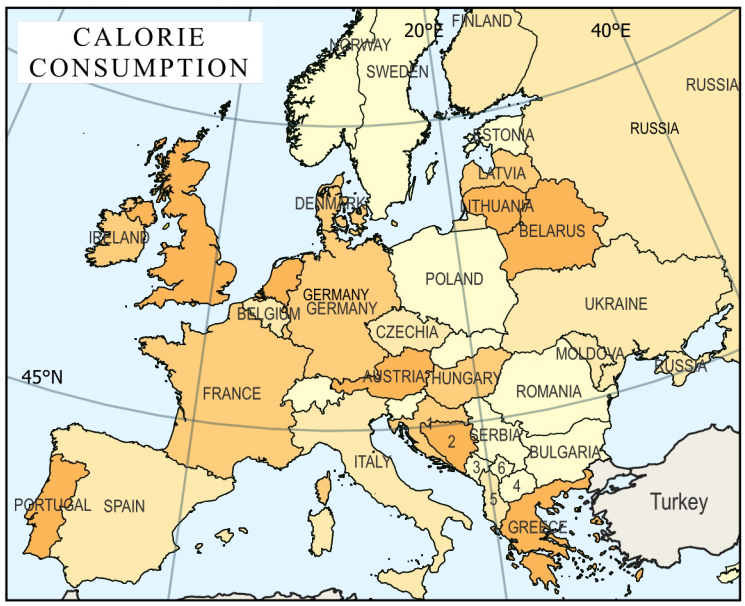
OBESITY PREVALENCE

1. Croatia
2. Bosnia and Herzegovina
3. Montenegro
4. Macedonia
5. Aalbania
6. Kosovo
7. Luxembourg

1:20 000 000

Projection: Albers Equal Area



% of adults are obese (BMI > 30)

- < 19.5
- 21 - 23
- 23 - 25
- 25 - 27
- 27 - 29

Average calorie consumption per person per day

- 0 - 3150
- 3150 - 3350
- 3350 - 3550
- 3550 - 3750

Diet-related heart disease deaths per 100,000 people

- 300
- 250
- 200
- 150
- 100

SOURCE: Eurostat, WHO

ELTE Unversity,
Moldabayev Arman,
Budapest, Hungary 2023