

GROUP 29

Analyzing Social Media Posts for Mental Health Disorder Detection

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PROJECT-II ( PROJ-CS781 )

CSE : SEMESTER 7
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MOTIVATION

- → Rising global concern over mental health disorders: Mental health issues are affecting millions worldwide, requiring urgent attention .
- → Social media is a key outlet for emotional expression : Platforms like Twitter and Reddit reveal mental health struggles in real-time.
- → Early detection of mental health issues can save lives: Identifying mental health disorders early helps provide timely interventions.
- → Machine learning can automate detection of mental health disorders:

 Technology enables efficient analysis of large social media data for early warning signs.
- → Potential to assist mental health professionals and organizations :

 Provides valuable insights for mental health monitoring and public health efforts.
- → Opportunity to improve mental health awareness on social platforms

 Can support campaigns that foster awareness and reduce stigma online.
- → Lack of a publicly available application which incorporates text, image, video, audio, emotions and situations derived from images/frames for overall mental issue classification and corresponding wellbeing mapping.

INTRODUCTION

- Role of social media in mental health expression: People share emotions, struggles, and experiences on platforms like Twitter and Reddit.
- → Goal of the project: To detect mental health disorders early through the analysis of social media posts (text and image) or by uploading images, videos, facial expression recognition, generating image captions , manually inserting text and retrain model in the process.
- → Leveraging machine learning: Using advanced techniques like NLP and classification models to analyze text normally posted, extracted from image, audio and video.

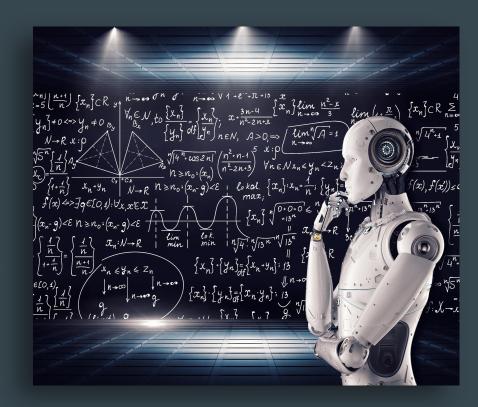


INTRODUCTION (CONTINUED)

- Focus on text classification for the base model: Analyzing language patterns to classify posts related to mental health issues.
- → Impact of early detection : Can enable timely intervention and direct users to mental health support services.
- → Models used in the project:

 Techniques like Logistic

 Regression, XGBoost are applied for high accuracy. Ensemble Model using the individual models is created to get higher accuracy and generalization.
- → Broader goal : Use technology to assist mental health professionals and enhance public health awareness.



RESEARCH WORK

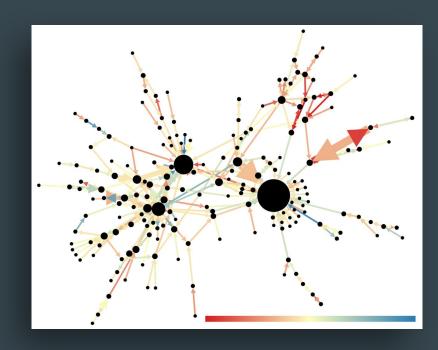
→ Social media and mental health research

Explored studies on how social media data can reveal mental health conditions.

- → Key study by Choudhury et al. (2013)
 Showed the predictive power of Twitter data in identifying depression through linguistic patterns.
- → Guntuku et al. (2017) review

 Synthesized various approaches to detecting mental illness using sentiment analysis on social platforms.
- → Mathur et al. (2022) systematic review

Highlighted the success of machine learning techniques in detecting disorders like depression and anxiety.



RESEARCH WORK (CONTINUED)

- → Nadeem (2016) study on Twitter

 Demonstrated the potential of text

 analysis to identify at-risk

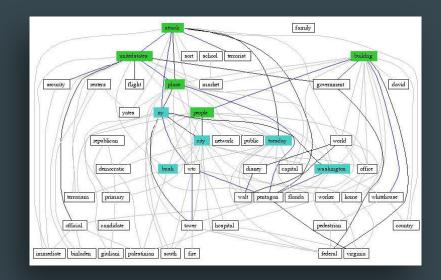
 individuals based on emotional cues in

 tweets.
- → Al Sagri and Ykhlef (2020) approach
 Combined linguistic and behavioral
 features for more accurate depression
 detection on Twitter.
- → Recent study by Vaishnavi et al. (2022)

Comparative analysis of algorithms to identify mental health conditions from social media posts.

→ Ethical considerations by Safa et al. (2023)

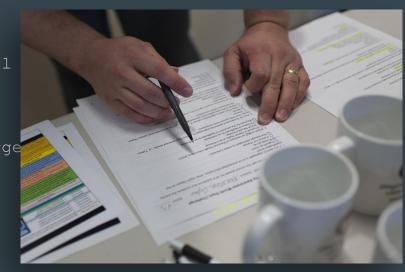
Addressed data privacy challenges in mental health detection research using social media data.



PROBLEM DEFINITION

- → Rising prevalence of mental health disorders: Increasing cases of depression, anxiety, PTSD, and other mental health issues globally.
- → Challenges in early detection : Mental health problems are often undiagnosed until advanced stages, limiting timely intervention.
- → Vast amount of unstructured social media data: Social media platforms generate large volumes of text that can indicate mental health struggles.
- → Need for efficient detection methods:

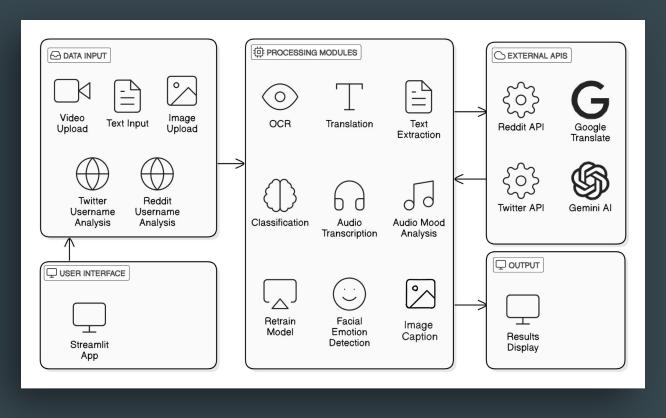
 Manual analysis of social media posts is time-consuming; automation using machine learning is essential.
- → Goal: To develop a system that accurately classifies social media posts based on mental health disorders.



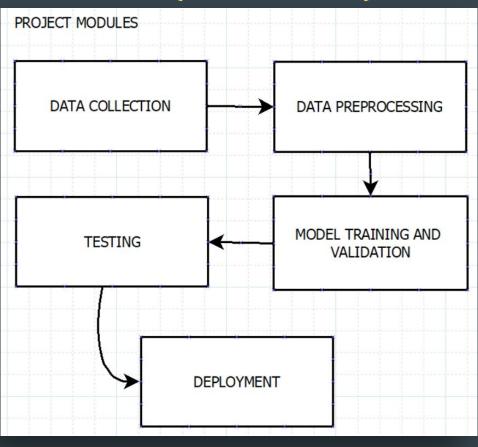
PROPOSED WORKFLOW

- → Data Collection: Collect Reddit posts using the PRAW API and extract labeled data for mental health categories like Normal, Anxiety, Depression, PTSD, and Bipolar.
- → Data Preprocessing: Clean the collected data by removing URLs, stopwords, and special characters. Normalize and tokenize the text, followed by converting it into numerical formats (TF-IDF, Bag Of Words) for analysis.
- → Model Training and Evaluation: Train machine learning models including Logistic Regression, Naive Bayes, SVM, Random Forest, XGBoost, KNN, and LSTM. Evaluate their performance using metrics such as accuracy, precision, recall, and F1-score. Apply Hyperparameter Tuning on ML models as needed to improve the accuracy further. Leverage Ensemble Learning with two models to get higher accuracy
- → Testing and Deployment: Test the best-performing models and deploy them on a user-friendly interface using Streamlit. Ensure the system supports real-time classification for various inputs.like text, image, video, audio and user profiles from social media platforms like Reddit and Twitter.

PROPOSED WORKFLOW (CONTINUED)



PROPOSED WORKFLOW (CONTINUED)



IMPLEMENTATION

- → Data Collection: Scraped Reddit posts related to mental health issues and for analysis.
- → Data Preprocessing: Cleaned and normalized the text by removing URLs, stop-words, punctuation, and applied tokenization and lemmatization techniques.
- Feature Extraction: Utilized Bag of Words, Term Frequency-Inverse Document Frequency (TF-IDF) to convert text into numerical format for machine learning models.
- → Splitting the Dataset: Divided the dataset into training and testing sets to train models and evaluate their performance.

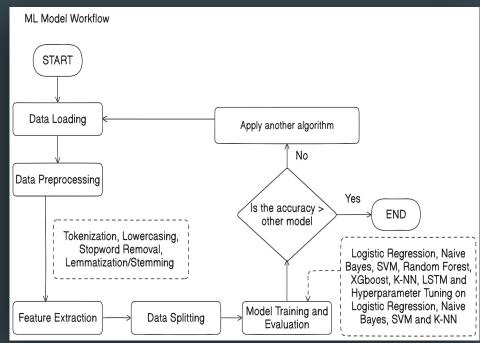
Rqmt =	Requirement Item =	Requiremen t Analysis = Status
FR-001	Collect social media data from Reddit.	Completed •
FR-002	Implement data cleaning and preprocessing.	Completed •
FR-003	Train machine learning and deep learning models.	Completed •
FR-004	Evaluate models using performance metrics (accuracy, recall, F1 Score, Support).	Completed •
NFR-001	Testing different features of the web application	Completed •
NFR-002	Final Web Application Deployment	Completed •

FUNCTIONAL REQUIREMENTS

IMPLEMENTATIONS (CONTINUED)

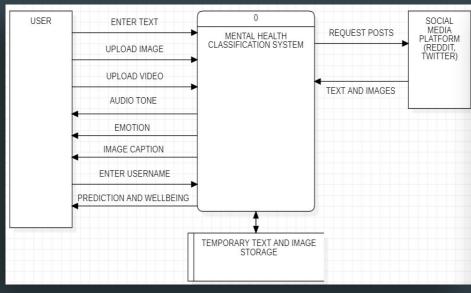
- → Model Training: Trained multiple models: Logistic Regression, k-Nearest Neighbors (k-NN), Support Vector Machine (SVM), Naive Bayes, Random Forest, XGBoost, Long Short Term Memory and Ensemble Model
- → Hyperparameter Tuning: Applied RandomizedSearchCV to optimize the performance of each model.
- → Model Evaluation : Used metrics like accuracy, precision, recall, F1-score, and confusion matrices to evaluate model effectiveness.
- → Prediction and Deployment:

 Implemented the best-performing model for predicting mental health issues from social media posts and deployed using Google Colab.

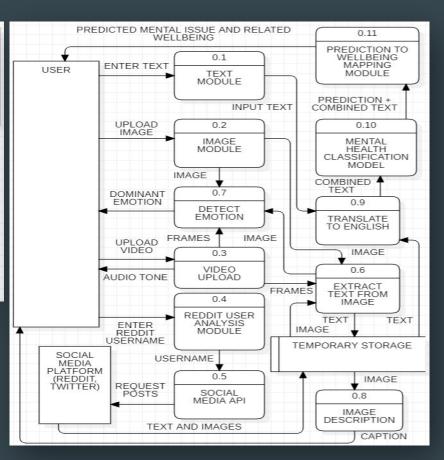


MODEL WORKFLOW

IMPLEMENTATION (CONTINUED)



DFD LEVEL 0



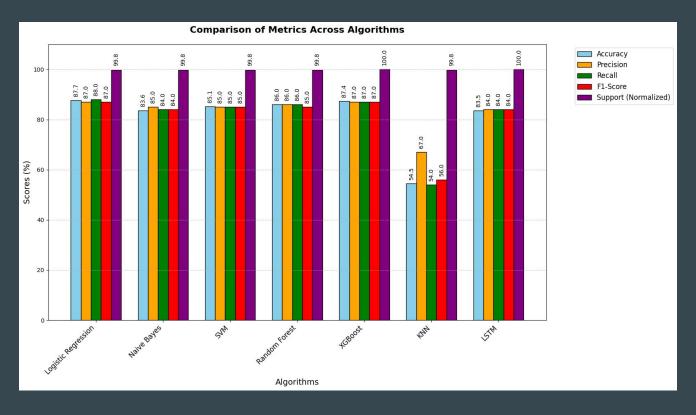
DFD LEVEL

RESULTS AND ANALYSIS

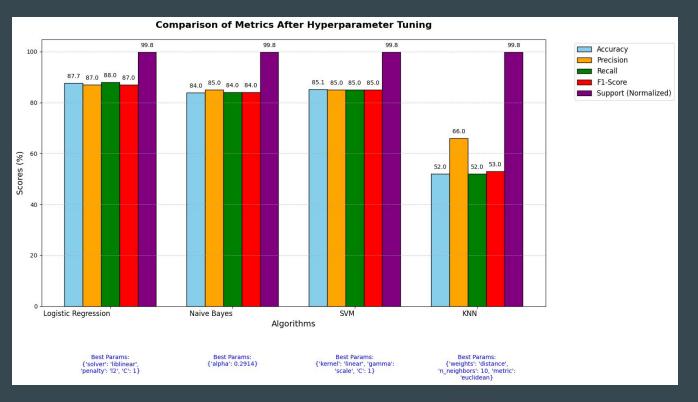
- → Logistic Regression: Achieved consistent performance with highest accuracy.

 Precision and recall indicate reliable classification for balanced datasets.
- → Naive Bayes: Performed well with text data, especially for independent features. Precision was slightly lower for imbalanced classes but remained effective overall.
- → Support Vector Machine (SVM): Delivered high accuracy for nonlinear classification tasks. The model showed robustness with complex feature interactions.
- → Random Forest: Provided strong classification performance with reduced overfitting. Achieved balanced precision and recall across all mental health classes.
- > XGBoost: Delivered the highest accuracy and efficiency. The model demonstrated excellent handling of imbalanced datasets with robust predictions.
- → LSTM: Outperformed traditional methods for sequential data. Captured contextual and temporal information effectively, achieving competitive results with complex text patterns.
- → K-nearest Neighbours : Performed poorly with the lowest accuracy among all.

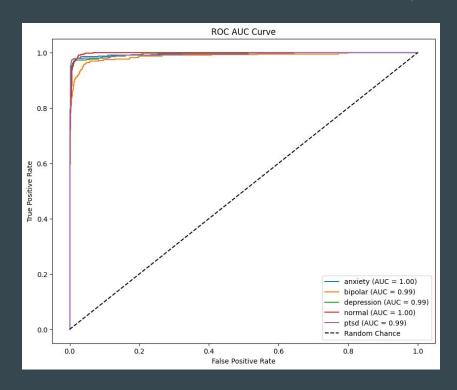
RESULTS AND ANALYSIS (CONTINUED)



RESULTS AND ANALYSIS (CONTINUED)



RESULTS AND ANALYSIS (CONTINUED)





ROC AUC CURVE

CONFUSION MATRIX

ENSEMBLE MODEL (LOGISTIC REGRESSION + XGBOOST) HAD THE HIGHEST ACCURACY OF 96.09%

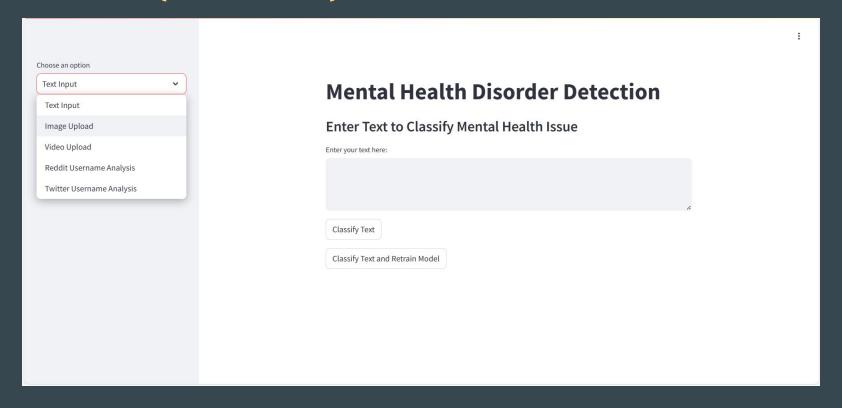
PROTOTYPE

- → A functional prototype was developed to classify mental health concerns from social media posts.
- → The system allows users to input text, upload images, or submit video for classification.
- Key functionalities include text preprocessing, feature extraction, and prediction using trained machine learning models.
- Real-time results display the most probable mental health concern with confidence scores.
- → Allow user to retrain model.

- → Text Classification : Users can directly input text for immediate analysis and classification.
- → Image-based Classification :

 Extracts text from uploaded images using OCR (pytesseract), get captions and facial emotions to classify the content.
- Video-based Classification: Processes uploaded video files, extract text from frames, transcribes speech to text, get captions and facial emotions to classify the content.
- Userprofile Analysis: Enables analysing user profiles based on posts in Reddit and Twitter

PROTOTYPE (CONTINUED)



CONCLUSION

- → Significance of the Project

 Developed a robust system for early detection of mental health disorders through social media analysis.
- → Effective Use of Machine Learning

 Leveraged various machine learning models, identifying SVM as the most accurate for sentiment classification.
- → Impact on Mental Health Awareness

 Provides valuable insights for mental health professionals and public health organizations, enabling proactive interventions.
- → Potential for Future Development

 Future enhancements with deep learning and multimodal data can lead to even better accuracy and insights.
- → Commitment to Ethical Practices

 Emphasizes the importance of user privacy and ethical considerations in handling sensitive mental health data.

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THANK YOU