Analyzing Social Media Posts for Mental Health Disorder Detection

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APPROVAL

This is to certify that the project entitled "Analyzing Social Media Posts for Mental Health Disorder Detection" prepared by SOUMYADEEP NANDY (13000121033), PRITHWISH SARKAR (13000121037), SAGNIK MUKHOPADHYAY (13000121040) and ARKAPRATIM GHOSH (13000121058) be accepted in partial fulfillment for the degree of Bachelor of Technology in Computer Science and Engineering.

It is to be understood that by this approval, the undersigned does not necessarily endorse or approve any statement made, opinion expressed or conclusion drawn thereof, but approves the report only for the purpose for which it has been submitted.

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iii

Table of Content

Al	strac	et			• •	•					•			•			1
1			n														
	1.1		t Overview														
	1.2		t Purpose														1
	1.3		cal Domain Specifica														
	1.4		ess Domain Specificat														
	1.5	Glossa	ry / Keywords			•								•			4
2	Rela	ited Stu	dies														5
3	Prob	olem De	efinition and Prelimi	naries													7
	3.1		kt and Background .														
	3.2		ive														
	3.3		nges														
	3.4																
	3.5		ions														
	3.6		ptions														
	5.0	7 1334111	ptions		• •	•	• •	• •		• •	•	• •	• •	•		• •	10
4	Prop		olution														
	4.1	Specia	l Contributions														
	4.2	Reusal	ole Components		• •									•			12
5	Proi	ect Plai	nning														12
_	5.1	Softwa	are Life Cycle Model														
	5.2	Depen	dencies and Mileston	es													
	5.3		aling														
6	Dog	uiromoi	nt Analysis														16
U																	
	6.1		rement Matrix														
	6.2	_	rement Elaboration .														
		6.2.1	Functional Requirer	nents	• •	•					•			•			17
		6.2.2	Non Functional Req	uirements	• •	•					•			•			18
7	Desi	gn															19
	7.1	Techni	cal Environment														19
	7.2	Hierard	chy of Modules														21
	7.3		ed Design														23
		7.3.1	Data Loading and P														
		7.3.2	Feature Extraction														
		7.3.3	Model Training and	Validation	• •	•	• •	• •	• •	• •	•	•	• •	•	• •	• •	
		7.3.4	Prediction														24
		7.3.5	Testing and Deployi														24
	_																
8		lementa															26
	8.1		es From RM														
	8.2		Details and Output .														
		8.2.1	Data Collection														
		8.2.2	Data Preprocessing											•			
		8.2.3	Logistic Regression	Model for C	llass	ific	atic	n						_			31

		8.2.4				es to																		33
		8.2.5				ector																		35
		8.2.6 8.2.7				orest or C																		37 39
		8.2.8				or C Neig																		39 41
		8.2.9				t Ter																		43
		0,		-6 ~					5															
9	Resu	ılts and																						47
	9.1	Classifi																						47
	9.2	Results																						48
	9.3 9.4	Results Results																						50 52
	9.5	Results	of I	յսթյ Ran	dom	vec Fot	est	viac	IIIIIC	•	•	•		•		• •	•	 •	 •	•		•	•	54
	9.6	Results																						56
	9.7	Results																						58
	9.8	Results	of I	LST	'M																			60
10	Con	clusion																						62
10		Project																						62
		Future																						63
			-	-		-																		
11	Refe	erences										•												65
ΛT	DEN	DIX A -	Dra	otot	wno.																			66
	IST O	f Figu	ıre																					
	1	Iterativ		ater	fall	Mod	lel																	14
	2																							
		Project										•		•										15
	3		Pla	n.																				15 16
	3 4	Project	Pla: Char	n . t .							•	•												
		Project Gantt C	Plan Charremen	n . t . nt N	 Iatri	· ·		• • •				•												16
	4	Project Gantt C Require	Plan Charremen Mo	n . t . nt M	 Iatri es .	· · · ix .		• • •										 			· ·			16
	4 5	Project Gantt C Require Project	Plan Chartemen Mo	n . t . nt M dule	 Iatri es . ew	 ix . 		• • •	 				· ·	·				 			· · · ·			16 16 21
	4 5 6	Project Gantt C Require Project System	Planchart Chartemen Mo Ove	n . t . nt M odule ervi	Matri es . ew	ix		• • •					· · · · · ·					 						16 16 21 22
	4 5 6 7	Project Gantt C Require Project System Model	Planchari emen Mo Ove Wor evel	n . t . nt M dule ervi rkflo	Matri es . ew ow of the	ix							· · · · · ·		· · · · · ·			 		· · · · ·				16 16 21 22 22
	4 5 6 7 8	Project Gantt C Require Project System Model DFD L	Planchard Chardemen Mo Ove Wor evel	n . t . nt M dule ervi rkflc 0 o	Matries . ew ow of the	ix e Sys	· · · · · · · · · stem							· · · · ·				 						16 16 21 22 22 24
	4 5 6 7 8 9	Project Gantt C Require Project System Model DFD L DFD L	Planchardement Moor Over Workevelles from	n . t . nt M odule ervi rkflo 1 0 o 1 o om 1	Aatries ew of the Requ	ix e Systematical Systema	· · · · · · · · · stem										· · · · · · ·	 						16 16 21 22 22 24 25
	4 5 6 7 8 9 10	Project Gantt C Require Project System Model DFD L DFD L Feature	Planement Moor Over Work evel evel evel for ollections of the property of the	n . t . nt M dule ervi rkflc 0 0 1 0 com ction	Matries ew ow of the of the Requ	ix e System System uires d Pr	stement	t Ma										 · · · · · · · · · · · · · · · · · · ·						16 16 21 22 22 24 25 26
	4 5 6 7 8 9 10 11	Project Gantt C Require Project System Model DFD L DFD L Feature Data Ce	Plan Char Mo Ove Wor evel evel es fro for	n t nt M dule ervi rkflc 0 o 1 o ction LST	Matri es ew ow of the Requ n and	ix	stem menueprochs	in	on one of the control									 						16 16 21 22 22 24 25 26 30
	4 5 6 7 8 9 10 11 12	Project Gantt C Require Project System Model DFD L DFD L Feature Data C Output	Plan Char emen Mo Ove Wor evel evel for for cy v	n	Matri es ew ow f the Requ n an FM I	ix	stem menu	t Ma	ontrix														· · · · · · · · · · · · · · · · · · ·	16 16 21 22 22 24 25 26 30 46
	4 5 6 7 8 9 10 11 12 13	Project Gantt C Require Project System Model DFD L DFD L Feature Data C Output Accura	Plant Moo Over Work Work evel collection for the collection of the	n t nt M dule ervi rkflc l 0 o l 1 o ction LST LST booch	Matri es ew ow of the fthe Requ n and Epoc	ix	stem stem men epro	t Ma	atrix															16 16 21 22 24 25 26 30 46 46

17	Confusion Matrix (Naive Bayes)	51
18	ROC AUC (Naive Bayes)	52
19	Confusion Matrix (SVM)	53
20	ROC AUC (SVM)	54
21	Confusion Matrix (Random Forest)	55
22	ROC AUC (Random Forest)	56
23	Confusion Matrix (XGBoost)	57
24	ROC AUC (XGBoost)	58
25	Confusion Matrix (KNN)	59
26	ROC AUC (KNN)	60
27	Confusion Matrix (LSTM)	61
28	ROC AUC (LSTM)	62
29	Website with all options	81
30	Entering Text for classification	82
31	Text Classification Result	82
32	Upload Image	83
33	Image Classification Result	83
34	Upload Video	84
35	Video Classification Result	84
36	Reddit User Analysis	85
37	Result from Post Analysis	85

Abstract

This project aims to analyze social media posts for early detection of mental health disorders. Specifically, it focuses on using machine learning and deep learning algorithms to classify social media text data based on potential mental health issues. The problem lies in efficiently detecting patterns that indicate mental health conditions within large, unstructured datasets. Using methods like Logistic Regression, XGboost the project seeks to enhance the accuracy of detecting mental health concern with a specific probability. Expected results include a robust classifier capable of distinguishing between different mental health concerns with high accuracy. This project could provide a valuable tool for mental health monitoring on social platforms.

1 Introduction

1.1 Project Overview

Mental health has become a critical global issue, with millions of people affected by various mental disorders, including depression, anxiety, and others. With the increasing use of social media, these platforms have emerged as spaces where people often express their emotions and struggles, sometimes unknowingly revealing signs of mental health challenges. This project focuses on analyzing social media posts to detect mental health disorders using advanced machine learning techniques. By examining language patterns and contextual usage in text data, this project aims to classify posts that potentially indicate mental health issues. Such detection can facilitate early intervention and help direct individuals to appropriate mental health services.

1.2 Project Purpose

The main goal of this project is to leverage machine learning and deep learning to identify the best model and create a web application capable of identifying signs of mental health disorders from text, images and social media posts by giving username as input. This aligns with a broader goal of using technology to address public health concerns by enabling early detection through data analysis. Specifically, we use classification models such as Logistic Regression and XGboost to predict mental health issues based on text patterns. The project also addresses the technical challenges of processing large datasets and optimizing algorithms for accurate classification.

1.3 Technical Domain Specifications

This project falls within the intersection of natural language processing (NLP) and machine learning (ML), leveraging techniques such as text vectorization, and classification algorithms. Here are the key technical domain specifications:

- **Hardware**: The project does not require specialized hardware beyond a standard machine with adequate processing power. However, for larger datasets or complex model training, a machine equipped with a GPU (Graphics Processing Unit) could significantly reduce processing time. The project can be run on any system with at least 8GB of RAM and a multi-core processor.
- **Operating System**: The project is cross-platform and can be developed and executed on any modern operating system, including:
 - Windows 10/11
 - macOS
 - Linux distributions (Ubuntu, Linux Mint, etc.) A Linux-based system is often preferred in machine learning projects due to its stability and support for tools like TensorFlow, PyTorch, and other libraries used for model training.

• Software:

- **Programming Languages**: Python 3.x will be the primary programming language, given its extensive libraries for machine learning, data analysis, and NLP.
- Libraries / Frameworks :
 - * Scikit-learn: Used for machine learning algorithms (k-NN, SVM) and model evaluation
 - * Pandas: For data manipulation and preprocessing.
 - * **NumPy**: To handle large arrays and matrices, which are crucial for efficient numerical computations.
 - * NLTK and spaCy: For text preprocessing and natural language understanding.
 - * Matplotlib and Seaborn : For data visualization.
- Development Environment :
 - * **Jupyter Notebook**: For interactive development, experimentation, and visualization.
 - * **Anaconda**: A distribution that simplifies package management and deployment.

* **Google Colab**: For cloud-based execution when working with larger datasets or GPU-based model training.

1.4 Business Domain Specifications

From a business perspective, this project holds significant value across various sectors, particularly those that intersect with mental health monitoring, public health awareness, and social media governance. With the increasing prevalence of mental health issues globally, organizations within these industries are searching for innovative solutions to mitigate the growing mental health crisis. Leveraging machine learning for early detection of mental health disorders from social media data can revolutionize how mental health is addressed at both individual and societal levels. Below is a detailed exploration of how this project can impact different business domains:

- Mental Health Services: Mental health service providers—such as hospitals, therapy centers, and private practices—can greatly benefit from machine learning models capable of identifying early signs of mental health issues from social media data. In the traditional mental health setting, early detection of disorders like depression or anxiety often relies on self-reporting or clinical assessments, which may come too late in the progression of the disorder. By analyzing patterns in social media posts, these services can adopt a more proactive approach, reaching out to potential patients earlier in their mental health journey.
- Social Media Platforms: Social media platforms like Twitter, Facebook, Instagram, and others play an integral role in the public's expression of thoughts and feelings, including mental health struggles. These platforms face increasing pressure to safeguard the well-being of their users. This project's machine learning models can enable these companies to offer valuable services to users while adhering to ethical standards.
- Public Health Organizations: Public health organizations are tasked with monitoring and improving the mental well-being of the population on a large scale. For these organizations, access to real-time data from social media can provide a comprehensive view of the mental health landscape, identifying emerging trends and enabling data-driven interventions. Understanding how mental health is being discussed online can help public health organizations create more effective mental health awareness campaigns. Tailored messaging based on the language patterns identified by the model can lead to better engagement with individuals suffering from mental health issues.

1.5 Glossary / Keywords

Term	Definition
Machine Learnin	g A subset of artificial intelligence (AI) that enables comput-
(ML)	ers to learn from data and make predictions or decisions
	without explicit programming.
Natural Language Pro	o- A branch of artificial intelligence focused on the interaction
cessing (NLP)	between computers and humans through natural language,
	including tasks like text analysis.
Support Vector Ma	•
chines (SVM)	regression tasks, focusing on finding a hyperplane that best
, , ,	separates different classes.
Vectorization	The process of converting textual data into numerical form
	(such as a vector) so that it can be used as input for machine
	learning models.
Classifier	A machine learning model or algorithm that categorizes or
	labels data points into predefined classes.
Mental Health Disord	er A wide range of conditions that affect mood, thinking, and
	behavior, including depression, anxiety, schizophrenia, etc.
Data Preprocessing	The process of preparing raw data for analysis by cleaning,
	normalizing, and transforming it into a usable format for
	machine learning models.
Cross-validation	A model validation technique used to assess how well a
	model performs by dividing data into training and testing
	sets multiple times for better accuracy.
Precision	In the context of classification, precision refers to the accu-
	racy of positive predictions, calculated as the ratio of true
	positives to the sum of true and false positives.
Recall	In classification, recall measures the ability of a model to
	identify all relevant instances within a dataset, calculated as
	the ratio of true positives to the sum of true positives and
	false negatives.
PRAW	PRAW (Python Reddit API Wrapper) is a Python library
	that provides a simple interface to interact with Reddit's
	API, allowing developers to easily access, retrieve, and an-
	alyze Reddit data, such as posts, comments, and user infor-
	mation.
TesseractOCR	TesseractOCR is an open-source Optical Character Recog-
	nition (OCR) engine that extracts text from images with
	high accuracy; it is widely used for various applications like
	scanning documents and digitalizing printed text.

Term	Definition
Depression	There is a difference between depression and mood swings
	or short-lived emotional reactions to daily experiments; A
	mental state causing painful symptoms adversely disrupts
	normal activities (e.g., sleeping).
Anxiety	Several behavioral disturbances are associated with anxiety
	disorders, including excessive fear and worry. Severe symp-
	toms cause significant impairment in functioning cause con-
	siderable distress. Anxiety disorders come in many forms,
	such as social anxiety, generalized anxiety, panic, etc.
Bipolar Disorder	An alternating pattern of depression and manic symptoms
	is associated with bipolar disorder. An individual experi-
	encing a depressive episode may feel sad, irritable, empty,
	or lose interest in daily activities. Emotions of euphoria
	or irritability, excessive energy, and increased talkativeness
	can all be signs of manic depression. Increased self-esteem,
	decreased sleep need, disorientation, and reckless behavior
	may also be signs of manic depression.
Post-Traumatic Stress	In PTSD, persistent mental and emotional stress can occur
Disorder (PTSD)	after an injury or severe psychological shock, characterized
	by sleep disturbances, constant vivid memories, and dulled
	response to others and the outside world. People who re-
	experience symptoms may have difficulties with their ev-
	eryday routines and experience significant impairment in
	their performance.

2 Related Studies

The intersection of social media analytics and mental health research has received increasing attention in recent years, leading to several important studies that highlight the potential for early detection and intervention. This section reviews key findings from various studies, emphasizing the relevance and applicability of social media data for identifying mental health disorders.

One of the seminal works in this domain is by Choudhury et al. (2013), who explored the predictive capabilities of social media content in identifying depression. They analyzed Twitter data and discovered that specific linguistic patterns, such as the use of negative emotion words, correlated strongly with self-reported depressive symptoms. This study demonstrated that social media could serve as a valuable resource for predicting mental health conditions, offering a potential tool for clinicians and researchers alike [2].

Similarly, Guntuku et al. (2017) conducted an integrative review that focused on detecting mental illness through social media. Their work synthesized various approaches and method-

ologies used in the field, providing insights into the effectiveness of different machine learning algorithms and sentiment analysis techniques. They found that social media platforms are rich sources of data that can reveal critical information about users' mental health, advocating for the development of robust systems to analyze this data effectively [3].

A systematic review by Mathur et al. (2022) further emphasized the significance of mental health classification on social media. They examined various studies that utilized machine learning techniques for mental health detection, highlighting the success of these models in identifying depression and anxiety based on user-generated content. Their findings reinforced the notion that social media can be leveraged not only for individual assessments but also for broader epidemiological studies to understand population mental health trends [4].

In addition, Nadeem (2016) contributed to the discussion by investigating depression identification on Twitter. The study focused on developing algorithms that could discern emotional cues in tweets, indicating a user's mental state. The findings revealed that simple text analysis could lead to significant improvements in identifying at-risk individuals, further validating the potential of social media data in mental health monitoring [5].

Research by AlSagri and Ykhlef (2020) introduced a machine learning-based approach specifically for depression detection on Twitter. Their study incorporated both content and activity features, demonstrating that a combination of linguistic and behavioral analysis could enhance the accuracy of depression identification. This work illustrated the multifaceted nature of social media data and its ability to capture not just what users say but also how they interact online [1].

In a more recent study, Vaishnavi et al. (2022) investigated the application of various machine learning algorithms for predicting mental health illnesses. They found that certain algorithms outperformed others in classifying mental health conditions based on social media posts. This study provided a comparative analysis that could inform future research directions, emphasizing the importance of algorithm selection in the context of mental health detection [7].

Lastly, Safa et al. (2023) presented a roadmap for future development in predicting mental health using social media. Their work highlighted the ongoing challenges in the field, including ethical considerations and the need for improved data privacy measures. They emphasized that while social media offers rich data for mental health analysis, researchers must approach this opportunity with a strong ethical framework to ensure user safety and data security [6].

These studies collectively underscore the growing body of evidence supporting the integration of social media analytics and machine learning for mental health detection. They provide a solid foundation for the current project, which aims to enhance existing methodologies and develop a predictive model for identifying mental health disorders from social media posts.

3 Problem Definition and Preliminaries

3.1 Context and Background

Mental health disorders have become a significant public health concern worldwide. The World Health Organization (WHO) estimates that approximately 1 in 8 people globally experience mental health disorders, which encompass conditions such as depression, anxiety, bipolar disorder, and post-traumatic stress disorder (PTSD). The rise of social media platforms has changed how individuals express their mental health struggles, share experiences, and seek support. Posts on platforms like Reddit and Twitter provide a wealth of data reflecting real-time sentiments, issues, and conversations surrounding mental health. However, this vast amount of unstructured textual data presents challenges in effectively identifying and categorizing specific mental health disorders.

3.2 Objective

The primary objective of this project is to develop a robust system that can automatically analyze social media posts, specifically from Reddit and Twitter, to detect various mental health disorders. By leveraging Natural Language Processing (NLP) techniques and machine learning algorithms, this project aims to:

- Classify Posts: Accurately classify social media posts based on the type of mental health disorder mentioned, including but not limited to depression, anxiety, bipolar disorder, and PTSD.
- **Data Driven Insights**: Provide valuable insights into the prevalence and expression of mental health issues on social media, helping researchers, mental health professionals, and policymakers understand trends and patterns.

3.3 Challenges

• **Data Variability**: Social media posts can vary significantly in structure, style, and length. Users may employ slang, abbreviations, and informal language, making it difficult for algorithms to accurately interpret and classify posts.

- Imbalanced Data: Certain mental health issues may be underrepresented in social media discussions, leading to an imbalanced dataset. This imbalance can adversely affect model training and performance, making it harder to detect less frequent disorders.
- Cultural and Contextual Nuances: Mental health perceptions and discussions can vary across different cultures and contexts. The model needs to account for these nuances to avoid misclassification and provide accurate insights.
- **Privacy and Ethical Considerations**: Analyzing social media data raises ethical concerns regarding user privacy. It is crucial to handle sensitive information responsibly and comply with data protection regulations.

3.4 Scope

The scope of the project "Analyzing Social Media Posts for Mental Health Disorder Detection" delineates the specific aspects that will be covered, the methodologies employed, and the boundaries within which the research and analysis will occur. The project aims to harness the potential of machine learning and natural language processing (NLP) techniques to analyze social media sentiment and its correlation with mental health disorders, focusing specifically on a Reddit Dataset sourced using Python Reddit API Wrapper. This dataset contains user-generated content that reflects various emotional states, making it a valuable resource for this analysis.

• Dataset Selection and Characteristics

The primary data source for this project is the top textual posts from Reddit. This dataset includes posts that are labeled with mental health issues (Normal, Anxiety, Depression, Bipolar, PTSD). The selection of this dataset is pivotal, as it encapsulates a wide range of mental health-related discussions expressed by individuals on social media. Key characteristics of the dataset include:

User Anonymity: To respect user privacy and adhere to ethical standards, the
dataset does not contain personally identifiable information (PII) about the Twitter
users. This ensures compliance with data protection regulations while allowing for
robust analysis.

Analysis Objectives

The project will focus on several key objectives:

 Correlation with Mental Health Issues: The analysis will explore the correlation between identified sentiments and specific mental health disorders, thereby contributing to the understanding of how social media discourse reflects mental health challenges.

- Trend Analysis: By analyzing sentiment trends over time, the project seeks to identify patterns in public discourse surrounding mental health, including any potential spikes in negative sentiments during particular events or crises.
- Methodologies: The project will employ various methodologies to achieve its objectives, including:
 - Data Processing: Cleaning and preparing the dataset to ensure that it is suitable
 for analysis. This includes tasks such as removing noise (e.g., URLs, hashtags),
 tokenization, and normalization of text.
 - Feature Extraction: Utilizing techniques like Term Frequency-Inverse Document Frequency (TF-IDF) to convert textual data into numerical representations suitable for machine learning algorithms.
 - Machine Learning Techniques: Implementing various machine learning algorithms, including Logistic Regression and XGboost to classify posts and evaluate their performance based on accuracy, precision, recall, and F1 score.
 - Data Visualizations: Employing visualization tools to present findings clearly, including heat maps for confusion matrices and ROC AUC Curve.

3.5 Exclusions

In delineating the boundaries of the project "Analyzing Social Media Posts for Mental Health Disorder Detection," it is crucial to specify what is excluded from the scope of this research to maintain a clear focus on the primary objectives. This project will not encompass the direct collection or real-time monitoring of Twitter data via the Twitter API, as it is solely reliant on the pre-existing Twitter sentiment dataset obtained from Kaggle. Therefore, any analysis involving the dynamic aspects of social media engagement, such as real-time sentiment shifts in response to current events or trending topics, will be outside the project's purview. Furthermore, the study will not address the technicalities of Reddit's platform-specific features, such as hashtags, user mentions, or reposts, subreddits in detail, as these elements are not central to the primary research focus on mental issue classification of individual users. While the project aims to analyze posts surrounding mental health, it will also include mapping the mental issue with mental wellbeing. Additionally, the research will not explore the ethical implications of data ownership or the responsibilities of social media platforms regarding user-generated content, as the focus will be primarily on data analysis techniques and outcomes rather than the broader ethical landscape.

3.6 Assumptions

In the context of the project "Analyzing Social Media Posts for Mental Health Disorder Detection," several key assumptions underpin the research framework and methodologies employed. Firstly, it is assumed that the Reddit dataset obtained using PRAW is representative of broader social media discourse regarding mental health issues, capturing a diverse range of sentiments expressed by users on the platform. This assumption is critical as it establishes the foundation for analyzing sentiment trends and their potential correlations with various mental health disorders. Secondly, it is presumed that the posts recorded in the dataset accurately reflect the users' true emotions and perspectives at the time of posting, thereby providing valid data for analysis. Furthermore, it is assumed that the textual data within the dataset can be effectively processed and interpreted through natural language processing (NLP) techniques, allowing for the accurate classification of sentiments and identification of patterns. Another assumption is that the selected machine learning algorithms, including Logistic Regression and XGboost, will perform optimally with the provided data, leading to reliable and interpretable results regarding sentiment analysis and mental health correlations. Additionally, it is assumed that the sentiments expressed in social media posts can serve as a valid proxy for understanding public perceptions of mental health, enabling insights into societal attitudes and the potential stigmatization associated with these disorders. The project also assumes that the cleaning and preprocessing steps applied to the data will sufficiently prepare the dataset for analysis, minimizing noise and irrelevant information that could skew the results. Lastly, it is presumed that the ethical considerations surrounding the use of publicly available social media data have been adequately addressed, ensuring that the research adheres to relevant ethical standards and does not compromise user privacy or data integrity. These assumptions serve as the bedrock for the project's analytical framework, guiding the research processes and interpretations that follow.

4 Proposed Solution

The proposed work centers around "Analyzing Social Media Posts for Mental Health Disorder Detection," leveraging advanced data analytics and machine learning techniques to provide insights into the sentiments expressed in social media discussions related to mental health issues. This research is significant due to the increasing prevalence of mental health disorders globally and the role social media plays in shaping public perception and discourse around these issues. The core objective of this project is to develop a systematic approach to classify sentiments in tweets, thereby enabling better understanding and awareness of mental health conditions through social media analysis. Below, I outline the specific contributions and reusable components deployed in this project.

4.1 Special Contributions

- Dataset Acquisition and Preparation: The initial step involved sourcing a high-quality dataset from Kaggle, specifically the Twitter sentiment dataset. This dataset comprises user-generated tweets containing sentiments related to various mental health issues, serving as the primary data source for analysis. The preparation phase included extensive data cleaning and preprocessing, wherein missing values were handled, duplicate entries removed, and text normalization performed. This crucial step ensured the dataset's integrity and suitability for subsequent analysis, allowing for a more accurate representation of sentiments.
- **Text Vectorization**: To enable machine learning models to interpret textual data, TF-IDF was implemented. This approach involved converting posts into a numerical format by creating a matrix representation of word frequencies across the dataset. The Scikit-learn library was instrumental in this process, offering functions for text vectorization and feature extraction. The reusable components for text preprocessing and vectorization were packaged into functions, allowing for easy application to future datasets or similar projects.
- Implementation of Machine Learning Algorithms: The project employed several machine learning algorithms, focusing primarily on Logistic Regression and XGboost for smental health classification. The Logistic Regression algorithm was chosen for its simplicity and effectiveness in classifying data points based on proximity in the feature space. In addition to Logistic Regression, XGboost was implemented due to its robustness in handling high-dimensional data and multi class classification tasks.
- Model Evaluation: Comprehensive evaluation metrics were employed to assess the performance of the machine learning models. Metrics such as accuracy, precision, recall, and F1-score were calculated to provide a holistic view of model effectiveness in classifying sentiments related to mental health. This evaluation process not only demonstrated the models' capabilities but also highlighted areas for improvement, providing a foundation for future iterations of the project. The evaluation framework, including metrics calculations and visualization, was designed as reusable components to streamline future model assessments.
- Insights and Recommendations: A critical aspect of this project is the generation of actionable insights based on the analysis of social media sentiments. The findings from the classification can inform mental health professionals, researchers, and policymakers about public sentiment trends, potential stigma associated with mental health issues, and

the effectiveness of awareness campaigns. Recommendations for mental health awareness strategies can be derived from understanding how sentiments vary across different demographics and regions. This interpretative analysis, combined with quantitative results, contributes valuable knowledge to the ongoing conversation about mental health in society.

• Documentation and Reproducibility: To enhance the usability and impact of the project, thorough documentation was maintained throughout the research process. This documentation includes detailed explanations of the methodologies employed, code snippets, and instructions for reproducing the results. The aim is to ensure that the components developed in this project can be easily utilized by other researchers and practitioners in the field. By documenting the code and methodologies, I am contributing to the open-source community, allowing for collaborative improvements and innovations in mental health sentiment analysis.

4.2 Reusable Components

- **Data Collection Functions**: Modular functions designed for data collection, which can be reused across different platforms.
- **Data preprocessing Module**: A component that does data cleaning to remove the duplicates and empty rows and add a seperate column for cleaned texts. This formatted dataset is then used further with TF-IDF to create a numerical matrix to be fed to the machine leanning algorithms.
- Machine and Deep Learning Model Functions: Functions for implementing Logistic Regression, Naive Bayes, Support Vector Machine, Random Forest, XGboost, Long Short Term Memory algorithm allowing for easy retraining on varying datasets. These also features various evaluation metrics, making it easy to assess different models' performances.
- **Deployment Function**: A seperate function that has the main python file for creating web based application on Streamlit Cloud. This also includes the requirements and package dependencies for deploying the application.

5 Project Planning

5.1 Software Life Cycle Model

In developing the project, I adopted an iterative approach to the Waterfall model, enabling a structured yet flexible framework for managing the various phases of the project. The project

plan outlines specific tasks, dependencies, timelines, and milestones to ensure a systematic progression towards the final goal of analyzing social media posts for mental health disorder detection.

The Iterative Waterfall model was chosen for this project due to its structured approach while allowing for iterative revisions and refinements. Unlike the traditional Waterfall model, which emphasizes a linear progression through distinct phases, the iterative variant permits revisiting earlier stages based on findings and feedback. This flexibility is particularly beneficial in data-driven projects where insights gained during the analysis may necessitate adjustments to earlier stages, such as refining requirements or enhancing data preparation techniques.

In this project, the iterative nature of the Waterfall model facilitated ongoing improvement and adaptation throughout the development process. For example, initial results from the model evaluation phase may prompt a revisit to data preprocessing to enhance data quality or to explore alternative modeling techniques. This approach ultimately fosters a more robust final product, ensuring that the developed system meets the dynamic needs of mental health disorder detection in social media posts.

The key feature of the iterative approach is the feedback loop that exists between the phases. For instance, after completing the testing phase, if certain models do not meet performance expectations, the project can loop back to the implementation phase. This allows for modifications to the models, preprocessing techniques, or even revisiting the requirements to ensure alignment with the project's objectives.

The project is divided into distinct phases:

- Requirement Gathering and Analysis: This initial phase involved understanding the project's goals, objectives, and stakeholder expectations. It spanned approximately two weeks, culminating in a detailed requirements document that guided the subsequent stages.
- Data Collection and Preparation: Utilizing a Twitter sentiment dataset from Kaggle and Reddit API, the data collection phase was executed over a week. This included downloading the dataset, examining its structure, and performing data cleaning and prepossessing to ensure its suitability for analysis.
- Model Development: This phase, lasting about three weeks, included the creation of a Bag of Words model, splitting the dataset into training and test sets, and implementing various machine learning algorithms such as k-Nearest Neighbors (k-NN) and Support Vector Machines (SVM) for sentiment classification.

- **Model Evaluation**: Following model development, a week was allocated for rigorous testing and validation of the models, ensuring they met the required accuracy benchmarks. This phase involved using performance metrics such as accuracy, precision, recall, and F1-score to evaluate the models' effectiveness.
- **Final Deployment and Documentation**: The last phase, spanning two weeks, focused on deploying the best-performing model and creating comprehensive documentation. This included user manuals and technical documentation to facilitate future maintenance and enhancements.

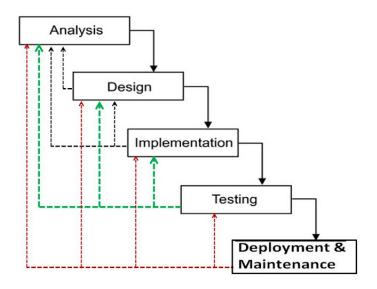


Figure 1: Iterative Waterfall Model

5.2 Dependencies and Milestones

Key dependencies were identified for successful project progression. For instance, completion of the data preparation phase was critical before proceeding to model development. Milestones were established at the end of each phase to ensure accountability and track progress. The successful completion of the requirement gathering phase marked the first milestone, followed by the data preparation phase, and so on.

5.3 Scheduling

Effective scheduling is crucial to the success of any project, as it establishes a clear timeline for tasks, milestones, and dependencies. In the context of our project on detecting mental health disorders through social media analysis, a detailed schedule has been developed to guide the

project from inception to completion. This schedule includes specific tasks such as requirement gathering, data preprocessing, model implementation, testing, and deployment, each with clearly defined deadlines. The iterative nature of our chosen methodology allows for flexibility within the schedule, enabling adjustments based on testing outcomes and stakeholder feedback. Key milestones, such as the completion of data analysis, model validation, and user acceptance testing, have been identified to monitor progress and ensure timely delivery of the final product. By utilizing project management tools, such as Microsoft Project, we can visualize and track the progress of tasks, manage resources effectively, and maintain open communication among team members, ensuring that the project stays on schedule and meets its objectives. This proactive approach to scheduling enhances our ability to deliver a high-quality solution that aligns with our goals and stakeholder expectations.

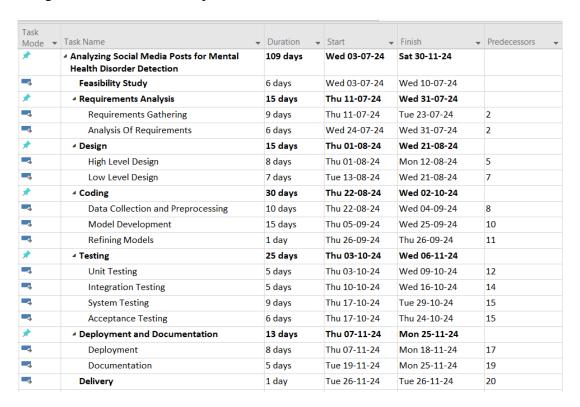


Figure 2: Project Plan

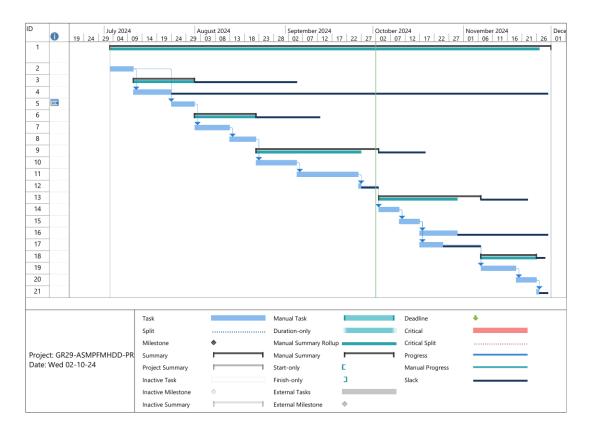


Figure 3: Gantt Chart

	Α	В	С	D	E	F	G	Н	1
1	Requirement ID	Requirement Description	Priority	Category	Source	e Status	Dependencies	Assigned To	Verification
2	FR-001	Collect and preprocess social media data from Kaggle and Reddit.	High *	Functional	Stakeholde	r Completed	RQ-002	Data Team	Data Analysis Review
3	FR-002	Implement data cleaning and feature extraction for NLP.	High •	Functional	Project Doo	es Completed •	RQ-001	Development Team	Feature Verification
4	FR-003	Train machine learning and deep learning models (k-NN, SVM) for sentiment analysis.	High •	Functional	Stakeholde	r Completed •	RQ-001, RQ-002	ML Team	Model Accuracy Testing
5	FR-004	Evaluate models using performance metrics (accuracy, recall, F1).	High *	Functional	Stakeholde	r Completed •	RQ-003	ML Team	Performance Report
6	NFR-001	Document all technical and user aspects of the final solution.	Medium *	Non Functional	Stakeholde	r Completed *	RQ-004	Documentation Team	Peer Review
7	NFR-002	Ensure model deployment is done on a scalable platform.	Medium *	Non Functional	Project Doo	es Completed •	RQ-003, RQ-004	Development Team	System Testing

Figure 4: Requirement Matrix

6 Requirement Analysis

6.1 Requirement Matrix

The Requirement Matrix is a comprehensive tool used to track and manage the key requirements of a project. It systematically organizes each requirement with a unique identifier, description, priority, and category (such as functional or non-functional). The matrix also records the source of the requirement, its current status (e.g., in progress, completed), any dependencies on other

requirements, and the team or individual responsible for fulfilling it. Additionally, it includes a verification method to ensure the requirement is met, such as through testing or review. This structured format helps ensure that all requirements are clearly defined, prioritized, and tracked, enabling effective project management and ensuring alignment with stakeholder expectations.

6.2 Requirement Elaboration

6.2.1 Functional Requirements

Requirement ID: FR-001

Description: Data Collection

Priority: High

Category: Functional

The system requires an ability to collect and ingest a large dataset of Reddit posts using Python Reddit API Wrapper. The data should include text content from tweets, associated sentiment labels, and other metadata such as timestamp and user details. This will serve as the primary source of information for mental health disorder detection. The system must ensure that the dataset is loaded correctly into the machine learning environment, and any discrepancies in the structure should be handled with pre-processing steps like cleaning, normalization.

Requirement ID: FR-002

Description: Data Cleaning and Preprocessing

Priority: High

wiy. mgi

Category: Functional

The system must include modules to clean the raw data, such as removing irrelevant characters, handling missing data, and tokenizing text. For the social media posts, it is essential to remove URLs, stopwords, and unnecessary punctuation. The pre-processing pipeline should also convert the text into a suitable numerical format using Term Frequency-Inverse Document Frequency (TF-IDF) for further analysis. Proper pre-processing ensures that the data is in a form that can be efficiently used by machine learning models.

Requirement ID: FR-003

Description: Sentiment and Disorder Detection Model

Priority: High

y. High

Category: Functional

The system needs to implement machine learning algorithms such as Logistic Regression and XGboost to classify social media posts based on text and detect potential signs of mental health disorders. The system must be able to train these models on historical data and then apply them

to predict the sentiment and detect mental health-related issues in new posts.

Requirement ID: FR-004

Description: Model Validation and Evaluation

Priority: High

Category: Functional

The system must evaluate the performance of the trained models by splitting the dataset into training and test sets. Various performance metrics like accuracy, precision, recall, and F1-score should be computed to assess the model's effectiveness in detecting mental health disorders. Based on the evaluation, the system should allow for model fine-tuning, such as adjusting hyperparameters, to improve the overall performance.

6.2.2 Non Functional Requirements

Requirement ID: NFR-001
Description: Documentation

Priority: Medium

Category: Non Functional

The addition of documentation and maintenance manuals as a non-functional requirement ensures that the system is not only usable in the short term but also maintainable and extensible over time. This guarantees that future updates and improvements to the system can be implemented without disrupting existing functionality or requiring a steep learning curve for new developers or users.

Requirement ID: NFR-002 Description: Scalability

Priority: Medium

Category: Non Functional

The system must be designed to efficiently process large volumes of data, considering the potential growth in the amount of social media posts that need to be analyzed. The data processing pipeline should be scalable to handle increasing data size without significant degradation in performance. This could involve implementing parallel processing techniques or leveraging cloud-based infrastructure to ensure that processing large datasets remains feasible even as the dataset scales.

7 Design

7.1 Technical Environment

The technical environment for the project "Analyzing Social Media Posts for Mental Health Disorder Detection" comprises a combination of hardware, software, and tools that enable smooth data analysis, machine learning model training, and deployment. Below is a detailed overview of the minimum hardware configuration, software tools, and package details necessary to carry out this project effectively.

Minimum Hardware Configuration

Given the nature of the project, which involves processing textual data and training machine learning models, the hardware requirements are modest but significant enough to ensure optimal performance. The minimum configuration needed is:

- **Processor**: Intel Core i5 (or equivalent) with a base clock speed of at least 2.5 GHz. A multi-core processor is preferred as it helps in parallel processing, which is essential during model training and data preprocessing steps.
- RAM: 8 GB of RAM is recommended to handle the operations of data loading, cleaning, and transformation. Large datasets, like those used in this project, may require more memory to prevent memory overflow errors and reduce delays during processing. For larger datasets, 16 GB of RAM would be ideal.
- **Storage**: At least 256 GB of SSD storage is recommended. Faster storage access significantly impacts loading time for datasets and dependencies. SSD is preferred over traditional HDD because of its faster read/write speeds, which benefit large datasets like the Reddit-based social media posts used in this project.
- **Graphics Processing Unit (GPU)**: For basic machine learning tasks like Logistic Regression or SVM, a dedicated GPU is not necessary. However, if deep learning models or more complex neural networks were introduced later, a GPU like NVIDIA GTX 1060 with 4 GB VRAM or higher would be advantageous.
- Operating System: Windows 10 (64-bit) or higher, macOS 10.13 (High Sierra) or higher, or any stable Linux distribution (e.g., Ubuntu 18.04 or higher). The operating system should support all necessary machine learning libraries and be compatible with the tools required for the project.

Software Tools and Packages

For the software stack, the project leverages a set of well-established tools, platforms, and programming libraries to ensure smooth execution from data preprocessing to model deployment:

- **Python**: The primary programming language used for data processing, model training, and evaluation. Python is chosen due to its rich ecosystem of libraries and frameworks tailored for machine learning and data science.
- **Pandas**: A powerful library for data manipulation and analysis, essential for data preprocessing tasks, such as handling missing values and restructuring datasets.
- scikit-learn: A comprehensive machine learning library in Python used for implementing and comparing algorithms in classification, regression, and clustering, along with various model evaluation tools.
- **Streamlit**: An open-source Python framework that facilitates the deployment of machine learning models and interactive web applications.
- **Pyngrok**: A Python wrapper for ngrok, used to create secure tunnels to locally deployed applications, which is particularly useful for sharing Streamlit applications over the web.
- Google Colab: A cloud-based platform used for writing, executing, and sharing Python code, with access to GPU and TPU resources, beneficial for model training. It integrates seamlessly with libraries like TensorFlow and PyTorch.
- **PRAW** (**Python Reddit API Wrapper**): A Python library that allows for easy interaction with the Reddit API to access, retrieve, and analyze Reddit data, such as posts, comments, and user information.
- **pytesseract**: A Python wrapper for Tesseract OCR, used to extract text from images. It's essential for converting image-based text data into a format suitable for processing.
- **Pillow**: A Python Imaging Library that adds support for image processing, which aids in handling image files for text recognition tasks with pytesseract.
- **joblib**: A library for efficient serialization and deserialization of Python objects, especially useful for saving and loading machine learning models during deployment.
- **protobuf**: A protocol buffer library by Google used for serializing structured data, helpful in efficient data exchange between applications.
- **deep-translator**: A library that facilitates easy translation across different languages, enabling multilingual processing of text data.

- **Requests**: A user-friendly library for making HTTP requests, used to retrieve data from APIs or web resources as part of data collection.
- **google-generativeai**: A Python client library for Google's generative AI models, providing tools to integrate and utilize AI functionalities within the project.

7.2 Hierarchy of Modules

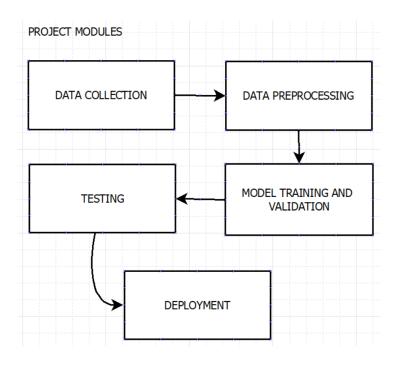


Figure 5: Project Modules

In this project, the system is structured into key modules to classify mental health issues based on text input effectively. The **Data Collection Module** gathers relevant text data, building a comprehensive dataset from sources like CSV files or platforms such as Reddit via PRAW. Next, the **Data Preprocessing Module** loads and cleans this data through tokenization, stopword removal, and lemmatization, preparing it for analysis. Following this, the **Model Training and Validation Module** converts the text into numerical features using techniques like TF-IDF, splitting the data into training and validation sets to test various machine learning models, including Logistic Regression, Naive Bayes, SVM, Random Forest, XGboost and LSTM. Finally, the **Testing and Deployment Module** allows real-time predictions by deploying the model on platforms like Streamlit Cloud, providing an accessible solution for practical applications.

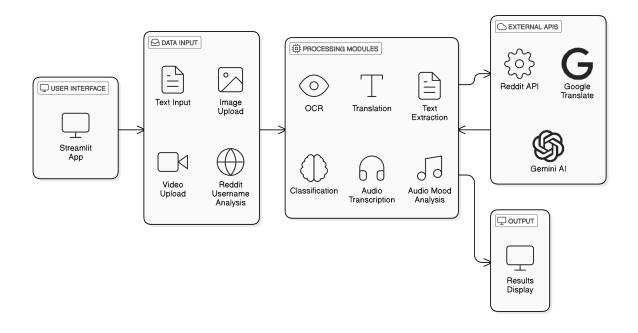


Figure 6: System Overview

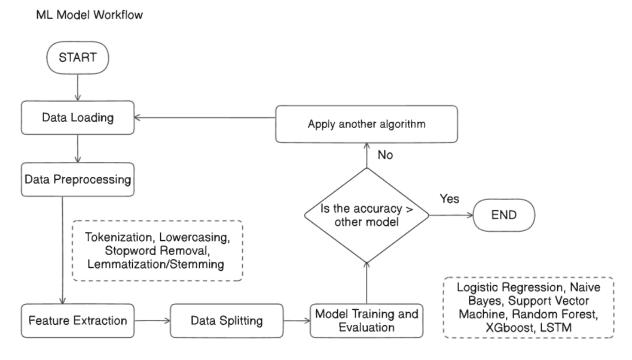


Figure 7: Model Workflow

7.3 Detailed Design

7.3.1 Data Loading and Preprocessing

The Data Loading and Preprocessing Module is the foundation of the system, responsible for ingesting and preparing the text data for analysis. This module begins by loading the dataset from the preprocessed_mental_health_text.csv file, which contains various mental health-related text entries. Once the data is loaded, a series of preprocessing steps are conducted to ensure the text is clean and ready for feature extraction. This includes tokenization, where the text is split into individual words or tokens, and lowercasing to maintain uniformity across the dataset. Additionally, stop-word removal is performed to eliminate common words that do not contribute to the meaning, such as "and," "the," and "is." Finally, lemmatization or stemming is applied to reduce words to their base or root forms. These preprocessing techniques are crucial as they help improve the quality of the input data, ultimately leading to better model performance.

7.3.2 Feature Extraction

In the Feature Extraction Module, the preprocessed text data is transformed into a numerical format that machine learning algorithms can process. This module allows for the selection between two primary feature extraction methods: Term Frequency-Inverse Document Frequency (TF-IDF). The TF-IDF approach evaluates the importance of words in the dataset by considering their frequency in individual documents relative to their overall occurrence across all documents. This helps in highlighting the most informative words. By converting text into numerical features, this module prepares the data for the subsequent training and validation stages, ensuring that the classification models can effectively interpret the input.

7.3.3 Model Training and Validation

The Model Training and Validation Module is critical to developing a robust classification system. In this module, the dataset is split into training and testing sets to evaluate the performance of the models accurately. Various classification algorithms are employed, including Logistic Regression, Naive Bayes, Support Vector Machines, Random Forest, XGboost, K-Nearest-Neighbours and LSTM. Each model is trained on the training set, which involves adjusting the model parameters based on the input features and their corresponding labels. Following training, the models undergo validation to assess their performance using various metrics such as accuracy, precision, recall, and F1-score. A decision point is included to determine if the achieved accuracy meets the project requirements. If the accuracy is deemed acceptable, the model is accepted.

7.3.4 Prediction

The Prediction Module is designed to provide real-time classification of new input text related to mental health issues. Upon receiving user input, this module initiates a preprocessing workflow that mirrors the steps applied during the training phase, including tokenization, lowercasing, stop-word removal, and lemmatization or stemming. Once the input text is preprocessed, it is fed into the trained classification models to generate predictions. Each model may provide a classification result, allowing for a comprehensive analysis of the input. This module not only delivers the predicted mental health issue but also ensures that users receive an informative output that reflects the confidence level of each prediction, enabling them to understand the model's reasoning.

7.3.5 Testing and Deployment

The module focuses on making the trained models accessible for real-time predictions. Once the models have been validated and selected based on their performance, this module prepares them for deployment on suitable platforms like Streamlit Cloud. This involves packaging the models and creating a user interface where users can input text and receive predictions. The deployment process also includes considerations for scaling, ensuring that the system can handle multiple requests simultaneously while maintaining responsiveness. By providing a free and efficient deployment solution, this module enables users to access the mental health classification service easily. The deployment of the models ensures that the insights generated from the analysis can be utilized effectively in real-world applications.

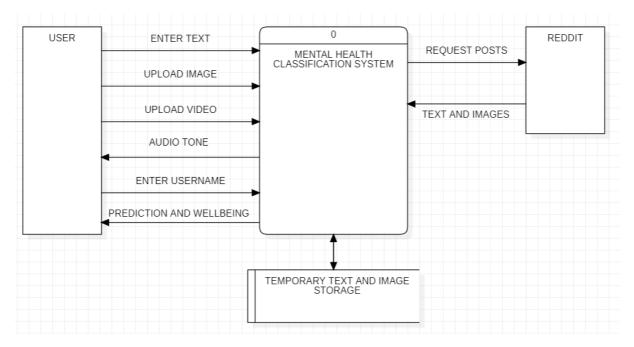


Figure 8: DFD Level 0 of the System

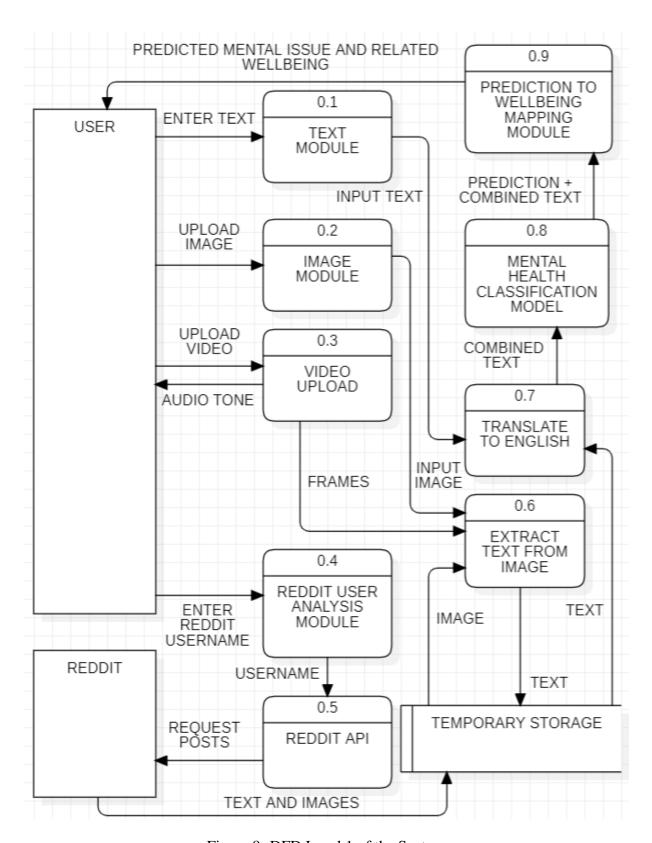


Figure 9: DFD Level 1 of the System

8 Implementation

8.1 Features From RM

For the initial prototype development, a subset of the requirements from the Requirement Matrix (RM) was carefully selected to focus on implementing core functionalities and demonstrating proof of concept. The selection was based on a combination of high-priority functional requirements that form the backbone of the system, ensuring that critical features are built and validated before expanding the scope.

The requirements chosen for the prototype primarily involve data preprocessing, model training, and evaluation processes. These requirements were selected because they are fundamental to the project's success, ensuring that the data pipeline and model implementation work seamlessly together. This subset of features lays the groundwork for later integration with additional components and more complex functionality.

The filtered part of the RM focuses on the following high-priority requirements: data cleaning and feature extraction, training of machine learning models, and evaluation of model performance using standard metrics. These requirements were identified as crucial because they directly impact the system's ability to handle data, learn patterns, and provide meaningful outputs. Without successfully implementing these core features, the overall effectiveness of the solution would be significantly reduced.

Furthermore, these selected features align with the project's goals and provide a clear pathway for incremental development. By narrowing down the requirements to these foundational aspects, the development team can ensure that the prototype is not only functional but also extensible, providing a robust framework for future enhancements.

	Α	В	С	D
1	Requirement ID	Requirement Description	Priority	Category
2	FR-001	Collect and preprocess social media data from Kaggle and Reddit.	High	Functional
3	FR-002	Implement data cleaning and feature extraction for NLP.	High	Functional
4	FR-003	Train machine learning and deep learning models (k-NN, SVM) for sentiment analysis.	High	Functional
5	FR-004	Evaluate models using performance metrics (accuracy, recall, F1).	High	Functional

Figure 10: Features from Requirement Matrix

8.2 Code Details and Output

8.2.1 Data Collection

```
Collecting Reddit Posts
    import praw
    import pandas as pd
    import time
    # Initialize Reddit API
    reddit = praw.Reddit(client_id='YOUR_CLIENT_ID',
                         client_secret='YOUR_CLIENT_SECRET',
                         user_agent='Mental_Health_Classifier')
    # Define subreddits and post types
    subreddits = {'normal': ['news', 'AskReddit'],
                  'depression': ['depression'],
                  'ptsd': ['PTSD'],
                  'anxiety': ['Anxiety'],
                  'bipolar': ['BipolarReddit']}
   post_types = ['hot', 'new', 'top']
   posts_per_type = 100
    # Collect and save posts
    data = []
    for label, subs in subreddits.items():
        for sub in subs:
            for post_type in post_types:
                posts = getattr(reddit.subreddit(sub), post_type
                   ) (limit=posts_per_type)
                for post in posts:
                    data.append([post.title + "_" + post.
                       selftext, label])
                time.sleep(1)
    df = pd.DataFrame(data, columns=['text', 'label'])
    df.to_csv(f'{label}_dataset.csv', index=False)
```

```
Combining Collected Datasets
    import pandas as pd
    from sklearn.utils import shuffle
    # Load datasets
    bipolar_df = pd.read_csv("bipolar_dataset.csv")
    depression_df = pd.read_csv("depression_dataset.csv")
    normal df = pd.read csv("normal dataset.csv")
    anxiety_df = pd.read_csv("anxiety_dataset.csv")
    ptsd_df = pd.read_csv("ptsd_dataset.csv")
    # Minimum length for balanced classes
    min_length = min(len(bipolar_df), len(depression_df), len(
       normal_df) // 6, len(anxiety_df), len(ptsd_df))
    # Create balanced pattern
    pattern_data = []
    for i in range(min_length):
        pattern_data.extend([bipolar_df.iloc[i], depression_df.
           iloc[i]] +
                            normal_df.iloc[i*6:(i+1)*6].to_dict(
                               'records') +
                            [anxiety_df.iloc[i], ptsd_df.iloc[i
                               11)
    pattern_df = pd.DataFrame(pattern_data)
    remaining_data = shuffle(pd.concat([bipolar_df[min_length:],
        depression_df[min_length:],
                                        normal_df[min_length
                                            *6:], anxiety_df[
                                            min_length:], ptsd_df
                                            [min_length:]]))
    final_df = pd.concat([pattern_df, remaining_data]).
       reset_index(drop=True)
    final_df.to_csv("mental_health_combined.csv", index=False)
```

The first code snippet collects Reddit posts by connecting to specific subreddits associated with various mental health topics. Using the Reddit API, posts are retrieved from 'hot', 'new', and 'top' categories for each mental health type, including general subreddits (for the "normal" category). Each post's title and content are combined, labeled, and saved into separate CSV files. The second code snippet merges these CSV files to form a combined dataset. It creates a balanced sample by selecting the minimum number of rows across each category and organizes the data in a structured pattern. Remaining rows are shuffled and appended, producing a final dataset suitable for machine learning applications in mental health classification.

8.2.2 Data Preprocessing

```
Text Preprocessing
        import pandas as pd
        import re
        from sklearn.feature_extraction.text import
           TfidfVectorizer
        from nltk.corpus import stopwords
        from nltk.tokenize import word_tokenize
        import nltk
        # Download stopwords (if you haven't already)
       nltk.download('stopwords')
       nltk.download('punkt')
        # Load the dataset
       df = pd.read_csv('mental_health.csv')
        # 1. Handling Missing Values
        df.dropna(subset=['text'], inplace=True)
        # 2. Removing duplicates (if any)
        df.drop_duplicates(subset=['text'], inplace=True)
        # 3. Text Preprocessing
        negative_words = {"not", "no", "nor", "never", "nothing"
           , "nowhere", "neither", "cannot", "n't", "without", "
          barely", "hardly", "scarcely"}
       def clean_text(text):
           text = re.sub(r'http\S+', '', text) # Remove URLs
           text = re.sub(r'@\w+', '', text) # Remove mentions
               (@username)
           text = re.sub(r'[^a-zA-Z\s]', '', text) # Remove
               special characters, numbers, and punctuations
           text = text.lower() # Convert text to lowercase
           tokens = word_tokenize(text) # Tokenize the text
            tokens = [word for word in tokens if word not in
               stopwords.words('english') or word in
               negative_words] # Remove stopwords, but keep
               negative words
            clean_text = '_'.join(tokens) # Join the tokens
              back into a single string
            return clean_text
        df['cleaned_text'] = df['text'].apply(clean_text)
           Apply the cleaning function to the 'text' column
```

```
# 4. Feature Extraction using TF-IDF Vectorization
vectorizer = TfidfVectorizer(max_features=10000) #
   Adjust the max_features
X = vectorizer.fit_transform(df['cleaned_text']) # Fit
   and transform the cleaned text data
X_df = pd.DataFrame(X.toarray(), columns=vectorizer.
   get_feature_names_out()) # Convert the result to a
   DataFrame for easier understanding

# Save the preprocessed dataset (optional)
df.to_csv('preprocessed_mental_health.csv', index=False)
```

The code snippet above demonstrates the preprocessing steps for a mental health dataset. It handles missing values and duplicates in the text data, performs text cleaning by removing URLs, mentions, and special characters, and applies tokenization. The cleaned text is then vectorized using TF-IDF to convert the textual data into a format suitable for machine learning models. Finally, the preprocessed dataset is saved as a new CSV file for future use in classification tasks.

```
[nltk data] Downloading package stopwords to /root/nltk data...
[nltk data]
            Package stopwords is already up-to-date!
[nltk data] Downloading package punkt to /root/nltk data...
            Package punkt is already up-to-date!
[nltk data]
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2
        0.0
                    0.0 0.0
                                  0.0 0.00000
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        0.0
                    0.0 0.0
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4
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                    0.0 0.0
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[5 rows x 10000 columns]
```

Figure 11: Data Collection and Preprocessing

8.2.3 Logistic Regression Model for Classification

Logistic Regression for Mental Health Classification import pandas as pd from sklearn.model_selection import train_test_split from sklearn.feature_extraction.text import CountVectorizer from sklearn.linear_model import LogisticRegression from sklearn.metrics import accuracy_score, classification_report, confusion_matrix # Load the preprocessed dataset dataset = pd.read_csv('preprocessed_mental_health.csv') # Check if 'cleaned_text' and 'mental_health_issue' columns exist if 'cleaned_text' not in dataset.columns or ' mental_health_issue' not in dataset.columns: raise ValueError("The dataset must have 'cleaned_text'... and_'mental_health_issue'_columns.") # Remove rows with missing values in 'cleaned text' column dataset.dropna(subset=['cleaned_text'], inplace=True) # Initialize the CountVectorizer and fit/transform the cleaned text LRvectorizer = CountVectorizer() X = LRvectorizer.fit_transform(dataset['cleaned_text']) # Prepare the target variable y = dataset['mental_health_issue'] # Split the dataset into Training and Test Sets X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2, random_state=42) # Initialize the Logistic Regression model LRmodel = LogisticRegression(multi_class='ovr', max_iter =10000) # Train the model LRmodel.fit(X_train, y_train) # Make predictions on the test set y_pred = LRmodel.predict(X_test)

Logistic Regression for Mental Health Classification # Evaluate the model accuracy = accuracy_score(y_test, y_pred) print(f'Accuracy:_{accuracy_*_100:.2f}%') # Print classification report print("Classification_Report:\n", classification_report(y_test, y_pred)) # Print confusion matrix print("Confusion_Matrix:\n", confusion_matrix(y_test, y_pred))

The provided code demonstrates how to apply Logistic Regression for mental health classification using a preprocessed dataset. First, the dataset is loaded, and a check is performed to ensure that it contains the necessary columns, specifically cleaned_text and mental_health_issue. If these columns are missing, an error is raised. The dataset is then cleaned by removing rows that have missing values in the cleaned_text column using the dropna () function. Next, the CountVectorizer is initialized and applied to the cleaned_text column to convert the text data into a numerical format suitable for machine learning. This is accomplished by transforming the text into a document-term matrix where each row represents a document (post) and each column represents a unique term (word). The target variable, mental_health_issue, is also extracted from the dataset. The dataset is then split into training and testing sets using train_test_split(), where 80% of the data is used for training, and 20% is reserved for testing. The random_state is set to ensure reproducibility of the results. A Logistic Regression model is initialized with a multi-class strategy (multi_class='ovr') and a high number of iterations (max_iter=10000) to allow the model to converge. The model is then trained on the training data using the fit () method. After training, predictions are made on the test set using the predict () method. The model's performance is evaluated by calculating the accuracy score, which is printed as a percentage. Additionally, a detailed classification report is generated, which includes metrics such as precision, recall, and F1-score for each class. Lastly, a confusion matrix is printed to visualize the model's classification performance and to understand how well the model distinguishes between different mental health issues. This end-to-end pipeline is crucial for applying Logistic Regression to textual data, allowing for effective classification of mental health issues based on Reddit posts.

8.2.4 Naive Bayes for Classification

Naive Bayes for Mental Health Classification import pandas as pd from sklearn.model_selection import train_test_split from sklearn.feature_extraction.text import CountVectorizer from sklearn.naive_bayes import MultinomialNB from sklearn.metrics import accuracy_score, classification_report, confusion_matrix # Load the preprocessed dataset dataset = pd.read_csv('preprocessed_mental_health.csv') # Check if 'cleaned_text' and 'mental_health_issue' columns exist if 'cleaned_text' not in dataset.columns or ' mental_health_issue' not in dataset.columns: raise ValueError("The_dataset_must_have_' cleaned_text'_and_'mental_health_issue'_columns." # Remove rows with missing values in 'cleaned_text' column dataset.dropna(subset=['cleaned_text'], inplace=True) # Initialize the CountVectorizer and fit/transform the cleaned text NBvectorizer = CountVectorizer() X = NBvectorizer.fit_transform(dataset['cleaned_text']) # Prepare the target variable y = dataset['mental_health_issue'] # Split the dataset into Training and Test Sets X_train, X_test, y_train, y_test = train_test_split(X, y , test_size=0.2, random_state=42) # Initialize the Naive Bayes classifier NBmodel = MultinomialNB() # Fit the model NBmodel.fit(X_train, y_train)

The provided code demonstrates how to apply the Naive Bayes classifier (MultinomialNB) for mental health classification using a preprocessed dataset. First, the dataset is loaded, and a check is performed to ensure that it contains the necessary columns, specifically cleaned_text and mental_health_issue. If these columns are missing, an error is raised. The dataset is then cleaned by removing rows that have missing values in the cleaned_text column using the dropna () function. Next, the CountVectorizer is initialized and applied to the cleaned text column to convert the text data into a numerical format suitable for machine learning. This is accomplished by transforming the text into a document-term matrix where each row represents a document (post) and each column represents a unique term (word). The target variable, mental_health_issue, is also extracted from the dataset. The dataset is then split into training and testing sets using train_test_split(), where 80% of the data is used for training, and 20% is reserved for testing. The random_state is set to ensure reproducibility of the results. A Naive Bayes model (MultinomialNB) is initialized and trained on the training data using the fit () method. After training, predictions are made on the test set using the predict () method. The model's performance is evaluated by calculating the accuracy score, which is printed as a percentage. Additionally, a detailed classification report is generated, which includes metrics such as precision, recall, and F1-score for each class. Lastly, a confusion matrix is printed to visualize the model's classification performance and to understand how well the model distinguishes between different mental health issues. This end-to-end pipeline is crucial for applying the Naive Bayes algorithm to textual data, allowing for effective classification of mental health issues based on Reddit posts.

8.2.5 Support Vector Machine for Classification

Support Vector Classifier Implementation import pandas as pd from sklearn.model_selection import train_test_split from sklearn.feature_extraction.text import CountVectorizer from sklearn.svm import SVC from sklearn.metrics import accuracy_score, classification_report, confusion_matrix # Load the preprocessed dataset dataset = pd.read_csv('preprocessed_mental_health.csv') # Check if 'cleaned_text' and 'mental_health_issue' columns exist if 'cleaned_text' not in dataset.columns or ' mental health issue' not in dataset.columns: raise ValueError("The dataset must have 'cleaned_text'... and_'mental_health_issue'_columns.") # Remove rows with missing values in 'cleaned text' column dataset.dropna(subset=['cleaned_text'], inplace=True) # Initialize the CountVectorizer and fit/transform the cleaned text SVMvectorizer = CountVectorizer() X = SVMvectorizer.fit_transform(dataset['cleaned_text']) # Prepare the target variable y = dataset['mental_health_issue'] # Split the dataset into Training and Test Sets X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2, random_state=42) # Initialize the Support Vector Classifier SVMmodel = SVC(kernel='linear', C=1, random_state=42, probability=True) # You can adjust parameters as needed # Train the model SVMmodel.fit(X_train, y_train) # Make predictions on the test set y_pred = SVMmodel.predict(X_test)

Evaluate the model accuracy = accuracy_score(y_test, y_pred) print(f'Accuracy:_{accuracy_*_100:.2f}%') # Print classification report print("Classification_Report:\n", classification_report(y_test, y_pred)) # Print confusion matrix print("Confusion_Matrix:\n", confusion_matrix(y_test, y_pred))

The provided code demonstrates how to apply the Support Vector Classifier (SVC) for mental health classification using a preprocessed dataset. First, the dataset is loaded, and a check is performed to ensure that it contains the necessary columns, specifically cleaned_text and mental_health_issue. If these columns are missing, an error is raised. The dataset is then cleaned by removing rows that have missing values in the cleaned_text column using the dropna () function. Next, the Count Vectorizer is initialized and applied to the cleaned text column to convert the text data into a numerical format suitable for machine learning. This is accomplished by transforming the text into a document-term matrix where each row represents a document (post) and each column represents a unique term (word). The target variable, mental_health_issue, is also extracted from the dataset. The dataset is then split into training and testing sets using train_test_split(), where 80% of the data is used for training, and 20% is reserved for testing. The random_state is set to ensure reproducibility of the results. A Support Vector Classifier model (SVC) is initialized with a linear kernel (kernel='linear'), regularization parameter C=1, and the probability flag set to True to enable probability estimates. The model is then trained on the training data using the fit () method. After training, predictions are made on the test set using the predict () method. The model's performance is evaluated by calculating the accuracy score, which is printed as a percentage. Additionally, a detailed classification report is generated, which includes metrics such as precision, recall, and F1-score for each class. Lastly, a confusion matrix is printed to visualize the model's classification performance and to understand how well the model distinguishes between different mental health issues. This end-to-end pipeline is crucial for applying the Support Vector Machine (SVM) algorithm to textual data, allowing for effective classification of mental health issues based on Reddit posts.

8.2.6 Random Forest for Classification

Random Forest Classifier Implementation

```
import pandas as pd
from sklearn.model_selection import train_test_split
from sklearn.feature_extraction.text import CountVectorizer
from sklearn.ensemble import RandomForestClassifier
from sklearn.metrics import accuracy_score,
   classification_report, confusion_matrix
# Load the preprocessed dataset
dataset = pd.read_csv('preprocessed_mental_health.csv')
# Check if 'cleaned_text' and 'mental_health_issue' columns
   exist
if 'cleaned_text' not in dataset.columns or '
   mental health issue' not in dataset.columns:
    raise ValueError("The dataset must have 'cleaned_text'...
       and_'mental_health_issue'_columns.")
# Remove rows with missing values in 'cleaned text' column
dataset.dropna(subset=['cleaned_text'], inplace=True)
# Initialize the CountVectorizer and fit/transform the
   cleaned text
RFvectorizer = CountVectorizer()
X = RFvectorizer.fit_transform(dataset['cleaned_text'])
# Prepare the target variable
y = dataset['mental_health_issue']
# Split the dataset into Training and Test Sets
X_train, X_test, y_train, y_test = train_test_split(X, y,
   test_size=0.2, random_state=42)
# Initialize the Random Forest Classifier with added
   parameters
RFmodel = RandomForestClassifier(
    n_estimators=3000,
                          # Number of trees
                              # Maximum depth of each tree
    max_depth=None,
    min_samples_split=20,
                             # Minimum number of samples
      to split a node
```

```
Random Forest Classifier Implementation
        min_samples_leaf=1,
                                    # Minimum number of samples
           in a leaf node
        max features='sqrt',
                                    # Number of features to
           consider at each split
        bootstrap=False,
                                     # Whether to use
           bootstrapping
        random state=42
                                    # For reproducibility
    )
    # Train the model
    RFmodel.fit(X_train, y_train)
    # Make predictions on the test set
    y_pred = RFmodel.predict(X_test)
    # Evaluate the model
    accuracy = accuracy_score(y_test, y_pred)
   print (f'Accuracy:..{accuracy..*..100:.2f}%')
    # Print classification report
   print("Classification_Report:\n", classification_report(
       y_test, y_pred))
    # Print confusion matrix
   print("Confusion_Matrix:\n", confusion_matrix(y_test, y_pred
       ))
```

The provided code demonstrates how to apply the Random Forest Classifier for mental health classification using a preprocessed dataset. First, the dataset is loaded, and a check is performed to ensure that it contains the necessary columns, specifically cleaned_text and mental_health_issue. If these columns are missing, an error is raised. The dataset is then cleaned by removing rows that have missing values in the cleaned_text column using the dropna() function. Next, the CountVectorizer is initialized and applied to the cleaned_text column to convert the text data into a numerical format suitable for machine learning. This is accomplished by transforming the text into a document-term matrix where each row represents a document (post) and each column represents a unique term (word). The target variable, mental_health_issue, is also extracted from the dataset. The dataset is then split into training and testing sets using train_test_split(), where 80% of the data is used for training, and 20% is reserved for testing. The random_state is set to ensure reproducibility of the results. A Random Forest Classifier model is initialized with several hyperparameters. Specifically, n_estimators=3000 defines the number of decision trees in the forest. The

max_depth=None means the trees are allowed to grow until all leaves are pure or contain fewer than the minimum samples required to split a node. The min_samples_split=20 and min_samples_leaf=1 specify the minimum number of samples required to split an internal node and the minimum number of samples required to be at a leaf node, respectively. The max_features='sqrt' sets the maximum number of features to consider for the best split at each node to be the square root of the total number of features. bootstrap=False disables bootstrapping, meaning the entire dataset is used to build each tree. After initialization, the model is trained using the fit() method on the training data. After training, predictions are made on the test set using the predict() method. The model's performance is evaluated by calculating the accuracy score, which is printed as a percentage. Additionally, a detailed classification report is generated, which includes metrics such as precision, recall, and F1-score for each class. Lastly, a confusion matrix is printed to visualize the model's classification performance and to understand how well the model distinguishes between different mental health issues. This end-to-end pipeline is essential for applying the Random Forest algorithm to textual data, allowing for effective classification of mental health issues based on Reddit posts.

8.2.7 XGBoost for Classification

```
XGBoost Classifier Implementation
    import pandas as pd
    from sklearn.model_selection import train_test_split
    from sklearn.preprocessing import LabelEncoder
    from sklearn.metrics import accuracy_score,
       classification_report, confusion_matrix
    import xqboost as xqb
    # Load the dataset
    data = pd.read_csv('preprocessed_mental_health.csv')
    # Separate features and target
    X = data['text']
    y = data['mental_health_issue']
    # Encode target labels
    label_encoder = LabelEncoder()
    y = label_encoder.fit_transform(y)
    # Split dataset into training and test sets
    X_train, X_test, y_train, y_test = train_test_split(X, y,
       test size=0.2, random state=42)
```

```
XGBoost Classifier Implementation
    # Convert text data to numerical data using TF-IDF
       Vectorizer
    from sklearn.feature_extraction.text import TfidfVectorizer
    tfidf = TfidfVectorizer(max_features=5000)
    X_train = tfidf.fit_transform(X_train)
    X_test = tfidf.transform(X_test)
    # Define the XGBoost classifier
    xqb_clf = xqb.XGBClassifier(objective='multi:softmax',
       num_class=5, eval_metric='mlogloss', use_label_encoder=
       False)
    # Train the model
    xgb_clf.fit(X_train, y_train)
    # Predict on the test set
    y_pred = xgb_clf.predict(X_test)
    # Evaluate the model
    accuracy = accuracy_score(y_test, y_pred)
    report = classification_report(y_test, y_pred, target_names=
       label_encoder.classes_)
   print (f"Accuracy:_{accuracy_*_100:.2f}%")
    print("Classification_Report:\n", report)
    # Print confusion matrix
    print("Confusion_Matrix:\n", confusion_matrix(y_test, y_pred
       ))
```

The provided code demonstrates how to apply XGBoost for mental health classification using a preprocessed dataset. First, the dataset is loaded, and the target variable (mental_health_issue) is separated from the feature variable (text). The target variable is then encoded using LabelEncoder() to convert the categorical labels into numerical values, which are required for machine learning algorithms. Next, the dataset is split into training and testing sets using train_test_split(), where 80% of the data is used for training, and 20% is reserved for testing. The random_state is set to ensure reproducibility of the results. The text data is then transformed into numerical features using the TfidfVectorizer(). This vectorizer converts the raw text into a matrix of TF-IDF (Term Frequency-Inverse Document Frequency) features, which are more suitable for training a machine learning model. The max_features=5000 parameter limits the number of features to the 5000 most frequent terms in the dataset. The XGBoost classifier is then initialized with several hyperparameters.

The objective='multi:softmax' indicates that the task is a multi-class classification problem. The num_class=5 parameter specifies the number of classes for the classification task, and eval_metric='mlogloss' is set to use the log loss metric for evaluation. use_label_encoder=False disables the automatic label encoding of target labels, as we have already manually encoded the labels. After initialization, the model is trained on the training data using the fit() method. After training, predictions are made on the test set using the predict() method. The model's performance is evaluated by calculating the accuracy score, which is printed as a percentage. Additionally, a detailed classification report is generated, which includes metrics such as precision, recall, and F1-score for each class. Lastly, a confusion matrix is printed to visualize the model's classification performance and to understand how well the model distinguishes between different mental health issues. This pipeline demonstrates the use of XGBoost in combination with TF-IDF vectorization for text classification, enabling effective classification of mental health issues based on Reddit posts.

8.2.8 K Nearest Neighbours for Classification

```
k-NN Classifier Implementation for Mental Health Classification
import pandas as pd
from sklearn.model_selection import train_test_split
from sklearn.feature_extraction.text import CountVectorizer
from sklearn.neighbors import KNeighborsClassifier
from sklearn.metrics import accuracy_score,
   classification_report, confusion_matrix
# Load the preprocessed dataset
dataset = pd.read_csv('preprocessed_mental_health.csv')
# Check if 'cleaned_text' and 'mental_health_issue' columns
   exist
if 'cleaned_text' not in dataset.columns or 'mental_health_issue
   ' not in dataset.columns:
    raise ValueError("The_dataset_must_have_'cleaned_text'_and_'
       mental_health_issue'.columns.")
# Remove rows with missing values in 'cleaned_text' column
dataset.dropna(subset=['cleaned_text'], inplace=True)
# Initialize the CountVectorizer and fit/transform the cleaned
   text
KNNvectorizer = CountVectorizer()
X = KNNvectorizer.fit_transform(dataset['cleaned_text'])
```

k-NN Classifier Implementation for Mental Health Classification # Prepare the target variable y = dataset['mental_health_issue'] # Split the dataset into Training and Test Sets X_train, X_test, y_train, y_test = train_test_split(X, y, test size=0.2, random state=42) # Initialize the k-NN classifier KNNmodel = KNeighborsClassifier(n_neighbors=5) # You can adjust the number of neighbors # Fit the model KNNmodel.fit(X_train, y_train) # Make predictions y_pred = KNNmodel.predict(X_test) # Evaluate the model accuracy = accuracy score(y test, y pred) print(f'Accuracy:..{accuracy..*..100:.2f}%') # Print classification report print("Classification_Report:\n", classification_report(y_test, y_pred)) # Print confusion matrix print("Confusion_Matrix:\n", confusion_matrix(y_test, y_pred))

The code provided demonstrates how to implement a k-Nearest Neighbors (k-NN) classifier for mental health issue classification based on text data. Initially, the dataset is loaded from a CSV file, and a check is performed to ensure the presence of the necessary columns, namely cleaned_text and mental_health_issue. If any of these columns are missing, the program raises an error. The next step involves removing rows with missing text data from the cleaned_text column using dropna(). The CountVectorizer from sklearn is used to transform the textual data into a matrix of token counts, which is suitable for machine learning. This transformation converts each post (document) into a vector of word occurrences, with each unique word in the dataset being represented by a column. The target variable, mental_health_issue, is extracted, and the dataset is split into training and test sets using train_test_split(). The training set consists of 80% of the data, and the remaining 20% is used for testing. A k-NN classifier is initialized with 5 neighbors (n_neighbors=5), though this number can be adjusted for tuning the model. The classifier is trained on the training data using the fit() method. Once the model is trained, it is used to predict mental health

issues for the test set, and the accuracy of the predictions is calculated and printed. In addition to the accuracy score, a detailed classification report is generated, which includes metrics like precision, recall, and F1-score for each class. Finally, a confusion matrix is printed to help visualize the model's performance in terms of how well it classifies different mental health issues. This end-to-end pipeline demonstrates how to apply a k-NN classifier to a text classification task, specifically identifying mental health issues based on user-generated content such as social media posts.

8.2.9 Long Short Term Memory based Classification

```
LSTM Model Implementation
    import pandas as pd
    import numpy as np
    import matplotlib.pyplot as plt
    import seaborn as sns
    from sklearn.metrics import confusion_matrix,
       classification_report
    from sklearn.preprocessing import LabelEncoder
    from tensorflow.keras.preprocessing.text import Tokenizer
    from tensorflow.keras.preprocessing.sequence import
       pad_sequences
    from tensorflow.keras.models import Sequential
    from tensorflow.keras.layers import Embedding, LSTM, Dense,
       Dropout
    from tensorflow.keras.utils import to_categorical
    from sklearn.model selection import train test split
    # Load the dataset
    data = pd.read_csv('preprocessed_mental_health.csv')
    # Separate features and target
    X = data['text']
    y = data['mental_health_issue']
    # Encode target labels
    label encoder = LabelEncoder()
    y = label_encoder.fit_transform(y)
    y = to_categorical(y) # Convert labels to one-hot encoded
       format for multi-class classification
    # Split dataset into training and test sets
    X_train, X_test, y_train, y_test = train_test_split(X, y,
       test_size=0.2, random_state=42)
```

LSTM Model Implementation # Tokenize and pad the text sequences vocab_size = 10000 # Set a vocabulary size max_length = 100 # Set a max length for padding tokenizer = Tokenizer(num_words=vocab_size, oov_token="<00V> tokenizer.fit on texts(X train) X_train_seq = tokenizer.texts_to_sequences(X_train) X_test_seq = tokenizer.texts_to_sequences(X_test) X_train_padded = pad_sequences(X_train_seq, maxlen= max_length, padding='post', truncating='post') X_test_padded = pad_sequences(X_test_seq, maxlen=max_length, padding='post', truncating='post') # Build the LSTM model model = Sequential([Embedding (vocab size, 128, input length=max length), LSTM(128, return_sequences=True), Dropout (0.2), LSTM(64), Dropout (0.2), Dense(64, activation='relu'), Dense(y.shape[1], activation='softmax') # Output layer with softmax for multi-class classification]) model.compile(optimizer='adam', loss=' categorical_crossentropy', metrics=['accuracy']) # Train the model history = model.fit(X_train_padded, y_train, epochs=10, batch_size=32, validation_data=(X_test_padded, y_test)) # Plot training history plt.figure(figsize=(12, 4)) plt.subplot(1, 2, 1)plt.plot(history.history['accuracy'], label='Training_ Accuracy') plt.plot(history.history['val_accuracy'], label='Validation_ Accuracy') plt.title('Model_Accuracy') plt.xlabel('Epochs')

plt.ylabel('Accuracy')

plt.legend()

```
LSTM Model Implementation
    plt.subplot(1, 2, 2)
    plt.plot(history.history['loss'], label='Training_Loss')
    plt.plot(history.history['val_loss'], label='Validation_Loss
       ′)
   plt.title('Model_Loss')
    plt.xlabel('Epochs')
   plt.ylabel('Loss')
   plt.legend()
   plt.show()
    # Evaluate the model on test data
    test_loss, test_accuracy = model.evaluate(X_test_padded,
       y_test)
   print (f"Test_Accuracy:_{test_accuracy_*_100:.2f}%")
    # Generate predictions and convert back from one-hot
       encoding
    y_pred = model.predict(X_test_padded)
    y pred classes = np.argmax(y pred, axis=1)
    y_test_classes = np.argmax(y_test, axis=1)
    # Output classification report
   print("Classification_Report:\n", classification_report(
       y_test_classes, y_pred_classes, target_names=
       label_encoder.classes_))
    # Plot Confusion Matrix
    cm = confusion_matrix(y_test_classes, y_pred_classes)
    plt.figure(figsize=(8, 6))
    sns.heatmap(cm, annot=True, fmt='d', cmap='Blues',
       xticklabels=label_encoder.classes_, yticklabels=
       label_encoder.classes_)
    plt.xlabel('Predicted_Labels')
    plt.ylabel('True_Labels')
    plt.title('Confusion_Matrix')
    plt.show()
```

This code demonstrates how to apply a Long Short-Term Memory (LSTM) neural network for text classification, specifically for predicting mental health issues based on preprocessed Reddit data. The dataset is loaded and the target variable (mental_health_issue) is encoded into a one-hot format for multi-class classification. The dataset is split into training and testing sets. Text data is tokenized and padded to ensure uniform input lengths for the LSTM model. The model consists of embedding layers, LSTM layers with dropout for regularization, and dense

layers for classification. The model is trained on the training data, and performance is monitored using validation data. The training and validation accuracy and loss are plotted. The model is evaluated on the test data, and performance metrics such as accuracy and classification report are displayed. A confusion matrix is plotted to visualize model performance.

```
Epoch 1/10
/usr/local/lib/python3.10/dist-packages/keras/src/layers/core/embedding.py:90: UserWarning: Argument `input_length` is deprecated. Just remove it.
  warnings.warn(
465/465
                             135s 280ms/step - accuracy: 0.6046 - loss: 1.1142 - val_accuracy: 0.6841 - val_loss: 0.7390
Epoch 2/10
465/465 -
                             131s 281ms/step - accuracy: 0.6681 - loss: 0.7686 - val_accuracy: 0.6634 - val_loss: 0.8092
Epoch 3/10
465/465 -
                             144s 286ms/step - accuracy: 0.6499 - loss: 0.8130 - val accuracy: 0.6680 - val loss: 0.7538
Epoch 4/10
465/465 -
                             139s 280ms/step - accuracy: 0.6368 - loss: 0.8657 - val_accuracy: 0.6605 - val_loss: 0.7481
Epoch 5/10
465/465
                             130s 280ms/step - accuracy: 0.6949 - loss: 0.6574 - val_accuracy: 0.6922 - val_loss: 0.6711
Epoch 6/10
465/465 -
                             141s 278ms/step - accuracy: 0.7132 - loss: 0.6056 - val_accuracy: 0.6933 - val_loss: 0.6697
Epoch 7/10
465/465 —
                             147s 289ms/step - accuracy: 0.7304 - loss: 0.5676 - val accuracy: 0.7081 - val loss: 0.6606
Epoch 8/10
465/465 -
                             131s 282ms/step - accuracy: 0.7483 - loss: 0.5433 - val accuracy: 0.7516 - val loss: 0.6319
Epoch 9/10
465/465
                             142s 282ms/step - accuracy: 0.8079 - loss: 0.4523 - val_accuracy: 0.7484 - val_loss: 0.6037
Epoch 10/10
465/465
                                              - accuracy: 0.8564 - loss: 0.3823 - val_accuracy: 0.8355 - val_loss: 0.5368
```

Figure 12: Output for LSTM Epochs

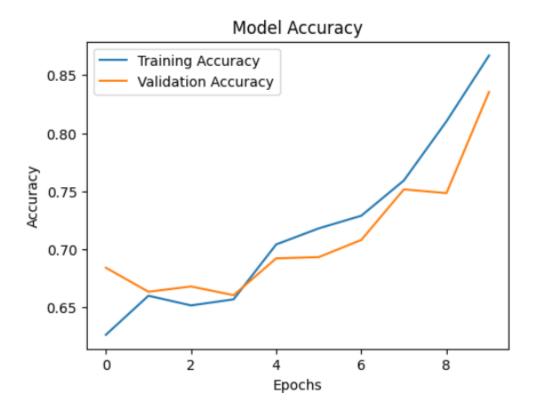


Figure 13: Accuracy v/s Epoch

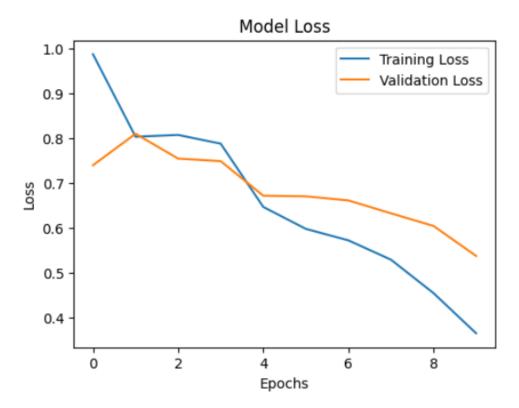


Figure 14: Loss v/s Epoch

9 Results and Analysis

The metrics used for evaluating the performance of the classification models include Precision, Recall, F1-Score, and Support, along with the Confusion Matrix. These metrics are crucial for assessing how well the models are able to differentiate between various classes, providing insight into their accuracy, ability to capture relevant instances, and the overall balance between precision and recall. By analyzing these metrics, a comprehensive understanding of the model's performance can be obtained, enabling informed decisions for further optimization and tuning.

9.1 Classification Metrics and Confusion Matrix

• **Precision:** Precision is the ratio of correctly predicted positive observations to the total predicted positives. It can be calculated as:

$$Precision = \frac{TP}{TP + FP}$$

where TP represents True Positives, and FP represents False Positives.

• **Recall:** Recall is the ratio of correctly predicted positive observations to all observations in the actual class:

$$Recall = \frac{TP}{TP + FN}$$

where TP is True Positives, and FN is False Negatives.

• F1-Score: F1-Score is the harmonic mean of Precision and Recall, calculated as:

$$F1-Score = 2 \times \frac{Precision \times Recall}{Precision + Recall}$$

• **Support:** Support refers to the number of actual occurrences of each class in the dataset:

Support = Number of samples in the true class

• Confusion Matrix: A confusion matrix is used to evaluate the performance of a classification model. It is structured as follows:

$$egin{bmatrix} TP & FP \ FN & TN \end{bmatrix}$$

where:

- -TP = True Positives
- FP = False Positives
- FN = False Negatives
- -TN = True Negatives

9.2 Results of Logistic Regression

Logistic Regression Classification Report

Class	Precision	Recall	F1-Score	Support
Anxiety	0.83	0.77	0.80	379
Bipolar	0.74	0.55	0.63	384
Depression	0.76	0.76	0.76	373
Normal	0.92	0.99	0.95	2183
PTSD	0.87	0.77	0.82	394
Accuracy	87.66%			
Macro Avg	0.82	0.77	0.79	3713
Weighted Avg	0.87	0.88	0.87	3713

Confusion Matrix for Logistic Regression Model

	Anxiety	Bipolar	Depression	Normal	PTSD
Anxiety	291	18	27	24	19
Bipolar	7	213	29	125	10
Depression	26	31	283	18	15
Normal	3	10	4	2165	1
PTSD	24	16	29	22	303

ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.95
Bipolar	0.92
Depression	0.96
Normal	0.99
PTSD	0.95

The Logistic Regression model performed well with an overall accuracy of 87.66%, indicating that the model correctly classified the majority of the instances. The classification report shows high precision, recall, and F1-scores for the 'Normal' class, which was expected due to its large number of instances. However, the 'Bipolar' and 'Anxiety' classes have lower recall and F1-scores, suggesting that the model struggles more with these classes. The confusion matrix highlights the misclassifications. For example, 'Anxiety' is often confused with 'Depression' and 'PTSD,' while the 'Normal' class is well-separated from the other classes. The large number of instances in the 'Normal' class could have contributed to the high accuracy but also to the imbalance in performance across other classes. The ROC curve AUC scores indicate that the model performs well in distinguishing between the classes. The 'Normal' class has the highest AUC (0.99), which is expected due to the large proportion of 'Normal' instances. Other classes, like 'Anxiety' and 'Depression,' also have high AUC scores (0.95 and 0.96, respectively), indicating that the model is capable of distinguishing them effectively.

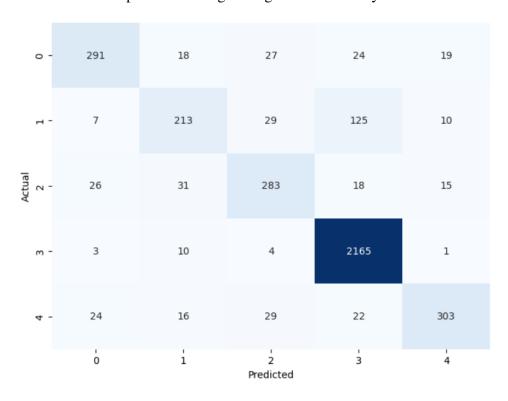


Figure 15: Confusion Matrix (Logistic Regression)

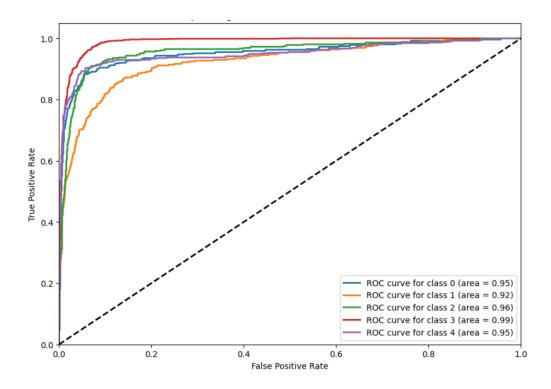


Figure 16: ROC AUC (Logistic Regression)

9.3 Results of Naive Bayes

Naive Bayes Classification Report

Class	Precision	Recall	F1-Score	Support	
Anxiety	0.70	0.73	0.72	379	
Bipolar	0.83	0.45	0.58	384	
Depression	0.59	0.87	0.70	373	
Normal	0.96	0.92	0.94	2183	
PTSD	0.71	0.83	0.76	394	
Accuracy	83.63%				
Macro Avg	0.76	0.76	0.74	3713	
Weighted Avg	0.85	0.84	0.84	3713	

Confusion Matrix for Naive Bayes Model

	Anxiety	Bipolar	Depression	Normal	PTSD
Anxiety	278	4	63	3	31
Bipolar	30	171	62	86	35
Depression	26	6	323	0	18
Normal	38	21	68	2006	50
PTSD	24	5	34	4	327

ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.92
Bipolar	0.89
Depression	0.94
Normal	0.99
PTSD	0.94

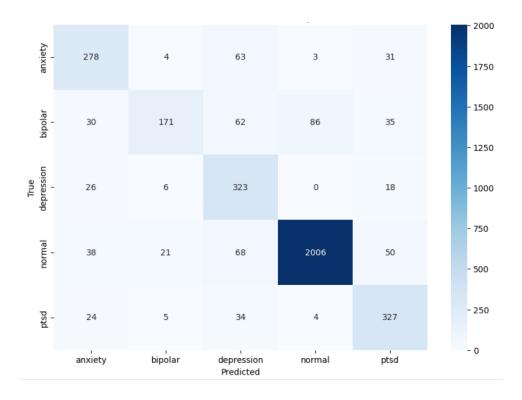


Figure 17: Confusion Matrix (Naive Bayes)

The Naive Bayes model achieved an overall accuracy of 83.63%, indicating a reasonable performance. The classification report shows strong results for the Normal class, with a precision of 0.96 and a recall of 0.92, resulting in an F1-score of 0.94. However, the Bipolar class exhibits much lower recall (0.45) and F1-score (0.58), suggesting that the model struggles to accurately identify Bipolar instances. Misclassifications are more frequent for Bipolar, often being confused with Depression and PTSD. The Anxiety class, although having decent precision (0.70), shows a lower recall (0.73), indicating that it also faces challenges in classification. The Confusion Matrix highlights that the model has difficulty distinguishing Bipolar and Depression from each other, with a large number of misclassifications across these classes. On the other hand, the Normal class is well-separated and correctly classified, with 2006 true positives, which likely contributes to the high overall accuracy. PTSD also shows relatively good classification results, with misclassifications being less frequent. The ROC AUC Curve Areas show that the model performs well for most classes, with the Normal class having the highest AUC score (0.99),

followed by Depression and PTSD with AUCs of 0.94. While the model performs well for distinguishing between classes like Normal and Depression, the lower AUC for Bipolar (0.89) indicates that there may still be room for improvement in distinguishing this class from others.

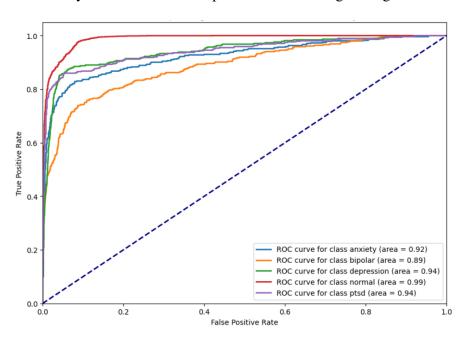


Figure 18: ROC AUC (Naive Bayes)

9.4 Results of Support Vector Machine

SVM Classification Report

Class	Precision	Recall	F1-Score	Support	
Anxiety	0.72	0.76	0.74	379	
Bipolar	0.62	0.61	0.61	384	
Depression	0.74	0.71	0.72	373	
Normal	0.94	0.95	0.95	2183	
PTSD	0.78	0.74	0.76	394	
Accuracy	85.13%				
Macro Avg	0.76	0.75	0.76	3713	
Weighted Avg	0.85	0.85	0.85	3713	

Confusion Matrix for SVM Model

	Anxiety	Bipolar	Depression	Normal	PTSD
Anxiety	287	22	29	13	28
Bipolar	20	233	29	88	14
Depression	37	31	265	11	29
Normal	20	62	8	2084	9
PTSD	34	26	29	13	292

ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.96
Bipolar	0.90
Depression	0.96
Normal	0.98
PTSD	0.96

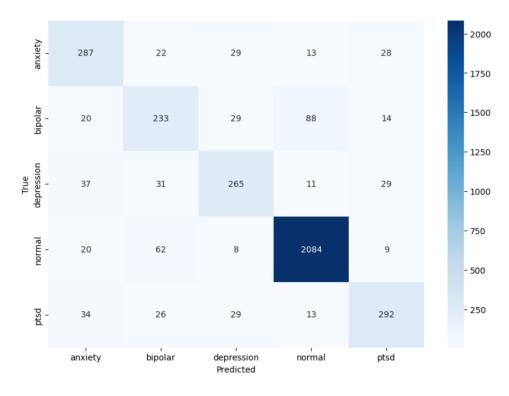


Figure 19: Confusion Matrix (SVM)

The Support Vector Machine (SVM) model achieved an accuracy of 85.13%, demonstrating strong performance in classifying the various mental health conditions. The classification report indicates that the Normal class has the highest precision (0.94) and recall (0.95), resulting in an F1-score of 0.95, showing that the model is particularly good at identifying instances of normal behavior. However, the Bipolar class shows lower performance, with a precision of 0.62 and recall of 0.61, suggesting that the model struggles more with identifying bipolar disorder instances. The recall for the Anxiety class is relatively high (0.76), though precision is somewhat lower (0.72), indicating a balanced classification performance for this condition. The confusion matrix reveals that the model is generally accurate, with the Normal class being correctly classified most of the time (2084 true positives). However, some misclassifications occur for classes like Bipolar, Depression, and PTSD, with notable misclassifications of Bipolar as Depression and Normal. These misclassifications are likely affecting the overall recall for certain classes. The ROC AUC curve areas demonstrate that the model has excellent performance in

distinguishing between most classes. The Normal class has the highest AUC of 0.98, followed by Anxiety, Depression, and PTSD with AUCs of 0.96. Bipolar, although still high at 0.90, lags behind the other classes, reflecting the model's challenge in distinguishing Bipolar from other conditions.

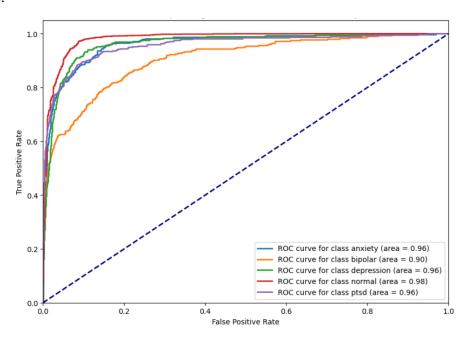


Figure 20: ROC AUC (SVM)

9.5 Results of Random Forest

Random Forest Classification Report

Class	Precision	Recall	F1-Score	Support	
Anxiety	0.81	0.70	0.75	379	
Bipolar	0.93	0.47	0.62	384	
Depression	0.72	0.77	0.74	373	
Normal	0.88	1.00	0.93	2183	
PTSD	0.92	0.74	0.82	394	
Accuracy	86.00%				
Macro Avg	0.85	0.73	0.77	3713	
Weighted Avg	0.86	0.86	0.85	3713	

Confusion Matrix for Random Forest Model

	Anxiety	Bipolar	Depression	Normal	PTSD
Anxiety	264	3	34	68	10
Bipolar	12	180	46	141	5
Depression	26	3	286	48	10
Normal	3	6	1	2173	0
PTSD	19	2	30	53	290

ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.96
Bipolar	0.89
Depression	0.97
Normal	0.97
PTSD	0.97

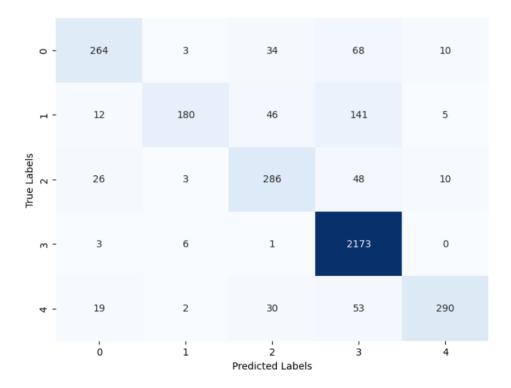


Figure 21: Confusion Matrix (Random Forest)

The Random Forest model achieved an accuracy of 86.00%, indicating a strong performance in classifying the mental health conditions. The classification report shows that the Normal class achieved the highest recall (1.00) and a precision of 0.88, resulting in a high F1-score of 0.93. This reflects the model's ability to correctly classify the majority of the Normal instances. The Bipolar class, however, shows a much lower recall (0.47), which indicates that the model has difficulty identifying instances of Bipolar disorder, as reflected by its F1-score of 0.62. The Anxiety and PTSD classes have relatively balanced performance, with moderate precision and recall values. The confusion matrix illustrates the distribution of misclassifications. The Normal class is correctly classified almost entirely (2173 true positives), while other classes like Bipolar and PTSD exhibit significant misclassifications, particularly Bipolar, which is often misclassified as Depression and Normal. The ROC AUC scores for all classes are quite high, indicating that the model is effective at distinguishing between the classes. The Anxiety, Depression, Normal, and PTSD classes each have AUC values above 0.96, with the Normal and Depression

classes achieving 0.97. Bipolar has the lowest AUC at 0.89, which corresponds to its lower classification performance. These AUC values suggest that the Random Forest model is proficient in distinguishing between most of the classes, though it faces challenges in identifying Bipolar disorder.

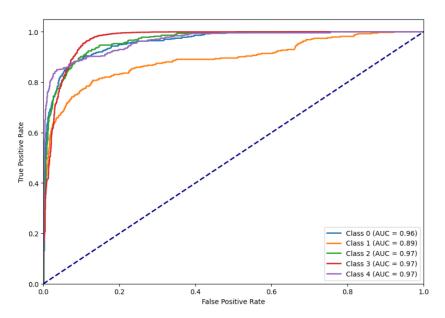


Figure 22: ROC AUC (Random Forest)

9.6 Results of XGBoost

XGBoost Classification Report

Class	Precision	Recall	F1-Score	Support	
Anxiety	0.81	0.74	0.77	403	
Bipolar	0.77	0.62	0.69	397	
Depression	0.72	0.81	0.76	387	
Normal	0.93	0.98	0.95	2137	
PTSD	0.86	0.75	0.80	396	
Accuracy	87.39%				
Macro Avg	0.82	0.78	0.80	3720	
Weighted Avg	0.87	0.87	0.87	3720	

Confusion Matrix for XGBoost Model

	Anxiety	Bipolar	Depression	Normal	PTSD
Anxiety	297	20	39	24	23
Bipolar	13	248	36	92	8
Depression	30	13	313	17	14
Normal	3	28	8	2096	2
PTSD	22	12	36	29	297

ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.97
Bipolar	0.95
Depression	0.97
Normal	0.99
PTSD	0.97

The XGBoost model achieved an accuracy of 87.39%, demonstrating strong overall performance. The classification report indicates high precision and recall for the 'Normal' class, which is likely due to its substantial representation in the dataset. The 'Anxiety' and 'PTSD' classes also showed reasonable results, with the 'Anxiety' class achieving a precision of 0.81 and a recall of 0.74. However, the 'Bipolar' class exhibited a lower recall (0.62), suggesting that the model struggles more with this class. The confusion matrix highlights a well-separated 'Normal' class, while the 'Bipolar' and 'PTSD' classes experience more confusion with other categories. The ROC AUC scores further emphasize the model's good discriminatory capability, with AUC values of 0.97 for 'Anxiety,' 'Depression,' and 'PTSD,' and 0.99 for 'Normal.' These scores indicate that the model is proficient at distinguishing between different mental health conditions in the dataset.

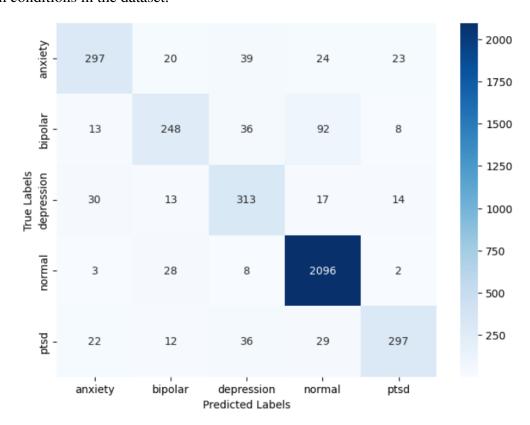


Figure 23: Confusion Matrix (XGBoost)

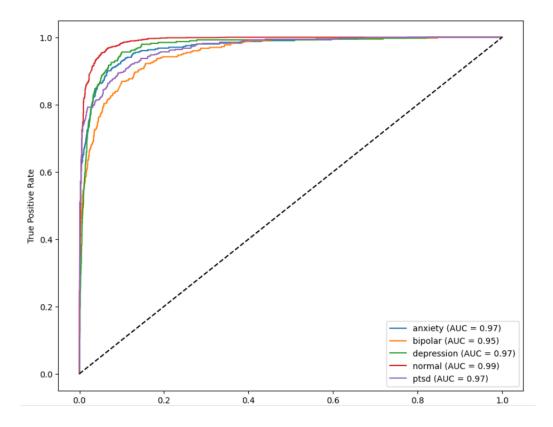


Figure 24: ROC AUC (XGBoost)

9.7 Results of KNN

KNN Classification Report

Class	Precision	Recall	F1-Score	Support
Anxiety	0.58	0.31	0.40	379
Bipolar	0.18	0.59	0.28	384
Depression	0.47	0.39	0.43	373
Normal	0.79	0.69	0.73	2183
PTSD	0.80	0.09	0.16	394
Accuracy	54.46%			
Macro Avg	0.56	0.41	0.40	3713
Weighted Avg	0.67	0.54	0.56	3713

Confusion Matrix for KNN Model

	Anxiety	Bipolar	Depression	Normal	PTSD
Anxiety	117	122	35	101	4
Bipolar	7	226	40	108	3
Depression	24	129	145	74	1
Normal	11	657	15	1499	1
PTSD	41	120	74	124	35

ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.73
Bipolar	0.67
Depression	0.77
Normal	0.80
PTSD	0.67

The KNN model achieved an accuracy of 54.46%, which is considerably lower than the XG-Boost model. The classification report reveals a significant imbalance in performance across classes. The 'Normal' class achieved relatively high precision (0.79) and recall (0.69), reflecting the model's tendency to perform well with dominant classes. However, the 'Anxiety' and 'PTSD' classes performed poorly, especially with PTSD having a very low recall of 0.09, indicating substantial misclassification. The confusion matrix suggests that the model struggles with distinguishing between some classes, especially 'Anxiety' and 'Bipolar,' where confusion with other categories is high. The ROC AUC scores are relatively lower compared to the XGBoost model, with 'Normal' having the highest AUC of 0.80. These results indicate that while the KNN model offers a lower overall performance, it still provides a reasonable level of discrimination for the 'Normal' class.

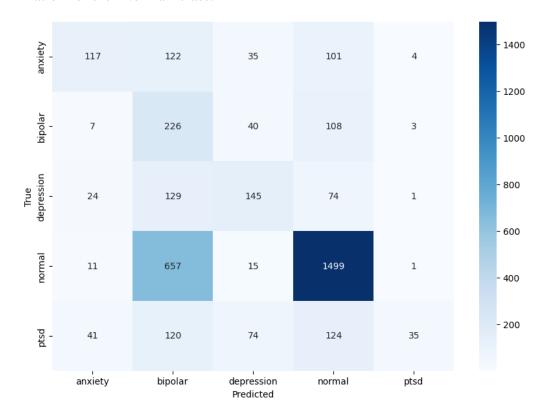


Figure 25: Confusion Matrix (KNN)

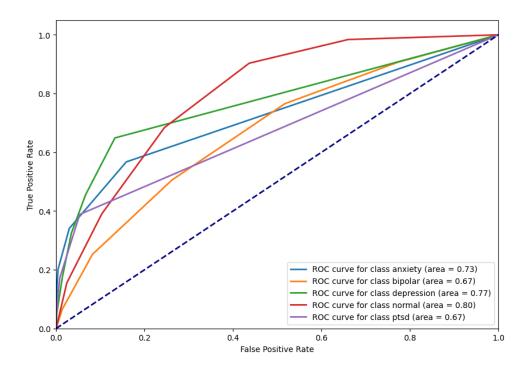


Figure 26: ROC AUC (KNN)

9.8 Results of LSTM

LSTM Classification Report

Class	Precision	Recall	F1-Score	Support
Anxiety	0.81	0.68	0.74	403
Bipolar	0.60	0.59	0.60	397
Depression	0.56	0.77	0.65	387
Normal	0.96	0.96	0.96	2137
PTSD	0.76	0.61	0.68	396
Accuracy	83.55%			
Macro Avg	0.74	0.72	0.73	3720
Weighted Avg	0.84	0.84	0.84	3720

Confusion Matrix for LSTM Model

	Anxiety	Bipolar	Depression	Normal	PTSD
Anxiety	274	36	32	28	33
Bipolar	26	233	42	85	11
Depression	25	31	299	19	13
Normal	6	18	11	2043	9
PTSD	31	33	33	35	264

ROC Curve Areas for Each Class

Class	ROC AUC
Anxiety	0.95
Bipolar	0.92
Depression	0.94
Normal	0.99
PTSD	0.95

The LSTM model achieved an accuracy of 83.55%, indicating strong performance, although it lags slightly behind other models such as XGBoost and SVM. The classification report shows high precision, recall, and F1-scores for the 'Normal' class, which dominates the dataset. The 'Anxiety' class has reasonable performance, with a precision of 0.81 and recall of 0.68, but the 'Bipolar' and 'PTSD' classes have lower precision and recall, especially for 'Bipolar' (0.60 in both precision and recall). The confusion matrix reflects this, with 'Bipolar' and 'PTSD' misclassified with other classes, while 'Normal' is well-separated. The ROC AUC scores highlight the model's ability to distinguish between classes effectively, with 'Normal' scoring the highest AUC of 0.99, followed by other classes such as 'Anxiety' and 'Depression,' both with AUCs above 0.90.

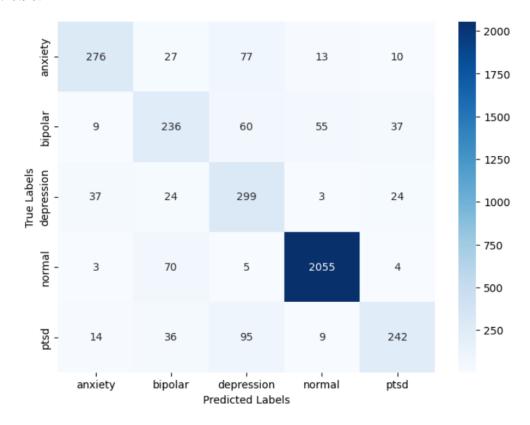


Figure 27: Confusion Matrix (LSTM)

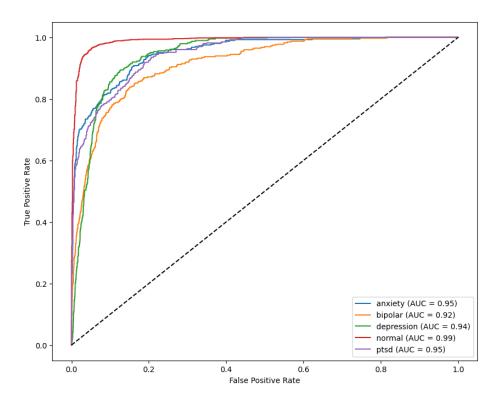


Figure 28: ROC AUC (LSTM)

Among the various machine learning algorithms tested, Logistic Regression emerged as the best performing model. With an accuracy of 87.66%, it outperformed the other models in terms of overall accuracy, precision, recall, and F1-score. The classification report for Logistic Regression shows strong performance across all classes, especially the 'Normal' class, which had high precision (0.92) and recall (0.99). Although the model faced challenges with the 'Bipolar' class, which had lower recall and F1-score, its overall ability to differentiate between other mental health conditions was impressive. The confusion matrix and ROC AUC scores further highlight the model's robustness, with an AUC of 0.99 for the 'Normal' class and strong values for other classes as well. This indicates that Logistic Regression not only achieves high accuracy but also performs well in distinguishing between different mental health categories, making it the most reliable choice for this classification task.

10 Conclusion

10.1 Project Benefits

The project on detecting mental health disorders through social media analysis offers a wide array of significant benefits, both immediate and long-term, across multiple dimensions. First and foremost, it addresses a critical issue in mental health care—early detection and intervention. Social media has become a ubiquitous platform where people express their thoughts, feelings,

and emotional states, often unconsciously. By leveraging the vast amounts of data available on social media platforms, our project seeks to tap into this resource to identify early signs of mental health disorders such as anxiety, depression, and more severe conditions like bipolar disorder or schizophrenia. The ability to detect mental health issues through real-time social media data is a game-changer for public health systems, mental health practitioners, and even individuals who may not realize they are at risk. Early detection enables timely intervention, reducing the overall burden of mental health disorders on society by preventing escalation into more severe conditions that often lead to hospitalization, self-harm, or even suicide. In this sense, the project aligns with global health initiatives that emphasize early diagnosis and preventive care.

Moreover, this project holds significant potential for improving the accuracy and efficiency of mental health diagnostics. Traditional diagnostic methods are often time-consuming, subjective, and reliant on self-reporting, which can lead to underdiagnosis or misdiagnosis. By utilizing machine learning algorithms and natural language processing techniques, our project automates the process of sentiment and behavioral analysis on social media platforms, offering a more objective and data-driven approach. This automated system can process large volumes of data much faster than human professionals, providing insights that would be impossible to glean from manual analysis. The algorithms developed as part of this project can be easily scaled to analyze millions of social media posts, enabling a broader reach in monitoring public mental health trends. Additionally, the project offers practical benefits for mental health professionals, allowing them to focus on treatment and intervention rather than diagnosis. It provides a tool that can be integrated into telehealth systems, offering mental health screening at scale, which is particularly valuable in underserved or rural areas where access to mental health professionals is limited.

From a technological standpoint, the project offers a host of reusable components and methodologies. The machine learning models developed, the sentiment analysis tools, and the overall data pipeline are designed to be scalable and modular. These components can be adapted and extended to other domains beyond mental health, such as market sentiment analysis, public opinion monitoring, or even detecting harmful behavior like cyberbullying and harassment online. By advancing the state of the art in social media analytics, this project contributes to the growing field of AI-driven health care solutions. Furthermore, it provides a blueprint for future interdisciplinary work that integrates data science, psychology, and public health.

10.2 Future Scope for Improvements

While this project offers numerous immediate benefits, there is substantial room for future enhancements that can broaden its applicability, accuracy, and effectiveness. Currently, the project

focuses on analyzing Reddit data using PRAW, which is limited to a specific social media platform and dataset. In the future, incorporating data from other platforms like Facebook, Instagram, Twitter, and even niche forums could provide a more comprehensive understanding of an individual's mental health status. Different platforms cater to different demographics and social behaviors, and expanding the dataset will allow for a more holistic analysis of mental health indicators across various user bases. Additionally, expanding the dataset to include multilingual posts or integrating language translation capabilities could make the system applicable to a global audience, helping to identify mental health issues in non-English speaking populations.

Moreover, future improvements could focus on integrating real-time data analysis capabilities. Currently, our project is based on batch processing of historical data. However, in future iterations, the system could be developed to perform real-time monitoring, offering immediate feedback and potentially alerting health professionals or loved ones when someone shows signs of mental distress. This real-time capability would be invaluable in emergency situations, allowing for immediate intervention. Developing a mobile application or a web-based interface where users can voluntarily connect their social media accounts to monitor their mental health status could also increase user engagement and provide individuals with direct feedback on their well-being.

Another significant future enhancement could involve incorporating ethical considerations and improving user privacy. As mental health is a sensitive subject, ensuring that the system is designed with robust privacy protections is critical. Future work could focus on using differential privacy or other anonymization techniques to ensure that user data remains confidential while still allowing for effective analysis. Moreover, collaborating with psychologists, ethicists, and legal experts could help refine the system to ensure it adheres to ethical guidelines and avoids potential harm, such as misdiagnosis or privacy violations.

Lastly, the future scope of this project could include expanding its use in clinical settings. While the current system is primarily designed as a research tool, future iterations could be developed in collaboration with mental health professionals to ensure that it meets clinical standards.

11 References

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APPENDIX A - Prototype

```
!apt-get install -y ffmpeg libsm6 libxext6
!apt-get install -y tesseract-ocr
!apt-get install -y portaudio19-dev
```

This code installs essential system-level dependencies required for multimedia processing, Optical Character Recognition (OCR), and audio manipulation tasks. The ffmpeg library provides robust capabilities for processing video and audio data, supporting operations like format conversion, compression, and extraction. The libsm6 and libxext6 libraries are X Window System components needed for graphical processing and enabling compatibility with multimedia frameworks like OpenCV. The tesseract-ocr package installs Tesseract, a powerful OCR engine used for extracting text from images and documents. Lastly, portaudio19-dev is a development package for the PortAudio library, which enables cross-platform audio processing and is often required for speech recognition and audio streaming applications. These installations ensure that the environment is properly configured to handle complex data processing workflows.

```
Import Libraries
    import streamlit as st
    import joblib
    import pandas as pd
    import praw
    from PIL import Image
    from deep translator import GoogleTranslator
    import requests
    from io import BytesIO
    from collections import Counter
    import google.generativeai as genai
    import cv2
    import numpy as np
    import whisper
    import tempfile
    import os
    from pydub import AudioSegment
    import subprocess
    import re
    import librosa
    import librosa.display
    import tensorflow as tf
    import pytesseract
```

This code snippet includes various library imports essential for building a multi-functional application that processes and analyzes multimedia data, text, and machine learning tasks. Streamlit is used for building interactive web apps. Joblib assists with object serialization, and pandas handles structured data manipulation. PRAW enables interaction with Reddit's API, while Pillow facilitates image processing. GoogleTranslator supports text translation, and requests fetches data from web sources. BytesIO handles in-memory byte streams, and collections. Counter aids in counting elements in datasets. Google Generative AI tools are also incorporated for advanced AI tasks. For media processing, OpenCV and NumPy handle image and video manipulations. Whisper is an ASR (Automatic Speech Recognition) tool, and tempfile manages temporary files. Pydub processes audio, and subprocess executes shell commands. Re provides regular expressions for text parsing, Librosa supports audio feature extraction and visualization, and TensorFlow enables building machine learning models. Lastly, pytesseract extracts text from images using OCR (Optical Character Recognition), completing a robust toolset for diverse computational tasks.

```
Configuration and Model Initialization
    # Configure Tesseract and FFMPEG
    pytesseract.pytesseract.tesseract_cmd = '/usr/bin/tesseract'
    os.environ["FFMPEG_BINARY"] = "/usr/bin/ffmpeg"
    # Load Whisper model for audio transcription
    whisper_model = whisper.load_model("base")
    # Load the saved logistic regression model and vectorizer
    model = joblib.load('LRmodel.pkl')
    vectorizer = joblib.load('LRvectorizer.pkl')
    # Initialize Reddit API
    reddit = praw.Reddit(client_id='<CLIENT_ID>',
client_secret='<CLIENT_SECRET_KEY>',user_agent='Mental_Health')
    # Configure Gemini API for wellbeing insights
    genai.configure(api_key="<GEMINI_API_KEY>")
    generation_config = {
        "temperature": 1, "top_p": 0.95, "top_k": 40,
           max output tokens": 8192, "response mime type": "text
           /plain",
    }
    gemini_model = genai.GenerativeModel(
       model_name="gemini-1.5-flash",
                                              generation_config=
           generation config,
    )
```

This code initializes and configures various tools and models for a complex data-processing pipeline. The Tesseract OCR engine is configured by specifying its executable path to enable text extraction from images. The FFMPEG binary is similarly set to facilitate multimedia

processing tasks. The Whisper model, a speech-to-text solution, is loaded with its base configuration for audio transcription. Saved machine learning artifacts, a logistic regression model, and a vectorizer are loaded using joblib, providing a pre-trained setup for text classification tasks. The Reddit API is initialized using PRAW, with credentials to interact with Reddit's platform for data retrieval. For generative AI tasks, the Gemini API is configured with an API key and generation parameters such as temperature, top-p sampling, and maximum output token limit. A generative model is instantiated using these configurations, designed to provide wellbeing insights. This setup creates a cohesive framework for multimedia processing, natural language processing, and machine learning applications.

```
# Function to fetch text-based posts from Reddit
def fetch_user_text_posts(username):
    try:
        user = reddit.redditor(username)
        posts = [post.title + "_" + post.selftext for post
            in user.submissions.new(limit=20)]
        return posts
    except Exception as e:
        st.write(f"Error_fetching_text_posts:_{e}")
        return []
```

This function, fetch_user_text_posts, is designed to fetch text-based posts from a specified Reddit user. The function takes a username as an input and attempts to retrieve the most recent 20 text-based posts from that user's Reddit submissions. Using the PRAW library, the reddit.redditor(username) method is called to access the user's posts, and the function iterates over these posts, concatenating the title and the content (selftext) of each post into a single string. These concatenated post details are then stored in a list. If an error occurs during this process (such as network issues or invalid user input), the function catches the exception and displays an error message using Streamlit's st.write(). If an exception is caught, an empty list is returned. This function is useful for collecting Reddit text data for further analysis or processing.

```
Fetching Image-Based Posts from Reddit and Performing OCR
    # Function to fetch image-based posts from Reddit and
       perform OCR
    def fetch_user_images_and_extract_text(username):
        try:
            user = reddit.redditor(username)
            images = [post.url for post in user.submissions.new(
               limit=20) if post.url.endswith(('.jpg', '.jpeg',
               '.png', '.webp', '.bmp', '.tiff'))]
            extracted_texts = []
            for image_url in images:
                try:
                    response = requests.get(image_url)
                    image = Image.open(BytesIO(response.content)
                    st.image(image, caption="Fetched_Image",
                       use_column_width=True)
                    extracted text = extract text from image(
                       image)
                    if extracted_text.strip():
                        translated_text = GoogleTranslator(
                            source='auto', target='en').translate
                            (extracted text)
                        extracted_texts.append(translated_text)
                        st.write("Extracted_and_Translated_Text_
                            from_Image:")
                        st.text(translated_text)
                except Exception as e:
                    st.write(f"Error_processing_image_{image_url
                       }: [e]")
            return extracted_texts
        except Exception as e:
            st.write(f"Error_fetching_images:_{e}")
            return []
```

This function, fetch_user_images_and_extract_text, is designed to fetch image-based posts from a specified Reddit user and perform Optical Character Recognition (OCR) to extract text from the images. The function first attempts to retrieve the most recent 20 submissions from the specified Reddit user using the PRAW library. It filters the posts to include only those with image URLs that match common image file formats (e.g., .jpg, .jpeg, .png, etc.). For each valid image URL, the function fetches the image using the requests library and then processes it by opening the image with Pillow's Image.open() method. The image is dis-

played on the Streamlit app using st.image() with the option to show it in the appropriate column width. After displaying the image, the function calls extract_text_from_image, which performs OCR using Tesseract (assumed to be defined elsewhere in the code). If any text is successfully extracted, it is translated into English using the GoogleTranslator from the deep_translator library, and the translated text is displayed on the app using st.write() and st.text(). In case of errors (e.g., issues fetching the image or processing the OCR), exceptions are caught and an error message is displayed via Streamlit's st.write(). The function returns a list of extracted and translated texts from the images, or an empty list if any errors occur during the process. This function is helpful for gathering, processing, and translating text from image posts on Reddit.

```
Classifying Text and Displaying Results

# Function to classify text and display result

def classify_text(text):
    input_vectorized = vectorizer.transform([text])
    prediction_proba = model.predict_proba(input_vectorized)

issue_labels = model.classes_
    proba_df = pd.DataFrame(prediction_proba, columns=
        issue_labels).T
    proba_df.columns = ['Probability']

top_issue = proba_df['Probability'].idxmax()
    top_probability = proba_df['Probability'].max()

st.write(f"The_most_likely_mental_health_concern_is:_{
        top_issue}_with_a_probability_of_{top_probability
        :.2%}")

get_wellbeing_insight(text, top_issue)
```

This function, <code>classify_text</code>, is used to classify a given text and display the most likely mental health concern along with its probability. The function first vectorizes the input <code>text</code> using the <code>vectorizer.transform()</code> method, which converts the text into a format suitable for the machine learning model. The <code>model.predict_proba()</code> method is then called to get the probabilities for each possible class label, which represents different mental health issues. The class labels (issues) are retrieved using <code>model.classes_</code>, and a Pandas DataFrame (<code>proba_df()</code> is created to display the predicted probabilities for each issue. The DataFrame is transposed and renamed to give a clearer view, with a column for the probability values. The function then identifies the issue with the highest probability using <code>idxmax()</code> and retrieves the maximum probability value using <code>max()</code>. Finally, the most likely issue and its associated

probability are displayed on the Streamlit app using st.write(). Additionally, the function calls get_wellbeing_insight, passing the text and the top issue, likely to generate further insights into the mental health concern identified. This function is integral to classifying text data for mental health analysis and providing actionable insights based on the results.

The function <code>get_wellbeing_insight</code> interacts with the Gemini AI model to generate insights related to a mental health issue based on the Ryff Scale of Psychological Well-Being. The function starts by initializing a chat session with the Gemini model using

geminimodel.start_chat(). It then constructs a detailed prompt that outlines the six factors of well-being: autonomy, environmental mastery, personal growth, positive relations with others, purpose in life, and self-acceptance. These factors are crucial for evaluating an individual's psychological well-being. The prompt includes specific example statements related to each factor, offering context for how the mental health issue (top_issue) might affect the individual in each area. The function sends this prompt to the Gemini model and retrieves the response, which provides detailed advice and reflections on how the issue impacts each well-being factor. The response includes short paragraphs for each of the six factors, analyzing the potential effects of the issue on the individual's ability to function in these areas. After receiving the response, the function uses Streamlit's st.write() method to display the wellbeing insights. In case of any errors, such as issues with the Gemini model or the chat session, an error message is displayed using st.write(). This function is valuable for generating personalized psychological insights and offering practical advice based on the impact of a specific mental health issue.

Function to extract text from image using Tesseract def extract_text_from_image(image): extracted_text = pytesseract.image_to_string(image) return extracted_text.splitlines() # Function to extract text from an image using Tesseract def extract_text_from_image_video(image): extracted_text = pytesseract.image_to_string(image) return extracted_text if extracted_text else "" # Return empty string if no text is found

The provided code consists of two functions designed to extract text from an image using the Tesseract OCR (Optical Character Recognition) engine.

The first function, <code>extract_text_from_image(image)</code>, takes an image object as input, applies the <code>pytesseract.image_to_string(image)</code> method to extract text from the image, and then splits the resulting text into individual lines using the <code>splitlines()</code> method. This allows the function to return a list where each element corresponds to a line of extracted text, making it easier to handle multiline results. The second function,

extract_text_from_image_video (image), operates similarly by extracting text from the image, but it includes an additional check to determine whether any text was successfully extracted. If no text is found, the function returns an empty string (""), ensuring that it always returns a consistent type rather than None, which could potentially cause issues in other parts of the code. Both functions rely on the pytesseract library, which is a Python wrapper for the open-source Tesseract OCR engine, to perform the text extraction. These functions are useful for extracting text from images, which can be helpful in various use cases such as document scanning, analyzing images with embedded text, or processing video frames to capture text content.

```
Extract Frames from Video File

for i in range(num_frames):
    cap.set(cv2.CAP_PROP_POS_FRAMES, i * frame_interval)

ret, frame = cap.read()

if ret:
    frame = cv2.cvtColor(frame, cv2.COLOR_BGR2RGB)
    frames.append(frame)

cap.release()
return frames
```

The extract_frames (video_path, num_frames=20) function extracts a specified number of frames from a given video file. The function uses the OpenCV library, specifically the cv2.VideoCapture() method, to load the video from the file path provided by the video_path argument. First, it calculates the total number of frames in the video using cap.get(cv2.CAP_PROP_FRAME_COUNT). Next, it calculates the frame interval by dividing the total number of frames by the desired number of frames to be extracted (num_frames). For each of the frames, the function sets the position of the video playback to a specific frame using cap.set(cv2.CAP_PROP_POS_FRAMES, i * frame_interval). It then reads the frame, converts the color from BGR (Blue-Green-Red) to RGB using cv2.cvtColor (frame, cv2.COLOR_BGR2RGB), and appends the frame to a list. This process is repeated for the number of frames specified. Finally, the video capture object is released with cap.release(), and the list of frames is returned. This function can be useful in scenarios where frame extraction is needed from videos for further processing, such as image analysis, video summarization, or even object detection tasks.

```
Transcribe Audio from Video
        # Extract audio from video using subprocess
        subprocess.run(["ffmpeg", "-i", temp_video_path, "-q:a",
            "0", "-map", "a", audio_path, "-y"])
        audio = AudioSegment.from_file(audio_path)
        # Use Whisper to transcribe the audio
        result = whisper_model.transcribe(audio_path)
        # Get the transcribed text and translate if necessary
        transcribed_text = result["text"]
        translated_text = GoogleTranslator(source="auto", target
           ="en").translate(transcribed text)
        # Clean up temporary files
        os.remove(temp_video_path)
        os.remove(audio_path)
        return translated_text
    except Exception as e:
        # Display a user-friendly message if the video is too
           long or another error occurs
        if "duration" in str(e).lower() or "length" in str(e).
           lower():
            return "The video is too long to process. Please.
               upload a shorter video."
        else:
            return f"An_error_occurred:_{e}"
```

The transcribe_audio_from_video (video_file) function processes a video file by first saving it to a temporary file on disk. It then extracts the audio using the ffmpeg command-line tool, saving the extracted audio as a WAV file. The extracted audio is processed using the Whisper model for transcription, which outputs the transcribed text. Additionally, the function utilizes the GoogleTranslator to translate the text into English if necessary. Temporary files created during processing are deleted to manage resources efficiently. In case of errors, the function returns a user-friendly message, especially handling scenarios where the video duration exceeds allowable limits. This function is useful for converting spoken content in videos to text for further processing.

The translate_text (text, target_lang="en") function provides an interface to translate a given string of text into a specified target language, with English ("en") set as the default. Using the GoogleTranslator library, the function automatically detects the source language (source="auto") and translates the text to the desired target language. If the input text is empty or None, the function gracefully returns an empty string. In case of any errors during the translation process, such as network issues or invalid input, an error message containing the exception details is returned. This function is particularly useful for applications requiring multilingual support, enabling seamless translation of text between languages.

The extract_audio_from_video(video_path) function facilitates the extraction of audio content from a video file. It first generates a temporary file path with a .wav suffix

to store the extracted audio. The function uses the ffmpeg command-line tool to process the video file specified by $video_path$, extracting the audio stream with high quality $(-q:a\ 0)$ and saving it to the temporary file. The path to the extracted audio file is returned for further use. In the event of an error, such as invalid file paths or processing issues, the function catches the exception and returns a descriptive error message. This function is useful in multimedia applications where the separation of audio from video content is needed, such as transcription or audio analysis workflows.

```
Analyze Audio Mood Based on Extracted Audio
# Function to analyze audio mood based on extracted audio
def analyze_audio_mood(video_path):
   try:
        # Extract audio from the video (assuming
           extract_audio_from_video is implemented)
        audio_path = extract_audio_from_video(video_path)
        # Load the audio file using librosa
       y, sr = librosa.load(audio_path)
        # Extract MFCCs (Mel-frequency cepstral coefficients)
           from the audio signal
       mfcc = librosa.feature.mfcc(y=y, sr=sr, n_mfcc=13)
        # Divide the MFCC array into 4 frequency bands and
           calculate scalar mean for each band
        # Low Frequencies: MFCC 0, 1, 2
        low_freq_mfcc = np.mean(mfcc[0:3], axis=1)
       mean_low = np.mean(low_freq_mfcc) # Scalar mean for low
            frequencies
        # Mid-Low Frequencies: MFCC 3, 4
       mid_low_freq_mfcc = np.mean(mfcc[3:5], axis=1)
       mean_mid_low = np.mean(mid_low_freq_mfcc) # Scalar mean
            for mid-low frequencies
        # Mid-High Frequencies: MFCC 5, 6, 7
       mid_high_freq_mfcc = np.mean(mfcc[5:8], axis=1)
       mean_mid_high = np.mean(mid_high_freq_mfcc) # Scalar
           mean for mid-high frequencies
        # High Frequencies: MFCC 8, 9, 10, 11, 12
       high_freq_mfcc = np.mean(mfcc[8:13], axis=1)
       mean_high = np.mean(high_freq_mfcc) # Scalar mean for
          high frequencies
```

Analyze Audio Mood Based on Extracted Audio # Now use these scalar means for classification if mean_high <= mean_low and mean_high <= mean_mid_low</pre> and mean_high <= mean_mid_high:</pre> return "Audio_sounds_normal,_with_no_dominant_ emotion detected" elif mean_mid_high <= mean_low and mean_mid_high <=</pre> mean_mid_low and mean_mid_high <= mean_high:</pre> return "Audio_sounds_neutral,_calm,_or_peaceful" elif mean_mid_low <= mean_low and mean_mid_low <=</pre> mean_mid_high and mean_mid_low <= mean_high:</pre> return "Audio_sounds_slightly_melancholic_or_neutral elif mean_low <= mean_mid_low and mean_low <=</pre> mean_mid_high and mean_low <= mean_high:</pre> return "Audio sounds calm or melancholic, with less. intensity" elif mean_high > mean_low and mean_high > mean_mid_low and mean_high <= mean_mid_high:</pre> return "Audio_sounds_depressive_or_anxious_in_nature else : return "Audio_sounds_upbeat_and_energetic_(Happy)" except Exception as e: return f"Error analyzing audio mood: {str(e)}"

The analyze_audio_mood (video_path) function determines the mood of an audio segment extracted from a given video file. It begins by extracting audio using the extract_audio_from_video function and loading the audio file with librosa. The function computes Mel-frequency cepstral coefficients (MFCCs), which are features widely used in audio signal processing for mood or emotion analysis. The MFCCs are divided into four frequency bands (low, mid-low, mid-high, high), and scalar means are computed for each band. Based on these scalar values, a series of conditions classify the mood as normal, neutral, melancholic, calm, depressive, or upbeat. In case of an exception, an error message with details is returned. This function can be utilized in applications such as multimedia content analysis, emotion recognition, or mood-based music recommendations.

Streamlit Mental Health Disorder Detection App # Define the Streamlit app def run_app(): st.title("Mental_Health_Disorder_Detection") option = st.sidebar.selectbox("Choose an option", ["Text Input", "Image Upload", "Video Upload", "Reddit... Username Analysis"]) # Text Input if option == "Text_Input": st.subheader("Enter_Text_to_Classify_Mental_Health_Issue ") input_text = st.text_area("Enter_your_text_here:") if st.button("Classify_Text"): if input_text.strip() == "": st.write("Please enter some text to classify.") else: translated_text = GoogleTranslator(source='auto' , target='en').translate(input_text) st.write("Translated_Text_(to_English):") st.write(translated_text) classify_text(translated_text) # Image Upload elif option == "Image_Upload": st.subheader("Upload_an_Image_to_Extract_and_Classify_ Text") uploaded_image = st.file_uploader("Upload_an_Image", type=["jpg", "jpeg", "png", "webp", "bmp", "tiff"]) if uploaded_image is not None: image = Image.open(uploaded_image) st.image(image, caption="Uploaded_Image", use_column_width=True) extracted_text = extract_text_from_image(image) translated_text = GoogleTranslator(source='auto', target='en').translate("\n".join(extracted_text)) st.subheader("Translated_Text_(to_English)") st.text(translated text)

Streamlit Mental Health Disorder Detection App if st.button("Classify_Extracted_Text"): if not translated_text or translated_text.strip () == "": st.write("It_is_normal_with_probability_100% else: classify text(translated text) # Video Upload elif option == "Video_Upload": st.subheader("Upload_a_Video_to_Extract_and_Classify_ Text") video_file = st.file_uploader("Choose_a_video_file", type=["mp4", "mov", "avi"]) if video_file: video_path = "/tmp/uploaded_video.mp4" with open(video_path, "wb") as f: f.write(video file.getbuffer()) st.video(video_file) frames = extract_frames(video_path) combined text = "" st.write("Extracting_frames_from_video_...") for idx, frame in enumerate(frames): st.image(frame, caption=f"Frame_{idx_+_1}", use_column_width=True) text_from_frame = extract_text_from_image_video(frame) if text_from_frame and text_from_frame not in combined text: combined_text += text_from_frame + "." st.write("Text_Extracted_from_Video_Frames:") st.text(combined_text) transcribed_audio_text = transcribe_audio_from_video (video_file) st.write("Transcribed Audio Text:") st.text(transcribed_audio_text) full combined text = combined text + ".." + transcribed_audio_text translated_combined_text = translate_text(full combined text)

Streamlit Mental Health Disorder Detection App st.write("Translated_Combined_Text_(Frames_+_Audio): ") st.text(translated_combined_text) st.write("Analyzing_Audio_Mood...") mood_result = analyze_audio_mood(video_path) st.write(mood result) if st.button("Classify Extracted Text"): classify_text(translated_combined_text) # Reddit Username Analysis elif option == "Reddit_Username_Analysis": st.subheader("Enter_Reddit_Username_for_Analysis") username = st.text_input("Enter_Reddit_username:") if st.button("Analyze"): text_posts = fetch_user_text_posts(username) image_texts = fetch_user_images_and_extract_text(username) all_text = text_posts + image_texts if all_text: predictions = [model.predict(vectorizer. transform([text]))[0] for text in all_text] issue_counts = Counter(predictions) top_issue, top_count = issue_counts.most_common (1)[0]st.write(f"The_most_frequent_issue:_{top_issue}_ ({(top_count_/_len(predictions))_*_100:.2f}%) issue_distribution = pd.DataFrame(issue_counts. items(), columns=['Mental_Health_Issue', ' Count']) st.write("Mental_health_issue_distribution_ across posts:") st.write(issue_distribution) # Call the Gemini model to get well-being insights get_wellbeing_insight("_".join(all_text), top_issue) else: st.write("No_valid_text_found_for_analysis.") # Run the app **if** __name__ == '__main__': run_app()

The run_app () function defines a Streamlit application to detect mental health disorders using multiple input methods: text input, image upload, video upload, and Reddit username analysis. Users can interact with a sidebar to choose their preferred mode of input. Each mode processes the data accordingly, utilizing pre-defined helper functions for text translation, text extraction from images, audio transcription, and Reddit user data retrieval. Depending on the mode, the app combines extracted and processed data to classify mental health concerns or display insights. It leverages libraries like GoogleTranslator, librosa, and FFmpeg for processing and analysis. The results include mood analysis, classification probabilities, and potential mental health issues. This app provides a comprehensive tool for mental health-related data analysis.

Below are some screenshots from the web application.

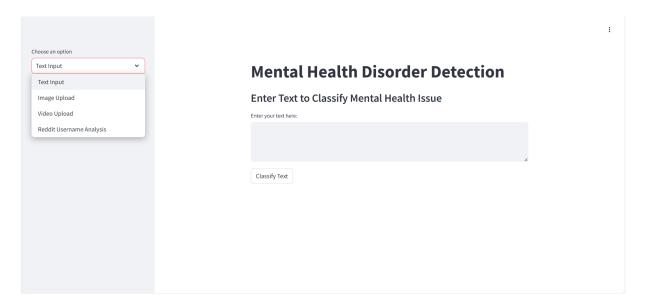


Figure 29: Website with all options

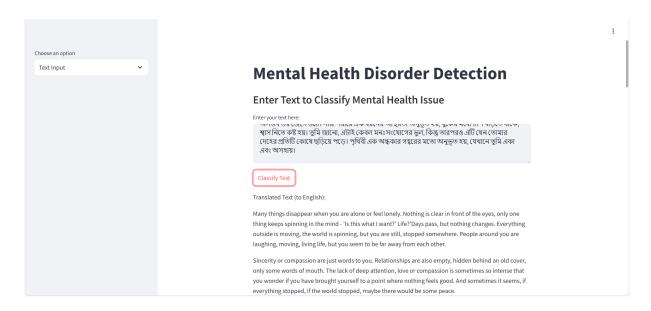


Figure 30: Entering Text for classification

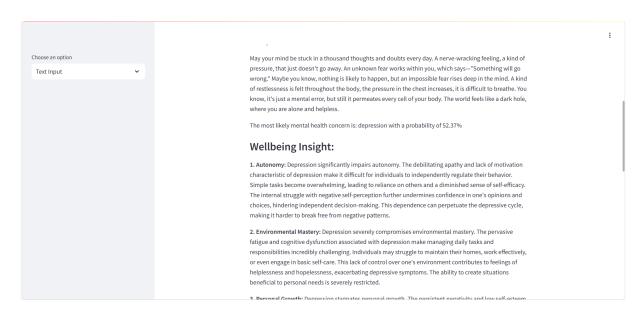


Figure 31: Text Classification Result

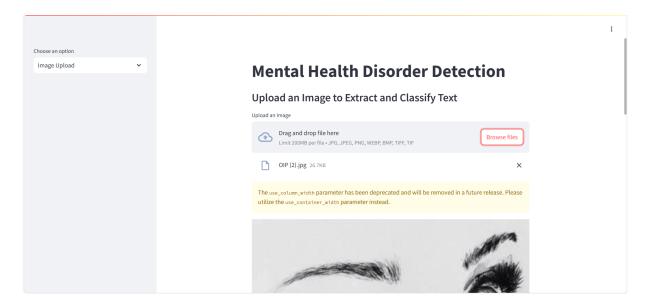


Figure 32: Upload Image

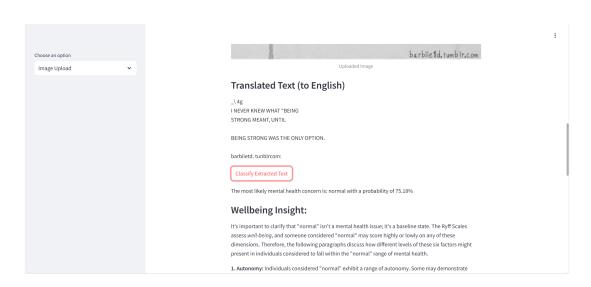


Figure 33: Image Classification Result

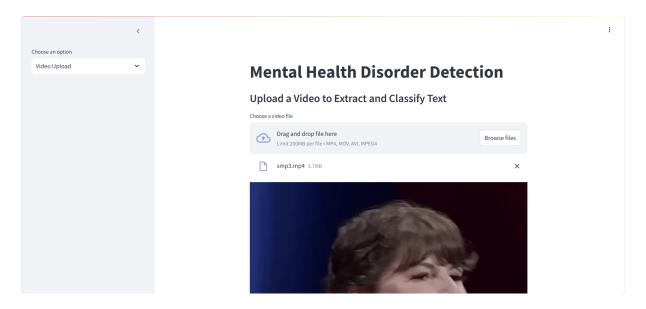


Figure 34: Upload Video

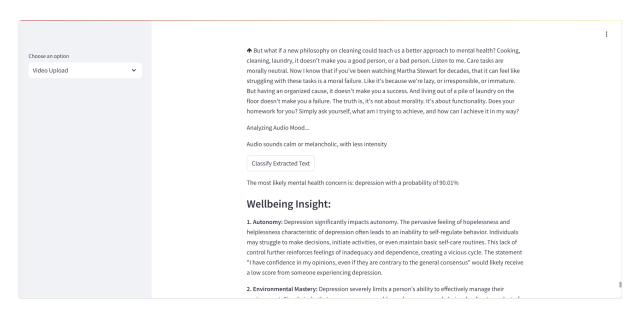


Figure 35: Video Classification Result

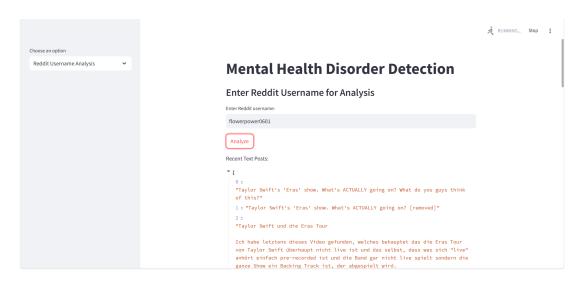


Figure 36: Reddit User Analysis

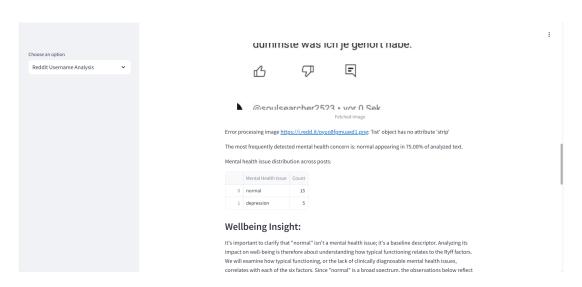


Figure 37: Result from Post Analysis