

About The Author



Glenn Harrold FBSCH Dip C.H.

About Glenn

Glenn Harrold is a best-selling author and clinical hypnotherapist who has helped thousands of clients in a career spanning 20 years. In recent years, he has worked with a number of celebrities and his client sessions have been featured in the press and on TV.



His multi-million selling range of hypnosis CDs, MP3 downloads and Apps are the UK's best-sellers of all time in the self-help genre and consistently top the self-help audio charts on Amazon, iTunes, Audible, Apple's App Store and Google Play.



In 2006 Glenn received a gold disc from Nielsen BookData for sales of over £250,000 of his best-selling CD, ***Complete Relaxation***.

Glenn's MP3s are also one of the world's most downloaded self-help series via iTunes and other digital outlets.

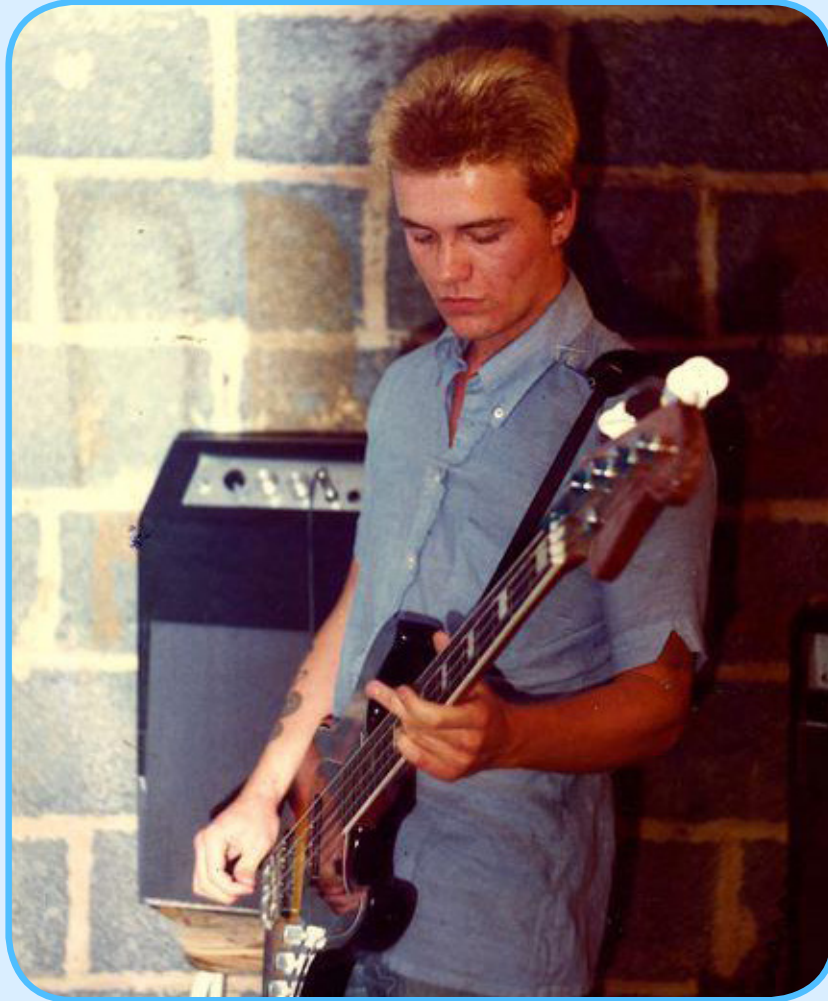
Glenn writes self-help books for Orion in the UK and McGraw Hill in the USA, and produces hypnotherapy CDs and downloads for Orion, BBC audiobooks and Diviniti Publishing. His seventh book, ***The Answer***, was released by Orion in January 2012.

In May 2011 he was made a Fellow of ***The British School of Clinical Hypnosis*** in acknowledgement of his achievements in the world of hypnotherapy.

Personal life...

Before becoming a hypnotherapist, Glenn was a performing and recording musician who made his living playing guitar in a duo in bars and clubs.

In his teens as a punk rocker he played bass guitar in a band called ***The Vagrants***, who morphed into ***The Sugar Ray Five***. In 1983, they won £10,000 in the BBC1 national Battle of the Bands.



They were signed to a major label, released a few singles and appeared on various TV shows, but their brush with fame was brief.

It was while playing on the cabaret circuit that Glenn's duo would occasionally share the bill with stage hypnotists, and watching some of these

shows from backstage sparked his interest in hypnosis. However, he was drawn into the world of hypnosis to help and heal, rather than entertain.

Glenn took a 2 year diploma with the LCCH and qualified as a hypnotherapist in the early 1990s. Today he has a therapy room at his offices in Borough Green, near Sevenoaks in Kent.

Glenn is a big sports fan and plays competitive tennis three times a week, and occasionally golf and football.

He also retains a love for writing and recording songs when time allows. In 2004 his song ***Transparency*** won first prize at the ***International Song of the Year*** competition in the dance category.

If this app helps, please feel free to post a positive review. Glenn does check out the reviews and your posts are most appreciated.

Resources

Hypnosis FAQs:

www.hypnosisaudio.com/faqs

Hypnosis App FAQs

www.glennharrold.com/faqs

Glenn's personal website:

www.glennharrold.com

Facebook:

www.facebook.com/glennharrold.fanpage

Twitter:

www.twitter.com/glennharrold

Instagram:

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