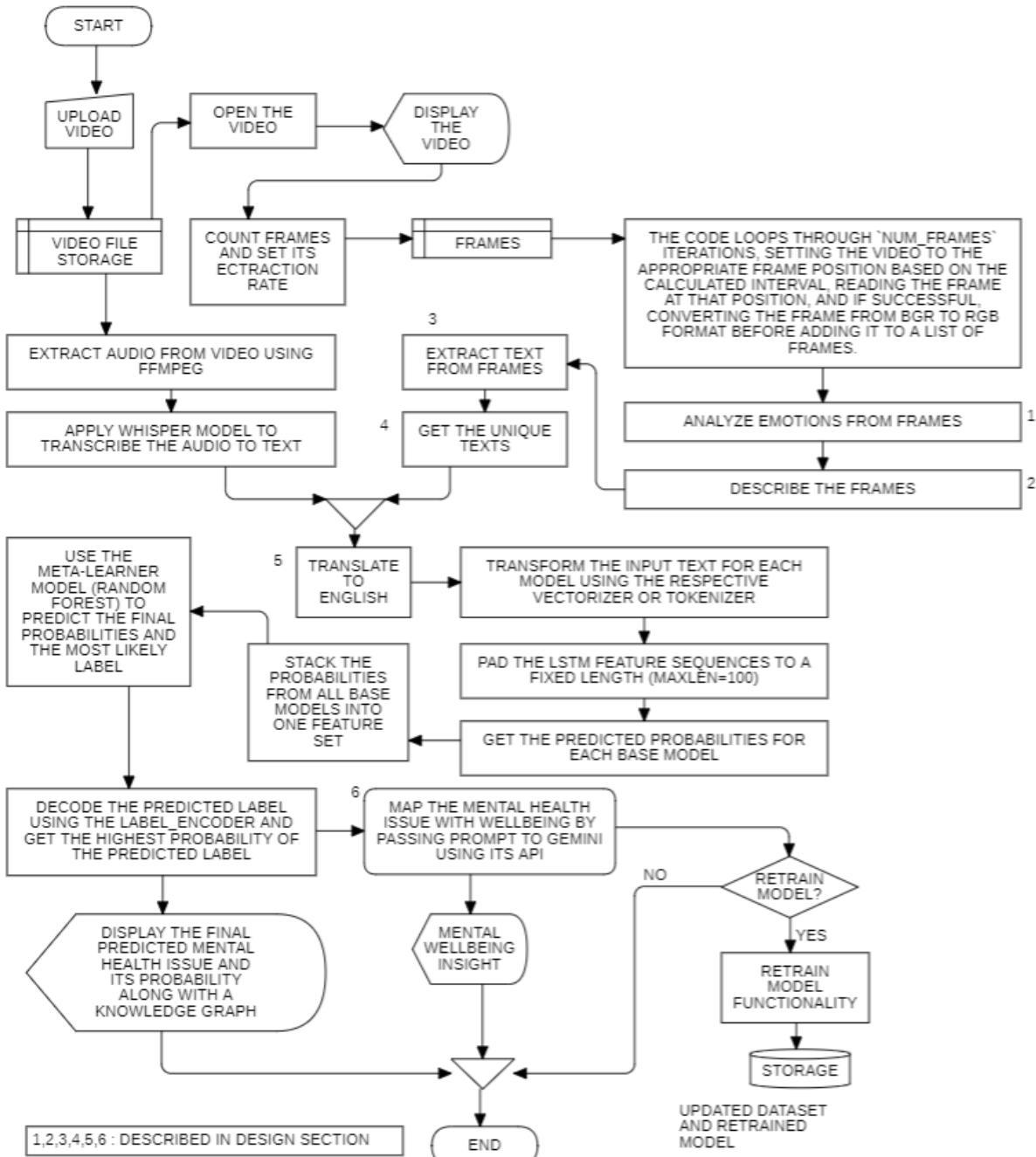


Figure 56: Video Classification Flow Diagram

## ASMPFMHDD

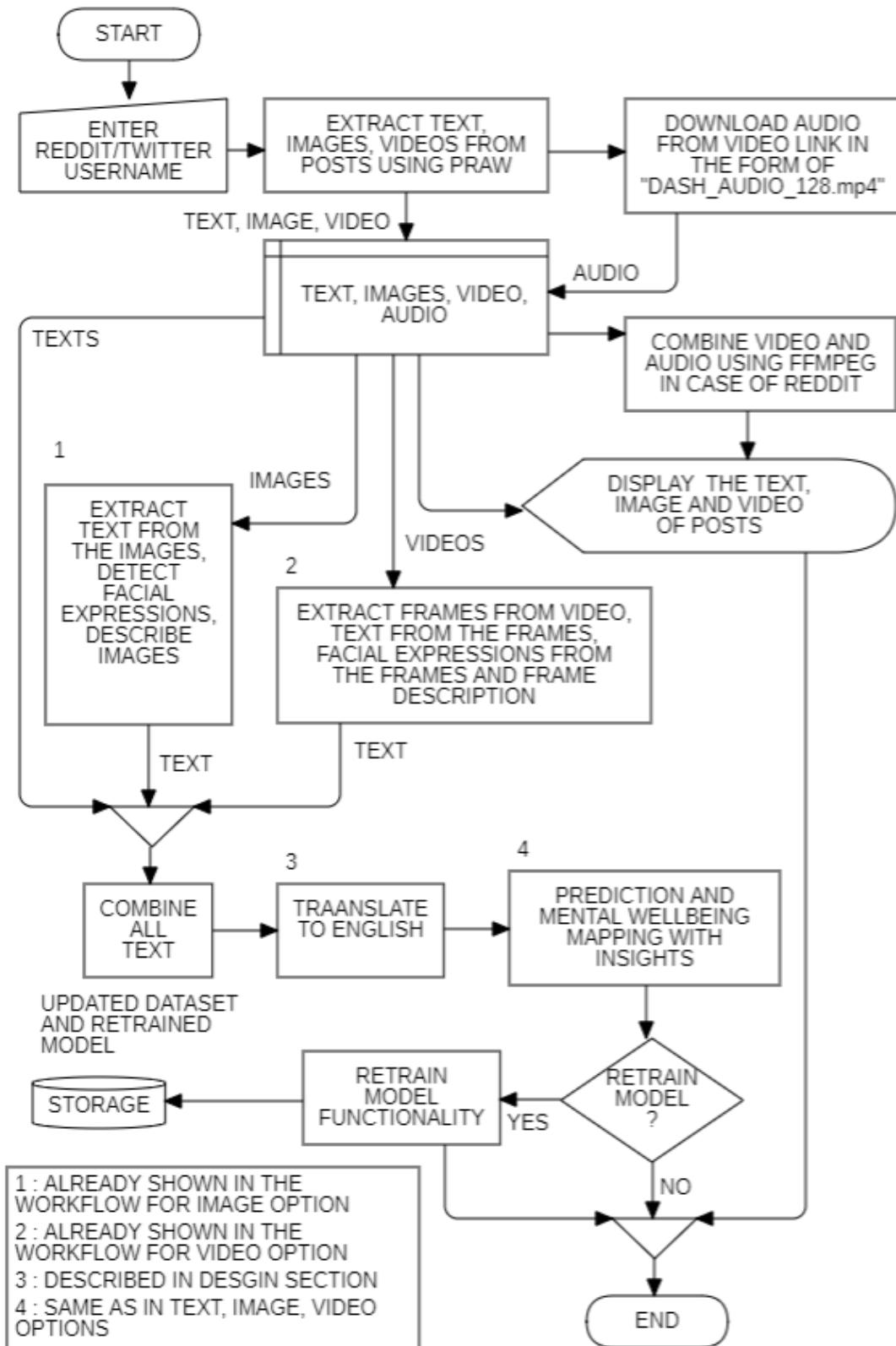


Figure 57: Reddit and Twitter username Classification Flow Diagram

# ASMPFMHDD

Below are some screenshots from the web application.

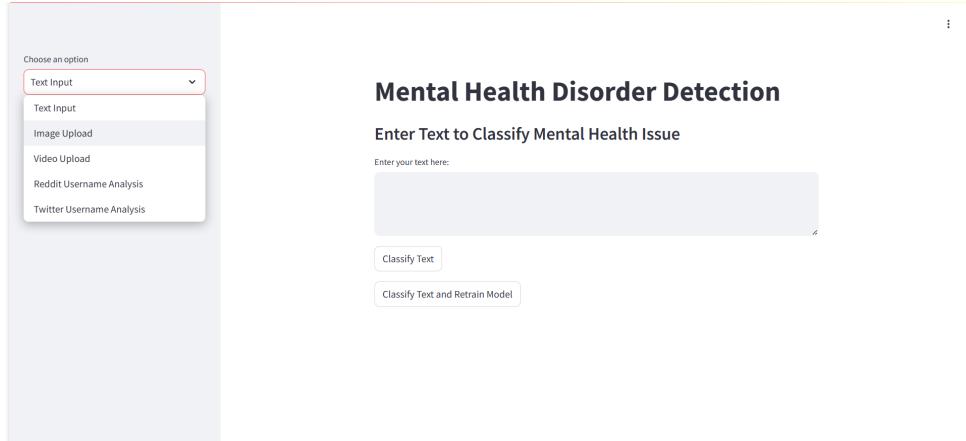


Figure 58: Website with all options

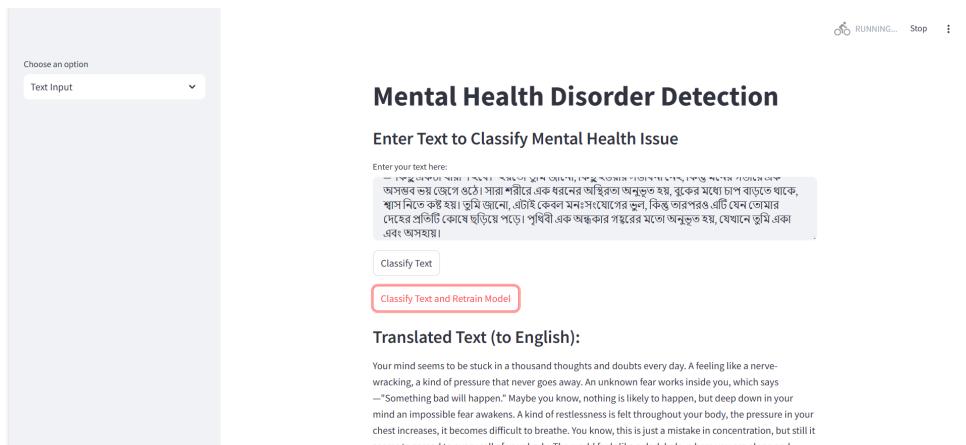


Figure 59: Entering Text for classification

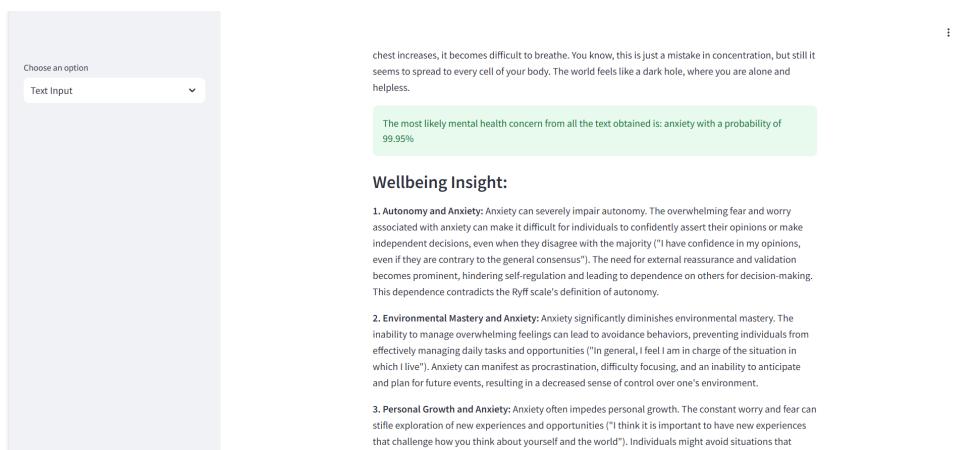


Figure 60: Text Classification Result

# ASMPFMHDD

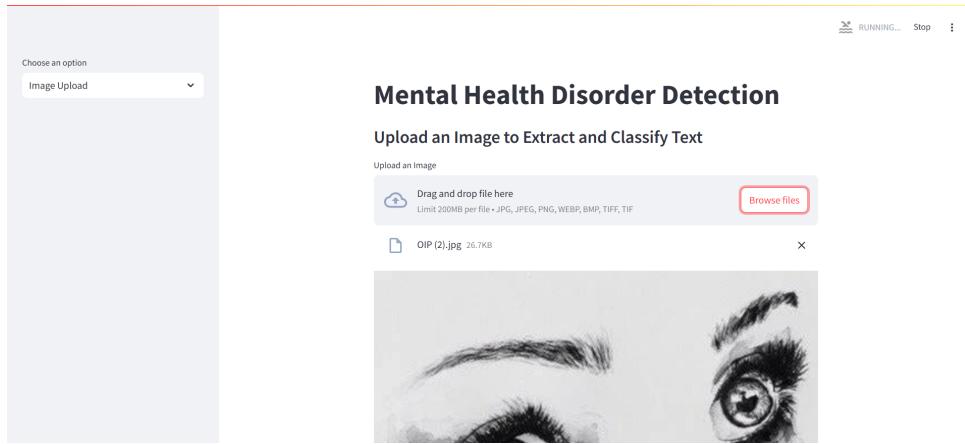


Figure 61: Upload Image

professional assessment to rule out conditions like depression or PTSD. Seeking therapy, practicing mindfulness, and engaging in activities promoting emotional expression can improve mental well-being.

**Classify Extracted Text**

The most likely mental health concern from all the text obtained is: normal with a probability of 99.90%

**Wellbeing Insight:**

It's important to clarify that "normal" is not a mental health issue. "Normal" simply refers to the absence of a diagnosable mental health condition. Therefore, the following paragraphs will discuss how the absence of mental health issues relates to the Ryff scales, and will not analyze "normal" as a problem to be addressed.

- Autonomy:** Individuals experiencing "normal" mental health generally exhibit a high degree of autonomy. They are capable of independent decision-making, self-regulation, and acting according to their own values, even when faced with social pressure. The statement "I have confidence in my opinions, even if they are contrary to the general consensus" would likely receive a high affirmation from someone experiencing normal mental well-being.
- Environmental Mastery:** "Normal" mental health is often associated with a strong sense of environmental mastery. Individuals feel competent in managing their daily lives, effectively utilizing opportunities, and adapting to challenges. They're able to create environments that support their well-being, exemplified by readily agreeing with "In general, I feel I am in charge of the situation in

Figure 62: Image Classification Result

Figure 63: Upload Video

# ASMPFMHDD

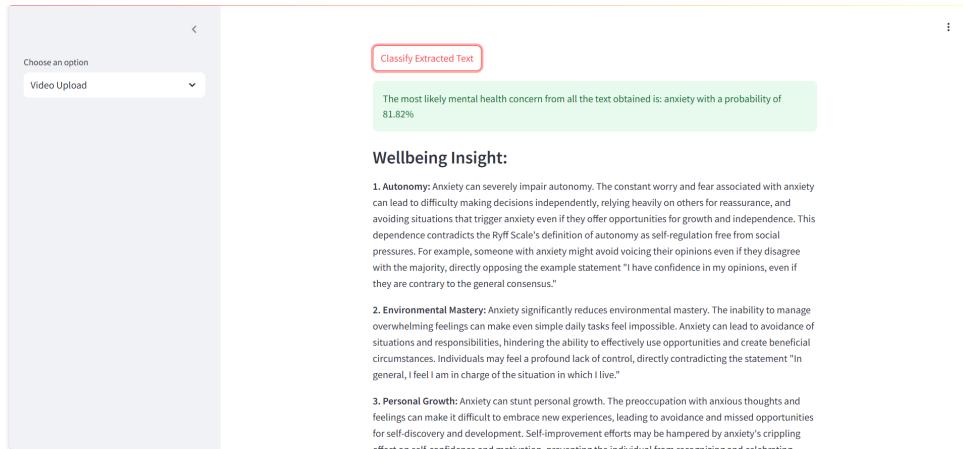


Figure 64: Video Classification Result

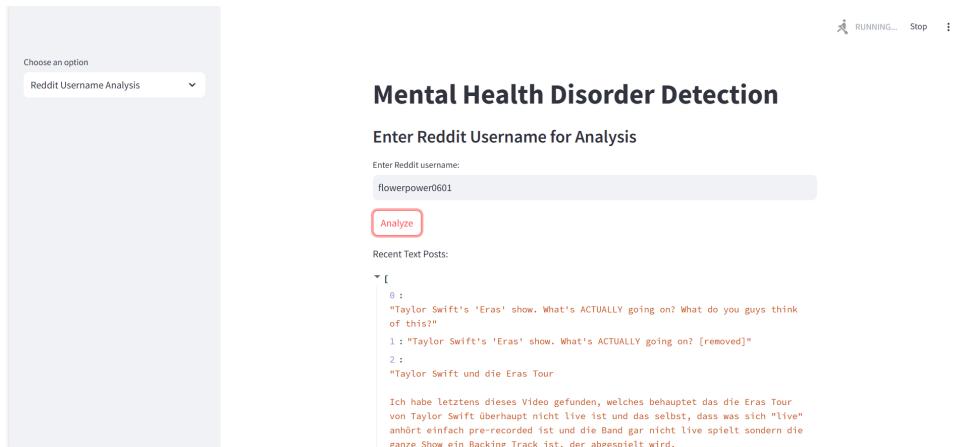


Figure 65: Reddit User Analysis

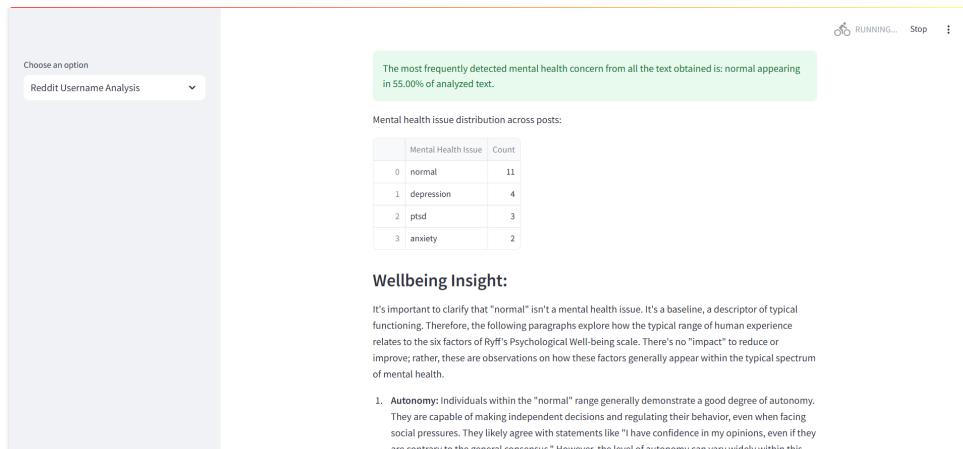


Figure 66: Result from Reddit Posts Analysis

# ASMPFMHDD

Figure 67: Twitter User Analysis

Figure 68: Result from Twitter Posts Analysis

Figure 69: Result from Reddit Analysis and Model Retraining

## ASMPFMHDD



Figure 70: Result from the emotion analysis of facial expression



Figure 71: Generate Image Caption

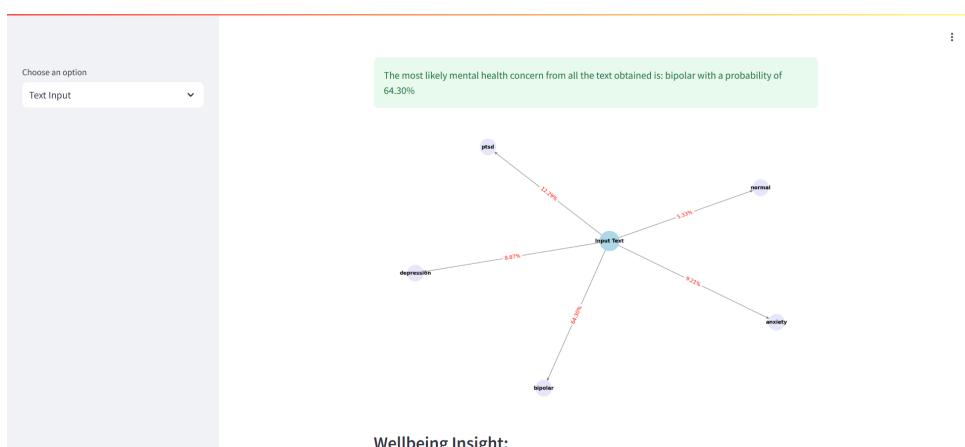


Figure 72: Knowledge Graph from classification