

About Shazzie & Ali Calderwood



About Shazzie



Shazzie is the author of five books:

Shazzie's Detox Delights, Detox Your World, Naked Chocolate, Evie's Kitchen and Ecstatic Beings.

She is also the Managing Director (CEO) of *Rawcreation Ltd* (trading online as *Detox Your World*).



Shazzie invites you to read her two free ebooks: *Raw Britannia* (a starter guide to raw food training) and *Shazzie Whispers* (a starter guide to personal transformation training).



Her hugely successful program *Shazzie Speaks* is a hit with many customers worldwide.



Her premium transformation training program *Divinity In A Box* offers a workshop-like environment for those who wish to find their real and pure expression in life.





Her exclusive membership web site *Shazzie's VIP Room* attracts visionaries from all walks of life. It is packed with articles, experts' answers to questions, recipes, interviews, Shazzie's Vlog, transformation tools and it even has its own radio station.



Over the past decade, Shazzie has presented lectures and workshops around the world at the most prestigious of places, including the Burj Al Arab in Dubai.

Shazzie has been featured in the media (TV, radio, newspapers and magazines) worldwide discussing raw food, superfoods, detox, raw chocolate, breastfeeding, natural parenting and personal transformation.





Shazzie has been a vegan since 1986 and a raw foodist since 2000. She became an instant raw food superstar in 2000, when she started her world-famous blog which attracted millions of readers.

Alongside David Wolfe, she brought the concept of raw chocolate to the masses, and even has her own range of six hugely popular raw organic chocolate superfood bars.



Shazzie works a maximum of ten hours a week, using the rest of her time to play, laugh, love and be.

She lives the life of her dreams in her own beautiful cedar home, nestled in a countryside community of around twenty other houses on twenty-three acres of land in East Sussex, UK. She even manifested spring water coming out of all her taps!



She raised her daughter, Evie, on a raw vegan plus breastmilk diet to the age of four. Evie, who was born in 2004, is unvaccinated and a “free range child”. Find out more about Shazzie here:

shazzie.com

shazziespeaks.com

divinityinabox.com

detoxyourworld.com

shazziesviproom.com

twitter.com/doxtor

tinyurl.com/ShazzieFB

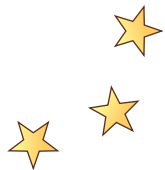


About Ali



Ali Calderwood is an accomplished musician, producer, and healer who has released 7 albums under the name of Anima.

Through spending the last 15 years immersed in various forms of energy healing, he has a unique perspective on sound and vibration, and its ability to transmit healing.

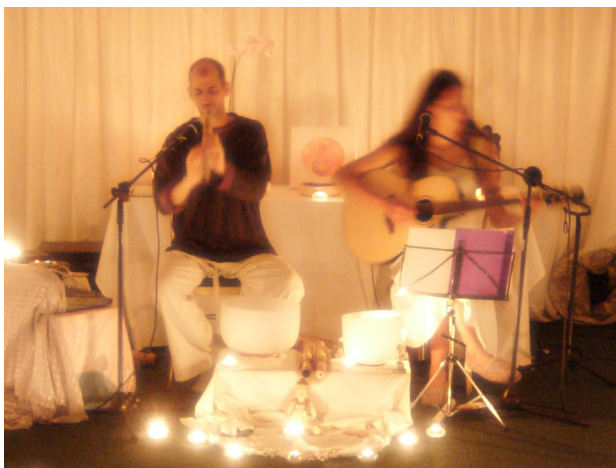


You are invited to listen to more of Ali's work at animacreations.co.uk where you will get access to free mp3 downloads, and can preview all his work to date.



Ali also offers sacred healing tools, such as vibrational essences; made on energetically poignant days at ancient sacred sites, and a collection of high quality natural incenses, for healing and purification.





With his musical partner, Daniela Broder, who makes up the other half of *Anima*, they perform at various venues throughout England and Scotland.

Visit animacreations.co.uk/events to see their upcoming events.

As part of his shamanic training, Ali has spent extended periods of time living alone in nature and studying the ancient and indigenous ways of natural healing.

He recently returned from 18 months in Peru and Bolivia where he was initiated and trained in the ancient medicine ways of the jungle through the use of sacred plants and spirit songs.



When in the UK, Ali offers healing work, ceremonies, and initiations for those who wish to move deeper into a connection with the world of spirit.

Ali's profound awareness and ability to feel the energy fields of others' allows him to assist people into stepping into the light of their true and authentic selves, shedding the many layers of restrictive patterning.



Through the use of his words and wisdom, he creates and holds a loving space for others to awaken, heal and empower themselves; re-connecting with the beauty and grace of truth, simplicity and love.

Ali's musical compositions are an extension of his healing work, and the music of Anima is rapidly become known by many for its relaxing and healing properties. Find out more here:

animacreations.co.uk
facebook.com/AnimaMusic
spiritofhealing.co.uk



Anima Testimonial:

The music of Anima stirs people from mental slumber and awakens them to deep soul knowing, touching new levels of consciousness.

Anima's soundscapes are deeply healing, emotionally profound and transformative in ways which are both subtle yet quantum in effect.

I often find myself playing their music directly onto client's bodies to shake up physical blockages and mental



*holding patterns, to release
respiratory problems and open
the heart to new octaves.*

*I have also been privileged
to share a personal journey
of deep transformation with
Ali in a one to one shamanic
ceremony.*

*His sensitive awareness guided
me through some intensely
painful personal shadows to
fully appreciate the lightness
and joy of being alive.*



A feeling which has never left me and has influenced my life and work in ways (almost!) beyond words.

Shelley Sishton

Director, The Energy Centre

Vibrational Essence Consultant

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